

EUROPEAN ORIENTEERING CHAMPIONSHIPS

**HASSELT
BELGIUM**

27-31 AUGUST



INTERNATIONAL ORIENTEERING FEDERATION

Orienteering World Cup - Round #2

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EOC live center

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The European Orienteering Championships 2025 are here, and you can follow every routechoice, turn, and sprint in real time! Head to our official website for GPS tracking, live results, start lists, Livelox, and continuous updates straight from the city. Whether you're at home, on the go, or in the arena, you'll have the race at your fingertips. Don't just read about it, experience it live!

www.eoc2025.be

EOC instagram

Follow the Action Behind the Scenes

Want more than just the numbers? Follow us on Instagram for exclusive photos, videos, athlete stories, and behind-the-scenes moments you won't find anywhere else. From the pre-race tension to the post-race celebrations, we'll bring you closer to EOC2025.



@eoc2025



If you can't make it to the race arena's, the best way to follow EOC2025 is on TV!

Follow the races on TV



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Welcome!



A big welcome to the European Orienteering Community in our country.

Even though the sport of orienteering is not included in the actual Olympic program, I cherish this cunning form of running and I've come to appreciate it even more since the recent World Games in Chengdu, China.

Indeed, the Belgian Olympic & Interfederal Committee also acts as anchor point and organizer of the non-Olympic disciplines in our wide sports landscape.

Our Belgian delegation managed to collect no fewer than 16 medals at these World Games.

One of them attracted my attention in particular: the gold medal of Yannick Michiels in the Sprint, which is exactly the discipline that we will host these days in Belgium.

His performance thus raised the attention for Orienteering in our country at the best possible moment. Thanks to his achievement Belgium has discovered another top athlete from our home soil.

I wish all the competitors in these European Orienteering Sprint Championships to be able to meet their personal aspirations and their team ambitions in the beautiful and challenging settings of the cities of Hasselt, Geel and Lier.

I'm convinced they will find optimal conditions for their performances thanks to the efforts of our organizing committee, the many volunteers and the numerous spectators along the race areas.

Belgium welcomes you with its big heart for sports.

Jean-Michel Saive
President of Belgian Olympic & Interfederal Committee



In Flanders, we have a rich sporting culture. (Top) sporting events have inspired and continue to inspire athletes, clubs, schools, and volunteers to strengthen our Flemish sports culture.

Sport is an important link that connects different communities. Whether you play yourself or cheer from the sidelines, every sporting activity brings people together. It not only helps us move better but also live better together.

From the local basketball court around the corner to the large football arenas: every match creates connection, and every training session makes us stronger. Sport brings together young and old, friends and strangers. It teaches us the importance of teamwork and how to deal with setbacks – skills that are valuable both on and off the field.

So, whether you are taking up running, throwing a ball, or simply coming to watch: you are contributing to something beautiful. With sport in our lives, we are working towards a future in which everyone wins.

A great example of this is the upcoming European Orienteering Championships 2025, which will take place in Hasselt, Geel, and Lier from 27 to 31 August 2025. This international top-level event will not only showcase elite performances but also inspire local communities, schools, and clubs to discover and embrace the joy of orienteering.

I am already looking forward to what that future will bring, and I am proud to be part of this wonderful sporting community.

Annick de Ridder
Minister of Sports



27 years after Belgium organised the JWOC, we are pleased to welcome the European sprint orienteering championships in our country.

As a fast growing orienteering discipline, sprint orienteering became almost as popular as forest orienteering, in a dense populated country as Belgium. Moreover the Flanders region, with lots of medieval city centres and picturesque settlements, offers great opportunities for urban orienteering.

The Belgian orienteering federation however is still a small community and due to our complex political structure, divided into 2 leagues, the organisation of such a high level event is not that obvious. Therefore we were glad to make a gentle agreement with KONO, a private partner specialized in organising orienteering events and related business.

With the power of the enthusiastic KONO team and the dedication of dozens of volunteers, we really hope to offer all competitors a great and challenging competition in the Flanders region.

The EOC2025 cities Hasselt, Lier and Geel are looking forward to host this high level IOF- event. I am convinced they will offer you an exceptional city experience and the wellknown Flemish hospitality.

Enjoy your stay and we are grateful for your sportive contribution as ambassadors for our beloved sport.

Chris Addiers
President Belgian Orienteering Federation
ABSO BVOS



Welcome to Belgium for a week full of first-class orienteering!

We are very excited to present to you the first ever European Orienteering Championships to be held in Belgium!

We can't wait for the competitions to get started, because we are confident you will enjoy them – not only as an athlete or team official, but also as a spectator or EOC Tour participant. We will offer challenging courses, spectator areas right in the middle of the action, and last but not least: the smiling faces of our volunteers!

We are very grateful for the enthusiastic support from all Belgian orienteering clubs. It is inspiring to see how EOC 2025 is bringing together the entire orienteering community, creating a unique moment to celebrate the sport and to offer athletes and teams an unforgettable racing experience in Belgium.

Because of this, I am incredibly proud to have more than 350 volunteers on the team, all aiming to make EOC 2025 the largest and most memorable orienteering event ever hosted in the country.

We have done our best to create a fair competition for all athletes taking part in this championship. Hopefully, all your training will result in a race you can be proud of, no matter the outcome.

Wishing you the very best of luck!

Jeremy Genar
Event Director



rest in peace

Mattia Debertolis

World Cup 2025

The World Cup 2025 consists of the following competitions.
EOC 2025 in Hasselt, Belgium is World Cup round #2 in 2025.

World Cup Round #1

IDRE FJÄLL, SWEDEN

WC#1 Jun 19th Long

WC#2 Jun 21st Middle

WC#3 Jun 22nd Relay

World Cup Round #2

HASSELT, BELGIUM

WC#4 Aug 27th Sprint Relay

WC#5 Aug 29th Knock Out Sprint

WC#6 Aug 31st Sprint



World Cup Round #3

USTER, SWITZERLAND

WC#7 Sep 26th Sprint

WC#8 Sep 27th Sprint Relay

WC#9 Sep 28th Knock Out Sprint



1. Organisation and contact



1.1. Organising committee

EOC2025 has been assigned to the Belgian Orienteering Federation ABSO/BVOS by the International Orienteering Federation IOF.

The organisation of EOC2025 is in the hands of KONO, along with a dedicated team of volunteers from Orienteering Vlaanderen, the Flemish Orienteering Federation and FRSO, the Orienteering Federation of Wallonia.

The team organising EOC2025 has gained expertise from organising ASOM in Belgium since 2015.

Contact

Anneleen Aerts
Rode Haagjes 1, 2288 Bouwel, Belgium

Email
info@eoc2025.be

Website
www.eoc2025.be

Phone
+32 494 05 10 66
(available during the EOC week between 7:00 and 22:00 CET)
Outside of this time window please send a text message first before calling.

EOC Organizing team

Event Director - **Jeremy Genar**
Event Officer - **Anneleen Aerts**
Mapper - **Karl Vervoort**
Course Setter - **Fabien Pasquasy**
Course Setter - **Dirk Goossens**
Arena & Logistics - **Bart Willems**
Quarantine - **Bob De Clercq**
Start - **Jelle Bakelants**
Finish - **Bert van Rillaer**
Timing - **Gilles de Neyer**
Finances - **Julie Genar**
TV Production - **Koen Wilssens**
Environment - **Adriaan Pelckmans**
Safety & Medical - **Dirk Genar**
Stewards - **Patrick Wallaert**
Communication - **Joris Kint**
Marketing - **Silke van Rooy**
Media - **Kris Verduyck**
Training - **Simon Krekels**
Doping Control - **Melanie Genar**
Volunteers - **Danielle Dewickere**

EOC Advisors

National Controller
Karl Keuppens (Belgium)

IOF Senior Event Advisor
Troels Christiansen (Denmark)

IOF Assistant Senior Event Advisor
Daniel Leibundgut (Switzerland)

EOC Referees

Referee - **Aron Less (Hungary)**
Assistant referee - **Jon Cross (Great Britain)**

Social Media

Facebook:
<https://www.facebook.com/Eoc2025>

Instagram:
<https://www.instagram.com/eoc2025/>



2. Event program

	Time*	Event	Location
Monday 25 th August	14:00 – 18:00	Event Office Open	Radisson Blu Hasselt
Tuesday 26 th August	10:00 – 20:00 13:00 – 16:00 12:00 12:00 17:30	Event Office Open (Technical) Model Event Deadline for late entries & change Sprint Relay Entry deadline Team Officials Meeting	Radisson Blu Hasselt Herentals Event Office IOF Eventor Radisson Blu Hasselt
Wednesday 27 th August	10:00 – 14:00 15:00 – 21:00 18:00 19:00 20:14 20:30	Event Office Open Event Office Open Opening ceremony Start Sprint Relay Flower ceremony KO Sprint Entry deadline	Radisson Blu Hasselt Sprint Relay Arena Hasselt Sprint Relay Arena Hasselt Sprint Relay Arena Hasselt Sprint Relay Arena Hasselt IOF Eventor
Thursday 28 th August	12:00 – 18:00 14:00 – 16:00 14:00 15:00 16:30	Event Office Open KO Sprint Qualifications Qualification first start: Women Qualification first start: Men Heat Selection: Women, Men	KO Quali Arena Geel KO Quali Arena Geel KO Quali Arena Geel KO Quali Arena Geel KO Quali Arena Geel
Friday 29 th August	11:00 – 18:00 13:24 – 18:00 13:24 14:00 15:38 16:16 16:59 17:13 17:25	Event Office Open KO Sprint Finals Quarter-finals first start: Women Quarter-finals first start: Men Semi-finals first start: Women Semi-finals first start: Men Final: Women Final: Men Flower ceremony	KO Final Arena Geel KO Final Arena Geel KO Final Arena Geel KO Final Arena Geel KO Final Arena Geel KO Final Arena Geel KO Final Arena Geel KO Final Arena Geel KO Final Arena Geel
Saturday 30 th August	- 12:00 16:00 - 20:00 17:30	Rest day Sprint Entry deadline Event Office Open Team Officials Meeting	- IOF Eventor Radisson Blu Hasselt Radisson Blu Hasselt
Sunday 31 st August	08:00 - 18:00 9:30 – 11:45 9:30 10:35 15:15 – 18:00 15:15 16:27 16:42 17:55 19:30 – 01:00	Event Office Open Sprint Qualification Qualification first start: Men Qualification first start: Women Sprint Final Final first start: Men Final first start: Women Flower ceremony Men Flower ceremony Women EOC Banquet & Party	Sprint Arena Lier Sprint Arena Lier Sprint Arena Lier Sprint Arena Lier Sprint Arena Lier Sprint Arena Lier Sprint Arena Lier Sprint Arena Lier Sprint Arena Lier Liers Cultuurcentrum Lier

*All times are in Central European Summer Time (UTC/GMT +2 hours).

3. Venues, access and transport



EOC2025 will be organised in the provinces of Antwerp and Limburg in Belgium.

The nearby international airports are Brussels airport (75km), Charleroi airport (100km) and Eindhoven airport (65km, in the Netherlands).

Brussels airport has a direct rail connection by the Belgian national rail carrier NMBS/SNCB.

There will not be any transport to the competitions offered by the EOC2025 organisation as all sites are reachable by public transport and by car. The EOC races will be held in the cities of **Hasselt, Geel and Lier**.



4. Event center Hasselt



The Event Center of EOC2025 will be in Hasselt in the province of Limburg.

Recognized as the 'City of Taste,' Hasselt places significant emphasis on gastronomy and fashion. Visitors can expect to immerse themselves in the renowned hospitality of the Limburg region.

The Event Office will be conveniently located in the Radisson Blu Hotel in Hasselt. Within the same hotel complex, there is the 4* Hotel Radisson Blu and a 3* Hotel Park Inn by Radisson in the adjacent tower. The Radisson Blu Hotel will host the Team Officials meetings, which will be in person as well as online.

Remember that the hotel is at the edge of the quarantine zone: please check the embargo map! Cars can park at the [Q-Park tweetorenwijk](#). This is an underground parking under the Radisson Blu hotel. Please follow the signs at the underground parking towards the Radisson Blu hotel.

Vans or minibusses higher than 1,85 meters can not park in the underground parking. Parking for vans or minibusses is available at [Parking achter CCHa](#) situated 600m from the Event Center.

4.1. Contact details

Event Officer
Anneleen Aerts
info@eoc2025.be

Phone
+32 494 05 10 66
(available on weekdays between 9:00 and 18:00 CET)

Address of the Event Center
Radisson Blu Hotel Hasselt
Torenplein 8
3500 Hasselt

GPS coordinates:
[50.928448, 5.340387](#)



5. Entry

5.1. Late entries and competition entry deadlines

5.1.1. Late entries, changes of team size or team names

Late entries and changes will be accepted, if possible, up to the **26th of August 2025 12:00**. No late entries or changes will be accepted after that date. Late entries and changes will always have a defined extra cost (surcharge), as per bulletin 3. Late entries and changes will always be treated equally and must be communicated directly to the organiser via info@eoc2025.be

The organiser makes the changes in the IOF Eventor for participants after the last registration period has passed.

5.1.2. Competition entry deadlines

- ▶ Sprint Relay: August 26th 12:00 noon
- ▶ Knock-Out Sprint: August 27th 20:30
- ▶ Sprint: August 30th 12:00 noon

Entries can be done in IOF Eventor: <https://eventor.orienteering.org/Events/Show/7552>.



5.2. Accreditation

Accreditation takes place at the Event Center during opening hours and locations of the event office as described in chapter 2.

5.2.1. Athletes and Team officials

Personal EOC2025 accreditation cards will be issued at the event office. All accredited team members must wear it at all relevant times and present it for access to authorised zones (quarantine, coaching zones, etc...).

Accreditation packages will be prepared by federation. Team Officials can gather their athlete's accreditation by showing valid ID's of the athletes.

Each competitor will also receive two personally assigned emiTag timing chips which shall be used in all competitions. They can not be used by other athletes. Each team member will receive a printed copy of bulletin 4 as well the model event map and parking permits for team cars are handed out at accreditation.

Team officials will be asked to provide a telephone number so that the EOC2025 organisation can quickly contact teams if necessary. A WhatsApp group will be created for quick notifications.

5.2.2. VIP

VIP accreditation is by invitation only. Accreditation happens with a valid ID at the VIP Zone at the race arenas.

































5.2.3. Media

Accreditation card can be recieved by showing a valid ID at the event center.

5.3. Entry summary

On the next page, you'll find an overview of all participating countries.

Athletes from 32 countries are taking part in the European Sprint Orienteering Championships 2025.

	Federation	Men	Women	Team Officials	Relay	Total
	Australia	7	2		√	9
	Austria	4	4	3	√	11
	Belgium	8	4	1	√	13
	Bulgaria	5	3		√	8
	Canada	1	3		√	4
	Croatia	2				2
	Czechia	6	5	3	√	14
	Denmark	8	5	3	√	16
	Estonia	4	3	1	√	8
	Finland	8	8	4	√	20
	France	8	8	3	√	19
	Germany	7	8	3	√	18
	Great Britain	8	7	3	√	18
	Hong Kong	3	4	1	√	8
	Hungary	6	3	3	√	12
	Ireland	4	4	1	√	9
	Italy	5	4	2	√	11
	Japan	3	2		√	5
	Latvia	3	3	2	√	8
	Lithuania	2	1			3
	Moldova	1				1
	Netherlands	4	2	2	√	8
	New Zealand	4	1			5
	Norway	8	8	5	√	21
	Poland	4	2	1	√	7
	Portugal	2	2	1	√	5
	Spain	6	5	1	√	12
	Sweden	9	10	4	√	23
	Switzerland	10	9	4	√	23
	Turkiye	3	3	5	√	11
	Ukraine	6	5	1	√	12
	United States	1	1			2
		160	129	57	27	348

6. Accommodation and food

6.1. Accommodation

The official accommodation is the Radisson Blu Hotel and the adjacent Park Inn by Radisson Blu in Hasselt. It is the same location as the Event Center. There will be nearby paid parkings for all teams with a clearance higher than 1m85.

6.2. Food @ arena

Foodboxes from [Foodmaker](#) will be offered to buy at the competition arena's at the following days:

Wednesday 27th
Thursday 28th
Friday 29th
Sunday 31st

Foodmaker is a local producer of ultra-fresh and delicious meals with ingredients that come from their own organic fields whenever possible.

Pasta & foodboxes go for **€10**.
Wraps are available for **€7**

There is a limited supply of foodboxes and wraps: first come, first served!



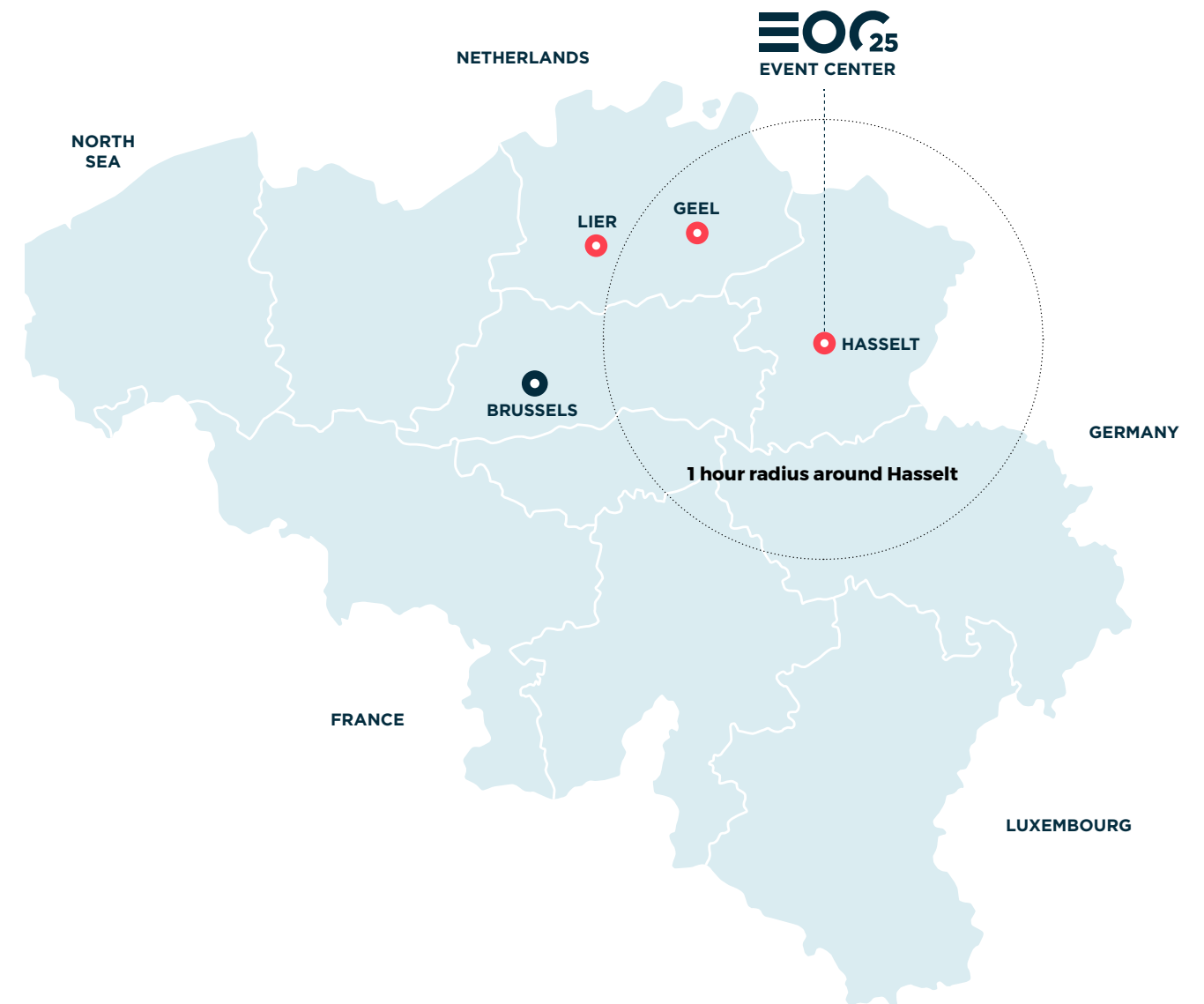
6.3. EOC banquet & party

On Sunday August 31st, an EOC Banquet will be hosted in Lier, after the sprint competition has been finalized. Extra tickets are available for € 30 on a first come-first served basis at the Event Office or at info@eoc2025.be.

The location for the EOC Banquet & party is [Liers Cultuurcentrum](#). The EOC Banquet will start at 19:30 with a reception, followed by a banquet and closing party. DJ Sennix (Tomorrowland 2025 DJ) will make you forget about sore legs and will make you dance until 01:00. **Showers will be available after the Sprint Final at the Liers Cultuurcentrum and at the Sporthal Stadspark.**



7. Embargoed areas



7.1. Embargoed areas

Information about the embargoed areas can be found on [IOF Eventor](#). A direct link to the overview map of embargoed areas can be found here: [Embargoed areas](#).

The embargoed areas are strictly embargoed. Competitors, team officials, and other persons who, through knowledge of the terrain may influence the results of the competition, are not allowed to enter an embargoed area unless explicitly permitted to do so by the organizer.

Any attempt to survey or train with maps on permitted roads in the competition terrains is forbidden. The areas are embargoed until all respective competitions in a city are finished.

The map clearly indicates the embargoed zones, indicated in red on the google map. These areas are strictly off-limits, and no access is permitted. On competition days, access is only permitted as per respective event information, e.g. by following mandatory routes from parking to quarantine, or from and to competition areas.

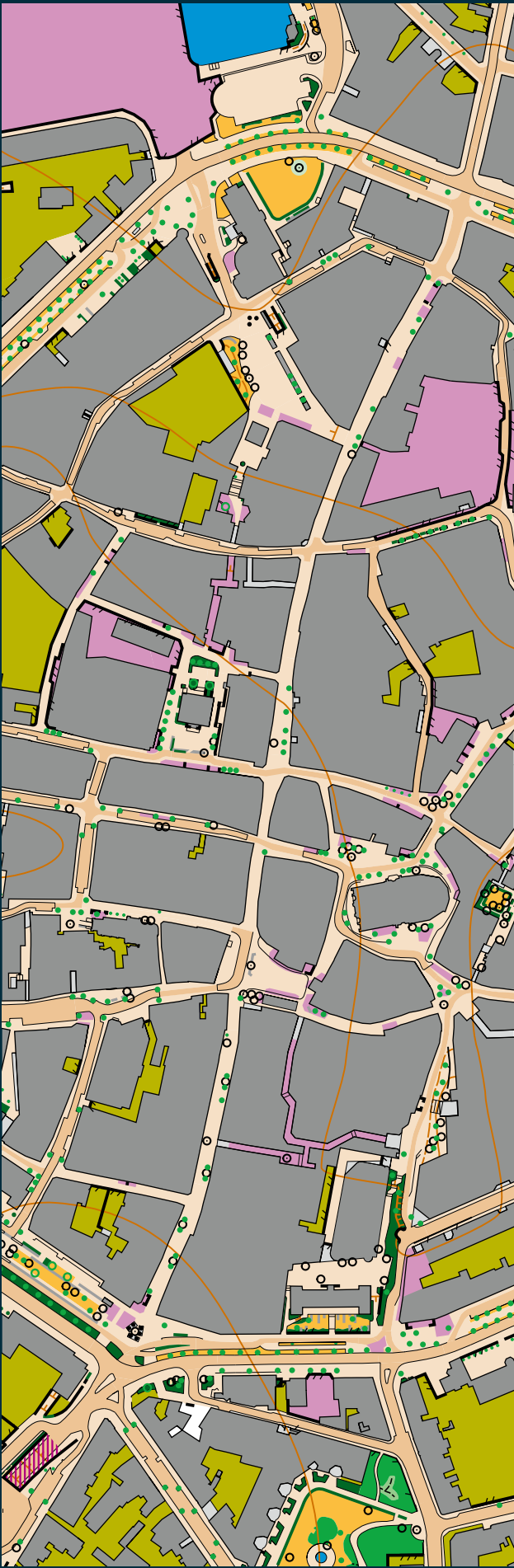
It's important to note that traveling by train through the embargoed areas is allowed.

In the event that you require entry to an embargoed area for a specific reason, kindly submit your request for permission by emailing info@eoc2025.be

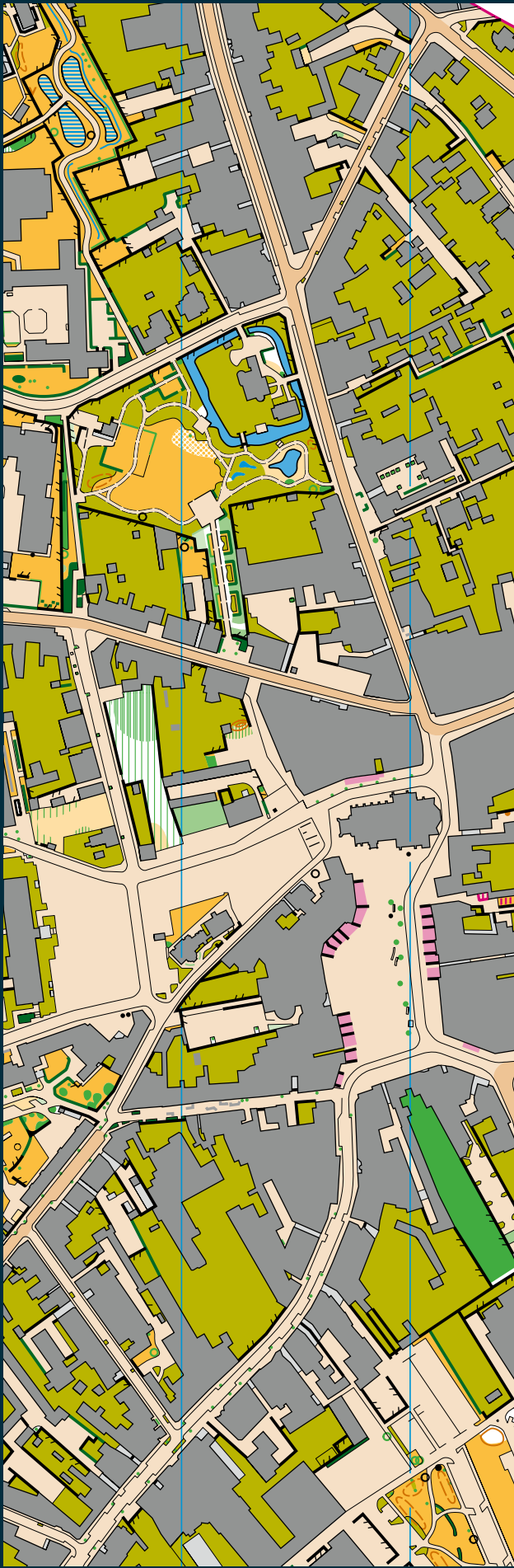
7.2. Previous orienteering maps

The maps can be found in this [GOOGLE DRIVE folder](#)

Map	Scale	Year
Hasselt Centrum	1/4000	2020
Hasselt Kapermolen	1/4000	2022
Geel	1/5000	2017
There's no previous map of Lier	-	-



Hasselt, 2020



Geel, 2017



8. Training

8.1. Training opportunities

For training during the EOC week, there will be maps of Hasselt (out of the embargo area) available in the Event Centre. For the exact map location check this [Google Map overview](#).

Map	Club	Available from	Relevant for
Hasselt Katarina	OMEGA	1/9/2024	All races
Hasselt Heilig Hart	OMEGA	1/9/2024	All races
Hasselt Banneux	OMEGA	1/9/2024	All races

Accredited team members can also participate in the EOC Tour. The entry fee is included in the EOC accreditation. See chapter 14 for more practical details.



9. Rules and general information



9.1. Competition rules

The Competition Rules for IOF Foot Orienteering Events apply for EOC2025 as well as the World Cup 2025 Special Rules. The latest versions of the Rules can be consulted on the IOF webpage <https://orienteering.sport/orienteering/competition-rules/>. Runners are awarded World Cup points as per World Cup 2025 Special Rules.

9.1.1. Knock-out sprint rules clarification and update

The 2025 version of IOF competition Rules for Foot Orienteering do not fully cover all scenarios involving extra athletes in 12.24. The following amendments in red apply:

«In the event of a tie for any qualification place in any round, the tied competitors will all be promoted to the next round. **For the purposes of allocation to the next round, they must be ordered by a coin toss.**»

«One or more extra competitors may be promoted to the next round due to ties or where their failure to qualify was due to something outside of their control. **If automatic allocation is used, the extra competitors must be allocated randomly to the heats of the next round.**»

Qualified competitors choose their quarter-final heat, each heat will temporarily offer 7 starting spots instead of the usual 6. Once the number of extra spots taken equals the number of additional qualifiers, the remaining heats will revert to offering only 6 spots.

If there is more than one extra competitor, they should be spread as evenly as possible across the heats of the next round.»

By 4 June 2025 the Event Supervisory Board (ESB) unanimously accepted a request from IOF Foot Orienteering Commission to update the Heat Selection Order for Knock Out Sprint, valid for World Cup with European Orienteering Championships 2025 and World Cup Finals 2025. Changes in red:

«The qualified competitors will be responsible for choosing their quarter-finals heat in the following order

7th → 12th (i.e. 3H3, 3H2, 3H1, 4H3, 4H2, 4H1),

6th → 1st (i.e. 2H1, 2H2, 2H3, 1H1, 1H2, 1H3) and

13th → 36th (i.e. 5H3, 5H2, 5H1,... 12H1) based on the qualification results.»

9.2. Classes and participation restrictions

There are two classes; Women and Men.

- ▶ All competitors represent a Federation that is a member federation of IOF
- ▶ All athletes must be full passport-holding citizens of the country they are representing
- ▶ Athletes being citizens of more than one country, should represent the only country they have run IOF events for during the current calendar year

9.3. Anti-doping

Doping is strictly forbidden, and the organisers of the EOC/World Cup are dedicated to supporting the Anti-Doping authorities in their work. Doping controls may be carried out any time during the competitions in accordance with the procedures described in the WADA International Standard of Testing and Investigations. The IOF Anti-Doping rules and the World Anti-Doping Code 2025 apply as of 1st of January 2025. Athletes who are selected for doping control must bring an official identification (with photo) to the doping test area. The athlete should also present the personal therapeutic use exemption (TUE) if applicable. In general, it is advisable that athletes take their passport or equivalent ID to all competitions and events. For more information, please consult: <https://orienteering.sport/iof/anti-doping/>.

9.4. Climate

The month of August marks the end of the meteorological summer in Belgium: temperatures already start to decline. The average daytime temperature in Hasselt at the end of August is between 15°C and 20°.

There is a moderate probability of rain, and thunderstorms in the evening.

Commonly used website with weather information for Belgium are:

Website of the Royal Meteorological institute of Belgium. Their app is called 'KMI Weather'.
► <https://www.meteo.be>:

Commercial website, with a first focus on rainshowers. Their app is called 'Buienradar'.
► <https://www.buienradar.be>:

9.5. National quota

All Federations can enter 8 competitors per class in the individual competitions, being the Knock-Out Sprint Qualification and the Sprint Qualification. A Federation may enter any competitor irrespective of her/his position in the IOF World Rankings lists.

There are no personal wild card places.

For the Sprint Relay, a Federation may enter 1 team consisting of 4 competitors (at least 2 women).

9.6. Insurance

The organisers decline any liability that might occur through participation in the IOF World Cup Events and trainings. Each person participates at her/his own risk and is responsible for her/his own insurance coverage (illness and accident).

9.7. Visa

For citizens of the European Union, a valid identity card is a prerequisite for entry into Belgium. Travelers from some countries might require a passport, visa or further documents.

Please check with your local government or Belgian embassy if you need visa permits. More information can be found at <https://diplomatie.belgium.be/en/travel-belgium> and <https://dofi.ibz.be/en>

9.8. Athlete's license

All athletes need to have an [IOF athlete's license](#) to participate at the World Cup races.

9.9. Medical services

First aid will be provided by the Red Cross at the competition arenas. If you need to contact emergency services (police, fire service, ambulance service), the general emergency number in Belgium is 112.

All our stewards in the terrain have an information sheet with the actions needed in case of an emergency. More than 90% of the race areas are surveyed by our steward team during the race.

In case of hot weather, 27°C +, precautions will be taken following instructions of a heat-plan.

9.10. Public transport to quarantine

Although each city is reachable by train, there is potentially a long detour when walking from the train station to the quarantine, avoiding embargoed area. Please send an email to info@eoc2025.be if your team is traveling by public transport to the races.

9.11. Parking near quarantine

There will be dedicated and mandatory parking for each race. There will be guidance from the parking to the quarantine area. See chapter 13 for detailed information for each of the competitions.

9.12. Heavy equipment

Team tents will not be allowed at the finish or start area and not at the quarantines. The organisation will arrange transport for potential large or heavy items from the parking to quarantine area. Please inform the organiser at info@eoc2025.be about the volume and nature of the items before 12:00 the day before the competition.

9.13. Ceremonies

9.13.1. Opening Ceremony

The opening ceremony will take place on Wednesday 27th of August, at 18h00, in the sprint relay arena. All not-quarantined team officials and non-competing athletes in the sprint relay are invited to the ceremony and should delegate one flag-bearer per federation.

The delegate should be present at 17:40 at the podium in the arena. If all competitors and team officials of a federation are in quarantine, the organisation will provide a stand-in.

9.13.2. Flower & medal ceremony

A few minutes after the end of each race, there will be a flower ceremony based on the provisional results for the three best competitors/teams on the stage in the arena which is live broadcasted on TV. Competitors finishing in top-3 should be ready for the ceremony at the finish tent.

After the results are final there is a medal ceremony at the finish area. This is usually 20 minutes after the flower ceremony. The top-6 in each discipline will be called to the podium.



10. Media

10.1. Media accreditation

Accredited media personnel will have access to a Media Centre nearby the arenas of all races (including qualification races). Services for media will include:

- ▶ Working facilities including wifi access and electrical power
- ▶ Displays showing broadcast/arena production
- ▶ Maps / start lists / result lists
- ▶ Coffee/tea
- ▶ Managed access to photo/media zones
- ▶ Managed access to mixed zone

All media personnel must be accredited, accreditation can be picked up at the Event Office.

Contact media@eoc2025.be for more information regarding media at EOC2025.

10.2. Live production

There will be live productions from the final races broadcasted on several National TV stations, and online via <https://tv.orienteering.sport/>.

During the competitions, athletes may encounter camera crews and equipment in the terrain. Athletes may also be followed by a running camera or by camera-drones during the race. TV controls and radio controls are not marked in the control description.

EOC2025 is broadcasted live on the national broadcasting channels in Sweden, Norway, Finland, Austria, Czechia, and via www.eurovisionssport.com accessible in Belgium, Germany, France, The Netherlands and Luxembourg.

10.3. Photo & video disclaimer

The EOC2025 organisation will have its own photographers and will make their pictures available on the website, free of charge.

Please note that photographs and footage will be taken throughout the EOC/World Cup. These will be used by the event organization for marketing and publicity purpose in our publications, on our website and in social media or in any third party publication during and after the competition.

Please contact media@eoc2025.be if you have any concerns or if you wish to be exempted from this activity.



11. VIP & IOF Family



11.1. VIP

A **VIP zone** will be organized for all three finals (VIP tickets are by invitation only).

11.2. IOF Family

A dedicated **IOF Family package** is available for purchase at IOF Eventor or at the Event Office at each race.

Pre-ordered IOF Family packages can be collected at the Event Office.

The IOF Family package costs **€75** (all three finals included).
An IOF Family day package for one race costs **€35**.

This IOF Family Package includes:

- ▶ Access to a dedicated area at all final arenas.
- ▶ Drinks and snacks
- ▶ Race maps at all races

12. General race information



12.1. Punching system

During the EOC2025 competitions, the punching system Emit Touch-Free Pro 3 (TFP3) will be used, the latest touch-free control unit from Emit.

For all runners, two (2) emiTag cards will be provided by the EOC2025 organisation, handed out at accreditation. The two emiTags must be worn on the same wrist. Each team will get a list with emiTag numbers and assignments to their runners.

All emiTags shall be returned per federation to the Event Office in Lier on the last day. For each missing or not returned emiTag € 150 will be invoiced.

All athletes will be able to try out punching during the model event. Note that the punching system is wireless and touch-free, and that there is no need for physical contact between timing chip and control unit. There is no need to hit the control or lean on the control stand. Punching is performed by holding the emiTag 0-30 cm from the punching unit at the control for a short moment. The LED light in the emiTag will start flashing and continue to flash for 5 seconds after the punch. It is essential to notice this flashing, as it is the only indication that the punch is performed correctly.

We recommend to wear the two emiTag cards on two different velcro straps, provided by the organisation, on the same wrist. The athlete can wear the two emiTags on just one strap, but this is at the athlete's own risk and it is not recommended to wear the emiTag this way. The yellow band should be used when using just 1 strap.

There will be two punching units at each control, at both ends of single stand with a control flag.

Control dimensions: 155x85x30 mm

Instructions for competitors about usage of the emiTag can be found at the website of Emit: <https://emit.no/en/support-base/instructions-for-competitors-in-foot-o/>



12.2. GPS tracking

GPS tracking is provided by Loggator and will be shown live online and in the TV Broadcast.

In every race, all competitors shall carry a GPS tracking device carried on the back in a GPS vest / elastic harness. Not wearing the GPS will lead to disqualification of the athlete. The GPS trackers will be provided by the EOC2025 organisation. The size of the GPS Units is 69mm x 39mm x 24mm and the weight is 66g.

Please bring your own GPS vest if you have one. The organization will provide vests in different sizes, they can be obtained at accreditation. All vests borrowed by a team shall be returned by the team official at the Event Center in Lier. Missing GPS vests will be charged for € 50.

Competitors may wear personal or own GPS-enabled devices (such as sports watches) provided that they are not used for communication or navigation.

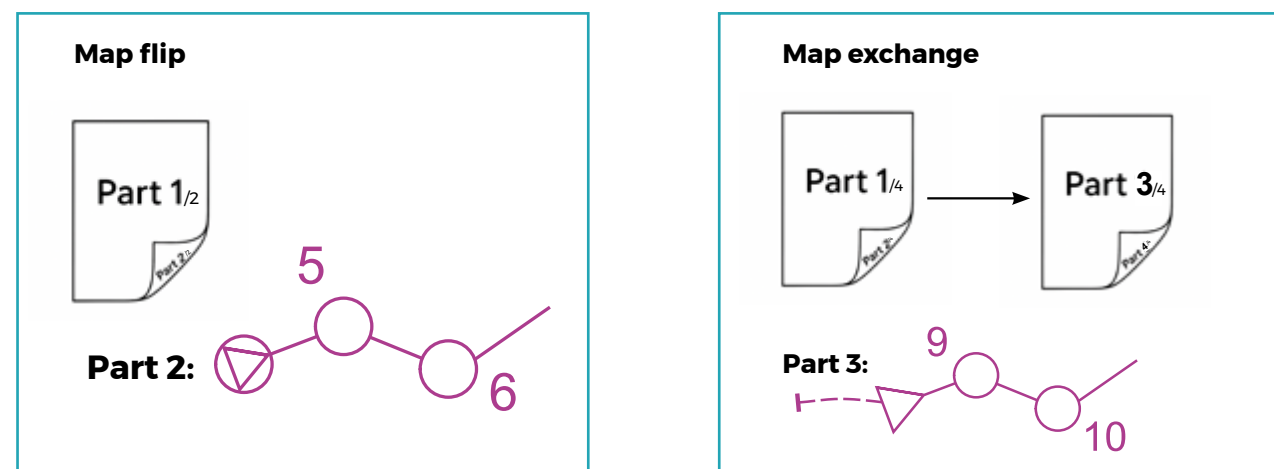
12.3. Map flip & -exchange

There might be a **map flip** at some point along the courses. In case a map flip occurs: the first part is facing upwards at the start. When you reach the last control of part one, you turn the map. On the backside of the map is part two: the location of the last control of part one is marked with **symbol 715** continuing point after map exchange.

There might also be a **map exchange** at some point along the course. A map exchange takes place at a control with the following sequence:

1. Punch the control
2. Follow a mandatory route
3. Drop the old map
4. Take a new map on one of the 2 stands on each side of the mandatory route
5. Follow the mandatory route to the starting point. There will not be a punching control at this starting point. The map pick-up point will be marked on the map.

Control numbers continue after a map flip and map exchange.



12.4. Clothing

Metal spikes or metal dobbled shoes are not allowed. There are no further restrictions on clothing.

12.5. Bib numbers

Competitors will wear race bibs on their front and back for each race. The bib dimensions are 240mm wide x 220mm high. Bibs must not be folded.

Bibs for each race will be distributed in quarantine. Safety pins will be provided by the organiser.



12.6. Refreshments

In the quarantine zone, water and sports drinks (Vitamin Well) will be available. After each race, water and sport drinks (Vitamin Well) will be available.

VITAMIN WELL

12.7. Maps and special symbols

Maps will be printed on the paper *Antius 800* and are waterproof. Maps are printed by SPPRINT in France, certified printer by IOF and a loyal printing partner for ASOM in Belgium since 2015.

SPRINT
SPORT PRINT SOLUTIONS

Maps will not be bagged. All maps are drawn according to ISSprOM 2019-2 v6.

The following special symbols are used:



Symbol 531: *Prominent man made feature* will be used for special man made objects. This is mainly for playground features.



Symbol 530: *Prominent man made feature* is used for eye-catching man-made objects such as artwork (excluding benches / seats / light poles & cairns or monuments).

Symbol 530 (black circle) is also used for temporary control objects, such as prominent EOC-flag.



Symbol 526 : *Cairn, memorial or small monument* is used for statues and monuments.

12.8. Finish timing

For individual-start races, the time is taken when the runners' chest crosses the photocells at the finish line.

For first-to-finish races a photo finish will determine the order at the finish based on the runners chest crossing the finish line.

There will not be a control at the finish line, there will be a white line on the ground.

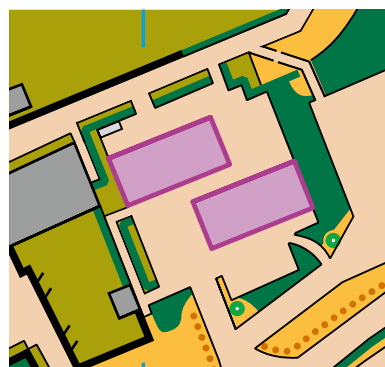
12.9. Artificial barriers and out-of-bounds areas



Artificial barrier - Symbol 708 + 709



Symbol 708



Symbol 714 with a 0.25mm boundary line



Artificial barrier + steward

Artificial barriers may be used in the races. Artificial barriers will always be marked in the terrain with IOF tape. The IOF tape can be attached to metal fences, orange & white cones or poles (on grassy surfaces). These barriers will be on the map using ISSprOM2019-2 symbol 709 (Out-of-bounds area) with symbol 708 (Out-of-bounds boundary) on the side(s) where the barrier(s) is/are located.

At an artificial barrier on a street there will be a stewards with a reflecting red jacket standing in the middle of the barrier of the map. The barrier will be marked with orange & white traffic cones on the ground and IOF-tape on top.

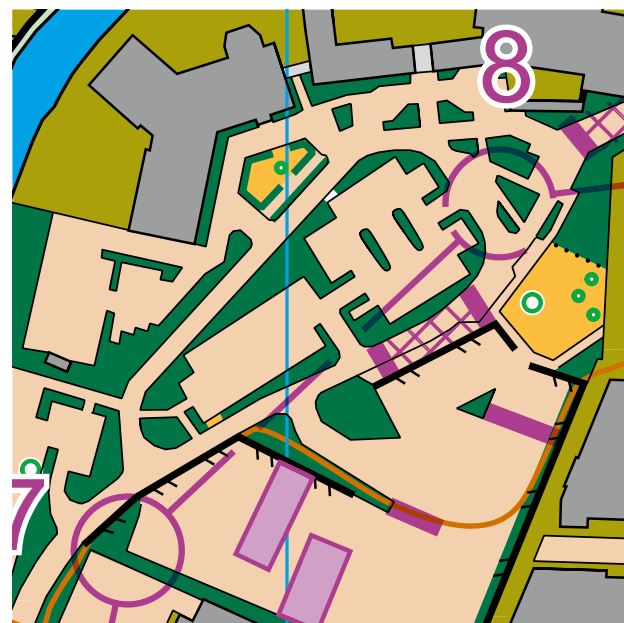
Symbol 708 "Out-of-bounds boundary" is used to mark an out-of-bounds line. This line is fully taped in the terrain with IOF-tape.

Symbol 709 "Out-of-bounds area" is used in combination with 708 "Out-of-bounds boundary" to emphasize a forbidden area. The boundary is drawn on every side runners may run into the out-of-bounds area. In the terrain, this artificial barrier is marked with orange & white cones and/or fences.

The symbol 714 "Temporary construction or closed area" with a boundary of 0.1mm is used to mark outdoor seating areas for restaurants and cafés.

For other artificially closed areas the purple boundary line is 0.25mm.

Examples of artificial barriers and IOF tape will be displayed at the Model Event.



Combination of symbol 708, 709 & 714

12.10. Team officials meeting

There will be two Team Officials Meetings (TOM). These meetings can be attended live at the Event Center (Radisson Blu Hotel in Hasselt). There will also be an online meeting link available so the TOM can be followed remotely. The link will be made available to the Team Officials.

Teams are encouraged to send in any requests or questions by email to info@eoc2025.be at least 3 hours before the start of the TOM so they can be easily handled during the meeting.

Two TOM's are planned:

- ▶ Tuesday the 26th of August at 17:30 at Radisson Blu Hotel Hasselt
- ▶ Saturday the 30th of August at 17:30 at Radisson Blu Hotel Hasselt

Remember that the hotel is at the edge of the quarantine zone: please check the embargo map!

Cars can park at the [Q-Park tweetorenwijk](#). This is an underground parking under the Radisson Blu hotel. Please follow the signs at the underground parking towards the Radisson Blu hotel.

Vans or minibusses higher than 1.85 meters can not park in the underground parking. Parking for vans or minibusses is available at [Parking achter CCHa](#) situated 600m from the Event Center.

12.11. Mandatory routes for non-competing EOC team members

Accredited EOC team members are not allowed in embargoed areas before or during the races, except for the areas specifically mentioned in the bulletin (for example Finish area).

This means that athletes not running the races are only allowed in the finish areas and should always follow the designated routes from parking to arena. Access to the finish areas is only possible after the check-in deadline of quarantine.

It is not allowed for accredited team members to go into the embargoed area during the races and support the runners on the course.

12.12. Prize money

A total amount of prize money of € 13.300 will be awarded by the event organizer to the best men and women in the three competitions:

Sprint Relay

(per team)

- ▶ 1st place - € 1.000
- ▶ 2nd place - € 600
- ▶ 3rd place - € 300
- ▶ 4th place - € 200
- ▶ 5th place - € 200
- ▶ 6th place - € 200

Knock Out Sprint

(For women and men)

- ▶ 1st place - € 1.000
- ▶ 2nd place - € 700
- ▶ 3rd place - € 400
- ▶ 4th place - € 200
- ▶ 5th place - € 200
- ▶ 6th place - € 200

Sprint

(For women and men)

- ▶ 1st place - € 1.000
- ▶ 2nd place - € 700
- ▶ 3rd place - € 400
- ▶ 4th place - € 200
- ▶ 5th place - € 200
- ▶ 6th place - € 200



12.13. Quarantine and quarantine fairness rules

Before each race, there will be a pre-race quarantine for athletes participating in the race. Opening and closing times are mentioned per race in chapter 13, as well as specifics, e.g. in knock-out sprint. In some races, there is also a post-race quarantine. For each race, dedicated quarantine parking have been foreseen. The walk from the parking to the quarantine is no longer than 10 minutes. The quarantines of all races have both indoor and outdoor areas, sufficient toilets will be available.

Upon entering the quarantine, competitors and team officials have to present their EOC2025 accreditation card and check in before the quarantine closing deadline. No-one will be allowed to enter the quarantine area after the deadline.

12.13.1. Quarantine rules

Once the quarantine zone is entered, athletes and team officials must adhere to the following rules.

The violation of quarantine rules by an athlete may result in immediate disqualification:

- ▶ The use of any electronic device, except watches, is forbidden. Watches with eSIM cards are not allowed in quarantine. Mobile phones must be turned off and kept in bags at all times.
- ▶ Athletes and team officials may wear GPS-enabled devices (such as sport watches) provided that they are not used for communication nor navigation.
- ▶ It is not allowed to use any maps after entering the quarantine, except for a warm-up and quarantine map, which will be provided by the organisers in the quarantine.
- ▶ Athletes and team officials are not allowed to communicate with any other person outside the taped area/warm-up zone.

Additional quarantine rules for team officials:

- ▶ Team officials can leave the pre-race quarantine at any time but, once left, they are not allowed to return.
- ▶ Team officials leaving the pre-race quarantine area towards the parking or finish zone need to follow the compulsory route. A map or QR code will be provided upon leaving the quarantine.

The following violations of quarantine rules may result in immediate disqualification of the athlete:

Violation of any of the quarantine rules by a team official may result in sanctions applied to the entire team.

12.14. Late starts and abandoning a race

Competitors that miss their assigned start time are permitted to start. Those who are late for their start time through their own fault will be timed as if they had started at their original allocated start time. Competitors who are late for their start time through the fault of the organiser will be timed from their new start time.

In both cases, the competitor must report to the start staff that he or she is late. They will then be guided through the start procedure and start at the next available half part of the next start interval.

Competitors that abandon the race must report to the finish staff. They should not influence the race of any other competitor.

12.15. Sprint fair play

The IOF, organisers and referees have agreed to trial some additional principles when making decisions on race incidents at EOC2025. These principles will be reviewed after the event to decide whether they should be formally adopted for 2026. The overarching principle is that **a competitor must not take any action intended to obstruct another competitor.**

During each race, competitors must:

- ▶ Not intentionally block, impede, push, trip or shove another competitor.
- ▶ Not intentionally obstruct any competitor who is trying to overtake, including by abruptly or dramatically changing running line.
- ▶ When overtaking, do so without obstructing the competitor being overtaken, and not initiate an overtaking manoeuvre unless there is sufficient room to complete it without obstructing the competitor in front.
- ▶ When running in front of another competitor, indicate how they intend to approach and leave each control.
- ▶ When approaching a control behind another competitor, act according to any indication given by the leading competitor, and not obstruct the leading competitor when punching the control and then turning.

In making decisions, the referees will act in accordance with the following principles:

- ▶ It is each competitor's responsibility to be familiar with the IOF Fair Play Principles and the principles set out above, to act in accordance with them at all times and not to act in an unfair way.
- ▶ Subject to the restrictions set out in the Fair Play Principles and in the principles above, a competitor in front generally has the right to choose their running line.
- ▶ Only in exceptional circumstances should more competitors be advanced to the next round of a Knock-Out Sprint than the number specified in the rules for each round. If a competitor who finished in a qualifying position has breached the rules then they should be disqualified, and the next-placed finisher should advance to the next round instead.
- ▶ If, in exceptional circumstances, more competitors are advanced to the next round of a Knock-Out Sprint than the number specified in the rules, the referee should use their discretion in allocating the additional competitors to heats in the next round in a way that minimises the unfairness to other competitors.

12.16. Referee system

The IOF Foot-O referee system will be used for all races.
(see <https://orienteering.sport/orienteering/competition-rules/>)

The referee at EOC2025 is **Aron Less (HUN)**
The assistant referee is **Jon Cross (GBR)**

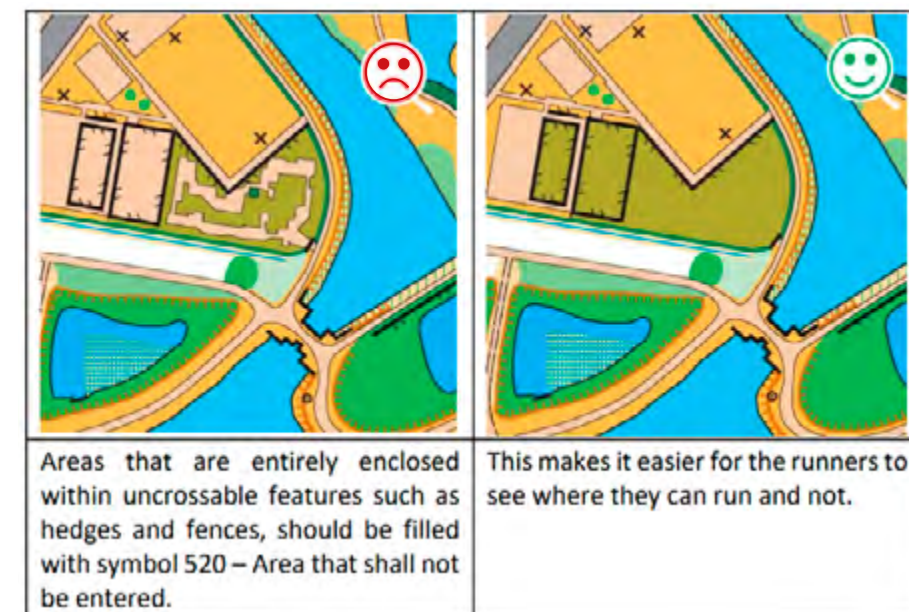
12.17. Lier: Traffic and map information

Map

The IOF Map Commission published the new document "IOF Best Practices for Sprint Mapping" in May 2025. This document contains an example of the confidential map of Lier. 😞
For fairness reasons we put the published map below.

The remarks and smileys on the maps below are from the IOF Map Commission.

You can find the full document on the [IOF website](#)



Traffic information

The City of Lier published a list of all traffic measurements in the city on Sunday during the race. You can find all the information published on the [website of Lier](#).

13. Race information



13.1. Finish areas

Event	Location	GPS coordinates	Google Maps
Model Event	The EOC Model Event will take place in Herentals . Herentals is a 40min drive from Hasselt.	The GPS coordinates of the Model Event start is 51.177406, 4.841383	link
Sprint Relay	The Sprint Relay will take place in Hasselt .	The GPS coordinates of the Sprint Relay Finish area is 50.934400, 5.336878	link
Knock Out Sprint Qualification	The Knock Out Sprint Qualification will take place in Geel . Geel is a 40min drive from Hasselt.	The GPS coordinates of the Knock Out Sprint Qualification Finish area is 51.157834, 4.991333	link
Knock Out Sprint Finals	The Knock Out Sprint Quarter Final, Semi Final and Final will take place in Geel . Geel is a 40min drive from Hasselt.	The GPS coordinates of the Knock Out Sprint Finals Finish area is 51.161126, 4.990346	link
Sprint Qualification and Sprint Final	The Sprint Qualification and Sprint Final will take place in Lier . Lier is a 60min drive from Hasselt.	The GPS coordinates of the Sprint Qualification and Sprint Final finish area is 51.131193, 4.569329	link

Note: All competition areas will be car-free. However, there might still be occasional cars, from residents leaving the area, emergency traffic or others.

Be aware that cycling in general is very popular in Belgium and that you might encounter cyclists and pedestrians along the courses.

13.2. Courses

Event	Team / Class	Winning time	Distance	Controls	Climb
Sprint Relay	Women (1 & 4)	60' / team	~3,7km	19	18m
	Men (2 & 3)		~4,4km	22	18m
KO Qualification	Men 1	9'30"	2,9km	16	2m
	Men 2	9'30"	2,8km	15	2m
	Men 3	9'30"	2,9km	15	2m
	Women 1	9'30"	2,6km	14	2m
	Women 2	9'30"	2,6km	14	2m
	Women 3	9'30"	2,7km	13	2m
KO Quarter Final	Men	6'55"	2,1km	9	2m
	Women	7'45"	2,1km	9	2m
KO Semi Final	Men	6'40"	2,0km	10	2m
	Women	7'30"	2,0km	10	2m
KO Final	Men	7'20"	2,3km	11	2m
	Women	8'10"	2,3km	11	2m
Sprint Qualification	Men 1	13'00"	3,9km	19	5m
	Men 2	12'45"	3,8km	15	5m
	Men 3	12'45"	3,8km	17	5m
	Women 1	13'15"	3,5km	14	5m
	Women 2	13'30"	3,5km	13	5m
	Women 3	13'15"	3,5km	15	5m
Sprint Final	Men	13'45"	4,1km	21	5m
	Women	13'55"	3,6km	18	5m



13.3. Technical Model Event @ Herentals

August 26th – Open between 13:00 and 16:00

Venue: [Helikopterplein, Herentals](#)

General info

During the technical model event athletes can try out the punching system. Controls are identical to the ones used at EOC2025 competitions. The full start and finish setup will be shown.

The map is drawn by the EOC mapper.

The model event will also show how artificial barriers are marked in the terrain and on the map. Taping of out-of-bounds will also be shown.

A setup of a map-exchange during a course will also be showed. There will be no demo of the map-flip.

A map with all controls will be handed out to each accredited athlete and team official.

No other controls than the controls offered by the organisation are allowed in the terrain from 12:30 to 16:00. Other controls in the terrain will be removed.

Map	Herentals
Scale	1/4000
Contour interval	2m
Map Size	A4
Control description size	N/A
Edition	August 2025
Mapper	Karl Vervoort
Course setters	Fabien Pasquasy & Dirk Goossens
Winning time	N/A
Maximum running time	N/A
Start interval	Free start

Terrain

The terrain resembles a lot the terrain of Hasselt, Geel and Lier. This typical Flemish city is completely flat and is built around a main square. There is a mix of schools, parks, shopping areas and both very modern as well as old urban areas. The beguinage, on the outskirts of the city center, is a very interesting area with many small tracks and beautiful historical houses.

Parking

[Helikopterplein, 2200 Herentals](#) or in the Augustijnenlaan.

The route to the Model Event area is marked with blue EOC signs from the parking.



13.4. Sprint Relay

@ Hasselt

August 27th

Venue: [Verbindingsplein, Hasselt](#)

Race format

The Sprint Relay is a relay race with a mass start. The race contains 4 legs (Women-Men-Men-Women). In the Sprint Relay the first and last legs must be run by women.

Course details

Team	Winning time		Distance	Controls	Climb
Mixed Team	60' / team	Women 1 & 4	~ 3,7km	19	18m
		Men 2 & 3	~ 4,4km	22	18m
Map	Hasselt				
Scale	1/4000				
Contour interval	2m				
Map Size	A4				
Control description size	No separate control descriptions, only printed on the maps				
Edition	August 2025				
Mapper	Karl Vervoort				
Course setter	Fabien Pasquasy				
Winning time	60 minutes (15'00" min for each runner)				
Maximum running time	120 minutes per team				

Start time

Mass start is at 19:00

Terrain

The terrain is a typical Flemish city center with a clear city plan and streets in a regular pattern. The terrain is flat and has almost 100% hard surface to run on.

Team parking at quarantine

Quarantine parking is located at the 'Parking Astrid' , [Kon. Astridlaan 65, 3500 Hasselt](#). Parking tickets for each team will be provided in the team bags when collecting accreditation. This code should be scanned at the entrance of the parking. The parking fee is € 2 per hour.

From the quarantine parking, teams have to follow the stewards' instructions to quarantine.

Quarantine is less than 10 minutes walk from the team parking.

Competitors or team officials NOT taking part in the Sprint Relay can use the same parking location but have to follow a [designated route](#) to the finish arena.

Team members are only allowed to reach the finish area after the closing time of quarantine at 17:00!

Team parking at finish

Competitors or team officials NOT taking part in the Sprint Relay can also use the more convenient [public parking 'Quartier Blue'](#) which is adjacent to the finish area (Parking your car here costs € 10 per day).

Quarantine

Quarantine opens at 15:30 and all competitors should be checked in at quarantine at 17:00.

There will be a warm-up map available upon entering the quarantine.

Baggage drop will be near the call-up at quarantine. Baggage will be transported to the team zone in the finish area for pick-up.

Call-up/pre-start is in the quarantine, coaches are not allowed to join athletes after call-up.

Coaches can leave the quarantine at any time after the check-in deadline (17:00). It is possible to walk from quarantine to the finish area, the coaches can scan a QR-code with the google maps directions upon leaving the quarantine.

Start procedure:

Pre-start / call-up for 1st leg runners

The call-up for 1st leg runners in quarantine will be at 18:38. Competitors who are not ready at the call-up time may lose their right to start.

After a bib check, the competitors will be escorted to the pre-start area (ca. 500m). In this pre-start area is space for warm-up. Competitors should wait in this area until their call-up time to arena.

At 18:50, 1st leg runners will be called-up in order of the bib numbers (highest bib first) and rolled map secured with a rubber band. The map should stay rolled up until the start signal. It is the runner's responsibility to check if the bib number on the back of the map matches the bib number of his team, the number will be clearly visible on the rolled-up map. Opening the map or peeking inside the map roll before the start will lead to disqualification.

After the map issue point, the GPS units will be placed in the harnesses of the competitors.

1st leg runners will take their positions according to bib numbers marked on the ground. Bib number assignment is done according to sprint relay results of EOC2023 sprint relay.

Following the commands of the start official, and start gun is used for the start signal. Competitors who start before the start signal will be disqualified.

The start triangle will be marked with a control flag and for 1st leg runners, it will be 100m from the start line. Competitors must follow the marked route to the start point.

Pre-start / call-up for 2nd, 3rd and 4th leg runners

The call-up for the 2nd, 3rd and 4th leg runners in quarantine will be at 18:58 (2nd leg runners), 19:13 (3rd leg runners), 19:28 (4th leg runners). Competitors who are not ready at the call-up time may lose their right to start.

After a bib check, the competitors will be escorted for 500m to the pre-start zone. In this prestart zone there is space for warm-up.

5 minutes before the predicted changeover time of the leading team, the athletes will be given a rolled up map with a rubber band. The map should stay rolled up until the start. It is the runner's responsibility to check if the bib number on the back of the map matches the bib number of the team, the number will be clearly visible on the rolled-up map. Opening the map or peek inside the map roll before the start signal or changeover will lead to disqualification.

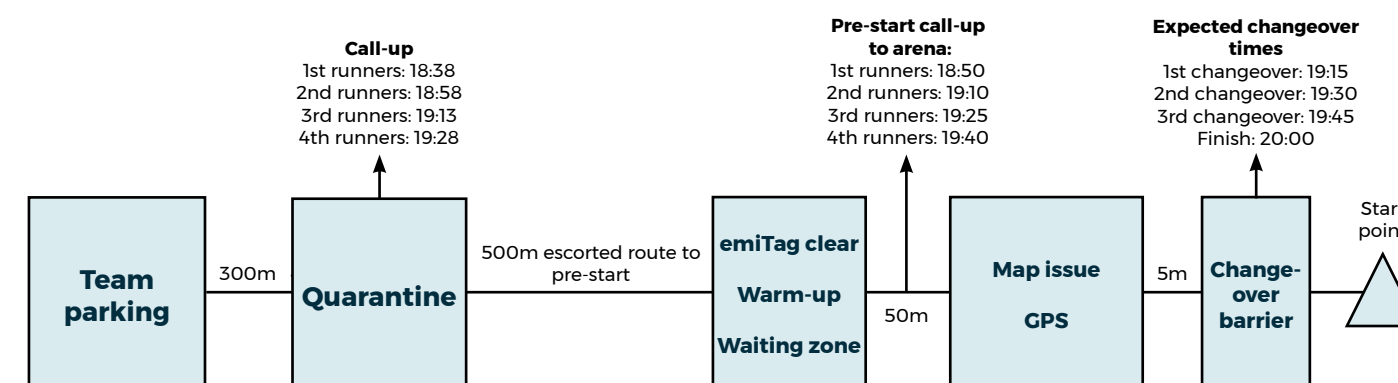
After the map issue point, the GPS units will be placed in the harnesses of all competitors. The competitors now enter the arena with a clear view of the run-in. A screen with the live results will be placed in the start zone. Once a runner can see their teammate, they will be allowed to proceed to the changeover barrier. There will only be about 10 seconds from the incoming teammate can be seen until the changeover. It is the competitor's responsibility to be ready for the changeover.

Changeover procedure:

- ▶ The outgoing competitor enters the changeover area when it is possible to see their incoming teammate
- ▶ The incoming competitor will cross the finish line and continue to the changeover zone
- ▶ The incoming competitor makes physical contact with their outgoing teammate over the changeover barrier
- ▶ The outgoing competitor starts their race following a compulsory route to the start flag for 50m.

Mass start for slower teams

A mass start for 2nd, 3rd and 4th leg runners of slower teams may take place if needed approximately at 19:55. The exact time will be announced well in advance in the waiting area.



Coaching zone

There is an arena passage during the race. A coaching zone will be marked next to the running corridor. Only one accredited person per federation is allowed in the coaching zone. The coaching zone is marked on the cool-down map that can be retrieved at the event office in the finish arena.

Finish and cool-down

Athletes having finished their race are not allowed to go back to the competition area. A cool-down map will show the area allowed for cool-down and rest after the race. This will be handed out after reaching the finish.

Access for non-competing team members

Registered EOC athletes not competing in the Sprint Relay are allowed to visit the arena as spectators during the competition. They must stay in the team zone/cool-down area and they shall follow mandatory routes described in this chapter.

13.5. Knock-Out Qualification @ Geel

August 28th

Venue: [Zwembad, Geel](#)

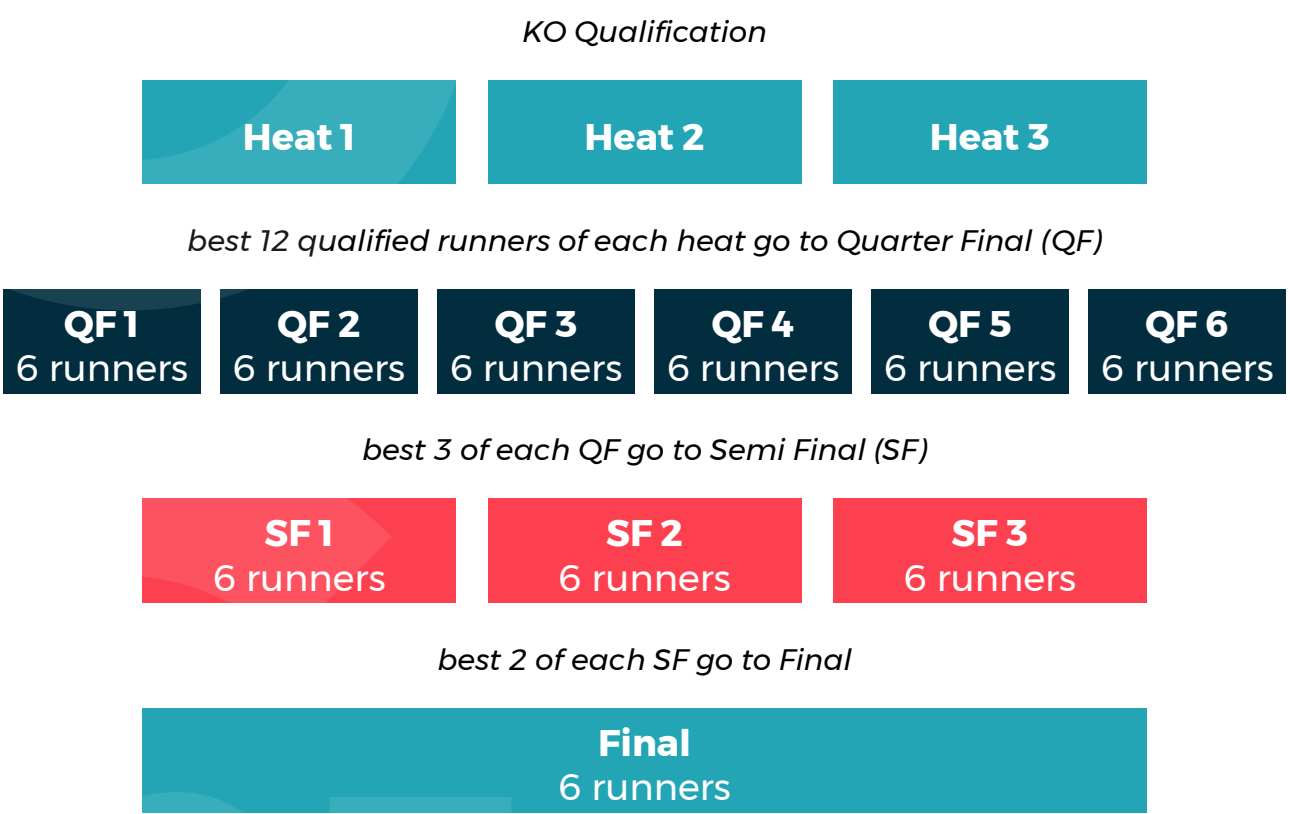
Race format

Qualification race with three heats for each gender. 36 women and 36 men will qualify for the finals on Friday August 29th. The start interval is 1 minute.

Both Men and Women category are divided into 3 different heats: 1, 2 and 3, according to the IOF rules.

Every minute 3 runners start: one runner from heat 1, 2 and 3. The 12 best placed runners from each heat are allowed into the quarter final race.

In case of a tie for a place in the final, all these tied athletes will qualify for the next round.



Course details

Class	Expected winning times	Distance	Controls	Climb
Men 1	9'30"	2,9km	16	2m
Men 2	9'30"	2,8km	15	2m
Men 3	9'30"	2,9km	15	2m
Women 1	9'30"	2,6km	14	2m
Women 2	9'30"	2,6km	14	2m
Women 3	9'30"	2,7km	13	2m

Map	Geel
Scale	1/4000
Contour interval	2m
Map Size	A4
Control description size	48 x 117 (women) / 126mm (men) , also printed on the map
Edition	August 2025
Mapper	Karl Vervoort
Course setter	Dirk Goossens
Winning time	9 minutes 30 seconds
Maximum running time	40 minutes
Start interval	1 minute



Terrain

The terrain in Geel is very diverse. There is the city center with some big squares and a shopping street. In the area are numerous schools that take up a lot of space in the city. The schools have big playgrounds and are surrounded by fences. The city of Geel has many small parks. All courses in the qualification consists of 50% grassy areas and 50% paved areas.

Start times

First start is at 14:00 for Women. The Men's race start after the Women's race has finished.

Team parking

Team parking is located at [Amandus-De-Vosstraat 8, 2440 Geel](#). The parking can be used for free. Walking distance from team parking to quarantine is 10 minutes walking, follow the signs.

Athletes or team officials not taking part in the Knock Out Sprint Qualification race have to follow a [designated route from Parking to Finish arena](#). Access to the arena is only allowed after quarantine closes at 13:00.

Quarantine

Quarantine opens at 11:30 and all competitors must be checked in at quarantine at 13:00.

A warm-up map will be available in quarantine.
Call-up / pre-start is in the quarantine, coaches are not allowed to join athletes after the pre-start.

Athlete bags can be left at the bag drop in the quarantine. Organisers will transport them to the team zone at the arena.

Start procedure

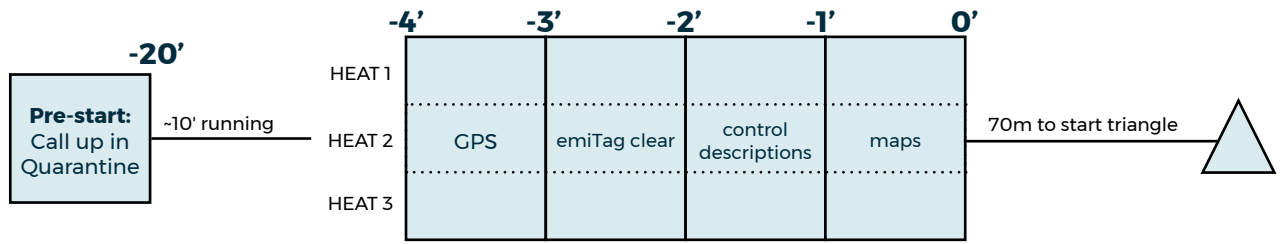
Call-up for the competitors will be 20 minutes before their start. EOC signs and a schematic warm-up map will guide the competitors via a compulsory route to the start area. The start is about 10 minutes of easy running. The way to the start is surveyed by EOC officials. No team officials or non-competing competitors are allowed on the route to start.

Light clothing can be left at the start in a dedicated box, it will be transported to the team zone at the finish after the last start.

There is an emergency toilet right before the -4' box at the start as well as water as refreshment.

Competitors will be called up at -4' before the start to receive the GPS unit.
At -3' the emiTag will be cleared. At -2' control descriptions are available and in the last box. The map front is hidden on the start table, but it is possible for the athletes to check that they will receive the correct course. The course name is written in the footer of the map which is not hidden. The runner can take the map at the end of the count down signal.
It is the responsibility of the runners to get the correct map and control descriptions.

The starting point is marked with a control flag located at 70m from time start. The marked route must be followed.



Coaching zone

There is a coaching zone near the last control. Only one accredited team member per federation will be allowed in this area.

Finish and cool-down

Athletes having finished their race are not allowed to go back to the competition area. A cool-down map will show the area allowed for cool-down and rest after the race. This will be handed out after reaching the finish.

Team zone

Small tents will be available in the team zone.

When leaving the arena back to the team parking to pick up cars, follow the [designated route](#). Leaving the team zone / finish area is not allowed before the last competitor has finished. It is possible to walk back to the parking take the car and pick up the other team members at the arena.
[change with printed bulletin: the designated route above should be followed].

Heat selection

The heat allocation for the knock-out finals will be based on competitors' own heat selection. Competitors' heat selection will take place at the finish area approximately at 16:00. If a competitor is not present at the time of the heat selection, the competitor will lose her/his right to select the heat.

See chapter 9.1.1 for a more detailed overview of what changed to the heat allocation rules.

Access for non-competing team members

Registered EOC athletes not competing in the qualification race, are allowed to visit the arena as spectators during the competition. They must stay in the team zone/cool-down area and they shall follow mandatory routes described in this chapter.

13.6. Knock-Out Finals

@ Geel

August 29th

Venue: [Markt, Geel](#)

Race Format

Knock-Out Sprint Finals (quarter-final, semi-final and final). The competition will be conducted according to rule 12.26. The elimination round courses won't have forking/splitting systems.

Course details

Final	Class	Expected winning times	Distance	Controls	Climb
Quarter Final	Men	6'55"	2,2km	9	2m
	Women	7'45"	2,2km	9	2m
Semi Final	Men	6'40"	2,0km	10	2m
	Women	7'30"	2,0km	10	2m
Final	Men	7'20"	2,3km	11	2m
	Women	8'10"	2,3km	11	2m
Map		Geel			
Scale		1/4000			
Contour interval		2m			
Map Size		A4			
Control description size		48 x 105/111mm , also printed on the map			
Edition		August 2025			
Mapper		Karl Vervoort			
Course setter		Dirk Goossens			
Winning time		6-8 minutes			
Maximum running time		15 minutes			
Start interval		Mass start			

Terrain

The terrain in Geel is very diverse. There is the city center with some big squares and a shopping street. In the area are numerous schools that take up a lot of space in the city. The schools have big playgrounds and are surrounded by fences. The city of Geel has many small parks. Quarter Final, Semi Final and Final have around 80% paved areas and 20% grassy surfaces.

Start times

	Class	First start	Last start	Start interval
Quarter Finals	Women	13:24	13:54	6 min
	Men	14:00	14:30	6 min
Semi Finals	Women	15:38	16:02	12 min
	Men	16:16	16:40	12 min
Finals	Women	16:59	/	/
	Men	17:13	/	/

Team parking

Team parking is located at [Amandus-De-Vosstraat 8, 2440 Geel](#). The parking can be used for free. Walking distance from team parking to quarantine is 10 minutes walking, follow the signs.

Athletes or team officials not taking part in the Knock Out Sprint Finals have to follow a [designated route from Parking to Finish arena](#). Access to the arena is only allowed after quarantine closes at 13:00.

Quarantine

Quarantine opens at 11:00 and all competitors should be checked in at quarantine at 12:30.

The athletes are considered being in quarantine from their arrival at the quarantine for the quarter-final until they leave the competition when having been knocked out or after the final round.

There will be a pre-race and a post-race quarantine. All competitors that still have to start in a round (quarter-finals, semi-finals and finals) have to stay in the pre-race quarantine. There will be a designated bag drop location for transport of bags from pre- to post-race quarantine. All competitors no eliminated

Call-up will happen in groups of 6 runners, which are then guided to the pre-start location. Call-up is in the quarantine, coaches are not allowed to join athletes after call-up.

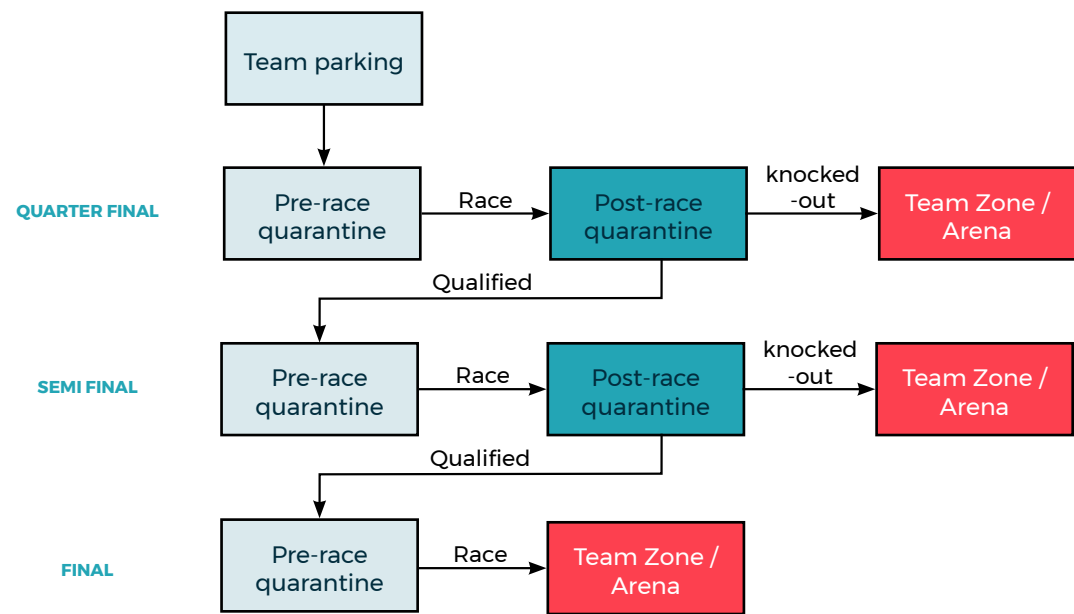
When a competitor arrives at the finish after his race, there is a mandatory route to the post-race quarantine.

The post-race quarantine will have possibility to do cool-down running. Runners qualified for the next round must remain in the post-race quarantine. Once all races of a round are done, competitors that are qualified for the next round will be called-up at the post-race quarantine and are guided to the pre-race quarantine. Even when knocked-out, competitors are allowed to stay in the post-race quarantine. Once a competitor leaves the post-race quarantine, he/she will not be allowed to return.

Quarantine (continue)

Team coaches are allowed in pre-race quarantine. They can leave the pre-race quarantine by following a marked route to the finish area or to the post-race quarantine. Once a team official has left the pre-race quarantine, they can not go back to pre-race quarantine during the current round. When athletes are called up for the next round of pre-race quarantine, coaches can join their athletes in pre-race quarantine again. One warm-up map will be available for both quarantines, it can be picked up when entering quarantine.

Quarantine flow during finals



Quarantine opening hours

The opening hours and the check-in deadline for the quarantine are as follows. The first and last start for each round is also given.

	Class	Pre-race quarantine opens	Pre-race quarantine check-in deadline	First start	Last start
Quarter Finals	Women	11:00	12:30	13:24	13:54
	Men	11:00	12:30	14:00	14:30
Semi Finals	Women	14:30	15:00	15:38	16:02
	Men	14:45	15:00	16:16	16:40
Finals	Women	16:45	16:50	16:59	/
	Men	16:50	16:55	17:13	/

Start procedure

Call-up times at the pre-start will be different for each elimination round. GPS units will be placed in the harness by an official just before the call-up in quarantine. Only in the quarter final, the GPS will be handed out at -4'. Two EOC officials will guide the competitors to the start area: one official in the front and one in the back of the group, athletes should stay in between the 2 officials and follow their instructions. No communication with other, non-competing persons is allowed during the way to the start except for the EOC officials. The organiser has taken precautions (stewards and fences) to prevent unwanted influences from others.

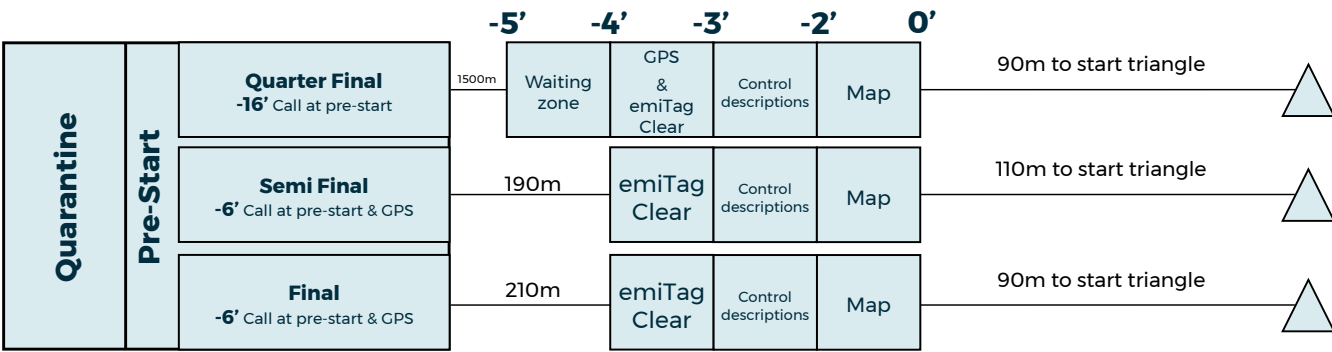
Clothing can be left at the start of the quarter final, it will be transported to the post-race zone at the finish after the last start.

One emergency toilet near the start of the quarter final. There will be no toilet at the start of the semi final and final.

At -4 minutes, the emiTags will be cleared.
At -3 minutes control descriptions will be handed out.

For the **quarter final**, maps will be put on top of starting boxes with each starting box holding 1 map. Each competitor is standing at a box. On the start signal, maps can be taken.

For the **semi final** and **final**, rolled-up maps with a rubber band will be given to the athletes at -2 minutes. They will be escorted to the starting line. X-marks on the ground will mark the spot for each athlete to stand. The start officials will line-up the competitors in the same order as on the start list. The runner can take the map at the sound of the start signal.



Map

In the semi final and final there will be a **map flip**. The map of part 1 will be facing outwards on the rolled up map. The control description will be visible, making it clear which side is part 1.

Coaching zone

There is no coaching zone at the Knock-out finals. Coaches can meet the competitors immediately after their race in the post-race quarantine.

Finish and cool-down

See the section about quarantine to read how the post-race quarantine is organised.

13.7. Sprint Qualification @ Lier

August 31th

Venue: [Markt, Lier](#)

Race format

Sprint qualification race with three heats for each gender. 45 women and 45 men will qualify for the finals in the afternoon. 15 athletes are qualified from each heat. The start interval is 1 minute.

In case of a tie for a place in the final, all these tied competitors wil qualify for the final.

Course details

Class	Expected winning times	Distance	Controls	Climb
Men 1	13'00"	3,9km	19	5m
Men 2	12'45"	3,8km	15	5m
Men 3	12'45"	3,8km	17	5m
Women 1	13'15"	3,5km	14	5m
Women 2	13'30"	3,5km	13	5m
Women 3	13'15"	3,5km	15	5m

Map	Lier
Scale	1/4000
Contour interval	2m
Map Size	A4
Control description size	48 x 117/132mm , also printed on the map
Edition	August 2025
Mapper	Karl Vervoort
Course setter	Fabien Pasquasy
Winning time	13 minutes
Maximum running time	50 minutes
Start interval	1 minute



Terrain

The city of Lier has an old city center. It offers diverse and challenging terrain with narrow, winding alleyways and wider streets. The city has cobblestone streets and market squares. The town has small parks, a river and also the ‘Vesten’ surrounding the city. The Vesten is a defensive fortification around the city that can still be seen today. It offers a mix of forest, grassy slopes and pathways. The Sprint Qualification courses have 75% paved surface and 25% grassy surface.

Start times

The first man is starting is at 9:30. The Women's race start after the men's race has finished.

Team parking

Team parking is located at the ‘[Randparking De Mol - P1](#)’, Aarschotsesteenweg 1, 2500 Lier. Quarantine is located 100m from team parking.

This parking is free of charge and reserved for teams. Follow the stewards guidelines when parking. Cars and minibusses can stay here all day, until after the EOC party.

Quarantine

Quarantine opens at 7:00, the last check-in deadline in quarantine is at 8:45.

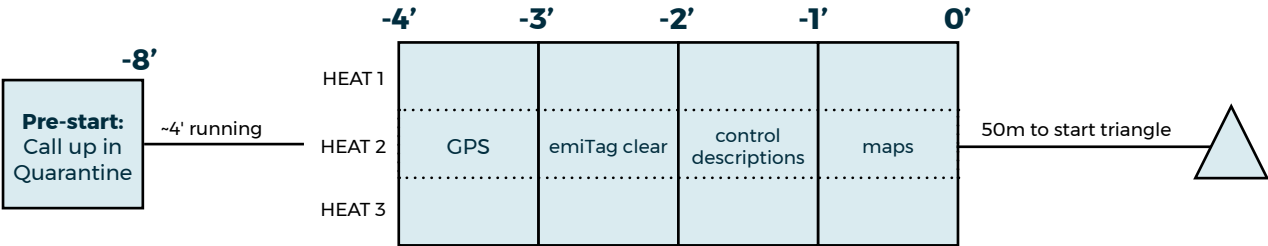
There will be a warm-up map available upon entering the quarantine.

Athlete bags can be left at the bag drop in the quarantine. Organisers will transport them to the team zone at the arena.

Call-up/Pre-start is in the quarantine, coaches are not allowed to join competitors after call-up.

Start procedure

After call-up, the competitor must follow a short, marked route to the first box (4 minutes easy running). One emergency toilet near the start at -4 min. At -4 min the GPS unit will be placed in the competitor’s harnesses and bib numbers will be checked. At -3 min the emiTags will be cleared, and control descriptions are available in the next box at -2 min. In the last start box, the maps will be ready on a table for the athletes at the start line. The runner can take the map at the end of the count down signal.



Map flip

The map front is hidden on the start table, but it is possible for the athletes to check that they will receive the correct course. It is the responsibility of the runners to get the correct map and control descriptions. There is a map flip during the race. The last control on the first side of the map is identical to the first control on the other side of the map. At the bottom of the map, the first part is named “Part 1” and the second part is named “Part 2”, both written in the footer of the map.

Coaching zone

There will be a coaching zone towards the last control.

Finish and cool-down

Athletes having finished their race are not allowed to go back to the competition area. A cool-down map will show the area allowed for cool-down and rest after the race. This will be handed out after reaching the finish.

Team zone

The team zone in the finish area is both indoors as outdoors. Food is available in the finish area, both offered by the organisers as offered by several restaurants and pubs on the main square.

There will be a mandatory route back to the parking after the race. This mandatory route will only open after the last finish of the qualification.

A QR code on the cool-down map will show the mandatory routes back to the Quarantine or Team Parking.

Competitors not qualified for the sprint final are allowed to stay in the team zone and finish area. They can, however, not leave the area marked on the cool-down map.

The only route back to the team parking is the route shown by the QR code on the cool-down map, the route can be taken after the qualification race has finished.

Food in quarantine

Food from Foodmaker will be for sale at the finish area and can be taken back to quarantine.

In the quarantine, between 12:00 & 13:00, snacks, soup & drinks are for sale in a restaurant near quarantine.

EOC Tour

The last race of EOC Tour is taking place in the same area as the Sprint Qualification. EOC athletes and team officials are not allowed to compete in this EOC Tour race in Lier.

Access for non-competing team members

Going from the team parking or quarantine to the finish area is only possible by escort. Every 10 minutes, an EOC official leaves at the entrance of the quarantine to go to the finish area. Not following the instructions of the official may result into sanctions for the whole team. First escort is at 8:45. Limited places in the baggage transportation cars are also available. Please ask the responsible at the baggage drop in quarantine for more information.

13.8. Sprint Final @ Lier

August 31th

Venue: Markt, Lier

Race format

Sprint distance with 1:30 minute start interval. The 15 best ranked in each qualification heat participate. The starting order is determined by the qualification results.

Course details

Class	Expected winning times	Distance	Controls	Climb
Men	13'45"	4,1km	21	5m
Women	13'55"	3,6km	18	5m
Map	Lier			
Scale	1/4000			
Contour interval	2m			
Map Size	SRA4 (slightly bigger than A4)			
Control description size	48 x 132/141mm , also printed on the map			
Edition	August 2025			
Mapper	Karl Vervoort			
Course setter	Fabien Pasquasy			
Winning time	13 minutes 45 seconds (men), 13 minutes and 55 seconds (women)			
Maximum running time	50 minutes			
Start interval	1 minute 30 seconds			

Terrain

The city of Lier has an old city center. It offers diverse and challenging terrain with narrow, winding alleyways and wider streets. The city has cobblestone streets and market squares. The city has small parks, a river and also the 'Vesten' surrounding the city. The Vesten is a defensive fortification around the city that can still be seen today. It offers a mix of forest, grassy slopes and pathways. The Sprint Final has around 90% hard surface and 10% grass.

Start times

Estimated first start is at 15:15 for Men, Last start is at 16:21.
The last woman starts at 17:34, therefor the first women will start at a estimated time of 16:34.

Team parking at quarantine

Team parking is located at the 'Randparking De Mol - P1', Aarschotsesteenweg 1, 2500 Lier. This parking is free of charge and reserved for teams. Follow the stewards guidelance when parking. Cars and minibusses can stay here all day, until after the EOC party.

Quarantine

Quarantine opens at 12:00, the last check-in deadline in quarantine is at 13:00.

There will be a warm-up map available upon entering the quarantine.

Athlete bags can be left at the bag drop in the quarantine. Organisers will transport them to the team zone at the arena.

One emergency toilet near the start at -4 min.

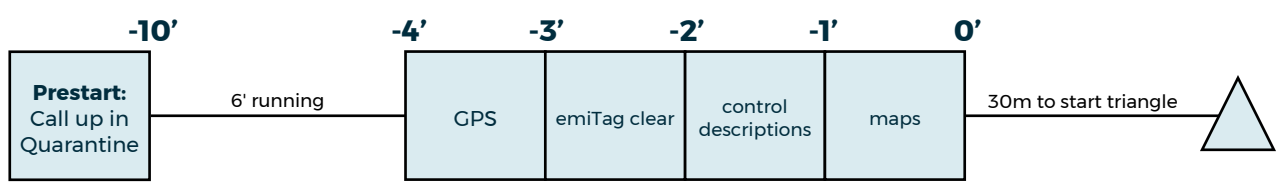
Call-up/Pre-start is in the quarantine, coaches are not allowed to join competitors after call-up.

Start procedure

After call-up, the competitor must follow a short, marked route in the first box (6 minutes easy running). One emergency toilet near the start at -4 min.

At -4 min the GPS unit will be placed in the competitor's harnesses and bib numbers will be checked. At -3min the emiTags will be cleared, and control descriptions are available in the next box at -2 min. In the last start box, the maps will be ready on a table for the competitor at the start line. The runner can take the map at the sound of the start signal.

From the time start competitors need to follow a 30m route to the start flag.



Start timing

A start gate and clock are used. A beep and a visible start clock will indicate the countdown. The start beep starts at -5 seconds. At the start beep, the competitor takes the map, which is under a cover on a start table. The exact start time is measured with a start gate which the runner opens with his/her leg when starting the race. It's allowed to start between -3 and +3 seconds of the given start time. A runner starting more than 3 seconds after the given start time will get the allocated start time instead of the gate time.

Map flip & map exchange

The map front is hidden on the start table, but it is possible for the athletes to check that they will receive the correct course. It is the responsibility of the runners to get the correct map and control descriptions.

There is a map exchange and a map flip for the women's race. The men's race will have a map exchange and 2 map flips.

For the map flip the last control on the first side of the map is identical to the first control on the other side of the map. At the bottom of the map, the first part is named "Part 1" and the second part is named "Part 2", both written in the footer of the map.

There will also be a **map exchange** at some point along the course.

A map exchange takes place at a control with the following sequence:

1. Punch the control
2. Follow a mandatory route
3. Drop the old map
4. Take a new map on one of the 2 stands on each side of the mandatory route
5. Follow the mandatory route to the starting point. There will not be a punching control at this starting point. The map pick-up point will be marked on the map.

Control numbers continue after a map flip and map exchange.

Coaching zone

There will be a coaching zone during the race and at the run-in, close to the last control. The coaching zones will be clearly indicated on the cool-down map, available at the team zone.

Finish and cool-down

Athletes having finished their race are not allowed to go back to the competition area. A cool-down map will show the area allowed for cool-down and rest after the race. This will be handed out after reaching the finish.

Team zone

The team zone in the finish area is both indoors as outdoors. Food is available in the finish area, both offered by the organisers as offered by several restaurants and pubs on the main square.

Coaches and non-competing team members route to finish area

Coaches and non-competing team members going from the qualification quarantine to the finish area can only travel there by escort by an EOC-official. Every 10 minutes, an EOC official leaves the quarantine to go to the finish area, coaches that wish to leave the quarantine have to follow this official until arrived in the team zone at the finish. Not following the instructions of the official may result into sanctions for the whole team.

First escort is at 8:45.

Limited places in the baggage transportation busses are also available. Please ask the responsible at the baggage drop in quarantine for more information.



14. EOC Tour

EOC²⁵ TOUR

14.1. General info

From August 27 to 31, 2025, spectators will have the unique opportunity to immerse themselves in the finest urban orienteering experiences Belgium has to offer, right in the heart of the action at the European Orienteering Championships.

In 2025, ASOM reaches its 10th anniversary, and the occasion will be commemorated with an extraordinary 5-day orienteering festival during EOC. This unique celebration brings together the two most cherished activities for any orienteer: Running an orienteering competition and cheering/watching elite orienteers doing their orienteering course and fighting for European champion titles.

The program features a variety of Sprint Orienteering events and extended Urban City Races. These races are strategically aligned with the EOC races, ensuring that spectators minimize travel and have the chance to witness the EOC races live either before or after their own race.

Date	Location	Event
Wednesday 27-08-2025	Hasselt	Urban Sprint
Thursday 28-08-2025	Hasselt	Urban Long
Friday 29-08-2025	Geel	Urban Sprint & Indoor Race
Saturday 30-08-2025	Herentals	Urban Long
Sunday 31-08-2025	Lier	Urban Sprint

Check the latest info at www.eoc2025.be/tour.



14.2. Participation in EOC-Tour

Accredited EOC competitors and team officials can participate in the EOC Tour. The participation is included in their EOC accreditation.

To enter a course, go to the EOC Tour Event Office at the EOC Tour arena with your EOC-accreditation to register.

This is a personal entry and it is not transferable to other persons.

At each EOC-Tour race (except Sunday) there is a separate ELITE course available for EOC athletes.

The winning time for the Elite course at EOC tour is 15 minutes, also on days where other classes have an urban long distance race.

- ▶ Friday 29-08-2025: athletes qualified for the Knock-Out finals cannot participate to EOC Tour.
- ▶ Sunday 31-08-2025: no participation to EOC Tour possible.

Course	Category	Scale	Day 2 & 4	Day 1, 3 & 5
1	M Elite	1/4000	4200m	4200m
2	W Elite	1/4000	3600m	3600m
3	M Open M Junior -20	1/4000	10000m	3800m
4	W Open	1/4000	8500m	3500m
5	M Vet 40+	1/4000	9500m	3700m
6	M Supervet 55+	1/4000	8500m	3200m
7	W Vet 40+	1/4000	7800m	3100m
8	W Junior -20 M Ultravet 65+	1/4000 1/3000	7200m	3100m
9	M Youth -16 W Supervet 55+	1/4000	6500m	3000m
10	W Youth -16 W Ultravet 65+	1/4000 1/3000	5200m	2600m
11	M/W Hypervet 75+	1/3000	3000m	2500m
12	M/W Children -12	1/3000	2500m	2000m
13	City Run	1/4000	6000m	4000m



15. Partners & Sponsors

Thanks!

A heartfelt thank you goes out to our partners and sponsors for their support of EOC2025.

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