



European Trail  
Orienteering  
Championship  
29.07- 3.08 2026

# Bulletin 1



# Ladies and Gentlemen,

it is with great pleasure that I welcome you to Szczecin for the European Trail Orienteering Championships 2026.

Sport plays a special role in Szczecin. We appreciate its significance in the process of educating young people, as an element of promoting a healthy lifestyle as well as building strength of character. Sport in Szczecin is also connected with major events, including championships, which promote our city and raise its prestige. In all the efforts we make to support physical activity, we are mindful that sport not only provides unforgettable emotions and experiences, but also develops our ambition, teaches perseverance, tolerance, and the ability to overcome our weaknesses.

The City of Szczecin is friendly and open to everyone, including people with disabilities. As hosts of the European Trail Orienteering Championships, we are happy to highlight our commitment to integration and inclusion. In this competition, which will involve athletes with various disabilities, every participant will have an equal opportunity to showcase their skills. The city has prepared infrastructure and spaces that are accessible to people with mobility limitations, ensuring that sport in Szczecin is available to everyone.

I am proud that sport in our city is developing at all levels, both professional and amateur one. Each year, more and more of our citizens take advantage of the numerous attractive recreational spaces that Szczecin offers. Running is a very popular activity - you can come across people running in various corners of the city. Sport orienteering is also a discipline that is becoming increasingly popular, combining physical activity with improving navigational skills and exploring interesting places in an unconventional way.

For many years, we have hosted participants in the Bukowa Cup, an event that attracts athletes from all over Europe. In 2024, we had the honour of being the host of the European Youth Orienteering Championships, which was a great distinction and another step in establishing Szczecin as a key centre for sport orienteering in Europe.

I wish all the competitors, coaches, and all the people creating the European Trail Orienteering Championships 2026 successful competitions, unforgettable emotions and outstanding achievements. I also encourage you to explore the charms of our city, which is ready to become your sports' base.

**Piotr Krzystek**  
Mayor of Szczecin

# Dear Competitors,

I am honored to be able to welcome you to Szczecin for the European Trail Orienteering Championships 2026. As the Event Director, I have the privilege of overseeing the organization of this unique event, which aims to ensure the highest possible sports level. Our priority is to organize the event with demanding terrains, high-quality maps, and interesting courses. These elements will make our competition an unforgettable experience for each one of you.

The European Trail Orienteering Championships are not only a competition at the highest level, but also an opportunity for integration of various social groups. Both able-bodied athletes and those with disabilities will participate, which adds a special dimension to this event. Szczecin, a city open and accessible to everyone, provides the perfect backdrop for this kind of competition.

I am also happy to invite you to take part in our upcoming events, including the Bukowa Cup. This is a great opportunity to test your skills and prepare for the forthcoming championships. The Bukowa Cup will also serve as an organizational test for us as hosts, and for you, the competitors, a chance to compete in a friendly atmosphere while discovering the beautiful terrain of Szczecin. We want this event to be not only a sports competition but also an opportunity for integration and relationship building. For this reason, as organisers, we warmly encourage you to participate in the banquet, which will be held after the competitions. The banquet will be free of charge for all accredited persons, and its goal is to create a space for conversations and exchanging experiences. We want this gathering to be more than just a traditional dinner – we aim to make it an unforgettable experience that will bring you together in a pleasant and friendly atmosphere.

Additionally, we plan to organize the banquet in a unique way – combined with a boat trip on the Oder River. We believe that this time spent together will allow for even better socializing, and at the same time, give you the chance to admire the beautiful views of Szczecin from the water. This is a unique experience that will surely stay in your memory for a long time. I would like to express my heartfelt thanks to all the competitors for their dedication, as well as to the coaches and organisers for their invaluable work. Thanks to your passion and professionalism, this event will become an unforgettable experience. I wish all participants good luck, great results and lasting memories. I hope that these championships will be a unique experience that will stay with you for a long time. I encourage everyone to enjoy the beautiful spaces of Szczecin – both the recreational areas and those that will serve as the backdrop for our sports challenges.

Thank you and good luck!

**Aleksandra Mazan**  
Event Director



## ORGANISERS

Klub Orientacji Sportowej BnO Szczecin  
Polish Orienteering Federation  
Zachodniopomorski Okręgowy Związek Orientacji Sportowej

## CO-ORGANISERS

The City of Szczecin  
Western Pomerania  
Nadleśnictwo Gryfino

## PARTNERS

CX 80  
Etcetera Reklama Szczecin  
Szczecin Floating Garden  
Zazu Sports  
Hitmark = Robotics  
Vulcan Hotel  
Forystek i Partnerzy  
SP47

## ORGANISING COMMITTEE

**Event Director**  
Aleksandra Mazan

**Course Setters**  
Bartłomiej Mazan (PreO, Relay)  
Jacek Wieszaczewski (TempO, Relay)

**Maps**  
Krystian Petersburski

**IOF Senior Event Advisers**  
John Kewley (GBR), Lars Jakob Waaler (NOR)

**National Controller**  
Krystian Petersburski

## CONTACTS

etoc2026.pl  
+48 721 121 141  
kontakt@bno.szczecin.pl

## EVENT DATES

Wednesday, 29th July – Monday, 3rd August 2026

## EVENT VENUE

The capital and largest city of the West Pomeranian Voivodeship in northwestern Poland. Located near the Baltic Sea and the German border, it is a major seaport and Poland's seventh-largest city.

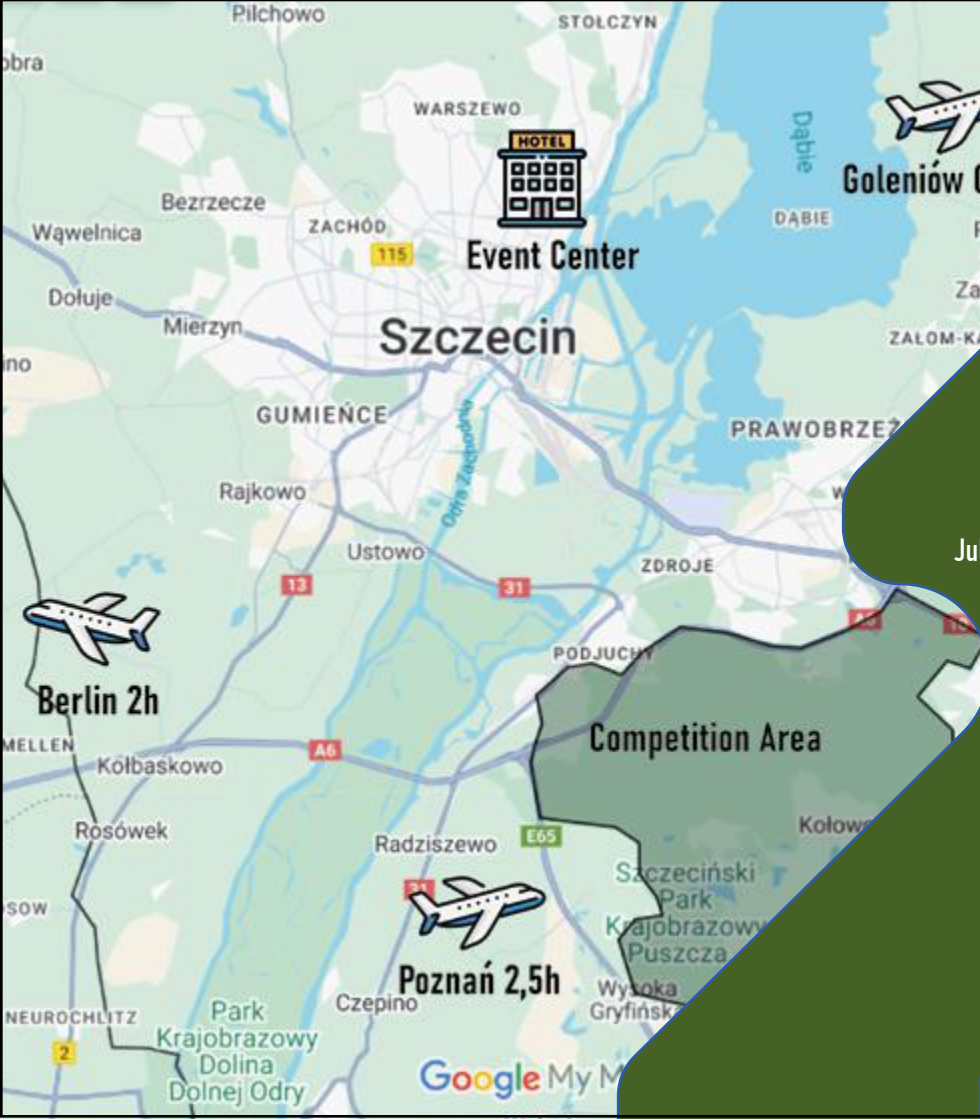
Szczecin is located between the broads of the Oder River with an open perspective on the Szczecin Reservoir and Lake Dąbie, and the sailing route to the Baltic Sea. There are many monuments worth visiting in Szczecin.

## EVENT CENTRE

Hotel Vulcan  
Franciszka Ksawerego Druckiego-Lubeckiego 6A street  
71-643 Szczecin

Accreditation of the teams and team officials meetings will be held in the Event Centre.





## DISTANCES AND OVERVIEW MAP

Nearest international airports  
Szczecin/Goleniów – 0,5 h drive time  
(45 km)

Berlin – 2 h drive time (190 km)

Poznań – 2,5 h drive time (260 km)

## CLIMATE

July is an agreeable month in Szczecin, Poland, with an average temperature fluctuating between 22°C and 12°C while maximum temperatures up to 30°C is possible. July is one of the rainiest months of the year with an average of 13 rainy days and an average monthly rainfall amount of 543 mm in Szczecin.



# PRELIMINARY PROGRAMME:

**29th July 2026 (Wednesday)**

Teams Arrival

Accreditation

Opening ceremony

**30th July 2026 (Thursday)**

Model Events

Team Official Meeting Temp0

**31th July 2026 (Friday)**

Temp0

Team Official Meeting Pre0 1

**1st August 2026 (Saturday)**

Pre0 1

Team Official Meeting Pre0 2

**2nd August 2026 (Sunday)**

Pre0 2

Team Official Meeting Relay

**3rd August 2026 (Monday)**

Relay

Banquet

**4th August 2026 (Tuesday)**

Team departure



# CLASSES AND COMPETITIONS RULES

In the individual PreO competitions and in the TrailO Relay there is an O (Open) class and a P (Physically Challenged) class. In the TempO competition there is a single Open class.

Competitors representing member Federations of the IOF, defined by the International Paralympic Committee as belonging to the European continent, can compete in ETOC.

Competitors representing other member Federations of the IOF can participate in ETOC but will not be eligible for European titles, medals or diplomas.

In the individual PreO event a Federation may enter a maximum of 6 persons in each class.

In the TempO event a Federation may enter a maximum of 8 persons. The current European Champion may be entered in their respective classes in addition to the normal maximum.

In the TrailO Relay a Federation may enter 2 teams in each class each consisting of 3 competitors. Only the better-placed team will count in the prize list.

The Competition Rules for IOF Trail Orienteering Events and the ETOC Rules valid in 2025 shall apply to the European Trail Orienteering Championships 2026. The rules are available for download on the IOF website <https://orienteering.sport/>

The maps of ETOC 2026 follow the International Standards for Sprint Orienteering ISSprOM2019-2 Revision 6.





# TERRAINS

## Temp0 Qualification

Scenic, open area with scattered trees and diverse microrelief. Part of the course runs through an urbanized park, and part through a moraine beech forest. Excellent runnability and visibility, with interesting elevation changes.

## Temp0 Final

Open military training area with distinct microrelief, many single trees, depressions, ditches, and pits. Three forest types: semi-open mixed, dense, and beech forest with excellent visibility. A varied, technical, and navigationally interesting terrain.

**Pre0** – The terrain of a typical moraine presents a fascinating landscape where visibility ranges from very good to limited, creating diverse navigational challenges. This area is characterized by significant elevation changes, introducing dynamism and variability to the competition route.

The morainic topography captivates with its interesting glacial microrelief, featuring numerous hills, valleys, and irregular forms that testify to the power of glaciers from centuries past. These natural formations not only influence navigation strategies but also offer beautiful views that draw competitors into the enchanting world of nature.

The challenge lies in the ability to adapt to changing conditions and utilize the terrain's microrelief for effective navigation, making this moraine an ideal location for enthusiasts of orienteering.



# TERRAINS

**Relay** - The relays will take place on a picturesque golf course, providing an excellent backdrop for the competition. This unique setting features carefully designed terrain that combines open spaces with gentle elevations and natural obstacles.

The golf course, with its well-maintained lawns and scenic ponds, offers diverse navigational opportunities, requiring precise decision-making and the ability to move quickly across the terrain. The high-quality surface and aesthetic surroundings create a pleasant atmosphere for both competitors and spectators.

# MAPS

**PreO 1:** scale 1:4 000, contour interval 2m

**PreO 2:** scale 1:4 000, contour interval 2m

**TempO:** scale 1:3 000, contour interval 2m

**Relay:** scale 1:3 000, contour interval 2m

according to ISSprOM2019

## MAPMAKER

Krystian Petersburski

## OLD MAPS

Mistrzostwa-Polski-w-Długodystansowym-BnO

Bukowa-Cup-X-E2

Bukowa-Cup-X-E3

Bukowa-Cup-X-E5

Bukowa-Cup-X-E6

Bukowa-Cup-12-E1-Sredni

Bukowa-Cup-12-E3-Klasyk

Bukowa-Cup-12-E4-Sredni

Bukowa-Cup-12-E5-Sredni

Bukowa-Cup-12-E6-Klasyk

# PUNCHING AND RESULTS SYSTEMS

Punching system

The ToePunch system ([toe.yq.cz](http://toe.yq.cz)) will be used for punching and time keeping in PreO competitions and on PreO-part of the Relay.

The ANT system ([ant.yq.cz](http://ant.yq.cz)) will be used at timed controls and TempO stations



# ENTRIES

The entries will be open on 1st June 2025.  
All entries have to be made through IOF Eventor.

The team size deadline is 29 th May 2026.  
The team names deadline is 15th July 2026

Late entries will be surcharged as stated in the IOF rules (7.4).

Entries will not be valid until the entry fee has been paid.  
The payment must be made by 15 th June 2026.

# ENTRY FEE

Fee type	Fee in PLN per compe- titor
Accreditation fee Athletes (including model event)	580 PLN
Accreditation fee Team Officials	495 PLN
Accreditation fee Accompanying person, Escort	170 PLN
Entry fee for PreO Competition	600 PLN
Entry fee for TempO Competition	430 PLN
Entry fee for Relay Competition (per Team)	730 PLN
Participation fee for banquet	0 PLN
Fee per training map	30 PLN

# ACCOMODATION AND MEALS

We recommend booking accommodation at Hotel Vulcan, where the Event Center and Team Officials' Meeting will take place. We have pre-booked the entire Hotel Vulcan until 31 July 2025; after this date, we will release the rooms, and bookings can only be made individually without any guarantee of room availability. Please note that making a reservation is not the same as making a payment — payment can be arranged closer to the reservation date. When booking, please mention the code ETOC 2026.

Here are the recommended hotels in Szczecin:

Hotel Vulcan \*\*\*  
ul. Druckiego-Lubeckiego 6A, 71-043 Szczecin

Ibis Styles Szczecin Stare Miasto \*\*\*  
ul. Panienska 10, 70-535 Szczecin

Ibis Szczecin Centrum \*\*\*  
ul. Dworcowa 16, 70-206 Szczecin

Novotel Szczecin Centrum \*\*\*\*  
ul. 3 Maja 31, 70-215 Szczecin

Accommodation: cost per room and night	Cost per type of accommodation in PLN			
	Hotel Vulcan	Novotel	Ibis Styles	Ibis
Single room	239	340	300	230
Double room	289	380	340	270
Triple room	329	-	-	-
extra bed in the room	85	-	-	-
<b>Cost for meals</b>				
Is breakfast included in the rate above?	YES	YES	YES	YES
Lunch per person	60	120	120	120
Dinner per person	60	140	140	140



European Trail  
Odontology  
Championship  
2020-2021



## TRANSPORT

We recommend teams use their own transport throughout the competition. If any of the teams need transportation and cannot organise it themselves, the organisers can support and organise transportation during ETOC only after a preliminary request.

Additionally, teams can easily reach the Competition Centre for TempO using public transport. For the Opening Ceremony and the Prize Giving Ceremony, we recommend using public transport as well. However, it will be difficult to reach the PreO venue by public transport.

## VISA

Please check the following link with a list of citizens of countries, who need visa to enter Poland:  
<https://www.gov.pl/web/diplomacy/visas>

## MEDIA

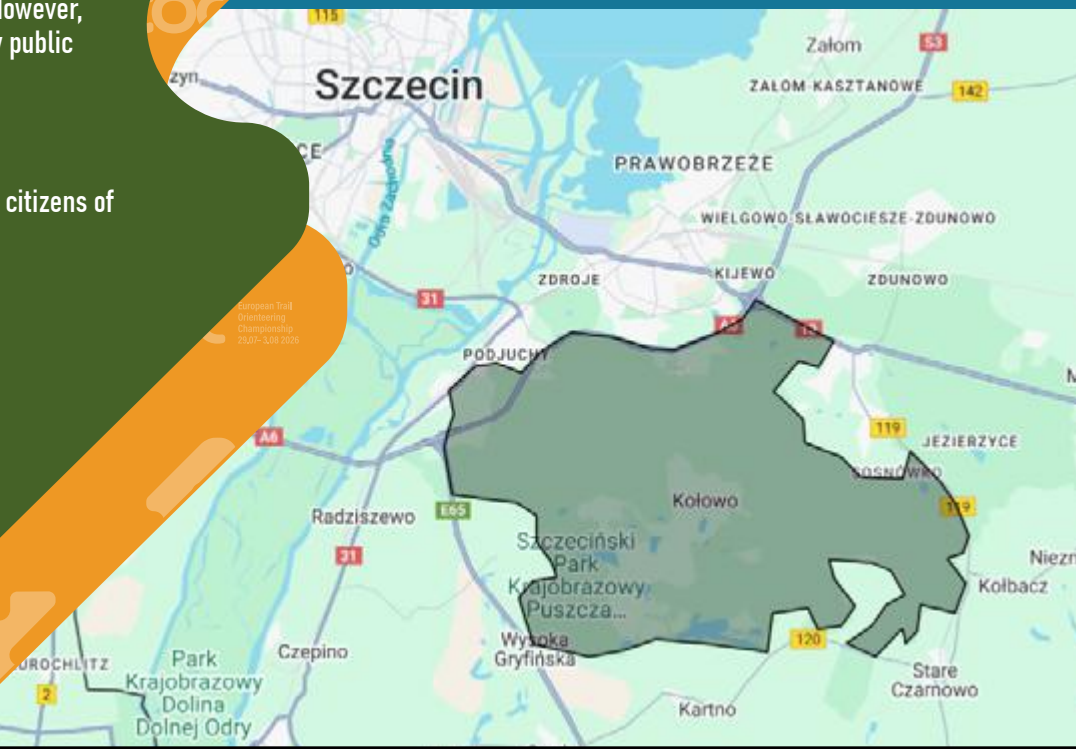
Media representatives are welcome to cover the ETOC 2026 competitions. Media representatives will receive a special "Press" ID card at the Event Center.

Contact:  
Aleksandra Czerwińska  
[ola.sq2gp@gmail.com](mailto:ola.sq2gp@gmail.com)

## EMBARGOED AND TRAINING AREAS

Visit our Google map to see all embargoed and training areas.

<https://www.google.com/maps/edit?mid=1Q4DYPxWTeDxpHCIVL5eThA8qTfcGpHk&usp=sharing>



## TRAINING

Training competitions will be organised in the year leading up to ETOC on relevant terrains and maps.

Bukowa Cup 2026

<http://bukowacup.pl>

Prices for individual training maps:

Laser printed maps: 7 €/piece

OCAD file - If you are interested please contact us

Contact: Bartłomiej Mazan

email:[barmaz5@vp.pl](mailto:barmaz5@vp.pl) or telephone +48 668 009 601



## EVENTS

Public events will be organised during ETOC 2026. All information about the public event will be published at the ETOC 2026 website and more information will be available in Bulletin 2.

## HEALTH INSURANCE

The Event Organiser will not bear any responsibility related to the cost of medical services for the participants. Each Federation is responsible for the health insurance of all their delegates.

## NEXT BULLETINS

Bulletin 2 will be published in September 2025

Bulletin 3 will be published in May 2026

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