



LIGUE D'ÎLE-DE-FRANCE
COURSE D'ORIENTATION



French Sprint Championships

1st November 2025 – Cesson-Vert Saint-Denis

Bulletin 2

Contacts:

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<https://cne2025.fr>

Bulletin 2: LIFCO – Sprint - World Ranking Event – 1st November 2025



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Organiser: Ile-de-France Orienteering League (LIFCO)

Organising club: COL ETRECHY

Event director: Cyril TALVAS

Federal delegate / IOF Event Adviser: Jean-Philippe STEFANINI

Event controller: Yann SAUVETTE

Course setter (qualifiers): Thierry BESTEL

Course setter (finals): Arnault BESTEL

Course controller: Thierry VERMEERSCH

SI control system: Alain ROULLEAUX – Christophe RAUTURIER

Map: Cesson-Vert Saint-Denis - **Survey:** 2025

Mapmaker: Yann LAHELLEC - CRY'O

Map Scale: 1:4000 - **Equidistance:** 2.5m

Terrain description: urban area with parks

Scoring system: SPORTident, SIAC system activated

Event Procedure: as specified in the FFCO Competition Regulations version 2025

[https://www.ffcoorientation.fr/media/cms_page_media/72/reglement_des_competitions_2025_\(Ed.d%C3%A9cembre2024\)_d4D8Rur.pdf](https://www.ffcoorientation.fr/media/cms_page_media/72/reglement_des_competitions_2025_(Ed.d%C3%A9cembre2024)_d4D8Rur.pdf)

The WRE event takes place during the French Sprint Championships.

MORNING

Qualifications for categories W/M18-20 and W/M21-35, followed by the French championships for W/M14 and W/M16, then the OPEN categories.

Quarantine for all categories (except OPEN): Opens at 7:30 a.m./Closes at 8:00 a.m. Any runner arriving after closing time will not be accepted.

AFTERNOON

(Starting at 1:30 p.m.)

French Championships Categories W/M40-45, W/M50-55, W/M60-65, W/M70-75, W/M80 and over (No quarantine),

Followed by (starting at 2:30 p.m.) the finals of the W/M18-20 and W/M21-35 qualifiers.

The following are qualified to participate in these finals:

A/ For the final of the French Sprint Championships W/M18-20:

1. The top 25 runners of French nationality who have qualified for the French Sprint Championships, only these runners are eligible for titles and medals.
2. Runners of foreign nationality licensed by the FFCO who have qualified for the French Sprint Championships and who are ranked equal to or better than the 25th French runner qualified under the previous point.

B/ For the final of the French Sprint Championships W/M21-35 registered in the WRE:

1. The top 30 runners of French nationality who have qualified for the French Sprint Championships, only these runners are eligible for titles and medals.
2. Runners of foreign nationality licensed by the FFCO who have qualified for the French Sprint Championships and who are ranked equal to or better than the 30th French runner qualified under the previous point.
3. French and foreign runners registered solely for the WRE (not qualified for the French Sprint Championships) with a ranking equal to or better than the 30th French runner qualified under point 1.

Only the W/M21-35 finals count towards the World Ranking.

Quarantine for the WM 18/20 and WM 21/35 categories: Opens at 1:00 p.m./Closes at 1:30 p.m. Any runner arriving after closing time will not be accepted.

Access to the afternoon quarantine (**different from the morning one**) is **exclusively on foot from the Arena**, following specific signage (10-minute walk).



LIGUE D'ÎLE-DE-FRANCE
COURSE D'ORIENTATION



Course d'Orientation
Fédération Française



INTERNATIONAL ORIENTEERING FEDERATION

General Map of the Region



Prohibited Area



Participation conditions:

Access to the WRE event is open to:

- FFCO-licensed runners qualified for the French sprint championships in the M21-35 and W21-35 categories,
- French runners on the list of runners authorised to register for a WRE (https://www.ffcorientation.fr/media/cms_page_media/7830/listeWRE_2025_Dr8jXXN.pdf),
- runners of foreign nationality.

Competitors eligible to compete in the finals:

1. The first 30 finishers of French nationality to have qualified for the French Sprint Championships, only these runners are eligible for titles and medals.
2. Foreign runners with an FFCO licence who have qualified for the French Sprint Championships and who have a ranking equal to or better than the 30th French runner qualified under the previous point.
3. French and foreign runners, registered solely for the WRE (not qualified to take part in the French Sprint Championships) with a ranking equal to or better than the 30th French runner qualified under point 1.

Registrations : Before 14 October 2025 at midnight

FFCO license holders : On the [FFCO](#) website. Elite athletes wishing to participate in the WRE must also provide their IOF ID by email (inscriptions@cne2025.fr).

Foreigners participating in the WRE : [Form](#) on the CNE Sprint website.

Foreigners and non-license holders : (OPEN categories): On the [FFCO](#) website.

Fees:

FFCO license holders	16,04 €
Foreign participants	16,04 €

Payment of registration fees: LIFCO – Banque Crédit Mutuel

IBAN : FR76 1027 8062 1300 0369 3894 141

BIC : CMCIFR2A



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Access to the race area MORNING:

By train:

Access by RER D – Cesson Station

We ask you to use this option as on-site parking is limited.

From the station, the race site can be reached on foot in about 25 minutes.

By car:

From Melun: Take the D306 (formerly the N6), towards Cesson/Savigny-le-Temple.

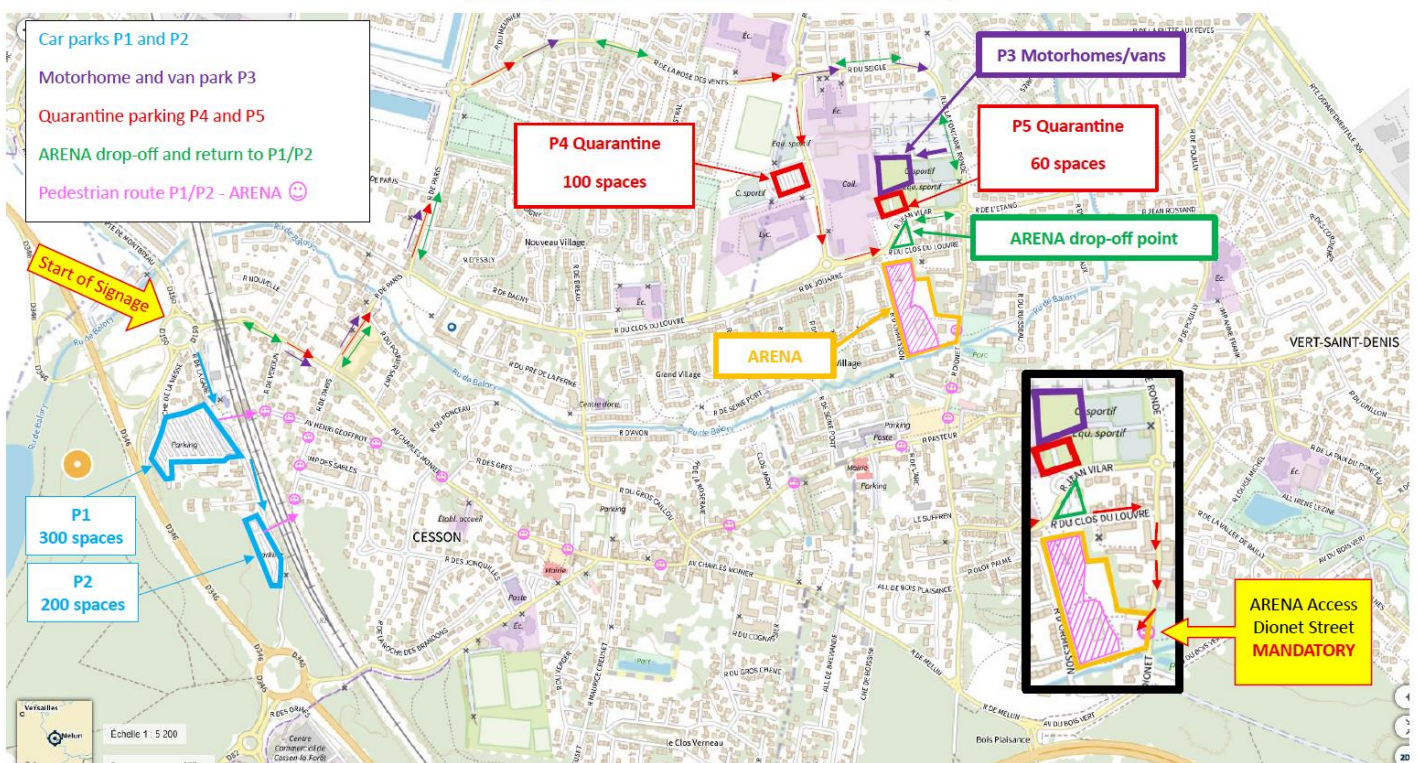
From Paris: Access via the A4 or the N104 (La Francilienne), approximately 45 minutes to 1 hour depending on traffic.

Signposted from: CESSON, at the D146 and D150 roundabout

Motorhomes/vans:

Overnight parking available from Friday, October 31st at 5:00 p.m. until the end of the following day. No parking available on the night of November 1st to 2nd.

Driving through Cesson and Vert-Saint-Denis is PROHIBITED
Access MUST be from the west via the D346/D150 roundabout



Access to the race area AFTERNOON:

Same as in the morning, except that there is no parking reserved for quarantine.

Use lots P1, P2, P4, and P5 for cars, depending on availability.

Use lot P3 for motorhomes and campervans.

Drop-offs are also possible.

Access to quarantine **MUST** be on foot from the reception area located at the Arena. Allow 10 minutes to walk there, following the specific signage.

IMPORTANT REMINDER: ACCESS TO THE RACE AREA

Depending on the number of parking spaces available, it may take a long time to reach the Arena.

ALLOW SUFFICIENT TIME.

Walking Time

P1 – P2	Arena - Reception	25 to 30 minutes
P3 – P5	Arena - Reception	4 minutes
P4	Arena - Reception	6 minutes
Arena - Reception	Afternoon Quarantine	10 minutes

Visa requirements and how to obtain a visa:

The European territory of France is part of the Schengen area, which brings together several European states to form a common area for the free movement of people. The Schengen area comprises the Member States of the European Union: Austria, Belgium, Croatia, the Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Italy, Latvia, Lithuania, Luxembourg, Malta, the Netherlands, Poland, Portugal, Slovakia, Slovenia, Spain and Sweden, as well as Iceland, Liechtenstein, Norway and Switzerland.

Not all foreign nationals are required to have a visa to enter the Schengen area. Visa exemption depends on the applicant's nationality, possession of a valid residence permit for the Schengen area or a long-stay visa, as well as the foreign national's particular situation.

People who do not require a visa to enter the Schengen area because of their nationality include nationals of the European Union (EU), the European Economic Area (EEA) and Switzerland, as well as nationals of countries on the Schengen common list.

For more information on visa requirements and how to obtain one, visit the France Visas website: <https://france-visas.gouv.fr/web/france-visas/assistant-visa>

Climate in Ile-de-France: Moderate temperate climate with oceanic influences / average temperature in November 8°C

Refreshment facilities on site: Hot and cold drinks / Sandwiches / Chips / Sweet crepes / Cakes

Accommodation: Additional information on the CNE website <https://cne2025.fr> or visit <https://www.tourisme-seine-et-marne.fr/ou-dormir/>

Please note that November 1st is a public holiday in France and that the period from 18 October to 2 November is a school vacation period. This can have an impact on road traffic, public transport timetables, shop opening hours and accommodation availability.

Additional Events

The 2025 French Sprint Championships are part of a full week of orienteering events organised by the Ile-de-France League in the department of Seine-et-Marne.

The program includes training opportunities, regional races, and national events.

Forest Training

Date	Type	Map
from Saturday 25 to Monday 27 October	Free training	Rocher de l'éléphant, Larchant
from Tuesday 28 to Thursday 30 October	Free training	Le Monastère, Poligny

Regional Races

Date	Type	Map
Monday 27 October	MD (CN)	Homme Fossile 2025, Montigny-sur-Loing
Tuesday 28 October	Night (Score or Line)	Les Culs Froids, Nemours
Wednesday 29 October	Sprint (CN)	Cité Universitaire, Paris Sud
Friday 31 October	Urban LD	Brie-Comte-Robert

National Races

Thursday 30th October – French Night Championships –Ball Trap Map – Nemours

Sunday 2nd November – Critérium National des Equipes (CNE) –Bois Rond Map – Arbonne-la-Forêt (team race)