



Start

The route to Start 2 for the Spectator Races is marked with Orange-Blue tapes.

Warm-up clothing can be left at the Start.

First regular start:	Saturday	11.00
	Sunday	10.00.

Late entries will start first, before scheduled start times in each class.

Runners in the Introduction, U1, U2 and Open classes can start at any time within the start period:

Saturday	10.30-13.00
Sunday	9.45-12.15

Distance from the Arena – Start	Saturday	1000 m
Distance from the Arena – Start	Sunday	500 m

Maximum time

Saturday	2.5 hrs
Sunday	2.0 hrs

Map

Map name: Brandsbobergen. Contour intervals: 5 metres. Drawn in 2014-2015 Offset print.

Map drawn by: Rasmus Larsson OK Alehof

Saturday:

Scale 1:15,000 for M/W16-21

Scale 1:7,500 for M/W60- , ÖM7

Scale 1:10,000 for others, including M/W 17-20 Short and M/W 21 Short

Sunday:

Scale 1:7,500 for M/W60 - , ÖM7

Scale 1:10,000 for others

X A black cross on the map represents any of the following: hedge, table with benches, piles of rubbish, large den or small hut.

Map adjustments

Any adjustments to the map will be notified at the Start area.

Control descriptions

Printed on the map and loose at the Start area.

Some areas have several controls close to one another. Runners should carefully check the control number!

Terrain description Long (Saturday)

Moderately undulating woodland with some areas of cultural landscape.

Runnability varies from mostly good to poor. The forest consists mainly of pine and spruce, with some deciduous forest too. There are a few small marshes and an old network of paths and stone walls.

Longer courses also enter an area of very undulating terrain with patches of dense forest.

Terrain description Middle (Sunday)

Moderately to strongly undulating woodland with some areas of cultural landscape.

Runnability varies from good to poor. The forest consists mainly of pine and spruce, with some deciduous forest too. There is an old network of paths and stone walls within the area.



Barbed Wire	We advise runners to be aware that there may be barbed wire along some of the stone walls close to the Arena. This applies on both days.
Out-of-bounds areas	Areas that are out-of-bounds are marked on the map and in the terrain. Uncrossable stream: Most of the stream that runs through the area is marked as uncrossable on the map. Where the stream is marked as uncrossable, it may only be crossed at the designated crossing points shown on the map.
Drinking water	Saturday: Provided on the longer courses in the forest. Sunday: No drinks provided in the forest.
Reporting wildlife	Please report any sightings of large wildlife when you come in at the Finish.
Prizes	The number of prizes for each class will be posted on the Results Board in the Event Arena. All those taking part in the Introduction and U1 and U2 classes will receive a prize. Please collect your prize after you have finished your race. Prizes will be awarded to runners in M/W10-M/W16 classes. The speaker will announce when prizes are to be presented. Winners of the M/W18 class and upward will be announced by the speaker and asked to collect their prize. The organisers retain any prizes that are not collected.
Results	Results will be posted at the Arena and on Eventor. The map and courses will be uploaded to Livelox.
Emergency medical services/First Aid	Emergency medical services are provided at the Arena. First Aid is available during the race on Saturday at the places marked on the map.
Toilets	At the Arena. Toilets at the Start area: Saturday Some toilets. Sunday No toilets.
Showers	Heated outdoor showers about 400 metres from the Arena. NOTE: The number of showers is limited as the District's shower equipment is out of operation.
Refreshments/Hot meals	A good selection of food is available at the Arena including hamburgers. Tickets for pre-ordered hot meals should be collected at the Information Tent. Cash or payment by Swish.
Child-care services	Adjacent to the Arena. Children will enjoy blowing bubbles and painting pictures! Saturday: 10.00-14.00 Sunday: 09.00-13.00
String course	Saturday - the theme is Animals: 10.00-14.00 SEK 20. Sunday - the theme is Sports & Games: 09.00-13.00 SEK 20.



Sale of clothing and equipment

Team Sportia, an extensive range of items for sale. It is possible to pay by credit card.

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A WARM WELCOME!