



Bulletin 1+2
WORLD CUP 2026
ROUND 2
Skara - Lidköping, Sweden
28.5 - 31.5.2026



www.orienteeringworldcup.se & info@orienteeringworldcup.se



Magnus Södervall, Event Director

Dear athletes, ladies and gentlemen,

It is a great pleasure to welcome you to the Orienteering World Cup in Skara and Lidköping in May 2026. Together with the people of Skaraborg, we look forward to hosting an event that combines world-class competition with genuine hospitality.

The competitions offer exciting, challenging and varied orienteering through our historic town centres. You will be tested both physically and technically – while experiencing the very best of what our cities have to offer.

We also hope you'll take the chance to explore the region beyond the map. With its rich history, welcoming communities and bright early summer days, Skaraborg offers much more than just sport – it offers memorable experiences.

Our goal is to deliver fair and thrilling races in a professional yet friendly environment. With support from local municipalities, partners and volunteers, we are doing our utmost to ensure a smooth and enjoyable stay for all participants.

We are proud to be part of the 2026 World Cup – and to share this unique moment with the international orienteering community.

Welcome to Skara and Lidköping. We look forward to meeting you!

Warm regards,
Magnus Södervall
Event Director, World Cup Skara & Lidköping 2026

EVENT ORGANIZER

Executive Team

Event Director	Magnus Södervall
Sport Director	Johan Liderud
Technical Director	Johan Käll
Head of Courses	Magnus Sundmark

Event Advisors

IOF Senior Event Adviser	Flemming Joergensen (DEN)
IOF Assistant Event Adviser	Helge Lang Pedersen (DEN)
National Controller	CG Strutz (SWE)

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WORLD CUP 2026

The World Cup 2026 consists of the following competitions.

Date	Format	Venue	Country
24 April	Sprint	Locarno	Switzerland
25 April	Sprint Relay	Locarno	Switzerland
26 April	Knock-Out Sprint	Locarno	Switzerland
28 May	Knock-Out Sprint	Skara-Lidköping	Sweden
30 May	Sprint	Skara-Lidköping	Sweden
31 May	Sprint Relay	Skara-Lidköping	Sweden
6 August	Long	Vyšší Brod	Czechia
8 August	Middle	Vyšší Brod	Czechia
9 August	Relay	Vyšší Brod	Czechia
24 September	Long	Druskininkai	Lithuania
26 September	Middle	Druskininkai	Lithuania
27 September	Relay	Druskininkai	Lithuania



Foto: Tero Marjamä, SOFT

In the individual World Cup, athletes are awarded World Cup points as per 2026 World Cup special rules, where winners of individual races receive 100 point and top 40 are rewarded.

The Teams World Cup points are awarded according to 2026 World Cup special rules, where relays are most important and counted together with the sum of the scores in the individual races.

BULLETIN 3 and 4

Bulletin 3 will be published by 28th of March, and will be available at IOF Eventor and on www.orienteering-worldcup.se.

Final details will be released in Bulletin 4 upon arrival, and will be available at the Event Centre, IOF Eventor and on www.orienteering-worldcup.se.



SKARA and LIDKÖPING

We warmly welcome all orienteering enthusiasts to our cities for the World Cup competitions from May 28 to May 31, 2026. It is a true honor for us in Lidköping and Skara to host such a spectacular event as the Sprint World Cup and to showcase our beautiful cities to everyone visiting next year. You can look forward to unforgettable days filled with exciting competitions, lively crowds and a buzzing atmosphere in the streets.

Lidköping and Skara are two historic towns in the heart of Västergötland – a region rich in natural beauty, cultural heritage and family-friendly experiences. Here, you'll find scenic hiking trails, charming small-town life, ancient monuments and captivating destinations waiting to be explored. [Read more.](#)

Skara

Skara is a thousand-year-old city where history meets culture and nature. Stroll down cobblestone streets, visit the grand Skara Cathedral and the Västergötland Museum or dive into a Book Adventure with the kids. Art treasures, cozy shops, and unique boutiques await. Just outside the city, you can explore the medieval site of Kata Gård, the majestic Varnhem Abbey Church and the beautiful Valle area. Don't miss the natural spectacle of the cranes at Lake Hornborga. For a summer family adventure, Skara Sommarland offers water fun and amusement rides for all ages.

Lidköping

Located by the shores of Lake Vänern, Lidköping offers stunning natural experiences. Hike the unique Hindens Rev, paddle through the archipelago of Eken or explore the blooming mountain Kinnekulle and its hiking trails. The charming town center is full of cozy cafés and boutique shops, set in picturesque surroundings. Discover Sweden's porcelain history at the Rörstrand Museum or venture out to Kållandsö to visit the fairytale-like Läckö Castle and Spiken – Europe's largest freshwater fishing harbor.

Welcome to the Orienteering World Cup 2026 at Skara-Lidköping



Foto: Lukasz Warzecha/Westsweden.com

SKARABORG

-the region between the lakes Vättern and Vänern

Lidköping and Skara are two charming small towns situated in the heart of the Skaraborg region in Sweden.

In Skaraborg, grounded traditions meet forward-thinking innovation. This region leads the way in green and technological transformation through bold entrepreneurship, strong industry, and sustainable farming – all rooted in generations of knowledge and deep respect for nature. Here, career opportunities are balanced with a safe and simple everyday life, where children bike to school and nature is always close by.

Skaraborg is on its way to becoming Sweden's fourth largest labor market, attracting both new and long-established companies. Universities and innovation hubs secure talent and support growth, particularly in game development. With its strategic location near major cities, Skaraborg offers a rich life filled with culture, outdoor activities, and community for all ages. Locals and visitors can enjoy medieval castles, local food, art, and adventures in a unique landscape.

Collaboration, curiosity, and warm hospitality define Skaraborg – a place where people, dreams, and ideas are always welcome. It's no wonder so many choose to stay – or move here.



TERRAIN LIDKÖPING

Lidköping features a clearly structured urban layout shaped by both historical and modern influences. The city is naturally divided by the Lidan River, which runs through the center and creates a distinctive east–west split. On the eastern side lies the older part of the city, characterized by a 17th-century grid plan with dense, low-rise blocks, classic stone buildings, inner courtyards, and narrow alleyways. Several open squares and visual landmarks, such as the tall city hall tower, anchor the area.

The western side, once known as the “new town,” has a more expansive layout with wider streets, modern architecture, and a mix of residential and commercial buildings. Green spaces, parks, and footpaths are well integrated, allowing for smooth movement between different parts of the city.

In the outer areas, development becomes more open, often in the form of residential neighborhoods with organic street patterns and patches of natural landscape. Here, the transition between urban and rural is more pronounced, and the varied terrain, building types, and spatial openness create shifting visual conditions that influence both visibility and navigability.



Arena Lidköping: 58.503522, 13.157846
[Link to Google Maps](#)

ARENA
ALL FINALS



ARENA
SPRINT & RELAY

Arena Skara: 58.386173, 13.439577
[Link to Google Maps](#)

Foto: Patrik Borgenhard

TERRAIN SKARA

Skara offers a small-scale and interesting urban environment, where the medieval street layout still defines much of the city center. Narrow, winding streets weave between older wooden houses and low stone buildings, often revealing inner courtyards and small green spaces hidden behind façades. At the heart of the city rises the impressive cathedral, whose towers are visible from afar and serve as a natural point of reference.

Beyond the historic core, the cityscape transitions into more open residential areas with clearly defined blocks and more modern buildings—low-rise apartment complexes, row houses, and detached homes. Green corridors, parks, and pedestrian paths connect these neighborhoods, creating an urban structure that is both readable and varied. The compact size of the city, along with distinct landmarks and a mix of building types, makes it easy to find your way—yet it also presents challenges when navigating shifts in terrain and lines of sight.

EVENT PROGRAM MAY 2026 (Preliminary)

TUESDAY 26TH

14.00-20.00 Event center open

WEDNESDAY 27TH

10.00-20.00 Event center open

Model event map accessible for training in Skara

14.00-17.00 Technical model event in Skara

18.00 Team Officials´ Meeting (Knock-out Sprint)

THURSDAY 28TH - KNOCK-OUT SPRINT

09.00 Knock-out Sprint qualification in Lidköping

Afternoon/Evening Finals in Lidköping

After competition Prize Giving Ceremony

FRIDAY 29TH

Model event map accessible for training in Skara

14.00-20.00 Event center open

18.00 Team Officials´ Meeting (Sprint and Sprint Relay)

SATURDAY 30TH - SPRINT

10.00-14.00 Event center open

Afternoon/Evening Sprint in Skara

After competition Prize Giving Ceremony

SUNDAY 31TH - SPRINT RELAY

10.00-14.00 Event center open

Afternoon/Evening Sprint Relay in Skara

After competition Prize Giving Ceremony

SPECTATOR RACES

FRIDAY 29TH

17.00 Spectator race 1

Sprint in Lidköping

SATURDAY 30TH

08.30 Spectator race 2

Sprint at the amusementpark,

Skara Sommarland

SUNDAY 31TH

10.00 Spectator race 3

Sprint in Skara

EVENT CENTER

The Event Center is located in the Vilan area of Skara, inside the well-known Skaraborgen at the sports hall.

Vilan is a vibrant sports district featuring an ice rink, swimming pools, athletics arena, and fields for handball and football. Some accommodation options are available nearby – perfect if you want to stay close to the event center.

At the Event Center, you'll find all the support and services you need during the competitions. Opening hours can be found in the event program above.

MEDIA

Journalists, photographers, camera personnel and social media content creators are welcomed. More information and inquiries, www.orienteringworldcup.se and kommunikation@orientering.se

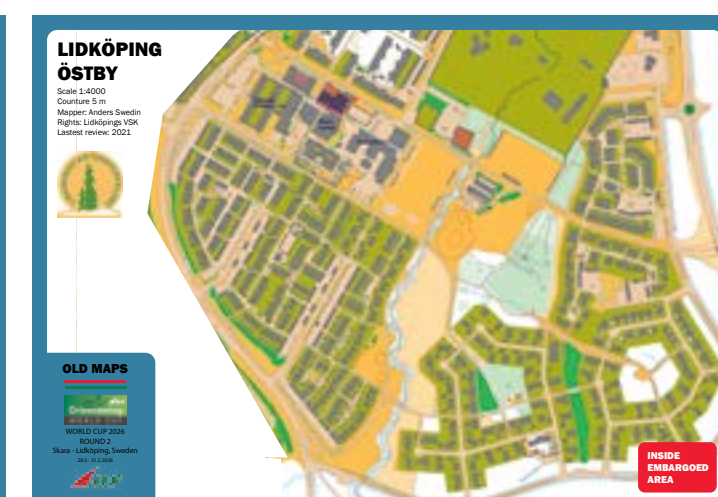
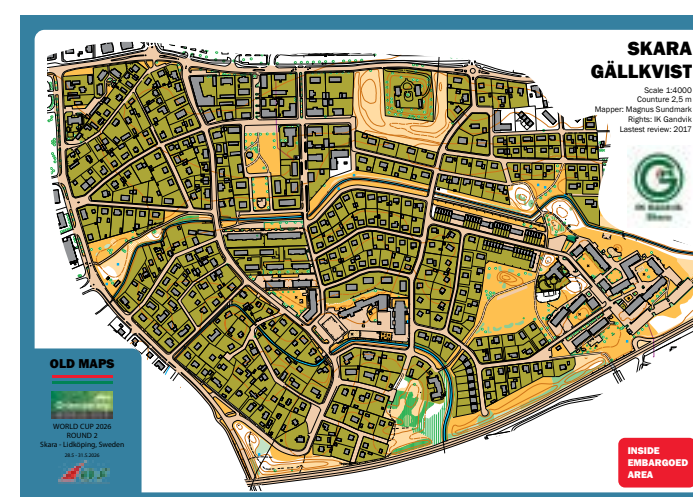
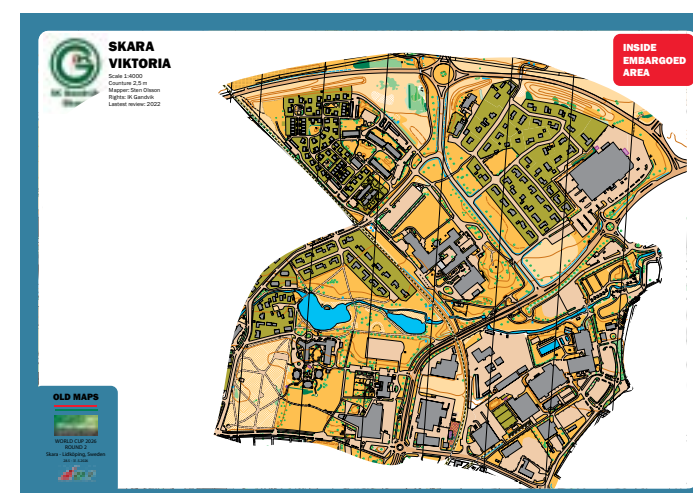


Eventcenter Skara 58.387529, 13.458403

[Link to Google Maps](#)

PREVIOUS MAPS

You can find previous maps (in PDF format) within the embargoed areas in [Eventor](#).



EMBARGOED AREAS

Embargoed areas can be found on [IOF Eventor](#). The embargoed areas are fully restricted for entry by athletes, coaches and any related staff of the teams, relevant for participation at the WC 2026 event. They are also obliged to reject any attempt to provide them with information about terrain, courses, arenas or other information that could be of an advantage, from persons or sources that are not official and available for all potential athletes and coaches, according to the Fair Play principles.

DETAILS OF THE MAP

For all races, Knock-out Sprint, Sprint and Sprint Relay:

Scale 1:4000 / contour interval 2 m.

Mapping, Lidköping - Sten Olsson & Christer Carlsson, Skara - Sten Olsson

THE PUNCHING SYSTEM

The punching system used in the competition is EMIT Touch-Free. Athletes will be provided with emit-ag cards.

WINNING TIMES

Knock-out Sprint:

Qualification, 8 - 10 minutes (approx. 2450m-3100m for Men and 2100m-2650m for Women).

Finals, 6 - 8 minutes (approx. 1850m-2450m for Men and 1550m-2100m for Women).

Sprint: 12 - 15 minutes (approx. 3700m-4600m for Men and 3150m-3950m for Women).

Sprint Relay: 4x 12-15 minutes (approx. 3700m-4600m for Men and 3150m-3950m for Women).

55-60 minutes in total.

CLOTHING

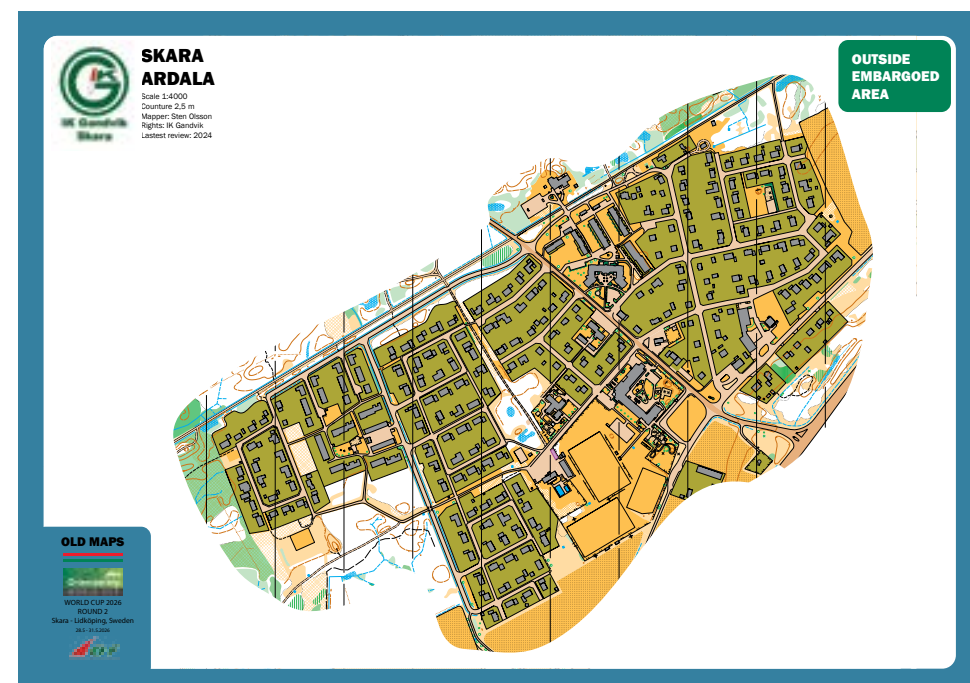
Clothing according to IOF competitions rules, with the exception that no orienteering shoes with metal studs are allowed to be used.

TRAINING POSSIBILITIES

For the preparations for OWC in May 2026 the organizer can provide several training possibilities in relevant areas.

We will organize training packages for your preparation. The package consist several trainings and will be ready to use two month prior to the competition, approximately from the middle of March.

All training activities shall be coordinated with the organizer. Information about training maps can be found on our website. For any training purposes contact the organizer for additional advice, info@orienteeringworldcup.se.



ENTERIES AND ENTRY DEADLINES

Team Size Entry (- 2 months, deadline 28th March 2026)

The following information shall be filled in **Eventor**:

- Team manager
- Number of Team athletes (Men and Women)
- Number of Team officials
- Number of Team athletes in the individual races: Fed. Team Quota will be published by the IOF
- There is no maximum number of officials per team

Team Names Entry (- 10 days, deadline 18th May 2026)

The following information shall be filled in:

- Name of each Team athlete and official by selecting from federation members in IOF Eventor

Competition Entries Names of the competitors and, if required, their starting group, shall be entered in IOF Eventor before 12:00 on the day before for the Knock-out Sprint, the Sprint and the Sprint Relay.

Late Entries, Changes of Team Size or Team Names

- Late Entries and changes will be accepted, if possible, up to one day before event start date, 27th May 2026 at 12:00
- No late entries or changes will be accepted after that date (27th May 2026 at 12:00)
- Late entries and changes will always have a defined extra cost (surcharge)
- Late entries and changes will always be treated equally and must be communicated directly to the organizer, info@orienteeringworldcup.se.
- The organizer makes the changes in IOF Eventor after deadlines

ENTRY FEES (until 28th march 2026)

World cup Complete Bundle:

SEK 2000 for competitors

SEK 900 for team officials

Package includes:

- Starting fee for all competitions (competitors)
- Training maps
- Accreditation

PAYMENT

After the Team Size deadline has ended (28th march), the organizer will invoice the federation for enteries and services. If you need any specific reference on your invoice, please inform us before this date. All invoices must be paid before 18th may 2026 and any additional bank transfer costs must be covered by the payer.

Please note that a late payment fee of SEK 200/person will be added for late payments!

Bank Transfer

Payee: Svensk Orienteering Events AB

Currency: SEK, payment only accepted in Swedish currency

IBAN: SE35 6000 0000 0007 5097 6918

BIC: HANDSESS

Bank: Svenska Handelsbanken

ARRIVAL

To get to Lidköping and Skara in the Skaraborg area, you have the option of travelling by plane, train or bus, depending on your starting location.

Plane

The most convenient way to reach area from a distant location or an international destination is by flying to one of the International airports closest to the event:

Landvetter Airport, Gothenburg, 130 km from the Event Center, 2 hours by train.

Arlanda Airport, Stockholm, 330 km from the Event Center, 3 hours by train.

Train

If you prefer to travel by train, you can take a train directly to a nearby station.

Nearest train stations:

Lidköping, Falköping, Skövde.

From all stations, the Event Center city of Skara can be reached by bus, 30 minutes.

Bus

Several bus companies operate routes in the Skaraborg Region and it is possible to use it for traveling between most local desinations.

Public buses can be used to travel between Lidköping and Skara, 30 minutes.

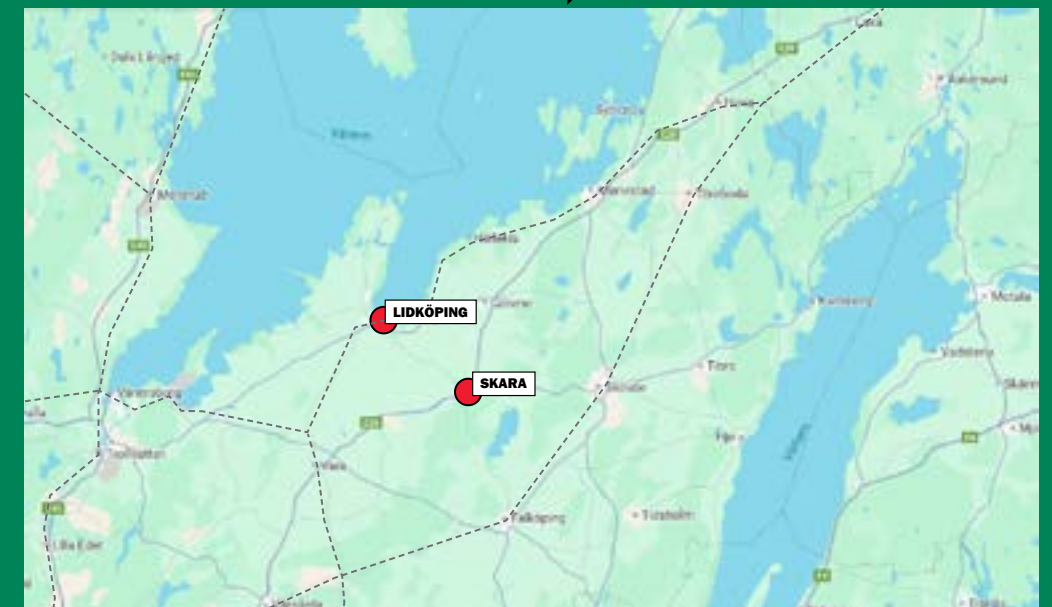
Rent a car

Welcome to the journey with MABI rental car.

MABI is partner of The Swedish Orienteering Federation.



Here beside is a a close-up map of Skaraborg showing where Lidköping and Skara is situated. Roads and railroads are shown as well.



ACCOMMODATION

Skaraborg offers a wide range of accommodation options suitable for all kinds of visitors. In both Lidköping and Skara, you'll find everything from charming small hotels and family-run guesthouses to modern conference hotels and cozy bed & breakfasts. Many accommodations are centrally located, close to the cities' historic attractions, restaurants, and shops, making it easy to explore on foot.

For those who want to be closer to nature, there are also options like hostels, campsites, and countryside cottages near the lakes and forests surrounding the towns. Here, guests can enjoy tranquility and fresh air while still having good access to activities and events in the heart of the region.

Prices for overnight stays vary, but a hotel night in Lidköping or Skara typically costs between 70 and 115 EUR, depending on standard and season. Smaller guesthouses and hostels can be more affordable, starting from around 40 EUR per night. Regardless of accommodation type, the service is personal and welcoming, reflecting the Skaraborg spirit of hospitality and making every stay both comfortable and memorable.

Our partner offers can be found from our [website for accommodations](#), there it will also be shown if and where a code for discount is available.

Please take embargoed areas into account when booking your accommodation.

RESTAURANTS IN SKARABORG

The cuisine of Skaraborg is deeply rooted in the region's proximity to farmland, forests, and lakes – something clearly reflected in both ingredients and menus. In towns like Lidköping and Skara, there is a strong emphasis on locally and sustainably produced food, with restaurants, cafés, and farm shops working closely with local growers, meat producers, and dairies. Being near Lake Vänern, dishes featuring perch, pike-perch, and whitefish are common, often paired with seasonal vegetables and traditional sides presented with a modern touch.

The restaurant scene is diverse, ranging from classic Swedish eateries to creative bistros and international cuisine. In the town centers, you'll find cozy cafés, relaxed lunch spots, and a few fine dining options where craftsmanship is front and center. Rural farm restaurants offer meals with a direct connection to the origin of the ingredients.

A typical lunch costs between 10 and 13 EUR, often including a salad buffet, bread, and coffee. Dinner at a mid-range restaurant typically ranges from 18 to 32 EUR per main course, while more exclusive three-course meals can cost up to 55 EUR. Regardless of the setting, the closeness to the producer and the care for ingredients are always evident – Skaraborg's cuisine is about authenticity, quality, and well-balanced flavor.

EXCHANGE RATE

The currency in Sweden is the Swedish krona (SEK). In July 2025 the exchange rate between Swedish crowns (SEK) and EUR was 11,25 SEK = 1 EUR.

COMPETITION RULES

The Competition Rules for IOF Foot Orienteering Events 2026 valid from 1 January 2026 and the World Cup 2026 Special Rules apply.

CLASSES AND PARTICIPATION RESTRICTIONS

There are two classes; Women and Men. Participation restrictions, classes and qualification system will follow the Special Rules for the 2026 World Cup in Orienteering.

ANTI-DOPING

Doping is strictly forbidden, and the organizers of the EOC/World Cup are dedicated to supporting the Anti-Doping authorities in their work. Doping controls may be carried out any time during the competitions in accordance with the procedures described in the WADA International Standard of Testing and Investigations. The IOF Anti-Doping rules and the World Anti-Doping Code 2026 apply as of 1st of January 2026. Athletes who are selected for doping control must bring an official identification (with photo) to the doping test area. The athlete should also present the personal therapeutic use exemption (TUE) if applicable. In general, it is advisable that athletes take their ID to all competitions and events. For more information, please consult: <https://orienteering.sport/iof/anti-doping/>.

INSURANCE

The organisers decline any liability that might occur through participation in the IOF World Cup Events and trainings. Each person participates at her/his own risk and is responsible for her/his own insurance coverage (illness and accident).

CLIMATE

In Skaraborg around the turn of May to June, spring transitions into early summer with pleasantly mild temperatures and longer, bright days. Days are usually sunny to partly cloudy, with temperatures typically ranging between 15 and 22 degrees Celsius (59 to 72 degrees Fahrenheit). Nights can still be somewhat cool, often around 8 to 12 degrees Celsius (46 to 54 degrees Fahrenheit), providing a nice contrast to the daytime warmth.

PASSPORT AND VISA

To visit Sweden you need a valid passport. For travellers from certain countries, a visa or further documents are required. Please check with your embassy if you need visa permits. For an official letter of invitation please send an email with request to info@orienteeringworldcup.se

ATHLETE'S LICENSE

All athletes need to have an IOF athlete's license to participate at the World Cup races.



Welcome to / Välkomna till
Skara - Lidköping, Sweden
28.5 - 31.5.2026



Foto: Tilda Andersson



www.orienteingworldcup.se & info@orienteingworldcup.se