

Bulletin 3

ORIENTEERING WORLD CUP FINALS 25.-29. 9.2024 KUOPIO/FINLAND

Welcome to Kuopio – the capital of good living!

I am delighted to welcome all competitors and participants in the orienteering World Cup event to the Kuopio region. The setting and scenery in Northern Savonia and Kuopio provide the race with a unique element and make it an unforgettable experience. Kuopio region is a clean and safe but versatile place to run the race. The water and air quality are one of the best in the world and they will boost the performances to the best.

Kuopio is the 8th biggest city in Finland, with nearly 123,000 inhabitants. Kuopio residents are statistically very satisfied with the recreational opportunities and residential environment of their hometown. In addition to the World Cup you are welcomed to Kuopio Market Place or “Mualiman napa” “The center of the Universe, as we locals call it.

Looking forward to seeing you in September 2024!”

Soile Lahti
Mayor of Kuopio



Welcome

ROUTE-MAP-TO-WOC2025, KUOPIO is reaching its exciting last stages while all the best athletes meet at Northern Savonia terrain and will decide the overall World Cup winners for the long orienteering season 2024. This late season event will set the pace for preparations towards the WOC2025 and winners will have to bear the biggest pressure over the soon starting long training season all the way until our reunion Mid July next year at Kuopio-Tahko.

While testing the abilities to adjust orienteering technique and running pace to Northern Savonia terrain and to fellow competitors, it is also a good opportunity to familiarise local organising practices, mapping style and course setting principles by visiting our training camps or enjoying the variety of training packages.

Organising orienteering events like the World Cup is never possible without full support from landowners and rights holders, so our special thanks for the good cooperation go to the local village community in Lastukoski.

You are most welcome to Finland, Northern Savonia and Kuopio-Tahko – let the best orienteers take home the overall victories of the season!

Jari Kymäläinen

Event Director,

Orienteering World Cup, Final Round 2024



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1. ORGANISATION AND CONTACT

Event Director	Jari Kymäläinen	jari.kymalainen@woc2025.fi
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Event office
Break Sokos Hotel Tahko
73310 Tahkovuori
[Google Maps](#)

General information
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Sakari Hyvönen
+358 452314747
info@woc2025.fi

www.woc2025.fi
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WOC Senior Event Adviser	Ivar Maalen (NOR)
National controller	Jaakko Lajunen (FIN)
Assistant controller	Simo Martomaa (FIN)
Assistant controller	Pekka Hiltunen (FIN)



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KUOPIO



Pohjola Vakuutus

Hertz

GRANO

SAVON
SANOMAT



OP Pohjois-Savo

SUUNNISTAJAN
KAUPPA

Hope



2. EVENT PROGRAMME

WEDNESDAY 25TH	08.00–19.30	Event office open	Break Sokos Hotel Tahko
	10.00–12.00	Technical model event	Tahko, Google Maps
	12.00–15.00	Model event	Parking, Google Maps
	18.00–19.00	Team officials' meeting (long)	Break Sokos Hotel Tahko (hybrid)
THURSDAY 26TH	07.00–09.00	Event office open	Break Sokos Hotel Tahko
	10.00–17.00	Event office open	Competition centre
	10.00	Long distance	
	After competition	Flower ceremony long	Arena Lastulahti

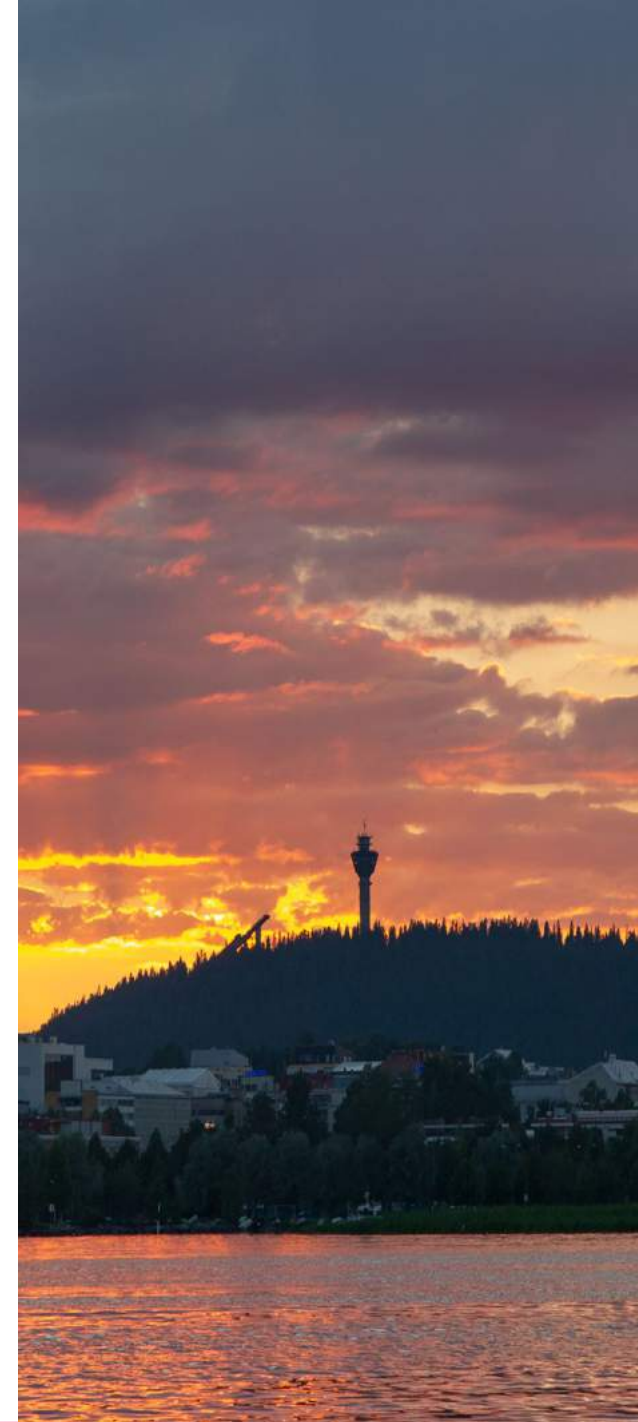
FRIDAY 27TH	8.00-12.30	Event office open	Break Sokos Hotel Tahko
	15.00-19.30	Event office open	Break Sokos Hotel Tahko
	18.00-19.00	Team officials' meeting (middle/relay)	Break Sokos Hotel Tahko (hybrid)
SATURDAY 28TH	10.00	Middle distance	
	After competition	Flower ceremony middle	Arena Lastulahti
SUNDAY 29TH	10.00	Relay	
	After competition	Flower ceremony relay	Arena Lastulahti
	After competition	Prize giving ceremony all distances	Arena Lastulahti
	After competition	Prize giving ceremony World Cup overall	Arena Lastulahti
	18.00	World Cup 2024 Final dinner and party	Tahko

3. HOST TOWN AND TRANSPORTATION

3.1. Host town of Kuopio

Kuopio, World Cup 2024 final round host town in Northern Savonia, offers a blend of urban amenities, outdoor activities and a vibrant sports scene. Situated by Lake Kallavesi, it's renowned for its natural beauty and active lifestyle. With a charming city centre, stunning lakes and nearby national parks, Kuopio is perfect for outdoor enthusiasts. The city also hosts various sporting events, including the Kuopio Ice Marathon, cross-country skiing and ski jumping competitions. The local football and ice hockey teams play on the highest national level. Whether seeking relaxation or sports adventures, Kuopio provides an unforgettable experience.

Tahko, nestled in the Finnish Lakeland, is a captivating destination known for its natural beauty, outdoor activities and vibrant sports scene. With stunning lake views and a renowned ski resort, Tahko offers thrilling adventures for skiing, water sports, hiking and golf. Relax in the cosy village, indulge in local cuisine and experience the charm of this Finnish gem.



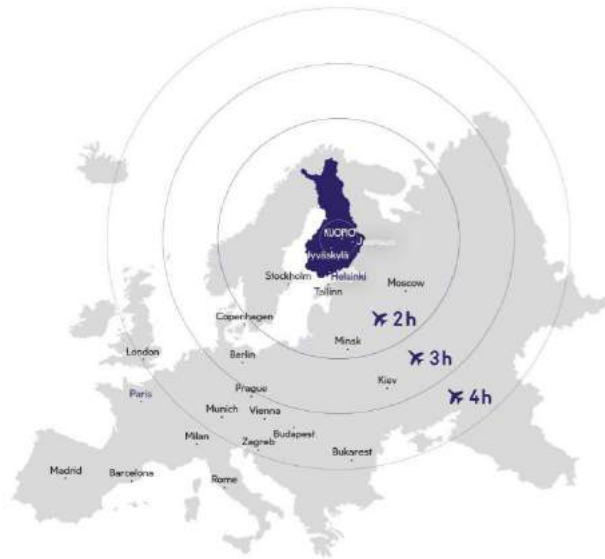
3.2. Transportation

To get to the Kuopio-Tahko area, you have the option of travelling by plane, train, or bus, depending on your starting location.

Plane

The most convenient way to reach the Kuopio-Tahko area from a distant location or an international destination is by flying to Kuopio Airport (KUO). Kuopio Airport is the closest airport to the Tahko area and is located approximately 50 kilometres from Tahko. After arriving at the airport, you can take a taxi or arrange for transportation to the Tahko area.

Finnair



Train

If you prefer to travel by train, you can take a train to Kuopio Railway Station, which is located in the city centre of Kuopio. From there, you can continue your journey to the Tahko area by other means of transportation, such as a bus or taxi. The Tahko area is approximately 50 kilometres from Kuopio, and you can find local transportation options to reach your destination within the Tahko area. VR.fi

Bus

Several bus companies operate routes to Kuopio Bus Station, which is located in the city centre of Kuopio. From Kuopio, you can then take a local bus or arrange for transportation to the Tahko area. Buses provide transportation between Kuopio and Tahko, and the journey typically takes around 1-1.5 hours.

[Vilkku](#) (Kuopio region public transport)

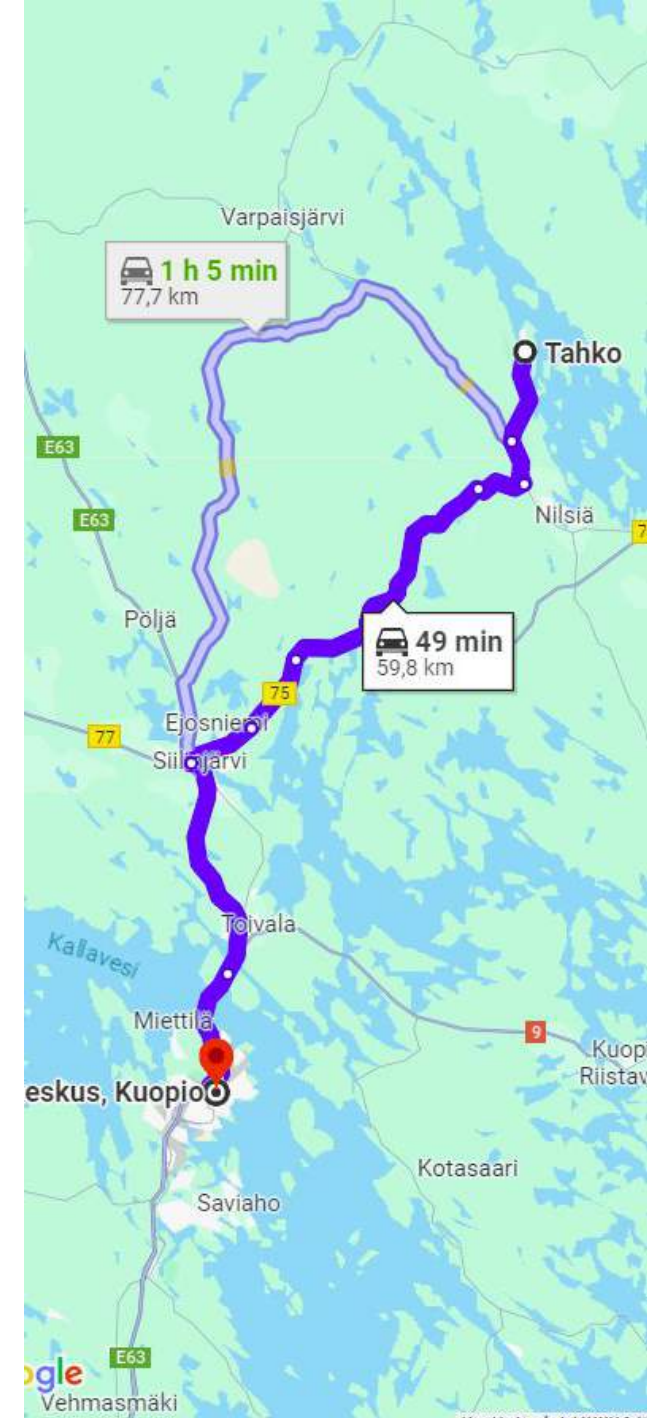
It's recommended to check the availability and timings of flights, trains, or buses based on your specific travel dates and starting location. Additionally, consider the transportation options within the Tahko area to reach your final destination within Tahko.

Welcome to the journey with Hertz.

As a partner of The Finnish Orienteering Federation, we offer a discount of up to 10% on short term car hire in Finland.

At the time of reservation please use the Discount Code (CDP) 930742.

[2025 World Orienteering Championships | Hertz Car Hire](#)



4. EVENT CENTRE AND COMPETITION ARENA

4.1. Event centre

The event centre will be located at Tahko. Event office and team official meetings in person and on-line (hybrid) will be held in the [Break Sokos Hotel Tahko](#). Friendly reminder to athletes and team officials: there will be Octoberfest with loud live music at the Piazza in front of the hotel during competition days.



[Google Maps.](#)

4.2. Arena

The exact location of competition arena

Address

Lastulahdentie 188

73320 Kuopio

[Google Maps](#)





5. ENTRIES AND FEES

5.1. Entries and deadlines

All entries are only to be made in IOF Eventor. The entry form will be available from 1st June 2024 on <https://eventor.orienteering.org/Events/Show/7766>

Important deadlines

- Team Size Entry (- 2 months) deadline 26th July 2024)
- Team Names Entry (- 10 days) deadline 16th September 2024
- Late Entries and changes deadline the day before each race
- Names of the competitors and their starting group, shall be entered in IOF Eventor before 12.00 on the day before for the long distance.

5.2. Team size entry (- 2 months, deadline 26th July 2024)

The following information shall be filled in Eventor:

- Team manager
- Number of Team athletes (Men and Women)
- Number of Team officials
- Number of Team athletes in the individual races: Federation Team Quota will be published by the IOF
- There is no maximum number of officials per team

5.3. Team names entry (- 10 days, deadline 16th September 2024)

The following information shall be filled in:

- Names of each Team athlete and official by selecting from federation members in IOF Eventor

5.4. Late entries, changes of team size or team names

	Start of Entry 1st June 2024 at 00:01	Team Size Deadline 26th July 2024 at 23:59	Team Names Deadline. Entries Payment Deadline. 16th September 2024 at 23:59	Late entries and changes deadline
Team size entry	Team size	+20% (80% refund)	+50% (50% refund)	
Team names		Team names	+ 10 €	
Payment schedule				Pay/refund changes
Long entry				25th September
Middle entry				27th September
Relay entry				28th September

- After the team size deadline (see 7.4), additional entries may be made with a surcharge of 20% and withdrawals receive an 80% refund.
- After the team names deadline (see 7.4), additional entries incur a surcharge of 50%, withdrawals receive a 50% refund, and name changes incur a 10 euro fee.

Late Entries and changes will be accepted, if possible, up to one day before event start date,

Long distance 25th September 2024 at 12.00

Middle distance 27th September 2024 at 12.00

Relay 28th September 2024 at 18.00

- No late entries or changes will be accepted after those dates
- Late entries and changes will always have a defined extra cost (surcharge)
- Late entries and changes will always be treated equally and must be communicated directly to the organizer eventoffice@woc2025.fi
- The organiser makes the changes in IOF Eventor after deadlines

5.5. Entry fees until 26th July 2024

- | | |
|--|------|
| • Accreditation
(athletes and team officials) | 90€ |
| • Long Distance | 50€ |
| • Middle Distance | 50€ |
| • Relay team | 150€ |

Prices includes:

- Starting fee for competitions
- Training package 2024 (Kortejoki and Hussonmäki)
- Mandatory transportation to quarantine
- World Cup 2024 Final dinner and party

Payment of the entry fees:
Kuopion Suunnistajat ry
FI04 5600 0520 6000 19
IBAN: FI04 5600 0520 6000 19
BIC: OKOYFIH

6. ACCOMMODATION AND FOOD

6.1. Accommodation

The cost of reasonable accommodation in the Tahko area varies from 50 to 150 euros per night/person. In Tahko, you can choose from over 8,600 beds and nearly 1,000 accommodations. Our accommodation partners can be found from our website www.woc2025.fi. Make sure to use code woc2025 while making a reservation. Teams book and manage their accommodation straight from accommodation companies.

6.2. Food

The Finnish Lakeland and its capital, Kuopio, are well-known among tourists who love unforgettable food made from the freshest, local and natural ingredients. Menus vary by season with fresh fish or tastes of the forest, as well as locally grown berries, vegetables and herbs which are available year-round. It's not just the food that is spectacular either, but the location and the ambiance. Food allergies are not a problem – just ask for more information. Prices for dinner or lunch vary from 10 to 50 euros. More details from [Kuopio-Tahko](#). Warm lunch will be served in the competition centre on each competition day.

Tahko



Kuopio

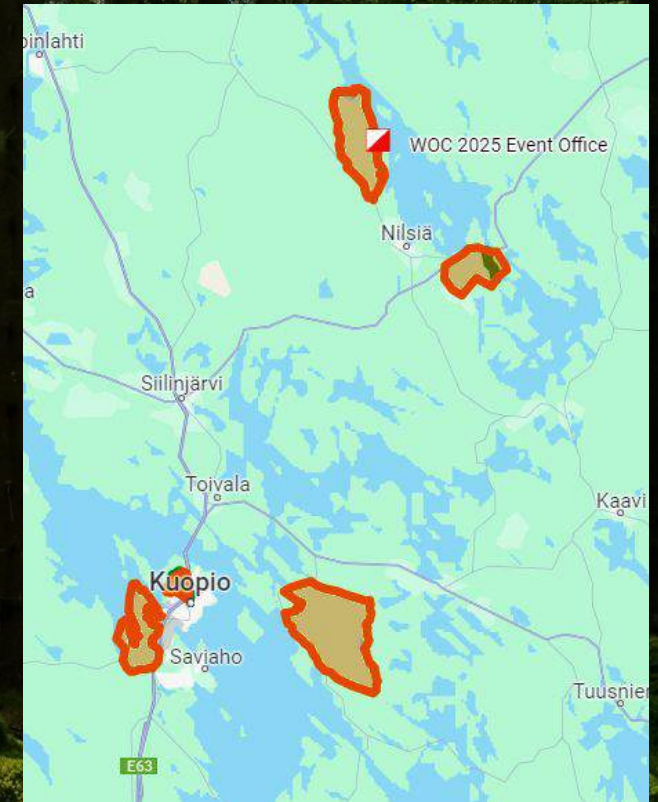


7. EMBARGOED AREAS

Embargoed areas are valid for all World Cup (2024) and WOC 2025 competitions. The areas can be found on [IOF Eventor](#). The areas marked on the map are strictly embargoed. No visiting, orienteering or training are allowed in those areas. All restricted areas have certain specific features that need to be taken into account. Also those with links to possible World Cup and WOC team members are not allowed to visit those areas.

8. TRAINING

The preparations for World Cup 2024 and WOC 2025 include official training camps and training possibilities in typical terrains of Northern Savonia. We will organise training packages for your preparation. The package for 2024 consists of several trainings - ready to use - with control flags in the forest. It is also possible to use ocad files and printed maps without route markings. All training activities shall be coordinated with the organiser. Information about training maps, training camp and payment can be found from our website woc2025.fi. For any training purposes contact training@woc2025.fi for additional advice.



2024

- Open WOC training camp 5.–8.9.2024
- Ocad for national teams
- Printed map with course setting
- Printed map without course setting
- Free of charge Training Package 2024 Kortejoki and Hussonmäki between 23th to 29th September 2024

9. COMPETITION INFORMATION

9.1. Rules

The Competition Rules for IOF Foot Orienteering Events 2024, valid from January 1st 2024, and the IOF Orienteering World Cup 2024 Special Rules apply. The latest versions of the rules can be found at the [IOF web pages](#).

9.2. Classes and participation restrictions

There are two classes: Women and Men.

Participation restrictions, classes and qualification system will follow the IOF Orienteering World Cup 2024 Special Rules.

9.3. Technical and model event

Technical Model event, on Wednesday 25th at 10.00–12.00, will be held at Tahkolahden uimaranta.

Address Tahkolaaksontie 61, 73310 Kuopio.

[Google Maps](#).

Model event, on Wednesday 25th at 12.00–15.00, will be held close to the World Cup competition area. Parking is in the yard of the farm. Follow the instructions and route to the start of the course.

Address Aniaisentie 382, 73320 Kuopio.

[Google Maps](#).

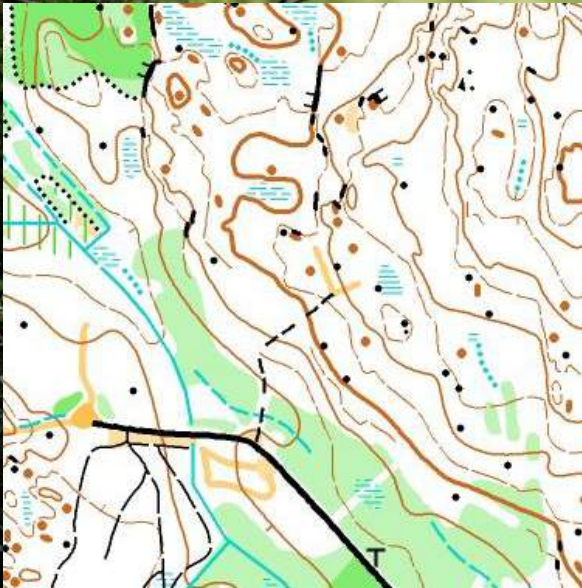
9.4. Terrain

The terrain is a varying mixture of Finnish forest. The total height difference is less than 100m, and there are no steep slopes or high cliffs. The area has a basic structure of economic forests causing changes in runability and visibility. Pine trees dominate the landscape. Vegetation in the lower parts of the terrain is usually dense in the late summer and fall. The terrain includes challenging detailed areas and places where there are just a few features to navigate.

9.5. Competition and previous maps

Map (6-colour printing 9/2024) is made by Timo Joensuu and Janne Weckman (WRE 2023 / World Cup 2024 / WOC 2025). The maps are inside sealed plastic bags. You can find previous maps (in PDF format) of the embargoed areas on [Eventor](#).

Competition	Scale	Contour	Paper size
Long distance	1:15 000	5 m	A3
Middle and Relay	1:10 000	5 m	A4



World Cup map sample

9.6. Punching system and GPS tracking

The punching system used in the competition is Emit and emiTag. The organiser will reserve chips for those who have not given their Emit number upon entry. Rental chips (10€) are available from the event organiser and can be picked up from the Event Office. The organiser will charge 90 € for the lost chip. It will be possible to test the system in the technical model event.

In every competition the athletes must be prepared to carry a GPS tracking device. This must be carried on the competitor's back in an elastic harness. GPS tracking will be used for live TV production, arena production on the big video screen and live on-line transmission. Detailed information about allocation and picking up the GPS units will be presented in Bulletin 4.

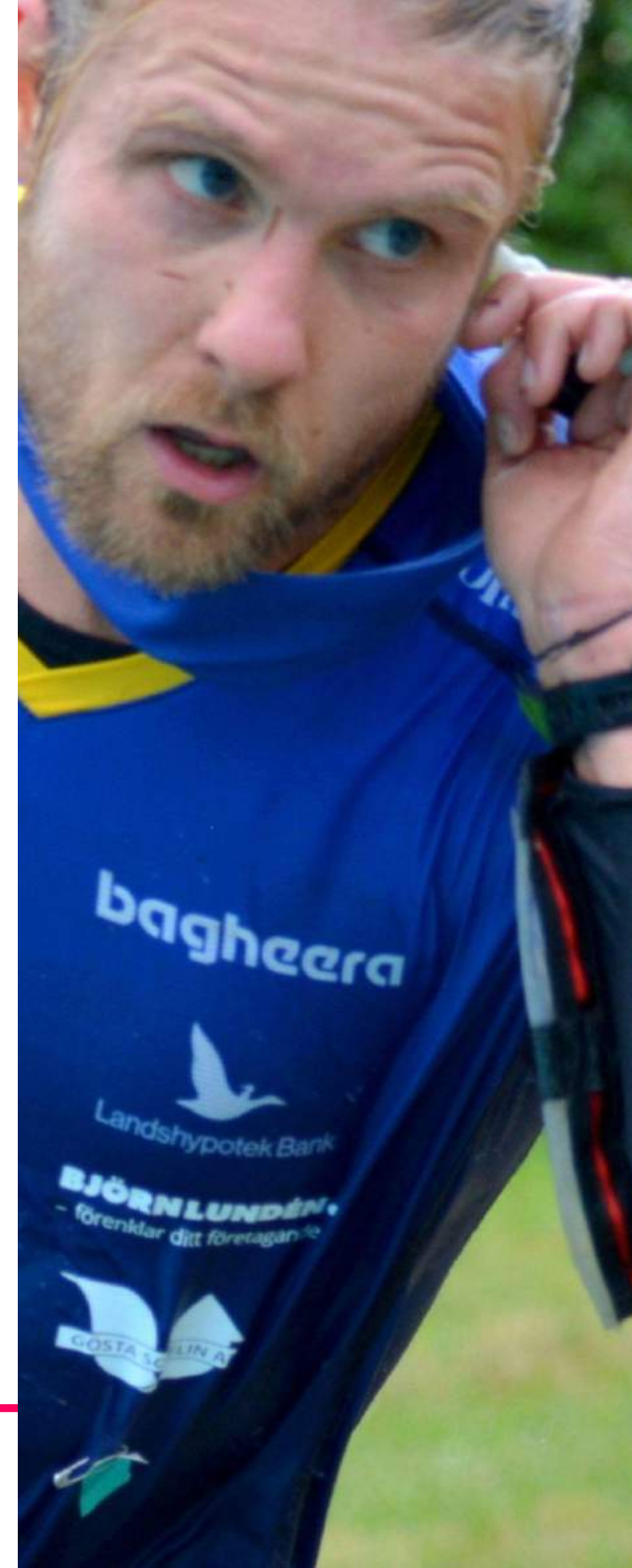
9.7. Long distance 26.9.2024

Course setter: Jarmo Puttonen

Course details (women/men)

Format	Length (km)	Total climb (m)	Controls	Winning time	Refreshments
Long	12,0 / 14,5	345 / 405	23 / 25	88	3

- IOF Competition Rule 12.5. (starting groups) will be used.
- The World Ranking as of 25th September 2024 is used.
- For the men's class, the starting groups shall start in reverse order with the highest numbered starting group starting as first and starting group 1 starting as the last one.



- For the women's class, starting groups 1-5 will start first, in reverse order: 5, 4, 3, 2, 1. All other starting groups will start after group 1, with the highest number starting group starting next and starting group 6 starting last.
- The start interval will be 3 minutes for the best ranked 40 competitors and 2 minutes for all others in each class..

The personal wild cards

- Simona Aebersold (SUI)
- Tove Alexandersson (SWE)
- Kasper Harlem Fosser (NOR)
- Matthias Kyburz (SUI)
- World Cup leaders after Round 3

9.8. Middle distance 27.9.2024

Course setter: Marko Uotila

Course details (women/men)

Format	Length (km)	Total climb (m)	Controls	Winning time	Refreshments
Middle	4.5/5.5	185/220	16/20	32	1



- The starting order is determined by the order of the World Cup standings as of 27th September 2024 (best ranked starting last).
- The start interval will be 2 minutes for the best 40 competitors and 1.5 minutes for all others in each class..

The personal wild cards

- Tove Alexandersson (SWE)
- Matthias Kyburz (SUI)
- World Cup leaders after Round 3

9.9. Relay 29.9.2024

Course setter: Olli-Jussi Korpinen

Course details (women/men)

Format	Length (km)	Total climb (m)	Controls	Winning time	Refreshments
Relay	4.6-4.9/5.4-5.6	135/155	14-15/14-17	34/33	1

- A Federation may enter 3 teams each consisting of 3 competitors in each class.
- If a Federation is represented by more than one team in a relay class, only the team with the best result is considered in determining the placings (and hence, can be awarded in the prize-giving ceremony).



- The start list will be set up according to the Team World Cup standings as of the end of the last World Cup round, EOC (best having the lowest start number).
- Incomplete teams, and teams with runners from more than one Federation are allowed to start, but are not included in the official results.

All details of the starting groups and order, start intervals, scoring system, national quotas and team world cup specifications can be found from [Special Rules Orienteering World Cup 2024](#)

Detailed information about transportation for all competitions from quarantine to start will be published in IOF Eventor soon .

10. GENERAL INFORMATION

10.1. Anti-Doping

Doping is strictly forbidden, and the organisers of the World Cup are dedicated to supporting the Anti-Doping authorities in their work. Doping controls may be carried out any time during the competitions in accordance with the procedures described in the WADA International Standard of Testing and Investigations. The latest IOF AntiDoping rules and the World Anti-Doping Code apply. Athletes who are selected for doping control must bring an official identification (with photo) to the doping test area. The athlete should also present their personal therapeutic use exemption (TUE) if applicable. In general, it is advisable that athletes take their ID to all competitions and events. For more information, please consult <https://orienteering.sport/IOF/antidoping/>.





10.2. Liability and insurance

The organisation of WOC2025 declines any liability that might occur through participation in the event. All persons participate at their own risk and are responsible for their own insurance coverage (illness and accident).

10.3. Climate, ticks and deer fly

In September an average temperature is 10°C (51°F), the relative humidity 83% and we have 9 rainy days on average. There might be ticks (*Ixodes ricinus*) and deer flies (*Lipoptena cervi*) in the forest, so check your skin and clothing after training and competition.

10.4. Competition clothing

There are no restrictions on clothing. Dobb-spikes are allowed, but shoes with spikes are not.

10.5. Athlete's licence

All athletes need to have an IOF athlete's licence to participate in the World Cup races.

10.6. Passport, VISA and travel documents

Visa requirements and travel documents accepted by Finland areas on

For travellers from certain countries, a visa or further documents are required. Please check with your embassy if you need visa permits. For an official letter of invitation please send an email with request to sakari.hyvonen@woc2025.fi.

11. MEDIA SERVICES

Journalists, photographers, camera personnel, social media content creators and any extra representatives of the Federations are welcomed. All registrations should be made in IOF Eventor.

More information and inquiries

Tiina Tervaniemi
media@woc2025.fi
tel. +358 405271053

11.1. Live production

There will be live productions from all races on YLE TV and on the Live Centre of the International Orienteering Federation. During the competitions, athletes may encounter camera crews in the terrain. Camera controls and intermediate time controls are not marked on the control description. Athletes may also be followed by a running camera or by camera-drones during the race. The drones will keep a proper distance from the athletes.

11.2. Photo and video disclaimer

By taking part in World Cup Finals 2024, all persons acknowledge their consent to interview(s), photography, audio recording, video recording and its/their release, publication, exhibition, or reproduction to be used for news, webcasts, promotional purposes, telecasts, advertising, inclusion on websites, or any other purpose by the organisers and their affiliates and representatives. No drones are allowed in the competition area without written permission from the organisers.

12. PRIZE MONEY WORLD CUP 2024 (in EUR)

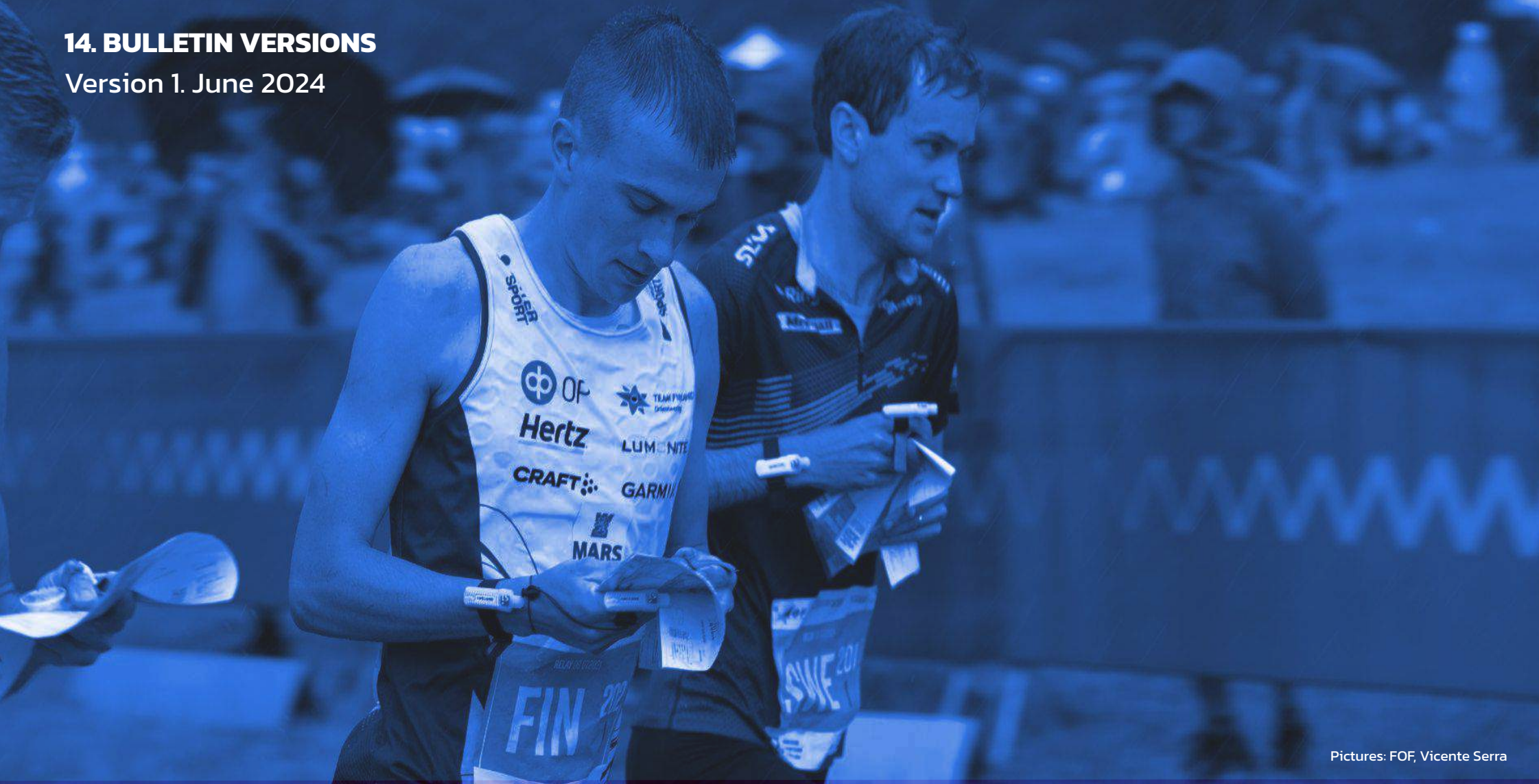
Place	Individual race	Relay race	Total individual World Cup
1	1000	1000	5000
2	700	600	2000
3	400	300	1000
4	200	0	600
5	200	0	500
6	200	0	400
Sum distributed per race	2700	1900	9500

13. SPECTATOR RACES 28.-29.9.2024

On the weekend there will be two middle distance competitions at the same competition area. Entry to the public races from the [World Cup -yleisökilpailu \(keskimatka\)](#). More info from our website [woc2025.fi](#).

14. BULLETIN VERSIONS

Version 1. June 2024



Pictures: FOF, Vicente Serra



WELCOME TO WORLD CUP FINALS 2024!

ROUTE-MAP-TO-WOC2025

2023

2024

