

US 2016 Classic Championships “Rerun the Ridge”
Ward Pound Ridge Reservation, Cross River, New York, USA
September 17th and 18th, 2016

Bulletin 2.1 – July 2016

This is an update of Bulletin 1

1. Organizers

Hudson Valley Orienteering and Western Connecticut Orienteering Club, on behalf of Orienteering USA (OUSA), are responsible for organizing the Orienteering competitions for the 2016 US Classic Championships.

Co-sponsors for the event are Westchester County Parks and the organizers thank them for their invaluable assistance and support.

1.1 Controllers

IOF Senior Event Adviser: Jeffrey Saeger

The Senior Event Adviser will also act as Course Consultant

All races will be run in accordance with the current versions of IOF Rules and OUSA Guidelines

1.2 Contacts and information

Event Director: Geof Connor ghckat@yahoo.com

Registrar: Guy Olsen HVOregistrar@gmail.com

Website: <http://hvorienteering.com/wp/index.php/us-champs-info-page/>

2. Registration and Fees

2.1 Registration

Registration, including entries for both days, can only be done via the US Classic Championships [EventRegister site](#).

Regular registration (lowest fees) will end at midnight on Sunday 28th August and all registration will close at midnight on Monday 5th September. (both deadlines Alaska time)

World Ranking Event (WRE): Day One of the Championships will include World Ranking races. All M/F-21+ competitors will run the world-ranking courses for which lengths & winning times will be in accordance with WRE guidelines for Long distance races. If you wish to compete for WRE points, please select the WRE button on the registration form and enter your IOF ID. If you do not have an IOF ID, you must obtain one from [IOF Eventor](#) and provide it to the Registrar prior to the close of online registration, 5th September. NOTE: WRE start lists will be based on [world rankings](#) as of 1 September, 2016.

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2.2: Fees (all in US dollars)

Day 1 WRE event Sat. 17th Sep:	Regular Registration	Late Registration
OUSA members	\$40	\$50
Non-members	\$44`	\$54
OUSA Junior members	\$20	\$25
Junior Non-members	\$22	\$27

Day 2 Classic event Sun. 18th Sep:	Regular Registration	Late Registration
OUSA members	\$40	\$50
Non-members	\$44`	\$54
OUSA Junior members	\$20	\$25
Junior Non-members	\$22	\$27

Payment options include PayPal and personal check, and are detailed on the registration website.

Model/training event on Friday 16th Sep at Westmoreland Sanctuary

No pre-registration required (though during registration, we will ask you how many maps you expect to need); cost = \$5 /map; pay on-site

Team Woods Sprint relay at Mountain Lakes on Monday 19th Sep

	Team (2)	Individual
Senior	\$15	\$10
Junior	\$10	\$7
Mixed Junior/senior	\$12	As above

Registration will be available during the US Championships, in parking area.

3. Event Centre:

US Championship event center will be at the Hampton Inn in Danbury, CT, located at: 81 Newtown Rd, Danbury, CT 06810

3.1 Packet Pick-up / Event Check-in

The centre will be open for packet pick-up for registered competitors on Friday 16th September at 6 p.m. Packet pick-up will also be available at the event parking area on both days of the Championships.

4. Event Rules

All races will be run in accordance with the current versions of IOF Rules and OUSA Rules and Guidelines

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5. Classes and Courses

5.1 Classes

The following classes will be offered (US Championship eligible)

White	Yellow	Orange	Brown X	Brown Y	Green X	Green Y	Red Elite	Red	Blue
F-10	F-14	F-16	F-18	F-70+	F-20	F35+	F21+ Day1	F21+ Day2	M21
F-12	M-14	M-16	F55+	F-75+	M18+	F40+			
M-10	M-Yellow	M-Orange	F60+	F-80+	M50+	F45+		M-20	
M-12	F-Yellow	F-Orange	F-65+	F-85+	M55+	F50+		M35+	
M-White			M65+	F-90+	M60+	F-Green		M40+	
F-White			M70+	M75+		M-Green		M45+	
				M80+				M-Red	
				M85+					
				M90+					
Rec White	Rec Yellow	Rec Orange		F-Brown					
				M-Brown					

5.2 Courses

Day One of the Championships will be a World Ranking Event (WRE) and male/female elite course lengths/times are in accordance with WRE guidelines for long distance courses. Day Two of the Championships are at the lower end of the OUSA recommended times/lengths for a Classic event for elite classes.

All other courses for both days will be in accordance with OUSA rules for Classic Events.

Course lengths are shown below. (Green and Brown lengths are average of the X and Y courses).

Day 1		Day 2	
Course	Length km	Course	Length km
Blue	13.2	Blue	10.0
Red Elite	10.0	Red	8.5
Red	8.0		
Green	5.4	Green	5.4
Brown	3.6	Brown	3.4
Orange	3.9	Orange	3.9
Yellow	2.7	Yellow	2.7
White	2.6	White	2.6

There will be enter-on-the-day recreational courses (White/Yellow/Orange) available. Starts will not be before 11.00 a.m. Registration will be at the event parking area.

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6. Program of Events

6.1 US Championships Day 1 and 2, Sat/Sun September 17/18th

The races for both days will be run in Ward Pound Ridge County Park, an extensive recreation area 40 miles north of New York City. Ward Pound Ridge is 93% forested with deciduous trees, mainly Oak, and some Pine stands with plenty of features and little undergrowth except for patches of barberry and mountain laurel which the courses will mainly avoid. There are medium to steep slopes up to the ridges and more gentle slopes elsewhere. The geology is mainly gneiss with pockets of limestone producing multiple cliffs and other rock features.

Up until the 1920's the Park was farmland and has the usual NE US pattern of stonewalls and old farm roads.

6.2 Social program

IOF medals will be awarded to the top three seniors for each individual event in these classes (M/F 21) at the conclusion of Day1 of the Championships.

The Orienteering USA Junior Team will be providing home-made sandwiches, available for purchase by pre-order (\$5 each) on both Saturday and Sunday. Choices will be ham, turkey, or vegetarian*, with or without cheese. All sandwiches made with wheat bread and lettuce. Extras -- chose from a number of toppings, including the classics mustard, mayo and ketchup -- will be available at pick-up.

* - Vegetarian: Saturday - guacamole and cucumber; Sunday - hummus and cucumber,

Medal ceremonies for the US Classic Championships will be held at the conclusion of Day 2 events at Ward Pound Ridge.

6.3. Model Event.

A model/training event will be available on Friday September 16th at Westmoreland Sanctuary in Mt. Kisco, NY about 10 miles south of Ward Pound Ridge. Terrain and features are similar to those at Ward Pound Ridge. There will be two courses laid out. Punch cards and punches will be available with self-timing for those who want bragging rights. The courses will be open from 12 noon until 4 p.m. and there will be a charge, payable at the site of \$5 for a map showing both courses.

6.4 Sprint Relay

The Sprint relay event is not part of the Championships and entries will be accepted up to midnight Saturday 17th September at the recreational course desk in the parking area for the Championships. The race will take place at Mountain Lakes Park on an updated (2016) map.

Teams of up to two (2) people will compete on beginner (yellow), intermediate (brown), or advanced (red) courses suitable to their age class and experience, as decided by the organizer(s). Individuals can run two of the three courses or can be allocated a team member by the organizer(s). There will be suitable prizes for the team/individual winners.

6.5 Other events

It is probable that there will be additional events midweek in the vicinity. More details will be given later. The North American Championships will be held near Hanover, New Hampshire the following weekend (Sept 23/24/25) (<http://www.naoc2016.us/>)

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7. Other

7.1 Maps and embargoed areas

US Championships: ISOM standard, scale Day 1 M/F21 (Blue/Red Elite) 1:15000; Other Classes 1:10,000; contour interval 5m. Surveyed in 2015-16.

Embargoed areas and old maps can be found at the event website <http://hvorienteering.com/wp/index.php/us-champs-info-page/map-info/>

7.2 Punching system

The SPORTident punching system will be used in all races. You will need an SI-Card. SI-cards may be hired from the organizer by selecting this option when registering. All SPORTident cards can be used, however SI control Boxes will not be in AIR mode.

7.3 Race Clothing

Full body cover is recommended at the Classic Championships. You may prefer long sleeves to protect your arms from Barberry/bramble thorns.

For all events, Orienteering shoes with rubber or metal studs will be best, although spikes can be worn.

It is recommended that a whistle is carried

8. Travel and Accommodation

8.1 Air

Nearest Airport is ‘Westchester White Plains’ (HPN) with flights from Cincinnati, Philadelphia, Washington DC, Atlanta, Detroit, Orlando, and other Florida cities. Flights to New York City airports, Kennedy (JFK) and Laguardia (LGA), are usually better value. International flights arrive at JFK and Newark (EWR), and a few at LGA.

8.2 Accommodation

The event hotel is the Hampton Inn at Danbury (81 Newtown Rd, Danbury, CT 06810, 30 minutes from Ward Pound Ridge) where a block of rooms has been booked at a discounted price (click on [Ward Pound Ridge](#) for details) There are many hotels in Danbury (30 minutes from Ward Pound Ridge), White Plains (30 minutes) and one in Armonk (20 minutes).

Park Shelter accommodation is available *in* Ward Pound Ridge Reservation. These are open face lean-to (capacity 8 people with two tents also allowed at each shelter) with outside grill and fireplace. Toilet blocks are close by all shelters. Please note that shelters 1 - 5, 6, 8 and 24-29 are not available to competitors in the US Championship.

Cost is \$35 per shelter, per night, and includes two car park passes. Note that trying to book direct will cost \$50/shelter/night and credit cards are not accepted. Shelter accommodation is popular during September, so early booking is advised.

To book a shelter, fill in the form found [here](#) and email to huaclimbs@gmail.com and send the fee through PayPal to HVOtreasurer@gmail.com, noting the shelter number requested.

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Payment (*not reservations!*) may also be made during the registration process. A confirmation will be emailed to you as soon as the shelter is reserved. Leave the Park Pass number blank, we will fill it in to obtain the discount. Map of shelters can be found [here](#).

Tent sites are also available (\$25). To reserve, use the same procedure.

Sal J. Prezioso Mountain Lakes Park is 15 minutes from Ward Pound Ridge and also offers shelter accommodations. Unfortunately, the yurt accommodation is already booked for another event.

Note that Mountain Lakes will be the venue for the Sprint Relay Event on the Monday following the US Champs.

8.3 Local Climate

September is early fall (autumn) in New York with average low and high September temperatures in the event area of 17°C and 23°C (62°F and 73°F) and a mean rainfall of 100mm for the month.

8.4 Directions to Venues

Ward Pound Ridge (WPR)

From NY City south or from I-84 (north/east/west). Get on I-684. Exit 6 and turn east towards Cross River on NY-35. After about 2 miles turn left on NY-121. After 200m turn left into Ward Pound Ridge Reservation and follow signs.

Nearest train station is Katonah (Metro North Harlem line from Grand Central every hour). 15-minute taxi ride to WPR from station.

6 Reservation Rd, Pound Ridge, NY 10576

Westmoreland Sanctuary (Model Event)

From NY City, south or from I-84 (north/east/west). Get on I-684. Exit 4 (Mt Kisco) and turn west toward Mt Kisco. Take road left at top of hill, Chestnut Ridge Rd. Follow this road for a few miles, the sanctuary is on your left.

260 Chestnut Ridge Rd, Mt Kisco, NY 10549

Mountain Lakes (Sprint Relay)

From NY City, south. Get on I-684 N and exit 6A to Goldens Bridge. Turn left at end of ramp onto NY-22. After 0.8 miles turn right onto Goldens Bridge shopping center (North St.) and after 0.2 miles turn right onto NY-138. Follow for 3.4 miles and at end of road turn left onto NY-121 and after 2 miles turn left onto Hawley Road. After 1.5 miles the entrance to the park is on your left.

From I-84 (north/east/west) take exit 21 in NY (N. Salem/Brewster) and turn south onto NY-121. Keep on 121 for 5.5 miles then turn left onto Hawley Road.

201 Hawley Road, North Salem 10560

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9. Other Travel Considerations

9.1 Travel visas

Visitors from overseas may need a visa to enter USA. The USA visa information website provides details <https://travel.state.gov/content/visas/en.html> .

9.2 Risk and insurance

Each athlete participates in the event at their own risk. Travel insurance is recommended.

10. Wrap-up

Detail planning for the US 2016 Classic Championship Orienteering competition is still in progress. Additional information updated in future Bulletins and will be communicated to registered participants

All participants are advised to monitor the event website at <http://hvorienteering.com/wp/index.php/us-champs-info-page/> to find out all of the latest information.