

## FINAL INFORMATION 5<sup>TH</sup> NATIONAL ORIENTEERING WORLD RANKING EVENT WRE

SWITZERLAND					
Engadin Scuol	Sunday, 10 July 2016, Scuol, Sprint				
Organiser	Association JWOC/SOW 2016				
Event Director	Res Dubach				
Course-setter	Florian Schneider				
Controller	Stefan Zingg				
Event Referee	Christoph Streit				
TD / IOF EA	Christian Schneebeli, Urs Hofer				
Information	Res Dubach, +41 79 839 80 38, resdubach@gmail.com				
Internet	www.jwoc2016.ch				
Media	Lukas Jenzer, lukas.jenzer@jwoc2016.ch, +41 79 243 10 94				
Мар	Scuol, 1:4000, 2 m, updated June 2016, size A4, water- and tear proof paper Any special map symbols will be communicated on event day in the Event Centre (check also JWOC Bulletin 4, published 7 July 2016).				
Meeting Point	Event Centre (WKZ) at the school in Scuol, open from 9:00				
Event Centre (WKZ)	Information, changing rooms, showers, day-care, food service, O-shops				
Information	Information, registration open classes, changes of SI-cards CHF 5, map with all the controls CHF 5, ordering results, selling of JWOC-maps after 9:00, CHF 5, signing of doping agreement DE/HE/D20/H20. Self-service of bib numbers Participants of the Swiss-O-Week can get their program book for SOW at the information.				
Arriving by Public Transport	RhB Railway station Scuol-Tarasp, ca. 20 min walk to the Event Centre, marked with streamers				
Arriving by Car	Parking (fee-based) in vicinity of railway station Scuol-Tarasp, appr. 20 min. walk to the Event Centre, marked with streamers				
Stay in competition area	On the day of the JWOC-sprint competition it is allowed for spectators and vOLuntari (volunteers) to stay in the area until the end of the JWOC-sprint until 12:15. It is not allowed to bring along any maps or to test route-choices. After 12:15 until closing of the finish competing athletes are only allowed to stay at the Event Centre as well as remain on the officially marked routes from parking/railway station RhB to the Event Centre, the route to the start from the Event Centre and, of course, while running one's own course.				
Start List	Will be published at the end of the previous week on www.o-l.ch. The start times are drawn according to regions. DE/HE drawn in groups of 10 according to the World Cup Sprint ranking on 20 June 2016; starting in reversed order				
Late Entries	Late entries are possible until Friday, 1 July 2016, 23:59; late fee CHF 10				







Changes	Changes of the SI-card are possible on the day of the race. Further changes such as passing on of start times are not possible.						
Bib Numbers	Self-service of bib numbers for all classes in the Event Centre. Those same bib numbers are going to be used for the pre-registered runners for the JWOC- spectator races on 13.7. in Ftan (EGK charity run for HIF!), on 14.7. in Susch-Lavin , the Schellen- Ursli-O-meet on 12.7. and the trainings in Val Müstair on the 11.7. and in Tarasp (in the footstep of the champions) on 15.7.						
Open Classes	Registration on race day at the information from 12:00-14:00. Classes are open short/middle/long, fee CHF 20, additional maps CHF 3, rental SI-Card CHF 2, courses are pre-printed and start times are assigned at the start.						
Kids Orienteering	From 13:00-16:00 at the Event Centre						
Child Care	For 2 – 10 year old children at the Event Centre from 12:00 – 16:00 and only with pre-registration until 3 July to selinakeller@bluewin.ch.						
First Aid	At the WKZ						
Anti-Doping	DE/HE and D20/H20 are only allowed to start if they have signed the athletes' agreement. Information and forms under www.swiss-orienteering.ch (> Anti-Doping)						
Running Shoes	Shoes with metal spikes (Dobbs) are not allowed; running shoes are recommended.						
GPS Watches	GPS-watches or multi-functional watches with GPS and display and/or editable feedback are not allowed in DE/HE.						
SI-Card	Racers in all classes will be able to run with all types of SI-cards which means also with the SIAC (SportIdent-Active-Card). At national orienteering meets the touch-less function is not activated, therefore, one has to punch each SI-unit.						
Warm-up Map / Model Map	No warm-up map provided; model maps of Sent can be purchased on Saturday, 9.7.2016 at the JWOC-information in the WKZ.						
Distance to the Start	Walking distance 1.8 km, 50 m climb, 25 minutes. Limited number of porta johns at the pre-start (ToiToi-toilets), no transport of clothes.						
Pre-start / Start	The competitors check-in unprompted 4 minutes before their start times at the entry gate. Clear/check of SI-card at the entrance of the pre-start area. Self-service of control descriptions. Start-check 1 min before the start time and starting from the map boxes. Compulsory route to the starting point which is marked with a control flag (no SI-unit), distance 40 m. Leaving the compulsory route results in disqualification.						
	Late runners check in with the official before the separate late-start passage.						
	Participants in the Open classes start in a separate corridor with open time assignment at the pre- start.						
Control Descriptions	Self-service at the pre-start as well as printed on the front side of the map.						
Controls	Red-white flags on stands or stakes with 1 or 2 SI-units. In case of SI-unit failure or missing SI-unit please punch the 2 <sup>nd</sup> SI—unit or manually with the pin-punch on the map. Some of the controls are very close to each other: check the control numbers!						

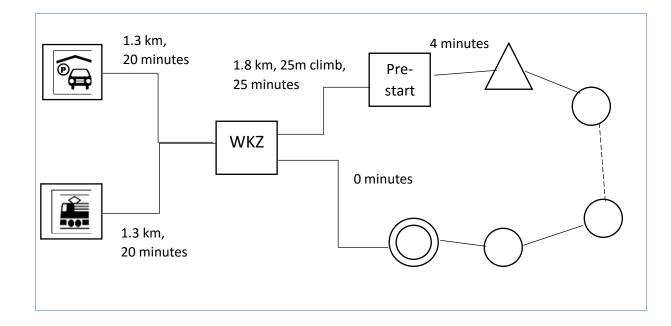






Terrain	Urban area with a few public parks as well and small sections of woods; modern part of town with a shopping street and a thermal bath area; old part of town with typical Engadin houses and narrow alleyways.					
Restricted Areas	They are printed on the map. Violation results in disqualification!					
Traffic	The roads are not closed to traffic. Watch out when crossing the streets! Crossing at your own risk.					
Finish	Punch the SI-unit on the finish line. The maps can be kept but should not be shown to non-started runners because of fairness!					
Drinks	At the finish					
Max Time	90 minutes, closing of the finish at 16:30.					
Read-out SI-Card	Just after the finish. Competitors who did not finish the race have to check back with the timing/results staff. Rented SI-cards should be returned at the read-out desk.					
Results	Preliminary results can be found hanging in the WKZ. The official results will be posted under www.o-l.ch after the event.					
Food Services	A rich offer of food and beverages.					
Jury	Christian Schneebeli (chair with no vote), Christoph Streit (organiser with no vote), SOLV/IOF EA: Tulla Spinelli, Ulu Aeschlimann, Claudio Wetzstein. Complaints have to be filed in writing until 17:30 at the information according to WO Art. 163.					
Insurance	Every participant is responsible for his/her own insurance. The organisers decline any responsibility to the extent permitted by law.					

## Time Management









Classes	Distance	Climb	Number	]	Classes	Distance	Climb	Number
	[km] *)	[m]	Controls			[km] *)	[m]	Controls
HE	3,8	135	19		DE	3,1	120	15
HAL	2,2	135	14		DAL	1,8	90	12
HAM	2,1	100	14		DAM	1,6	85	10
НАК	1,9	90	12		DAK	1,6	70	12
НВ	1,7	80	17		DB	1,5	60	14
H10	1,6	70	14		D10	1,6	70	14
H12	2,2	70	17		D12	1,7	75	16
H14	2,0	105	15		D14	1,9	75	15
H16	2,2	110	12		D16	1,9	85	12
H18	2,3	125	18		D18	1,8	105	13
H20	2,5	125	17		D20	2,0	105	11
H35	2,2	120	13		D35	1,7	100	11
H40	2,1	125	15		D40	1,8	85	10
H45	2,4	100	15		D45	1,8	85	10
H50	2,1	110	12		D50	1,5	75	9
H55	2,0	95	14		D55	1,5	70	8
H60	1,8	95	9		D60	1,4	70	9
H65	1,7	70	12		D65	1,3	55	9
H70	1,6	70	11		D70	1,1	50	9
H75	1,4	65	8		D75	1,0	35	11
H80	1,1	45	10					
OL	2,1	105	14		OM	1,8	85	11
ОК	1,6	55	12					

Course lengths:

\*) Distance for HE/DE: shortest possible real running distance according to IOF WRE; all other classes: linear distance (bee-line)









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Versicherungen Vorsorge Finanzen