



INTERNATIONAL ORIENTEERING FEDERATION

IOF ORIENTEERING WORLD CUP 2025

PRE-BULLETIN

WELCOME TO THE IOF WORLD CUP 2025

Dear athletes, Coaches and Fans of orienteering,

The IOF World Cup 2025 is marking the start of a new era. In just a few years the Orienteering World Cup has developed to the premiere event series and brand in international elite orienteering. The interest from Athletes and Teams to take part is bigger than ever, and has even become a challenge at some events. The focus on high quality performance in all areas, and a predictable and thrilling TV product will remain. Steps have been taken, but it's more to come!

The goal is also to keep providing competitions in suitable terrain for each format, where focus is placed upon quality in mapping and course setting. The strategy for the coming years is to have a base of experienced organisers, mixed with new exciting Venues and host Countries. Switzerland, Sweden and Czechia will all be frequently recurring organisers, who also will be a part of the Steering Group for the World Cup together with the Brand owner IOF.

The program in 2025 will provide a good balance between forest and urban terrains to award the orienteers who best can perform across all formats and the variations of challenges that implies. The first round of Orienteering World Cup 2025 will be in forest disciplines where Idre Fjäll, Sweden is welcoming all athletes and teams back to the untouched forests in the Swedish mountains. After a break for World Orienteering Championships and The World Games, the World Cup will continue in Hasselt, Belgium, with sprint competitions. The Final will be decided in Uster, Switzerland with an exciting Sprint program.

Welcome to the Orienteering World Cup 2025!



Henrik Eliasson

CEO - International Orienteering Federation

THE PROGRAM

The World Cup 2025 will consist of the following 9 competitions.

Date	Format	Venue	Country
19 June	Long	Idre Fjäll	Sweden
21 June	Middle	Idre Fjäll	Sweden
22 June	Relay	Idre Fjäll	Sweden
27th August	Sprint Relay	Hasselt	Belgium
29th August	Knock-Out Sprint	Hasselt	Belgium
31th August	Sprint	Hasselt	Belgium
26th September	Sprint	Uster	Switzerland
27th September	Sprint Relay	Uster	Switzerland
28th September	Knock-Out Sprint	Uster	Switzerland

All competition related details and updates are available in **IOF Eventor**.





WORLD CUP 2025 BEGINS IN IDRE FJÄLL, SWEDEN

For the second time in four years Idre Fjäll will host a World Cup round in orienteering. The first time was back in 2021, and for the **World Cup Round 1 in 2025 we will offer a new area in the majestic and beautiful surroundings of Idre Fjäll, Sweden.**

The three World Cup races will take place just north-east of Idre Fjäll mountain resort. **Most of the competition areas are inside a nature reserve. It consists of mainly pre-alpine forest with old-grown trees and very few areas with lower runability and visibility.** Some areas are very detailed with a lot of features. The terrain is between 700-900 meters above sea level.

The preliminary program for World Cup 2025 Idre Fjäll will contain Long distance, Middle distance and Relay competitions. **The local organiser Idrefjällens OK, supported by Swedish Orienteering Federation is planning for challenging and exciting competitions,** both for spectators on site and for worldwide fans.

We sincerely welcome you all to Idre Fjäll and the start of World Cup 2025!



CONTINUES IN BELGIUM TOGETHER WITH EOC2025

World Cup round 2 will take place in the Limburg and Antwerp province in Flanders, situated in the northern part of Belgium. **The cities are typical, old Flemish cities with an interesting history where challenging courses can be guaranteed.** The Event Center is located in Hasselt, the capital of the Limburg province. People from Hasselt are known for their hospitality and good taste (both in clothing and food). The city center of Hasselt is constantly developing, this offers great opportunities for orienteering and is one of the reasons it is hosting the World Cup and European Orienteering Championships 2025.

Sprint Orienteering has developed a lot in Belgium in the last decade. Apart from forest orienteers there is a big group of urban orienteers taking part in urban races and trainings regularly throughout the year.

The organiser takes great pride in hosting the World Cup round 2 and European Orienteering Championship in Belgium. Jeremy Genar: “We have a fantastic team of volunteers involved in the organisation and we are all very much aware of the positive impact this event can have on our beautiful sport in Belgium. **We have gathered some of Belgium’s best sprint orienteering course setters who will make challenging courses that push the athletes to their limits.** We look forward to see many national and international spectators out there during the EOC week to cheer for the athletes and be part of an orienteering festival.”



...AND IS DECIDED IN SWITZERLAND

Three years after the last World Cup Final in Switzerland, it's time again. The final event will take place in Uster, only 20km east of Zurich, the biggest city in Switzerland.

Uster is a small town with 36'000 inhabitants, including a castle, a city center, but also larger parks in former industrial areas. Today, Uster is known for its sports center Buchholz, the hospital and also the Greifenseelauf. This competition is an annual half-marathon around the nearby lake Greifensee with a record number of over 15.000 participants.

All three sprint competitions will take place in and around Uster. Starting with the individual sprint on Friday, offering thrilling moments during the Knock-Out Sprint on Saturday and ending the international season with the Sprint-Relay on Sunday.

The experienced organisers of Verein Swiss Cup and Swiss Orienteering are looking forward to welcoming you in Uster and Switzerland.