

EUROPEAN ORIENTEERING CHAMPIONSHIPS 2024

Official Selection Race

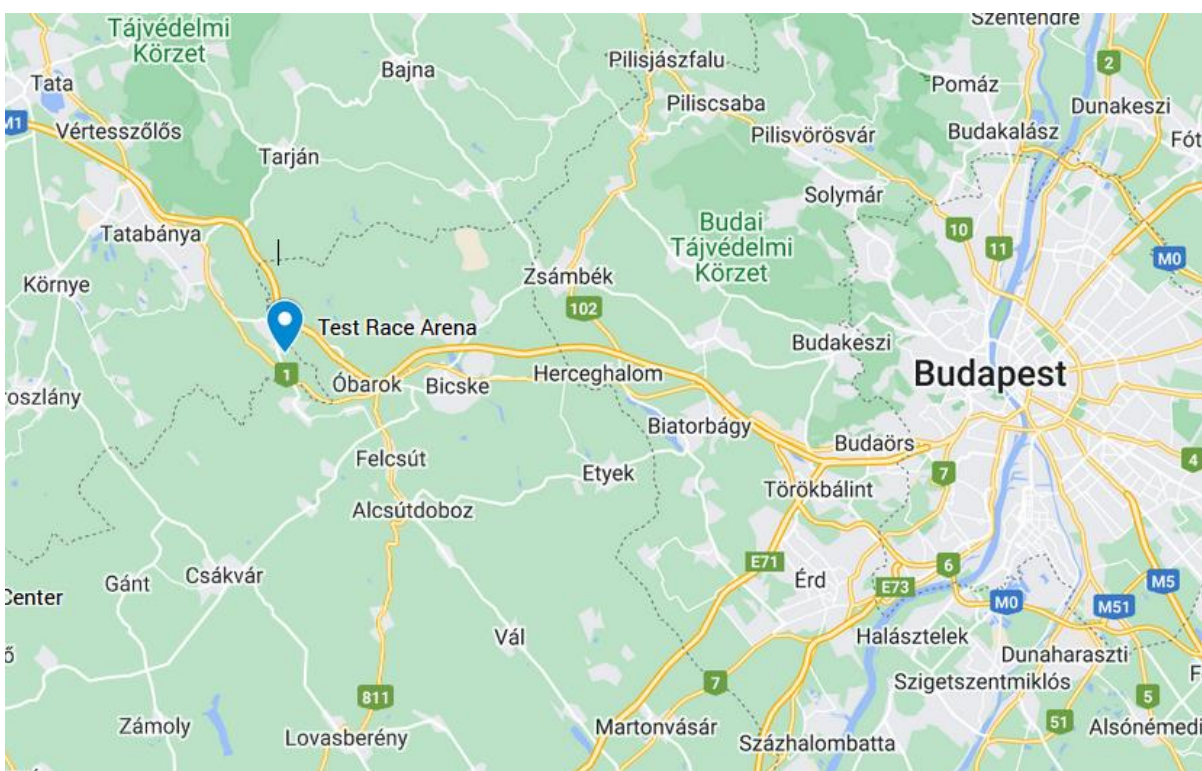
Szárliget

BULLETIN 1

DATE | 27-28 July 2024 (Saturday – Sunday)

VENUE | Szárliget, Hungary (50 km west of Budapest)

GPS: [47.508252, 18.505500](https://www.google.com/maps/place/47.508252,18.505500)



PROGRAMME | Saturday 27.07.2024 10:00 – Middle Distance

Sunday 28.07.2024 10:00 – Long Distance

ORGANISERS | Tabáni Spartacus SKE (telephone: +36 20 491 0365, e-mail: info@eoc2024.hu
web page: <https://eoc2024.hu/index.php/selection-race/>)

Event director Ádám Lengyel

Technical director Viktor Morandini

Arena, logistics István Bujdosó

Secretary	Ildikó Hentes
IT	Sándor Ambrus, Gábor Józsa
Courses	Péter Györgyi (Middle), Ábel Sulyok (Long)
Maps	János Sötér

CONTROLLERS | Event Adviser: Péter Molnár (HUN)

CLASSES, ENTRY REGULATIONS | W21 and M21
For those who wish to compete in other categories, there will be an opportunity to do so at the same time and place. The invitation is published here: [LINK](#)

EMBARGOED AREAS | The EOC 2024 embargoed areas are valid also for the Test Race. According to the IOF Competition rules (§ 26.5), embargoed areas are forbidden for all potential EOC 2024 athletes, team officials and other persons, who, through knowledge of the terrain, may influence the results of the competitions. All embargoed areas are strict embargo.
Direct link to detailed map of the embargoed areas: [LINK](#)

PUNCHING SYSTEM | SPORTident Air+ punching system will be used. Air+ chips may be rented from the organiser for 3 EUR / runner / day. Please note that it is still possible to use your classic SPORTident chip.

MAP | Map Scale: 1:10 000 / 5 m (Middle) and 1:15 000 / 5 m (Long)
Map maker: János Sötér
Survey: March-June 2024

TERRAIN DESCRIPTION | The terrain of the race is the 385 m high Zuppa-top and its surroundings, located in the Transdanubian Mountains. Its near-surface rocks are sediments from the sea that once lay here, i.e. limestone and dolomite. This also determines the relief of the surface. The terrain is technically difficult, with steep, rocky slopes and flat roofs in places, and a dense succession of small ridges and valleys in others. The surface is covered with oak woods, planted pine forests and karst scrub forests, with many clearings and groves in places. The runnability of the forestry cuttings is variable.

The latest map can be found here: <https://rg.mtfsz.hu/rg2/index.php#1302>

WINNING TIMES |

Class	Middle Distance	Long Distance
W21	30-35 min	88-92 min
M21	30-35 min	88-92 min

ENTRIES | All entries can only be made in IOF Eventor. The entry form is available from 1st April 2024 on:

- <https://eventor.orienteering.org/Events/Show/8140> for Middle distance
- <https://eventor.orienteering.org/Events/Show/8141> for Long distance

Entry deadlines

June 1st 2024 – First entry deadline (should be paid by July 1st 2024)

July 18th 2024 – Second entry deadline (should be paid by July 25th 2024)

After July 18th 2024 – Entry is open until the competition and also on the spot until free spots are available in the start lists (should be paid on the spot)

Entry fees

	1 st deadline 01.06.2024. (payment until 01.07.2024)	2nd deadline 15.07.2024. (payment until 22.07.2024)	Late entry (payment on the spot)
Individual races (each)	14 EUR	16 EUR	20 EUR

Payment details

With bank transfer:

IBAN: HU11 1620 0010 1011 1077 0000 0000

Beneficiary name: Tabáni Spartacus SKE

Beneficiary address: Hungary 1013, Attila út 2

Bank SWIFT (BIC) code: HBWEHUHB

Bank name: MagNet Magyar Közösségi Bank Zrt.

Bank address: 1062 Budapest, Andrássy út 98.

All banking costs should be covered by the sender.

We provide an invoice for everyone in EUR.

START LISTS | The start lists will be drawn on 19 July 2024. Any special requests regarding the start lists should be made by 18 July 2024, after which time we will not be able to accommodate them.

ACCOMMODATION | The official accommodation is [Villapark Várgesztes](#) next to Várgesztes at the same complex as the EOC 2024 Event Centre.

Category	Price / house
Comfort Apartment House (max. 8 person)	265 EUR / night

Apartments can be booked for less than 8 people but only on the same price, no discount provided. If you are coming with a smaller team and searching for some competitors to share the house with, just send this request to us by booking.

Please note that in addition to the accommodation fee, a local tourist tax of 1 EUR/person/night will be charged for each competitor or team official over 18 years of age.

Meals can only be ordered with the accommodation on the following prices:

Meal	Price
Breakfast	14 EUR / person
Dinner	23 EUR / person

Lunch can be ordered in the restaurant (à la carte).

The organiser has reserved 15 apartments at discounted rates. These must be booked via info@eoc2024.hu. The principle “first-come, first-serve” applies. Latest date for reservation of the official accommodation is **15th June 2024**. After that date we can not guarantee the availability of any house!

PRIZES | Best 3 runners in each class will be awarded.

TRANSPORT | Organisers do not provide any transport during the Selection Race.

TRAINING | There is a possibility to take part in additional trainings on EOC 2024 relevant terrains around this time. For more information please consult <https://eoc2024.hu/index.php/individual-trainings/>

VISA | You don't need a visa when entering Hungary if you are a citizen of a European Union country. Other international travellers may be required to hold a Hungarian

visa prior to travel to Hungary, depending on your citizenship. For visa waiver agreements, please visit the homepage of the Ministry of Foreign Affairs of Hungary at <https://konzuliszolgalat.kormany.hu/visa-waiver-agreements>

CLIMATE | July is a warm month in Central Hungary, it brings some of the sunniest days with an average of 14 hours of sunshine. During the competition, temperatures during the day climb to around 27°C and often as high as 30°C, while at nights fall to 15°C. It is a bit cooler in the forest. Average July rainfall is 40mm. Expect to see some light to moderate rain and a chance of thunderstorms in the afternoons.

**INFORMATION
ABOUT POSSIBLE
HAZARDS**

Ticks. Tick-borne infections that occur in Hungary are as follows:

- Borreliosis / Lyme Disease: https://en.wikipedia.org/wiki/Lyme_disease
- Tick-borne encephalitis (TBE): https://en.wikipedia.org/wiki/Tick-borne_encephalitis

If you encounter any ticks on your body, remove them as soon as possible. If you are concerned about a tick bite or about possible infection, please consult a doctor.

Immunisation against TBE is not considered necessary for EOC 2024 Selection Race.

Lightning may occur during thunderstorms. Try to stay off the hilltops and don't seek shelter under an isolated tree. Note also, that lightning mostly occurs in the afternoons.

In the event of hot weather, remember to increase your fluid intake before, during and after the race to optimise your performance and prevent heatstroke. It is recommended to bring a tent or an umbrella to provide some protection.

OTHER INFORMATION

- Those not running the Test Race are welcome to join the accompanying competition! (Invitation: [LINK](#))
- The competitions will be organised according to the IOF Competition Rules valid for 2024.
- Competitors participate at their own risk. Insurance against accidents is the responsibility of their Federation or themselves, according to national regulations.
- Bulletin 2 will be published no later than 19th July 2024.
- For more information please follow <https://eoc2024.hu/index.php/selection-race/> !

WE ARE LOOKING FORWARD TO SEE YOU COMPETE IN THE SELECTION RACE!

