



INTERNATIONAL ORIENTEERING FEDERATION



WORLD CUP 2025



Round #1

Idre Fjäll/Sweden, 18-22 June 2025

BULLETIN 2

Event Director: Per Forsberg

Email: per.forsberg@orienteeringworldcup.se - Mobile: +46 73 320 68 80



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WELCOME

Idre Fjäll hosts the Orienteering World Cup 2025

We are proud to announce that Idre Fjäll will host the Orienteering World Cup 2025. For many years we have held an annual week dedicated to orienteering and we strive to develop the orienteering at Idre Fjäll. To host the Orienteering World Cup, once again, is an honour and an acknowledgement that we are on the right path.

We are glad to be able to welcome participants, audience and sponsors to Idre Fjäll to experience orienteering in true wilderness. We believe that the wilderness here can give our guests a unique orienteering experience whether they are participating or cheering.

Idre Fjäll was founded in 1965 with the purpose of stopping the depopulation of Idre. Since then, supporting outdoor sports and helping people to explore our nature has been an important pillar stone in our foundation. We have extensive experience in hosting large high-level events and there are no less than three annual World Cup competitions at Idre Fjäll; Ski Cross, Speed Ski and Moguls. We are therefore glad to be able to expand our hosting of World Cups into the summer season with the Orienteering World Cup 2025.

When you stay at Idre Fjäll, everything is close by, and you can focus on enjoying the outdoors and the adventures we have to offer. We give you the complete experience, with training opportunities, comfortable accommodation, food and activities.

Welcome to the Orienteering World Cup 2025 at Idre Fjäll!



Tommy Halvarsson,
Marketing & Sales Manager Idre Fjäll



A warm welcome to Idre Fjäll and the Orienteering World Cup!

We are delighted to welcome you to the beautiful scenery of Idre Fjäll for this year's first World Cup orienteering event. One of Swedish orienteering's most important partners is Idre Fjäll and it is therefore a fantastic opportunity to organise this high-profile event in a place that offers some of the world's most challenging terrain.

Idre Fjäll, with its majestic mountains and vast forests, is a fantastic arena for orienteering and a paradise for outdoor enthusiasts. From its opening day in 1965 until today, Idre Fjäll has grown into one of the most popular resorts in the Swedish mountains. We hope you will take the opportunity to explore the area and enjoy all that this unique destination has to offer.

During World Cup Orienteering Round #1, we will welcome the world's best orienteers to compete in challenging terrain. Whether you're here to compete, cheer on your team favourites or experience the friendships that orienteering brings, we hope you have an unforgettable experience.

I would like to take this opportunity to thank all the volunteers, officials and sponsors who help making this event possible. Orienteering is built on the passion of dedicated individuals like you. Your commitment is crucial to creating a successful event like Orienteering World Cup.

My warmest thanks to you!

Welcome to Idre Fjäll and good luck to all of you!

Anders Sahlén

President, Swedish Orienteering Federation



Idrefjällens OK is once again hosting the Orienteering World Cup

Dear friends,

We are happy to get the opportunity to once again invite the best orienteers in the world to Idre Fjäll and Orienteering World Cup 2025, round #1. The northwest part of Dalarna will offer challenging and exciting events while surrounded by the most beautiful nature.

Every summer, Idrefjällens Orienteering Club organises an orienteering week at Idre Fjäll called 'Idrefjällveckan' (Idre-Fjäll-Week). This 5-day event always takes place during the last week of June in connection with the midsummer celebrations in Sweden and with Idre Fjäll as the natural choice of location. Idre Fjäll offers both then and during the World Cup Events top-class facilities with good accommodation, plenty of restaurants, conference rooms, a sports hall, an indoor and outdoor pool and lots of fun activities for families and adventurers.

Idrefjällens Orienteering Club welcomes you all to Idre Fjäll in the summer of 2025 and we promise to do our very best to create a fantastic event for everyone from runners, coaches, spectators, partners, sponsors, and media representatives. We are convinced that this event, Orienteering World Cup Idre Fjäll 2025, will give you all great memories.

Welcome to Idre Fjäll and Sweden!

Per Forsberg
Event Director





ORIENTEERING WORLD CUP 2025

The World Cup 2025 consists of the following 9 competitions.

#	Date	Format	Event	Location
	18 June [Q]	Shortened Long	World Cup round #1	Idre Fjäll, Sweden
1	19 June	Long		
2	21 June	Middle		
3	22 June	Relay		
4	27 August	Sprint relay	World Cup round #2	Hasselt, Belgium
5	29 August	Knock-Out sprint	European Sprint Orienteering Championships (EOC)	
6	31 August	Sprint		
7	26 September	Sprint	World Cup round #3	Uster, Switzerland
8	27 September	Sprint Relay		
9	28 September	Knock-Out sprint		

Runners are awarded World Cup points as per 2025 World Cup special rules.



1. ORGANISATION AND CONTACT

1.1 EXECUTIVE TEAM

Per Forsberg
Matthias Niggli
Björn Alpberg
Mattias Karlsson

Event Director
Sports Director
Technical Director
Head of Courses

Event Advisors

Kjell Blomseth, Norway
Leif Gustafsson, Sweden

IOF Senior Event Advisor
National Controller

Contact address (general)

info@orienteeringworldcup.se
www.orienteeringworldcup.se

Per Forsberg +46-73 320 68 80
Björn Alpberg +46-70 268 80 80

per.forsberg@orienteeringworldcup.se
bjorn.alpberg@orienteeringworldcup.se

Bulletin 3:

To be published no later than 15 March 2025.

Final details will be published in Bulletin 4 upon arrival at the Event Centre at Idre Fjäll and in digital PDF format in IOF Eventor on 16 June 2025.

2. EVENT PROGRAMME (PRELIMINARY)

2.1 TUESDAY, JUNE 17, 2025

Arrival of teams	
Event Centre	12.00-21.00
Model Event, m/r/l	12.00-17.00
Technical model event	12.00-17.00
Team officials meeting	17.30-18.00

2.2 WEDNESDAY, JUNE 18, 2025

Event Centre	08.00-21.00
Qualification, shortened long	10.00-15.00
Model Event, m/r/l	10.00-18.00
Team officials meeting	17.30-18.00

2.3 THURSDAY, JUNE 19, 2025

Event Centre	08.00-21.00
Long distance World Cup #1	12.00-18.00

2.4 FRIDAY, JUNE 20, 2025

<i>Spectator Event #1, Middle distance</i>	10.00-12.00
Event Centre	08.00-21.00
Team officials meeting	17.30-18.00
World Cup Quiz-party	19.00-22.00

2.5 SATURDAY, JUNE 21, 2025

Event Centre	08.00-21.00
<i>Spectator Event #2, Shortened long</i>	10.00-12.00
Middle distance World Cup #2	12.00-18.00
Team officials meeting	17.30-18.00

2.6 SUNDAY, JUNE 22, 2025

Event Centre	08.00-21.00
<i>Spectator Event #3, Middle distance</i>	10.00-12.00
Relay World Cup	12.00-18.00



3. VENUES, ACCESS AND TRANSPORT

The event will be organised at [Idre Fjäll](#) which is a year-round resort. Here we can offer long bright summer nights, heather underfoot and beautiful mountains to explore. In addition, we will also offer untouched forests without clear-cut areas. This is the wilderness at its best.

Idre Fjäll is situated in the northwest of the county of Dalarna in Sweden, near the Norwegian border. Stockholm Arlanda Airport is about five hours by car from Idre Fjäll. You can also travel by train from Stockholm Arlanda Airport to Mora. From Gardermoen Oslo Airport is around a four-hour drive to Idre Fjäll. Mora Airport is a domestic airport and from Mora is it approximately a two-hour drive by car or bus.

Map link: <https://goo.gl/maps/iAXLkYB6PwK2>

4. EVENT CENTRE

The Event Centre will be located in the main building at Idre Fjäll - close to accommodation, meeting rooms and restaurants.

5. ACCOMMODATION AND FOOD

All teams and athletes will be staying at Idre Fjäll during the World Cup competitions. Several accommodation options are available in different price ranges. Special all-inclusive packages are also offered.

Information regarding food, accommodation and packages can be found at:
www.idrefjall.se/en/vc-orienteering/orienteering-world-cup

We advise all teams to book early to ensure you get the specific options your team requires.



6. ENTRIES AND FEES

6.1 ENTRIES AND ENTRY DEADLINES

All entries are only to be made in IOF Eventor. The entry form will be available from 1 December 2024.

Web Link: <https://eventor.orienteering.org/Events/Show/7919>

- The deadline for Team Size Entry is 18 April 2025 (- 2 months)
- The deadline for Team Names Entry is 10 June 2025 (- 8 days)
- The deadline for Late Entries, Changes of Team Size or Team Names is 17 June 2025 at 12:00

	1 st December 2024 Entries open	18 th April Team Size Deadline	10 th June (-8 days) Team Names Deadline 10 th June (-8 days) Entry Deadline	16 th June Deadline for Late Entries and Changes 18 th June Event Start Day
Team Size Entry	TEAM SIZE	Added fee +20%		EVENT
Team Names Entry		TEAM NAMES	Added fee +SEK 150	
Payment Schedule		PAYMENT	Late payment	

Team Size Entry (deadline 18 April 2025)

The following information shall be filled in:

- Team manager (Chosen from list in IOF Eventor)
- Number of Team athletes (Men and Women)
- Number of Team officials
- Number of Team athletes in the individual races: Federation Team Quota will be published by the IOF. There is no maximum number of officials per team.

Team Names Entry (deadline 10 June 2025)

The following information must be filled in:

- Name of each Team athlete and official by selecting from federation members in IOF Eventor.

Competition Entries

Names of the competitors and, if required, their starting group, shall be entered in IOF Eventor before 12:00 on the day before the qualification and before 18:00 for the relay.

Late Entries, Changes of Team Size or Team Names

Late Entries and changes will be accepted, if possible, up to the Event start date, 17 June 2025 at 12:00.

No late entries or changes will be accepted after that date. Late entries and changes will always have a defined extra cost (surcharge).

Late entries and changes will always be treated equally and must be communicated directly to the organizer. The organizer makes the changes in IOF Eventor after each deadline.

6.2 ENTRY FEES (UNTIL 18 APRIL 2025)

World Cup Complete Bundle:

SEK 2000 for competitors and SEK 1250 for team officials.

Package includes:

- Starting fees for all competitions (competitors only).
- Training maps and competition maps.
- World Cup dinner night with the ultimate World Cup-Quiz on Friday 20 June 2025



6.3 PAYMENT

After the Team Size deadline has ended (18 April), the organiser will invoice the federation for entries and services. If you need any specific reference on your invoice, please inform us before this date. All invoices must be paid before 10 June 2025 and any additional bank transfer costs must be covered by the payer.

Please note that a late payment fee of SEK 200/person will be added for late payments!

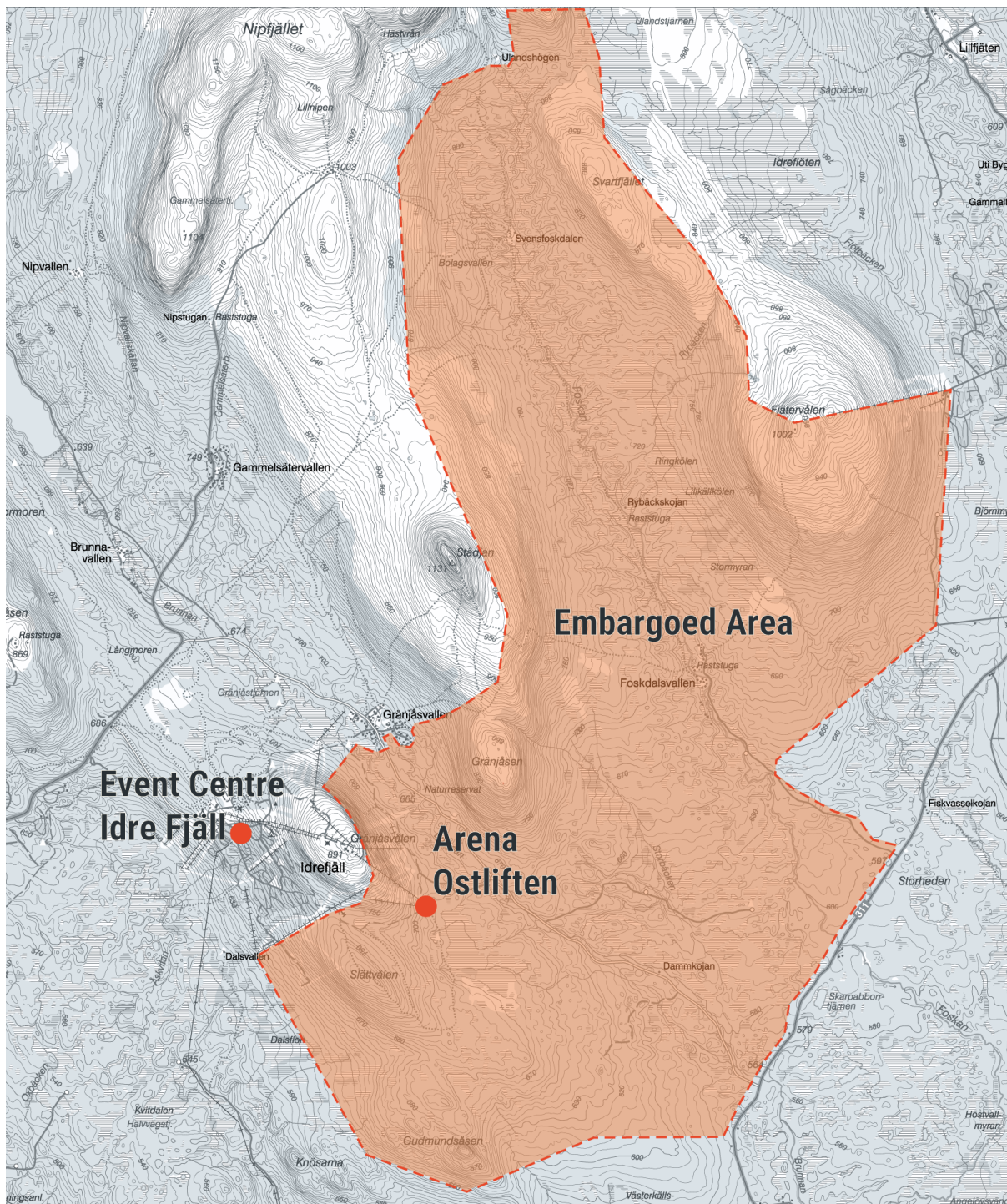
Bank Transfer

Payee: Svensk Orienteering Events AB
Currency: SEK, payment is only accepted in Swedish currency.
IBAN: SE35 6000 0000 0007 5097 6918
BIC: HANDSESS
Bank: Svenska Handelsbanken

Please note that the sender must pay all bank or transfer charges.

7. EMBARGOED AREAS

On this map, you find the embargoed areas for Orienteering World Cup Idre Fjäll 2025. For all competitors, team officials and others who, through knowledge of the terrain or the competitions, may influence the results of the competitions, it's prohibited to enter the embargoed areas. Link to IOF Eventor and the embargoed areas.



Map-link: <https://eventor.orienteering.org/Documents/Event/6596/3/Embargoed-areas>

Important: During the winter season, all marked and prepared ski tracks at Idre Fjäll are permitted to be used.

For more information, please contact info@orienteeringworldcup.se

7.1 PREVIOUS ORIENTEERING MAPS

Parts of the Idre Fjäll area have been mapped recently (2019-) and these maps have also been used during the Idre-Fjäll-Week between 2019-2024.

Mappers: Kenneth Kaisajuntti, Per Forsberg and Tord Hederskog.

There is also an older map (2000-2018) covering the complete Idre Fjäll area made by “Kart-Bosse”. All previous maps are published on IOF Eventor.

Web-link: <https://eventor.orienteering.org/Events/show/7919>

7.2 ARENA LOCATION

For the Orienteering World Cup, Idre Fjäll 2025, the same arena will be used for all competition days, including qualification and Spectator Events. The competition arena will be located at the lift station - “Ostliften¹” at Idre Fjäll (see map above)



¹ “Ostliften” means the eastern ski lift.

8. TRAINING AREAS

The organizer will offer a selection of areas for training. Areas relevant for the World Cup round #1 2025. Preliminary following areas will be available for training from May 2025

Map name	Location/Use	Scale
1. Burusjön	Long-distance area World Cup 2021 Location: 5,0 km from Event Centre	1:15 000/ 1:10 000
2. Hemmeråsen	Partly relevant area to World Cup 2025 Location: 2.5 km from Event Centre	1:15 000/ 1:10 000
3. Nordliften	Model Event area World Cup 2021 Location: 2.5 km from Event Centre	1:15 000/ 1:10 000
4. Åskvitan	Partly relevant area to World Cup 2025 Location: 1.0 km from Event Centre	1:10 000
5. Fjället	Partly relevant area to World Cup 2025 Location: 7,0 km from Event Centre	1:15 000/ 1:10 000

Map-link: <https://eventor.orienteering.org/Documents/Event/6596/3/Embargoed-areas>



9. RULES AND GENERAL INFORMATION

9.1 COMPETITION RULES

The Competition Rules for IOF Foot Orienteering Events 2025, valid from 1 January 2025 and the Special Rules for the 2025 Orienteering World Cup apply.

9.2 CLASSES AND PARTICIPATION RESTRICTIONS

There are two classes, Women and Men.

Participation restrictions, classes and qualification system will follow the Special Rules for the 2025 World Cup in Orienteering.

9.3 ANTI-DOPING

Doping is strictly forbidden, and the organisers of the World Cup are dedicated to supporting the Anti-Doping authorities in their work. Doping controls may be carried out at any time during the competitions following the procedures described in the WADA International Standard of Testing and Investigations. The IOF Anti-Doping rules and the World Anti-Doping Code 2025 apply as of the 1st of January 2025.

Athletes who are selected for doping control must bring an official identification (with a photo) to the doping test area. The athlete should also bring along their therapeutic use exemption (TUE) if applicable. In general, athletes should bring along their ID to all competitions and events. For more information, please consult

<https://orienteering.sport/iof/anti-doping>

9.4 INSURANCE

The organisers disclaim any liability that may arise from participation in Orienteering World Cup races 1 and training sessions. Each person participates at their own risk and is responsible for their insurance coverage (illness and accident).

9.5 CLIMATE

The average daytime temperature in Idre Fjäll in June is between 13-19°C.

9.6 ATHLETE'S LICENCE

All athletes must have an IOF license to participate in World Cup competitions.

10. MEDIA SERVICES

We welcome all media representatives as our partners to cover the thrilling competitions of World Cup Idre Fjäll 2025. For media accreditation and related requests, please contact Event director Per Forsberg, +46-733 20 68 80 or per.forsberg@orienteeringworldcup.se

10.1 LIVE-TV PRODUCTION

All three World Cup competitions at Idre Fjäll 2025 will be broadcast live by Swedish Television (SVT) and IOF Live TV.



<https://orienteering.sport/live>



11. COMPETITION INFORMATION & TERRAIN

Most of the competition area is within a nature reserve which consists mainly of coniferous forest, no clear-cuts and almost no green areas. Some parts of the terrain are very detailed with many features. The competition area is located at an altitude of 700-900 metres above sea level.

Hilly topography with moderate to steep slopes. Both runnability and visibility are good to very good with few roads and paths in the area. The ground is partly quite stony and rough which will reduce the speed.

11.1 QUALIFICATION, WEDNESDAY, JUNE 18, 2025

Format Shortened long distance, individual start (3 min start interval)
Map Idre Fjäll 1:15 000, 5 m, 2019–2025 by Kenneth Kaijsajuntti

Women winning time 40-45' min
Men winning time 40-45' min

11.2 LONG DISTANCE, THURSDAY, JUNE 19, 2025

Format Long distance, individual start (3 min start interval)
Map Idre Fjäll 1:15 000, 5 m, 2021–2025 by Kenneth Kaijsajuntti

Women winning time 88-92' min (A-final) 78-82' min (B-final)
Men winning time 88-92' min (A-final) 78-82' min (B-final)

11.3 MIDDLE DISTANCE, SATURDAY, JUNE 21, 2025

Format Middle distance, individual start (2 min start interval)
Map Idre Fjäll 1:10 000, 5 m, 2021–2025 by Kenneth Kaijsajuntti

Women winning time 30-35' min (A-final) 30-35' min (B-final)
Men winning time 30-35' min (A-final) 30-35' min (B-final)

11.4 RELAYS, SUNDAY, JUNE 22, 2025

Format Relay, Mass start
Map Idre Fjäll 1:10 000, 5 m, 2019–2025 by Kenneth Kaijsajuntti

Women total winning time 90-105' min, leg winning time 30-35' min
Men total winning time 90-105' min, leg winning time 30-35' min

11.5 PUNCHING SYSTEM

TBD. To be finalized in Bulletin 3

11.6 CLOTHING

According to the national Swedish competition rules, the competitors must wear clothing that fully covers both the upper body and legs.

12. SPECTATOR EVENTS

In connection with the Orienteering World Cup Idre Fjäll 2025, spectator events will be organized on Friday, Saturday, and Sunday. Program below.

All spectator events will use the same arena as for all the World Cup races, which is “Arena Ostliften”.

More information with a detailed invitation will be available on Swedish Eventor in December 2024. Both in Swedish and English.

12.1 PROGRAM – SPECTATOR EVENTS

#	Date	Distance	Arena
1	Friday June 20	Middle distance	Ostliften
2	Saturday June 21	Shortened long distance	Ostliften
3	Sunday June 22	Middle distance	Ostliften





Presenting Partner

Idre Fjäll

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