





Bulletin 2

Australian National Orienteering League Round 4, St Helens, Tasmania 28-29/5/2016

NOL Race 11, "Golden Fleece", 28/5/2016

Organizer	Orienteering Tasmania
Event director	Greg Hawthorne,
	greg.hawthorne@bigpond.com, +61417544501
Orienteering Australia Controller	Roger Harlow
Course planner	Warwick Moore
Course controller	Roger Harlow
Competition date	28/5/2016
Competition type	Middle
Rules and guidelines	OA rules and NOL Guidelines
Event location and embargoes	See event details in Eventor.
Entry	Via Eventor.
Travel to the event (Launceston and Hobart to	From Launceston and Hobart:
St Helens)	The best option is via the Midlands Highway to
Launceston to St Helens – approximately 2	its junction with the Esk Main Road (A4) and
hours 15 minutes.	then via the Esk Main Road (A4) and Tasman
Hobart to St Helens – approximately 3:15.	Highway (A3) to St Helens.
Travel to St Helens is approximately 20 minutes	From Launceston Airport:
quicker if travelling from either airport.	South via B41 to the Midlands Highway, then as
quieker in travelling from ertifer airport.	above.
	From Hobart Airport:
	Through Richmond-Campania-Colebrook via
	B31 to the Midlands Highway, then as above.
Travel to the event (St Helens to competition	Follow A3 (Cecilia St and then Tully St in St
area). Allow 15 minutes for the drive to the	Helens itself) towards Launceston for
competition area, and 5 minutes from the car	approximately 9 km, follow signs from A3 to the
parking to the arena.	parking area.
pariang to the disertal	Road safety warning
	The entrance to the event parking is located on
	a blind bend, slow down and take extra care.
	Please enter from the east (i.e. the St Helens
	side). When leaving, please exit via the marked
	exit route.
Start	The start is at the arena.
Entries	See Eventor.
Terrain	The terrain consists of alluvial tin mining terrain
	with patches of open, eroded ground, some
	eucalypt forest, some areas of marsh and low-
	growing, runnable heath with good visibility,
	and a few patches of thickish bracken.
	Generally the courses provide fast running. The
	alluvial tin mining contains many eroded gullies
	and small drainage ditches and watercourses,
	together with some large earth-banks that may
	impede progress. Fallen dead timber may
	reduce runnability in some areas. Visibility is
	limited in places by undergrowth of tea tree
	and groves of she-oak. Longer courses will cross

	a marshy area that may become boggy if wet. It
	is generally crossable, but take care. One
	crossing point has been marked where the
	scrub in the marsh is thick; it is marked on the
	ground by pink tapes and is shown on the map
	by symbol 708. Where pits are considered
	dangerous, they are marked on the ground with
	black-and-yellow tape.
	Taped routes for easy courses are marked with
	blue and yellow tape.
	Some indistinct tracks on easy and moderate
	navigation courses are marked with orange
	tapes.
Map scale and contour interval	1:10 000, 2.5 metres
Course details	NOL (men, junior men) 4.2 km, 75 m climb, 25
	controls
	NOL (women, junior women) 3.7 km, 55 m
	climb, 22 controls
Event program	First start 13:00 for NOL classes.
	Start lists will be available via Eventor as soon
	as is practical after entries close.
Course closure	15:00
Complaints	The time limit for complaints is 30 minutes
	after the last finisher has completed their
	course, or 15:30, whichever is the earlier.
Refreshments	Water will be available at the finish. There will
	also be a food stall at the event.

World Ranking Event and NOL Race 12, "Transit Flat", 29/5/2016

Organiser	Orienteering Tasmania
Event director	Greg Hawthorne,
	greg.hawthorne@bigpond.com, +61417544501
Orienteering Australia Controller	Roger Harlow
IOF Event Adviser	John Brammall (AUS)
Course planner	Christine Brown
Course controller	Paul Pacqué
Competition date	29/5/2016
Competition type	Long
Rules and guidelines	<u>IOF Rules</u> , <u>WRE Guidelines</u> , <u>OA Rules</u> , <u>NOL</u>
	<u>Guidelines</u>
Navigational aids and GPS devices: Competitors	21.3 During the competition the only
should be aware of IOF rules 21.3 and 21.4	navigational aids that competitors may use or
	carry are the map and control descriptions
	provided by the organiser, and a compass.
	21.4 Competitors may not use or carry
	telecommunication equipment between
	entering the pre-start area and reaching the
	finish in a race, unless the equipment is
	approved by the organiser. GPS data loggers
	with no display or audible feedback can be
	used. The organiser may require competitors
	to wear a tracking device.
Event location and embargoes	See event details in <u>Eventor</u> .
Entry	Via <u>Eventor</u> .
Travel directions (see details for the middle	From St Helens head west on Quail St to the T
distance event for directions for travel between	junction. Turn right onto Medea Cove Esplanade and travel 4.7km to Trafalgar Track.
Launceston or Hobart to St Helens).	Medea Cove changes to Eagle St then becomes
Allow 30 minutes for the drive to the	Argonaut Rd. Golf club on your right and then a
competition area from St Helens.	bridge. 2km after the bridge turn left onto
	Trafalgar Track and follow for 4.4km. Turn left
	into Transit Track and follow for 4.2km. Total
	distance from St. Helens approx. 13.6km.
	Parking will be in areas cleared in the forest.
Start	There will be a walk to the start of 1.3km with
	90m climb.
Entries	See <u>Eventor</u>
Terrain	Principally gully-spur terrain with areas of
	complex granite and small areas of remnant
	alluvial tin mining. Some steeper slopes.
	Runnability varies from fast to slow. Bands of
	thick vegetation and marshes in major gullies
Man scale and southern internal	provide challenges in route selection.
Map scale and contour interval Course details	1:15 000, 5 metres
Course details	NOL (men) 13.4 km, 520 metres climb, 30 controls
	NOL (women and junior men) 8.3 km, 260
	metres climb, 18 controls
	NOL (junior women) 5.4 km, 150 metres climb,
	16 controls
Event program	First start 9:00 a.m. for all classes.
Course closure	13:00
Time limits (WRE courses)	Men – 3:00, women – 2:00

Complaints	The time limit for complaints is 30 minutes
	after the last finisher has completed their
	course, or 13:30, whichever is the earlier.
Refreshments	Water will be available at the finish. There will
	also be a food stall at the event.