

EUROPEAN ORIENTEERING CHAMPIONSHIPS

HASSELT
BELGIUM
27-31 AUGUST



INTERNATIONAL ORIENTEERING FEDERATION

Orienteering world cup - Round 2

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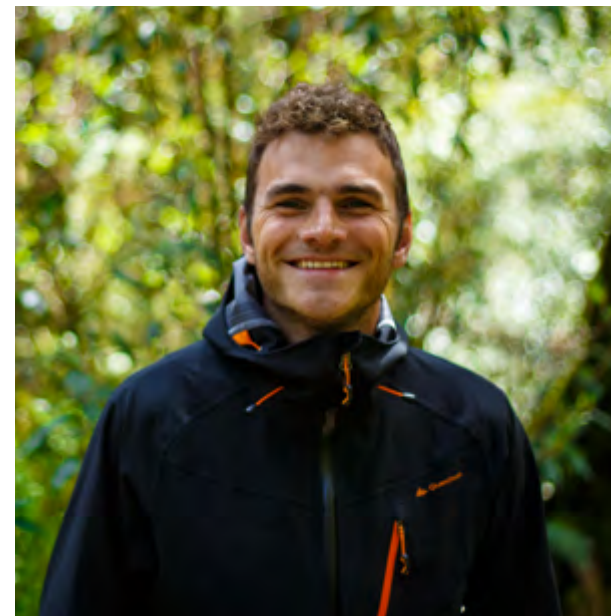
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Welcome to EOC25 Hasselt, Belgium



Welcome



Just three months to go until the first European Orienteering Championships in Belgium!

Excitement is building as we count down to EOC2025, the very first European Orienteering Championships to be held in Belgium. Our dedicated team is hard at work, and we're thrilled to be supported by more than 200 passionate volunteers, all aiming to make EOC2025 the largest and most memorable orienteering event ever hosted in the country.

We are very grateful for the enthusiastic support from all Belgian orienteering clubs. It's inspiring to see how EOC2025 is bringing together the entire orienteering community, creating a unique moment to celebrate the sport and offer athletes and teams an unforgettable racing experience in Belgium.

Our collaboration with the host cities of Hasselt, Geel, and Lier has been excellent, and we are eagerly looking forward to welcoming enthusiastic crowds at the finish arenas of each race.

Before the big event, we invite teams to join us for the Test Event in Mechelen on the weekend of August 2-3. Mechelen offers the perfect preview of what's to come, combining the charm and features of all the EOC cities in one city center. We've been working hard to deliver a top-level competition and would love to see many teams take part.

We hope your preparations go as planned and we are looking forward to seeing you all this summer!

Jeremy Genar
Event Director



As Alderman for Sports, I am especially proud that Hasselt will be the host city for the European Orienteering Championships from August 27 to 31.

Our city has a rich sporting tradition: from tennis to gymnastics, from cycling to, more recently, a world record attempt in slacklining – for years, Hasselt has been the home base of outstanding athletes.

With events like this European Championship, we show as a city how important sport is to us: not only elite sports but also as an accessible leisure activity for young and old. We are happy to welcome unique sporting events because they highlight the diversity of the sports landscape and give our young people the chance to discover new passions and pursue big dreams.

The European Orienteering Championships are special: of course, running plays a central role – and that's a sport that continues to grow. More and more people are lacing up their running shoes. But what makes orienteering so fascinating is the combination with a much more complex skill: map reading. How many people can still say which direction they came from after leaving a shop? Exactly! That's why I'm glad there will be introductory events ahead of the championship, so everyone can discover this beautiful sport. Because even though some of us learned to use a map and compass in youth organizations – let's be honest: nowadays, we rely on our GPS.

I'm very much looking forward to welcoming athletes from all over Europe to our city. And with Hasselt as the backdrop to this sporting spectacle, I'm certain we're in for some unforgettable moments.

Let's enjoy it together.

Tine Jans
Alderman for Sports
City of Hasselt

World Cup 2025

The World Cup 2025 consists of the following competitions.
EOC 2025 in Hasselt, Belgium is World Cup round #2 in 2025.

World Cup round #1

IDRE FJÄLL, SWEDEN

WC#1 Jun 19th Long

WC#2 Jun 21st Middle

WC#3 Jun 22nd Relay

World Cup round #2

HASSELT, BELGIUM

WC#4 Aug 27th Sprint Relay

WC#5 Aug 29th Knock Out Sprint

WC#6 Aug 31st Sprint



World Cup round #3

USTER, SWITZERLAND

WC#7 Sep 26th Sprint

WC#8 Sep 27th Sprint Relay

WC#9 Sep 28th Knock Out Sprint



1. Organisation and contact



1.1. Organising committee

EOC2025 has been assigned to the Belgian Orienteering Federation ABSO/BVOS by the International Orienteering Federation IOF.

The organisation of EOC2025 is in the hands of KONO, along with a dedicated team of volunteers from Orienteering Vlaanderen, the Flemish Orienteering Federation and FRSO, the Orienteering Federation of Wallonia.

The team organising EOC2025 has gained expertise from organising ASOM in Belgium since 2015.

Contact

Anneleen Aerts

Rode Haagjes 1, 2288 Bouwel, Belgium

Email

info@eoc2025.be

Website

www.eoc2025.be

Phone

+32 494 05 10 66

(available on weekdays between 9:00 and 18:00 CET)

EOC Organizing team

Event Director - **Jeremy Genar**
Event Officer - **Anneleen Aerts**
Mapper - **Karl Vervoort**
Course Setter - **Fabien Pasquasy**
Course Setter - **Dirk Goossens**
Arena & Logistics - **Bart Willems**
Quarantine - **Bob de Clercq**
Start - **Jelle Bakelants**
Finish - **Bert van Rillaer**
Timing - **Gilles de Neyer**
Finances - **Julie Genar**
TV Production - **Koen Wilssens**
Environment - **Adriaan Pelckmans**
Safety & Medical - **Dirk Genar**
Stewards - **Patrick Wallaert**
Communication - **Joris Kint**
Marketing - **Silke van Rooy**
Media - **Kris Verduyck**
Training - **Simon Krekels**

EOC Advisors

National Controller
Karl Keuppens (Belgium)

IOF Senior Event Advisor
Troels Christiansen (Denmark)

IOF Assistant Senior Event Advisor
Daniel Leibundgut (Switzerland)

Social Media

Facebook:
<https://www.facebook.com/Eoc2025>

Instagram:
<https://www.instagram.com/eoc2025/>



2. Event Program

The preliminary program is as shown in the table below, the final program will be presented in Bulletin 4 and at www.eoc2025.be when the time schedule is agreed with all partners.

	Time*	Event	Location
Monday 25 th August	14:00 – 18:00	Event Office Open	Radisson Blu Hasselt
Tuesday 26 th August	10:00 – 20:00 13:00 – 16:00 12:00 12:00 17:30	Event Office Open (Technical) Model Event Sprint Relay Entry deadline Deadline for late entries & changes Team Officials Meeting	Radisson Blu Hasselt Herentals IOF Eventor IOF Eventor Radisson Blu Hasselt
Wednesday 27 th August	10:00 – 14:00 15:00 – 21:00 19:00 20:30 20:30	Event Office Open Event Office Open Start Sprint Relay Medal ceremony KO Sprint Entry deadline	Radisson Blu Hasselt Sprint Relay Arena Hasselt Sprint Relay Arena Hasselt Sprint Relay Arena Hasselt IOF Eventor
Thursday 28 th August	12:00 – 18:00 14:00 – 16:00 16:30	Event Office Open KO Sprint Qualifications Heat Selection	KO Quali Arena Geel KO Quali Arena Geel KO Quali Arena Geel
Friday 29 th August	11:00 – 18:00 13:24 – 17:30 18:00	Event Office Open KO Sprint Finals Medal ceremony	KO Final Arena Geel KO Final Arena Geel KO Final Arena Geel
Saturday 30 th August	- 12:00 16:00 - 20:00 17:30	Rest day Sprint Entry deadline Event Office Open Team Officials Meeting	- IOF Eventor Radisson Blu Hasselt Radisson Blu Hasselt
Sunday 31 st August	08:00 - 18:00 9:30 – 11:45 15:40 – 18:00 18:30 19:30 – 01:00	Event Office Open Sprint Qualification Sprint Final Medal ceremony EOC Banquet & Party	Sprint Arena Lier Sprint Arena Lier Sprint Arena Lier Sprint Arena Lier Liers Cultuurcentrum Lier

*All times are in Central European Summer Time (UTC/GMT +2 hours).

3. Venues, access and transport



EOC2025 will be organised in the provinces of Antwerp and Limburg in Belgium.

The nearby international airports are Brussels airport (75km), Charleroi airport (100km) and Eindhoven airport (65km, in the Netherlands).

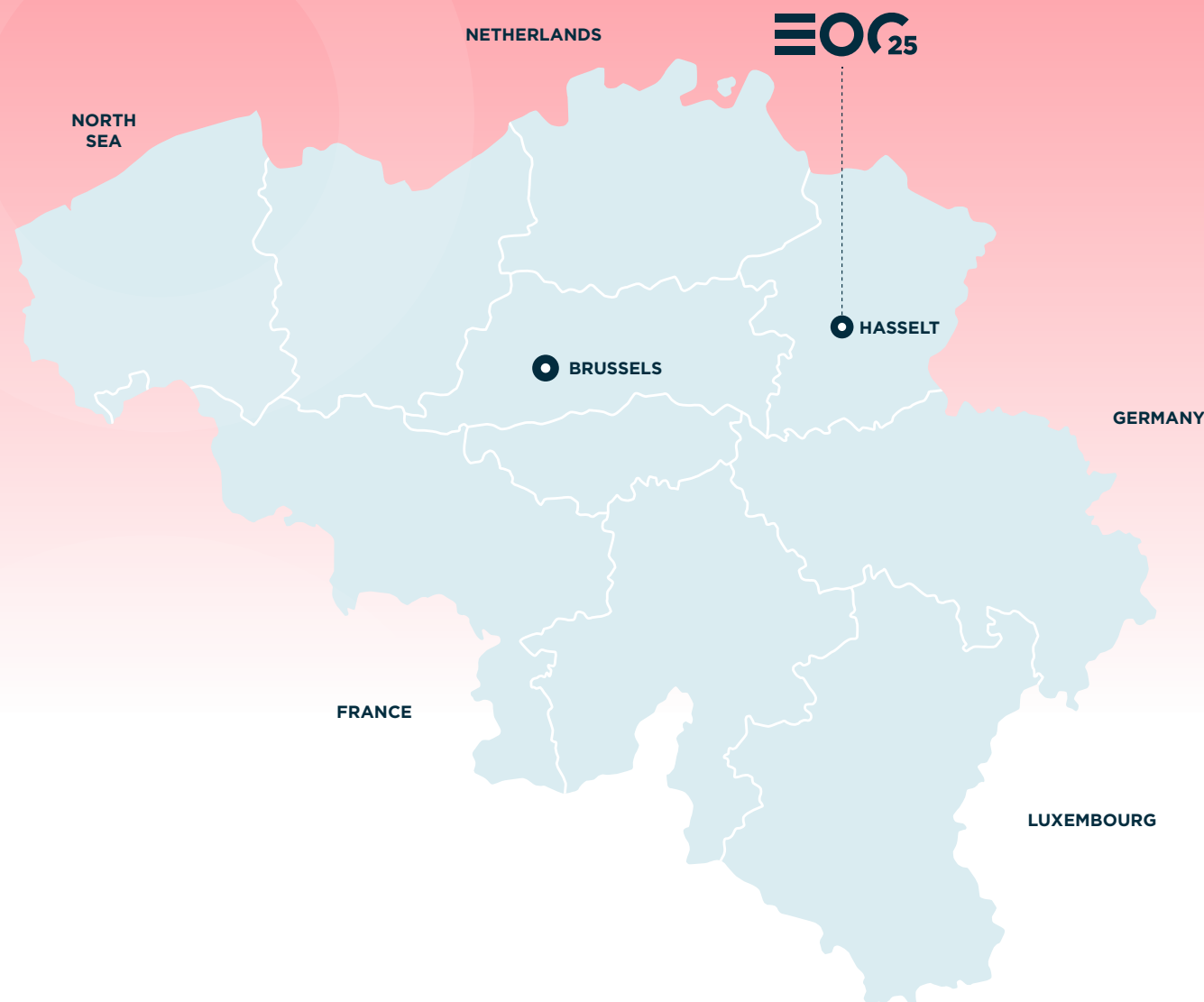
Brussels airport has a direct rail connection by the Belgian national rail carrier NMBS/SNCB. There will not be any transport to the competitions offered by the EOC2025 organisation as all sites are reachable by public transport and by car. The EOC races will be held in the cities of **Hasselt, Geel** and **Lier**.

The official accommodation is in the Radisson Blu hotel in Hasselt, but teams are free to choose their own accommodation, as long as they are outside of the embargoed areas.

3.1. Competition Areas

Event	Location	GPS coordinates	Google Maps
Model Event	The EOC Model Event will take place in Herentals . Herentals is a 40min drive from Hasselt.	The GPS coordinates of the Model Event start is 51.177406, 4.841383	link
Sprint Relay	The Sprint Relay will take place in Hasselt .	The GPS coordinates of the Sprint Relay Finish area is 50.934400, 5.336878	link
Knock Out Sprint Qualification	The Knock Out Sprint Qualification will take place in Geel . Geel is a 40min drive from Hasselt.	The GPS coordinates of the Knock Out Sprint Qualification Finish area is 51.157834, 4.991333	link
Knock Out Sprint Finals	The Knock Out Sprint Quarter Final, Semi Final and Final will take place in Geel . Geel is a 40min drive from Hasselt.	The GPS coordinates of the Knock Out Sprint Finals Finish area is 51.161126, 4.990346	link
Sprint Qualification and Sprint Final	The Sprint Qualification and Sprint Final will take place in Lier . Lier is a 60min drive from Hasselt.	The GPS coordinates of the Sprint Qualification and Sprint Final finish area is 51.131193, 4.569329	link

4. Event centre Hasselt



The Event Center of EOC2025 will be in Hasselt in the province of Limburg.

Recognized as the 'City of Taste,' Hasselt places significant emphasis on gastronomy and fashion. Visitors can expect to immerse themselves in the renowned hospitality of the Limburg region.

The Event Office will be conveniently located in the Radisson Blu Hotel in Hasselt. Within the same hotel complex, there is the 4* Hotel Radisson Blu and a 3* Hotel Park Inn by Radisson in the adjacent tower. The Radisson Blu Hotel will host the Team Officials meetings, which will be in person as well as online.

Teams have the option to book hotel rooms through a link provided by the EOC2025 organisation. More information can be found in section 6. Accommodation and food. Teams are not obliged to book accommodation here.

4.1. Contact details

Event Officer
Anneleen Aerts
info@eoc2025.be

Phone
+32 494 05 10 66
(available on weekdays between 9:00 and 18:00 CET)

Address of the Event Center
Radisson Blu Hotel Hasselt
Torenplein 8
3500 Hasselt

GPS coordinates:
[50.928448, 5.340387](#)



4.2. Opening hours of the event center

Monday 25/08/2025	14:00 – 18:00	Event Center Radisson Blu	Hasselt
Tuesday 26/08/2025	10:00 – 20:00	Event Center Radisson Blu	Hasselt
Wednesday 27/08/2025	10:00 – 14:00 15:00 – 21:00	Event Center Radisson Blu Sprint Relay finish arena	Hasselt Hasselt
Thursday 28/08/2025	12:00 – 18:00	KO Sprint Qualification finish arena	Geel
Friday 29/08/2025	11:00 – 18:00	KO Sprint Finals finish arena	Geel
Saturday 30/08/2025	16:00 – 20:00	Event Center Radisson Blu	Hasselt
Sunday 31/08/2025	8:00 – 18:00	Sprint finish arena	Lier

5. Entry

5.1. Entries and entry deadlines

5.1.1. Entries for athletes and team officials

Entries can be done in IOF Eventor. Entries will open the **27th of May 2025** on [Eventor](#)

5.1.2. Timing

- ▶ The deadline for team size entry is the **27th of June 2025** (- 2 months)
- ▶ The deadline for team names entry is **17th of August 2025** (- 10 days)
- ▶ The deadline for late entries, changes of team size or team names is the **26th of August 2025 at 12:00**
- ▶ The event start date is **27th of August 2025**

5.1.3. Team Size Entry

The following information shall be entered in IOF Eventor:

- ▶ Team manager (Chosen from list in IOF Eventor, make sure the contact information is up to date)
- ▶ Number of Team athletes (Men and Women)
- ▶ Number of Team Officials
- ▶ If there is a team for the Sprint Relay
- ▶ Number of Start-slots for the individual competitions

There is no maximum number of officials per team.

5.1.4. Team Names Entry

The following information shall be entered in IOF Eventor:

- ▶ Name of each Team member by selecting from federation members in IOF Eventor

5.1.5. Competition Entries

Sprint Relay: Names of the competitors and their running before **26/08/2025 at 12:00**.

Knock-out sprint qualification: Names of the competitors and, if required, their starting group, shall be entered in IOF Eventor before **27/08/2025 at 20:30** (after the Sprint Relay).

Sprint qualification: Names of the competitors and, if required, their starting group, shall be entered in IOF Eventor before **30/08/2025 at 12:00**.



Entry deadlines

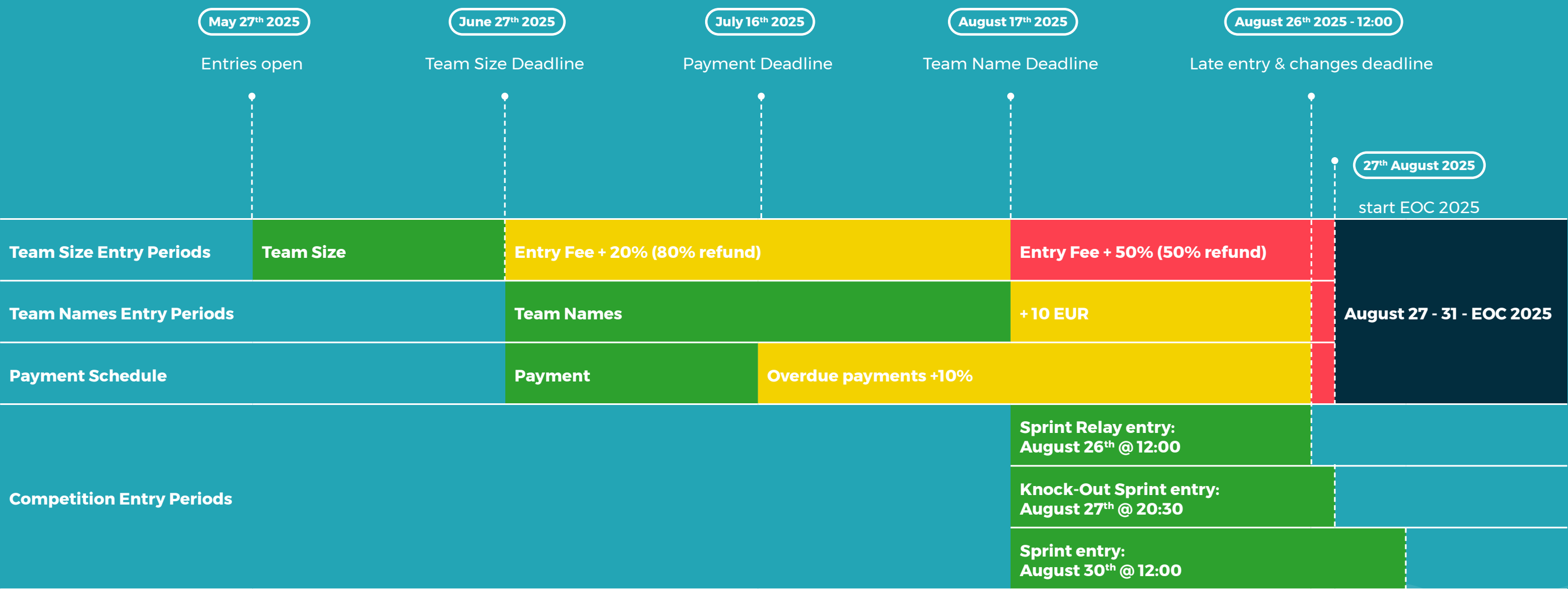
5.1.6. Late Entries, Changes of Team Size or Team Names

Late entries and changes will be accepted, if possible, up to the **26th of August 2025 12h00**. **No late entries or changes will be accepted after that date**. Late entries and changes will always have a defined extra cost (surcharge). Late entries and changes will always be treated equally and must be communicated directly to the organiser via info@eoc2025.be

5.1.7. Late entries/changes extra cost

From **28/06/2025 to 17/08/2025**: surcharge 20% on new entries and withdrawals receive an 80% refund.

From **18/08/2025 to 26/08/2025**: surcharge of 50% on new entries, withdrawals receive a 50% refund. Name changes in this period cost 10 EURO.



5.2. Entry fees

Category	Detail	Fee
Athlete	Accreditation per athlete	€ 125
	Entry fee per individual race	€ 130
Relay Team	Entry fee per relay team	€ 250
Team Official	Accreditation fee per team official	€ 125

Notes on entry fees:

- ▶ EOC accreditation fee covers model events, parking and competition maps.
- ▶ The rent of 2 emiTag timing chips is included.
- ▶ EOC accredited team members can take part in an EOC TOUR day course for free upon showing their accreditation at the registration desk of EOC TOUR. Note that it is NOT possible to run the EOC TOUR on Sunday the 31st of August 2025.
- ▶ For teams where the function of the team official is performed by an athlete, there will be no charge for a team official.



5.3. Payment

Payment must be transferred to the EOC2025 bank account and made in EURO. The payer shall cover all bank charges. All payments must be received by the 16th of July 2025.

If you need any particular data on your invoice, please write your inquiry before the **27th of June 2025** to info@eoc2025.be.

After the Team Size deadline on the 27th of June 2025, the organizer will invoice the federation for entries and services. The invoices should be paid before the 16th of July 2025. If the Federation has done changes after that date it will be paid/refunded on the event at the Event Office. All bank costs must be covered by the payer.

- ▶ KONO BV - EOC2025
- ▶ BE87 7330 6722 7494
- ▶ Bank: KBC Bank NV
- ▶ Address: Havenlaan 2, 1000 Brussels, Belgium
- ▶ SWIFT: KREDBEBBXXX
- ▶ BIC: KREDBEBB



5.4. Accreditation

Athletes and Team officials

Accreditation takes place at the Event Center during opening hours.

Personal EOC2025 ID's will be issued at accreditation. All accredited team members must wear it at all relevant times and present it for access to authorised zones (quarantine, coaching zones, etc...). To obtain the accreditation ID, athletes should identify themselves with a valid ID. Accredited Team Officials can gather their athlete's accreditation by showing valid ID's of the athletes.

Each athlete will also receive two emiTag timing chips. These are personally assigned to the athlete and shall be used in all competitions. They should not be used by other athletes. Each team will receive several printed copies of bulletin 4.

Team officials will be asked to provide a telephone number so that the EOC2025 organisation can quickly contact teams if necessary. A WhatsApp group will be created for quick notifications. Parking permits for team cars are handed out at accreditation.

VIP's and IOF Family

VIP accreditation is by invitation only. All other IOF Family registrations must be made via IOF Eventor. Please select the correct category and role in IOF Eventor.

Media

There is no charge for media services, but all media personnel must apply for accreditation via the [EOC Media google Form](#).

An EOC2025 Media ID Card will be issued at accreditation and must be worn at all times at the race venues. More information about media services are available in chapter 10 of this bulletin.



6. Accommodation and food

6.1. Accommodation

The official accommodation will be in the Radisson Blu Hotel and the adjacent Park Inn by Radisson Blu in Hasselt. It is the same location as the Event Center. There will be parking for all team busses nearby.

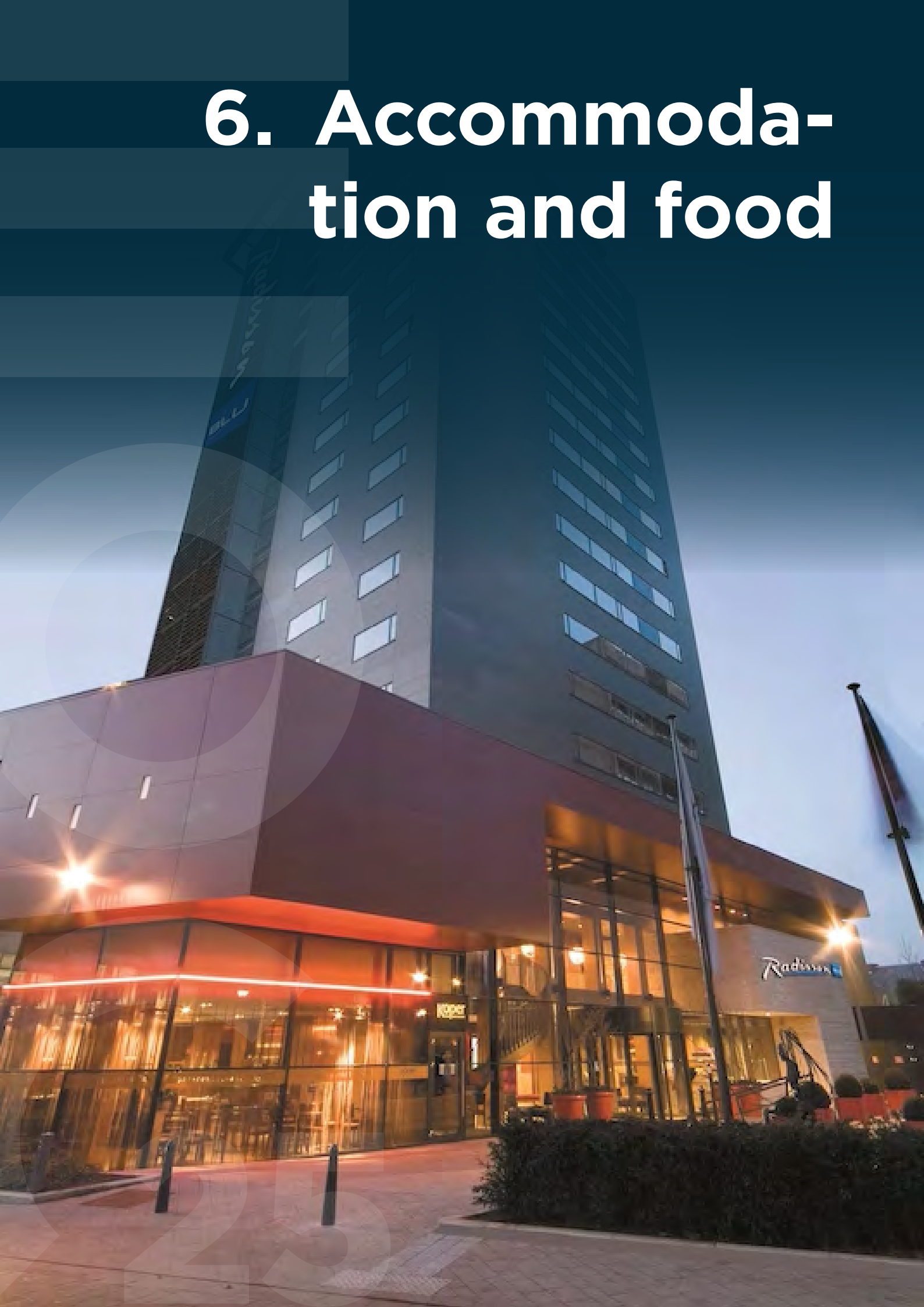
Teams are free to book their own accommodation. Please take care of the embargoed areas (Section 7.) before booking.

This accommodation can be booked directly via these links using the promotional code: **EOC2025**

[Radisson Blu Hotel \(****\)](#)
[Park Inn by Radisson \(***\)](#)

- The rates for a **double room** (2 persons) are listed in the table.
- The price is **inclusive** of **breakfast**, use of the **gym** and **Wi-Fi**.
- The price is **exclusive** of the **€ 2,5 city tax** per person per night.

Date	Radisson Blu Hotel, Hasselt	Park Inn by Radisson, Hasselt
25/08/2025	€ 157,5	€ 130,0
26/08/2025	€ 157,5	€ 130,0
27/08/2025	€ 157,5	€ 130,0
28/08/2025	€ 157,5	€ 130,0
29/08/2025	€ 157,5	€ 130,0
30/08/2025	€ 170,0	€ 145,0
31/08/2025	€ 157,5	€ 130,0



6.2. Food

Dinner at both the Radisson Blu Hotel Hasselt and the Park Inn by Radisson Hasselt hotel (in buffet style) can be ordered via Eventor for **€ 30 per person per dinner**. Deadline to order dinner at the Radisson Blu Hotel is the **27th of June**.

All team members, regardless of where their accommodation is, can opt in for the buffet offered at the Radisson Blu Hotel in Hasselt (registration via Eventor before the 27th of June).

Dinner includes soup, bread, chicken, fish, steamed vegetables, pasta, rice, mashed potatoes, a salad bar, different sauces, fruit salad, yoghurt and water.

There will be no food provided by the organisation at the competitions. It is of course possible to buy food in restaurants and shops near the arenas.

- Monday 25/08/2025 - Dinner
- Tuesday 26/08/2025 - Dinner
- Wednesday 27/08/2025 - Dinner (from 20h30 after Sprint Relay)
- Thursday 28/08/2025 - Dinner
- Friday 29/08/2025 - Dinner
- Saturday 30/08/2025 - Dinner
- Sunday 31/08/2025 - EOC Banquet (in Lier)



6.3. EOC banquet & party

On Sunday 31st of August, an EOC Banquet will be hosted in Lier, after the sprint competition has been finalized. Showers will be foreseen for athletes participating in the sprint competitions. The EOC Banquet will start at 19:30 with a reception, followed by a banquet and closing party.

The banquet costs €30. In this price a free drink is included as well as a buffet-style dinner including all of the following dishes:

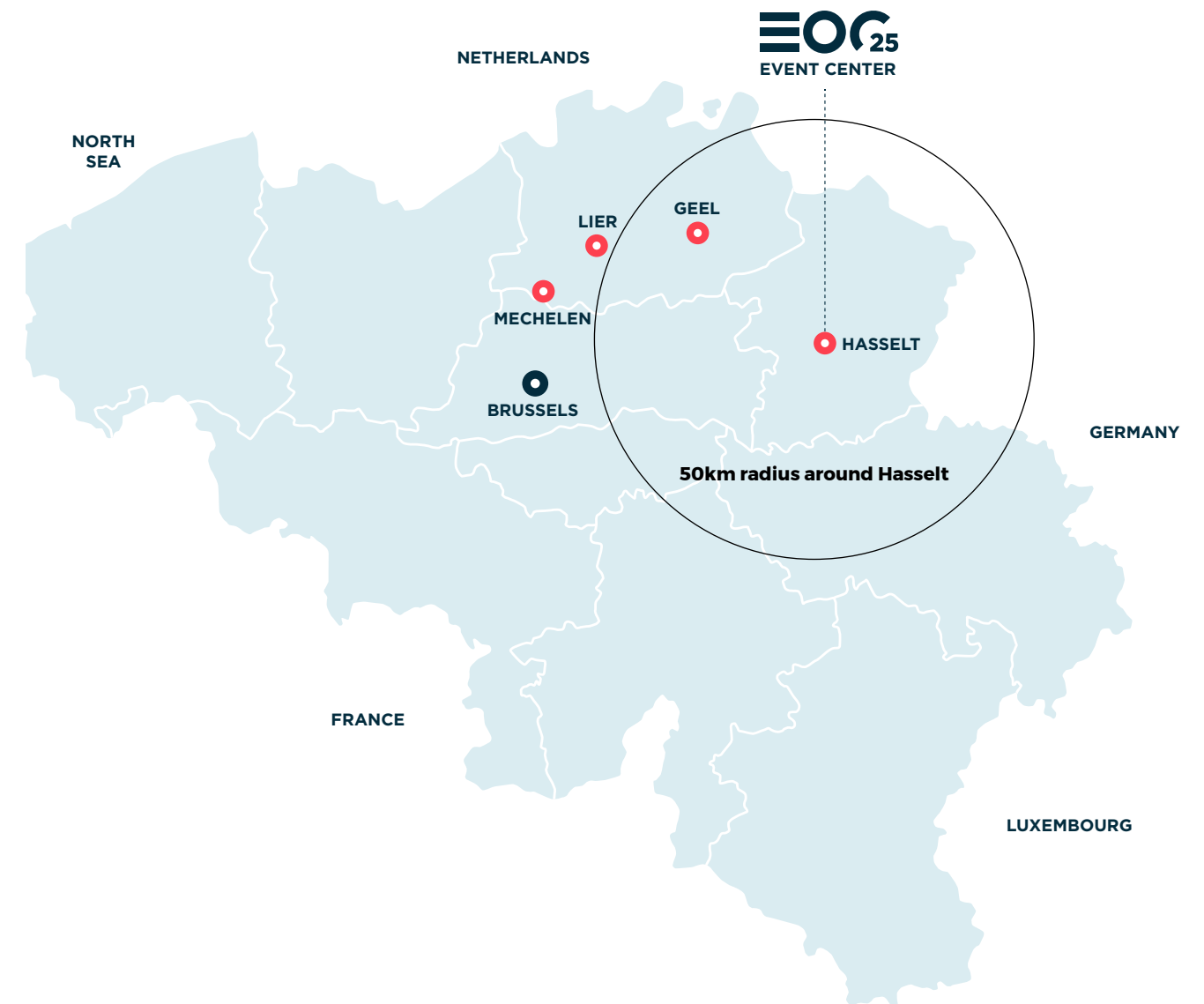
- Pasta Thai Curry (Vegetarian)
- Stew with French fries
- Chicken 'vol au vent' with French fries
- Fish pan
- Salad bar
- Grilled vegetable bar

DJ Sennix (Tomorrowland 2025 DJ) will make you forget about sore legs and will make you dance until 1:00.

Registrations for the banquet are done via the IOF Eventor registration form, the **deadline to order tickets is the 27th of June**.



7. Embargoed Areas



7.1. Embargoed Areas

Information about the embargoed areas can be found on [IOF Eventor](#). A direct link to the overview map of embargoed areas can be found here: [Embargoed areas](#).

The embargoed areas are strictly embargoed. Competitors, team officials, and other persons who, through knowledge of the terrain may influence the results of the competition, are not allowed to enter an embargoed area unless explicitly permitted to do so by the organizer.

Any attempt to survey or train with maps on permitted roads in the competition terrains is forbidden. The areas are embargoed until the respective competition is finished.

The map clearly indicates the embargoed zones, highlighted in RED. These areas are strictly off-limits, and no access is permitted.

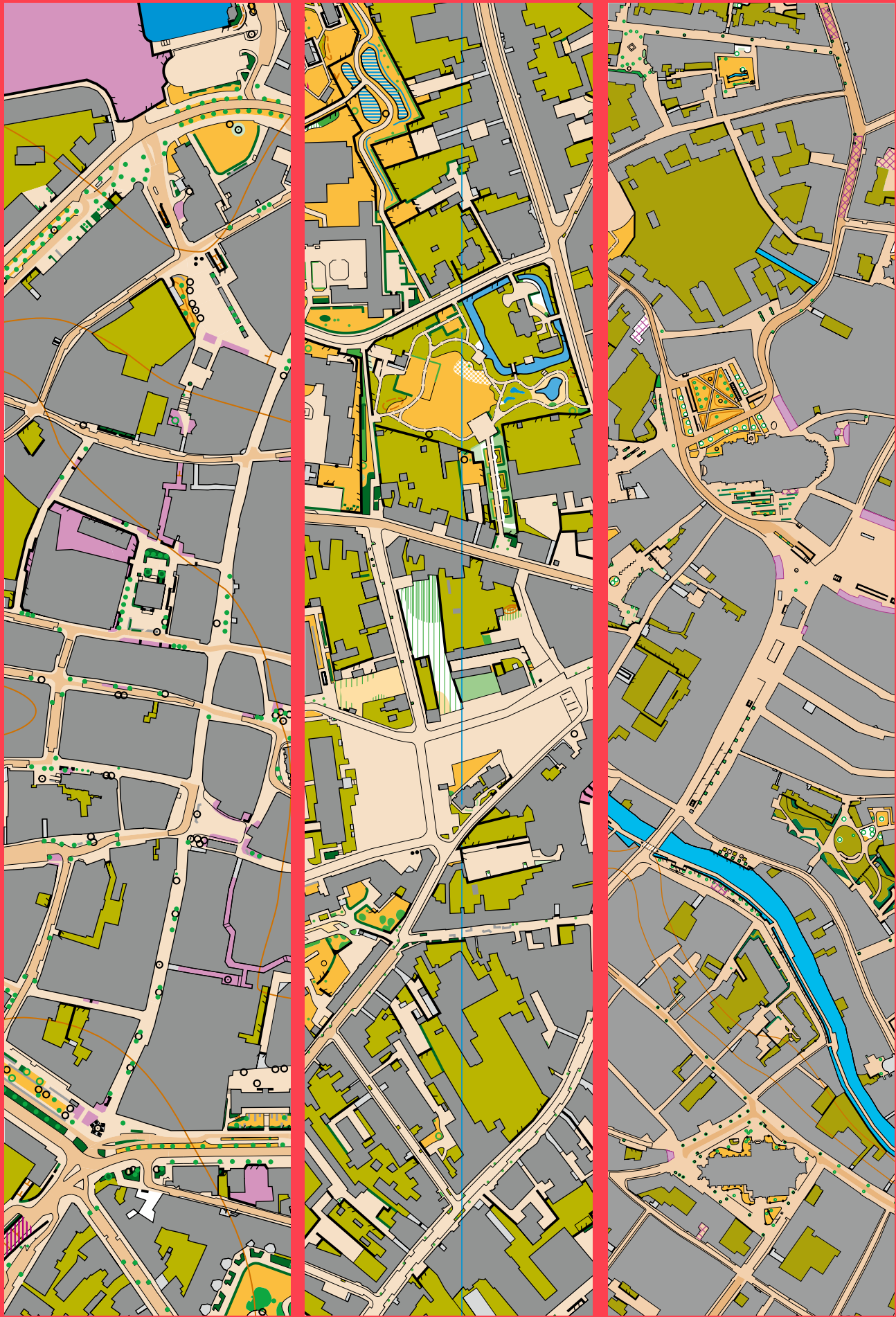
It's important to note that traveling by train through the embargoed areas is allowed.

In the event that you require entry to an embargoed area for a specific reason, kindly submit your request for permission by emailing info@eoc2025.be

7.2. Previous orienteering maps

The maps can be found in this [GOOGLE DRIVE folder](#)

Map	Scale	Year
Hasselt Centrum	1/4000	2020
Hasselt Kapermolen	1/4000	2022
Geel	1/5000	2017
Mechelen Centrum (test race)	1/4000	2016
Mechelen Tivoli (test race)	1/4000	2021
There's no previous map of Lier	-	-



Hasselt

Geel

Mechelen

8. Training



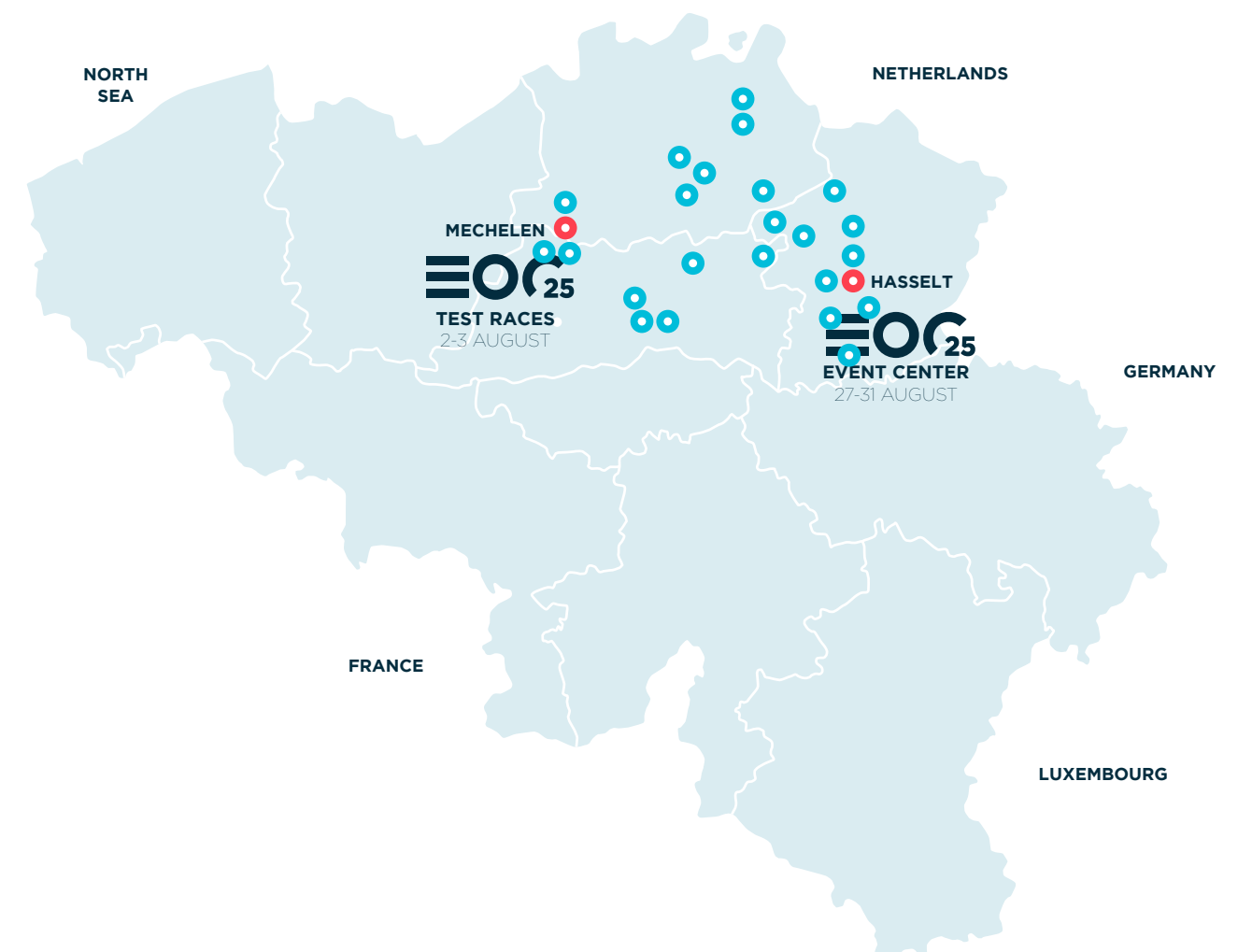
8.1. Training opportunities

Numerous training opportunities are available in Belgium to prepare for EOC2025.

Teams will have access to training maps, allowing them to organize their training sessions independently or participate in the organized training opportunities provided by EOC2025.

More information on the training camps is available on the [EOC2025 website](#).

The Belgian orienteering clubs organize urban competitions weekly in spring and summertime. Please check www.opunch.org for the full calendar.



8.2. EOC test races

During the weekend of 2 & 3 August 2025 Test races are organized in Mechelen to prepare for EOC2025. These Test Races include a full Knock Out Sprint on Saturday and a Sprint Qualification and Sprint Final on Sunday.

The registrations for these Test Races should be done via IOF Eventor.

The registration fees for this weekend are:

Fee	Date	Price
Early Bird Fee	Entries up and until 08/06/2025 23:59	€ 45
Normal Fee	Entries from 09/06/2025 until 20/07/2025 23:59	€ 60
Late Fee	Entries from 21/07/2025 until 27/07/2025 23:59	€ 70

EOC Test Races

Saturday 02/08/2025	Knock Out Sprint	Link to Eventor
Sunday 03/08/2025	Sprint	Link to Eventor

8.3. EOC official training camp 2

The EOC Test Races will take place in Mechelen on the 2nd and 3rd of August, an ideal way to prepare for the European Sprint Orienteering Championships a few weeks later. We offer a full KO Sprint WRE on Saturday and a Sprint Quali & Sprint Final WRE on Sunday.

The days after the Test Races, from Monday the 4th of August until Wednesday the 6th of August 6, trainings are planned. Each morning session is a 'free' session. In the afternoon the trainings will be timed with SPORTident.

Is is possible to do some of these trainings BEFORE the Test races as well. Please contact our training manager at training@eoc2025.be for more information or with your travel plans.

EOC Official Training Camp 2

Monday 04/08/2025	AM Free Training* in Leuven PM SI Training** in Leuven
Tuesday 05/08/2025	AM Free Training in Tessenderlo PM SI Training in Diest
Wednesday 06/08/2025	AM Free Training in Westerlo PM SI Training in Herentals

* Free Training includes a prepared training, a quality printed map and control flags
** SI Training includes a prepared training, a quality printed map and SPORTident controls.

8.4. Prices for trainings

The OCAD and PDF files of the training maps will be offered for free to all teams after signing a declaration form for correct usage. The form can be obtained by emailing training@eoc2025.be There is a charge for each training for the use of the maps (per person per training).

The fee for an organised training with SPORTident can be split by multiple teams training together.

Price of map use per person per training (pppt)	3 EUR
Organised training with SPORTident and printed maps	*200 EUR + 5 EUR pppt
Organised training during the official EOC training camps	7 EUR pppt

** The dates of organised trainings with SPORTident should be agreed with the EOC2025 Training Coördinator Simon Krekels. The fee for an organised training with SPORTident can be split by multiple teams training together.*

8.5. Training contact

Simon Krekels - training@eoc2025.be

8.6. Training maps

An overview of all training maps can be found on the following page. For the exact map location check this [Google Map overview](#).



Map	Club	Available from	Relevant for
Hasselt Katarina	OMEGA	1/9/2024	All races
Hasselt Heilig Hart	OMEGA	1/9/2024	All races
Hasselt Banneux	OMEGA	1/9/2024	All races
Diepenbeek	OMEGA	1/9/2024	All races
Alken	OMEGA	1/9/2024	All races
Borgloon	OMEGA	1/9/2024	Sprint Relay, Sprint
Houthalen	KOL	1/9/2024	Sprint, KO Sprint
Beringen	KOL	1/9/2024	Sprint, KO Sprint
Vorselaar	KOL	1/9/2024	Sprint, KO Sprint
Leopoldsburg	KOL	1/9/2024	Sprint, KO Sprint
Leuven	OMEGA	1/9/2024	All races
Kessel-Lo	OMEGA	1/9/2024	All races
Herent	OMEGA	1/9/2024	All races
Herentals	TROL	1/1/2025	All races
Herenthout	OV	1/1/2025	All races
Turnhout Blijkhoef	TROL	28/4/2025	Sprint, KO Sprint
Turnhout Centrum	TROL	28/4/2025	All races
Tessenderlo	HAMOK	29/5/2025	Sprint, KO Sprint
Meerhout	KOL	15/6/2025	Sprint, KO Sprint
Mechelen	OMEGA	4/8/2025	All races
Mechelen Tivoli	TROL	4/8/2025	Sprint, KO Sprint
Den Abeel	TROL	4/8/2025	Sprint, KO Sprint
Houtem	TROL	4/8/2025	KO Sprint

9. Rules and general information



9.1. Competition rules

The Competition Rules for IOF Foot Orienteering Events apply for EOC2025 as well as the World Cup 2025 Special Rules. The latest versions of the Rules can be consulted on the IOF webpage <https://orienteering.sport/orienteering/competition-rules/>. Runners are awarded World Cup points as per World Cup 2025 Special Rules.

9.2. Classes and participation restrictions

There are two classes; Women and Men. Participation restrictions, classes and qualification system will follow the Special Rules for the 2025 World Cup in Orienteering.

- ▶ All competitors represent a Federation that is a member federation of IOF
- ▶ All athletes must be full passport- holding citizens of the country they are representing
- ▶ Athletes being citizens of more than one country, should represent the only country they have run IOF events for during the current calendar year

9.3. National Quota

All Federations can enter 8 competitors per class in the individual competitions, being the Knock-Out Sprint Qualifications and the Sprint Qualifications. A Federation may enter any competitor irrespective of her/his position in the IOF World Rankings lists.

There are no personal wild card places.

For the Sprint Relay, a Federation may enter 1 team consisting of 4 competitors (at least 2 women).

9.4. Insurance

The organisers decline any liability that might occur through participation in the EOC / vIOF World Cup Events and trainings. Each person participates at her/his own risk and is responsible for her/his own insurance coverage (illness and accident).

9.5. Anti-doping

Doping is strictly forbidden, and the organisers of the EOC/World Cup are dedicated to supporting the Anti-Doping authorities in their work. Doping controls may be carried out any time during the competitions in accordance with the procedures described in the WADA International Standard of Testing and Investigations. The IOF Anti-Doping rules and the World Anti-Doping Code 2025 apply as of 1st of January 2025. Athletes who are selected for doping control must bring an official identification (with photo) to the doping test area. The athlete should also present the personal therapeutic use exemption (TUE) if applicable. In general, it is advisable that athletes take their ID to all competitions and events. For more information, please consult: <https://orienteering.sport/iof/anti-doping/>.

9.6. Climate

The month of August marks the end of the meteorological summer in Belgium: temperatures already start to decline. The average daytime temperature in Hasselt at the end of August is between 15°C and 20°.

There is a moderate probability of rain, and thunderstorms in the evening are a possibility.

9.7. Visa

For citizens of the European Union, a valid identity card is a prerequisite for entry into Belgium. Travelers from some countries might require a passport, visa or further documents.

Please check with your local government or Belgian embassy if you need visa permits. More information can be found at <https://diplomatie.belgium.be/en/travel-belgium>

9.8. Athlete's license

All athletes need to have an [IOF athlete's license](#) to participate at the World Cup races.

9.9. Medical services in Belgium

First aid will be provided at the competition arenas.

If you need to contact emergency services (police, fire service, ambulance service), the general emergency number in Belgium is 112.

9.10. Public transport to quarantine

Although each city is reachable by train, there is potentially a long detour when walking from the train station to the quarantine, avoiding embargo area. Please notify the EOC2025 organization up-front, so a shuttle service from the train station can be provided (if possible).

9.11. Parking near quarantine

There will be dedicated and mandatory parking for each competition. There will be guidance from the parking to the quarantine area.

9.12. Team tents

Team tents will not be allowed at the finish arena or start area. The organisation will arrange transport for potential large or heavy items from the parking to quarantine area. The hours of transportation of heavy equipment from parking to quarantine will be communicated in bulletin 4.

10. Media

10.1. Media accreditation

Accredited media personnel will have access to a Media Centre nearby the arenas of all finals. Services for media will include:

- ▶ Working facilities including wifi access and electrical power
- ▶ Displays showing broadcast/arena production
- ▶ Maps / start lists / result lists
- ▶ Coffee/tea
- ▶ Managed access to photo/media zones
- ▶ Managed access to mixed zone

All media personnel must be accredited - registration for media can be done via this [EOC2025 Media form](#).

All participants accept that photos and videos taken of them during the competition may be published in printed or online media.

The EOC2025 organisation will have its own photographers and will make their pictures available on the website, free of charge.

Contact media@eoc2025.be for more information regarding Media at EOC2025.

10.2. Live production

There will be live-productions from the final races broadcasted on several National TV station, and online via <https://tv.orienteeing.sport/>. During the competitions, athletes may encounter camera crews and equipment in the terrain.

Athletes may also be followed by a running camera or by camera-drones during the race. Camera covered controls and intermediate time controls are not marked on the control description.

10.3. Photo & video disclaimer

Please note that photographs and footage will be taken throughout the EOC/World Cup. These will be used by the event organization for marketing and publicity purpose in our publications, on our website and in social media or in any third party publication during and after the competition.

Please contact the event director if you have any concerns or if you wish to be exempted from this activity.

11. VIP & IOF Family

A VIP zone will be organized during all Final races. VIP tickets are by invitation only.

A dedicated IOF Family package is available for purchase at IOF Eventor.

The IOF Family package costs **€75** (all three finals included).

This IOF Family Package includes:

- ▶ Access to a dedicated area at all final arenas.
- ▶ Drinks and snacks
- ▶ Race maps at all races

12. Competition information



12.1. Punching system

During the EOC2025 competitions, the punching system Emit Touch-Free Pro 3 (TFP3) will be used, the latest touch-free control unit from Emit.

For all runners, two (2) emiTag cards will be provided by the EOC2025 organisation, handed out at accreditation.

All athletes will be able to try out punching during the model event. Note that the punching system is wireless and touch-free, and that there is no need for physical contact between timing chip and control. The organiser will charge 90€ for a lost chip.



Control dimensions: 155x85x30 mm

Instructions for competitors about usage of the emiTag can be found at the website of Emit:
<https://emit.no/en/support-base/instructions-for-competitors-in-foot-o/>

Touch-Free EMIT Punching will also be used during the EOC Test Races on the 2nd and 3rd of August in Mechelen.

12.2. GPS tracking

GPS tracking is provided by Loggator and will be shown live online, on the big screens in the finish area and in the TV Broadcast.

In every race, all competitors shall carry a GPS tracking device carried on the back in a GPS vest / elastic harness. The GPS trackers will be provided by the EOC2025 organisation. The size of the GPS units is 69mm x 39mm x 24mm and the weight is 66g.

Please bring your own GPS vest if you have one. The organization will provide vests in different sizes, they can be obtained at accreditation.

12.3. Clothing

Metal spikes or metal dobbed shoes are not allowed. There are no further restrictions on clothing.


12.4. Refreshments after the race

After each race, water and sport drinks will be available.

12.5. Artificial barriers and out-of-bounds areas

Artificial barriers may be used in the races.

Artificial barriers will always be marked in the terrain with IOF tape. The IOF tape can be attached to metal fences or poles (on grassy surfaces). These barriers will be on the map using ISSprOM2019-2 symbol 709 (Out-of-bounds area) with symbol 708 (Out-of-bounds boundary) on the side(s) where the fence(s) is/are located.

 The symbol 714 (Temporary construction or closed area) is used to mark outdoor seating areas for restaurants and cafés. But also for temporary closed areas such as parking lots which are not available during the competition.

All out-of-bounds areas and uncrossable line features will be marked in the terrain by IOF tape.

Bulletin 4 will contain full details of how out-of-bounds areas, uncrossable features and artificial barriers will be mapped, including images of how they are build up in the terrain.

Examples of artificial barriers and IOF tape will be displayed at the Model Event.

12.6. Team officials meeting

There will be 2 Team Officials Meetings (TOM). These meetings can be attended live at the Event Center (Radisson Blu Hotel in Hasselt). There will also be a livestream link / Online Meeting link available so the TOM can be followed remote. The link will available to the Team Officials.

Teams are encouraged to send in any requests or questions by email to info@eoc2025.be before the TOM so they can be easily handled during the meeting.

The 2 TOM's are planned:

- ▶ Tuesday the 26th of August at 17h30 at Radisson Blu Hotel Hasselt
- ▶ Saturday the 30th of August at 17h30 at Radisson Blu Hotel Hasselt

12.7. Prize money

A total amount of prize money of € 13.300 will be awarded from the event organizer to the best men and women in the three competitions:

Sprint Relay

(per team)

- ▶ 1st place - € 1.000
- ▶ 2nd place - € 600
- ▶ 3rd place - € 300
- ▶ 4th place - € 200
- ▶ 5th place - € 200
- ▶ 6th place - € 200

Knock Out Sprint

(For women and men)

- ▶ 1st place - € 1.000
- ▶ 2nd place - € 700
- ▶ 3rd place - € 400
- ▶ 4th place - € 200
- ▶ 5th place - € 200
- ▶ 6th place - € 200

Sprint

(For women and men)

- ▶ 1st place - € 1.000
- ▶ 2nd place - € 700
- ▶ 3rd place - € 400
- ▶ 4th place - € 200
- ▶ 5th place - € 200
- ▶ 6th place - € 200



12.8. Sprint fair play

The IOF, organisers and referees have agreed to trial some additional principles when making decisions on race incidents at EOC2025. These principles will be reviewed after the event to decide whether they should be formally adopted for 2026.

The overarching principle is that **a competitor must not take any action intended to obstruct another competitor.**

During each race, competitors must:

- ▶ Not intentionally block, impede, push, trip or shove another competitor.
- ▶ Not intentionally obstruct any competitor who is trying to overtake, including by abruptly or dramatically changing running line.
- ▶ When overtaking, do so without obstructing the competitor being overtaken, and not initiate an overtaking manoeuvre unless there is sufficient room to complete it without obstructing the competitor in front.
- ▶ When running in front of another competitor, indicate how they intend to approach and leave each control.
- ▶ When approaching a control behind another competitor, act according to any indication given by the leading competitor, and not obstruct the leading competitor when punching the control and then turning.

In making decisions, the referees will act in accordance with the following principles:

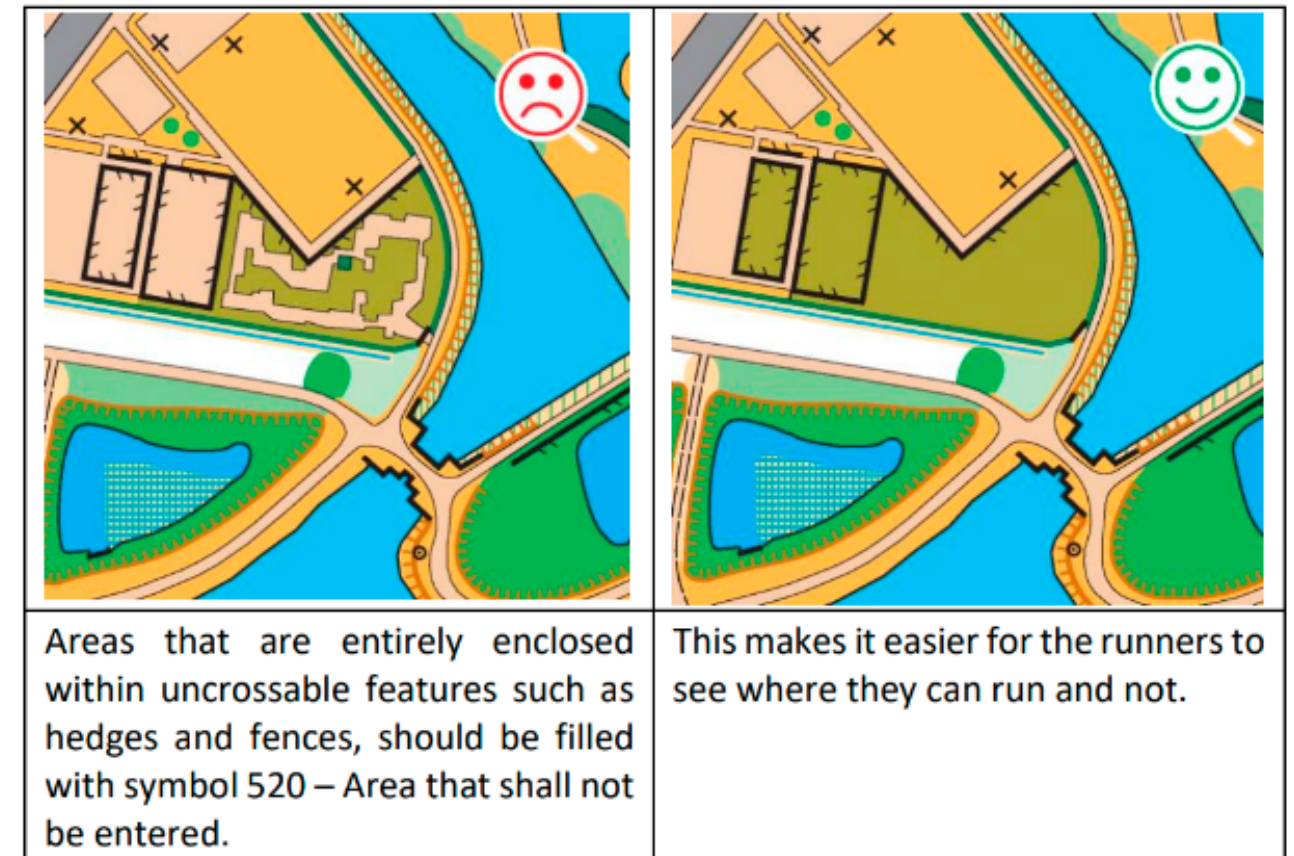
- ▶ It is each competitor's responsibility to be familiar with the IOF Fair Play Principles and the principles set out above, to act in accordance with them at all times and not to act in an unfair way.
- ▶ Subject to the restrictions set out in the Fair Play Principles and in the principles above, a competitor in front generally has the right to choose their running line.
- ▶ Only in exceptional circumstances should more competitors be advanced to the next round of a Knock-Out Sprint than the number specified in the rules for each round. If a competitor who finished in a qualifying position has breached the rules then they should be disqualified, and the next-placed finisher should advance to the next round instead.
- ▶ If, in exceptional circumstances, more competitors are advanced to the next round of a Knock-Out Sprint than the number specified in the rules, the referee should use their discretion in allocating the additional competitors to heats in the next round in a way that minimises the unfairness to other competitors.

12.9. Map of Lier

The IOF Map Commission published the new document "*IOF Best Practices for Sprint Mapping*", in May 2025. This document contains an example of the confidential map of Lier. For fairness reasons we put the published map below.

The remarks and smileys are from the IOF Map Commission.

You can find the full document on the [IOF website](#).



13. Event information



13.1.Courses

Event	Team	Winning time	Distance	Controls
Sprint Relay	Mixed Team	61' / team	3,7km / 4,4km	21c / 23c
KO Qualification	Men A	9'30"	2,9km	16c
	Men B	9'30"	2,8km	15c
	Men C	9'30"	2,9km	15c
	Women A	9'30"	2,6km	14c
	Women B	9'30"	2,6km	14c
	Women C	9'30"	2,7km	13c
KO Quarter Final	Men	7'10"	2,1km	9c
	Women	7'30"	2,1km	9c
KO Semi Final	Men	6'50"	2,0km	10c
	Women	7'30"	2,0km	10c
KO Final	Men	7'30"	2,3km	11c
	Women	8'00"	2,3km	11c
Sprint Qualification	Men A	13'00"	3,9km	17c
	Men B	13'00"	3,9km	15c
	Men C	13'00"	3,9km	18c
	Women A	13'00"	3,4km	14c
	Women B	13'00"	3,4km	13c
	Women C	13'00"	3,4km	13c
Sprint Final	Men	13'45"	4,1km	18c
	Women	13'45"	3,6km	21c

13.2. Technical Model Event

**26th of August 2025 –
Open between 13:00 and
16:00**

During the technical model event athletes can try out the punching system. The same controls as used in actual competitions will be out in the city. The full setup of the start will be shown and also the finish line will be set up.

The map is drawn by the same map maker of the EOC competition maps.

The model event will also show how artificial barriers are marked in the terrain and on the map. Taping of out-of-bounds will also be shown.

A map with all controls will be handed out to each accredited athlete and team official. The EOC course setters, Fabien Pasquasy and Dirk Goossens, will propose a course (control sequence).

- ▶ **Map:** Herentals
- ▶ **Mapper:** Karl Vervoort
- ▶ **Course setters:** Fabien Pasquasy & Dirk Goossens
- ▶ **Winning time:** N/A
- ▶ **Start interval:** Free start
- ▶ **Terrain:** The terrain resembles a lot the terrain of Geel and Lier. This typical Flemish city, completely flat and is built around a main square. There is a mix of schools, parks, shopping areas and both very modern as well as old urban areas. The beguinage, on the outskirts of the city center, is a very interesting area with many small tracks and beautiful historical houses.

13.3. Sprint Relay

**27th of August 2025 –
Massstart - 19:00**

A relay race with 2 men and 2 women in each team, running in the following order:

1) Woman - 2) Man - 3) Man - 4) Woman.

- ▶ **Map:** Hasselt
- ▶ **Mapper:** Karl Vervoort
- ▶ **Course setter:** Fabien Pasquasy
- ▶ **Winning time:** 61 minutes (15'15" min for each runner)
- ▶ **Start interval:** Mass start
- ▶ **Terrain:** The terrain consists of 2 different areas: a typical Flemish city center with a clear city plan and streets in a regular pattern. The second part is a park area with many schools and university campuses. The terrain is completely flat and has almost 100% hard surface to run on.

- ▶ **Quarantine:** There is a quarantine for runners taking part in the Sprint Relay.
13:00 - Opening Quarantine
14:40 - Closing Quarantine
- ▶ **Quarantine parking** location will be communicated in bulletin 4.

Herentals



Hasselt



13.4. Knock-Out

28th & 29th of August 2025

The Knock-Out Sprint is a format where 6 runners on a course race head-to-head. The first ones to reach the finish line will go through to the next round.

There is a qualification race on Thursday 28 August. All athletes will be divided in 3 heats, the 12 best of each heat will go to the Quarter Final on Friday.

From each Quarter Final the 3 best runners go through to the Semi Final. From each Semi Final, the 2 best runners go to the Final.



Geel



13.4.1. Knock-Out Qualification

- ▶ **Map:** Geel
- ▶ **Mapper:** Karl Vervoort
- ▶ **Course setter:** Dirk Goossens
- ▶ **Winning time:** 9 minutes 30 seconds
- ▶ **Start interval:** 1 minute
- ▶ **Terrain:** The terrain in Geel is very diverse. There is the city center with some big squares and a shopping street. In the area are numerous schools that take up a lot of space in the city. The schools have big playgrounds and are surrounded by fences. The city of Geel has many small parks. All courses consists of 50% grassy areas and 50% paved areas.
- ▶ **Quarantine:** There is a quarantine for runners taking part in the Knock Out Sprint.
10:30 - Opening Quarantine
12:30 - Closing Quarantine
- ▶ **Quarantine parking** location will be communicated in bulletin 4.
- ▶ **Heat allocation:** The Knock-Out quarter finals heat allocation will be done by heat selection after the qualification race. The 12 best placed competitors in each heat will be responsible for choosing their own quarter final heat in the following order 7th → 12th (i.e. 3H3, 3H2, 3H1, 4H3, 4H2, 4H1), 6th → 1st (i.e. 2H1, 2H2, 2H3, 1H1, 1H2, 1H3) and 13th → 36th (i.e. 5H3, 5H2, 5H1, ... 12H1).

An exception from rule 12.24 is asked to change this heat allocation rule to give the top 6 runners of the qualification greater choice of who they are racing against. This is the order shown above.

13.4.2. Knock-Out Finals

- ▶ **Map:** Geel
- ▶ **Mapper:** Karl Vervoort
- ▶ **Course setter:** Dirk Goossens
- ▶ **Winning time:** 6-8 minutes
- ▶ **Start interval:** Mass start
- ▶ **Terrain:** The terrain in Geel is very diverse. There is the city center with some big squares and a shopping street. In the area are numerous schools that take up a lot of space in the city. The schools have big playgrounds and are surrounded by fences. The city of Geel has many small parks. Quarter Final, Semi Final and Final have around 80% paved areas and 20% grassy surfaces.
- ▶ **Quarantine:** There is a quarantine for runners taking part in the Knock Out Sprint.
10:00 - Opening Quarantine
12:00 - Closing Quarantine
- ▶ **Quarantine parking** location will be communicated in bulletin 4.

13.5. Sprint

31st August 2025

This is an individual race with an interval start. In the morning there is a qualification race and in the afternoon the final with the 45 best orienteers from the qualification at the start. The best time of the final course wins the race!

Lier



13.5.1. Sprint Qualification

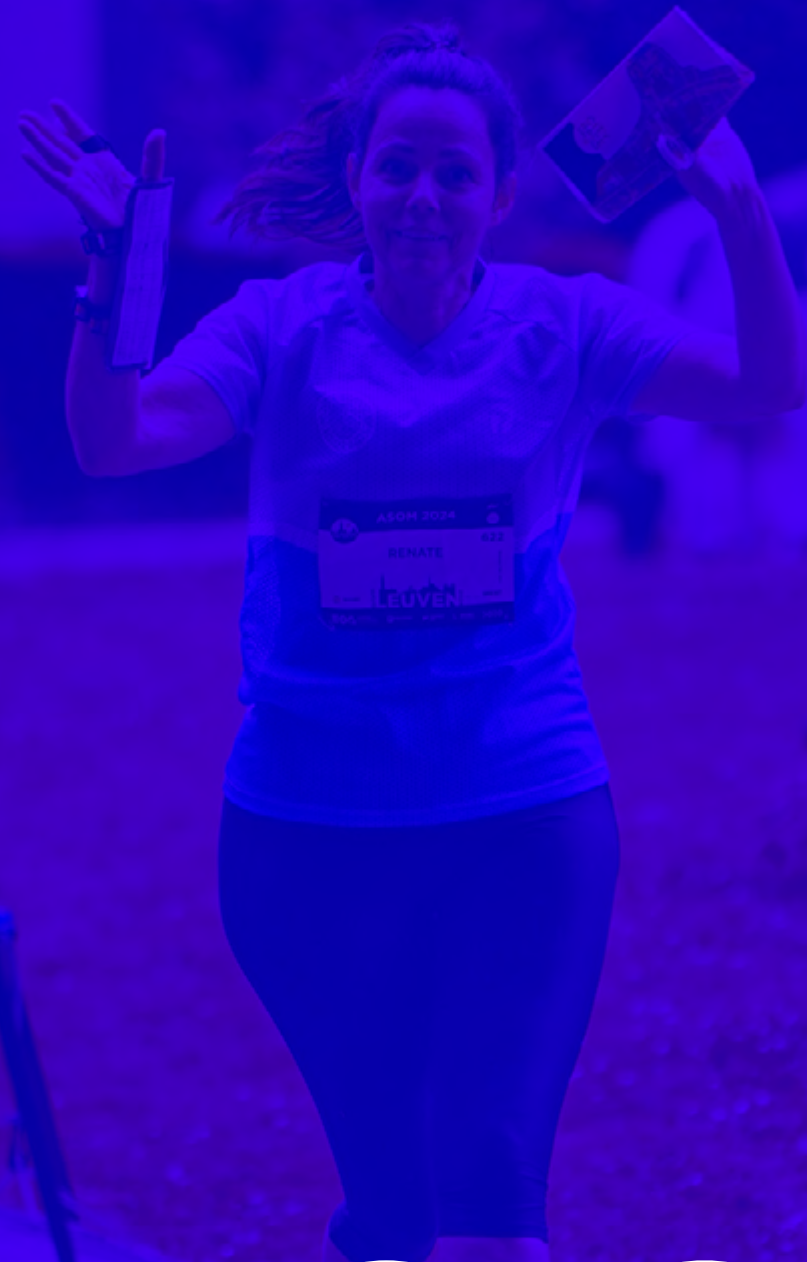
- ▶ **Map:** Lier
- ▶ **Mapper:** Karl Vervoort
- ▶ **Course setter:** Fabien Pasquasy
- ▶ **Winning time:** 13 minutes
- ▶ **Terrain:** The city of Lier has an old city center. It offers diverse and challenging terrain with narrow, winding alleyways and wider streets. The city has cobblestone streets and market squares. The town has small parks, a river and also the 'Vesten' surrounding the city. The Vesten is a defensive fortification around the city that can still be seen today. It offers a mix of forest, grassy slopes and pathways. The Sprint Qualification courses have 80% paved surface and 20% grassy surface.
- ▶ **Start interval:** 1 minute
- ▶ **Quarantine:** There is a quarantine for runners taking part in the Sprint Qualification.
07:00 - Opening Quarantine
08:30 - Closing Quarantine
- ▶ **Quarantine parking** location will be communicated in bulletin 4.
- ▶ **Heats:** The Men and Women category are divided into 3 different heats: A, B and C. Following the rules in chapter 12 from the IOF Competition Rules.

Every minute 3 runners start: one runner from heat A, B and C. The 15 best placed runners are allowed into the final race. The final race is ran with 45 runners.
- ▶ In case of a tie for a place in the final, all these tied athletes will qualify for the final.

13.5.2. Sprint Final

- ▶ **Map:** Lier
- ▶ **Mapper:** Karl Vervoort
- ▶ **Course setter:** Fabien Pasquasy
- ▶ **Winning time:** 13 minutes 45 seconds
- ▶ **Terrain:** The city of Lier has an old city center. It offers diverse and challenging terrain with narrow, winding alleyways and wider streets. The city has cobblestone streets and market squares. The town has small parks, a river and also the 'Vesten' surrounding the city. The Vesten is a defensive fortification around the city that can still be seen today. It offers a mix of forest, grassy slopes and pathways. The Sprint Final has around 80% hard surface and 20% grass.
- ▶ **Start interval:** 1 minute 30 seconds
- ▶ **Quarantine:** There is a quarantine for runners taking part in the Sprint Final. The quarantine will close 1h00 before the start of the race.
- ▶ **Quarantine parking** location will be communicated in bulletin 4.

14. EOC Tour



EOC²⁵ TOUR

Join the action.

From August 27 to 31, 2025, spectators will have the unique opportunity to immerse themselves in the finest urban orienteering experiences Belgium has to offer, right in the heart of the action at the European Orienteering Championships.

In 2025, ASOM reaches its 10th anniversary, and the occasion will be commemorated with an extraordinary 5-day orienteering festival during EOC. This unique celebration brings together the two most cherished activities for any orienteer: Running an orienteering competition and cheering/watching elite orienteers doing their orienteering course and fighting for European champion titles.

The program features a variety of Sprint Orienteering events and extended Urban City Races. These races are strategically aligned with the EOC races, ensuring that spectators minimize travel and have the chance to witness the EOC races live either before or after their own race.

Date	Location	Event
Wednesday 27-08-2025	Hasselt	Urban Sprint
Thursday 28-08-2025	Hasselt	Urban Long
Friday 29-08-2025	Geel	Urban Sprint & Indoor Race
Saturday 30-08-2025	Herentals	Urban Long
Sunday 31-08-2025	Lier	Urban Sprint



14.1. Competition classes

EOC will offer a range of courses and competition classes. It will be suitable for all ages and levels.
(age on 31 dec 2025)

- ▶ M/W Children -12 (Age <= 12)
- ▶ M/W Youth -16 (12 < Age <= 16)
- ▶ M/W Junior -20 (16 < Age <= 20)
- ▶ M/W Elite (no age restrictions)
- ▶ M/W Open (no age restrictions)
- ▶ M/W Vet 40+ (40 <= Age <= 54)
- ▶ M/W Supervet 55+ (55 <= Age <= 64)
- ▶ M/W Ultravet 65+ (65 <= Age <= 74)
- ▶ M/W Hypervet 75+ (75 <= Age)

Course	Category	Scale	Day 2 & 4	Day 1, 3 & 5
1	M Open	1/4000	10000m	3800m
2	W Open	1/4000	8500m	3500m
3	M Junior -20 M Vet 40+	1/4000	9500m	3700m
4	M Supervet 55+	1/4000	8500m	3200m
5	W Vet 40+	1/4000	7800m	3100m
6	W Junior -20 M Ultravet 65+	1/4000 1/3000	7200m	3100m
7	M Youth -16 W Supervet 55+	1/4000	6500m	3000m
8	W Youth -16 W Ultravet 65+	1/4000 1/3000	5200m	2600m
9	M/W Hypervet 75+	1/3000	3000m	2500m
10	M/W Children -12	1/3000	2500m	2000m
11	M Elite (EOC)	1/4000	4200m	4200m
12	W Elite (EOC)	1/4000	3600m	3600m
13	City Run	1/4000	6000m	4000m

14.2. Entry

Entries are due via www.opunch.org/in/event/3060

Entries for the indoor race on friday are due via <https://www.opunch.org/event/3493>

14.3. Price

There are 3 different price categories:

Fee	Date	Price
Early Bird Fee	Entries up and until 31/05/2025 23:59	€ 15 per day (€ 10 for -18y) € 75 for 5 days (€ 50 for -18y)
Normal Fee	Entries from 01/06/2025 until 01/08/2025 23:59	€ 18 per day (€ 12 for -18y) € 90 for 5 days (€ 60 for -18y)
Late Fee	Entries from 02/08/2025 until 15/08/2025 23:59	€ 20 per day (€ 15 for -18y) € 100 for 5 days (€ 75 for -18y)

Orienteers from a **BELGIAN club** receive the payment via their clubs after the competition.
Orienteers from **FOREIGN clubs** can pay immediately with credit card in Opunch.

If, for any reason, you want to pay at the event, please contact info@eoc2025.be.

14.4. Day entry

There is 1 day entry each day.

6km on a 'long' day and 4km on a 'sprint' day.

You can enter for this race at the registration desk at the event center.

14.5. Travel & accomodation

There are plenty of accommodation options in Hasselt, Geel, Lier or Herentals.

The best options at a good price in Hasselt are:

- [Radisson Blu Hotel ****](#)
- [Park Inn by Radisson ***](#)
- [Holiday Inn ****](#)
- [Holiday Inn Express ***](#)

14.6. National team elite runners

Elite runners can participate in the EOC Tour. The participation is included in their EOC accreditation.

This is a personal entry and it is not transferable to other persons.

At each EOC-Tour race (except Sunday) there is a separate ELITE course available for EOC athletes. The winning time for this race is 15minutes, also if other classes have a long distance race.

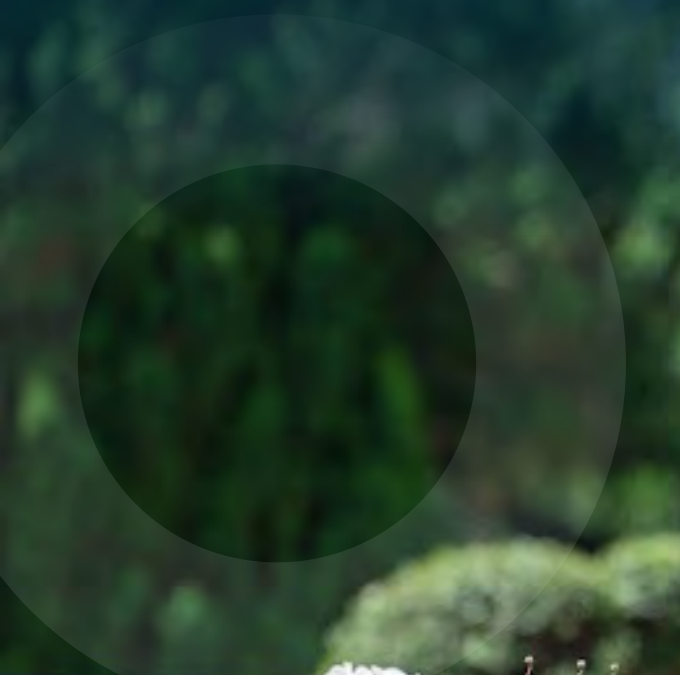
- **Friday 29-08-2025:** athletes qualified for the Knock-Out finals cannot participate to EOC Tour.
- **Sunday 31-08-2025:** no participation to EOC Tour possible.



15. Version History

This is version 1.0 of bulletin 3, published the 2nd of June 2025.

Final details will be released in Bulletin 4 on 20 August 2025. Bulletin 4 will be available online as well as in a printed version available for all teams upon arrival at the Event Centre.



16. Partners & Sponsors

Thanks!

A heartfelt thank you goes out to our partners and sponsors for their support of EOC2025.

If you're interested in getting involved, please don't hesitate to reach out to us at info@eoc25.be

SPONSORS



PARTNERS



MEDIA PARTNER



ON BEHALF OF





**EUROPEAN
ORIENTEERING
CHAMPIONSHIPS**
Hasselt, Belgium 27-31 August