

The 5<sup>th</sup> Asian Orienteering Championships 2016

2016 年第五屆亞洲定向越野錦標賽



CHIA-YI, TAIWAN

嘉義，臺灣

27 July – 1 August, 2016

2016 年 7 月 27 日至 8 月 1 日

Bulletin 4

四號公告



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2016 年亞洲定向越野錦標賽  
Asian Orienteering Championships 2016

捷足奪魁

Be a Champion



教育部體育署

署長 何卓飛

Ho, Jow-Fei

Director General, Sports Administration,  
Ministry of Education

# Greetings from IOF President Brian Porteous



*If we ever doubted it, World Orienteering Day on 11 May 2016 proved once and for all that orienteering is a truly global sport. Participation in the day was especially strong in Asia and in welcoming everyone to the 5th Asian Orienteering Championships, I want to say a special thanks to all from Asia who supported World Orienteering Day. Also, I want, on behalf of the IOF to thank the Chinese Taipei Orienteering Association for hosting this important event on the occasion of their 20th birthday. To everyone involved -- athletes, coaches, organisers, sponsors and other supporters -- I wish you a most successful series of competitions. May you all have a wonderful time in Chinese Taipei and may you all continue to support our truly global and growing sport.*

## **Message from the President of CTOA Cimmons Kao**



### **A Warm Welcome to Taiwan**

**熱情歡迎蒞臨台灣**

The 5<sup>th</sup> Asian Orienteering Championships (AsOC 2016) will be held in Taiwan.

Chinese Taipei Orienteering Association is pleased to welcome Asian and worldwide elite orienteers to take part in the Asian highest level orienteering event in Taiwan.

We are sure that AsOC 2016 will give you an enjoyable and unforgettable experience not only for the competitions but also for the friendships and culture.

Welcome to AsOC 2016 and welcome to Taiwan!

第五屆亞洲定向越野錦標賽(AsOC 2016)將於台灣舉行，中華台北定向越野協會以愉悅的心情歡迎亞洲及世界菁英定向越野運動員來到台灣，參加這項亞洲最高等級的比賽。我們相信亞洲定向越野錦標賽除了激烈的競賽外，也將會帶給您在友誼與文化上無比的樂趣與難忘的經驗。

歡迎參加 2016 亞洲定向越野錦標賽，歡迎蒞臨台灣！



*5th Asian Orienteering Championships*

Chinese Taipei Orienteering Association 27 July - 1 Aug



## **Organizer**

### **主辦單位**

Chinese Taipei Orienteering Association (CTOA) 中華台北定向越野協會

### **Co-Organizer 協辦單位**

National Chung-Cheng University 國立中正大學

### **AsOC 2016 Organizing Committee**

Cimmons Kao	President of CTOA
Tina Chen	Secretary General of CTOA
Clement Chan (HKG)	IOF Senior Event Adviser
Chun-Ming (Jimmy) Chen	Event Director (IOF Senior Event Adviser)
Yau-Lung Jen	National controller of sprint and sprint relay
Chang-Chan Yang	National controller of middle and relay
Perola Olsson (SWE)	Mapper for middle and relay races
Chang-Chan Yang	Mapper for sprint and sprint relay races
Yau-Lung Jen	Course setter of middle and relay races
Chang-Chan Yang	Course setter of sprint and sprint relay races
Juries	<ul style="list-style-type: none"> <li>1. Patrick Ng (HKG)</li> <li>2. Terashima Kazuki (JPN)</li> <li>3. Xu Juan (CHN)</li> </ul>

### **2016 亞洲定向越野錦標賽賽事組織**

高孟熙	CTOA 理事長
陳薇婷	CTOA 秘書長
陳志成 (香港)	IOF 資深賽事督導
陳俊民 (Jimmy)	賽事主管 (IOF 資深賽事督導)
鄭僥龍	短距離及短距離接力賽事控制員
楊昌展	中距離與接力賽賽事控制員
Perola Olsson (瑞典)	中距離與接力賽繪圖員
楊昌展	短距離與短距離接力賽繪圖員
鄭僥龍	中距離與接力賽賽程設計者
楊昌展	短距離與短距離接力賽賽程設計者
審判委員	Patrick Ng (HKG), Terashima Kazuki (JPN) and Xu Juan (CHN)



## Contact

### 聯絡方式

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臺灣 104 臺北市中山區朱崙街 20 號 7 樓 702 室  
Tel(電話): +886 2 87711444  
Email(電郵): [orienteeringtw@yahoo.com.tw](mailto:orienteeringtw@yahoo.com.tw)

## Event Center and Venue

### 賽事中心與賽場

The event center is located at Chung-Cheng University (CCU, GPS: WGS84LL 120.470371, 23.559403) in Chia-Yi County with meeting rooms, stadium, gymnasium and swimming pool nearby.

The university campus is also used for model event and demonstration of technical model. The distances from event center to the competition venues are about 30 minutes to 1.5 hour respectively by bus.

The events will be organized at Chia-Yi Park, Chia-Yi University, Tsou-Ma-Lai Farm and Shinhua National Forest Arboretum.

賽事中心位於嘉義縣中正大學(GPS: WGS84LL 120.470371, 23.559403)，附近並有會議室、田徑場、體育館及游泳池。

中正大學校區亦是模擬賽與技術模擬示範的所在，由賽事中心至比賽場地乘車約 30 分鐘至 1.5 小時不等。

競賽場地包含嘉義公園、嘉義大學、走馬瀨農場與新化林場。

## Classes and Participation Restrictions for AsOC 2016

### 2016 亞錦賽競賽組別與報名限制

There are the following competition classes:

本次競賽共分為以下組別：

1. M20E, W20E, M21E and W21E (for national teams of IOF member federations only)
2. M/W 10, 12, 14, 16, 18, 20, 21, 35, 40, 45, 50, 55, 60, 65, 70+.
1. M20E, W20E, M21E and W21E (僅適用 IOF 會員協會之國家代表隊)
2. M/W 10, 12, 14, 16, 18, 20, 21, 35, 40, 45, 50, 55, 60, 65, 70+.

Competitors representing member federations of the IOF, defined by the International



Olympic Committee as belonging to the Asian continent, can compete in AsOC.

Competitors representing other member Federations of the IOF can participate in AsOC but will not be eligible for Asian titles, medals or diplomas. However, extra medals and diplomas for the WRE will be prepared for non-Asian athletes who have been ranked within 6 places together with the Asian winners.

屬於國際奧林匹克委員會(IOC)所定義之亞洲區域，且為國際定向越野運動總會之會員協會之代表隊選手能參與亞洲錦標賽。亞洲以外之選手參加亞錦賽，其成績將不進行亞錦賽頭銜的排名及頒發亞錦賽獎牌及證書。然而，因該組屬於菁英組世界排名賽，因此非亞洲之獲獎選手，將另行頒發世界排名賽獎牌與證書，並另行頒獎。

In the individual competitions, national teams of IOF member federations may enter up to 10 athletes in each class of M21E, W21E, M20E and W20E.

針對M21E、W21E、M20E及W20E組別之個人賽，屬於IOF會員之協會，每個組別最多可報名10位選手參賽。

In the relay competition for elite classes, a federation may enter maximum of 2 teams in each gender category and class, but only the better-placed team will be counted in the prize list.

屬於菁英組的接力賽，每個協會在不同的性別和組別，最多可以報名兩隊，但唯有成績較佳的一隊能進入頒獎的排名。

In the Sprint Relay, each Federation may enter 2 teams consisting of 4 elite team members of whom at least two must be women, but only the better-placed team will be counted in the prize list.

短距離接力賽，每個協會最多可以報名兩隊，隊員組成至少必須有兩位女性，且唯有成績較佳的一隊能進入頒獎的排名。

**Elite runners of the national teams including M/W20E & M/W21E who do not run the relay competitions may take part in the individual events of middle 2 and sprint 2. However, their results will not be in the prize list.**

各國家隊菁英選手包含菁英組男女 20 歲及 21 歲組別，若未出賽兩場接力比賽，可參加中距離 2 及短距離 2 的比賽，但其成績將無法獲頒獎項。

**The organizing federation is giving prize to sprint 1, middle 1, middle 2 and sprint 2 seperately. All fist 6 places must attend the prize giving ceremonies to receive medal and certificate.**

**主辦單位為短距離 1、中距離 1、中距離 2 及短距離 2 四場賽事分別準備獎牌，各年齡組獲獎個人須參加頒獎典禮領取獎牌及獎狀。**

**The organiser reserves the right to combine all age classes with less than 4 entrants.**

**當單一組別報名人數少於四人時，賽事主管有權將其與其他組別併組比賽。**



## IOF Member Federations in Asia 亞洲會員協會

CHN = China	HKG = Hong Kong	INA = Indonesia	IND = India
IRI = Iran	JPN = Japan	KGZ = Kyrgyzstan	KOR = Korea
MAS = Malaysia	MGL = Mongolia	PAK = Pakistan	PRK = DPR Korea
THA = Thailand	TPE = Chinese Taipei	NEP = Nepal (Provisional member)	
KAZ = Kazakhstan			

## Competition Rules

The 2015 edition of Competition Rules for IOF Foot Orienteering Events and its Appendix 8 (The Asian Orienteering Championships) will be applied to the AsOC 2016.

本次賽會以國際定向越野總會 2015 年版本之徒步定向越野規則為依據，包含其附錄之亞洲定向越野錦標賽規程。

## The Terrain and Preliminary Course Information

Events 賽事	Map 地圖	Terrain 場地	Map Scale 比例尺	Contour Interval 等高線	Winning Time (minutes) 勝出時間			
					M/W 10, 12	M/W 14,60, 65,70	M/W 16,18,20, 21,35, 40,45,50,55	M20E W20E M21E W21E
Sprint 短距離	Chia-Yi Park 嘉義公園	Park 公園	1:4000	2m	15	15	15	15
Middle 中距離	Shinhua National Forest Arboretum 新化林場	Forest 山林	1:10000	5m				30-35
			1:7500	5m	25-35	25-35	25-35	
Sprint Relay 短距離 接力	Chia-Yi University 嘉義大學	Campus 校園	1:5000	2m	(not applicable) (不適用)			12-15 (per leg)
Relay 接力	Tsou-Ma-Lai Farm 走馬瀨農場	Farm and forest 農場及山林	1:5000*	2.5m	(not applicable) (不適用)			30-35 (per leg)
Model sprint	Chung-Cheng University 中正大學	Campus 校園	1:5000	2m	(not applicable) (不適用)			
Model middle		Forest 山林	1:10000	5m	(not applicable) (不適用)			

\*Map scale for relay had been approved by IOF.

## Event Entries for AsOC 2016

### 報名

Deadline for preliminary entries: **March 31, 2016**

Deadline for final entries with the complete personal information: **May 31, 2016**

Entries will not be valid until receipt of the payment of the entry and accreditation fees has been received by the organizer.

The national teams of IOF member federations are requested to submit the preliminary entry forms in due course.

AsOC 2016 第一階段報名截止日為 2016 年 3 月 31 日

AsOC 2016 第二階段完整報名截止日為 2016 年 5 月 31 日

報名是否完成，是以主辦單位收到報名表及相關費用繳款為依據。

隸屬於 IOF 會員協會之國家代表隊，請務必於第一階段完成繳交填寫完成之報名表格。

### Event Entry Fees for AsOC 2016 (VIPs, MEDIAs, and Elite Classes)

#### AsOC 2016 報名費用 (貴賓、媒體與菁英組選手適用)

Accreditation and fees for team members 註冊費用	Per person 每人
Accreditation fee for VIPs (President of federation) and medias 貴賓與媒體	Free 免費
Accreditation fee for athletes 選手	NT\$300
Accreditation fee for team officials 隊職員	NT\$500
Entry fee for Sprint 短距離報名費	NT\$600
Entry fee for Middle 中距離報名費	NT\$600
Entry fee for Sprint Relay 短距離接力賽報名費	NT\$600
Entry fee for Relay 接力賽報名費	NT\$600
Transport package for competitions 賽場接送交通費	NT\$1200
Banquet including transportation 晚會及接送交通	NT\$1000
The accreditation includes: ID card, model event maps, souvenir, start and result list. 註冊費包含賽會議別證、模擬賽圖、紀念品、出發序及成績報告	
Only AsOC 2016 officials and athletes with ID cards can enter the quarantine zone, take part in team official meeting and use CCU sport facilities during its opening hours. 僅 AsOC 2016 註冊之隊職員及選手，憑識別證得依規定進入比賽管制區、參加領隊會議及在開放時段使用體育館設施。	

## Event Entry Fees for Other Age Classes

### 其他年齡組別報名費

Fees for participants 註冊費用	Per person 每人
M/W 21, 35,40,45,50,55 (Sprint 1 <u>or</u> Sprint 2) 短距離 1 或 2	NT\$500
M/W 21, 35,40,45,50,55 (Middle 1 <u>or</u> Middle 2) 中距離 1 或 2	NT\$500
M/W 10, 12, 14, 16, 18, 20, 60, 65, 70 (Sprint 1 <u>or</u> Sprint 2) 短距離 1 或 2	NT\$400
M/W 10, 12, 14, 16, 18, 20, 60, 65, 70 (Middle 1 <u>or</u> Middle 2) 中距離 1 或 2	NT\$400
Transport package for competitions 賽場接送交通費	NT\$1200
Banquet including transportation 晚會及接送交通	NT\$1000
Model event map can be purchased at the event center office during its opening hours. CCU sport facilities tickets can be purchased at the front desk of the gym. 模擬賽圖可於賽事中心開放時間購買，使用中正大學運動設施需依規定購票。	

### Extra cost to enter Shinhua National Forest and Tsou-Ma-Lai Farm

#### 新化林場及走馬瀨農場的額外費用

There is an extra cost for the team officials and athletes who do not register for middle and middle 2 (relay) races to enter the competition area. The forest park and farm admission tickets are 100 and 120 NT which is needed to be paid on the arrival day. There is also a parking fee for Tsou-Ma-Lai Farm. No car is allowed to enter all other competition areas.  
註冊的隊職員與未報名中距離及中距離 2 (接力賽)欲進入新化林場及走馬瀨農場需額外支付 100 元及 120 元的進場門票，費用須於報到時一併付清。走馬瀨農場停車需付費，其他賽場車輛皆不得進入。

### Entry into Taiwan (ROC VISA) 入境台灣

Foreign passport holders require a valid visa or landing visa to enter the Republic of China (Taiwan), however, many countries are visa exempt. Please contact the ROC (Taiwan) embassy in your country and/or browse the website of the National Immigration Agency of Taiwan, ROC ([www.immigration.gov.tw](http://www.immigration.gov.tw)) for further information on the requirement.

Athletes, who need invitation for VISA application, please contact AsOC 2016 event director, Jimmy Chen, by email ([asoc2016@yahoo.com](mailto:asoc2016@yahoo.com)) for further assistance.

持外國護照入境臺灣者，必須事先申請有效簽證或部分國家可以申請落地簽證，然而有許多與臺灣有免簽協議的國家則無需簽證。詳細辦法請聯絡當地的臺灣駐外使館或辦事處，或是上網查詢臺灣入境管理局網站([www.immigration.gov.tw](http://www.immigration.gov.tw))，做進一步的接



洽與查詢。國外選手如需邀請函申請入境者，請親自寫信至賽事主管陳俊民電子信箱(asoc2016@yahoo.com)洽詢。

## Arrival and Check-in 到達與報到

All officials and athletes must check-in at the event center with their valid photo ID on the arrival date on 26th or 27th of July to collect their photo ID (made on-site), number bib, tickets, and SI-card (for elite & rental) in person. The team check-in process can be done by team manager as well. However, the digital photos with team ID and names of the officials and athletes must reach the CTOA office by 20th of July through email ([orienteeringtw@yahoo.com.tw](mailto:orienteeringtw@yahoo.com.tw)) in order to make photo IDs in advance.

所有的隊職員及選手必須於 7 月 26 日或 27 日攜帶有效照片證件親自報到，以便當場拍照製作相關證件並領取號碼布、餐券、SI 電子指卡(菁英及租用者)等。團隊亦可由領隊統一領取，但請事先於 7 月 20 日前將隊職員及選手之照片(附以名字及 team ID 當作檔名)寄到 CTOA 電子信箱([orienteeringtw@yahoo.com.tw](mailto:orienteeringtw@yahoo.com.tw))以便事先製作照片證件。

## The Opening Hours of the Event Center in CCU

### 中正大學賽事中心開放時間

The event center will be opened as the following hours:

賽事中心開放時間如下：

26 July	27 July	28 July	29 July	30 July	31 July
16:00-21:00	09:00-23:00	18:00-21:00	18:00-21:00	18:00-21:00	18:00-21:00

## National Flag and Anthem 國旗與國歌

All national teams of Asian Federations and other federations/national teams are requested to bring 6 national flags for opening ceremony parade and closing ceremony. National flags can submit at the event center on the arrival day 27th July. Asian national teams may also check their national anthems for the prize giving ceremonies at the event center on 27th July. 所有亞洲會員國國家代表隊和其他會員國/國家代表隊，請攜帶 6 面國旗於 27 日報到當天繳交至賽事中心，以作為開幕典禮繞場和閉幕典禮的使用。其他非亞洲或非 IOF 會員國也請攜帶 2 面國旗，作為開幕典禮繞場使用。27 日報到當天也請亞洲國家隊隊職員確認各國國歌，以作為頒獎典禮使用。

## More Training Opportunity 額外的訓練機會



Apart from the last training camp held in Feb. 2016, more training prior to the AsOC2016 can be arranged on request.

除了已於 2016 年 2 月舉辦的訓練營之外，額外的亞錦賽賽前訓練也可按要求而安排。

## Clothing Restrictions 比賽服裝限制

No metal spike shoes are allowed for sprint and sprint relay competitions. Full body cover is recommended for middle distance and relay competitions.

短距離與短距離接力賽之參賽選手不得穿著有金屬釘之跑鞋，中距離及接力賽選手則建議穿著長袖長褲。



## AsOC 2016 PROGRAMME for Elite Classes 菁英組賽程表

Date 日期	Time 時間	Venue 地點	Events 活動內容
Wed., July 27	08:00-17:00	CCU	Arrival 抵達
	14:00-17:00	CCU event center	Model event & technical model 模擬賽與技術模擬
	19:00-20:00	CCU event center	National Team official meeting (sprint) 國家隊短距離賽領隊會議
Thur., July 28	10:00-14:00	Chia-Yi Park	Sprint (elite classes) 菁英組短距離賽 Sprint 1 (other age classes) 其他組短距離 1
	16:30-18:00	CCU gymnasium	Opening ceremony & prize giving 開幕典禮與頒獎典禮
	19:00-20:00	Event center	National Team official meeting (middle) 國家隊中距離賽領隊會議
Fri., July 29	10:00-15:00	Shinhua Forest	Middle (elite classes) 菁英組中距離 Middle 1 (other age classes) 其他組別中距離 1
	16:30-18:00	CCU event center	Prize giving 頒獎典禮
	20:00-		Asian Working Group Meeting 亞洲會議
Sat., July 30	08:00-16:00	Tainan	Rest day and sightseeing 休息日與旅遊
	19:00-20:00	CCU event center	National Team official meeting (relay) 國家隊接力賽領隊會議
Sun., July 31	10:00-15:00	T-M-L Farm	Relay (elite classes) 菁英組接力 Middle 2 (other age classes) 其他組別中距離 2
	16:30-18:00	CCU event center	Prize giving 頒獎典禮
	19:00-20:00		National Team official meeting (sprint relay) 國家隊短距離接力賽領隊會議
Mon., August 1	10:00-14:00	Chia-Yi University	Sprint relay (elite classes) 短距離接力賽 Sprint 2 (other age classes) 其他組別短距離 2
	16:00-18:00	CCU event center	Prize giving 頒獎典禮
	18:30-	Nice Prince Hotel	Closing ceremony and banquet 閉幕典禮與歡送酒會
Tue., August 2	08:00-		Departure 離境

## AsOC 2016 PROGRAMME (Other Age Classes) 其他組別賽程表

Date 日期	Time 時間	Venue 地點	Events 活動內容
Wed., July 27	08:00-17:00	CCU	Arrival 抵達
	14:00-17:00	CCU event center	Model event & technical model 模擬賽與技術模擬
Thur., July 28	11:00-14:00	Chia-Yi Park	Sprint 1 短距離 1
	16:30-18:00	CCU gymnasium	Opening ceremony & prize giving (sprint 1) 開幕與頒獎典禮(短距離 1)
Fri., July 29	11:00-15:00	Shinhua Forest	Middle 1 中距離 1
	16:30-18:00	CCU event center	Prize giving (middle 1) 頒獎典禮(中距離 1)
Sat., July 30	08:00-16:00	Tainan	Rest day and sightseeing 休息日與旅遊
Sun., July 31	11:00-15:00	T-M-L Farm	Middle 2 中距離 2
	16:30-18:00	CCU event center	Prize giving (middle 2) 頒獎典禮(中距離 2)
Mon., August 1	11:00-14:00	Chia-Yi University	Sprint 2 短距離 2
	16:00-17:50	CCU event center	Prize giving (sprint 2) 頒獎典禮(短距離 2)
	18:30-	Nice Prince Hotel	Closing ceremony and banquet 閉幕及晚會
Tue., August 2	08:00-		Departure 離境

## Locations of Event Center and Ceremonies 賽事中心與典禮位置



### Start Draw 出發時間抽籤

The start draw for individual's events and the course draw for relays will be controlled for 20E & 21E classes, and be approved by the event adviser. National team managers must submit the start order form with athletes' name and team manager's signature at the defined time and at the event center one day before the event.

20 歲與 21 歲菁英組的個人賽出發序與接力賽賽程組別，將依出賽表單以抽籤方式進行，並經過賽事督導同意後公告。各國家隊教練必須將具選手姓名之出賽單簽名後，於比賽前一天繳交至指定的賽事中心。

Other age classes start list will be decided by the organizer.

其他年齡組別之出發序將由賽事組織決定。

The start list will be announced on the AsOC official website, CCU event center, competition area, and Hoya resort Hotel bulletin board. The hard copy paper will be given to the team managers at the Team Official Meetings (TOMs) as well.

各組的出發序將於 AsOC 官方網頁、國立中正大學之賽事中心、比賽當天賽區及富野酒店公告欄公告，出發序紙本亦將於每次的技術會議中發給各領隊。



5th Asian Orienteering Championships

Chinese Taipei Orienteering Association

27 July - 1 Aug



## Arenas Layout Plan 賽場規劃

### 2016 Asian Orienteering Championships The Arena of SPRINT



### 中距離 Middle 賽區配置圖 The Arena of Middle Event

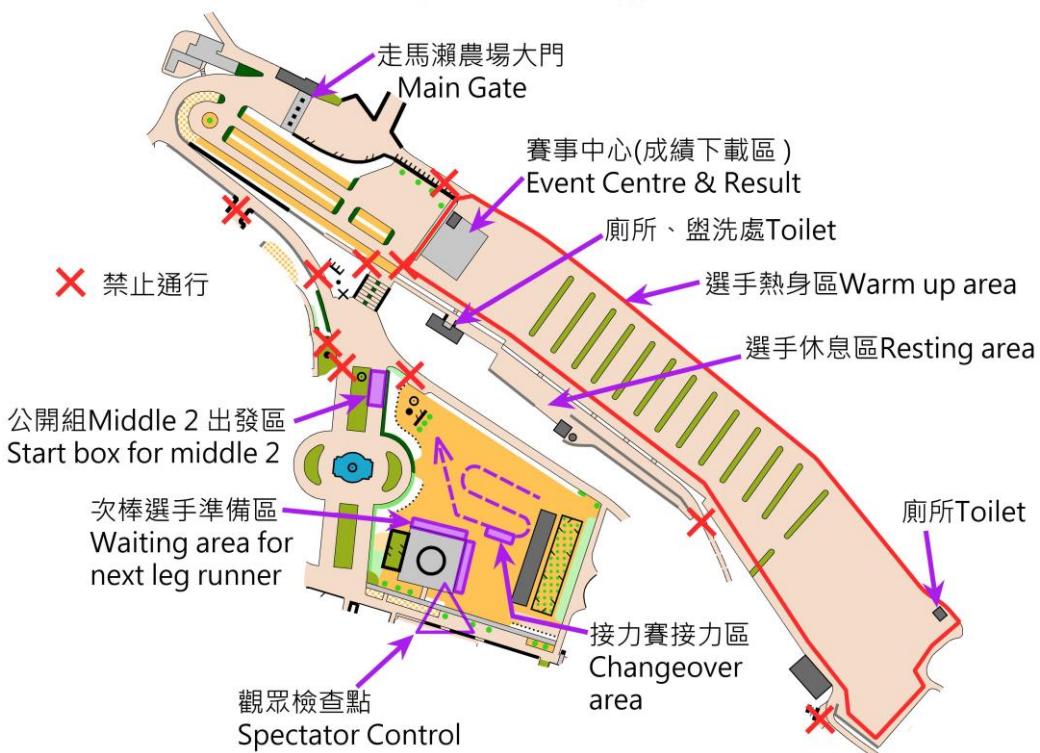


5th Asian Orienteering Championships

Chinese Taipei Orienteering Association 27 July - 1 Aug



## 接力賽Relay、中距離Middle 2 賽區配置圖 The Arena layout for Relay and Middle 2

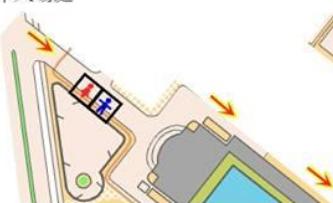


### 2016 Asian Orienteering Championships The Arena of SPRINT RELAY & SPRINT 2

2016年亞洲定向越野錦標賽-短距離接力賽與短距離賽2 Scale 1 : 1,800  
主會場設置 August.01.2016

嘉義大學蘭潭校區

**Bus Stop**  
所有選手  
下車入場處



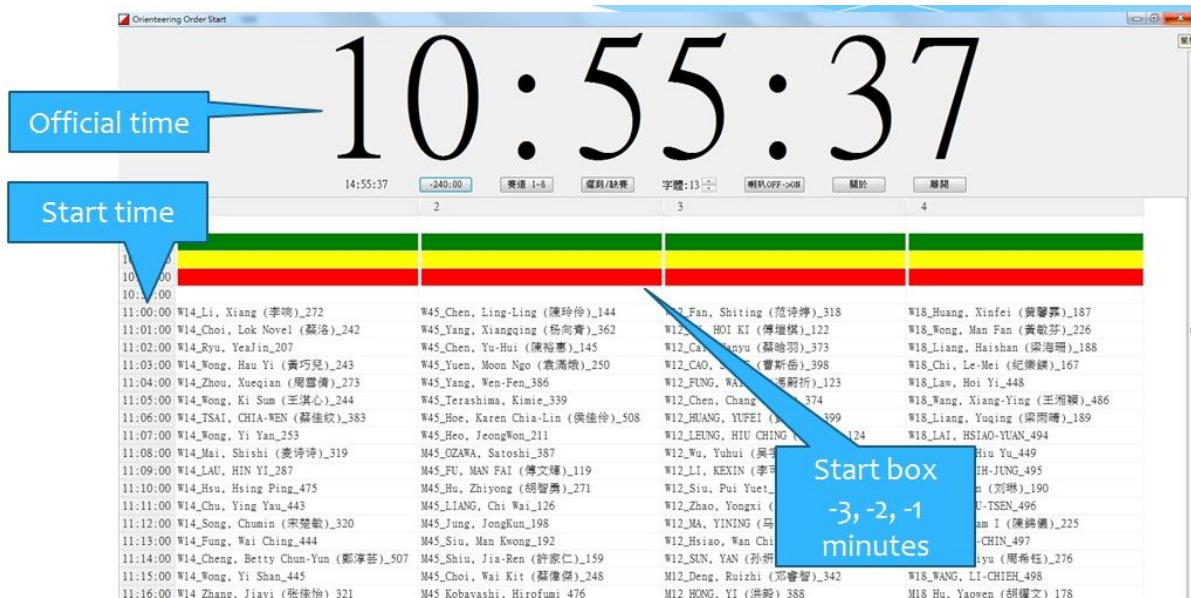
#### Special Symbols 特殊圖例說明

	Red Tapes (Forbidden to cross) 紅色串繩 (選手禁止穿越)
	Yellow Tapes 黃色串繩(選手分道)
	Runner's Direction 選手行進方向
	Toilet 流動廁所
	Tent 拱形帳篷
	Staff 管制人員

## Start Procedure 出發程序

All athletes must arrive the start area at least 10 minutes before their start time. There will be a monitor showing the official time and the athletes' start time. Athlete shall step in the start box corresponding to the name and start time showing on the screen.

所有選手必須於其出發時間至少前 10 分鐘抵達出發區，出發區將有電腦螢幕顯示當時的時間及每位選手的出發時間，選手必須與螢幕中的指示姓名及時間一致，依序進入出發間隔區準備出發。



## **Opening Ceremony, Prize Giving Ceremonies, and Closing Ceremony**

### **開幕典禮、頒獎典禮及閉幕典禮**

The opening ceremony together with the prize giving ceremony of sprint event will take place at the gymnasium of CCU at 4pm on 28th July. All VIPs, team managers, athletes, and guests are welcome to celebrate the biggest Asian orienteering event together. The Chinese Taipei Orienteering Association had invited some traditional and spectacular performing groups to welcome you from all over the world. There will also be a parade of the Asian national teams and international teams.

開幕典禮與短距離賽頒獎典禮將於7月28日下午4時於國立中正大學體育館舉辦，大會邀請所有的貴賓、隊職員及選手共同慶祝這個亞洲最盛大的定向越野賽事。中華臺北定向越野協會已邀請非常精彩的表演團體來歡迎來自世界各地的朋友，會中亦有安排各亞洲國家代表隊(菁英組別)及其他國家代表隊(一般組別)進行繞場。

Apart from the sprint & sprint 1 event prizing giving ceremony, all other prizing giving ceremonies will take place at the event center of CCU starting at 4:30pm (4pm on 1st Aug). 除了短距離賽與短距離1賽事以外，其他賽事的頒獎典禮都將於國立中正大學的賽事中心舉辦，開始時間皆在下午4:30舉行(8月1日為下午4點開始)。

The closing ceremony is taking place at Nice Prince Hotel together with the banquet. Only invited guest and who buy the AsOC banquet admission ticket can take part in the ceremony. The shuttle buses to the closing ceremony will departure from Hoya Resort Hotel at 6pm and return from Nice Prince Hotel around 9:30pm.

閉幕典禮將於嘉義市耐斯王子飯店舉辦，唯有受邀貴賓及付費的人員可以參加，交通車將於下午6點由富野飯店前出發，回程車輛約於9點30分於耐斯王子飯店出發。

## **Time Keeping and Punching System**

### **計時與打卡系統**

The SPORTident (SI) punching system will be used during AsOC 2016. SI-card 9 or higher version will be provided for all national teams (elite classes). SPORTident equipment will be demonstrated at the Model Events for all competitors of AsOC 2016. SI card rental is included in the entry fee for elite classes. For other age classes, participants can prepare their own SI-card or rent a SI-card from event center. The rental fee for SI-card is 200NT dollars for 4 events. However, payment of 2000NT dollars per card must be paid to the organizer of any damage and lost.

All competition applies punching start and punching finish method to estimate the results.

Remarks: The SI touch-free system will not be used for Sprint Relay.



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本次亞錦賽將使用 SPORTident 為官方計時系統，賽事組織將提供給國家代表隊菁英組成員 SI-9 或以上等級的指卡，SPORTident 計時器材也將於模擬賽中演示。菁英組的 SI 指卡租借費用已包含在註冊費中，其他組別則需要自備指卡，也可以向賽事組織租用指卡，使用四天的比賽租金為新臺幣 200 元整。然而任何指卡損壞或遺失發生時，每一支 SI 指卡須支付新臺幣 2000 元賠償。

所有比賽選手都必須打卡感應出發，並於終點打卡感應結束，作為成績的依據。

備註：短途接力賽將不會採用 SPORTident 的免打卡式系統。

## Sightseeing

### 旅遊

One day trip to give foreign competitor experiencing the local culture and sightseeing will be organized on the resting day on Saturday 30<sup>th</sup> July. The first considerations are Anping Harbour National Historical Park in Tainan city and other famous landmarks nearby which are full of local history and artistic characteristics. It must be worthy to visit.

The cost of the sightseeing tour is 1200 NT dollars per person including transportation, lunch, tickets, and enjoyment. (Insurance is not included.)

大會針對所有外國選手，將於 7 月 30 日競賽休息日安排一天當地文化與景點的旅遊，目前以臺南市安平港國家歷史公園與附近著名景點為首要考量，這些都是富有在地文化與藝術的安排，絕對值得一遊。

參加休息日旅遊行程的費用為每人新台幣 1200 元，包含交通、午餐、門票及所有的歡樂。(未含保險)

## Accommodation, Transportation, and Catering

### 住宿、交通與飲食

Competitors and team officials are expected to arrive on Wednesday 27<sup>th</sup> July and take part in the model event and technical model at CCU. The official hotel, Hoya Resort Hotel Chiayi (<http://www.hoyaresort.com.tw/Chiayi/index.aspx>; GPS: 120.469293, 23.558268), is 3 minutes away from the event center by walking. Please note that July and August are busy season for travelling and sightseeing in Taiwan. Early return of accommodation booking form is recommended. Teams or competitors who live other than the official hotel need to arrange their own transportation for model event, technical model, meetings and ceremonies.

大會建議選手與隊職員於 7 月 27 日抵達中正大學會場，報到並參加當天的模擬賽與技術模擬。官方的住宿旅館為嘉義富野度假酒店

(<http://www.hoyaresort.com.tw/Chiayi/index.aspx>; GPS: 120.469293, 23.558268)，離賽事中心僅 3 分鐘走路的距離。因七、八月為臺灣的旅遊旺季，建議各協會儘早回傳大會



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住宿的訂單。自行安排住宿之隊伍與選手，也請自行安排出席模擬賽、技術模擬、各項會議及典禮的交通。

The official hotel rooms at Hoya Resort Hotel are reserved mainly for the national teams of IOF member federations based on first come first served basis. Second priority will be given to the other teams or entrants for the booking. However, all the booking must be reached the organizer not later than March 31.

官方的嘉義富野度假酒店之客房主要以 IOF 會員之國家隊入住為主，先預定的協會將先行安排住宿，當仍有空房時，再提供其他報名選手住宿。請有意預約的國家協會，儘快於 3 月 31 日前傳回預約單。

AsOC 2016 office will accept requests for accommodation according to the categories below.  
AsOC 2016 主辦單位規劃以下的不同房型，提供各協會及選手選擇。

Categories	Cost (per room per night)
Room with one king size bed 一大床	NT\$1,800 including 1 or 2 breakfasts 新台幣 1800 元含 2 客早餐
Room with two single beds 兩張單人床	NT\$1,800 including 2 breakfasts 新台幣 1800 元含 2 客早餐
Type B + 1 sofa bed 房型 B 加一張沙發床	NT\$2,400 including 3 breakfasts 新台幣 2400 元含 3 客早餐
Room with two queen size beds (For family or friends who don't mind to share bed. Maximum for 4 people.) 兩張中型床(適合家庭或朋友願意合 住者，最多 4 人進住。)	NT\$2,600 including 4 breakfasts 新台幣 2600 元含 4 客早餐





A free shuttle bus will be arranged every 1 to 1.5 hour on Wednesday 27<sup>th</sup> July, from 10am to 6pm, from Chia-Yi High Speed Rail station to official Hoya Resort Hotel Chiayi. A service desk with volunteers at the station lobby will arrange the seats for arrival teams and competitors. Please reserved your seat from the volunteers when you arrive.

大會於 7 月 27 日星期三早上 10 點至下午 5 點，於嘉義高鐵站，每 1 至 1.5 小時安排一班免費的接駁車，前往嘉義富野度假酒店。屆時車站大廳將安排志工協助代表隊及選手搭車，抵達嘉義高鐵站時請先向志工登記座位順序上車。

Teams or competitors who miss the free shuttle bus can take taxi which will cost about NT\$600 to Hoya Resort Hotel Chiayi or Chung-Cheng University.

比賽隊伍及選手無法搭乘免費接駁車者，可自費搭計程車抵達嘉義富野度假酒店或中正大學，每部單程費用約新台幣 600 元整。

Transport package for AsOC 2016 is offered at a cost of NT\$1,200. This includes transportation to/from competition areas departure from the event center (or official hotel), and the trip from Hoya Resort Hotel Chiayi to Chia-Yi High Speed Rail on the departure day, Tuesday 2<sup>nd</sup> August morning.

The transportation package must be reserved together with final entry form.

競賽期間大會提供住宿地點(或賽事中心)往返賽場的交通套票為新台幣 1200 元，包含 4 場比賽的交通，以及 8 月 2 日早上由官方酒店前往嘉義高鐵站之交通。

交通套票預訂作業必須與最終的報名表格一併寄出。

Participants can arrange their own catering especially for food restriction athletes such as vegetarian. AsOC 2016 can offer lunch box (normally with bread, drink and fruit) and buffet dinner (for no food restriction) at the event center during competition dates.

The prices will be NT\$100 for one lunch box and NT\$120 for one buffet dinner.

The meals also need to be reserved together with the entry form.

Please noted, there will be no lunch arrangement on the resting day for the people who do not attend the sightseeing tour.

參賽選手可以自行安排用餐，尤其是在飲食上有特別要求者(例如全素食)。大會於競賽日期可為選手及隊職員安排午餐盒(通常為麵包、點心及飲料)或中式便當，以及在賽事中心安排自助式晚餐，午餐費用每次為新台幣 100 元，晚餐為新台幣 120 元。用餐預訂單亦須與報名表一併寄出。

請注意，休息日當天未參加旅遊行程之人員，不提供午餐服務，請自行用餐。

A banquet will be arranged in collaboration with the AsOC 2016 closing ceremony at 5 stars Nice Prince Hotel 7F, Fusion Restaurant, Chia-Yi city. The banquet price is NT\$1000/person including transportation to be paid together with the payment of accommodation and catering charges.

歡送餐會將與大會閉幕典禮於嘉義市五星級耐斯王子大飯店七樓萬國百匯餐廳一同舉辦，餐會費用含往返交通接送為新台幣 1000 元整，此費用請與住宿及訂餐費用一併繳清。





## Embargoed Areas

### 禁制區域

This embargo applies to all potential AsOC 2016 team members (runners, team leaders, coaches, doctors, etc.)

適用於所有參加 AsOC 2016 比賽成員(含選手、隊職員、教練及隊醫等)。



Chia-Yi Park

嘉義公園

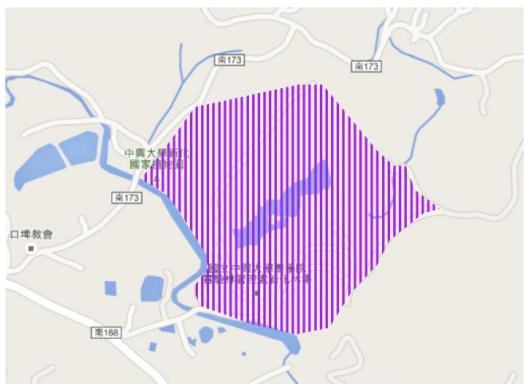
(GPS: 120.470371, 23559403)



Chia-Yi University

嘉義大學

(GPS: 120.483525, 23.463673)



Shinhua National Forest Arboretum

新化林場

(GPS: 120.352949, 23.026777)



Tsou-Ma-Lai Farm

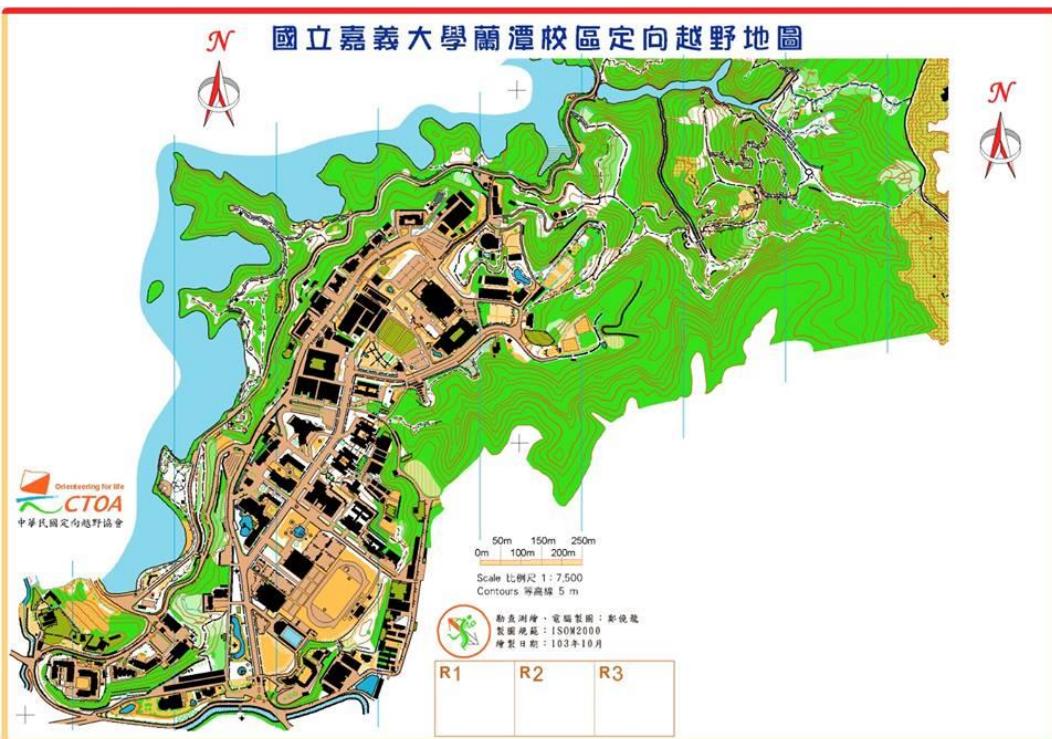
走馬瀨農場

(GPS: 120.429494, 23.137034)

## Old Maps 舊圖



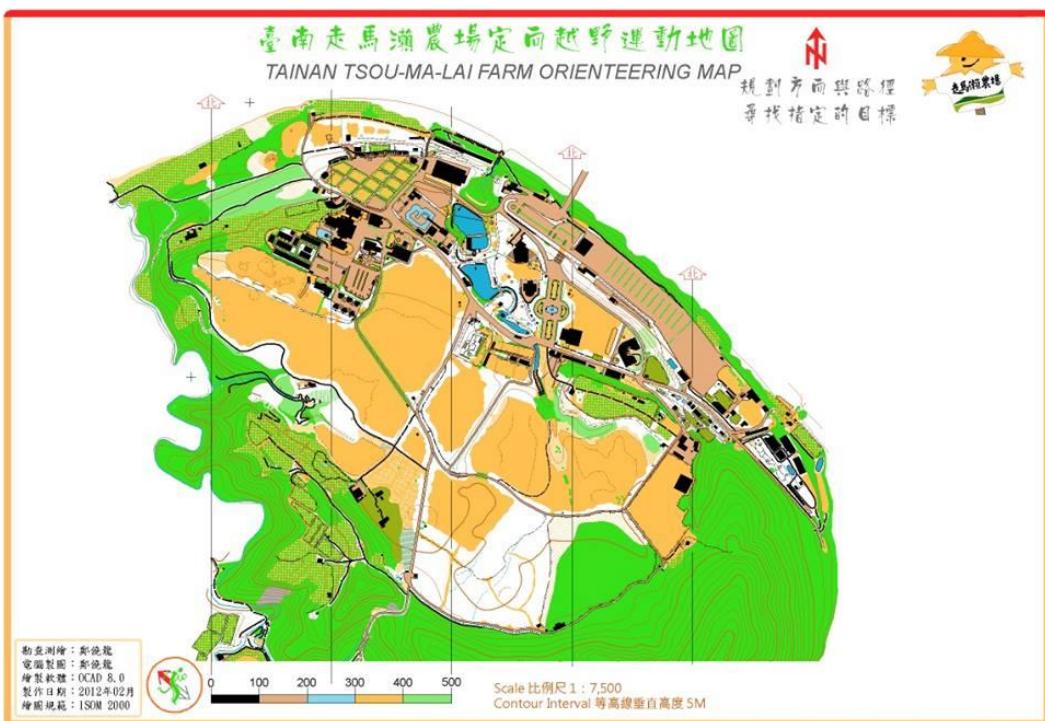
Chia-Yi Park (ISSOM) 嘉義公園



Chia-Yi University (ISOM) 嘉義大學



Shinhua National Forest Arboretum 新化林場 (ISOM)



Tsou-Ma-Lai Farm 走馬瀨農場 (ISOM)

## **Climate**

### **氣候**

In July and August the temperature ranges from 26<sup>0</sup>C to 38<sup>0</sup>C, humidity averages at 75% and an average of 76mm of rain falls.

七、八月臺灣的氣溫介於攝氏 26 至 38 度 C，濕度平均達 75%，平均降雨量為 76 蠶米。

## **Insurance**

### **保險**

It is an requirement for AsOC 2016 competitors and officials to have medical health and travel insurance during their staying period in Taiwan.

參加 AsOC 2016 之選手及隊職員於在臺灣參賽期間，必須自行投保醫療及旅行保險。

## **Asian Working Group Meeting**

### **亞洲工作小組會議**

The Asian working group meeting will be organized at the event center at 8pm after the prize giving ceremony of middle competition and dinner on Friday July 29.

亞洲工作小組會議將於 7 月 29 日星期五，比賽之頒獎典禮及用完餐後舉行，時間為下午 8 點鐘於賽事中心辦理。

## **Asian Mapping Clinic**

### **亞洲繪圖講習**

In conjunction with the Asian Orienteering Championships and thanks to the help by IOF council member Dominic Yue (HKG), Chinese Taipei Orienteering Association plans to host the Asian Orienteering Mapping Clinic during 22-24 April 2016 in Taiwan. This clinic aims at improving Asian orienteering mapping quality and recruiting more enthusiastic mapper to spread orienteering sport in Asia. More details are announced on CTOA webpage and AsOC 2016 webpage.

藉由亞洲定向越野錦標賽的舉辦，以及國際定向越野總會理事虞定宏先生的協助，中華臺北定向越野協會將於 2016 年 4 月 22-24 日於臺灣辦理亞洲定向越野繪圖講習。本次講習主要目的在於提升亞洲定向越野繪圖的水準，以及招募更多對定向越野運動懷有熱情之繪圖者，共同推廣亞洲定向越野運動。相關報名細節已於中華臺北定向越野協會網頁及 AsOC 2016 官方網頁公告。



## **IOF Eventor Registration for AsOC M/W 21 Elite Classes (Emailed had been sent to all concerned on June 25)**

### **參加 21 歲菁英組別之男女選手 IOF Eventor 註冊須知 (已經於 6 月 25 日發電郵通知有關會員國協會)**

AsOC organizing committee is kindly to remind that all entries to AsOC 21E classes (WRE) need IOF Eventor account and IOF ID, which is created on the IOF Eventor webpage. This request applies to all 21 elite runners who enter the AsOC sprint and middle competitions on 28th and 29th of July. Asian federation team managers then need to make the WRE entries through the IOF Eventor role of “Team Manager”. The deadline for IOF Eventor entries for AsOC 2016 will be 8th of July.

AsOC 組委會提醒所有參加 28 日短距離賽及 29 日中距離賽的菁英組選手們，必須要在 IOF 總會 Eventor 系統中先註冊認證及擁有個人帳號，再經由亞洲國家代表隊領隊在 Eventor 中註冊的“team manager”的身分，協助國家隊菁英選手進行亞錦賽的世界排名積分的團隊註冊。亞錦賽 IOF Eventor 註冊截止日期是七月八日。

### **The Maximum Running Time**

#### **比賽逾時限制**

**All runners exceed the maximum running time will be disqualified. This rule applies to all level and age classes.**

所有選手超過大會所設定的最常比賽時間，將以失格處理。這辦法適用於所有等級和年齡別的跑者。

Sprint	Middle	Relay	Sprint relay
60 minutes	90 minutes	180 minutes	120 minutes

### **The Time Limits for Complaints**

#### **申訴的時間限制**

Any complaint shall be made in writing to the event director at the event center on-site. It must be done within 15 minutes when the official results had been announced.

任何申訴必須以書面方式提交至比賽場地所設置的賽事中心，由賽事主管簽收，且必須要在官方成績公告後 15 分鐘內提出方為有效。





## 2016 Asian Orienteering Championships Detailed Information about Courses

### 亞洲定向越野錦標賽 賽程資訊一覽表

1. SPRINT (Elite classes) & SPRINT 1 (other age classes): July 28

菁英組短距離賽與其他組別第一場短距離賽：7月28日舉行

Class 組別	Length (km) 賽程長度(公里)	Total climb (m) 賽程爬高(公尺)	Number of control 檢查點數量	Estimated winning time 預計勝出時間
W21E	2.5	50	17	15 min
M21E	2.7	50	19	15 min
W20E	2.5	50	15	15 min
M20E	2.6	50	17	15 min
W10	1.4	10	15	15 min
M10	1.4	10	15	15 min
W12	1.5	10	15	15 min
M12	1.5	10	15	15 min
W14	1.6	20	15	15 min
M14	1.6	20	15	15 min
W16	1.6	20	15	15 min
M16	1.6	20	15	15 min
W18	1.6	20	16	15 min
M18	1.6	20	16	15 min
W20	2.4	50	14	15 min
M20	2.5	50	16	15 min
W21	2.4	40	17	15 min
M21	2.6	40	18	15 min
W35	2.4	35	17	15 min
M35	2.4	35	17	15 min
W40	2.3	35	17	15 min
M40	2.3	35	17	15 min
W45	2.3	35	17	15 min
M45	2.3	35	17	15 min
W50	2.3	30	16	15 min
M50	2.3	30	16	15 min
W55	2.1	30	16	15 min
M55	2.1	30	16	15 min
W60	2.1	30	15	15 min
M60	2.1	30	16	15 min
M65	2.1	30	15	15 min
M70	2.1	30	15	15 min



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2. MIDDLE (Elite classes) & MIDDLE 1 (other age classes): July 29

菁英組中距離賽與其他組別第一場中距離賽：7月29日舉行

Class 組別	Length (km) 賽程長度(公里)	Total climb (m) 賽程爬高(公尺)	Number of control 檢查點數量	Estimated winning time 預計勝出時間	Number of refreshment controls 水站數量
W21E	2.9	140	15	35 min	1
M21E	3.0	190	15	35 min	1
W20E	2.9	155	14	35 min	1
M20E	3.0	180	15	35 min	1
W10	2.1	120	13	25-30 min	1
M10	2.1	120	13	25-30 min	1
W12	2.2	135	14	25-30 min	1
M12	2.2	135	14	25-30 min	1
W14	2.2	135	14	25-30 min	1
M14	2.2	150	14	25-30 min	1
W16	2.2	150	14	25-30 min	1
M16	2.2	150	14	25-30 min	1
W18	2.4	150	14	25-30 min	1
M18	2.4	150	14	25-30 min	1
W20	2.4	150	14	25-30 min	1
M20	2.4	150	14	25-30 min	1
W21	2.5	140	14	30-35 min	1
M21	2.6	170	14	30-35 min	1
W35	2.5	140	14	30-35 min	1
M35	2.6	170	14	30-35 min	1
W40	2.4	170	15	30-35 min	1
M40	2.5	140	14	30-35 min	1
W45	2.4	170	15	30-35 min	1
M45	2.5	140	14	30-35 min	1
W50	2.4	150	14	25-30 min	1
M50	2.4	170	15	30-35 min	1
W55	2.4	150	14	25-30 min	1
M55	2.4	170	15	30-35 min	1
W60	2.4	150	14	25-30 min	1
M60	2.2	150	14	25-30 min	1
M65	2.2	150	14	25-30 min	1
M70	2.2	135	14	25-30 min	1



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3. RELAY (Elite classes) & MIDDLE 2 (other age classes): July 31

菁英組接力賽與其他組別第二場中距離賽：7月31日舉行

Class 組別	Length (km) 賽程長度(公里)	Total climb (m) 賽程爬高(公尺)	Number of control 檢查點數量	Estimated winning time 預計勝出時間	Number of refreshment controls 水站數量
<b>Elite Relay Women</b>					
LEG 1	3.5	50	16	30 min	1
LEG 2	3.5	48	16	30 min	1
LEG 3	3.5	42	16	30 min	1
<b>Elite Relay Men</b>					
LEG 1	3.5	60	20	30 min	1
LEG 2	3.5	58	20	30 min	1
LEG 3	3.5	50	20	30 min	1
<b>Elite 20 Relay Women</b>					
LEG 1	3.4	46	16	30 min	1
LEG 2	3.4	44	16	30 min	1
LEG 3	3.4	44	16	30 min	1
<b>Elite 20 Relay Men</b>					
LEG 1	3.6	58	18	30 min	1
LEG 2	3.5	52	18	30 min	1
LEG 3	3.5	58	18	30 min	1



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Class 組別	Length (km) 賽程長度(公里)	Total climb (m) 賽程爬高(公尺)	Number of control 檢查點數量	Estimated winning time 預計勝出時間	Number of refreshment controls 水站數量
W10	2.4	26	15	25-30 min	1
M10	2.4	26	15	25-30 min	1
W12	2.6	42	15	25-30 min	1
M12	2.6	42	15	25-30 min	1
W14	2.6	42	15	25-30 min	1
M14	2.8	48	15	25-30 min	1
W16	2.6	42	15	25-30 min	1
M16	2.6	42	15	25-30 min	1
W18	3.4	38	17	30-35 min	1
M18	3.1	48	16	25-30 min	1
W20	3.4	38	17	30-35 min	1
M20	3.1	48	16	25-30 min	1
W21	3.2	38	15	30-35 min	1
M21	3.4	38	17	30-35 min	1
W35	3.2	38	15	30-35 min	1
M35	3.4	38	17	30-35 min	1
W40	3.2	48	16	30-35 min	1
M40	3.2	38	15	30-35 min	1
W45	3.2	48	16	30-35 min	1
M45	3.2	38	15	30-35 min	1
W50	3.1	48	16	25-30 min	1
M50	3.2	48	16	30-35 min	1
W55	3.1	48	16	25-30 min	1
M55	3.2	48	16	30-35 min	1
W60	3.1	48	16	25-30 min	1
M60	3.1	48	16	25-30 min	1
M65	3.1	48	16	25-30 min	1
M70	2.6	42	15	25-30 min	1



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4. SPRINT RELAY (Elite classes) & SPRINT 2 (other age classes): August 1

菁英組短距離接力賽與其他組別第二場短距離賽：8月1日舉行

Class 組別	Length (km) 賽程長度(公里)	Total climb (m) 賽程爬高(公尺)	Number of control 檢查點數量	Estimated winning time 預計勝出時間
<b>Elite Sprint Relay</b>				
LEG 1 & 4	2.5	20	14	14
LEG 2 & 3	2.7-2.8	20	14	14
<b>Elite 20 Sprint Relay</b>				
LEG 1 & 4	2.5	20	12	13
LEG 2 & 3	2.5-2.6	20	13	13
W10	2.0	10	13	14
M10	2.0	10	13	14
W12	2.3	10	13	14
M12	2.3	10	13	14
W14	2.3	10	13	14
M14	2.3	10	13	14
W16	2.3	15	13	13
M16	2.3	15	13	13
W18	2.3	15	13	13
M18	2.3	15	13	13
W20	2.3	20	13	12
M20	2.3	20	13	12
W21	2.6	20	14	14
M21	2.7	20	14	14
W35	2.5	25	14	15
M35	2.5	25	14	15
W40	2.3	20	12	14
M40	2.3	20	12	14
W45	2.3	20	12	14
M45	2.3	20	12	14
W50	2.1	10	15	14
M50	2.1	10	15	14
W55	2.1	10	15	14
M55	2.1	10	15	14
W60	1.8	10	13	14
M60	1.8	10	13	14
M65	1.8	10	13	14
M70	1.8	10	13	14



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## Start Time for Sprint 1 (28<sup>th</sup> July)

短距離 1 出發時間 (七月二十八日)

出發時間 Start Time	第 1 賽道 Lane 1	第 2 賽道 Lane 2	第 3 賽道 Lane 3	第 4 賽道 Lane 4	第 5 賽道 Lane 5	第 6 賽道 Lane 6	第 7 賽道 Lane 7	第 8 賽道 Lane 8
11:00:00	W14/Li, Xiang (李响)/272	W45/Chen, Ling-Ling (陳玲伶)/144	W12/Fan, Shiting (范诗婷)/318	W18/Huang, Xinfei (黃馨霏)/187	W35/Wang, Xuehui (王学慧)/360	M60/TSUI, WING SING/285	W10/LEUNG, HIU YUET (梁曉悅)/121	M70/Niimi, Mamoru/479
11:01:00	W14/Choi, Lok Novel (蔡洛)/242	W45/Yang, Xiangqing (杨向青)/362	W12/FU, HOI KI (傅壇棋)/122	W18/Wong, Man Fan (黃敏芬)/226	W35/Kim, JiHyun/210	M60/Okuyama, Keitoku/478	W10/Luo, Lin (罗琳)/317	M70/Choi, Kam Kwai (蔡錦達)/249
11:02:00	W14/Ryu, YeaJin/207	W45/Chen, Yu-Hui (陳裕惠)/145	W12/Cai, Hanyu (蔡晗羽)/373	W18/Liang, Haishan (梁海珊)/188	W35/LIN, YU HUA (林鈺華)/411	M60/TONG, Kwan Yuen/305	W10/LIANG, Gwai Fei, Lea/127	M65/Nam, YoonMyun/206
11:03:00	W14/Wong, Hau Yi (黃巧兒)/243	W45/Yuen, Moon Ngo (袁滿娥)/250	W12/CAO, SIYUE (曹斯岳)/398	W18/Chi, Le-Mei (紀樂镁)/167	M35/Cheng, Yuk Tung/431	M60/Park, HyungHwan/205	W10/Ochiai, Mina (落合美那)/231	M65/Telnov, Vladimir/216
11:04:00	W14/Zhou, Xueqian (周雪倩)/273	W45/Yang, Wen-Fen/386	W12/FUNG, WAI KI (馮蔚祈)/123	W18/Law, Hoi Yi/448	M35/Hsu, Yung-Chang (許永昌)/155	M60/YUE, Ting Wang Dominic/306	W10/Wong, Ching Hei (黃呈曇)/241	M65/MOK, TO/286
11:05:00	W14/Wong, Ki Sum (王淇心)/244	W45/Terashima, Kimie/339	W12/Chen, Chang (陈畅)/374	W18/Wang, Xiang-Ying (王湘颖)/486	M35/Ding, Libo (丁立波)/355	M60/Ahn, Sangyoun (안상윤 (安商允))/293	W10/Wang, Zhifan (王知凡)/359	W60/Kim, Hwaja (김화자 (金花子))/295
11:06:00	W14/TSAI, CHIA-WEN (蔡佳紋)/383	W45/Hoe, Karen Chia-Lin (侯佳伶)/508	W12/HUANG, YUFEI (黃雨菲)/399	W18/Liang, Yuqing (梁雨晴)/189	M35/Choy, Kwok Wai/432	M60/PANG, Ka Choi/331	M10/Ding, Yiming (丁奕铭)/341	W60/Wong, Yuk Hing/455

11:07:00	W14/Wong, Yi Yan/253	W45/Heo, JeongWon/211	W12/LEUNG, HIU CHING (梁曉晴)/124	W18/LAI, HSIAO-YUAN/494	M35/Liao, Bing-Hung/195	M60/Lee, Man Wai/442	M10/WANG, SYU FAN (王敘帆)/406	W21/Hua, Chun-Yi (花君宜)/161
11:08:00	W14/Mai, Shishi (麦诗诗)/319	M45/OZAWA, Satoshi/387	W12/Wu, Yuhui (吴宇慧)/375	W18/Tsang, Hiu Yu/449	M35/Byeon, GilSeob/196	W55/CHUI, Lai Kuen Candy/233	M10/Siu, Pui Lok/191	W21/SO, Wing Man/128
11:09:00	W14/LAU, HIN YI/287	M45/FU, MAN FAI (傅文輝)/119	W12/LI, KEXIN (李可欣)/400	W18/LIN, CHIH-JUNG/495	M21/Deng, Hai-Bo (鄧海波)/152	W55/Kim, YoungSook/214	M10/WANG, SYU MING (王敘名)/407	W21/Arai, Hiromi/336
11:10:00	W14/Hsu, Hsing Ping/475	M45/Hu, Zhiyong (胡智勇)/271	W12/Siu, Pui Yuet/193	W18/Liu, Lin (刘琳)/190	M21/Li, Xiang (李翔)/298	W55/AU, Man Chong Mariana/252	M10/Pei, Yuanhao (裴元昊)/363	W21/Tsai, Yi-Yi (蔡一伊)/162
11:11:00	W14/Chu, Ying Yau/443	M45/LIANG, Chi Wai/126	W12/Zhao, Yongxi (赵咏茜)/376	W18/LIN, SSU-TSEN/496	M21/Iam, Ka Wai (任嘉偉)/222	W55/Lee, MinBok/215	M10/Chen, Yu Shun/469	W21/Cheng, Yuen Ki, Hilda/450
11:12:00	W14/Song, Chumin (宋楚敏)/320	M45/Jung, JongKun/198	W12/MA, YINING (马艺宁)/401	W18/Chan, Kam I (陳錦儀)/225	M21/Fong, Theodore/462	W55/Lai, Mei Ho Pauline/254	M10/Wong, Wai Hin (黃偉軒)/234	W21/Nishimura, Rei/415
11:13:00	W14/Fung, Wai Ching/444	M45/Siu, Man Kwong/192	W12/Hsiao, Wan Chi/474	W18/LIN, YI-CHIN/497	M21/Jani, Kohonen/153	W55/HO, AMY SAU FONG/289	M10/Chiang, Wen Sheng/470	W21/Yuan, Shuang (袁双)/163
11:14:00	W14/Cheng, Betty Chun-Yun (鄭淳芸)/507	M45/Shiu, Jia-Ren (許家仁)/159	W12/SUN, YAN (孙妍)/402	W18/Zhou, Xiyu (周希钰)/276	M21/Mak, Yui Kan Raphael/307	W55/Wong, Wai Ching, Vickie/454	M10/Wong, Ho Yan Benjamin (黃灝恩)/324	W21/Wei, Suyee (韦愫怡)/323
11:15:00	W14/Wong, Yi Shan/445	M45/Choi, Wai Kit (蔡偉傑)/248	M12/Deng, Ruizhi (邓睿智)/342	W18/WANG, LI-CHIEH/498	M21/Un, Son Fai (袁順輝)/223	M55/YU, Shin Ho/232	M10/FU, CHIU-SUNG (傅丘淞)/510	W21/SIAO, YU JIE (蕭羽婕)/409

11:16:00	W14/Zhang, Jiayi (张佳怡)/321	M45/Kobayashi, Hirofumi/476	M12/HONG, YI (洪毅)/388	M18/Hu, Yaowen (胡耀文)/178	M21/Li, Wei-Chao (李威 超)/154	M55/Kwon, OhSam/203	W50/Choy, Lai Heung Sally (蔡 麗香)/246	W21/Cheung, Wei Ki, Rainky/451
11:17:00	W14/Yue, Wei Ya/446	M45/WONG, KIN LOK/283	M12/LEE, SZE LUT NAZIRITE (李思律)/115	M18/Cheng, Ho Wang/328	M21/Shu, Feijie (舒飞捷)/299	M55/Ko, Man Fung, Francis/439	W50/Kim, SuMi/212	W21/Yokozawa, Yuka/488
11:18:00	W14/Zhang, Lan (张岚)/322	M45/Tian, Zhong (田中)/358	M12/Terashima, Kenichiro/332	M18/Kong, Chak Lon (龔澤 麟)/221	M21/Yang, Chao-Ching/194	M55/Lee, ChulSeung/204	W50/KO, SIN YU/291	W21/WU, JIA SHENG (吳佳 笙)/410
11:19:00	M14/Cai, Guanjun (蔡冠 军)/308	M45/Wong, Chi Chung Isaac (黃 志冲)/325	M12/Shen, Hantao (沈寒 涛)/343	M18/Jian, Shuoliang (简硕 良)/179	M21/Chen, Jin Bin (陳錦斌)/340	M55/Yu, Sai Hong/251	W50/Kornilova, Galina/218	W21/WANG, HAIYU (王海 玉)/403
11:20:00	M14/Chan, Chun Hei/419	M45/Kim, SangSoo/199	M12/LI, YIZE (李奕泽)/389	M18/LI, Hao Wei/329	M21/HSU, CHIH-HUNG (許 志宏)/382	M55/Kang, Byeungwook (강병욱)/292	W50/Cheung, Siu Yung/302	W21/Ahn, Jieun (안지은 (安智 恩))/294
11:21:00	M14/Chen, Jinsong (陈锦 松)/309	M45/LAU, CHI CHUEN (劉志 泉)/377	M12/WU, CHEUK HEI (胡 倬僖)/116	M18/Chen, Yu-Shung (陳育 聖)/134	M21/Zhang, Zhen (张瑱)/300	M55/Leung, Lam/440	W50/Park, MiKyung/213	W21/Chen, Ting-Yu/456
11:22:00	M14/MA, CHIN CHENG (馬金 呈)/463	M45/Huang, Chin-Chi/385	M12/Shiu, Heng-Wei (許恆 瑋)/147	M18/Li, Jiayuan (李加源)/180	M21/Chang, Cheng-Zhen (張 呈禎)/480	M55/Chiang, Yen-Hwang (江 衍皇)/160	W50/Cheung, Lai Kuen, Mona/453	W21/Leung, Ka Man/452
11:23:00	M14/Li, Jiacheng (李嘉诚)/310	M45/Cheung, Kang Kai/434	M12/Shi, Yihui (石一輝)/344	M18/Li, Chun Ho/426	M21/Chan, Tin Mong/430	M55/LEE, CHI KIN/284	M50/MAN, WAI TIN (文惠 庭)/120	W21/Yoshida, Miyako/489
11:24:00	M14/Leung, Chung Wai/420	M45/Lin, Chia-Chih (林嘉 志)/503	M12/Au, Joshua Ho Kiu/164	M18/Fang, Jin-Yi (方晉翊)/135	M21/Chuang, Pao-Yang (莊博 仰)/481	M55/Yeung, Wai Yin, Alexis/441	M50/Ochiai, Kimiya (落合 公 也)/230	W21/Lin, Jo-Shui/457

11:25:00	M14/Zeng, Jiapeng (曾嘉鵬)/311	M45/Wong, Man Wa/435	M12/SHIH, JHENG YANG (石正暘)/408	M18/Li, Minghao (李銘豪)/181	M21/Li, Zhuoye (李卓業)/314	M55/Chan, Po Ming/301	M50/WONG, WAI MING/290	W21/Lei, Pou Si (李寶詩)/228
11:26:00	M14/MA, CHIN YEN (馬金言)/464	M45/Cheng, Hsu-Huang (鄭旭晃)/506	M12/LIU, YANBIN (劉晏彬)/390	M18/Ng, Sung Chak/427	M21/Liao, Ting-Yi (廖庭逸)/484	M20/Yuan, Langchuan (袁朗川)/183	M50/Kim, HoYong/200	
11:27:00	M14/Zhou, Chunsheng (周春生)/312	W40/Kwok, Ka Wah Cara (郭嘉華)/245	M12/Ho, Him To (何謙陶)/235	M18/Lai, Yun-Fei (賴昀飛)/136	M21/Chu, Kai (楚凱)/352	M20/Cheng, Tsz Fung (鄭梓峰)/240	M50/HUI, Ngai Sang/304	
11:28:00	M14/Lum, Cheuk Hei/421	W40/Katayama, Yasuko/337	M12/Chen, Bo Hao/472	M18/Ou, Zhibin (区志斌)/182	M21/Lin, Je-Li (林哲立)/485	M20/Ren, Tianrui (任天锐)/270	M50/Fujii, Norihisa/334	
11:29:00	M14/Li, Jincheng (李錦誠)/346	W40/Zhu, Bing (朱兵)/278	M12/Wang, Zhengnan (王正南)/345	M18/Shiu, Chit Hei/428	M21/Sun, Ming (孙明)/353	M20/Tsai, Chien-Hsun (蔡建勳)/151	M50/Leung, Lap On/436	
11:30:00	M14/Lin, Chen-Yu (林宸宇)/502	W40/JAO, HSI CHEN (饒僖真)/412	M12/Lam, Hiu Yeung (林曉揚)/236	M18/Li, Yang-Shiang (李永祥)/137	M21/Lin, Shi-Yap (林仕堯)/499	M20/Fu, Yejia (付业佳)/296	M50/Lee, JongSeok/201	VIP/VIP01/
11:31:00	M14/SUN, LUO (孙骆)/395	W40/Wong, Wing Yan Josephine/279	M12/SHEN, WEICHENG (沈炜程)/391	M18/Zhang, Yuelai (张岳来)/269	M21/Zhang, Bocheng (張博成)/354	M20/SHI, Jun Lin/330	M50/Ng, Kam Fu, Patrick/437	VIP/VIP02/
11:32:00	M14/Wang, Shuoyang (王硕阳)/347	W40/Uesaka, Kazuko/338	M12/Man, Tsan Shun (文贊舜)/237	M18/Yu, Tsz Fung/429	M21/Chen, Cheng-Hsiung (陳鄭雄)/505	M20/Yan, Bojun (鄺博俊)/297	M50/Terashima, Kazuki/335	VIP/VIP03/
11:33:00	M14/WU, MINGYU (吴明宇)/396	W40/Forrest, Fiona/114	M12/Jiang, Chengyi (蒋承易)/364	M18/Lin, Hsuan-Jen (林軒任)/138	M21/Li, Zhendong (李振东)/370	M20/Cai, Cheng-Jhe (蔡承哲)/165	M50/So, ByungJo/202	VIP/VIP04/

11:34:00	W16/Chen, Jia-Chi (陳佳琪)/142	M40/Luo, Jie Yuan (罗洁源)/316	M12/Wong, Cheuk Him (王卓謙)/238	M18/Shen, Yirong (沈逸榮)/351	M21/Chen, Bo-Yuan (陳柏元)/509	M20/Qiu, Zhenyang (邱振洋)/368	M50/Tamura, Satoshi/414	VIP/VIP05/
11:35:00	W16/Che, Yongyi (车泳仪)/184	M40/FUNG, CHUN PAN (馮俊斌)/117	M12/ZHANG, BOWEN (张博文)/392	M18/Ao Ieong, Hok Meng (歐陽學明)/220	M21/Yang, Yutao (杨玉桃)/371	M20/Liou, Guan-Ting (劉冠廷)/166	M50/Wong, Chi Yin/438	VIP/VIP06/
11:36:00	W16/Jang, EunYoung/208	M40/Kimata, Jun/333	M12/Yip, Ho Wang Owen (葉浩宏)/239	M18/Lin, Ting Yi (林廷奕)/258		M20/Yang, Yihan (杨懿涵)/369	M50/Kobayashi, Taketo/477	VIP/VIP07/
11:37:00	W16/Leung, Hei Tung/447	M40/Shen, Jian (沈健)/356	M12/ZHANG, TINGYAO (张廷耀)/393	M18/Zhu, Kaijia (朱鍇嘉)/367		M20/WU, SHIH-JIE (吳世傑)/501		VIP/VIP08/
11:38:00	W16/LI, Shin-Yu (李芯瑜)/143	M40/LEUNG, WAI KIN (梁偉健)/118	M12/WONG, YAT HEI/280	W20/Hong, Min-Yu (洪旻瑜)/168				VIP/VIP09/
11:39:00	W16/Lin, Peiqi (林沛琪)/185	M40/Jang, Hoil/197	M12/Wu, Haoyu (吴昊彧)/365	W20/Yang, Xueqin (杨雪琴)/277				VIP/VIP10/
11:40:00	W16/Leong, Man Wai (梁敏慧)/224	M40/Wang, Dong (王东)/357	M12/ZHENG, YIMING (郑亦铭)/394	W20/Jang, SeoYoung/209				
11:41:00	W16/Sekerbekova, Ajnur/217	M40/Chung, Chi Ming (鍾志明)/247		W20/Jiang, Hou Ai (蔣厚愛)/227				
11:42:00	W16/LIN, CHIEN-CHIN (林千琴)/384	M40/Lai, Wen-Chuan (賴文權)/141		W20/LIN, CHIA WEN/465				

11:43:00	W16/Luo, Yongpei (罗泳 培)/186	M40/LIANG, JIAN (梁健)/397						
11:44:00	W16/HUANG, YU-HSIN/491	M40/Cheng, Ping Kuen/433						
11:45:00	W16/Hu, Xinyu (胡馨予)/274	M40/Chang, Lan-Feng (張嵐 逢)/157						
11:46:00	W16/LI, YI-HUA/492							
11:47:00	W16/Yin, Jiahui (尹佳慧)/275							
11:48:00	W16/LIN, CHIEH-FANG/4 93							
11:49:00	M16/YUE, Wei Yi/303							
11:50:00	M16/Chen, Hongyan (陈泓 言)/169							
11:51:00	M16/Chan, Chon Hei (陳駿曦)/219							
11:52:00	M16/Feng, Weixin (冯伟 信)/170							
11:53:00	M16/Chiang, Chieh-An (蔣捷 安)/130							

11:54:00	M16/Lai, Junshen (賴俊燊)/171							
11:55:00	M16/LAM, Hiu Chak/326							
11:56:00	M16/Li, Jingyao (李敬堯)/172							
11:57:00	M16/Jhang, Pei-Huan (張沛桓)/131							
11:58:00	M16/Liang, Zhanbang (梁展邦)/173							
11:59:00	M16/TSUI, Tung Ming/327							
12:00:00	M16/Liao, Junxuan (廖浚軒)/174							
12:01:00	M16/Lee, Tien-Chia (李典家)/132							
12:02:00	M16/Lu, Yunxiang (陸雲翔)/175							
12:03:00	M16/Chu, Yau Man/422							
12:04:00	M16/Shi, Yuchen (施雨辰)/176							

12:05:00	M16/Lin, Sheng-Chi (林聖 淇)/133							
12:06:00	M16/Xiang, Zhiwei (向枳 圩)/177							
12:07:00	M16/Shiu, Chit Him/423							
12:08:00	M16/Du, Xichen (杜熙晨)/266							
12:09:00	M16/Lin, Chin-Ti (林沁湜)/149							
12:10:00	M16/Liu, Jiewu (刘杰武)/267							
12:11:00	M16/Wong, Cheuk Wang/424							
12:12:00	M16/Zhou, Hongcheng (周鸿 程)/268							
12:13:00	M16/CHEN, YU-AN (陳昱 安)/380							
12:14:00	M16/Lv, Rui (呂 睿)/313							
12:15:00	M16/Wong, Tsz Chun, Jason/425							
12:16:00	M16/Bai, Yanfu (白彦夫)/348							



12:17:00	M16/LIN, YU-CHENG (林 宥呈)/381							
12:18:00	M16/Wang, Qiuxiang (王秋 翔)/349							
12:19:00	M16/Chang, Young Shiang/473							
12:20:00	M16/Zhang, Xunzheng (张训 政)/350							
12:21:00	M16/Chen, Shen Chang/500							
12:22:00	M16/Li, Danyang (李丹阳)/366							
12:23:00	M16/Wu, Jin Cheng (吳謹 丞)/504							

## Start Time for Middle 1 (29<sup>th</sup> July)

### 中距離 1 出發時間 (七月二十九日)

出發時間 Start Time	第 1 賽道 Lane 1	第 2 賽道 Lane 2	第 3 賽道 Lane 3	第 4 賽道 Lane 4	第 5 賽道 Lane 5	第 6 賽道 Lane 6	第 7 賽道 Lane7
11:30:00	M16/Chen, Hongyan (陳泓言)/169	W18/Chi, Le-Mei (紀樂銤)/167	W14/Choi, Lok Novel (蔡洛)/242	W21/Hua, Chun-Yi (花君宜)/161	M50/MAN, WAI TIN (文惠庭)/120	M21/Li, Xiang (李翔)/298	M10/WANG, SYU FAN (王敘帆)/406
11:31:00	W16/Chen, Jia-Chi (陳佳琪)/142	M18/Hu, Yaowen (胡耀文)/178	M12/Deng, Ruizhi (鄧睿智)/342	W35/Wang, Xuehui (王學慧)/360	W40/Kwok, Ka Wah Cara (郭嘉華)/245	M35/Li, Jian-Sing (李建興)/139	W10/Luo, Lin (羅琳)/317
11:32:00	M16/YUE, Wei Yi/303	W18/Zhou, Xiyu (周希钰)/276	W14/Li, Xiang (李响)/272	W21/Arai, Hiromi/336	M50/Ochiai, Kimiya (落合 公也)/230	M21/Deng, Hai-Bo (鄧海波)/152	M10/Ding, Yiming (丁奕铭)/341
11:33:00	W16/Leung, Hei Tung/447	M18/Cheng, Ho Wang/328	M12/LEE, SZE LUT NAZIRITE (李思律)/115	W35/Kim, JiHyun/210	W40/Katayama, Yasuko/337	M35/Ding, Libo (丁立波)/355	W10/LEUNG, HIU YUET (梁曉悅)/121
11:34:00	M16/Feng, Weixin (冯伟信)/170	W18/Wang, Xiang-Ying (王湘穎)/486	W14/Wong, Hau Yi (黃巧兒)/243	W21/Cheng, Yuen Ki, Hilda/450	M50/Kim, HoYong/200	M21/Mak, Yui Kan Raphael/307	M10/Siu, Pui Lok/191
11:35:00	W16/Sekerbekova, Ajnur/217	M18/Chen, Yu-Shung (陳育聖)/134	M12/Shen, Hantao (沈寒濤)/343	W35/LIN, YU HUA (林鈺華)/411	W40/Zhu, Bing (朱兵)/278	M35/Byeon, GilSeob/196	W10/Ochiai, Mina (落合 美那)/231
11:36:00	M16/Chan, Chon Hei (陳駿曦)/219	W18/Tsang, Hiu Yu/449	W14/Ryu, YeaJin/207	W21/Tsai, Yi-Yi (蔡一伊)/162	M50/WONG, WAI MING/290	M21/Shu, Feijie (舒飛捷)/299	M10/WANG, SYU MING (王敘名)/407
11:37:00	W16/Che, Yongyi (车泳仪)/184	M18/Jian, Shuoliang (简硕良)/179	M12/Terashima, Kenichiro/332	M45/Shiu, Jia-Ren (許家仁)/159	W40/Wong, Wing Yan Josephine/279	M35/Hsu, Yung-Chang (許永昌)/155	W10/Wang, Zhifan (王知凡)/359
11:38:00	M16/Lai, Junshen (賴俊燊)/171	W18/LAI, HSIAO-YUAN/494	W14/Wong, Ki Sum (王淇心)/244	W21/Nishimura, Rei/415	M50/Fujii, Norihisa/334	M21/Jani, Kohonen/153	M10/Pei, Yuanhao (裴元昊)/363

11:39:00	W16/HUANG, YU-HSIN/491	M18/Ao Ieong, Hok Meng (歐陽學明)/220	M12/Shi, Yihui (石一輝)/344	M45/FU, MAN FAI (傅文輝)/119	W40/Uesaka, Kazuko/338	M35/Cheng, Yuk Tung/431	W10/Wong, Ching Hei (黃呈曦)/241
11:40:00	M16/Chiang, Chieh-An (蔣捷安)/130	W18/Liu, Lin (劉琳)/190	W14/Zhou, Xueqian (周雪倩)/273	W21/Wei, Suyee (韦愫怡)/323	M50/Lee, JongSeok/201	M21/Kozawa, Hiroki (小澤 宏紀)/229	M10/Wong, Wai Hin (黃偉軒)/234
11:41:00	W16/Lin, Peiqi (林沛琪)/185	M18/Fang, Jin-Yi (方晉翊)/135	M12/WU, CHEUK HEI (胡倬僖)/116	M45/OZAWA, Satoshi/387	W40/Forrest, Fiona/114	M35/Liao, Bing-Hung/195	
11:42:00	M16/Li, Jingyao (李敬堯)/172	W18/Wong, Man Fan (黃敏芬)/226	W14/Wong, Yi Yan/253	W21/Yuan, Shuang (袁双)/163	M50/HUI, Ngai Sang/304	M21/Zhang, Zhen (张瑱)/300	M10/FU, CHIU-SUNG (傅丘淞)/510
11:43:00	W16/Jang, EunYoung/208	M18/Li, Jiayuan (李加源)/180	M12/Wang, Zhengnan (王正南)/345	M45/LIANG, Chi Wai/126	W40/JAO, HSI CHEN (饒僖真)/412	M35/Choy, Kwok Wai/432	
11:44:00	M16/LAM, Hiu Chak/326	W18/LIN, CHIH-JUNG/495	W14/Cheng, Betty Chun-Yun (鄭淳芸)/507	W21/Yokozawa, Yuka/488	M50/Terashima, Kazuki/335	M21/Li, Wei-Chao (李威超)/154	
11:45:00	W16/Luo, Yongpei (罗泳培)/186	M18/LI, Hao Wei/329	M12/Shiu, Heng-Wei (許恒瑋)/147	M45/Huang, Chin-Chi/385	M55/YU, Shin Ho/232		
11:46:00	M16/Liang, Zhanbang (梁展邦)/173	W18/Liang, Yuqing (梁雨晴)/189	W14/LAU, HIN YI/287	W21/Lei, Pou Si (李寶詩)/228	M50/So, ByungJo/202	M21/Iam, Ka Wai (任嘉偉)/222	
11:47:00	W16/LI, YI-HUA/492	M18/Lai, Yun-Fei (賴昀飛)/136	M12/Jiang, Chengyi (蒋承易)/364	M45/Siu, Man Kwong/192	M55/Kwon, OhSam/203		
11:48:00	M16/Jhang, Pei-Huan (張沛桓)/131	W18/LIN, SSU-TSEN/496	W14/Mai, Shishi (麦诗诗)/319	W21/SIAO, YU JIE (蕭羽婕)/409	M50/Leung, Lap On/436	M21/Li, Zhuoye (李卓业)/314	



11:59:00	M60/Park, HyungHwan/205	M18/Lin, Hsuan-Jen (林軒任)/138	M12/LI, YIZE (李奕澤)/389	M45/Wong, Chi Chung Isaac (黃志沖)/325	M55/LEE, CHI KIN/284		
12:00:00	M16/Chu, Yau Man/422	W18/Huang, Xinfei (黃馨霏)/187	W14/Zhang, Lan (張嵒)/322	W21/Leung, Ka Man/452	W45/Yang, Xiangqing (楊向青)/362	M21/Chu, Kai (楚凱)/352	
12:01:00	M60/TONG, Kwan Yuen/305	M18/Zhang, Yuelai (张岳来)/269	M12/Lam, Hiu Yeung (林曉揚)/236	M45/Cheng, Hsu-Huang (鄭旭晃)/506	M55/Chiang, Yen-Hwang (江衍皇)/160		
12:02:00	M16/Xiang, Zhiwei (向枳圩)/177	M20/Yuan, Langchuan (袁朗川)/183	W14/Yue, Wei Ya/446	W21/Lin, Jo-Shui/457	W45/Chen, Yu-Hui (陳裕惠)/145	M21/Lin, Bo Jun (林伯雋)/261	
12:03:00	M60/Okuyama, Keitoku/478	M18/Ng, Sung Chak/427	M12/LIU, YANBIN (刘晏彬)/390	M45/LAU, CHI CHUEN (劉志泉)/377	M55/Yeung, Wai Yin, Alexis/441		
12:04:00	M16/Lin, Sheng-Chi (林聖淇)/133	M20/Cheng, Tsz Fung (鄭梓鋒)/240	W12/CAO, SIYUE (曹斯岳)/398	M40/FUNG, CHUN PAN (馮俊斌)/117	W45/Terashima, Kimie/339	M21/Un, Son Fai (袁順輝)/223	
12:05:00	M60/YUE, Ting Wang Dominic/306	M18/Wang, Rui Jun (王睿濬)/259	M12/Man, Tsan Shun (文贊舜)/237	M45/Tian, Zhong (田中)/358	M55/Chan, Po Ming/301		
12:06:00	M16/Du, Xichen (杜熙晨)/266	M20/Ren, Tianrui (任天锐)/270	W12/Cai, Hanyu (蔡晗羽)/373	M40/Luo, Jie Yuan (罗洁源)/316	W45/Yang, Wen-Fen/386	M21/Sun, Ming (孙明)/353	
12:07:00	M60/Ahn, Sangyoun (안상윤 (安商允))/293	M18/Shen, Yirong (沈逸榮)/351	M12/SHEN, WEICHENG (沈炜程)/391	M45/Cheung, Kang Kai/434			
12:08:00	M16/Shiu, Chit Him/423	M20/Tsai, Chien-Hsun (蔡建勳)/151	W12/FU, HOI KI (傅壻棋)/122	M40/Kimata, Jun/333	W45/Heo, JeongWon/211	M21/Lin, Shi-Yap (林仕堯)/499	

12:09:00	M60/PANG, Ka Choi/331	M18/Shiu, Chit Hei/428	M12/Wong, Cheuk Him (王卓謙)/238	M45/Kobayashi, Hirofumi/476			
12:10:00	M16/Liu, Jiewu (刘杰武)/267	M20/Fu, Yejia (付业佳)/296	W12/HUANG, YUFEI (黃雨菲)/399	M40/Chang, Lan-Feng (張嵐逢)/157	W45/Hoe, Karen Chia-Lin (侯佳伶)/508	M21/Tarasov, Alexander/379	
12:11:00	M60/Lee, Man Wai/442	M18/Zhanzhou, Ming Han (詹周明翰)/260	M12/ZHANG, BOWEN (张博文)/392	M45/Wong, Man Wa/435			
12:12:00	M16/Lin, Chin-Ti (林沁湜)/149	M20/SHI, Jun Lin/330	W12/Chen, Chang (陈畅)/374	M40/LEUNG, WAI KIN (梁偉健)/118		M21/Zhang, Bocheng (张博成)/354	
12:13:00	M14/Cai, Guanjun (蔡冠军)/308	M18/Zhu, Kaijia (朱锴嘉)/367	M12/Yip, Ho Wang Owen (葉浩宏)/239	M45/Kim, SangSoo/199			
12:14:00	M16/Zhou, Hongcheng (周鸿程)/268	M20/Yan, Bojun (鄢博俊)/297	W12/FUNG, WAI KI (馮蔚祈)/123	M40/Shen, Jian (沈健)/356		M21/Chen, Cheng-Hsiung (陳鄭雄)/505	
12:15:00	M14/Chan, Chun Hei/419	M18/Yu, Tsz Fung/429	M12/ZHANG, TINGYAO (张廷耀)/393				
12:16:00	M16/Wong, Cheuk Wang/424	M20/Cai, Cheng-Jhe (蔡承哲)/165	W12/LI, KEXIN (李可欣)/400	M40/Jang, Hoil/197		M21/Chan, Tin Mong/430	
12:17:00	M14/Li, Jincheng (李锦诚)/346	W20/Yang, Xueqin (杨雪琴)/277	M12/WONG, YAT HEI/280				
12:18:00	M16/Lv, Rui (吕睿)/313	M20/Qiu, Zhenyang (邱振洋)/368	W12/Fan, Shiting (范诗婷)/318	M40/LIAO, TENG-SHAN/490		M21/Li, Zhendong (李振东)/370	
12:19:00	M14/Lin, Chen-Yu (林宸宇)/502	W20/Jang, SeoYoung/209	M12/ZHENG, YIMING (郑亦铭)/394				

12:20:00	M16/Chang, Young Shiang/473	M20/Liou, Guan-Ting (劉冠廷)/166	W12/LEUNG, HIU CHING (梁曉晴)/124	M40/LIANG, Chi Hang/125		M21/Weng, Jhao Wei (翁兆緯)/511	
12:21:00	M14/Chen, Jinsong (陈锦松)/309	W20/Jiang, Hou Ai (蔣厚愛)/227	M70/Choi, Kam Kwai (蔡錦達)/249				
12:22:00	M16/Bai, Yanfu (白彦夫)/348	M20/Yang, Yihan (杨懿涵)/369	W12/MA, YINING (马艺宁)/401	M40/Wang, Dong (王东)/357		M21/Yang, Yutao (杨玉桃)/371	
12:23:00	M14/Leung, Chung Wai/420	W20/Hong, Min-Yu (洪旻瑜)/168	M70/Niimi, Mamoru/479				
12:24:00	M16/Wong, Tsz Chun, Jason/425	M20/WU, SHIH-JIE (吳世傑)/501	W12/Wu, Yuhui (吳宇慧)/375	M40/Chung, Chi Ming (鍾志明)/247		M21/Fong, Theodore/462	
12:25:00	M14/Wang, Shuoyang (王硕阳)/347	W55/CHUI, Lai Kuen Candy/233					
12:26:00	M16/Wang, Qiuxiang (王秋翔)/349	W50/Choy, Lai Heung Sally (蔡麗香)/246	W12/Siu, Pui Yuet/193	M40/LIANG, JIAN (梁健)/397		M21/Zheng, Jiansheng (郑健生)/372	
12:27:00	M14/Lum, Cheuk Hei/421	W55/Kim, YoungSook/214					
12:28:00	M16/Wu, Jin Cheng (吳謹丞)/504	W50/Kim, SuMi/212	W12/SUN, YAN (孙妍)/402	M40/Cheng, Ping Kuen/433			
12:29:00	M14/Li, Jiacheng (李嘉诚)/310	W55/AU, Man Chong Mariana/252					
12:30:00	M16/Zhang, Xunzheng (张训政)/350	W50/KO, SIN YU/291	W12/Zhao, Yongxi (赵咏茜)/376				
12:31:00	M14/SUN, LUO (孙骆)/395	W55/Lee, MinBok/215					

12:32:00	M16/Li, Danyang (李丹阳)/366	W50/Kornilova, Galina/218					
12:33:00	M14/Zeng, Jiapeng (曾嘉鹏)/311	W55/Lai, Mei Ho Pauline/254					
12:34:00	M65/Telnov, Vladimir/216	W50/Cheung, Lai Kuen, Mona/453					
12:35:00	M14/WU, MINGYU (吴明宇)/396	W55/HO, AMY SAU FONG/289					
12:36:00	M65/Nam, YoonMyun/206	W50/Park, MiKyung/213					
12:37:00	M14/Zhou, Chunsheng (周春 生)/312	W55/Wong, Wai Ching, Vickie/454					
12:38:00		W60/Wong, Yuk Hing/455					

## Start Time for Middle 2 (31<sup>st</sup> July)

中距離 2 出發時間 (七月三十一日)

出發時間 Start Time	第 1 賽道	第 2 賽道	第 3 賽道	第 4 賽道	第 5 賽道	第 6 賽道	第 7 賽道
11:00:00	M21/Deng, Hai-Bo (鄧海波)/152	M40/Huang, Yao-Ching (黃耀 慶)/140	M65/Telnov, Vladimir/216	W12/SUN, YAN (孙 妍)/402	M16/Li, Danyang (李丹阳)/366	M50/Wong, Chi Yin/438	M10/WANG, SYU FAN (王敘帆)/406
11:01:00	W18/Zhou, Xiyu (周 希鈺)/276	M45/Wong, Chi Chung Isaac (黃志 沖)/325	W50/Cheung, Lai Kuen, Mona/453	M70/Niimi, Mamoru/479	M14/Zhou, Chunsheng (周春 生)/312	M55/Yeung, Wai Yin, Alexis/441	W10/Wang, Zhifan (王知凡)/359
11:02:00	M21/Zheng, Jiansheng (郑健 生)/372	M40/Cheng, Ping Kuen/433	M65/Nam, YoonMyun/206	W12/Zhao, Yongxi (赵咏茜)/376	M16/Chiang, Chieh-An (蔣捷 安)/130	M50/Kobayashi, Taketo/477	M10/Wong, Wai Hin (黃偉軒)/234
11:03:00	W18/Law, Hoi Yi/448	M45/Shiu, Jia-Ren (許家仁)/159	W50/Kim, SuMi/212	M70/Choi, Kam Kwai (蔡錦達)/249	M14/WU, MINGYU (吴明宇)/396	M55/Chan, Po Ming/301	W10/Wong, Ching Hei (黃呈曦)/241
11:04:00	M21/Fong, Theodore/462	M40/Luo, Jie Yuan (罗洁源)/316	W60/Wong, Yuk Hing/455	W12/Siu, Pui Yuet/193	M16/Zhang, Xunzheng (张训 政)/350	M50/So, ByungJo/202	M10/Pei, Yuanhao (裴元昊)/363
11:05:00	W18/Liu, Lin (刘 琳)/190	M45/Tian, Zhong (田中)/358	W50/KO, SIN YU/291	M12/ZHENG, YIMING (郑亦 铭)/394	M14/Lum, Cheuk Hei/421	M55/Kang, Byeungwook (강병욱)/292	W10/Ochiai, Mina (落合 美那)/231
11:06:00	M21/Li, Wei-Chao (李威超)/154	M40/Jang, Hoil/197	M60/Lee, Man Wai/442	W12/MA, YINING (马艺宁)/401	M16/Wong, Tsz Chun, Jason/425	M50/Ng, Kam Fu, Patrick/437	M10/WANG, SYU MING (王敘名)/407
11:07:00	W18/Chan, Kam I (陳錦儀)/225	M45/Jung, JongKun/198	W50/Kornilova, Galina/218	M12/WONG, YAT HEI/280	M14/Zeng, Jiapeng (曾嘉鹏)/311	M55/Leung, Lam/440	W10/Luo, Lin (罗 琳)/317
11:08:00	M21/Tarasov, Alexander/379	M40/Lai, Wen-Chuan (賴文 權)/141	M60/Okuyama, Keitoku/478	W12/Wu, Yuhui (吳 宇慧)/375	M16/Wang, Qiuxiang (王秋 翔)/349	M50/Tamura, Satoshi/414	M10/Siu, Pui Lok/191

11:09:00	W18/Liang, Yuqing (梁雨晴)/189	M45/Cheung, Kang Kai/434	W50/Choy, Lai Heung Sally (蔡麗香)/246	M12/ZHANG, TINGYAO (张廷耀)/393	M14/SUN, LUO (孙骆)/395	M55/LEE, CHI KIN/284	W10/LEUNG, HIU YUET (梁曉悅)/121
11:10:00	M21/Chan, Tin Mong/430	M40/Chung, Chi Ming (鍾志明)/247	M60/PANG, Ka Choi/331	W12/LEUNG, HIU CHING (梁曉晴)/124	M16/Chan, Chon Hei (陳駿曦)/219	M50/Xu, Zhi Hua (許之華)/262	M10/Ding, Yiming (丁奕銘)/341
11:11:00	W18/Tsang, Hiu Yu/449	M45/Huang, Chin-Chi/385	W50/Park, MiKyung/213	M12/Shiu, Heng-Wei (許恆璋)/147	M14/Lin, Chen-Yu (林宸宇)/502	M55/Chiang, Yen-Hwang (江衍皇)/160	
11:12:00	M21/Chang, Che-Hao (張哲豪)/255	M40/Shen, Jian (沈健)/356	M60/Park, HyungHwan/205	W12/LI, KEXIN (李可欣)/400	M16/Bai, Yanfu (白彥夫)/348	M50/Leung, Lap On/436	M10/FU, CHIU-SUNG (傅丘淞)/510
11:13:00	W18/Liang, Haishan (梁海珊)/188	M45/LAU, CHI CHUEN (劉志泉)/377	M18/Zhu, Kaijia (朱鍇嘉)/367	M12/ZHANG, BOWEN (张博文)/392	M14/Li, Jiacheng (李嘉誠)/310	M55/Ko, Man Fung, Francis/439	
11:14:00	M21/Yang, Yutao (杨玉桃)/371	M40/Kimata, Jun/333	M60/YUE, Ting Wang Dominic/306	W12/CAO, SIYUE (曹斯岳)/398	M16/Jhang, Pei-Huan (張沛桓)/131	M50/Terashima, Kazuki/335	
11:15:00	W18/Wong, Man Fan (黃敏芬)/226	M45/OZAWA, Satoshi/387	M18/Chen, Yu-Shung (陳育聖)/134	M12/Yip, Ho Wang Owen (葉浩宏)/239	M14/Wang, Shuoyang (王硕阳)/347	M55/Lee, ChulSeung/204	
11:16:00	M21/Iam, Ka Wai (任嘉偉)/222	M40/Chang, Lan-Feng (張嵐逢)/157	M60/Ahn, Sangyoun (안상윤 (安商允))/293	W12/FUNG, WAI KI (馮蔚祈)/123	M16/Lv, Rui (呂睿)/313	M50/Lee, JongSeok/201	
11:17:00	W18/Huang, Xinfei (黃馨霏)/187	M45/Wong, Man Wa/435	M18/Yu, Tsz Fung/429	M12/SHEN, WEICHENG (沈炜程)/391	M14/Leung, Chung Wai/420	M55/Yu, Sai Hong/251	

11:18:00	M21/Chiang, Po-Feng (江柏鋒)/256	M40/LEUNG, WAI KIN (梁偉健)/118	M60/TONG, Kwan Yuen/305	W12/HUANG, YUFEI (黃雨菲)/399	M16/Wong, Cheuk Wang/424	M50/HUI, Ngai Sang/304	
11:19:00	M35/Yang, Ching Hsiang (楊景翔)/459	M45/Hu, Zhiyong (胡智勇)/271	M18/Shen, Yirong (沈逸榮)/351	M12/Terashima, Kenichiro/332	M14/Chen, Jinsong (陳錦松)/309	M55/Kwon, OhSam/203	
11:20:00	M21/Akhmetzhanov, Andrey (安亞克)/378	M40/Wang, Dong (王東)/357	M60/TSUI, WING SING/285	W12/Chen, Chang (陳暢)/374	M16/Zhou, Hongcheng (周鴻程)/268	M50/Fujii, Norihisa/334	
11:21:00	M35/Cheng, Yuk Tung/431	M45/WONG, KIN LOK/283	M18/Ao Ieong, Hok Meng (歐陽學明)/220	M12/LIU, YANBIN (劉晏彬)/390	M14/Li, Jincheng (李錦誠)/346	M55/YU, Shin Ho/232	
11:22:00	M21/Arata, Takanori/113	M40/Yang, Yi-Sheng (楊益昇)/158	W55/Wong, Wai Ching, Vickie/454	W12/FU, HOI KI (傅壻棋)/122	M16/Lee, Tien-Chia (李典家)/132	M50/Kim, HoYong/200	
11:23:00	M35/Lee, Cheng-Hsiu (李承修)/156	M45/Lin, Chia-Chih (林嘉志)/503	M18/Shiu, Chit Hei/428	M12/Wong, Cheuk Him (王卓謙)/238	M14/Chan, Chun Hei/419	W45/Chen, Ling-Ling (陳玲伶)/144	
11:24:00	M21/Chuang, Fu-Hsien (莊復賢)/257	M40/FUNG, CHUN PAN (馮俊斌)/117	W55/Kim, YoungSook/214		M16/Liu, Jiewu (劉杰武)/267	M50/WONG, WAI MING/290	
11:25:00	M35/Byeon, GilSeob/196	M45/Choi, Wai Kit (蔡偉傑)/248	M18/Zhang, Yuelai (張岳來)/269	M12/LI, YIZE (李奕澤)/389	M14/Cai, Guanjun (蔡冠軍)/308	W45/Heo, JeongWon/211	
11:26:00	M21/Li, Zhendong (李振東)/370	M40/LIANG, JIAN (梁健)/397	W55/HO, AMY SAU FONG/289	W12/Cai, Hanyu (蔡晗羽)/373	M16/Shiu, Chit Him/423	M50/Ochiai, Kimiya (落合 公也)/230	
11:27:00	M35/Hsu, Yung-Chang (許永昌)/155	M45/Kim, SangSoo/199	M18/Fang, Jin-Yi (方晉翊)/135	M12/Yang, You-Jie (楊祐傑)/148	W16/Yin, Jiahui (尹佳慧)/275	W45/Chen, Yu-Hui (陳裕惠)/145	



11:39:00	W20/Yang, Xueqin (杨雪琴)/277	W35/Xu, Xiangting (徐湘婷)/361	M18/Lai, Yun-Fei (賴昀飛)/136	M12/Lam, Hiu Yeung (林曉揚)/236	W16/Lin, Peiqi (林 沛琪)/185		
11:40:00	M21/Mak, Yui Kan Raphael/307	W21/Yuan, Shuang (袁双)/163	M20/Qiu, Zhenyang (邱振洋)/368	W14/Chu, Ying Yau/443	M16/Lu, Yunxiang (陆雲翔)/175	W40/Zhu, Bing (朱 兵)/278	
11:41:00		W35/WAI, TSUI SHAN/288	M18/LI, Hao Wei/329	M12/Wang, Zhengnan (王正 南)/345	W16/Sekerbekova, Ajnur/217		
11:42:00	M21/Fu, Tzu-Wei/413	W21/Cheung, Wei Ki, Rainky/451	M20/SHI, Jun Lin/330	W14/Ryu, YeaJin/207	M16/TSUI, Tung Ming/327		
11:43:00		W35/Chen, Hsueh Mei (陳雪梅)/461	M18/Li, Jiayuan (李 加源)/180	M12/Ho, Him To (何謙陶)/235	W16/Che, Yongyi (车泳仪)/184		
11:44:00	M21/Chu, Kai (楚 凯)/352	W21/WU, Chiao Yi/417	M20/Yan, Bojun (鄺 博俊)/297	W14/LAU, HIN YI/287	M16/Liao, Junxuan (廖浚轩)/174		
11:45:00		W35/Wang, Xuehui (王学慧)/360	M18/Li, Yang-Shiang (李永 祥)/137	M12/Shi, Yihui (石 一辉)/344	W16/Leung, Hei Tung/447		
11:46:00	M21/HO, MING HIM/281	W21/Yokozawa, Yuka/488	M20/WU, SHIH-JIE (吳世傑)/501	W14/Song, Chumin (宋楚敏)/320	M16/Shi, Qi-Long (史奇龍)/150		
11:47:00		W35/Kim, JiHyun/210	M18/Cheng, Ho Wang/328	M12/Au, Joshua Ho Kiu/164			
11:48:00	M21/HSU, Wei Lun/416	W21/Chen, Ting-Yu/456	M20/Fu, Yejia (付业 佳)/296	W14/Wong, Yi Yan/253	M16/Liang, Zhanbang (梁展 邦)/173		
11:49:00			M18/Jian, Shuoliang (简硕良)/179	M12/Shen, Hantao (沈寒涛)/343			
11:50:00	M21/Zhong, Guoxing (钟国 星)/315	W21/Cheng, Yuen Ki, Hilda/450	M20/Cheng, Tsz Fung (鄭梓鋒)/240	W14/Mai, Shishi (麦 诗诗)/319	M16/LAM, Hiu Chak/326		

11:51:00			M18/Lin, Hsuan-Jen (林軒任)/138	M12/WU, CHEUK HEI (胡倬僖)/116			
11:52:00	M21/HUNG, BAU-YEN (洪堡 筵)/418	W21/Lin, Jo-Shui/457	M20/Ren, Tianrui (任天锐)/270	W14/Wong, Ki Sum (王淇心)/244	M16/Li, Jingyao (李 敬堯)/172		
11:53:00			M18/Hu, Yaowen (胡耀文)/178	M12/Deng, Ruizhi (邓睿智)/342			
11:54:00	M21/Li, Zhuoye (李 卓业)/314	W21/Wei, Suyee (韦 愫怡)/323	M20/Yuan, Langchuan (袁朗 川)/183	W14/Zhou, Xueqian (周雪倩)/273	M16/Cai, Zheng Gang (蔡政剛)/466		
11:55:00				M12/LEE, SZE LUT NAZIRITE (李思 律)/115			
11:56:00	M21/Lin, Chun Hao (林駿豪)/458	W21/Hu, Chun Wen (胡瓊文)/460		W14/Wong, Hau Yi (黃巧兒)/243	M16/Lai, Junshen (賴俊燊)/171		
11:57:00							
11:58:00	M21/Zhang, Zhen (张瑱)/300	W21/SO, Wing Man/128		W14/Li, Xiang (李 响)/272	M16/YUE, Wei Yi/303		
11:59:00							
12:00:00	M21/Lai, Wei-Kuo (賴韋幓)/483			W14/Choi, Lok Novel (蔡洛)/242	M16/Feng, Weixin (冯伟信)/170		
12:01:00							
12:02:00	M21/Shu, Feijie (舒 飞捷)/299				M16/Huang, Yu Hao (黃昱豪)/467		
12:03:00							
12:04:00	M21/Lin, Shi-Yap (林仕堯)/499				M16/Chen, Hongyan (陈泓言)/169		
12:05:00							

12:06:00	M21/Li, Xiang (李翔)/298				M16/Wang, Zong Shuai (汪宗帥)/468		
12:07:00							
12:08:00	M21/Chen, Cheng-Hsiung (陳鄭雄)/505						
12:09:00							
12:10:00	M21/TANG, YU/129						



## Start Time for Sprint 2 (1<sup>st</sup> August)

短距離 2 出發時間 (八月一日)

出發時間 Start Time	第 1 賽道 Lane 1	第 2 賽道 Lane 2	第 3 賽道 Lane 3	第 4 賽道 Lane 4	第 5 賽道 Lane 5	第 6 賽道 Lane 6	第 7 賽道 Lane 7	第 8 賽道 Lane 8
11:00:00	W16/Chen, Jia-Chi (陳佳琪)/142	W12/SUN, YAN (孙妍)/402	M21/Deng, Hai-Bo (鄧海波)/152	W35/Xu, Xiangting (徐湘婷)/361	W45/Chen, Ling-Ling (陳玲伶)/144	W55/Wong, Wai Ching, Vickie/454	M70/Niimi, Mamoru/479	W10/Wong, Ching Hei (黃呈曦)/241
11:01:00	W16/Yin, Jiahui (尹佳慧)/275	W12/Zhao, Yongxi (赵咏茜)/376	M21/Yang, Yutao (杨玉桃)/371	W35/Kim, JiHyun/210	W45/Heo, JeongWon/211	W55/CHUI, Lai Kuen Candy/233	M70/Choi, Kam Kwai (蔡錦達)/249	W10/Wang, Zhifan (王知凡)/359
11:02:00	W16/Leong, Man Wai (梁敏慧)/224	W12/FU, HOI KI (傅豔棋)/122	M21/Chan, Tin Mong/430	W35/Wang, Xuehui (王学慧)/360	W45/Chen, Yu-Hui (陳裕惠)/145	W55/Kim, YoungSook/214	M65/Nam, YoonMyun/206	W10/LIANG, Gwai Fei, Lea/127
11:03:00	W16/Hu, Xinyu (胡馨予)/274	W12/MA, YINING (马艺宁)/401	M21/Li, Wei-Chao (李威超)/154	W35/WAI, TSUI SHAN/288	W45/Terashima, Kimie/339	W55/HO, AMY SAU FONG/289	M65/Telnov, Vladimir/216	W10/Ochiai, Mina (落合 美那)/231
11:04:00	W16/Jang, EunYoung/208	W12/Wu, Yuhui (吴宇慧)/375	M21/Li, Zhendong (李振东)/370	M35/Li, Jian-Sing (李建興)/139	W45/Yang, Wen-Fen/386	W55/AU, Man Chong Mariana/252	M65/MOK, TO/286	W10/LEUNG, HIU YUET (梁曉悅)/121
11:05:00	W16/Luo, Yongpei (罗泳培)/186	W12/FUNG, WAI KI (馮蔚祈)/123	M21/Un, Son Fai (袁順輝)/223	M35/Choy, Kwok Wai/432	W45/Yuen, Moon Ngo (袁滿娥)/250	W55/Lee, MinBok/215	W60/Wong, Yuk Hing/455	W10/Luo, Lin (罗琳)/317
11:06:00	W16/LI, Shin-Yu (李芯瑜)/143	W12/LI, KEXIN (李可欣)/400	M21/Yang, Chao-Ching/194	M35/Hsu, Yung-Chang (許永昌)/155	W45/Hoe, Karen Chia-Lin (侯佳伶)/508	W55/Lai, Mei Ho Pauline/254	M60/Lee, Man Wai/442	M10/Yang, Zh-Jie (楊智傑)/146

11:07:00	W16/Lin, Peiqi (林沛琪)/185	W12/Chen, Chang (陈畅)/374	M21/Zhang, Bocheng (张博成)/354	M35/Byeon, GilSeob/196	W45/Yang, Xiangqing (杨向青)/362	M55/Yeung, Wai Yin, Alexis/441	M60/Park, HyungHwan/205	M10/Wong, Wai Hin (黃偉軒)/234
11:08:00	W16/Sekerbekova , Ajnur/217	W12/LEUNG, HIU CHING (梁曉晴)/124	M21/Fong, Theodore/462	M35/Lee, Cheng-Hsiu (李承修)/156	M45/Shiu, Jia-Ren (許家仁)/159	M55/YU, Shin Ho/232	M60/PANG, Ka Choi/331	M10/Xu, Bo Jun (許博鈞)/264
11:09:00	W16/Che, Yongyi (车泳仪)/184	W12/HUANG, YUFEI (黃雨菲)/399	M21/Fu, Tzu-Wei/413	M35/Cheng, Yuk Tung/431	M45/Wong, Man Wa/435	M55/Chiang, Yen-Hwang (江衍皇)/160	M60/Okuyama, Keitoku/478	M10/Pei, Yuanhao (裴元昊)/363
11:10:00	W16/Leung, Hei Tung/447	W12/Cai, Hanyu (蔡哈羽)/373	M21/Sun, Ming (孙明)/353	M35/Liao, Bing-Hung/195	M45/Kim, SangSoo/199	M55/Yu, Sai Hong/251	M60/YUE, Ting Wang Dominic/306	M10/Xu, Hong Jun (許閻鈞)/265
11:11:00	M16/Xiang, Zhiwei (向枳圩)/177	W12/Siu, Pui Yuet/193	M21/Iam, Ka Wai (任嘉偉)/222	M35/Ding, Libo (丁立波)/355	M45/Cheung, Kang Kai/434	M55/Leung, Lam/440	M60/Ahn, Sangyoun (안상윤 (安商允))/293	M10/Siu, Pui Lok/191
11:12:00	M16/Li, Danyang (李丹阳)/366	W12/CAO, SIYUE (曹斯岳)/398	M21/HUNG, BAU-YEN (洪堡筵)/418	W21/Hua, Chun-Yi (花君宜)/161	M45/Tian, Zhong (田中)/358	M55/Lee, ChulSeung/204	M60/TONG, Kwan Yuen/305	M10/Lin, En Yu/471
11:13:00	M16/Chiang, Chieh-An (蒋捷安)/130	W12/Fan, Shiting (范诗婷)/318	M21/Chu, Kai (楚凯)/352	W21/Leung, Ka Man/452	M45/LAU, CHI CHUEN (劉志泉)/377	M55/Ko, Man Fung, Francis/439	M60/TSUI, WING SING/285	M10/Ding, Yiming (丁奕铭)/341
11:14:00	M16/Chu, Yau Man/422	M12/ZHENG, YIMING (郑亦铭)/394	M21/Chen, Jin Bin (陳錦斌)/340	W21/Lei, Pou Si (李寶詩)/228	M45/Huang, Chin-Chi/385	M55/Kang, Byeungwook (강병욱)/292	M20/Yang, Yihan (杨懿涵)/369	M10/FU, CHIU-SUNG (傅丘淞)/510
11:15:00	M16/Shi, Yuchen (施雨辰)/176	M12/WONG, YAT HEI/280	M21/Chuang, Pao-Yang (莊博仰)/481	W21/Yoshida, Miyako/489	M45/WONG, KIN LOK/283	M55/LEE, CHI KIN/284	M20/Fu, Yejia (付业佳)/296	W20/LIN, CHIA WEN/465



11:25:00	M16/Lin, Sheng-Chi (林聖淇)/133	M12/Yang, You-Jie (楊祐傑)/148	M21/Shu, Feijie (舒飛捷)/299	W21/Cheng, Yuen Ki, Hilda/450	W40/Wong, Wing Yan Josephine/279	M50/Wong, Chi Yin/438		
11:26:00	M16/Wong, Cheuk Wang/424	M12/HONG, YI (洪毅)/388	M21/HO, MING HIM/281		W40/Lin, Qiao Fang (林巧芳)/263	M50/So, ByungJo/202		
11:27:00	M16/Liang, Zhanbang (梁展邦)/173	M12/Man, Tsan Shun (文贊舜)/237	M21/Lin, Je-Li (林哲立)/485		W40/Forrest, Fiona/114	M50/Ng, Kam Fu, Patrick/437		
11:28:00	M16/Lv, Rui (呂睿)/313	M12/Wu, Haoyu (吳昊彧)/365	M21/Li, Xiang (李翔)/298		W40/Kwok, Ka Wah Cara (郭嘉華)/245	M50/Tamura, Satoshi/414		
11:29:00	M16/Lin, Chin-Ti (林沁提)/149	M12/Lam, Hiu Yeung (林曉揚)/236	M21/Lin, Shi-Yap (林仕堯)/499		W40/Katayama, Yasuko/337	M50/Xu, Zhi Hua (許之華)/262		
11:30:00	M16/Wong, Tsz Chun, Jason/425	M12/Jiang, Chengyi (蔣承易)/364	M21/TANG, YU/129		W40/Zhu, Bing (朱兵)/278	M50/Terashima, Kazuki/335		
11:31:00	M16/Li, Jingyao (李敬堯)/172	M12/Ho, Him To (何謙陶)/235	M21/Chen, Cheng-Hsiung (陳鄭雄)/505		M40/Chang, Lan-Feng (張嵐逢)/157	M50/Leung, Lap On/436		
11:32:00	M16/Chan, Chon Hei (陳駿曦)/219	M12/Wang, Zhengnan (王正南)/345			M40/Cheng, Ping Kuen/433	M50/Lee, JongSeok/201		
11:33:00	M16/Liu, Jiewu (劉杰武)/267	M12/Au, Joshua Ho Kiu/164			M40/LIANG, JIAN (梁健)/397	M50/HUI, Ngai Sang/304		

11:34:00	M16/Shi, Qi-Long (史奇龍)/150	M12/Shi, Yihui (石一輝)/344			M40/Chung, Chi Ming (鍾志 明)/247	M50/Fujii, Norihisa/334		
11:35:00	M16/Lai, Junshen (賴俊燊)/171	M12/WU, CHEUK HEI (胡 偉僖)/116			M40/Jang, Hoil/197	M50/WONG, WAI MING/290		
11:36:00	M16/YUE, Wei Yi/303	M12/Shen, Hantao (沈寒濤)/343			M40/LIANG, Chi Hang/125	M50/Kim, HoYong/200		
11:37:00	M16/Feng, Weixin (冯伟 信)/170	M12/LEE, SZE LUT NAZIRITE (李思律)/115			M40/Wang, Dong (王东)/357	M50/MAN, WAI TIN (文惠庭)/120		
11:38:00	M16/Zhang, Xunzheng (张训 政)/350	M12/Deng, Ruizhi (邓睿智)/342			M40/Kimata, Jun/333	M50/Ochiai, Kimiya (落合 公 也)/230		
11:39:00	M16/TSUI, Tung Ming/327	W14/Yue, Wei Ya/446			M40/Yang, Yi-Sheng (楊益 昇)/158			
11:40:00	M16/Zhou, Hongcheng (周鸿 程)/268	W14/Zhang, Lan (张岚)/322			M40/LEUNG, WAI KIN (梁偉 健)/118			
11:41:00	M16/Chen, Hongyan (陈泓 言)/169	W14/Wong, Yi Shan/445			M40/Shen, Jian (沈健)/356			
11:42:00	W18/Zhou, Xiyu (周希钰)/276	W14/Cheng, Betty Chun-Yun (鄭淳 芸)/507			M40/FUNG, CHUN PAN (馮 俊斌)/117			

11:43:00	W18/Wong, Man Fan (黃敏芬)/226	W14/Fung, Wai Ching/444			M40/Luo, Jie Yuan (罗洁源)/316			
11:44:00	W18/Liu, Lin (刘琳)/190	W14/Zhang, Jiayi (张佳怡)/321						
11:45:00	W18/Tsang, Hiu Yu/449	W14/Chu, Ying Yau/443						
11:46:00	W18/Liang, Yuqing (梁雨晴)/189	W14/Ryu, YeaJin/207						
11:47:00	W18/Chan, Kam I (陳錦儀)/225	W14/LAU, HIN YI/287						
11:48:00	W18/Liang, Haishan (梁海珊)/188	W14/Song, Chumin (宋楚敏)/320						
11:49:00	W18/Law, Hoi Yi/448	W14/Wong, Yi Yan/253						
11:50:00	W18/Huang, Xinfei (黃馨霏)/187	W14/Mai, Shishi (麦诗诗)/319						
11:51:00	M18/Zhu, Kaijia (朱楷嘉)/367	W14/Wong, Ki Sum (王淇心)/244						
11:52:00	M18/Chen, Yu-Shung (陳育聖)/134	W14/Zhou, Xueqian (周雪倩)/273						
11:53:00	M18/Yu, Tsz Fung/429	W14/Wong, Hau Yi (黃巧兒)/243						

11:54:00	M18/Shen, Yirong (沈逸榮)/351	W14/Li, Xiang (李响)/272						
11:55:00	M18/Kong, Chak Lon (龔澤麟)/221	W14/Choi, Lok Novel (蔡洛)/242						
11:56:00	M18/Shiu, Chit Hei/428	M14/Zhou, Chunsheng (周春 生)/312						
11:57:00	M18/Zhang, Yuelai (张岳 来)/269	M14/Lum, Cheuk Hei/421						
11:58:00	M18/Fang, Jin-Yi (方晉翊)/135	M14/Li, Jincheng (李锦诚)/346						
11:59:00	M18/Ng, Sung Chak/427	M14/Zeng, Jiapeng (曾嘉 鹏)/311						
12:00:00	M18/Ou, Zhibin (区志斌)/182	M14/MA, CHIN CHENG (馬金 呈)/463						
12:01:00	M18/Ao Ieong, Hok Meng (歐陽 學明)/220	M14/SUN, LUO (孙骆)/395						
12:02:00	M18/Li, Chun Ho/426	M14/Li, Jiacheng (李嘉诚)/310						
12:03:00	M18/Li, Minghao (李铭豪)/181	M14/Leung, Chung Wai/420						
12:04:00	M18/Lai, Yun-Fei (賴昀飛)/136	M14/Wang, Shuoyang (王硕 阳)/347						

12:05:00	M18/LI, Hao Wei/329	M14/Lin, Chen-Yu (林宸宇)/502						
12:06:00	M18/Li, Jiayuan (李加源)/180	M14/Chen, Jinsong (陈锦松)/309						
12:07:00	M18/Li, Yang-Shiang (李永祥)/137	M14/Chan, Chun Hei/419						
12:08:00	M18/Cheng, Ho Wang/328	M14/WU, MINGYU (吴明宇)/396						
12:09:00	M18/Jian, Shuoliang (简硕良)/179	M14/MA, CHIN YEN (馬金言)/464						
12:10:00	M18/Lin, Hsuan-Jen (林軒任)/138	M14/Cai, Guanjun (蔡冠军)/308						
12:11:00	M18/Hu, Yaowen (胡耀文)/178							

**Event: Sprint      Class: M21E      Date: 28th July**

**Federation:** \_\_\_\_\_

**Contact person's email:** \_\_\_\_\_

Early	Middle	Late
1.	2.	3.
4.	5.	6.
7.	8.	9.

**Signature of the team official:** \_\_\_\_\_

This form must submit to the organizer at the event center in CCU by 5pm on 27th July. The start draw will be controlled and to be approved by the event adviser.

---

**Event: Sprint      Class: W21E      Date: 28th July**

**Federation:** \_\_\_\_\_

**Contact person's email:** \_\_\_\_\_

Early	Middle	Late
1.	2.	3.
4.	5.	6.
7.	8.	9.

**Signature of the team official:** \_\_\_\_\_

This form must submit to the organizer at the event center in CCU by 5pm on 27th July. The start draw will be controlled and to be approved by the event adviser.

**Event: Sprint      Class: M20E      Date: 28th July**

**Federation:** \_\_\_\_\_

**Contact person's email:** \_\_\_\_\_

Early	Middle	Late
1.	2.	3.
4.	5.	6.
7.	8.	9.

**Signature of the team official:** \_\_\_\_\_

This form must submit to the organizer at the event center in CCU by 5pm on 27th July. The start draw will be controlled and to be approved by the event adviser.

**Event: Sprint      Class: W20E      Date: 28th July**

**Federation:** \_\_\_\_\_

**Contact person's email:** \_\_\_\_\_

Early	Middle	Late
1.	2.	3.
4.	5.	6.
7.	8.	9.

**Signature of the team official:** \_\_\_\_\_

This form must submit to the organizer at the event center in CCU by 5pm on 27th July. The start draw will be controlled and to be approved by the event adviser.

**Event: Middle      Class: M21E      Date: 29th July**

**Federation:** \_\_\_\_\_

**Contact person's email:** \_\_\_\_\_

Early	Middle	Late
1.	2.	3.
4.	5.	6.
7.	8.	9.

**Signature of the team official:** \_\_\_\_\_

This form must submit to the organizer at the event center at the Chia-Yi Park by 12:00 on 28th July. The start draw will be controlled and to be approved by the event adviser.

---

**Event: Middle      Class: W21E      Date: 29th July**

**Federation:** \_\_\_\_\_

**Contact person's email:** \_\_\_\_\_

Early	Middle	Late
1.	2.	3.
4.	5.	6.
7.	8.	9.

**Signature of the team official:** \_\_\_\_\_

This form must submit to the organizer at the event center at the Chia-Yi Park by 12:00 on 28th July. The start draw will be controlled and to be approved by the event adviser.

**Event: Middle      Class: M20E      Date: 29th July**

**Federation:** \_\_\_\_\_

**Contact person's email:** \_\_\_\_\_

Early	Middle	Late
1.	2.	3.
4.	5.	6.
7.	8.	9.

**Signature of the team official:** \_\_\_\_\_

This form must submit to the organizer at the event center at the Chia-Yi Park by 12:00 on 28th July. The start draw will be controlled and to be approved by the event adviser.

---

**Event: Middle      Class: W20E      Date: 29th July**

**Federation:** \_\_\_\_\_

**Contact person's email:** \_\_\_\_\_

Early	Middle	Late
1.	2.	3.
4.	5.	6.
7.	8.	9.

**Signature of the team official:** \_\_\_\_\_

This form must submit to the organizer at the event center at the Chia-Yi Park by 12:00 on 28th July. The start draw will be controlled and to be approved by the event adviser.

**Event: Relay      Class: M21E      Date: 31st July**

**Federation:** \_\_\_\_\_

**Contact person's email:** \_\_\_\_\_

	Team 1	Team 2
Leg 1		
Leg 2		
Leg 3		

**Signature of the team official:** \_\_\_\_\_

This form must submit to the organizer at the event center in CCU by 12:00 on 30th July.  
The course draw will be controlled and to be approved by the event adviser.

---

**Event: Relay      Class: W21E      Date: 31st July**

**Federation:** \_\_\_\_\_

**Contact person's email:** \_\_\_\_\_

	Team 1	Team 2
Leg 1		
Leg 2		
Leg 3		

**Signature of the team official:** \_\_\_\_\_

This form must submit to the organizer at the event center in CCU by 12:00 on 30th July.  
The course draw will be controlled and to be approved by the event adviser.

**Event: Relay      Class: M20E      Date: 31st July**

**Federation:** \_\_\_\_\_

**Contact person's email:** \_\_\_\_\_

	Team 1	Team 2
Leg 1		
Leg 2		
Leg 3		

**Signature of the team official:** \_\_\_\_\_

This form must submit to the organizer at the event center in CCU by 12:00 on 30th July.  
The course draw will be controlled and to be approved by the event adviser.

---

**Event: Relay      Class: W20E      Date: 31st July**

**Federation:** \_\_\_\_\_

**Contact person's email:** \_\_\_\_\_

	Team 1	Team 2
Leg 1		
Leg 2		
Leg 3		

**Signature of the team official:** \_\_\_\_\_

This form must submit to the organizer at the event center in CCU by 12:00 on 30th July.  
The course draw will be controlled and to be approved by the event adviser.

**Event: Sprint Relay      Class: 21E      Date: 1st Aug**

**Federation:** \_\_\_\_\_

**Contact person's email:** \_\_\_\_\_

	Team 1	Team 2
Leg 1 (female)		
Leg 2 (male)		
Leg 3 (male)		
Leg4 (female)		

**Signature of the team official:** \_\_\_\_\_

This form must submit to the organizer at the event center at Tsou-Ma-Lai Farm by 12:00 on 31st July. The course draw will be controlled and to be approved by the event adviser.

---

**Event: Sprint Relay      Class: 20E      Date: 1st Aug**

**Federation:** \_\_\_\_\_

**Contact person's email:** \_\_\_\_\_

	Team 1	Team 2
Leg 1 (female)		
Leg 2 (male)		
Leg 3 (male)		
Leg 4 (female)		

**Signature of the team official:** \_\_\_\_\_

This form must submit to the organizer at the event center at Tsou-Ma-Lai Farm by 12:00 on 31st July. The course draw will be controlled and to be approved by the event adviser.



## 其他贊助單位

台北西門扶輪社

新起扶輪社

銀泰佶生技

登峰國際旅行社

科見美語

久寬磁磚

福興實業

輕而堅金屬

自強文具

順天本草

林錦江 PP River

許衍熙 P Pigment

林室融 Rtn Harmony

吳怡慧 P Melanie

蔡逸泓 IPP Archi

侯登見 PP Mercury

謝冠群 Rtn Eddy

蔡坤修 PP Elegance

杜樹生 PE Life

王登立 PP Sampson

吳清石 PP Strong

姜宇駿 Rtn Tile