



French Sprint Championships

November 1, 2025 – Cesson-Vert Saint Denis

Bulletin 1

Contacts:

contact@cne2025.fr

<https://cne2025.fr>



LIGUE D'ÎLE-DE-FRANCE
COURSE D'ORIENTATION



Organiser: Ile-de-France Orienteering League (LIFCO)

Organising club: COL ETRECHY

Event director: Cyril TALVAS

IOF Event Adviser: Jean-Philippe STEFANINI

Event controller: Yann SAUVETTE

Course setter (qualifiers): Thierry BESTEL – **Course setter (finals):** Arnault BESTEL

Course controller: Thierry VERMEERSCH

SI control system: Alain ROULLEAUX – Christophe RAUTURIER

Map: Cesson-Vert Saint Denis - **Survey:** 2025

Mapmaker: Yann LAHELLEC - CRY'O

Map Scale: 1:4000 - **Equidistance:** 2.5m

Terrain description: urban area with parks, road crossings and residential areas

Event Schedule : as specified in the FFCO Competition Regulations version 2025
[https://www.ffcorientation.fr/media/cms_page_media/72/reglement_des_competitions_2025_\(Ed.d%C3%A9cembre2024\)_d4D8Rur.pdf](https://www.ffcorientation.fr/media/cms_page_media/72/reglement_des_competitions_2025_(Ed.d%C3%A9cembre2024)_d4D8Rur.pdf)

The WRE event takes place during the French Sprint Championships.

Morning: Qualifications for categories W/M18-20 and W/M21-35, followed by the French championships for W/M14 and W/M16. A quarantine will be set up for these categories.

A quarantine will be set up for the W/M18-20 and W/M21-35 categories and the open course.

Afternoon: Final for the W/M18-20 and W/M21-35 runners qualified according to the criteria defined below, starting in the reverse order of the results of the phase 1 qualifications, followed by the French Championship for the categories W/M40-45, W/M50-55, W/M60-65, W/M70-75, W/M80 and over.

Only the W/M21-35 finals count towards the World Ranking.

Quarantine: procedures and timetable to be fixed

Scoring system: SPORTident



LIGUE D'ÎLE-DE-FRANCE
COURSE D'ORIENTATION

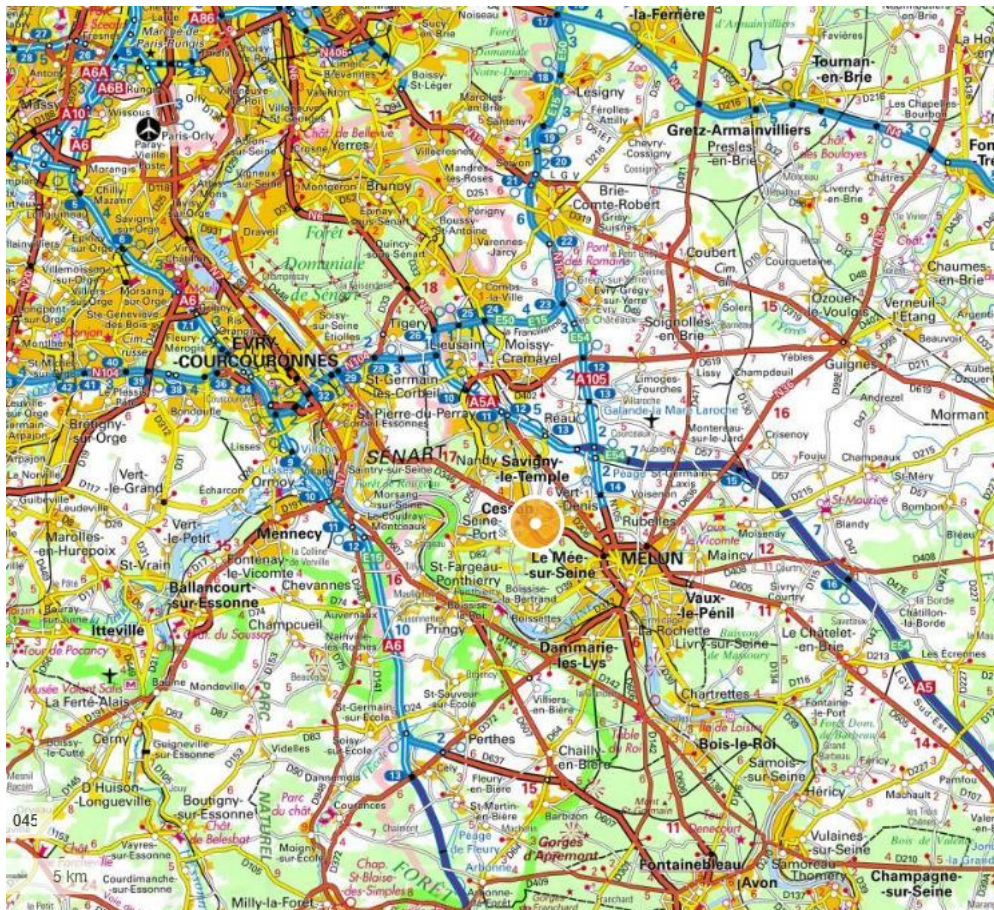


Course d'Orientation
Fédération Française



INTERNATIONAL ORIENTEERING FEDERATION

General Map of the Region



Prohibited Area





LIGUE D'ÎLE-DE-FRANCE
COURSE D'ORIENTATION



Participation conditions:

Access to the WRE event is open to:

- FFCO-licensed runners qualified for the French sprint championships in the M21-35 and W21-35 categories,
- French runners on the list of runners authorised to register for a WRE (https://www.ffcorientation.fr/media/cms_page_media/7830/listeWRE_2025_Dr8jX_XN.pdf),
- runners of foreign nationality.

Competitors eligible to compete in the finals:

1. The first 30 finishers of French nationality to have qualified for the French Sprint Championships, only these runners are eligible for a title and medals.
2. Foreign runners with an FFCO licence who have qualified for the French Sprint Championships and who have a ranking equal to or better than the 30th French runner qualified under the previous point.
3. French and foreign runners, registered solely for the WRE (not qualified to take part in the French Sprint Championships) with a ranking equal to or better than the 30th French runner qualified under point 1.

Registration: on the FFCO website until 18/10/2025 for French licence holders

Fees: French licence holders 16.04 €

Payment of registration fees: LIFCO – Banque Crédit Mutuel
IBAN: FR76 1027 8062 1300 0369 3894 141
BIC: CMCIFR2A



LIGUE D'ÎLE-DE-FRANCE
COURSE D'ORIENTATION



Description of Public Transport Options

By train:

Access by RER D – Cesson station

We ask you to use this option as on-site parking is limited.

From the station, the race site can be reached on foot in about fifteen minutes

By car:

From Melun: Take the D306 (Formerly the N6), towards Cesson / Savigny-le-Temple.

From Paris: Access via the A4 or the N104 (La Francilienne), approximately 45 minutes to 1 hour depending on traffic

Follow signs from: D146 exit CESSON Gare

Visa requirements and how to obtain a visa:

The European territory of France is part of the Schengen area, which brings together several European states to form a common area for the free movement of people. The Schengen area comprises the Member States of the European Union: Austria, Belgium, Croatia, the Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Italy, Latvia, Lithuania, Luxembourg, Malta, the Netherlands, Poland, Portugal, Slovakia, Slovenia, Spain and Sweden, as well as Iceland, Liechtenstein, Norway and Switzerland.

Not all foreign nationals are required to have a visa to enter the Schengen area. Visa exemption depends on the applicant's nationality, possession of a valid residence permit for the Schengen area or a long-stay visa, and the foreign national's particular situation.

People who do not require a visa to enter the Schengen area because of their nationality include nationals of the European Union (EU), the European Economic Area (EEA) and Switzerland, as well as nationals of countries on the Schengen common list.

For more information on visa requirements and how to obtain one, visit the France Visas website: <https://france-visas.gouv.fr/web/france-visas/assistant-visa>

Climate in Ile-de-France: Moderate temperate climate with oceanic influences / average temperature in November 8°C



LIGUE D'ÎLE-DE-FRANCE
COURSE D'ORIENTATION



Refreshment facilities on site: Hot and cold drinks / Sandwiches / Chips / Sweet crepes / Cakes

Accommodation: Additional information on the CNE website: <https://cne2025.fr> or visit <https://www.tourisme-seine-et-marne.fr/ou-dormir>

Sprint training possibility: Wednesday 29 October at Cité Universitaire-Paris Sud (<https://www.ffcorientation.fr/courses/agenda/68870>) organised by Raid Orientation Paris : <http://www.raid-o-paris.org>

Please note that November 1st is a public holiday in France and that the period from 18 October to 2 November is a school holiday. This can have an impact on road traffic, public transport timetables, shop opening hours and accommodation availability.

Additional Events

The French Sprint Championships are part of a full week of orienteering organised by the Ile-de-France Ligue in Seine et Marne.

The programme includes training opportunities, regional races and national events.

Forest Training

Date	Type	Map
from Saturday 25 to Monday 27 October	Free training	Rocher de l'éléphant, Larchant
from Tuesday 28 to Thursday 30 October	Free training	Le Monastère, Poligny

Regional Races

Date	Type	Map
Monday 27 October	MD (CN)	Homme Fossile 2025, Montigny-sur-Loing
Tuesday 28 October	Night (Score or Line)	Les Culs Froids, Nemours
Wednesday 29 October	Sprint (CN)	Cité Universitaire, Paris Sud
Friday 31 October	Urban LD	Brie-Comte-Robert

National races

Thursday, 30 October: French Night Championships – Map Ball Trap – Nemours

Sunday, 2 November : Critérium National des Equipes (CNE) – Map Bois Rond – Arbonne-la-Forêt