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WELCOME TO JWOC 2024

Dear O-friends.

Several months of preparation by the organisers, the hard training of athletes and good advice of coaches are about to come to fruition. We have taken care to select challenging terrains, orientationally and cross-country difficult courses as well as comfortable facilities and services in Pilsen and during the races.

The city of Pilsen will offer you its unmistakable hospitality and interesting places. All organisers and volunteers are ready to enjoy a wonderful week in west bohemian countryside with you.

I'm really looking forward to getting everything underway and like most of you, I have that healthy pre-launch jitters. I am sure that you will take away from Pilsen great orienteering experience, friendship, and experiences that you will not forget. The winners will not be the only ones who take home medals! Good luck to all of you.



Jan Hasman JWOC Director

Dear athletes and orienteering enthusiasts,

The Pilsen Region is known for its active support of sports at all levels. It strives to develop and popularise it and invests funds in sports infrastructure, organising sports events, and supporting local sports clubs and talented athletes. We spend more than CZK 131 million directly on these activities from the regional budget. And what we are particularly proud of is the support of youth sports in all its areas, including young orienteering runners.

It is therefore an honour to welcome the competitors and visitors of this year's international JWOC 2024 in our region. I wish a lot of strength to those who set out with a map to individual races and leave their running footprints here in the region, whether it is in Plzeň, Stříbro, Hůrky in the Rokycany region or in Dobříč. To everyone who will watch them, and just like me, keep your fingers crossed, I wish you a lot of great experiences.

I also believe that everyone will be happy to return to our region. We have a lot to offer in the field of sports and travel experiences. And not only in Šumava, in the Bohemian Forest and places you got to know during your participation in the event. You can find interesting places on maps literally in all corners of our region.



Rudolf ŠpotákPresident of the Pilsen Region

SECTION 1: ORGANISATION

JWOC 2024 is being organised by the Czech Orienteering Federation and KOS Slavia Plzeň.





info@o-tour.cz

I.I ORGANISING COMMITTEE

Event Director Jan Hasman director@jwoc2024.cz Dominika Pachnerová **Event Secretary** info@jwoc2024.cz Kamila Richtrová **Event Office** office@jwoc2024.cz **Sport Director** Aleš Richtr sport@jwoc2024.cz Arena & Logistics arena@jwoc2024.cz Matěj Burda Finances & Marketing Jan Picek media@jwoc2024.cz Jaroslav Křenek ΙT it@jwoc2024.cz Chief Cartographer Aleš Hejna maps@jwoc2024.cz

Robert Anděl

1.2 COURSE SETTERS

Czech O-Tour Director

Sprint Relay Radim Hošek
Sprint Ondřej Hasman
Long distance Tomáš Prokeš
Middle distance Luboš Semík
Relay Lukáš Richtr

1.3 EVENT ADVISERS

IOF Senior Event Adviser Radoslav Jonas (SVK) <u>radoslav.jonas@gmail.com</u>
IOF SEA support Jozef Wallner (SVK)
National Controller Roman Zbranek (CZE) <u>roman.zbranek@gmail.com</u>
Assistant National Controller Lukáš Hovorka (CZE)

14 JURY

Bruno Nazario (POR)
Helge Lang Pedersen (DEN)
Unni Strand Karlsen (NOR) - Sprint and Sprint Relay
Natasha Key (AUS) - Middle distance, Long distance and Relay

1.5 CONTACT INFORMATION

Official information

eventor.orienteering.org/Events/Show/7239

Email: <u>info@jwoc2024.cz</u> Website: <u>jwoc2024.cz</u>

Event Secretary

Dominika Pachnerová
E-mail: info@jwoc2024.cz

Phone number: +420 731 108 782

Event Office

Kamila Richtrová

E-mail: office@jwoc2024.cz

Phone number: +420 770 131 208

WhatsApp group for key team officials

There is a WhatsApp group for JWOC 2024 coaches that will be used for prompt communication with organisers during the event.

A link for joining the WhatsApp group will be available at the Event Office. It will be distributed to Team Officials electronically as well.

Contact for media

Dan Dvořáček

E-mail: media@jwoc2024.cz
Phone number: +420 607 860 698

Contact for VIP / partners

Petra Hlaváčková

E-mail: petra.hlavackova@jwoc2024.cz
Phone number: +420733765083

Medical contact

Ivana Krsová

Phone number: <u>+420 775 975 903</u>

Other contacts

Czech Orienteering Federation Zátopkova 100/2 169 00 Praha 6 - Břevnov Czechia

Email: csos@orientacnisporty.cz/en/ Website: orientacnisporty.cz/en/ Phone: +420 242 429 212

Social Media

facebook.com/jwoc2024
instagram.com/jwoc2024

SECTION 2: PROGRAMME

The programme for the Junior World Orienteering Championships 2024 is as shown in the table below.

Date	Time	Event	Place
Sat 29 th June		Arrival / training	Pilsen
	7:00 - 9:00	Breakfast at catering tent	Pilsen, Event Centre
	8:00 - 10:00	Event Office open (providing Model maps only)	Pilsen, Event Centre
	10:00 - 20:00	Model Long	Hůrky
	12:00 - 14:00	Lunch at catering tent	Pilsen, Event Centre
	14:00 - 21:00	Event Office open	Pilsen, Event Centre
	18:00- 20:00	Dinner at catering tent	Pilsen, Event Centre
Sun 30 th June		Arrival / training	Pilsen
	7:00 - 9:00	Breakfast at catering tent	Pilsen, Event Centre
	8:00 - 11:00	Event Office open	Pilsen, Event Centre
	9:00 - 16:00	Model Long	Hůrky
	12:00	Deadline for final names entry	IOF Eventor
	12:00 - 14:00	Lunch at catering tent	Pilsen, Event Centre
	14:00 - 20:00	Event Office open	Pilsen, Event Centre
	15:30 - 17:30	Technical model + model Sprint & Sprint Relay	Pilsen
	18:00 - 20:00	Dinner at catering tent	Pilsen, Event Centre
	18:30	TOM Sprint Relay	Pilsen, Event Centre
	20:00	Competition entry deadline: Sprint Relay	IOF Eventor
	20:00	Deadline for accreditation	Pilsen, Event Centre
Mon 1 st July	8:00 - 10:00	Breakfast at catering tent	Pilsen, Event Centre
	9:00 - 12:00	Event Office open	Pilsen, Event Centre
	12:00	Competition entry deadline: Sprint	IOF Eventor
	12:00 - 14:00	Lunch at catering tent	Pilsen, Event Centre
	14:45	Quarantine opening	Arena Pilsen

Date	Time	Event	Place	
	15:45	Quarantine deadline, Arena opened for teams	Arena Pilsen	
	15:45 - 18:30	Event Office open	Arena Pilsen	
	16:15	Start Sprint Relay	Arena Pilsen	
	17:15	Estimated first finish	Arena Pilsen	
	17:25	Flower ceremony Sprint Relay	Arena Pilsen	
	17:45	Opening Ceremony	Arena Pilsen	
	18:00	Price-giving ceremony Sprint Relay	Arena Pilsen	
	18:30 - 19:00	VIP/Media race	Arena Pilsen	
	19:00	TOM Sprint	Pilsen, Event Centre	
	19:00 - 21:00	Dinner at catering tent	Pilsen, Event Centre	
	19:30 - 20:30	Event Office open	Pilsen, Event Centre	
Tue 2 nd July	6:00 - 8:00	Breakfast at catering tent	Pilsen, Event Centre	
	8:30	Quarantine opening	Stříbro	
	9:30	Quarantine deadline, Arena opening for teams	Stříbro	
	9:30 - 14:00	Event Office open	Stříbro	
	10:00	First start Sprint	Stříbro	
	12:40	Estimated last start Sprint Women	Stříbro	
	12:55	Estimated last start Sprint Men	Stříbro	
	13:15	Flower ceremony Sprint	Stříbro	
	13:30	Czech O-Tour Prologue (sprint) - first start	Stříbro	
	14:00	Competition entry deadline: Long	IOF Eventor	
	18:00 - 20:00	Event Office open	Pilsen, Event Centre	
	18:00 - 20:00	Dinner at catering tent	Pilsen, Event Centre	
	18:30	TOM Long	Pilsen, Event Centre	
Wed 3 rd July	5:30 - 8:00	Breakfast at catering tent	Pilsen, Event Centre	
	7:45	Quarantine opening	Strašice	
	8:50	Quarantine deadline	Strašice	
	9:00	First start Long	Strašice	
	9:00 - 17:00	Event Office open	Hůrky	

Date	Time	Event	Place
	13:55	Estimated last start Long Women	Strašice
	14:00	Czech O-Tour Stage 1 (middle) first start	Hůrky
	14:40	Estimated last start Long Men	Strašice
	16:05	Flower ceremony Long	Hůrky
	17:00	Prize giving ceremony Sprint + Long	Hůrky
	18:00 - 20:00	Dinner at catering tent	Pilsen, Event Centre
Thu 4 th July	7:00 - 9:00	Breakfast at catering tent	Pilsen, Event Centre
	9:00 - 11:00	Event Office open	Pilsen, Event Centre
	10:00 - 17:00	Model Middle & Relay	Dobříč
	10:00	Czech O-Tour Stage 2 (long) first start	Hůrky
	12:00	Competition entry deadline: Middle	IOF Eventor
	12:00 - 14:00	Lunch at catering tent	Pilsen, Event Centre
	18:00 - 20:00	Event Office open	Pilsen, Event Centre
	18:00 - 20:00	Dinner at catering tent	Pilsen, Event Centre
	18:30	TOM Middle	Pilsen, Event Centre
Fri 5 th July	5:30 - 8:00	Breakfast at catering tent	Pilsen, Event Centre
	7:45	Quarantine opening	Hromnice
	8:50	Quarantine deadline	Hromnice
	9:00	First start Middle	Hromnice
	9:00 - 16:00	Event Office open	Dobříč
	10:00	Czech O-Tour Stage 3 (long) first start	Dobříč
	14:21	Estimated last start Middle Women	Hromnice
	14:48	Estimated last start Middle Men	Hromnice
	15:30	Flower ceremony Middle	Dobříč
	16:00	Prize giving ceremony Middle	Dobříč
	17:00	Competition entry deadline: Relay	IOF Eventor
	18:00 - 20:00	Event Office open	Pilsen, Event Centre
	18:00 - 20:00	Dinner at catering tent	Pilsen, Event Centre
	18:30	TOM Relay	Pilsen, Event Centre

Date	Time	Event	Place	
Sat 6 th July	5:30 - 8:00	Breakfast at catering tent	Pilsen, Event Centre	
	7:45	Quarantine opening	Dobříč	
	8:00 - 14:00	Event Office open	Dobříč	
	8:30	Pre-start deadline (1st leg men)	Dobříč	
	8:50	Quarantine deadline	Dobříč	
	9:00	Start Relay Men	Dobříč	
	10:45	Estimated first finish Men	Dobříč	
	11:00	Start Relay Women	Dobříč	
	12:45	Estimated first finish Women	Dobříč	
	13:00	Flower ceremony Relay	Dobříč	
	13:45	Coaches and VIP race – mass start	Dobříč	
	14:00	Czech O-Tour Stage 4 (middle) first start	Dobříč	
	15:00	Prize giving ceremony Relay, closing ceremony	Dobříč	
	17:00 - 19:00	Dinner at catering tent	Pilsen, Event Centre	
	20:00	Banquet	Pilsen, Depo	
Sun 7 th July		Departure		
	8:00 - 10:00	Breakfast at catering tent	Pilsen, Event Centre	

SECTION 3: VENUE, ACCESS AND TRANSPORT

3.1 VENUE

Plzeň Region

The Plzeň Region is an administrative unit of Czechia located in the south-western part of Bohemia. It is named after its capital Plzeň (English, German: Pilsen). In terms of area, Plzeň Region is 7,561 km2, the third largest region in Czechia. However, with a population of about 585,000 inhabitants it is only the ninth most populous region. Almost 30% of the inhabitants reside in Plzeň.

The region can be roughly divided into two parts: a highly industrialised north-eastern part with a

strong engineering tradition around Plzeň, and a more hilly and rural south-western part with smaller-sized manufacturing companies processing natural resources.

In the south-eastern part of the region there is a range of Bohemian Forest mountains. The capital Plzeň is surrounded by Plzeň Basin. The rest of the region is occupied by highlands, namely Plzeň Highlands and Brdy Highlands.

Plzeň (Pilsen in German and English)

Plzeň, founded in 1295, is classed as a statutory city and is the fourth most populous in Czechia with about 169,000 inhabitants. It is situated in western Bohemia, about 90 kilometres west of Prague. Plzeň is the metropolis of the Pilsen Region. It lies at the confluence of the rivers Mže, Radbuza, Úhlava and Úslava, from which the Berounka River arises.

Pilsen is known as an industrial and brewing city. Škoda Transportation and other companies continue the tradition of the engineering company Škoda (established in 1859), while on the other side of the regional capital, Pilsner Urquell (Prazdroj) and Gambrinus beers are brewed. Bottom-fermented pale lager is referred to as Pilsner-type beer, worldwide as Pilsner or Pils, according to the German name of the city of Pilsen. The first batch of this type was produced in 1842. Pilsner-type beer is now the most widespread category of lagers and beers of all, and accounts for more than 70% of all beer in the world.

Stříbro (Mies in German)

Stříbro is a town in the Tachov district in the Pilsen Region, 27 km west of Pilsen, on the river Mže, from which the town's German name is derived. The first written mentions date back to 1183. The entire history was based on its favourable location on the route of the trade route Prague - Nuremberg. No less important for Stříbro is ore mining, which gave the town its name (Stříbro = silver). Approximately 8,000 inhabitants live here. The historical core of the city is an urban monument zone.

Hůrky

Hůrky is a village in the Rokycany district in the Pilsen region. It lies between the hills of the Trhoň Nature Park, about six kilometres east of Rokycany. Around 230 inhabitants live here. The name of the village is derived from the word hórka, meaning small mountain.

Dobříč

Dobříč is a village in the Pilsen Region. Around 330 inhabitants live here. Ochre has been mined in the area since the end of the 19th century.



General map of the region, JWOC area, Event Centre and airport

7

Do you know any of the famous athletes who are natives of Pilsen and its surroundings?

Petr Čech opetrcech

One of the world's best football goalkeepers in history. Champions League winner, Chelsea club record holder in the English Premier League for the most clean sheets. 124 matches for the Czech national football team.

Filip Jícha 🔘 filda39

Declared the best handball player in the world in 2010.

Andrea Sestini Hlaváčková

andreasestinihlavackova

Tennis player, winner of the Fed Cup, US Open, French Open in doubles and silver medalist at the Olympic Games.

Kateřina Emmons katchis.emmons

Sport shooter in air rifle and small-bore rifle, three-time Olympic medalist. Ambassador of the Sprint Relay race - you need to run fast and accurately.

Cyclist: three-time world champion in the Elite class, two-time world champion under 23 years of age in cyclo-cross.

Winner of Strade Biance and stage winner at Tour de France. Ambassador of the Sprint (native of Stříbro and honorary citizen).

Tennis player, 5-time winner of the FED Cup, 2-time winner of Wimbledon in doubles. Ambassador of the Middle distance - keep your attention and concentration to the last moment.

Lukáš Provod Olukas.provod

Czech football representative, 2-time winner of the Czech league and cup, former orienteer and member of the organising club KOS Plzeň. Relay race Ambassador - the team and good performance of all are important.

Kateřina Razýmová © kackarazymova

Czech representative in cross-country skiing (10th at the World Championships and 10th at the Tour de Ski) and hill running (10th at the World Championships). Occasional orienteer. Long distance Ambassador - endurance and strength.

3.2 COMPETITION ARENAS

The finish area is always situated in the arena of the respective race.

Sprint Relay: Arena Lochotín

Arena Lochotín will be situated in the Lochotin amphitheatre in Pilsen, 1.5 km (25 min walk or 10 min drive) from the Event Centre.

It is possible to enter the arena only after the quarantine closure.

GPS Coordinates: 49.7599N, 13.3610E

Sprint: Arena Stříbro

Arena Stříbro will be situated at the Baník Stříbro stadium in Stříbro, a municipality situated in Tachov district, 38 km (35 min drive) from the Event Centre in Pilsen.

It is possible to enter the arena only after the quarantine closure.

GPS Coordinates: 49.7573N, 13.0083E

Long Distance: Arena Hurky

Arena Hůrky will be situated on a spacious meadow near Hůrky, a municipality situated in Rokycany district, 34 km (35 min drive) from the Event Centre in Pilsen.

GPS Coordinates: 49.7364N, 13.6787E

Middle Distance and Relay: Arena Dobříč

Arena Dobříč will be situated on the football field in Dobříč, a municipality situated in Plzeň-sever (Pilsen-north) district, 22 km (25 min drive) from the Event Centre in Pilsen.

GPS Coordinates: 49.8814N, 13.4616E



3.3 ACCESS AND TRANSPORT

There will be no official mandatory transport provided during JWOC. Teams are encouraged to use their own transport throughout the whole of JWOC. We recommend transport by car/minibus. Nearest major airport is <u>Václav Havel Airport Prague</u> (90 km to the Event Centre). The distance from the Event Centre to quarantines or arenas will be up to 40 km. Construction work on roads is underway in several places in Pilsen. Traffic jams are frequent. Allow plenty of time for your journeys. For information on traffic restrictions and to choose the best route, we recommend using apps with current traffic information, e.g. <u>Mapy.cz</u>, <u>Google Maps</u> or <u>Waze</u>.



Mapy.cz



Google Maps



Waze

SECTION 4: EVENT CENTRE (OFFICE)

The Event Centre will be located in the building of the university student residence Lochotín.

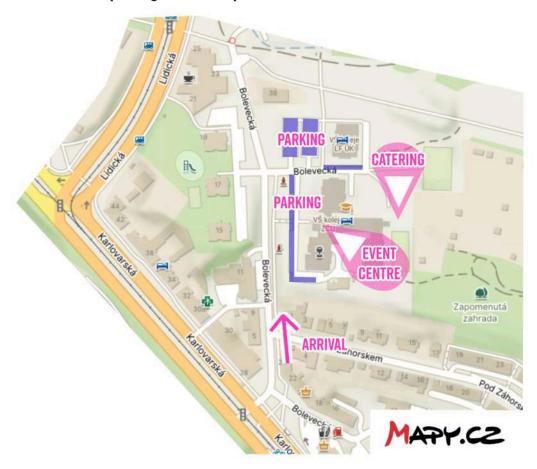
Address: Bolevecká 858/30, Plzeň GPS Coordinates: 49.7600N, 13.3730E



At the Event Centre there will be rooms for:

- JWOC Event Office (Accreditation of Athletes and Team Officials, Information Point for Teams)
- Athletes' accommodation
- Catering in an outdoor catering tent in the area next to the dormitory buildings
- Team Officials' meetings

Event Centre - parking + entrance plan



Please park in such a way that all accommodated competitors can fit in the parking lot. It is forbidden to park on the grass. Follow the special signs.

Opening hours of the Event Office:

Date	Time	Place
Saturday 29 th June	8:00 - 10:00 (providing Model maps only)	Pilsen, Event Centre
	14:00 - 21:00	Pilsen, Event Centre
Sunday 30 th June	8:00 - 11:00 14:00 - 20:00	Pilsen, Event Centre Pilsen, Event Centre

Date	Time	Place
Monday 1 st July	9:00 - 12:00 15:45 - 18:30 19:30 - 20:30	Pilsen, Event Centre Arena Pilsen Pilsen, Event Centre
Tuesday 2 nd July	9:30 - 14:00 18:00 - 20:00	Arena Stříbro Pilsen, Event Centre
Wednesday 3 th July	9:00 - 17:00	Arena Hůrky
Thursday 4 th July	9:00 - 11:00 18:00 - 20:00	Pilsen, Event Centre Pilsen, Event Centre
Friday 5 th July	9:00 - 16:00 18:00 - 20:00	Arena Dobříč Pilsen, Event Centre
Saturday 6 th July	8:00 - 14:00	Arena Dobříč

Do not hesitate to contact the Event Office out of opening hours via email office@jwoc2024.cz or telephone (or WhatsApp) +420 770 131 208; the times in the table above are for personal visits.

4.1 RESERVATION SYSTEM (TEAM MEETINGS, SPORTS FIELD)

Several rooms will be available for team meetings (one in the dormitory building, others in the nearby dormitory building of the Faculty of Medicine).

There is also one outdoor sports field in the campus of the student dormitories.

Please use the reservation system to reserve a room for a specific time. A link to the reservation system will be available at the Event Office. It will be distributed to Team Officials electronically as well.

Please be considerate of other teams and do not block rooms for an unnecessarily long time. The Event Office has the right to cancel a reservation where necessary.

4.2 ACCREDITATION

All registered participants, both athletes and team officials, must go through the accreditation process at the JWOC Event Office **before 30th June, 20:00**. A team official can go to accreditation carrying the official ID of each team member. The official ID card must have a photo. If any team is late, please send an email to the Event Office office@jwoc2024.cz.

Accreditation takes place at the Event Centre and **starts on Saturday 29th June at 14:00**; morning opening hours for providing Model maps only! A personal ID card will be handed out. All

accredited persons must wear it at all relevant times and present it for access to authorised zones. An athlete without an accreditation will not be allowed to run a race.

At accreditation, every athlete receives a package with the ID card, backup SIAC card, a printed version of Bulletin 4, model event maps and a small present. **This backup SIAC card is personally assigned** and shall be used in all competitions. Teams will receive a list of assigned SIAC cards; the personally assigned SIAC card must not be used by other athletes.

We ask Teams to use their own GPS harnesses if possible. There will be harnesses to lend out, but we cannot guarantee that there will be enough of the required sizes available. Lent-out harnesses are to be returned to the Event Office on the last race day.

Parking permits for team cars are also handed out at accreditation.

Accreditation for the JWOC is only possible if all payments are fully settled. In case of emergency/discrepancies, e.g. bank charges, paying with a bank/credit card will be possible at the Event Centre.

Teams need to provide a contact person (email and phone number) so that the organisers can quickly contact the team officials if necessary.

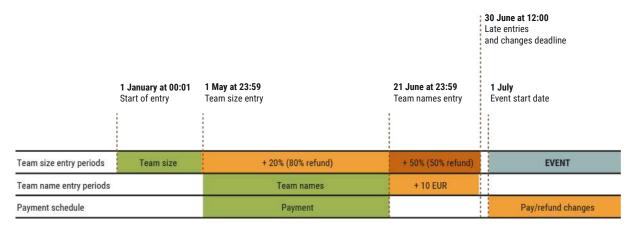
SECTION 5: REGISTRATION

5.1 TEAM REGISTRATION

All entries can only be made in IOF Eventor. The entry form is available on: eventor.orienteering.gorg/Events/Show/7239

- The event start date is 1st July 2024.
- The deadline for Late Entries, Changes of Team Size or Team Names for accreditation is 30th June 2024 at 12:00.

Competition Entries



Names of the competitors and, if required, their starting group, shall be entered in IOF Eventor by the following times at the latest:

Competition	Deadline
Sprint Relay	Sun 30 th June, 20:00
Sprint	Mon 1 st July, 12:00
Long distance	Tue 2 nd July, 14:00
Middle distance	Thu 4 th July, 12:00
Relay	Fri 5 th July, 17:00

Late entries, changes of team size or team names

Late Entries and changes will be accepted, if possible until **30**th **June 2024 at 12:00**. No late entries or changes will be accepted after that date. Late entries and changes will always have a defined extra cost (surcharge).

Late entries and changes will always be treated equally, and must be communicated directly to the organiser on: office@jwoc2024.cz. The organiser makes the changes in IOF Eventor after deadlines.

5.2 ENTRY FEE DESCRIPTIONS

Category		Fee
Accreditation	Accreditation fee - athlete, team official (see note 1)	90 EUR
	Sprint, Middle, Long (per race and runner)	55 EUR
Entry fee	Relay (per race and runner)	50 EUR
	Sprint Relay (per race and runner)	45 EUR
SIAC card rent	Per person per week (see note 2)	50 EUR
IOF Guests	IOF Guests, Partners and Sponsors	no accreditation fee
Media	Per person	no accreditation fee

Notes:

- 1. Accreditation fee for team officials covers model events, parking at the arenas, VIP & coaches race and banquet.
- 2. The pre-ordered rental SIAC cards will be handed out together with the Backup SIAC cards in the Event Office as a part of the accreditation. A team manager shall return all rented SIAC cards to the Event office after the last race. Any missing or lost SIAC-card will be charged with a fee 60 EUR. SIAC cards must be ordered with team size entry (1st May 2024).

Entry changes

- **22**nd **June 30**th **June 2024** surcharge 50% on new entries, withdrawals receive a 50% refund.
- After 30th June 2024, 12:00 CET no other entries or changes will be accepted.

Name changes

- 23rd June 30th June 2024 surcharge 10 EUR/name.
- Changes of names for competition according to IOF rules, no fee.

5.3 PAYMENTS

Payment must be credited to the organiser's account no later than 21st June 2024 - full payment is required to consider an entry as valid. All bank fees and charges must be covered by the payer.

Payment details:

Bank: MONETA Money Bank, a. s.,

Vyskočilova 1442/1b,

140 28 Praha 4 - Michle, Czechia

Account number: 244499346/0600

IBAN: CZ18 0600 0000 0002 4449 9346

BIC (SWIFT): AGBACZPP

Account owner: Český svaz orientačních sportů,

Zátopkova 100/2,

169 00 Praha 6 - Břevnov, Czechia

Invoice reference: Invoice number

5.4 SUMMARY OF ENTRIES

Federation	Men 20	Women 20	Team Officials	Total
Mastralia Australia	6	6	3	15
Austria	6	5	3	14
Belgium	6	2	2	10
Bulgaria	5	5	1	11
Canada	2	3	4	9
China	5	4	5	14
Croatia	2	2	1	5
Czechia	6	6	4	16
Denmark	6	6	4	16
Estonia	5	5	1	11
Finland	6	6	3	15
I ■ France	6	6	3	15
Germany	6	6	4	16
# Great Britain	6	6	4	16
Mong Kong China	6	6	4	16
Hungary	4	5	3	12
■ Ireland	3	2	2	7
Israel	1		1	2
■ Italy	6	3	2	11
Japan	6	6	4	16
Latvia	4	6	3	13
Lithuania	3		1	4
Netherlands	2		2	4
New Zealand	6	6	3	15
Norway	6	6	3	15
Poland	6	6	2	14
Portugal	3	3	1	7
Romania	5	4	1	10
Serbia	2	2	2	6
Slovakia Slovakia	4	2	2	8
Slovenia	2	2	1	5
South Africa	1		1	2
 ■ Spain	4	4	2	10
Sweden	6	6	4	16
Switzerland	6	6	4	16
Turkiye	4	4	3	11
Ukraine	6	5	2	13
United States	6	6	3	15
Sum	175	158	98	431

SECTION 6: ACCOMMODATION AND FOOD

6.1 ACCOMMODATION

We will provide accommodation for athletes in the student residences of the University of West Bohemia.

Lochotín student residence, where the Event Centre is also located, will be the primary site for accommodation. This complex of two interconnected nine-storey buildings is the largest student residence in Plzeň, located on Bolevecká street 30, close to Tram 1 and 4 stop Pod Záhorskem, not far from the city centre.

You will receive room keys (1 key for each room; in apartments 1 key for each of both rooms) from the organisers at registration. You will keep the keys throughout your stay, and must hand them over to the organisers upon departure. There is a porter in the building 24/7, but due to the large number of people staying, we cannot rule out the entry of a stranger into the dormitory building. Therefore, take care of your belongings and lock your rooms.

Please be prepared to show your accreditation card when entering the building on JWOC days.

Bedding will be available in the room. **Towels are not provided**. Cooking options in the rooms are very limited and crockery, glasses and cutlery are not part of the room equipment. There is no kettle in the rooms. Therefore an outdoor catering tent will be provided - see section 6.2 Catering.

Several rooms will be available for team meetings. There is also one outdoor sports field in the campus of the student dormitories. For more detailed information on the reservation system see Section 4 - Event Centre (Office).



The student residence of the Universityy of West Bohemia, Plzeň

6.2 CATERING

An outdoor catering tent will provide full board. Catering will be provided at the arenas as well.

Prices: breakfast 170 CZK (corresponds to approx 7 €), lunch 250 CZK (10 €), dinner 250 CZK (10 €).

The costs were partially invoiced together with the accommodation deposit. The remaining part will be invoiced after the event by the organiser in EUR according to the current exchange rate.

The main meal can be combined as desired with a side dish; water will always be freely available in a large barrel. **We request competitors to bring their own drinking bottles, cups, mugs etc**.

Meal	Date	Place	Menu
Breakfast	Everyday	Catering tent at student dormitory	buffet form - basic composition: water, tea, coffee, milk, white yoghurt, pastries, oatmeal, fruit, cheese, butter, eggs, sausages, ham
Lunch	On the days before the races and on days off	Catering tent at student dormitory	 soups: vegetable (essentially meatless) main dish: chicken, pork, beef, legumes or other vegetarian alternative side dishes: rice, potatoes, pasta, fries vegetables
	On race days	Arena	Packages will be prepared for the entire team in one container, which will be issued to the team leader (the hand-over point will be specified the day before during the TOM - depending on the timetable, usually either a quarantine or a catering tent will be chosen) content: risotto, baguette, tortilla, pasta salad, fruit, pastries There will be additional sales points at the arena.
	On race days	Quarantine	Water, fruit
Dinner	Everyday	Catering tent at student dormitory	 soups: vegetable (essentially meatless) main dish: chicken, pork, beef, legumes or other vegetarian alternative side dishes: rice, potatoes, pasta, fries vegetables

Scheduled meal delivery times in the catering tent by the dormitories:

Date	Time	Date	Time
Thursday 27 th June	17:00 - 22:00	Wednesday 3 rd July	05:30 - 08:00 18:00 - 20:00
Friday 28 th June	07:00 - 09:00 12:00 - 14:00 18:00 - 20:00	Thursday 4 th July	07:00 - 09:00 12:00 - 14:00 18:00 - 20:00
Saturday 29 th June	07:00 - 09:00 12:00 - 14:00 18:00 - 20:00	Friday 5 th July	05:30 - 08:00 18:00 - 20:00
Sunday 30 th June	08:00 - 10:00 12:00 - 14:00 18:00 - 20:00	Saturday 6 th July	05:30 - 08:00 17:00 - 19:00
Monday 1 st July	08:00 - 10:00 12:00 - 14:00 19:00 - 21:00	Sunday 7 th July	08:00 - 10:00
Tuesday 2 nd July	06:00 - 08:00 18:00 - 20:00		

The meals will not be cooked exactly to the number, a small reserve will always be provided. Vegan meals will not be prepared, but side dishes will be available.

The remaining part of the accommodation and food costs will be invoiced after the event by the organiser in EUR according to the current exchange rate. The city fee (determined by the city of Pilsen) in the amount of 25 CZK per person (18 years old and over) per night will be charged also in this invoice.

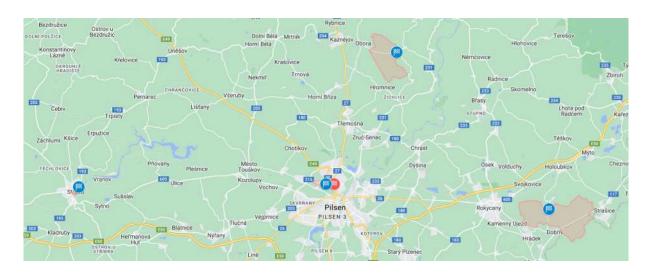
In truly necessary cases, if you need to adjust your meal orders, please contact the Event Office (2 days in advance).

SECTION 7: EMBARGOED AREAS

7.1 EMBARGOED AREAS INFORMATION

According to the IOF Competition rules (Art. 26.5), embargoed areas are forbidden for all potential JWOC 2024 athletes, team officials and other persons, who, through knowledge of the terrain, may influence the results of the competitions. All embargoed areas are 'strict embargo'. More information and maps are available on events/Show/7239 and the website jwoc2024.cz.

7.2 INTERACTIVE MAP



Direct link to detailed map of the embargoed areas: google.com/maps/d/u/0/edit? mid=1GYxH3lcdD5oZIr7TGk9BI0Qu3H3Vjqg&usp=sharing

7.3 EMBARGOED AREAS

Sprint areas

- 1. Plzeň (Sprint Relay)
- 2. Stříbro (Sprint)

Forest areas

- 4. Dobřív Strašice (Long distance)
- 5. Dobříč Obora (Middle distance and Relay)

74 OLD MAPS

Link to a folder with the most recent version of any previous orienteering maps of the embargoed areas: drive.google.com/drive/folders/107qPlgiZTUQD8mT5T6LVpKQXDWh4AuN9?usp=drive_link

SECTION 8: TRAINING OPPORTUNITIES

All information about training maps and areas can be found on <u>jwoc2024.cz/en/competitors/training/</u>.

Ordered printed training maps will be handed over during the check-in in Lochotín student dormitory or by individual agreement.

Training maps ordered after June 23rd will be handled by sending a pdf file, and the team must arrange the printing itself (if necessary, we will advise on suitable printing centres).

For any questions don't hesitate to contact trainings@jwoc2024.cz.

SECTION 9: CLASSES AND PARTICIPATION RESTRICTION

9.1 COMPETITION RULES

The complete rules for the Junior World Orienteering Championship 2024 consist of:

- Orienteering competition rules 2024
- JWOC special rules 2024

Latest versions of the rules are found on the IOF webpage.

9.2 CLASSES AND ENTRY REGULATIONS

There are two classes, Women and Men. Participation restrictions, classes and qualification system will follow the JWOC Special Rules for 2024.

All competitors must be born in 2004 or after and must be full passport-holding citizens of the country they are representing.

According to the Rules for the Junior World Orienteering Championships, each Federation may enter a team of up to 12 competitors — up to 6 women and up to 6 men — and 4 team officials.

All competitors may run in all three individual competitions. In the Relay, each Federation may enter up to 2 women's and 2 men's teams, each consisting of 3 team members. In the Sprint Relay, each Federation may enter up to 3 teams.

If a Federation is unable to make up full relay teams, it may form incomplete teams or teams with runners from other Federations.

According to the IOF Council's decision on 28th February and 4th March 2022, Russian and Belarusian orienteering athletes, in all IOF disciplines, will not be allowed to participate in IOF events. Athletes will also not be allowed to participate as neutral athletes.

9.3 ANTI-DOPING CODE

Doping is strictly forbidden, and the organisers of the JWOC 2024 are dedicated to supporting the anti-doping authorities in their work. Doping tests are always carried out in accordance with the procedures described in the WADA International Standard for Testing. The IOF Anti-Doping Code and rules, and the World Anti-Doping Code 2021, apply as of 1st January 2021. Athletes who are selected for the doping tests must bring an official identification (with photo) to the doping test area. The athlete should also bring along their therapeutic use exemption (TUE) if applicable. In general, it is advisable that the athletes bring along their ID to all the competitions and events.

Please note, that as per the WADA International standards for Testing, Minors are to be accompanied by 2 adults (one is a chaperone and the other can be an athlete's representative). In case there is no representative, 2 chaperones per Minor are assigned.

For more information, please consult: Anti-Doping

9.4 INSURANCE

The organisers decline any liability that might occur through participation in the IOF JWOC Events and training opportunities. Each person participates at their own risk and is responsible for their own insurance coverage (illness and accident).

There are no other peculiarities of the event.

9.5 CLIMATE AND HAZARDS

The climate of Plzeň (or Pilsen), a city in western Czechia located at 350 metres (1,150 feet) above sea level, is moderately continental, characterised by cold winters with temperatures often below freezing (0 °C), and mild to pleasantly warm summers.

In summer, the temperatures are pleasant and suitable for outdoor activities, although sometimes

there can be rain and thunderstorms.

July is the warmest month with the average minimum temperature 13.5°C (usually the minimum temperature is noted during the night). The average maximum daytime temperature lies around 25°C. There can be short hot periods with maximum temperatures exceeding 30°C.

The average precipitation in July is 70 mm. You can expect on average 7.5 hours of sunshine per day in this summer month.

Ticks, carrying Tick-borne Encephalitis and Lyme-disease, are present in the forests.

9.6 VISAS

According to the current regulations, citizens of some countries must obtain a visa in order to enter the Czech Republic. Please note that conditions of entry to the Czech Republic can change and all potential JWOC participants are advised to keep up-to-date with the current situation. Please visit mzv.cz/jnp/en/information_for_aliens/index.html

9.7 EMERGENCY AND HEALTH SERVICES

First-aid services will be provided at the competition arenas. At other times you may use the emergency and health services of the region.

The organisers have to inform the local health service of every serious health problem (breathing problem, diarrhoea, coughing, high temperature, ...), for epidemical reasons. In the case of an illness please report to office@jwoc2024.cz.

The phone numbers for emergency calls in Czechia:

General emergency: 112

Medical: 155Police: 158Fire: 150

Hospital Plzeň: +420 377 103 111

Contact professional emergency person in arena: Ivana Krsová + 420 775 975 903

9.8 PHOTO AND VIDEO DISCLAIMER

By taking part in JWOC 2024 as a participant or spectator, you acknowledge your consent to interviews, photography, audio recording, video recording and its/their release, publication, exhibition, or reproduction to be used for news, webcasts, promotional purposes, telecasts, advertising, inclusion on websites, or any other purpose by JWOC 2024 organisers, their affiliates, representatives and partners. No drones are allowed in the competition area without

written permission from the organisers.

9.9 FAIRNESS RULES

- 1. It is not allowed (and not fair) to gain any unofficial information about the race, especially about courses, maps, location of pre-starts etc.
- **2.** Team members heading to pre-starts are not allowed to visit the arenas before their respective competitions. It is also not allowed (and not fair) to gain any unofficial information about the arenas from other persons.
- **3.** When staying in the quarantine, mobile phones and all other devices with internet access must be completely turned off. Random checks may be made.
- **4.** It is allowed to use music players without any built-in connectivity. Inside the quarantine, athletes wearing headphones may be randomly asked to display their players for checking.
- **5.** All tents inside the quarantine must stay open so that it is possible to see inside.
- **6.** It is strictly forbidden to bring any electronic devices (except for watches) into closed quarantine areas (toilets), warm-up map area and pre-start routes no matter if the device is turned on or not.
- **7.** GPS-enabled devices (watches etc.) can be carried provided that they are not used for communication or navigation.
- **8.** It is not allowed to use any old maps of the competition areas after having left the accommodation on competition day.
- **9.** It is strictly forbidden for team members to re-enter the competition area until the last JWOC athlete of the last JWOC competition in the area has arrived at the finish.
- **10.** Violations of these rules should be immediately reported to any member of staff, in order to preserve fairness.
- **11.** Violation of these rules may result in the disqualification of the whole team.

SECTION 10: MEDIA

We are honoured to welcome journalists, photographers, camera personnel, and social media content creators from all over the world in all our JWOC arenas.

10.1 MEDIA REGISTRATION

We welcome all media representatives as our partners to cover the thrilling competitions of JWOC 2024. All registrations are made in the IOF Eventor system: https://eventor.orienteering.org/Events/Show/7239 – VIP and media entry section. Journalists who do not plan on attending the JWOC 2024 in person, can register themselves for a mailing list where press releases and photographic materials relevant to the event will be distributed regularly. For mailing list

registration, please send an email to media@jwoc2024.cz with the following information:

- First and last name
- Media or Organization
- Email address
- Phone number
- Your role Photographer, Reporter, Social media creator

Late arrivals: In case of a missed deadline or a late arrival, please contact media@jwoc2024.cz for assistance.

10.2 MEDIA ACCREDITATION

Media accreditations can be collected in the Event Office (see chapter 4) until the end of opening hours of the Event Office on 30th June 2024. After this time, accreditations will be available for pick-up in the Media Tent in the race Arena on all competition day.

10.3 MEDIA TENTS

Before the start of JWOC 2024, all accredited media will receive a newsletter giving information about the event. In addition, an email with key information will be sent to all registered media representatives before every race, and whenever important information needs to be communicated. Please note that it is possible to register to this mailing list even without participating in person and obtaining the accreditation. This is particularly useful for teams who have non-travelling social media administrators or reporters.

During the forest races there may be designated photo controls, to which accredited photographers will be accompanied by our guides following a pre-race media briefing. During the sprint events, our guides will assist and control the organization of the photographers in the finish area. Photography is not prohibited inside the competition area, but please check with the Media Manager during pre-race briefing.

There will be a short media/photographers pre-race briefing at the beginning of every competition day in the Media Tent placed in the arena. Attending the briefing is mandatory for accessing the race area.

Assigned accreditation cards must be shown when entering the Media Tent.

The media service includes:

- Access to media tent; computers will not be provided
- Wi-Fi, electricity, printers, chargers, memory card readers
- Maps and start lists
- Live services (results, live-stream production, GPS)

- Access to photo controls and photo spots in arenas
- Participation in VIP/Media race
- Coffee/tea, refreshments
- Mixed zone access, athlete interviews assistance
- Official media photo kits from each day

10.4 LIVE STREAM

There will be live-stream production during all races. The broadcast will be shown via https://tv.orienteering.sport with English commentary. Here is the broadcast schedule:

Date	Race	Broadcasting time
Monday 1st July	Sprint Relay	16:00 - 17:30
Tuesday 2 nd July	Sprint	10:00 - 13:30
Wednesday 3 rd July	Long distance	11:00 - 16:30
Friday 5 th July	Middle distance	10:45 - 15:45
Saturday 6 th July	Relay	8:50 - 13:05

During the competitions, athletes may encounter camera crews and media representatives in the terrain. Camera controls and intermediate-time controls are not marked on the control descriptions. Athletes may also be followed by a running camera or by camera drones during the race. The drones will keep a proper distance from the athletes. There can be commercial signs in the terrain and they are not marked on the map. Athletes may be asked to provide an interview before or after the race.

10.5 VIP/MEDIA RACE

The VIP/Media race will be organised on the 1st July from the Sprint Relay arena in Pilsen.

- Registration will take place in the Media tent (for media) and the VIP tent (for VIPs)
- Start will be from 18:30 to 19:00
- Free Entry
- SI cards will be available in Media and VIP tents
- VIP/Media race will use the controls of the Sprint Relay race

VIPs and Media are also welcomed in the Coaches and VIP race on Saturday 6th July, after the Relay competition in Dobříč.

- Registration will take place in the Media tent (for media) and the VIP tent (for VIPs)
- Mass start at 13:45
- Free Entry

SI cards will be available in Media and VIP tents.

10.6 MEDIA CONTACT

Dan Dvořáček, +420 607 860 698 (also available on WhatsApp), media@jwoc2024.cz

SECTION II: RACE INFORMATION

11.1 PUNCHING AND TIMING

SPORTident Air+ punching will be used for all competitions. Stations will be set to contactless punching mode with a range of up to 50 cm. JWOC participants are requested to use their own SIAC cards during the event. Participants are kindly requested to check their SIAC card number on Eventor. Every athlete will get secondary SIAC during accreditation. Both SIAC numbers will be used in timing software and also for proper name assignment for TV graphics and online split times. For these reasons, it is very important to check that you have both SIACs assigned to you before entering quarantine. In every race, every participant will carry 2 SIACs. Primary, his/her own SIAC (or rented from the organiser), and secondary as a backup, which he/she will get during accreditation. Please use these cards with SportIdent recommendations - see https://docs.sportident_airplus_information_for_athletes.html#_usage

The second SIAC will be used as a backup in case your primary stops punching for any reason. Before every race, please check that you have both SIACs with a number assigned to you. SIAC numbers will be checked before start.

The starting, punching and finish procedures will be presented at the technical model event. Prior to the start, it is requested that you:

- 1. Perform SIAC BATTERY TEST for both cards (available in guarantine zones)
- 2. CLEAR both cards
- 3. CHECK both cards
- 4. TEST both cards that they are working in contactless mode

During the race, you have to wearing both cards on the same arm. Please wear the primary SIAC on the finger, and the secondary SIAC on the wrist or forearm. Remember that the punching range is up to 50 cm.



When punching, it is the competitor's responsibility to receive feedback signals. It is not important whether both cards give the feedback or just one card; only in the case where neither of them receives the feedback should the competitors try to punch in a contact way (put one of the cards into the hole), and if this does not work, punch manually (backup needle punch).

After crossing the finish line, the primary SIAC card will be read out. If any punch is missing, the secondary/backup SIAC card will be read out too, and punches from both cards will be merged to form the punching record.

Any SIAC card changes must be communicated directly to the organiser by e-mail, office@jwoc2024.cz as early as possible.

11.2 GPS TRACKING

In every race, all competitors are asked to carry a GPS tracking device. It has to be carried on the back of the competitor in an elastic harness. GPS tracking will be used for live stream production, arena production on the big video screen and live online transmission.

We ask teams to use their own GPS harnesses if possible. There will be harnesses to lend, but we cannot guarantee that there will be enough of the required sizes available. Lent harnesses are to be returned back to the Event Office on the last race day.

All competitors will receive the GPS device in the quarantine zone. The GPS devices are to be returned at the finish.

11.3 CLOTHING AND FOOTWEAR

There are no regulations regarding clothing. Shoes with metal dobbs and spikes are forbidden for all sprint races and sprint training sessions!



11.4 TEAM OFFICIALS MEETINGS (TOM)

5 TOMs will be held during JWOC and all take place at the Event Centre:

Date	Time	Meeting
Sunday 30 th June	18:30	TOM Sprint Relay
Monday 1st July	19:00	TOM Sprint
Tuesday 2 nd July	18:30	TOM Long distance
Thursday 4 th July	18:30	TOM Middle distance
Friday 5 th July	18:30	TOM Relay

All TOMs will be broadcasted online as well. If you want to join the meeting online, e-mail to office@jwoc2024.cz until 16:00 on the respective day and you will receive the meeting link.

TOM presentation slides will be uploaded to IOF Eventor after the meeting. Questions for the TOM shall be sent by e-mail to office@jwoc2024.cz until 16:00 on the respective day and will be answered during the meeting.

11.5 NEW COMPETITION MAPS

Competition maps will be collected at the finish. New maps will be handed out to the team leaders at the Event Office in the arena after quarantine closing. On the last day of the event, the teams will receive maps when handing over all borrowed items to the organisers (SI cards, GPS harness, ...).

11.6 START NUMBER BIBS

All number bibs will be distributed at the quarantine zone of each race. Competitors must wear the number bib on their chest, and it must not be folded or cut. Please take your own safety pins with you and re-use them. Check that the bib is fixed properly, so that you don't lose it during the competition.







11.7 CONTROL DESCRIPTIONS

Control descriptions are in accordance with the IOF standard. The control descriptions will be available in the start corridor. The control descriptions are also printed on the competition maps. At the Sprint Relay and Relay, control descriptions are only printed on the map.

11.8 LATE STARTS

According to the IOF Rules 22.9-22.10.

11.9 QUARANTINE ZONE

When arriving at the quarantine, competitors and team officials must check in by showing their accreditation card and signing the list before the quarantine closes. No-one will be allowed into the quarantine area after the deadline.

The quarantine offers toilets and drinking water and fruit. Number bibs for self pick-up will be prepared in the quarantine. Competitors will receive their GPS unit in the quarantine too.

Transportation of bags from the quarantine to the team zone in the arena will be provided. Leave your marked bags in the marked quarantine tent. Please limit the size of your bags to avoid heavy transport. To be sure to have your bag at the team zone when arriving at the finish, you have to leave it at the marked quarantine tent at least 30 minutes before your start.

All competitors are strongly advised to perform the SIAC battery test and in the event of a low battery indication, to request an SIAC replacement at the quarantine check-in desk.

Setting up own team tents will be allowed (at all the quarantines except Sprint and Relay) but must stay open. Please respect the fairness rules in the quarantine and on the warm-up map. Coaches and competitors can leave quarantine at any time, but once they have left, they are not allowed to return.

Please be fair and remember the following important things:

- The use of mobile phones, computers or any communication device inside the quarantine is strictly forbidden. Random checks are possible.
- It is forbidden to bring any electronic devices (except watches) to the toilets or to the warm-up map area no matter if the device is turned on or not.
- It is not allowed to bring any maps into the quarantine zones.

11.10 PRE-START AND START

Only competitors registered for that race have access beyond the pre-start. Once the competitors pass the pre-start, they are not allowed to go back to the quarantine. Coaches are not allowed to follow the athletes beyond the pre-start. Toilets are available at the pre-start (except Sprint).

It is the competitor's responsibility to watch for her/his start time. Call-up at the pre-start is 3 minutes before the runner's start time for all individual races. There is also a clock showing competition time in the pre-start area. Special rules apply for the relay.

Detailed start procedure for individual races:

-3 min	Call up » Check SIAC number » Check start number » Clear SIAC
-2 min	» Check SIAC» pick up the control description sheet
-1 min	» SIAC check to verify proper functioning of SIAC touch-free punching mode
Start time	At the start beep, the competitor will be released by an official who is removing a hand from the map.
	It is the competitor's responsibility to start at the correct time. The competitor takes the map him/herself.

Runners are responsible for getting the correct control descriptions and map.

The start triangle is marked in the terrain by a control flag. The route to this flag is marked and is compulsory for the competitors to follow all the way to the start point. For specific details, see descriptions in each competition section.

11.11 COACHING ZONE

There will be a marked coaching zone at the Relay, but not at the other races.

11.12 REFRESHMENT POINTS

Refreshment points within Long distance courses will offer water (transparent cups) and sport drink <u>lonilyte</u> (dark brown cups).

Only water will be available for the Relay.

11.13 FINISH

The marked route from the last control to the finish must be followed.

The finishing time will be measured:

- when the competitor's chest crosses the finish line (only last Relay leg),
- when the competitor punches at the finish line (the rest).

After crossing the finish line, the athletes read out their primary SIAC card (in case of problem backup SIAC will be read), return the map and the GPS. Refreshments will be provided as well as access to first aid if needed. Two accredited coaches per team are allowed inside this finish zone. Athletes selected for anti-doping testing will be met here by their chaperones. Athletes then access the mixed zone on the way to the team zone. The current leader might be asked to take his/her place on the Leader Chair in the finish area. Please stay there until a new leader comes to the Leader Chair.

11.14 COOL DOWN AND TEAM ZONES

Cooling down is only allowed in the public part of the respective competition arena and the team zone. Except for Sprint Relay and Relay, cooling down is also possible along the access road to the arena outside the embargoed area. Fair play: It is strictly forbidden for team members to reenter the competition area until the competition is finished. Please stay inside the team zone or in the public part of the arena. The team zone will be equipped with tents, toilets and drinking water. Own team tents will be allowed in the team zone at the finish of forest races.

11.15 ABANDONING A RACE

Athletes who are forced to abandon a race must report to the finish staff and hand in their competition maps. A retiring athlete may not influence any other competitor.

11.16 MEDIA CONTROLS

During the competitions, athletes may encounter camera crews and media representatives in the terrain. Camera controls and intermediate time controls are not marked on the control descriptions. Athletes may also be followed by a running camera or by camera drones during the race. The drones will keep a proper distance from the athletes. There can be commercial signs in the terrain and they are not marked on the map.

11.17 SPECTATOR RACE MARKINGS

In some areas, there will be small control markings for the spectator competition "Czech O-Tour". The control numbers (101-220) will be different from control numbers used for JWOC.



11.18 COMPLAINTS AND PROTESTS

Complaints may only be made by team officials or competitors. A Complaint must be made in writing as soon as possible and handed in at the Event Office. There is no fee for a complaint. Complaints concerning results must be made no later than 15 minutes after the full preliminary results have been announced by the Speaker. An IOF Complaint form should be used, forms are available at the Event Office.

A Protest may be made against the organiser's decision about a Complaint. A protest may only be made by the team official or competitor who made the Complaint. Any Protest must be made in writing and handed in at the Event Office no later than 15 minutes after the organiser has informed the complainant of the decision about the Complaint. A Protest fee of 50 EUR must be paid to the IOF Senior Event Adviser when making a Protest. The fee will be returned if the Protest is accepted by the jury. When a Protest is signed by more than one Federation, each Federation shall pay the Protest fee.

11.19 CEREMONIES

Opening ceremony

The Opening ceremony will take place in the centre of Sprint relay-arena Plzeň: All national teams will be introduced during the opening ceremony. It is recommended to wear national team dress. Competitors will be briefly greeted and welcomed by guests and JWOC partners.

Flower ceremony

The Flower ceremony takes place always at the arena for the specific race. Times for flower ceremonies are given in the bulletin programme. During the flower ceremony, the first 3 competitors in both classes will be announced and will receive flowers.

Prize-giving ceremony

Locations and times for prize-giving ceremonies are given in the bulletin programme. As soon as the top-10 is decided, provisional results will be displayed on a results board at the Event Office, and the speaker will announce the start of the 15-minute complaint time. After the end of the complaint time, the prize-ceremony timing will be announced by the speaker. Athletes or teams ranked 1st to 6th shall be present at the prize-giving meeting point (entrance/exit of the team area) 10 minutes prior to the beginning of the respective ceremony. Athletes must be wearing their official National team dress and must not wear sunglasses or hats, or take with them water bottles or similar items. Final instructions to the participants will be given on site prior to the ceremony. The organizers kindly ask the National team members to be on site until the end of each prize-giving ceremony. We also kindly ask team members not to go to the stage for delivering flowers, bows and/or kisses to the podium athletes until after both ceremonies (men and women) have been completed.

At the prize-giving ceremony the first three in the results will receive medals, diplomas and prizes. Athletes placed 4th, 5th and 6th will receive diplomas.

Closing ceremony

The Closing ceremony will take place in the arena for Relay race. Competitors will be briefly greeted by guests and JWOC partners. The short ceremony will include handing over the IOF flag to the JWOC 2025 organizers from Italy - Trentino.

11.20 BANQUET

The banquet takes place in the Creative Zone <u>DEPO2015</u>, which was created as a pillar of the sustainability of the project Pilsen - European Capital of Culture 2015. The hall was the former depot of the city's transport companies.

In addition to the hall, we will use the café, DEPO market and community garden. DEPO2015 - Presslova 14, Jižní Předměstí, 301 00 Plzeň

Time: 20:00 - 23:00

Transport:

- By car: parking place next to the Creative zone https://mapy.cz/s/josadevepo
- By public transport: trolleybus stop "U Radbuzy"

Programme: Slide-show of photos and short movies projection from the Event; Pilsen O-disco.

Buffet, snacks and drinks (except hard alcohol) are free for competitors, coaches, media and VIP.

SECTION 12: EVENT INFORMATION

12.1 MODEL EVENTS

Technical model + Model event Sprint & Sprint Relay

Sunday June 30th, 15:30 - 17:30, School sports ground 1. ZŠ Plzeň (49.7816N, 13.3777E)

There is no official parking for this model event. You can take tram no. 1 from the Event Centre to the Okounová stop or use one of the nearby public parking lots.

Map: 1: 4 000, contour interval 2 m, ISSprOM 2019-2 Rev. 6, size: A5, laser print, surveyed by Martin Hejna

Orienteering flags + SI units are on controls. The purpose of this technical model event is to provide an example of the JWOC start and finish procedure, examples of the punching system as

well as the refreshment controls. Examples of marking artificial barriers and uncrossable objects are also included. Bring your SIAC with you. You can try the sport drink <u>lonilyte</u>.

It is possible to visit the model event area outside the dedicated time period, but no controls, barriers, refreshment and start and finish procedures will be set out, and some private and fenced areas will be closed.

Model event Long distance

Saturday June 29th, 10:00 - 20:00 and Sunday June 30th, 9:00 - 16:00, Hůrky village (49.7487N, 13.6893E)

Map: 1: 15 000, contour interval 5 m, ISOM 2017-2 Rev. 6, offset print, surveyed by Jan Potštejnský, Aleš Hejna.

Only orienteering flags are on controls. It is possible to visit the model event area outside the dedicated time period, but no controls will be set out.

The Model event area is excluded from the embargoed area from 29th June 2024.



Model event Middle distance & Relay

Thursday July 4th, 9:00 - 17:00, Dobříč village (Parking 49.8827N, 13.4656E, start 49.8865N, 13.4623E)

Map: 1: 10 000, contour interval 5 m, ISOM 2017-2 Rev. 6, offset print, surveyed by Aleš Hejna

Only orienteering flags are on controls. It is possible to visit the model event area outside the dedicated time period, but no controls will be set out.

The Model event area is excluded from the embargoed area from 29th June 2024.

12.2 SPRINT RELAY, MONDAY 1ST JULY 2024

Format

Four-member team relay, the first and last legs must be run by a woman. Forking is used. Each federation is allowed to have 3 teams at maximum. We ask the coaches to order their teams as follows: team number 1 from each federation should be the strongest one, followed by team number 2 and so on.

Teams with runners from different federations are allowed. These teams must be signed in personally at the Event Office or sent to office@jwoc2024.cz no later than June 30th 2024, 20:00 CET. Athletes who want to participate can also register on a waiting list, from which the organisers will form relay teams. Regular entry fee with no surcharge applies.

A continuous series of start numbers is not used, in order to get better forking. Numbers 10, 20, 30, ... up to 800 will be used.

Map

1 : 4 000, contour interval 2 m, ISSprOM 2019-2 Rev. 6, size: A3, surveyed by Aleš Hejna, laser print by Žaket Praha, paper Color Copy 120 g/m2

Maps are in plastic bags.

Special symbols:

- ISSprOM 531 Prominent man-made feature (black cross) = playground element
- ISSprOM 530 Prominent man-made feature (black ring) = flag pole

Some of the canopies are drawn without a border line in order to increase legibility (See Sprint model map).



Course lengths, running times

Women (legs 1 and 4): 3.0 - 3.1 km, 70 m climb, 21 controls Men (legs 2 and 3): 3.5 - 3.6 km, 80 m climb, 24 controls

Expected winning time: 55 minutes per team.

Maximum running time: 120 minutes per team.

Control descriptions

Control descriptions are printed only on the competition map. No separate control descriptions will be available.

Special items (International Specification for Control Descriptions):

- 6.1 black cross (x) = playground element
- 6.2 black ring (o) = flag pole

Terrain

The predominant part of the terrain consists of a flat residential area with large buildings and school areas from the 1980s. Dead-end streets with low traffic, parking lots filled with cars, asphalt pavements and lawns. Furthermore a sloping park with an elevation of 30 m.

Visibility and runnability are very good.

Surface: 45 % asphalt or other hard surface, 55 % grass.

There might occur some run through a building, marked on the map as 522 Canopy. Unused parts of the interiors will be taped, marked on the map as 521 Building. A relevant example will be shown during the model event.

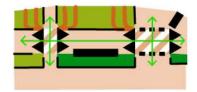
Artificial barriers, uncrossable objects

Any objects drawn in the map by symbols listed in IOF Competition Rules, 17.2. are forbidden to cross. There are also some artificial barriers built in the area. Symbols 518 (Uncrossable fence) or 708 (Out-of-bounds barrier) are used to depict artificial barriers with respect to the maximal legibility of the map. The symbol 411 Uncrossable vegetation is not used on the map.

Metal fences with red-white tape cross or at least two horizontal red-white tapes are used. Potentially dangerous areas might be highlighted by tape for safety reasons. In such situations black-yellow tape is used.

Multi-level structures

There are only basic multi-level structures in the area - a simple bridge with possible run on or underneath. The multi-level structures are mapped according to the ISSprOM 2019-2 specification.



Traffic

Traffic is infrequent in most parts of the terrain, but there can be cars, bicycles and pedestrians passing through the terrain. Take care.

There is a 40 m long compulsory passage with a street crossing from control point no. 80. Traffic on the road will be controlled by the organisers. Follow their instructions.

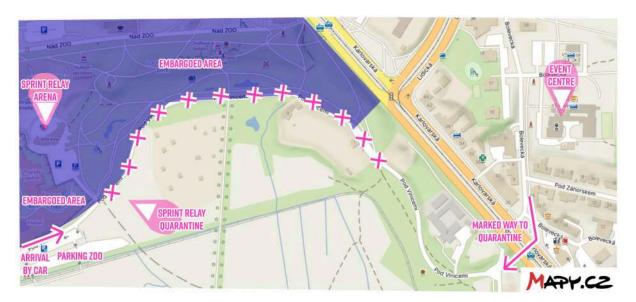
Ouarantine

The meadow near Pilsen ZOO, 49.7582N, 13.3628E. Access is only possible from the south or west. We recommend walking 1.5 km from the event centre. The recommended route will be marked with blue and white tapes. The quarantine is open from 14:45.

There is no parking for teams near the quarantine. You can only park in the paid parking lot of the ZOO (if it is not full - no free capacity quaranteed!).

No warm-up map available.

Coaches can leave quarantine at any time, but once they have left, they are not allowed to return.



Check-in

By signing-in at the quarantine by 15:45 at the latest.

Assembly area

The assembly area for runners before their leg is in the quarantine zone (northern end of the

quarantine).

The SIAC clear, SIAC check and SIAC test units are in the assembly area.

All runners will leave the assembly area and follow the guide to the pre-start 12 min before the mass start or expected first changeover of the respective leg $(16:03 - 1^{st} leg, 16:16 - 2^{nd} leg, 16:30 - 3^{rd} leg, 16:44 - 4^{th} leg)$.

Pre-start

Distance from the quarantine to the pre-start: 100 m, 0 m climb. Coaches are not allowed at the pre-start.

The runner takes his rolled map from the map wall. It is not allowed to open the roll before the mass start / changeover. Reserve maps are ready near the map wall. Please contact the staff at once if you find that your map is not on the map wall any more.

Limited warm-up possibilities. Emergency toilet available upon request to a staff member (without a map!)

Mass start (16:15)

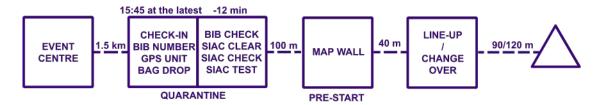
Competitors will be guided from the pre-start to the start line 6 min before the mass start. Listen to the commands of the start official. The line-up on the start line will be marked with the number on the ground. The start signal will be given by the start official. Early start leads to disqualification. Distance from the start line to the map start: 90 m.

Changeover

There is a control point located at the pre-start. The runner should move from the pre-start when his team-mate passes this control. There is only some 40 - 60 seconds of running between pre-start control and changeover, the walking distance from the control to the changeover for the waiting runner is 40 metres! Please move quickly to the changeover while maintaining the order of runners going there. There are up to 76 teams at the start, which makes the changeover rather busy. Thank you for your cooperation in making the changeover as smooth as possible.

The changeover is done by hand touch across a separation barrier after crossing the finish line. The outgoing runner is allowed to open the map immediately after the changeover.

Distance from the changeover to the map start: 120 m.



Mass start for slow running teams

The mass start for the remaining unstarted runners will be at approx. 17:20.

Arena passage, coaching zone

There is an arena passage in the second half of the leg. The arena passage is not visible from the prestart. There is no coaching zone.

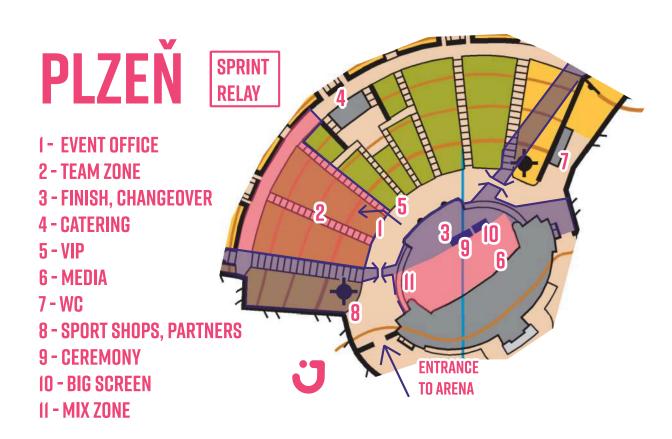
Finish/Arena

Lochotin amphitheatre in Pilsen, 49.7599N, 13.3610E

Coaches and non-competing runners can travel by team cars to the arena using the paid parking lot of the ZOO (no free capacity guaranteed!). We recommend walking 1.7 km from the event centre to the arena. The recommended route is the same as for quarantine. It will be marked with blue and white tapes.

It is possible to enter the arena only after the quarantine deadline at 15:45.

There is a team zone with a small cool-down area. It is only allowed to cool-down in the team zone and arena. Shelter is available. **It is not allowed to leave the arena before the end of the race**. Teams will be allowed to walk back to the Event Centre, after the prize-giving ceremony,through the embargoed area.



12.3 SPRINT, TUESDAY 2ND JULY 2024

Format

Individual race with a 1-minute start interval.

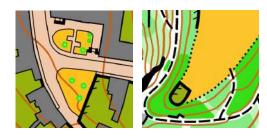
Map

1 : 4 000, contour interval 2 m, ISSprOM 2019-2 Rev. 6, size: A4, surveyed by Aleš Hejna, laser print by Žaket Praha, paper Color Copy 120 g/m2

Maps are in plastic bags.

Special symbols:

ISSprOM 530 Prominent man-made feature (black ring) = flag pole



Course lengths, running times

Women: 3.2 km, 70 m climb, 17 controls Men: 3.5 km, 80 m climb, 17 controls

Expected winning time: 13:30 minutes

Maximum running time: 30 minutes.

Control descriptions

Separate control descriptions are handed out in the second start box. Maximum size $170 \times 60 \text{ mm}$. Control descriptions are printed on the competition map as well.

Special items (International Specification for Control Descriptions):

• 6.2 ring (o) = flag pole

Terrain

The predominant part of the terrain is in the city centre. Network of streets and footpaths mainly with a paved or asphalt surface. Furthermore a city park and sports fields. There is a slope with an elevation of up to 40 m.

Visibility and runnability are very good.

There might occur some run through a building, marked on the map as 522 Canopy. Unused parts of the interiors will be taped, marked on the map as 521 Building.

Surface: 80 % asphalt or other hard surface, 20 % grass (somewhere on a steep slope!)

Artificial barriers, uncrossable objects

Any objects drawn in the map by symbols listed in IOF Competition Rules, 17.2. are forbidden to cross. There are also some artificial barriers built in the area. Symbols 518 (Uncrossable fence) or 708 (Out-of-bounds barrier) to depict artificial barriers with respect to the maximal legibility of the map. The symbol 411 Uncrossable vegetation is not used on the map.

Metal fences with red-white tape cross or at least two horizontal red-white tapes are used. At some places the metal fences may be arranged to enable local inhabitants to pass through, see picture. These are not ways through for competitors.

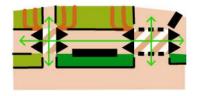


Uncrossable barrier (symbol 518 or 708) for competitors but enabling pass through for inhabitants

Potentially dangerous areas might be highlighted by tape for safety reasons. In such situations black-yellow tape is used.

Multi-level structures

There are only basic multilevel structures in the area - a simple bridge with possible run on or underneath. The multilevel structures are mapped according to the ISSprOM 2019-2 specification.



Traffic

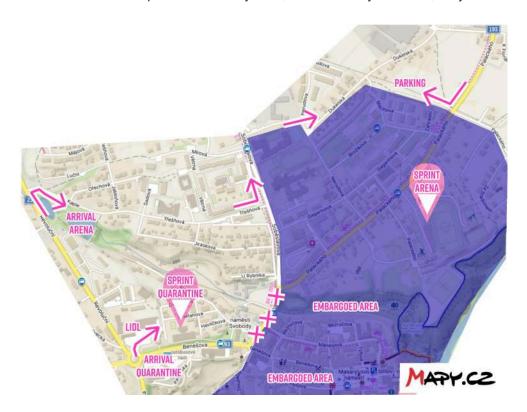
Traffic is infrequent and partially limited for the race time in most parts of the terrain, but there can be cars, bicycles and pedestrians passing through the terrain. Take care.

Ouarantine

Stříbro, 49.7543N, 12.9982E. Access by car only from the west via the car park of the LIDL store (49.7543N, 12.9965E). Parking in the streets next to the quarantine - follow the organisers' instructions.

The quarantine is open from 8:30. It is located in the gym and in the school classrooms. Outdoor area for warm-up is also available. No warm-up map available. No team tents are allowed.

Coaches can leave quarantine at any time, but once they have left, they are not allowed to return.



Check-in

By signing-in at the quarantine by 9:30 at the latest.

Pre-start

Distance from the quarantine to the pre-start: 250 m, 0 m climb. Competitors leave quarantine 6 min before their start time.

The route to the pre-start is mandatory and marked with blue and white tapes. There is no toilet at the pre-start.

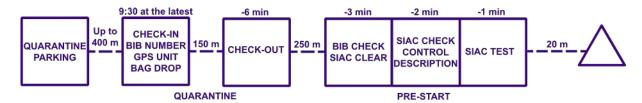
Once competitors leave the quarantine towards the pre-start, they are not allowed to go back. Coaches are not allowed to follow the athletes beyond the quarantine check-out.

Start

First start: 10:00

Estimated last start: 12:55

Distance from the start line to the start point: 20 m.



Arena passage, coaching zone

Last controls are visible from the arena. Respect the boundary of the competition area formed by a fence or marked with red and white tape. There is no coaching zone or compulsory arena passage.

Finish/Arena

The Baník stadium in Stříbro, 49.7573N, 13.0083E

Coaches and non-competing runners can travel by team cars to the arena using the spectator parking (400 m walk to the arena). The same applies to coaches who travel from quarantine to the arena.

It is possible to enter the arena only after the quarantine deadline at 9:30.

There is a team zone with a shelter and toilets. It is allowed to cool-down in the team zone, the arena and on the marked path to the parking area.



12.4 LONG DISTANCE, WEDNESDAY 3RD JULY 2024

Format

Individual race with a 2-minute start interval.

Map

1 : 15 000, contour interval 5 m, ISOM 2017-2 Rev. 6, size: A3, surveyed by Jan Potštejnský and Aleš Hejna, offset print by Žaket Praha, paper G-Print 115 g/m2

Maps are in plastic bags.

Prominent trees (symbols 417, 418) are mapped only in Open land. Rootstocks are not mapped.



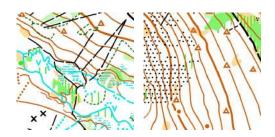


Not mapped in a forest

Not mapped

Special symbols:

- ISOM 531 Prominent man-made feature (black cross) = man-made feature
- ISOM 530 Prominent man-made feature (black ring) = flag pole
- ISOM 115 Prominent landform feature (brown triangle) = small platform



Course lengths, running time

Women: 9.6 km, 480 m climb, 16 controls, 2 refreshment points Men: 11.5 km, 560 m climb, 19 controls, 2 refreshment points

Expected winning time: 70 minutes

Maximum running time: 180 minutes

<u>Important note:</u> Map exchange for Men.

The refreshments are placed according to the IOF competition rules. Water and Sports drink lonilyte. Drinks can be tested at the technical model event.

Control descriptions

Separate control descriptions are handed out in the second start box. Maximum size 170 x 60 mm. Control descriptions are printed on the competition map as well.

Special items (International Specification for Control Descriptions):

• 6.2 ring (o) = flag pole

Terrain

Mostly hilly; little flat terrain. Altitude 430 - 630 m above sea level. Local terrain detail (erosion gullies, remains of mining or military activity). Rocks and stones in places high up on the hills.

Mostly coniferous forest (spruce), in some parts with a larger number of clearings. Visibility and runnability are mostly good. In some places runnability is slowed by thickets, undergrowth or a rocky surface. There are many paths.

There are remains of a fence in a few places. See picture.



Not mapped

A larger stream flows through the competition area. The depth to stream bottom 0.2 - 0.4 m, locally could be deeper, up to 1 m. Crossing is allowed anywhere.

Competitors will cross a busy road. There is a 90 m long compulsory passage from the previous control point. Traffic on the road will be controlled by the organizers. Follow their instructions.

Uncrossable objects

Fences drawn in the map by symbol ISOM 518 Impassable fence are forbidden to cross.

Quarantine

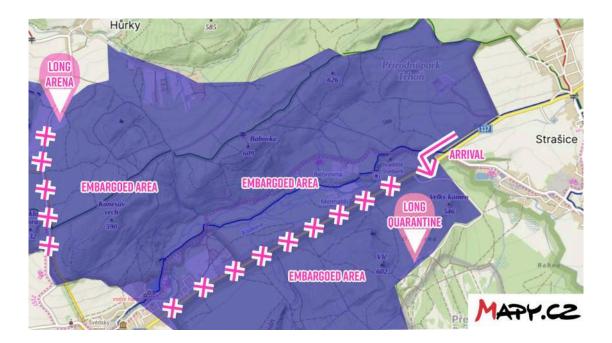
Meadow near the village of Strašice, 49.7210N, 13.7300E. The quarantine is open from 7:45.

Arrival via road No. 117 **only from the east** to the coordinates 49.7311881N, 13.7313608E, then south 2.2 km by car and 200-300 m on foot. We recommend Arrival to quarantine: Highway D5, exit 50, Medový Újezd - Strašice. Way from quarantine to the Long Arena: Strašice - Medový Újezd - Holoubkov - Hůrky. Straight Arrival to Long Arena from Plzeň: Highway D5, exit 62, Rokycany - Svojkovice - Hůrky.

Notice:

- The access from the road No. 117 to the parking is narrow, therefore it will only be possible to arrive until 8:50, and leave after that time..
- The roads Strašice Dobřív and Dobřív Hůrky pass through the embargoed area. It is
 forbidden to drive to the quarantine or back through Dobřív. It is possible to take the route
 Medový Újezd Strašice or Holoubkov Strašice.

Coaches can leave quarantine at any time, but once they have left, they are not allowed to return.



Check-in

By signing-in at the quarantine by 8:50 at the latest.

Warm-up map

You can use a warm-up map without controls. You are not allowed to leave the area marked on the warm-up map, the area of the warm-up map is considered as part of the guarantine.

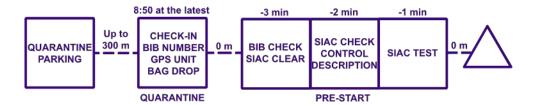
Start

The location is visible from the quarantine zone. Distance from quarantine to start: 0 m, 0 m climb.

First start: 9:00

Estimated last start: 14:40

Distance from the start line to the start point: 0 m.



Arena passage, coaching zone

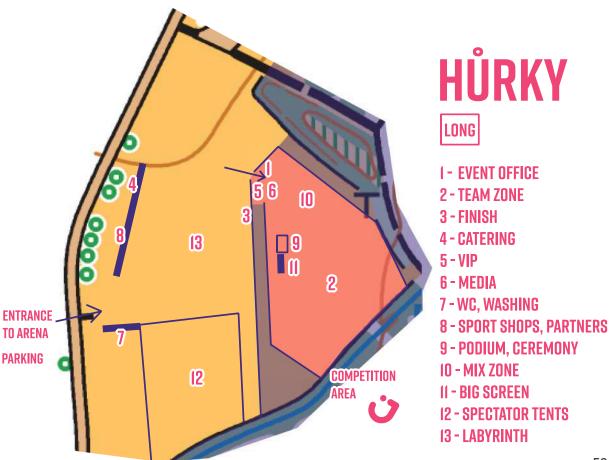
Only the last control and finish are visible from the arena. Respect the boundary of the competition area, don't enter the forest. There is no coaching zone or compulsory arena passage.

Finish/Arena

Meadow near the village of Hurky, 49.7364N, 13.6787E

Coaches and non-competing runners can travel by team cars to the arena using the spectator parking near the arena. The same applies to coaches who travel from quarantine to the arena.

There is a team zone with a shelter and toilets. It is allowed to cool-down in the team zone, arena or parking area.



12.5 MIDDLE DISTANCE, FRIDAY 5TH JULY 2024

Format

Individual race with a 2-minute start interval.

Map

1 : 10 000, contour interval 5 m, ISOM 2017-2 Rev. 6, size: A4, surveyed by Aleš Hejna, offset print by Žaket Praha, paper G-Print 115 g/m2

Maps are in plastic bags.

Prominent trees (ISOM symbols 417, 418) are mapped only in Open land. Rootstocks are not mapped. See chapter 12.4 for examples.

Special symbols:

- ISOM 531 Prominent man-made feature (black cross) = small man-made feature
- ISOM 115 Prominent landform feature (brown triangle) = small platform



Course lengths, running time

Women: 3.8 km, 145 m climb, 14 controls Men: 4.8 km, 175 m climb, 19 controls

Expected winning time: 25 minutes Maximum running time: 80 minutes

Control descriptions

Separate control descriptions are handed out in the second start box. Maximum size 170×60 mm. Control descriptions are printed on the competition map as well.

Terrain

Moderately hilly to flat. Altitude 350 - 500 m above sea level. Local terrain detail (erosion gullies, remains of mining).

Mostly coniferous forest (spruce, pine). Visibility and runnability are mostly very good. There are many paths.

Uncrossable objects

Fences drawn in the map by symbol ISOM 518 Impassable fence are forbidden to cross.

Ouarantine

Meadow near the village of Hromnice, 49.8612N, 13.4281E. Parking next to the quarantine - follow the organisers' instructions. The quarantine is open from 7:45.

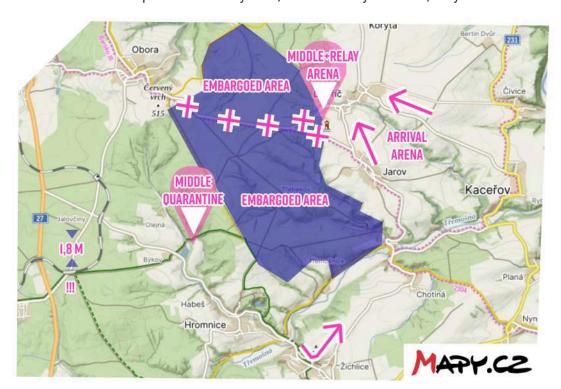
Notice:

 Beware of the low car underpass on the road near Horní Bříza (49.8554N, 13.3948E) - only for vehicles up to 1.8 m high!



- The access from the road (49.8588N, 13.4232E) to the parking is narrow, therefore it will only be possible to arrive until 8:50 (when the quarantine is closing) and leave later.
- The road from Obora to Dobříč passes through the embargoed area. It is forbidden to drive to the arena through Obora.

Coaches can leave quarantine at any time, but once they have left, they are not allowed to return.



Check-in

By signing-in at the guarantine by 8:50 at the latest.

Warm-up map

You can use a warm-up map without controls. You are not allowed to leave the area marked on the warm-up map, the area of the warm-up map is considered as part of the quarantine.

Pre-start

Distance from the quarantine check-in to the quarantine check-out (end of the warm-up map): 600 m, 40 m climb (not marked).

Distance from the quarantine check-out to the start: 800 m, 20 m climb. Marked with blue and white tapes. Don't leave the marked route!

Competitors check-out from the quarantine 15 min before their start time.

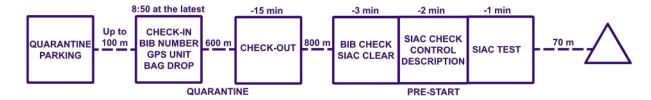
Once competitors leave the area of the warm-up map towards the pre-start, they are not allowed to go back to the quarantine. Coaches are not allowed to follow the athletes beyond the quarantine check-out. Emergency toilets are available at the pre-start.

Start

First start: 9:00

Estimated last start: 14:48

Distance from the start line to the start point: 70 m



Arena passage, coaching zone

Only the last control and finish are visible from the arena. Respect the boundary of the competition area, don't enter the forest. There is no coaching zone or compulsory arena passage.

Finish/Arena

The football field in Dobříč, 49.8814N, 13.4616E

Coaches and non-competing runners can travel by team cars to the arena using the spectator parking near the arena. The same applies to coaches who travel from quarantine to the arena. The road from Obora to Dobříč passes through the embargoed area. It is forbidden to drive to the arena through Obora.

There is a team zone with a shelter and toilets. It is allowed to cool-down in the team zone, arena or parking area.



12.6 RELAY, SATURDAY 6TH JULY 2024

Format

Relay men and women with 3 legs, mass start. Forking is used. Each federation is allowed to have 2 men's and 2 women's teams at maximum. We ask the coaches to order their teams as follows: team number 1 from each federation should be the strongest one.

Teams with runners from different federations are allowed. These teams must be signed in personally at the Event Office or sent to office@jwoc2024.cz no later than July 5th 2024, 17:00 CET. Athletes who want to participate can also register on a waiting list, from which the organisers will form relay teams. Regular entry fee with no surcharge applies.

A continuous series of start numbers is not used, in order to get better forking. Numbers 1, 8, 15, ... up to 400 will be used for Men and 505, 512, 519, ... 855 for Women.

Map

1:10 000, contour interval 5 m, ISOM 2017-2 Rev. 6, size: A4, surveyed by Aleš Hejna, laser print

by Žaket Praha, paper Color Copy 120 g/m2

Maps are in plastic bags.

Prominent trees (ISOM symbols 417, 418) are mapped only in Open land. Rootstocks are not mapped. See chapter 12.4 for examples.

Special symbols:

- ISOM 531 Prominent man-made feature (black cross) = small man-made feature
- ISOM 115 Prominent landform feature (brown triangle) = small platform

Course lengths, running time

Women: 5.5 km, 110 m climb, 13-14 controls, 1 refreshment point Men: 6.5 km, 140 m climb, 18-20 controls, 1 refreshment point

Expected winning time: 105 minutes per team Maximum running time: 240 minutes per team

The refreshment points are placed according to the IOF competition rules. Only water will be available.

Control descriptions

Control descriptions are printed only on the competition map. No separate control descriptions will be available.

Terrain

Moderately hilly to flat. Altitude 350 - 500 m above sea level. Local terrain detail (erosion gullies, remains of mining).

Mostly coniferous forest (spruce, pine). Visibility and runnability are mostly very good. There are many paths.

Uncrossable objects

Fences drawn in the map by symbol ISOM 518 Impassable fence are forbidden to cross.

Ouarantine

Dobříč, culture house (indoor) 49.8835N, 13.4661E. Parking in the meadow near the arena (49.8827N, 13.4656E) - follow the organisers' instructions. The quarantine is open from 7:45. It is forbidden to enter the building in shoes with metal dobbs or spikes.

Outdoor area for warm-up is also available. No warm-up map available. No team tents are allowed.

The quarantine for the 1st leg of the men's relay is at the pre-start next to the arena (49.8805328N,

13.4628625E). Number bibs and GPS units for men's 1st leg will be prepared in the pre-start zone.

Coaches can leave quarantine at any time, but once they have left, they are not allowed to return.

Check-in

By signing-in at the quarantine by 8:50 at the latest (1st leg of the men's relay at the pre-start by 8:30 at the latest).

Pre-start

Distance from the quarantine to the pre-start: 550 m, 25 m climb.

The assembly area for runners before their leg is in the quarantine zone (outside part of the quarantine). All runners of the respective leg will leave the assembly area and follow the guide to the pre-start 20 min before the mass start (women only) or expected first changeover of the respective leg (9:15 - 2nd leg men, 9:50 - 3rd leg men, 10:40 - 1st leg women, 11:15 - 2nd leg women, 11:50 - 3rd leg women). Coaches are not allowed in the pre-start area.

The pre-start offers tents, toilets, drinking water and a warm-up area. No warm-up map available.

Mass start (9:00 men, 11:00 women)

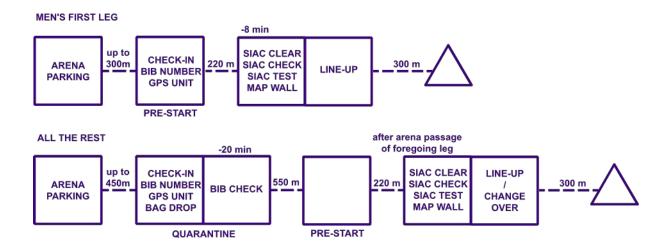
Competitors will be guided from the pre-start to the start line 8 min before the mass start. Listen to the commands of the start official. There will be SIAC clear, SIAC check and SIAC test units between the pre-start and the start line. Maps for the 1st leg will be prepared on the start line on the ground with the back side up. Start number and number of leg will be printed on the back side of the map. It is not allowed to take the map before the mass start. The start signal will be given by the start official. Early start leads to disqualification. Distance from the start line to the map start: 300 m.

Changeover

The runner should move from the pre-start when his team-mate passes the arena passage. The distance from the pre-start to the changeover is 220 m. There will be SIAC clear, SIAC check and SIAC test units and a map wall between the pre-start and the changeover. The runner will take his rolled map from the map wall. It is not allowed to open the roll before the changeover. Reserve maps are ready near the map wall. Please contact the staff at once if you find that your map is not on the map wall any more.

The changeover is done by hand touch across a separation barrier after crossing the finish line. The outgoing runner is allowed to open the map immediately after the changeover.

Distance from the changeover to the map start: 300 m.



Mass start for slow running teams

The mass start for the remaining unstarted runners will be at approx. 12:50.

Warm-up clothes

May be left at the pre-start. It is possible to pick them up after the mass start for slow running teams.

Arena passage, coaching zone

All runners have an arena passage 3 - 5 minutes before the finish of the leg. There is a compulsory route from the previous control to the south-east corner of the arena where navigation starts again (there is no start point on the map or in the terrain). The end of the arena passage is visible from the pre-start.

The control before the arena passage is identical to the last control. There is also the same compulsory route from the last control, but in the south-east corner you turn left to the changeover or to the finish (see **Arena Dobříč – 12.5**)

There will be a marked coaching zone along the arena passage. Team coaches can hand out personal refreshments. It is forbidden to pass any information related to courses to the athletes. Coaches will be able to return to the team zone.

Finish/Arena

The football field in Dobříč, 49.8814N, 13.4616E

Coaches and non-competing runners can travel by team cars to the arena using the spectator parking near the arena. The same applies to coaches who travel from quarantine to the arena.

There is a team zone with a shelter and toilets. It is only allowed to cool-down in the team zone and arena. It is not allowed to leave the arena before the end of the race.

Arena Dobříč - see 12.5

SECTION 13: SPECTATORS AND CZECH O-TOUR

We would like to invite fans, spectators and the sporting public to participate in the accompanying Czech O-Tour races, which will offer courses for all age categories, with different levels of orienteering difficulty. 4 races will be prepared in attractive terrain between July 3 - 6 2024. More detailed information is below and at o-tour.cz

Date	Czech O-Tour	First start	Arena	JWOC Programme
2 nd July	Prologue - Sprint	13:30	Stříbro	Sprint
3 rd July	E1 - Middle	14:00	Hůrky	Long
4 th July	E2 - Long	10:00	Hůrky	-
5 th July	E3 - Long	10:00	Dobříč	Middle
6 th July	E4 - Middle	14:00	Dobříč	Relay

SECTION 14: TICKETS TO THE ARENA

Since the JWOC is one of the events monitored by the Czech National Sports Agency, they want us to issue tickets like other sports. Let's show them that even orienteers can pay for an extraordinary experience. For 20 CZK | 1 EUR you can buy **JWOC stickers**, different for each day. Please, come with us. Please buy your ticket at the entrance to the arena. **Accredited persons have free entry.**

SECTION 15: PARTNERS AND SPONSORS

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NOTES

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