

**US 2016 Classic Championships “Rerun the Ridge”  
at Ward Pound Ridge, Cross River, New York on September  
17<sup>th</sup> and 18<sup>th</sup>, 2016**

**Bulletin 1 – April 2016**

**1. Organizers**

Hudson Valley Orienteering and Western Connecticut Orienteering Club, on behalf of the Orienteering USA (OUSO), are responsible for organizing the Orienteering competitions for the US Classic Championships 2016

1.1 Controllers

.IOF Senior Event Adviser: Jeffrey Saeger

The Senior Event Adviser will also act as Course Consultant

All races will be run in accordance with the current versions of IOF Rules and WMOC Guidelines

1.2 Contacts and information

Event Director: Geof Connor [ghckat@yahoo.com](mailto:ghckat@yahoo.com)

Registrar: Guy Olsen [HVOregistrar@gmail.com](mailto:HVOregistrar@gmail.com)

Website: <http://hvorienteering.com/wp/index.php/us-champs-info-page/>

**2. Event Centre:**

US Championship event center will BE at the Hampton Inn in Danbury, CT, located at: 81 Newtown Rd, Danbury, CT 06810

2.1 Packet Collection

The center will be open for packet collection for registered competitors on Friday 16<sup>th</sup> September at 5 p.m. Packet collection will also be available at the event parking area on Days one and two.

**3. Event Rules**

All races will be run in accordance with the current versions of IOF Rules and OUSA rules and Guidelines

### 3.1 Classes

The following classes will be offered

<b>White</b>	<b>Yellow</b>	<b>Orange</b>	<b>Brown</b>	<b>Brown</b>	<b>Green</b>	<b>Red</b>	<b>Blue</b>
F-10	F-14	F-16	F-18	M65+	F-20	F21+	M21
F-12	M-14	M-16	F55+	M70+	F35+	M-20	
M-10	M-Yellow	M-Orange	F60+	M75+	F40+	M35+	
M-12	F-Yellow	F-Orange	F65+	M80+	F45+	M40+	
M-White			F70+	M-Brown	F50+	M45+	
F-White			F75+		M-18	M-Red	
			F80+		M50+		
			F-Brown		M55+		
					M60+		
					M/F-Green		

Day One of the Championships will be a World Ranking Event (WRE) and male/female elite course lengths/times will be in accordance with WRE guidelines. Day two of the Championships will be at the lower end of the OUSA recommended times/lengths for a Classic event for elite classes.

All other courses for both days will be in accordance with OUSA rules for Classic Events.

Tentative course lengths are shown below. These may be adjusted in the next few months.

#### Day 1

<b>Course</b>	<b>Length km</b>
Blue M21 Elite	13.2
Red F21 Elite	10.0
Red	8.0
Green	5.4
Brown	3.6
Orange	3.9
Yellow	2.7
White	2.6

## Day 2

Course	Length km
Blue M21 Elite	10.0
Red	8.5
Green	5.4
Brown	3.4
Orange	3.9
Yellow	2.7
White	2.6

## 4. Program of Events

### 4.1 US Championships Day 1 and 2

The races for both days will be run in Ward Pound Ridge County Park, an extensive recreation area 40 miles north of New York City. Ward Pound Ridge is 93% forested with deciduous trees, mainly Oak, and some Pine stands with plenty of features and little undergrowth except for patches of barberry and mountain laurel which the courses will mainly avoid. There are medium to steep slopes up to the ridges and more gentle slopes elsewhere. The geology is mainly gneiss with pockets of limestone producing multiple cliffs and other rock features.

Up until the 1920's the Park was farmland and has the usual NE US pattern of stonewalls and old farm roads.

### 4.2 Social program

A BBQ will be held after Day 1 events at Ward Pound Ridge with other events to be decided.

Medal ceremonies will be held at the conclusion of Day 2 events at Ward Pound Ridge

### 4.3. Model Event.

A model/training event will be available on Friday September 16<sup>th</sup> at Westmoreland Sanctuary in Mt. Kisco, NY about 10 miles south of Ward Pound Ridge. Terrain and features are similar to those at Ward Pound Ridge. There will be two courses laid out. Punch cards and punches will be available with self timing for those who want bragging rights. The courses will be open from 12 noon until 4 p.m. and there will be a charge of \$5 for a map showing both courses.

#### 4.4: Sprint Relay

The Sprint relay event is not part of the Championships and entries will be accepted up to midnight Saturday 17th September. The race will take place at Mountain Lakes Park on an updated (2016) map. More details later.

#### 4.5: Other events

It is probable that there will be additional events midweek in the vicinity. More details will be given later. The North American Championships will be held at Dartmouth, New Hampshire the following weekend (Sept 24/25)

#### 4.6: Maps and embargoed areas

US Championships: ISOM standard, scale M/F21 Elite (Blue/Red) 1:15000; Other Classes 1:10,000; contour interval 5m. Surveyed in 2015-16.

Embargoed areas and old maps can be found at the event website  
<http://hvorienteering.com/wp/index.php/us-champs-info-page/map-info/>

#### 4.7: Punching system

The SPORTident punching system will be used in all races. You will need an SI-Card. SI-cards may be hired from the organizer by selecting this option when registering. SIAC touch-free can also be used.

#### 4.8: Race Clothing

Full body cover is recommended at the Classic Championships. You may prefer long sleeves to protect your arms from Barberry/bramble thorns.

For all events, Orienteering shoes with rubber or metal studs will be best. Spiked shoes are forbidden in all competitions.

It is recommended that a whistle is carried

## 5. Registration

Registration, including entries for both days, can only be done via the US Classic Championships. Registration website which will commence in mid-June 2016 and close on 10<sup>th</sup> September 2016.

Payment options, including Paypal and check, and final fee scale will be detailed in the registration website

All registration fees will be in US Dollars

## 6. Travel and Accommodation

### 6.1 Air

Nearest Airport is 'Westchester White Plains' (HPN) with flights from Cincinnati, Philadelphia, Washington DC, Atlanta, Detroit, Orlando, and other Florida cities. Flights to New York City airports, JFK and LGA, are usually better value. International flights arrive at JFK and Newark and a few at LGA.

### 6.2 Accommodation

The event hotel is the Hampton Inn at Danbury (81 Newtown Rd, Danbury, CT 06810, 30 minutes from Ward Pound Ridge) where a block of rooms has been booked at a discounted price (click on [Ward Pound Ridge](#) for details) There are many hotels in Danbury (30 minutes from Ward Pound Ridge), White Plains (30 minutes) and Armonk (20 minutes).

**Park Shelter** accommodation is available at Ward Pound Ridge. These are open face lean-to (capacity 8 people with two tents also allowed at each shelter) with outside grill and fireplace. Toilet blocks are close by all shelters. Please note that shelters 1- 5, 6, 8 and 24-29 are not available to competitors in the US Championship.

Cost is \$35 per shelter and includes two car park passes. Note that trying to book direct will cost \$50 a shelter and credit cards are not accepted.

To book a shelter, fill in the form found [here](#) and email to [huaclimbs@gmail.com](mailto:huaclimbs@gmail.com) and send the fee through Paypal to [HVOtreasurer@gmail.com](mailto:HVOtreasurer@gmail.com), noting the shelter number requested. A confirmation will be emailed to you as soon as the shelter is reserved. Leave the Park Pass number blank, we will fill it in to obtain the discount. Map of shelters can be found [here](#).

Tent sites are also available (\$25). To reserve use the same procedure.

Sal J. Prezioso Mountain Lakes Park is 15 minutes from Ward Pound Ridge and also offers shelter accommodations. Unfortunately, the yurt accommodation is already booked for another event.

Shelter accommodation is popular during September so early booking is advised.

Note that Mountain Lakes will be the venue for the Sprint Relay Event on the Monday following the US Champs.

September is early fall (autumn) in New York with average low and high September temperatures in the event area of 17°C and 23°C (62°F and 73°F) and a mean rainfall of 100mm for the month.

### 6.3 Directions to Event

Ward Pound Ridge (WPR). From NY City south or from IS 84 (north/east/west). Get on IS 684. Exit 6 and turn east towards Cross River on Rt. 35. After about 2 miles turn left on Rt. 121. After 200m turn left into Ward Pound Ridge and follow signs.

Nearest metro is Katonah (Metro North Harlem line from Grand Central every hour). 15 minute taxi ride to WPR from station.

## **7. Other Travel Considerations**

### 7.1 Travel visas

Visitors from overseas may need a visa to enter USA. The USA visa information website provides details <https://travel.state.gov/content/visas/en.html> .

### 7.2 Risk and insurance

Each athlete participates in the event at their own risk. Travel insurance is recommended.

Detail planning for the US 2016 Classic Championship Orienteering competition is still in progress. Additional information updated in future Bulletins and will be communicated to registered participants

All participants are advised to monitor the event website at <http://hvorienteering.com/wp/index.php/us-champs-info-page/> to find out all of the latest information.