



# **The 7<sup>th</sup> Asian Orienteering Championships & The 5<sup>th</sup> Asian Junior and Youth Orienteering Championships**

**CHIANG MAI, THAILAND  
20-26 December 2024  
Pre-Bulletin**



## Welcome Message

Sawadeekrap. Welcome to Chiang Mai, Thailand – a city with beautiful nature blended with historical Lanna Culture. It is with great pleasure that I welcome you to the land of smiles and of course the Asian Orienteering Championships (AsOC) and Asian Junior & Youth Orienteering Championships (AsJYOC).

The city of Chiang Mai is a popular destination for many Thai locals and foreigners. Popular activities include paying homage to the famed Phra That DoiSuthep, which is an important landmark for people in Chiang Mai. (the mountain itself is named after it) Other than worship, the city is also known for its handicraft and many people visit here for the interesting souvenirs that they can bring home for their families. Try the Thapae Walking Street or the Sunday Market in the old city!

This year's championship is the first time that the whole of Asia converge on a Southeast Asian city and we are very thankful for the support from all Asian friends to make this event a success. The race venue features fast running pristine forest and manicured flower gardens that showcases the flora and fauna of this city.

On behalf of the organizing team, I look forward to welcoming you in December and cheering all athletes in their strive for their excellence.

Thank you.

**Kiatniyom Theeprasan (Bill)**

**President, Thailand Orienteering Federation**



Tha Phae Gate, Chiang Mai



Royal Park Rajapruek

## Competitions

AsOC and AsJYOC 2024

## Date of Event

21 Dec 2024 to 26 December 2024

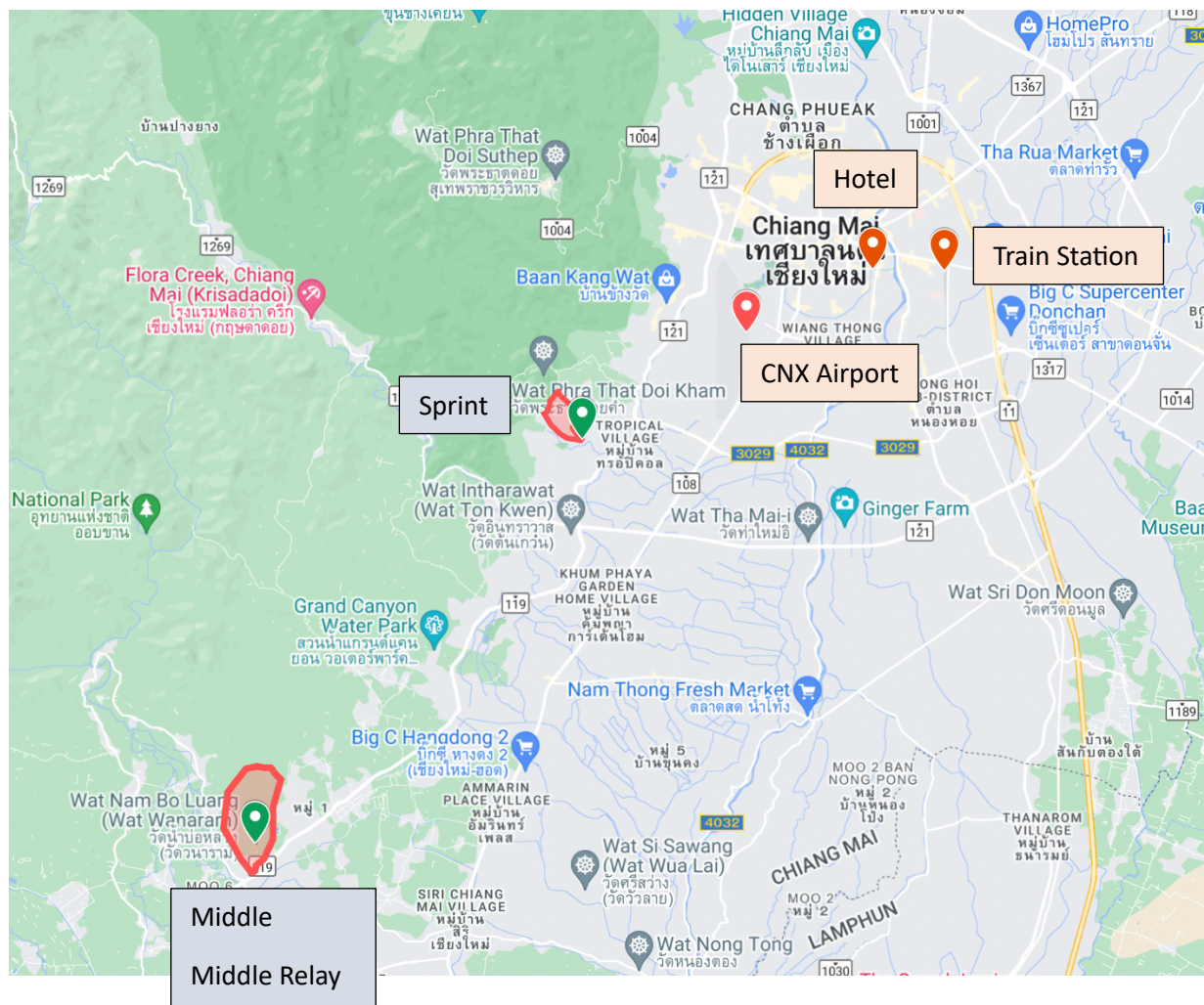


## Event Officials

<b>IOF Senior Event Advisor</b>	Mr. Shin MURAKOSHI (Japan)
<b>Assistant IOF Event Advisor</b>	Mr. Eugene CHOW (Singapore)
<b>National Controller</b>	Mr. Daniel Antonio PEREIRA (Hong Kong, China)
<b>Event Director</b>	Mr. Kiatniyom Theeprasan

## Preliminary Program

Fri 20 December 2024	Arrival, Registration
Sat 21 December 2024	Model Event (AM – Middle, PM – Sprint)
Sun 22 December 2024	Sprint Distance
Mon 23 December 2024	Middle Distance
Tues 24 December 2024	Rest Day
Wed 25 December 2024	Middle Relay, Banquet & Closing Ceremony
Thurs 26 December 2024	Departure



## Competition Classes for Sprint & Middle-Distance Events

Classes	Age of Competitor
W16 & M16	Up to 16 years old, born in 2008 or after
W18 & M18	Up to 18 years old, born in 2006 or after
W20 & M20	Up to 20 years old, born in 2004 or after
W21 & M21E	No Age Limit

Additional competition classes that cater for the younger and senior runners may be announced later.

## Competition Classes for Middle Relay Event (3 legs)

Classes	Age of Competitor
M/W16	Up to 16 years old, born in 2008 or after
M/W18	Up to 18 years old, born in 2006 or after
M/W20	Up to 20 years old, born in 2004 or after
M/W21E	No Age Limit

Relay orienteering is a competition for teams of three runners running on a virtually head-to-head basis with a first-past-the-post winner. Exciting for spectators and competitors.

1. Minimum age of participation is age 13, born in or 2011.
2. In each class, each Federation may enter a maximum of 10 men and 10 women in the M/W21E class and a maximum of 6 men and 6 women in M/W16, M/W18, M/W20 class.
3. The relay is a middle-distance event, and each team shall contain 3 leg runners.  
In each relay class, each Federation may enter 2 teams in each class but only the better-placed team will be counted in the prize list.
4. Competitors must represent member Federations of the IOF and as defined by the International Olympic Committee as belonging to the Asian continent, can compete in AsOC & AsJYOC.
5. Competitors representing other member Federations of IOF or other Asian countries can participate in AsOC & AsJYOC as Open class but will not be eligible for the AsOC & AsJYOC titles, medals or diplomas.
6. The winners of the M/W21 class will be the Asian Champions of the AsOC. The winners of the M/W 20 class will be Asian Junior Champions of the AsJYOC and M/W18 and M/W16 will be the Asian Youth Champions respectively.

## Competition & Embargoed Areas

### Sprint Distance Event

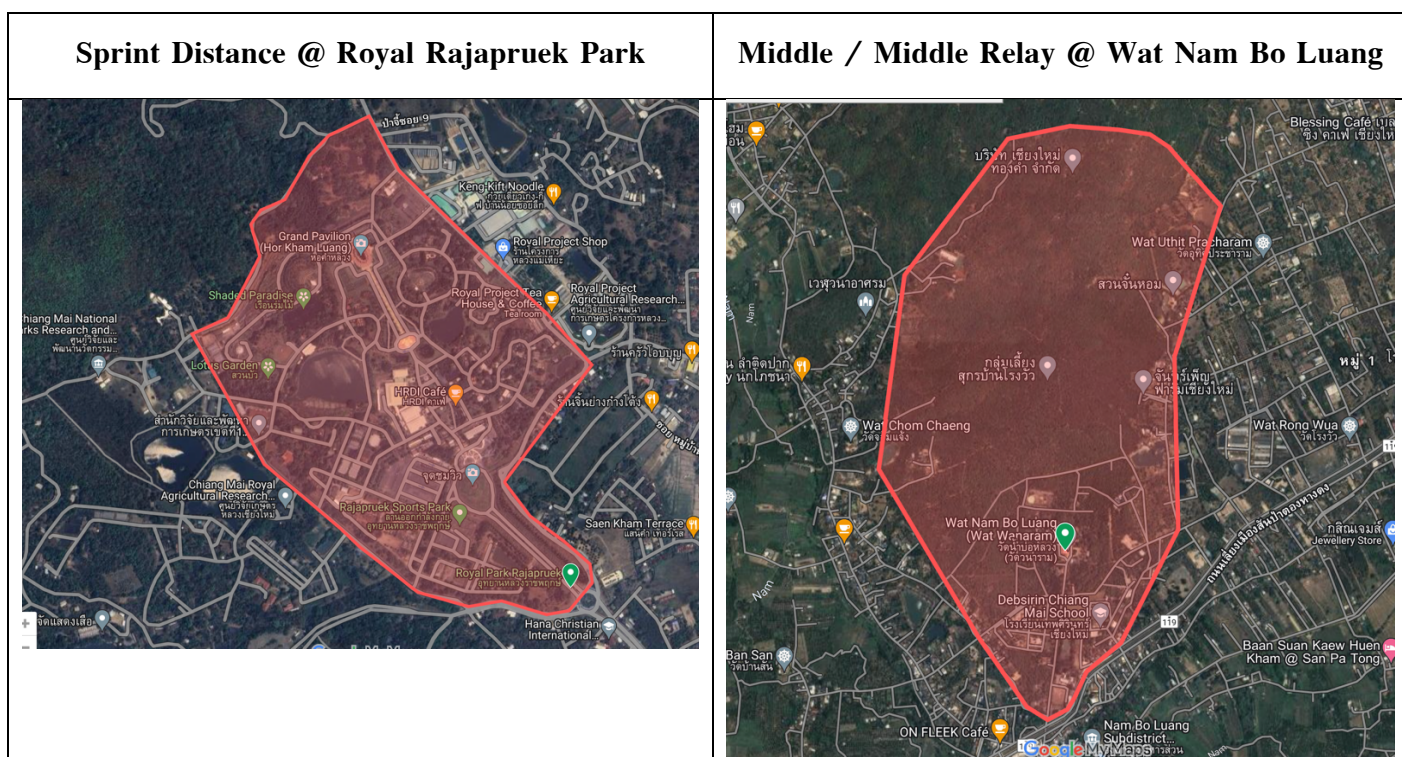
22 Dec 2024 Sunday: Royal Rajapruck Park 15 km/15–20 mins from Chiang Mai city

### Middle Distance Event

23 Dec 2024 Monday: Wat Nam Bo Luang 28 km/25–30 mins from Chiang Mai city

### Team Relay Event

25 Dec 2024 Wednesday: Wat Nam Bo Luang 28 km/25–30 mins from Chiang Mai city



The above competition areas have been embargoed with immediate effect (1<sup>st</sup> January 2024).

To view map on google maps, click the link at

[https://www.google.com/maps/d/edit?mid=1\\_ZP6rwTSgu-tiMJ7QLszsr2gNrvt2k](https://www.google.com/maps/d/edit?mid=1_ZP6rwTSgu-tiMJ7QLszsr2gNrvt2k)

## Maps

Newly surveyed in 2024, according to ISOM 2017–2 for Middle Distance and Relay and ISSprOM 2019–2 for Sprint Events.



## Terrain description & Competition maps information

### Sprint – 22 December 2024 (Sunday)

Organizer: TOF

Map: Royal Park Rajapruek Chiang Mai, Thailand

Scale: 1:4000, 2.5m contour interval,

Mapper: HUI Yau Chiu (HKG), DOU Tianshuang (CHN) in ISSprOM 2019–2

Course planner: HUI Yau Chiu (HKG) / Syoya Banno (JPN)

Sprint: The park is approximately 600m north/south and 700m east/west and is made for the 2006 World Horticultural exhibition. The park consists of network of garden paths, artificial ponds, and small hills, with buildings, small sculptures, maze like constructions, and shrubs.

It has a variety of different buildings and pathways. The running surfaces are primarily paved streets and grass which requires runners to read the map while in high-speed running. The height difference of the competition area is about 30 meters.



**Middle Distance – 23 December 2024 (Monday)**

**Middle Relay – 25 December 2024 (Wednesday)**

Organizer: TOF

Map: Wat Nam Bo Luang

Scale: 1:10000, 5m contour interval,

Mapper: Dou Tianshuang (CHN), Ji Zhenguo (CHN), HUI Yau Chiu (HKG)  
in ISOM 2017-2.

Course planner: Kimiya OCHIAI (JPN) / Areef (THA)

Middle: Gentry undulating hills, whose height difference is 60m, consists of several shallow hill tops, many complex re-entrants, and relatively wide valleys whose bottom are flat. The area is covered by plantation of teak trees with some undergrowth. Visibility is relatively not high but mostly runnable. There are very few man-made objects in the forest. Tracks are few and the dense vegetation includes indistinct paths.



## **Punching System**

The Sportident AIR+ punching system will be used in all competitions. All cards will be provided for competitors for the duration of the competition. Lost or damaged cards will be chargeable to the federation.

## **Clothing**

There are no clothing restrictions for Sprint Events. However, for the middle and middle relay, competitors must wear clothing that fully cover their legs.

Shoes with studs / spikes are not permitted for sprint events. For middle and middle relay, the choice of footwear is free.

Organizers may mandate on the addition of a whistle for middle and middle relay. (See Bulletin 1)

## **Competition Rules**

IOF Competition Rules for Foot Orienteering (including appendix for AsOC and AsJYOC) will apply.

## **Model Event**

There will be a model event held on 21<sup>st</sup> December 2024 for both the Middle and Sprint distances. The chosen location will be alike to the actual competition ground. Technical model will also be held at the same place. Transportation will be catered for all participants.

## **Training Opportunity**

TOF will be organizing an ASEAN O-league on 14–15 September 2024 in Chiang Mai city. There will be a WRE Sprint and WRE Middle on that weekend. The location of these two races will be alike to the AsOC / AsJYOC.

More details can be found on this event's site on IOF Eventor.

An additional 2 days of training are planned for 16–17 September 2024. More details be shared in Bulletin 1.

## **Entries & Entry Fees**

Details of preliminary entry with entry fees will be available in Bulletin 1.

Entry forms and registration will be made available via IOF Eventor.



## Transportation

Official team transportation will be provided for the whole duration of the event. Participants should use official transportation to get from hotel to the various venues.

Airport transfer can be arranged at additional cost for team upon request. (Use form in Eventor).

## Accommodation

Athletes and officials will use the Official hotel-- Duangtawan Hotel - Address: 132 Loi Kroh Road, Tambon Chang Khlan. Chiang Mai City 50100

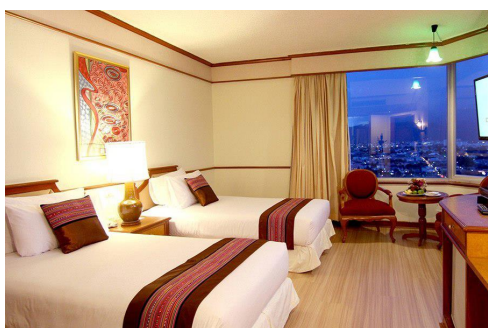
Hotel room types (Single/Twin) will be arranged by the Organizer.

Booking details will be available in Bulletin 1, booking forms will be available at Eventor thereafter.

Halal food and Vegetarian Food are available at the dining room (breakfast).

Distance from Chiang Mai International Airport 5.5 km. / 15 mins.

Distance from Chiang Mai Train Station 4.5 km./ 10-12 mins



## Accreditation

Passports for all athletes shall be produced on arrival. The organizer reserves the right to deny entry for athletes until their passport has been inspected.

## Visa Requirement

The information for visa requirement to visit Chiang Mai, Thailand, please check with the website of the Department of Consular Affairs : <https://consular.mfa.go.th/th/page/cate-7393-general-information?menu=5d68c88b15e39c160c0081e0>

or Immigration Bureau Thai Police : [https://www.immigration.go.th/en/?page\\_id=2771](https://www.immigration.go.th/en/?page_id=2771)

## Invitation letter

Teams or individuals who require documentation will be issued upon request.

Please email to : [Thaiorienteering@gmail.com](mailto:Thaiorienteering@gmail.com)

## Climate

Average 18–28 degree Celsius, wind 4 km/h., humidity 81%, precipitation of rain 3% 18 mm.

## Anti-Doping

The IOF Anti-Doping Rules are valid at the time of the AsOC & AsJYOC2024. The IOF Fair Play Principle will be adopted.

## Other Information

Bulletin 1 will be issued in May 2024

Bulletin 2 will be issued in October 2024

Bulletin 3 will be issued in December 2024

## Contact

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## Sponsors and Partners

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