

ASEAN O League - Thailand

Bulletin 1



About the Race

The ASEAN O-League (or South-East Asian Orienteering League) is a series of World Ranking Events organized around this region. The main aim of this project is to promote sport tourism and elevate the level of the sport in this region.

We aim to organize at least 1 race in each member federation's country within a calendar year. This Thailand race is the first race of this year's calendar and will also coincide with the race venue (Chiang Mai) for this year's Asian Orienteering Championship (AsOC).

The city of Chiang Mai is a popular hill destination for many Thai locals and foreigners. Many people pay homage to the cold weather and temples, but many do not know that orienteering exist in this part of the country. You will look forward to fast running in nearly manicured parks (Sprint) and open teak tree forests (Middle).

Welcome to Chiang Mai, Thailand.

Thank you,

Kiatniyom Theeprasan (Bill)

Race Director

President – Thailand Orienteering Federation.



Event Organizer / officials

Race Director – Dr. Kiatniyom Theeprasan (Bill)

Course Planner – HUI Yau Chiu (Hong Kong)

Event Advisor – Eugene Chow (Singapore)

Schedule

12 September 2024

Time	Activity
3:00 PM.-8:00 PM.	Registration at Duangtawan Hotel Address : 132 Loi Kroh Rd, Tambon Chang Khlan, Amphoe Mueang Chiang Mai, Chang Wat Chiang Mai 50100 Phone: 053 905 000

13 September 2024

Time	Activity
3:00 PM.-8:00 PM.	Registration at Duangtawan Hotel Address : 132 Loi Kroh Rd, Tambon Chang Khlan, Amphoe Mueang Chiang Mai, Chang Wat Chiang Mai 50100 Phone: 053 905 000

Day 1 – Sprint (14 September 2024)

Time	Activity
3:00 PM.-3:45 PM.	Registration at Rama IX Lanna Park, Chiang Mai
4:00 PM.	Estimated First Start Time
6:00 PM.	Result Release

Day 2 – Middle (15 September 2024)

Time	Activity
7:00 AM.	Registration at Rama IX Lanna Park, Chiang Mai
8:00 AM.	Estimated First Start Time
11:30 AM.	Result Release
12:00 PM.	Prize Presentation



Race Categories & Entry Fees

Categories	Remarks	Entry Fees (THB)
Men 21 Women 21	Elite Class – eligible for WRE points	2600
Men 20 Women 20	For those aged 20 and below, easier course but not eligible for WRE points	2200
Men Open Women Open	For anyone to tryout. Easy course.	2200

Payment Process / Deadline

All registration must be done on the official website and entries are only considered valid with proof of payment.

The last possible registration date is 31 August 2024 or else there will be an increase about 25% more.

Runners Entitlement

- Race Entry and use of SI system.
- Finisher T-shirt for first 100 registrants.



Remark : Update available size and amount will be shown in registration platform.



Competition & Embargoed areas Race Venue

Sprint Distance @ Rama IX Lanna Park	Middle @ Wat Nam Bo Luang Forest
	<div data-bbox="1123 555 1442 730" style="border: 1px solid black; padding: 5px;"> <p>Purple Site used for Sept WRE Race.</p> <p>Red site used for AsOC.</p> </div>

Distance from Airport

Sprint Distance @ Rama IX Lanna Park	Middle @ Wat Nam Bo Luang Forest
<p>Located about 5km from the Chiang Mai Airport. This place is located along the main road heading North out of the City. Easy accessible via Grab / Taxi.</p>	<p>Located about 15km south west from the Chiang Mai Airport. Due to limited availabilities of transport, it would be best advised to take the organised transport.</p>

To view the full embargo areas on a map, please access the link at

<https://www.google.com/maps/d/u/0/edit?mid=1pG0BrBsOmUubPv3U99dUg&gfyF3iWUHA&usp=sharing>



Punching System

The SPORTident punching system will be used in these events. Runners may also bring their own SI chip or request to rent from the organizer at registration desk.

Maps

Newly surveyed in 2024, according to ISOM 2017-2 for Middle Distance and ISSprOM 2019-2 for Sprint Events.

Terrain Description and Map Information

Day 1 (14 September 2024) – Saturday

Map	Rama IX Lanna Park
Format	Sprint
Scale	1:4000 Contour Interval 2m
Winning Time	12 to 15 minutes // Sprint Distance
Mapper	HUI Yau Chiu (HKG) in ISSprOM 2019-2

The park is approximately 300m from end to end across both North-South and East-West boundaries. It consists of a dense network of garden paths, shrubs and a maze-like construction.

Expect high speed running with a need of fast map reading and a test of your micro route choices.



The park is also characterized by a series of ponds and man-made water features within it. Expect about 60:40 mix of paved and grass terrain.

Map is newly surveyed in January 2024. No sample will be provided.





Day 2 (15 September 2024) - Sunday

Map	Wat Nam Bo Luang (North)
Format	Middle
Scale	1:10,000 Contour Interval 5m
Winning Time	30-35 minutes Middle Distance
Mapper	HUI Yau Chiu (HKG) , Dou Tianshuang (CHN) in ISOM 2017-2.

The middle terrain is characterized by gentle undulating hills, whose height differences is not more than 60m. It consists of several shallow hill, complex re-entrants, and a relatively wide valley whose bottoms are flat. The area is covered by planation of teak trees with some undergrowth. Visibility is not high, but forest terrain is runnable. There are very few man-made objects in the forest. Tracks are few with bits of dense vegetations and indistinct paths.

*Due to the accessibility of the terrain, a chartered bus transfer is recommended for this day's race.





Accommodation

Teams may arrange for their own hotel arrangements in the city of Chiang Mai for the duration of the race weekend.

Transport

Getting around from the city to the first day's venue can be easily arranged by private hire cars (using grab app) or local taxis.

For the Middle Terrain, the organizer will arrange a chartered transport (2 way) to get participants in/out from the forest and back to the city. An additional fee (per pax) will apply for this service.

Shuttle Bus Transfer for 15 Sept (Middle Race)

Participants who select the bus transfer on Sunday 15 Sept will have its pickup and drop off from Chiang Mai City Center near the McDonalds outlet at the junction of Loi Kroh Road and Changklan Road. Drop Pin: <https://maps.app.goo.gl/eiMtKn8B88fGYyyE7>

Price for two-way transfer is 300 baht per person and details will be shared in Bulletin 2.

Clothing

There are no clothing restrictions for Sprint Events. However, for the middle and middle relay, competitors must wear clothing that fully cover their legs.

Shoes with studs / spikes are not permitted for sprint distance. For middle distance, the choice of footwear is free.

Organizers also mandate the addition of a whistle for middle distance.

Climate / hazards

Average 22-32 degree Celsius, with a chance of rain during that time period due in part to the change from rainy to dry season.



Registration Process

1. Complete online via website link: [Active platform](#)
2. Make payment (either by credit card) before the stipulated deadline of Early Bird, Normal and Late Entry. Any payment made after each period's deadline will mean that team is liable for the higher price category.
3. Required fields in Eventor are Name of athlete, race class, gender.

Summary of Entry Deadlines and Payment

	28 July to 31 Aug	1 st – 10 th Sep
Payment Window	Normal Entry	Late Entry
Change of Names	300 B (DIY available online)	Change = 700 THB (request by email)
Fees for WRE	2600 B	3200 B
Fees for MW20 / Open	2200 B	2800 B
Extra Transport Fee for 15 Sep	300 B	300 B

Visa

The information for visa requirement to visit Chiang Mai, Thailand, please check with the website of the Department of Consular Affairs : <https://consular.mfa.go.th/th/page/cate-7393-general-information?menu=5d68c88b15e39c160c0081e0>

or Immigration Bureau Thai Police : https://www.immigration.go.th/en/?page_id=2771

Invitation letter

Teams or individuals who require documentation will be issued upon request. Please email to: Thaio Orienteering@gmail.com

Other Information

Bulletin 2 To be issued in September 2024.



Contact

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Website: <http://www.orienteering.in.th>

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