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RELAY
TEAM OFFICIALS MEETING

FRIDAY 5th JULY 2024



JWOC 2024 MIDDLE DISTANCE FRIDAY 5th JULY 2024



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Agenda

- 1 Introduction
- 2 Relay
 - Info from Bulletin 4
 - Some additional information
- 3 Q & A + Additional questions

1 Introduction

Jan Hasman (Event Director) Aleš Richtr (Sport Director) Radim Hošek (TOM leader) Lukáš Richtr (RELAY course setter) Roman Zbranek (National Controller)

Radoslav Jonáš (SEA)

We expect all meal package to be handed out the arena.

If anyone wants to get any of the meal packages in the quarantine, let us know.

MEAL PACKAGES

Only beverages for the runners and team officials will be served at banquet. (No meals!)

Please, have a dinner beforehand at the Event centre.

Colorful wristbands will be used to distinguish 18+ athletes. Any color works.



BANQUET

2 Relay

Each federation is allowed to have 2 men's and 2 women's teams at maximum.

Forking is used.

A continuous series of start numbers is not used, in order to get better forking. Numbers 1, 8, 15, ... up to 400 will be used for Men and 505, 512, 519, ... 855 for Women.

RELAY

1: 10 000, contour interval 5 m, ISOM 2017-2 Rev. 6, size: A4, surveyed by Aleš Hejna, laser print by Žaket Praha, paper Color Copy 120 g/m2.

Maps are in plastic bags.

Prominent trees (symbols 417, 418) are mapped only in Open land. Rootstocks are not mapped.



Not mapped in a forest



Not mapped

MAP

Special symbols:

- ISOM 531 Prominent man-made feature (black cross)
- = small man-made feature
- ISOM 115 Prominent landform feature (brown triangle) = small platform



Women: 5.5 km, 110 m climb, 13-14 controls, 1 refreshment point

Men: 6.5 km,140 m climb, 18-20 controls, 1 refreshment point

Expected winning time: 105 minutes per team Maximum running time: 240 minutes per team

The refreshment points are placed according to the IOF competition rules. Only water will be available. It is placed at a control.

COURSES

Control descriptions are printed only on the competition map.

No separate control descriptions will be available.

CONTROL

DESC's

Moderately hilly to flat.

Altitude 350 - 500 m above sea level.

Local terrain detail (erosion gullies, remains of mining). Mostly coniferous forest (spruce, pine).

Visibility and runnability are mostly very good.

There are many paths.

TERRAIN

Fences drawn in the map by symbol ISOM 518 Impassable fence are forbidden to cross.

UNXABLE OBJECTS

Dobříč, culture house (indoor) 49.8835N, 13.4661E.

Parking in the meadow near the arena (49.8827N, 13.4656E) - follow the organisers' instructions.

The quarantine is open from 7:45.

It is forbidden to enter the building in shoes with metal dobbs or spikes. Outdoor area for warm-up is also available (1800 m2). No warm-up map available. No team tents are allowed.

The quarantine for the 1st leg of the men's relay is at the pre-start next to the arena (49.8805N, 5713.4629E). Number bibs and GPS units for men's 1st leg will be prepared in the pre-start zone.

Coaches can leave quarantine at any time, but once they have left, they are not allowed to return.

QUARANTINE

By signing-in at the quarantine by <u>8:50</u> at the latest.

1st leg of the men's relay at the pre-start by 8:30 at the latest.

CHECK-IN
IN QUAR..

Distance from the quarantine to the pre-start: 550 m, 25 m climb.

The assembly area for runners before their leg is in the quarantine zone (outside part of the quarantine).

All runners of the respective leg will leave the assembly area and follow the guide to the pre-start 20 min before the mass start (women only) or expected first changeover of the respective leg (9:15 - 2nd leg men, 9:50 - 3rd leg men, 10:40 - 1st leg women, 11:15 - 2nd leg women, 11:50 - 3rd leg women). Assembly 5 minutes earlier.

Coaches are not allowed in the pre-start area. The pre-start offers tents, toilets, drinking water and a warm-up area. No warm-up map available.

PRE-START

Competitors will be guided from the pre-start to the start line 8 min before the mass start.

Listen to the commands of the start official. There will be SIAC clear, SIAC check and SIAC test units between the pre-start and the start line.

Maps for the 1st leg will be prepared on the start line on the ground with the back side up. Start number and number of leg will be printed on the back side of the map. It is not allowed to take the map before the mass start. The start signal will be given by the start official. Early start leads to disqualification.

Distance from the start line to the map start: 300 m.

10 relays in a row.

MASS

START

The runner should move from the pre-start when his team-mate passes the arena passage. The distance from the pre-start to the changeover is 220 m.

There will be SIAC clear, SIAC check and SIAC test units and a map wall between the pre-start and the changeover. The runner will take his rolled map from the map wall. It is not allowed to open the roll before the changeover.

Reserve maps are ready near the map wall. Please contact the staff at once if you find that your map is not on the map wall any more.

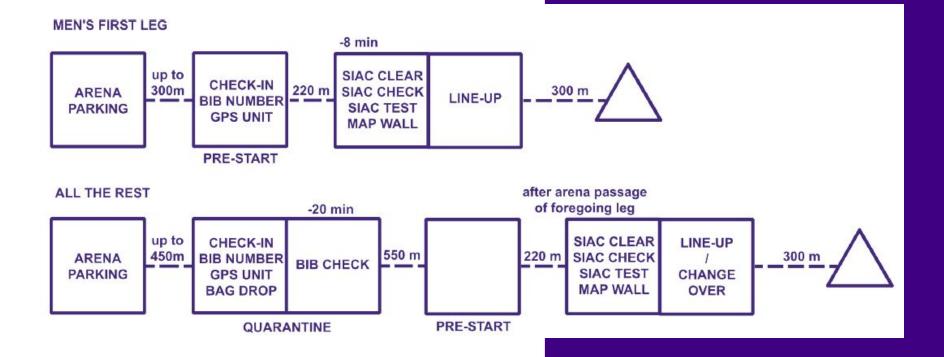
The changeover is done by hand touch across a separation barrier after crossing the finish line. The outgoing runner is allowed to open the map immediately after the changeover.

Distance from the changeover to the map start: 300 m.

CHANGE

OVER

SCHEME



The mass start for the remaining unstarted runners will be at approx. 12:50.

Warm-up clothes may be left at the pre-start. It is possible to pick them up after the mass start for slow running teams.



All runners have an arena passage 3 - 5 minutes before the finish of the leg.

There is a compulsory route from the previous control to the south-east corner of the arena where navigation starts again (there is no start point on the map or in the terrain). The end of the arena passage is visible from the pre-start.

The control before the arena passage is identical to the last control. There is also the same compulsory route from the last control, but in the south-east corner you turn left to the changeover or to the finish.

ARENA PASSAGE

There will be a marked coaching zone along the arena passage. Team coaches can hand out personal refreshments. It is forbidden to pass any information related to courses to the athletes. Coaches will be able to return to the team zone.

COACHING ZONE

The football field in Dobříč, 49.8814N, 13.4616E

Coaches and non-competing runners can travel by team cars to the arena using the spectator parking near the arena. The same applies to coaches who travel from quarantine to the arena.

There is a team zone with a shelter and toilets. It is only allowed to cool-down in the team zone and arena. It is not allowed to leave the arena before the end of the race.

ARENA

DOBŘÍČ

EVENT OFFICE
TEAM ZONE
FINISH, CHANGEOVER
CATERING
VIP
MEDIA, MIX ZONE
WC, WASHING
SPORT SHOPS, PARTNERS
PODIUM, CEREMONY

- COACHING ZONE RELAY
- **BIG SCREEN**
- ARENA PASSAGE RELAY
- SPECTATOR TENTS
- LABYRINTH



Return the GPS vests and rental SIACs back to the EO, you will get banquet wristbands and maps in return.

VESTS AND SIACs BACK

3 Q & A

PRESTART

Because the men's 1st leg have to go straight to prestart early, will a coach be allowed in there with them until they are taken to the start line?

ANSWER:

YES, but they have to leave after men's 1 leg leaves for start. They can go to the quarantine if they manage to be there before 8:50. Otherwise they go to the arena/team zone.

END OF BANQUET

Can the banquet end at a time later than 11pm? (Question from the athletes)

ANSWER:

The banquet is supposed to end after midnight.

DISTANCE LIMIT

Will there be controls in the relay that are on similar features and very close to the distance limit, like there was today at the end of the middle distance?

ANSWER:

YES, check the control codes. The rule will be followed.

ARENA SPEAKER

Can we see the arena or hear the speaker from the quarantine (to be able to plan the start of the next runner more precisely)

ANSWER:

It will be able to hear the speaker at the pre-start.

Nothing should be hearable at the quarantine. All runners of a leg leave at once from the quarantine.

LIVE RESULTS

Is it possible to have live results in the quarantine? Also to be able to manage the timing for the runners, when they need to start, etc.

ANSWER:

NO. From pre-start the end of arena passage is visible.

Any other questions?

STUFF FROM PRE-START

Is it possible to transport bags from pre-start to team zone?

ANSWER:

NO. We recommend only warm-up clothes to be taken, items from pre-start can be picked-up at 12:50. The weather forecast says 20 degrees at 9:00 already.

MEN's 2nd/3rd LEG

Can you clarify the procedure for men's 2nd/3rd leg, especially for slowly running teams?

ANSWER:

Be in time in quarantine, moving to pre-start at specific time; pre-start equipment:
The pre-start offers tents, toilets, drinking water and a warm-up area. No warm-up map available.

MEN's 1st LEG

Can 1st legs of men go to the quarantine? Or where they should stay after the arrival?

ANSWER:

NO, men's 1st legs are not welcome in the quarantine. They can enter the team zone and arena.

It is permitted to visit the arena for all runners. They must follow the check-in times in quarantine/pre-start under any circumstances.

COACH'S RACE

Would it be possible to switch coach's race and the medal/closing ceremony.

ANSWER:

NO. After revising all consequences of such switch, we decided to keep the original schedule. The athletes are advised to cheer the coaches and enjoy the arena programme in the meantime.

Thank you and good luck tomorrow and wait for one more slide!



