

Estonian Sprint Cup 3rd event TERRA-0 TOPELTSPRINT PURSUIT SPRINT

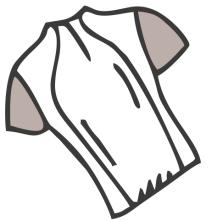






20/30€

Organiser: NGO TERRA-O Event director: SERGEI RJABÕŠKIN Event director assistant : MAREK KARM Results and time keeping: MICHAEL RAER Course setter: SERGEI RJABÕŠKIN Contact: info@terra-o.eu Event web-page: terra-o.eu FB event: facebook IOF inspector: JÜRI JOONAS



ENTRIES AND ENTRY DEADLINES

You can register for the competition online at <u>https://eventor.orienting.org/Events</u> until 27.1.2024 midnight. Discount registration ends on 20.10.2024 at midnight.

The participation fee must be paid at the same time as the registration. Registration shall enter into force only after receipt of the participation fee in the current account of the club conducting the competitions: MTÜ TERRA-0 -EE472200221084034185.

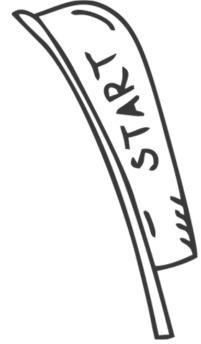
The organiser has the right not to allow the participants who did not pay the participation fee to start.

Participation in the competition takes place at your own risk. The organiser shall not be liable for possible accidents and their consequences.

COMPETITION CLASSES

Attendance classes: MN 14, 18, 21, 40, 50. The MN21 competition is a world rankings competition (WRE) and the starting order is determined by the status of the world rankings. Competitors not found in the rankings shall be drawn at the beginning of the starts. The starting interval in all classes is 1 minute.

M race classes can be run by all genders. More information <u>here</u>.





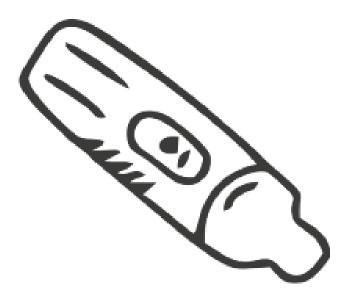
COMPETITION ARENA

The sprint landscape of Pae is located in Tallinn's sleeping area. Includes typical panel houses and children's playgrounds and hedges between them. The relief is non-existent. High-load traffic trails through the landscape create an opportunity for the course setter to organise decisive road choices with the help of crossings. Dangerous areas: carriageways. Be careful when crossing it!! Previous maps:

https://orienteerumine.ee/kaart/?eolcode=201801

The scale of the map in all competition classes is 1:4000.

Map was made during spring 2024 by Sergei Rjaboskin. Maps will be printed on a moisture resistant paper and will not be placed in plastic bags.



COURSE PARAMETERS

	Qualification		Final	
Class	Length (optimal)	СР	Length (optimal)	СР
M14	1,9	10	1,7	10
M18	2	11	2,3	13
Men	3,3	13	3	16
M40	3,3	13	3	16
M50	2,9	13	2,6	15
N14	1,9	10	1,7	10
N18	2,9	13	2,6	15
Women	2,9	16	3,1	16
N40	2,9	16	3,1	16
N50	2	11	2,3	13



PUNCHING SYSTEM

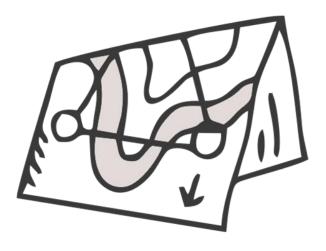
SPORTident Air+ punching will be used for competition. It is possible to rent SI Air+ sticks from the organisers for $3 \in$.

About SI Air+: Organizers remind you that each athlete must ensure that the battery of their SI Air+ card is full enough to compete. The SI Air+ card battery check station is available in the start quarantine area on both days of the competition. The SI Air+ card is activated in the CONTROL (CHECK) station for the competition. Don't forget to activate your SI Air+ card at CHECK station. Touch-free SI Air+ card has a usage range of 50 cm at control points! The SI Air+ card flashes and beeps when passing through the control point is recorded on the card. The SI Air+ card always works (also with an empty battery) in normal mode, i.e. when the stick is inserted into the control point station hole. the control point is saved on the stick.

Other devices (e.g. GPS watches, pulse belts/watches) may interfere with SI Air+. It is recommended not to wear the SI Air+ card and GPS watch on the same arm. The athlete is responsible for the correct passing of the control points. If in doubt, stick the SI-card in the station hole and make sure the station beeps and flashes.

FORMAT DESCRIPTION

The race consists of two runs. The first run is a regular sprint from a separate start. The expected winner time is 12 minutes. Qualification is a world rankings event. The second run is a pursuit sprint.





STARTS

Entry to the guarantine area closes at 12:00. All competitors have to go through the guarantine before they start, where they can get the start numbers. Competition information, start protocols have been printed in the guarantine area and outdoor toilets are available. In the starting area, there are no tents or other roofs for the competitors provided by the organizer - they should be brought by participants if they wish. The use of mobile phones, computers or any other communication device, as well as obtaining information about the race and competition landscape by other means is strictly prohibited inside the guarantine area. Pre-start time is 3 minutes. Additional control descriptions will be available 2 minutes before start.

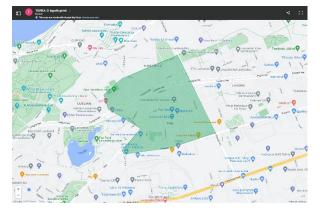
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-3 MI	N -21	MIN -1	MIN

There no clothes transport from the start. One minute before the start, the competitor stands next to the cards of his competition class. At the start, the competitor takes the card and moves to the competition track. Passing the K point is mandatory. Only the control's sequence number is marked on the map next to the control's ring. The identification number can be found in the track legend on the map. For readability, the controls sequence number is outlined in white. **Participants are prohibited from using running shoes with metal studs!**

EXPECTED WINNING TIME: 12-15 min. **Maximum running time:** 45 minutes.

EVENT CENTER

Event centre is located at school stadium. The competition centre has a secretariat, parcel storage. There is no possibility of washing.





EMBARGOED AREAS

The marked competition area is the embargoed area. For competitors, team officials and others who, through knowledge of the terrain or the competitions, may influence the results of the competitions, it is prohibited to enter the embargoed areas.

PROGRAM

11:00 event center open 12:00 qualification 1st start 13:30 pursuit 1st start 14:30 prize giving ceremony 15:00 Estonian Sprint Cup prize giving ceremony



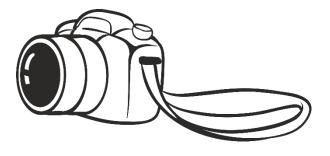
RESULTS

Official results of the event and Estonian Sprint Cup stands will be published on the competition website <u>http://www.terra-o.eu</u> no later than one day after the competition has taken place.



FAIR GAME

Participants respect clean and honest sports. The anti-doping rules of the IOF apply in full and consequently Estonian Anti-Doping and other antidoping organisations have the right to conduct doping checks among all participants.





PRIZE GIVING

The three best contestants in all competition classes.



Please note that photographs and footage will be taken throughout the event. These will be used by the event organisation for marketing and publicity purposes in our publications, on our website and in social media or in any third-party publication during and after event. Please contact the event director if you have any concerns.

ACCOMMODATION

Accommodation options can be found at <u>http://www.airbnb.com</u> and <u>http://www.booking.com</u>.









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