

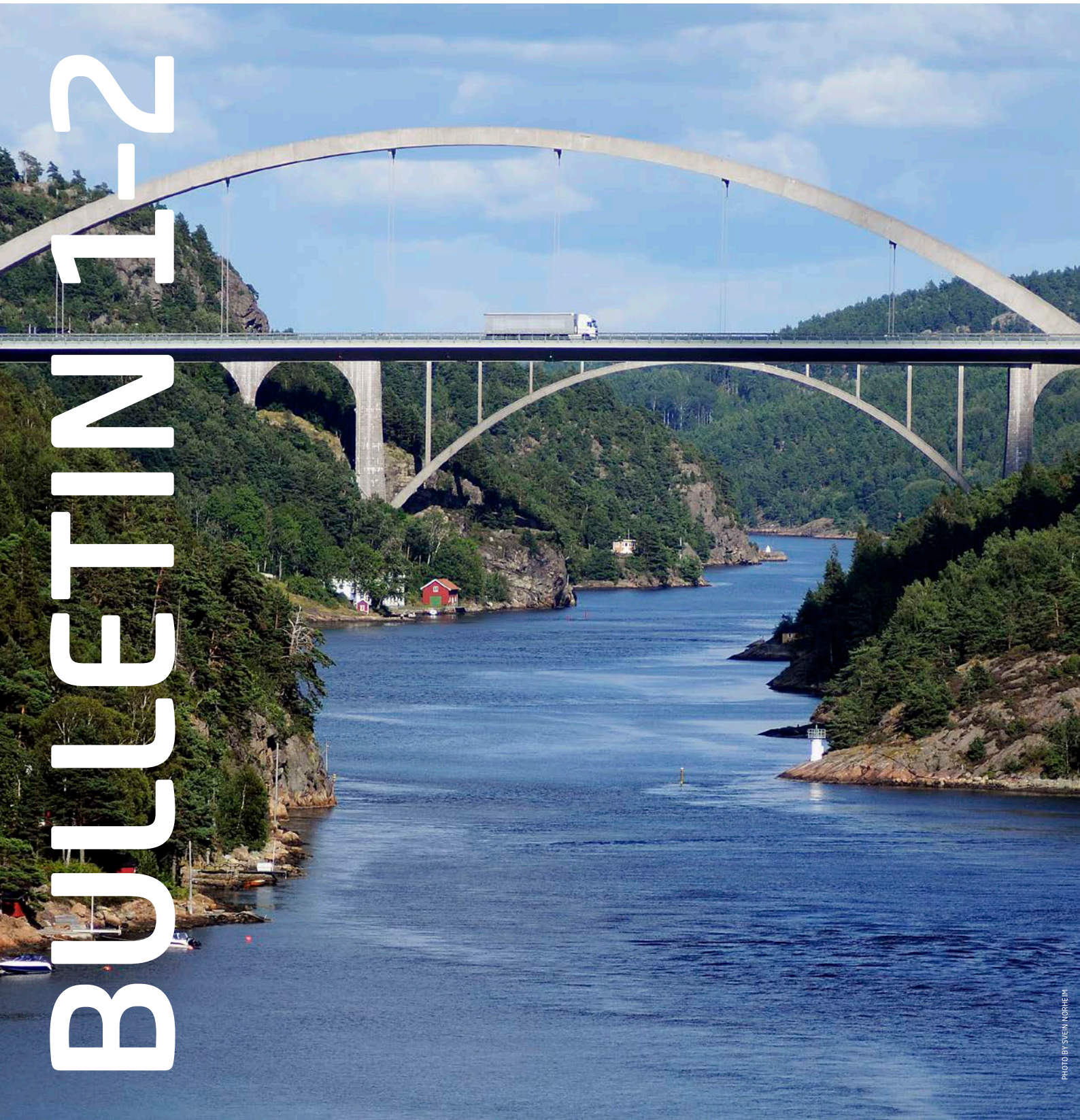


World Cup

Norway - Sweden 2015

World Cup Orienteering, 3-7 juni
Halden, Lysekil, Munkedal
PREWOC 2016

BULLETIN 1-2



Halden SK in partnership with Norwegian Orienteering Federation and the WOC2016 in partnership with Swedish Orienteering Federation invites you to World Cup round 2, Stage 1-4, with 3 individual competitions and a Sprint Relay 3rd-7th June 2015.

ORGANIZERS

Event Director Halden: Svend Arne Ytterbøl

Course planner: Morten Dalby

Event Director Bohuslän: CG Strutz

Course planner: Göran Olsson, Bengt-Olof Johansson

Homepage: www.wc2015.se or www.wc2015.no

CONTROLLERS

Halden: IOF Senior Event Adviser: Felix Büchi (SUI),
National controller: Jan Arild Johnsen

Bohuslän: IOF Senior Event Adviser: Kjell Blomseth (NOR),
National Controllers: Lennart Smedenmark, Göran Andersson

PROGRAM

Tuesday 2 nd June	Model Event Long
Wednesday 3 rd June	Long Distance
Thursday 4 th June	Rest Day and Model Sprint relay
Friday 5 th June	Sprint Relay
Saturday 6 th June	Model Sprint, Sprint, Model Middle
Sunday 7 th June	Middle Distance

VENUES

Race	Event Centre	Arena	Distance	
1	Long	Halden	Prestebakke	23 km
2	Sprint Relay	Halden	Halden	1 km
3	Sprint	Munkedal	Lysekil	35 km
4	Middle	Munkedal	Munkedal	2 km

The distance from Halden to Munkedal is 90 km, driving time along E6: 70 min.

TERRAIN, CLIMATE

All terrains are located close to sea level, altitude 0-200m. Average temperature in June is between 15 and 25 C.

TRAINING POSSIBILITIES

A variety of training possibilities may be prepared before the competitions on request. The week after the WCup an official training camp will take place. Contact: training@woc2016.se

EMBARGOED AREAS

It is forbidden for all potential competitors, trainers, team leaders etc. to visit these areas, unless the organizers and the IOF Senior Event Adviser have given permission according to IOF rules. Violation of the embargo will lead to exclusion from the event.

Links to Maps over embargoed area

www.wc2015.no/halden

www.wc2015.se/lysekil

www.wc2015.se/munkedal

CLASSES AND PARTICIPATION

All competitors must represent a federation. Each federation may enter up to 6 competitors in W21 and in M21 in each individual competition. In addition comes several top ranked runners according to IOF special rules. The IOF special rules will decide the number of teams in the Sprint Relay.

Course lengths and winning times

Halden

Long Distance:

Women: 8,5 km* (70 min)

Men: 13,5 km* (90 min)

Sprint Relay: 4 legs: 2 for men + 2 for women.

Each leg winning time 12-15 min

Bohuslän

Middle Distance:

Women: 5 km* (35 min)

Men: 6 km* (35 min)

Sprint Distance:

Both Women and Men: winning time 12-15 min.

* All course lengths are preliminary estimates.

MAP SCALE, CONTOUR INTERVAL

Sprint, sprint relay 1: 4 000, 2 m

Middle Distance 1:10 000, 5 m

Long Distance 1:15 000, 5 m

PUNCHING SYSTEM

Emit punching system will be used in Halden. Sportident in Bohuslän. All World Cup runners will be equipped with punching cards from the organizer. In Halden the runners must also carry EmiTags. Emit touch free used for sprint relay.

REGISTRATION AND ENTRY FEES

Preliminary entry

Entries giving the number of competitors of each gender, the number of team officials and the team manager's name, address, e-mail address shall reach the organizer no later than 30th March 2015 (use entry form **A** available on the event website).

Final name entry

Final entry with names of the competitors and team officials shall reach the organizer no later than 22nd May 2015 (use name entry form **B**, see website).

World Cup entry fees

Entry fee for competitors	400 SEK per individual race
Entry fee relay	1600 SEK per team
Accreditation fee competitors	500 SEK for all days
Accreditation fee team officials	500 SEK for all days

The accreditation fee covers model event, free parking at the arena and a set of maps to all competitors and officials.

Entries shall be sent to: entry@wc2015.se

PAYMENT

WOC 2016 BOHUSLÄN - DAL , c/o Mats Blom
Blåbärsvägen 16 S-459 32 Ljungskile

IBAN: SE40 9500 0099 6034 0671 5825
SWIFT: NDEASESS

Deadline for payment: Wednesday 22nd of April 2015

VISA

If you need a Visa to enter into Norway, you can read all about it here: <http://www.udi.no/Norwegian-Directorate-of-Immigration/Central-topics/Visa/Who-needs-a-visa/>.

If you need an invitation, please contact the organizer by e-mail jan.arild.johnsen@orientering.no

Many people can get their visa online. Read more and get your visa here: <https://selfservice.udi.no>.

Visa for Norway will also be valid in Sweden and vice versa (Schengen visa)

TRANSPORT

We recommend transport by own or rented car. Nearest major airports are Oslo Airport Gardermoen (165 km to Halden) or Landvetter Gothenburg (220 km). In addition Ryanair fly to Moss-Rygge (50 km) and Gothenburg City airport / Säve (170 km)

There is also a regular train service every hour from Oslo Airport and Rygge to Halden. From Gothenburg to Halden 3 train departures every day.

Please inform us about your need for transport in entry form **A**.

Transport to arena provided on request.

RENTAL CAR DISCOUNT

WOC2016 has signed an agreement with Europcar which gives all national teams discount when booking rental cars within the Nordic Countries, both before and during the World Cup 2015 and the WOC 2016.

Please visit our website www.woc2016.se and click on «Practical info» to go directly to our own Europcar booking site.

MEDIA/ INFORMATION

Contact person: Øivind Holt, email oivind.holt@gmail.com, mobile: + 47 90 77 68 33.

ACCOMMODATION AND FOOD

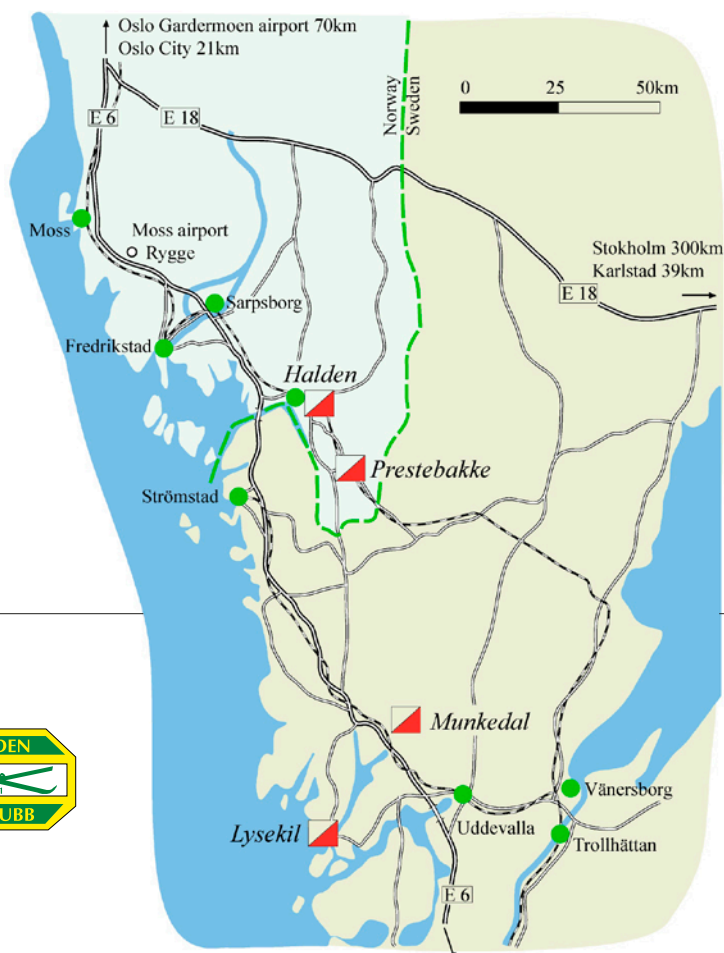
There are several options for accommodation both in Halden and Bohuslän. You will find more detailed information about hotels, hostels and clubhouses on our homepage.

In Halden contact Jens Erik Mjølnerød: jenserikm@halden.net
In Bohuslän contact Greenyard: woc@greenyard.se

During the race days there will be kiosk sale at the arena.

COMPETITION CLOTHING

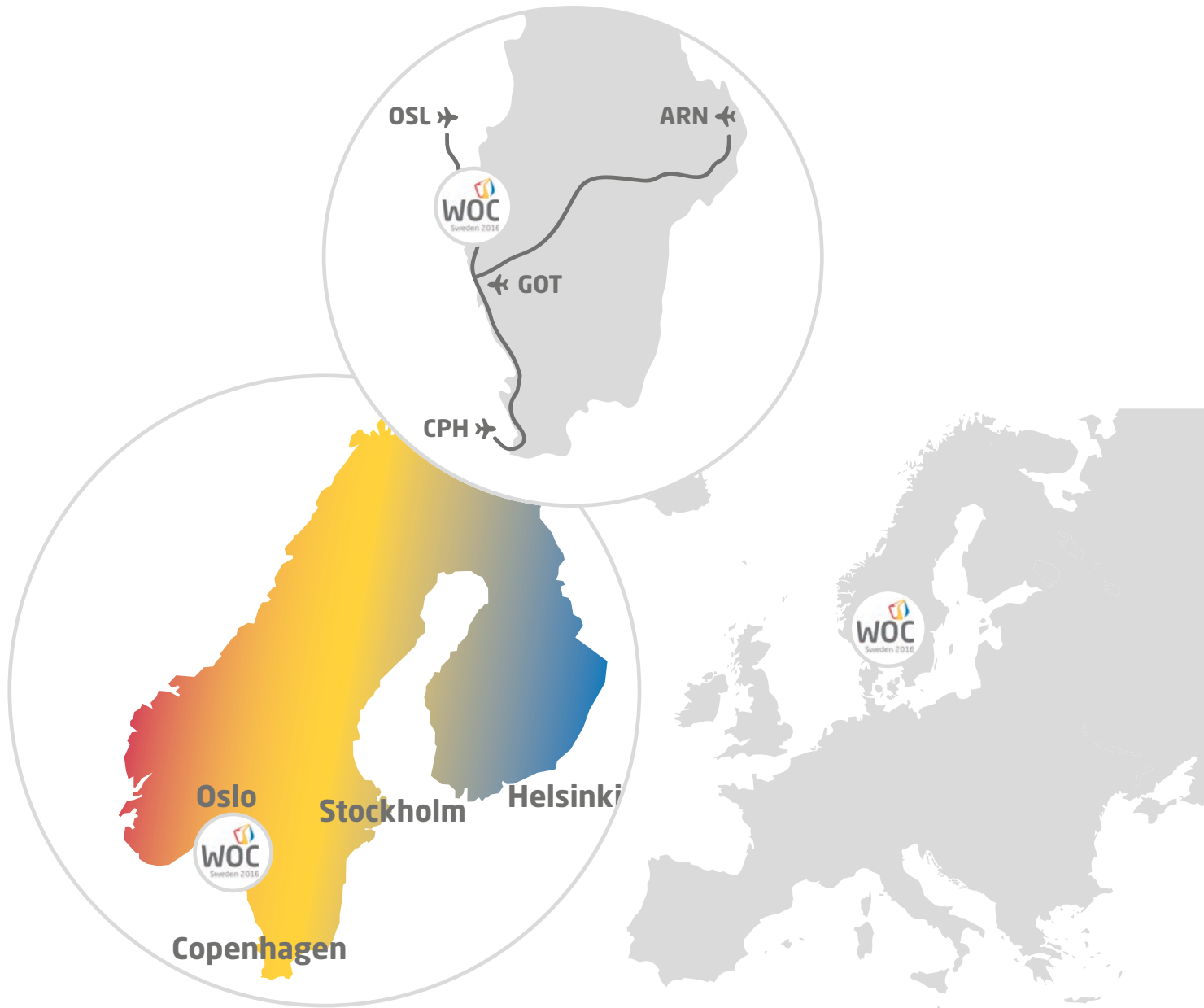
Full body coverage, T-shirt is permitted. In sprint no restrictions.



Gothenburg city 45km, Gothenburg city airport 40km, Gothenburg Landvetter airport 70km



Welcome to West Sweden and WOC 2016



Distance to Strömstad:

- Rygge, Moss (RYG) 70 km
- Göteborg City (GSE) 160 km
- Gardemoen (OSL) 180 km
- Landvetter (GOT) 190 km
- Kastrup (CPH) 470 km
- Stockholm (ARN) 510 km

Car, Train and bus connections:

- Oslo–Strömstad 100 min (car), 160 min (bus)
 - Gothenburg–Strömstad 110 min (car), 140 min (train)
 - Stockholm–Strömstad 360 min (car or train)
 - Copenhagen–Strömstad 300 min (car), 360 min (train)
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