



PreO i Väst 2024

Göteborg Sweden September 20-22 2024

Bulletin 1



Five international TrailO competitions organized by IK Uven,
OK Landehof and Göteborg-Majorna OK

WRE, ECTO, Nordic Match and Swedish Cup



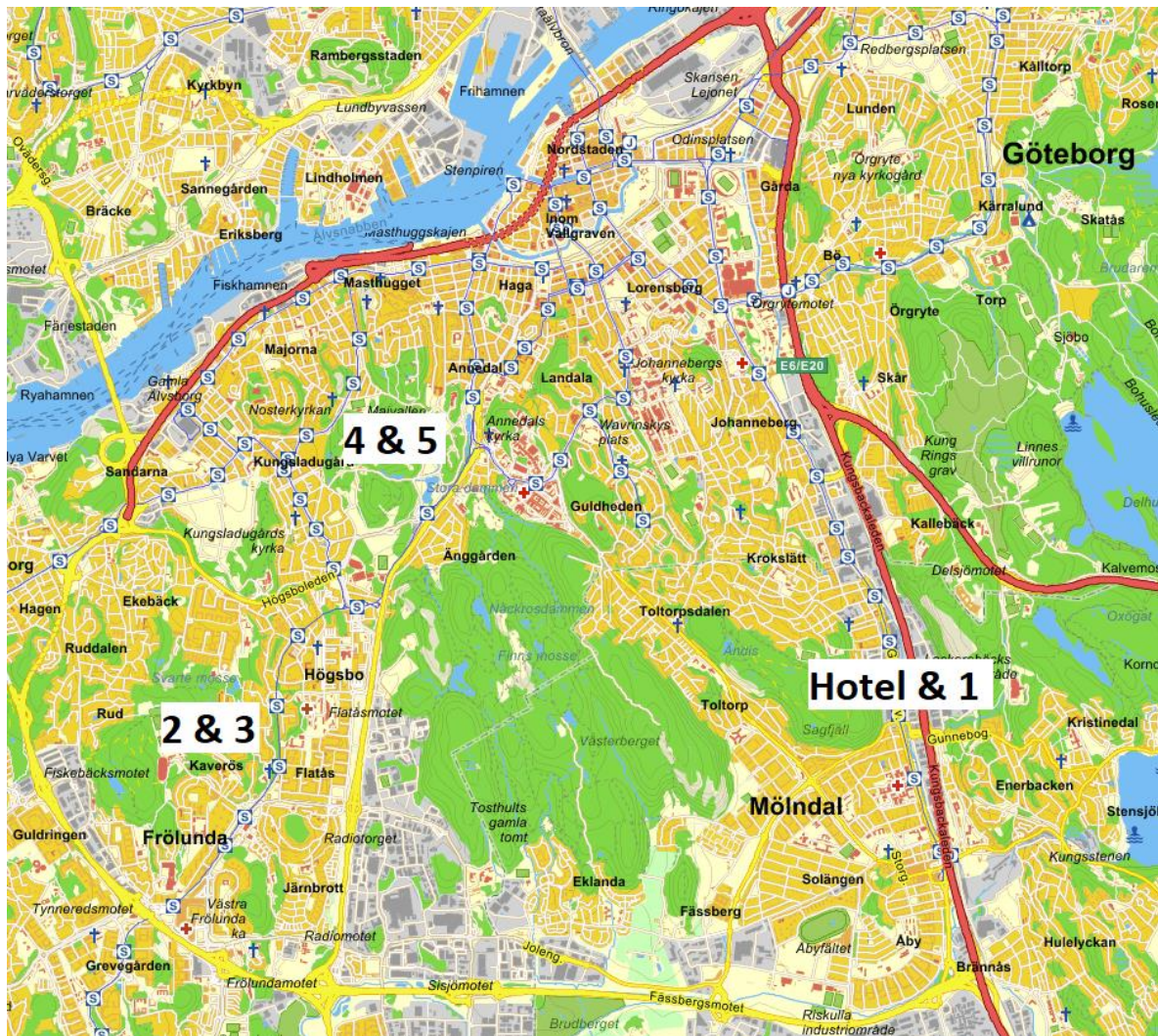
Welcome to PreO i Väst and Nordic Match 2024

We are happy to welcome you to Göteborg and PreO i Väst 2024. This year includes the Nordic Match, WRE, ECTO and Swedish Cup. The organizing clubs Göteborg-Majorna OK, IK Uven and OK Landehof are ready to welcome you and ensure a pleasant weekend.

Organizing Team

Event Director	Elsi-Brith Jodal
Corse setter	William Rex (Friday) Anton Hemlin (Saturday) Anders Høije (Sunday)
IOF Event Adviser	Gudrun Broman (TempO) William Rex (PreO)

Location and transport



All five competitions are located close to central Göteborg. Parking will be available

close to the arenas. Public transport can easily be used to travel to all Arenas, walking distance from nearest tram stop is less than 1 km.
Göteborg Landvetter airport is located 25 km from the city center. Airport buses are available so no rental car is needed.

Event Program

#1 Night Sprint

Date Friday September 20
Location Safjället, Mölndal
Course setter William Rex
Classes Elite, A
Swedish Eventor <https://eventor.orientering.se/Events/Show/49991>

#2 Tempo

Date Saturday September 21
Location Ruddalen, Göteborg
Course setter Anton Hemlin
Classes Elite, A
IOF Eventor (for Elite) <https://eventor.orientering.org/Events/Show/7955>
Swedish Eventor <https://eventor.orientering.se/Events/Show/47071>

#3 PreO

Date Saturday September 21
Location Ruddalen, Göteborg
Course setter Anton Hemlin
Classes Elite, A, B, C
IOF Eventor (for Elite) <https://eventor.orientering.org/Events/Show/7956>
Swedish Eventor <https://eventor.orientering.se/Events/Show/47070>

#4 Sprint

Date Sunday September 22
Location Slottsskogen, Göteborg
Course setter Anders Höije
Classes Elite, A
Swedish Eventor <https://eventor.orientering.se/Events/Show/47073>

#5 PreO

Date Sunday September 22
Location Slottsskogen, Göteborg
Course setter Anders Höije
Classes Elite, A, B, C
IOF Eventor (for Elite) <https://eventor.orientering.org/Events/Show/7957>
Swedish Eventor <https://eventor.orientering.se/Events/Show/47072>

WRE, ECTO, Nordic Match and Swedish cup

	1 Night Sprint	2 TempO	3 PreO	4 Sprint	5 PreO
WRE		X	X		X
ECTO			X		X
Nordic Match		X	X		X
Swedish Cup		X			
PreO i Väst total (3 best)	X	X	X	X	X

Classes and Competition rules (Nordic Match)

Nordic Match, team competition: National teams with 5 athletes in each team.

We recommend Nordic Match teams to be chosen that have, if possible, at least one member with certificate to P-class.

Nordic Match, individual: Elite

Other classes A, B, C

The athlete and team with the best combined result from the three PreO/TempO competitions will win the Nordic Match in respectively the individual and team competition. Details on how to count the result for the Nordic Match will be in Bulletin 2.

Every Nordic nation may have max two teams.

Other countries (or any group of athletes) may also have teams. These teams can win the team competition, but they cannot win the Nordic Match trophy.

The competitions will follow the rules for IOF Trail Orienteering Events. The latest version of the rules is available for download on the IOF website

<https://orienteering.sport/>

Entries and entry fees

Visit the Eventor page for each competition for your entry.

Entry fee for each competition	Adult	Up to 16 years old
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Elite Class TempO / PreO	25€ / 275 SEK	25€ / 275 SEK
A,B,C Class TempO / PreO	15€ / 165 SEK	10€ / 110 SEK
All Classes Sprint	10€ / 110 SEK	5€ / 55 SEK

Foreign competitors pay in advance;

IBAN: SE94 8000 0000 0750 7210 1991, BIC: SWEDSESS

(Account Holder: OK Landehof, Country: Sweden, Bank: Swedbank AB, Sundbyberg)

Latest entry to all competitions is on **Sunday September 15th**.

Late entry is possible until Wednesday September 18 th, entry fee is 50% extra. Late entry is also possible in non Elite classes on the competition day if there are enough maps.

Start procedure and start times

In order to have time for two competitions on both Saturday and Sunday the competitions will be in the same area and the start of the second competition will be near the finish of the first competition. I.e when you have finished the TempO competition you go to the start of the PreO and have a break for as long as you like before you start the PreO course. Same procedure on Sunday where the Sprint course is on the way from the arena to the PreO-start.

The startlist on the first competitions on Saturday and Sunday will be divided into start groups. The early start group will preliminary start at 9, the intermediate at 11 and the late at 12. All competitors in the Nordic match will be in the late start group.

All competitors that are not in the Nordic match will have the possibility to choose their start group when they enter.

Maps and Punching System

More information in bulletin 2.

Food and beverages

Lunch from vegetarian salad is served on both Saturday and Sunday competitions. Orders can be made as an extra service at the entry in Eventor, price 7€ / 80 SEK.

There will be sandwiches, snacks and beverages for sale at the Arena on Saturday and Sunday.

Embargoed Areas



Recommended Accommodation

The competition management has signed an agreement with Quality Hotel The Weaver for participants arriving on September 20 and departing on September 22.



Quality Hotel™ The Weaver
Mölndal, Sverige

The hotel is located on the border between Göteborg and Mölndal, with good public transport connections and ample parking spaces. The address is Göteborgsvägen 91.

The hotel has several wheelchair-accessible rooms.

Read more about the hotel: [click here](#)

The price for the rooms are:

Standard single room: 750 SEK/night

Standard double room: 850 SEK/night

The standard rooms have either a 160 cm double bed or 2 single beds.

Breakfast buffet and Wi-Fi are included in the price.

Room booking is done via the following link: [Click here](#)

Please contact the hotel directly if you need an accessible room.

Before you complete your booking via the link, you can fill in your needs under "Special requests" so that we receive this information. There you can note if you require a wheelchair-accessible room or similar.

To get these special prices, rooms must be booked no later than August 21.

After that, the regular price applies.

Payment is made directly to the hotel.

Social Event

We will organize a social event on Saturday evening, more information in Bulletin 2.

Contact

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