



# Finnish Championships in sprint orienteering and IOF World Ranking Event 11.5.2024, Espoo, Finland

## Bulletin 1

Finnish Championships in sprint orienteering will be organized on 11.5.2024 in Espoo. Qualification will be held in the morning and finals will be run in the afternoon.

### Event organizer

Espoon Suunta

### Main officials

Event director: Virpi Palmén, [virpi.k.palmen@gmail.com](mailto:virpi.k.palmen@gmail.com), +358 404552852

Course setters: Kari-Pekka Seppänen, Lari Pernu, Alvar Palmén, Miika Vehmas

Result service: Pietari Hyvärinen

WRE contact person: Lari Pernu, [lari.pernu@gmail.com](mailto:lari.pernu@gmail.com), +358 504366803

Technical Adviser and IOF Event Adviser: Johan Uusimäki

Course controller: Petja Ylikylä, Angelniemen Ankkuri

### Event website

<https://espoonsuunta.fi/sm-sprintti-2024/>

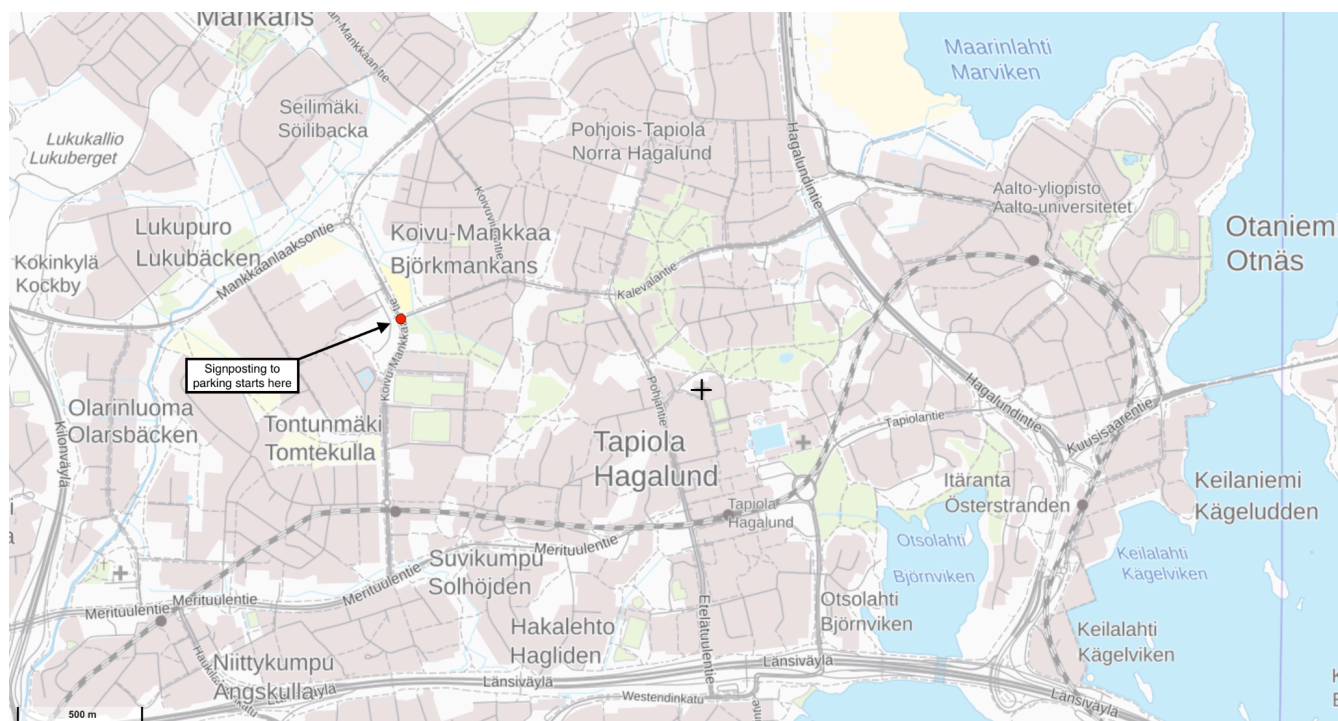
<https://eventor.orienteering.org/Events/Show/8029>



## Venue and parking

Signposting to the parking area will start from the crossing of Koivu-Mankkaantie and Kalevalantie  
(60°10'53.8"N 24°46'46.5"E)

[Google Maps link](#)



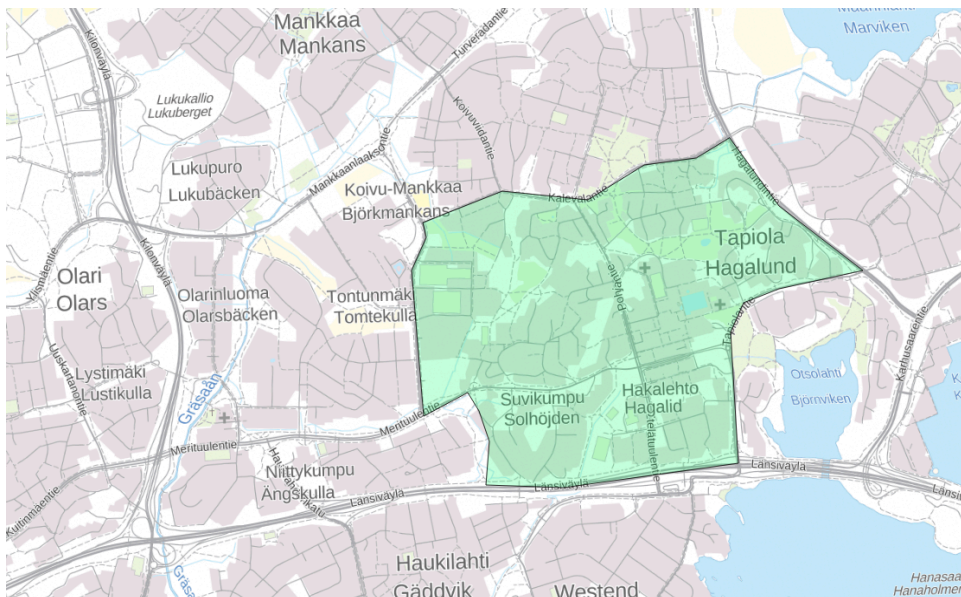
Route to the Arena will be signposted from the parking areas. Walking distance to competition center from parking area is 1-2 km and directions will be in place at 6AM. Parking is arranged by the organizer and instructions to the parking areas are announced in event web page before the competition.



## General map of the region and Embargoed area



The embargoed area is indicated on the map below. More information in SSL 'Karttarekisteri' <https://karttarekisteri.fi/index.php/pages/maps#> under 'Harjoituskiellot' (embargoed areas).





## Event information

### Competition rules

The rules established by both the International Orienteering Federation and Finnish Orienteering Federation will be applied in the competition. The rules of the Finnish Orienteering Federation are available on the website:

<https://www.suunnistusliitto.fi/kilpailu/saannot-ja-ohjeet/lajisaannot/> (only in Finnish),

and the rules of IOF are available on:

<https://orienteering.sport/orienteering/competition-rules/>

Spiked shoes and shoes with studs are forbidden in the competition.

Competitors shall not use or carry telecommunication (voice or text) equipment between entering the prestart area and reaching the finish in a race, unless the equipment is approved by the organizer. GPS-enabled devices (watches etc.) can be carried provided if:

- they have no map display
- they have no telecommunication ability
- they are not used for navigation purposes.

However, the organizer has the right to specifically forbid the use of such equipment. The organizer may require competitors to carry a tracking device and/or a GPS data logger.

### Classes and winning times

Classes M21 and W21 have WRE status. Entry to the competition implies entering to the Qualification race.

Sprint distance in WRE classes. Estimated winning times 10-12 min in Qualification race and 12-15 min in Finals.



## Punching system

The electronic punching system Emit will be used. Rental Emit cards are available from the event organizer, fee 5 €. Need for Emit card rental must be issued with the entry. If the rental Emit card is not returned after the competition, there will be a charge of 80 €.

## Event program

Event	Time	Notes	Distance to quarantine
Qualification first start	09.00	Quarantine closes at 09.00	Informed in Bulletin 2
Final first start	13.00	Quarantine closes at 13.00	Informed in Bulletin 2

Quarantine zone will be same in both starts. Indoor area and toilets will be available.

## Entries and entry fees

Entries and payments should be made primarily through IRMA service ([instructions for creating IRMA-account](#)) or alternatively via Eventor (those who don't have access to IRMA service). All WRE competitors make an entry to classes M/W21E. Entry fee in these classes is 51 €. Emit card number must be included in the entry.

Need for Emit card rental must be issued with the entry. If Emit card number is missing, the organizer will reserve an Emit card and charge 5 €.

The IOF World Ranking system only uses the Latin alphabet from A to Z. It is very important for all runners to check that the information about them is correct. Please check the following: the spelling of your first and last name, year of birth and nationality. If you find any mistakes, please find instructions on <https://eventor.orienteering.org/Home/HelpAndSupport>

It is not possible to pay through Eventor. The bank details for entry fee payment without access to IRMA are as follows:



Message: Competitor's name, SM-Sprint 2024

Account owner: Espoon Suunta ry.

Bank name: Nordea Bank Abp

Bank address: Satamaradankatu 5, 00020 Nordea, Finland

IBAN: FI05 1112 3000 3168 41

BIC: NDEAFIHH

Payments are accepted in euros only. Please indicate the names of the competitors in the message field of the payment form.

Entries and payments must be made no later than **Thursday, 2nd May 2024 at 23:59**. No late entries allowed.

## IOF ID

WRE athletes must include their IOF IDs in their entry. Athletes who do not have an IOF ID will get one by registering a user account in IOF Eventor: <https://eventor.orienteering.org/Register>

## Terrain

The terrain consists mainly of urban areas with paved paths and lawns.

## Map

Scale: 1:4 000, contour interval: 2 m, printing 5/2024. Mapping made by Alvar Palmén. The competition maps are in plastic cases. Map size is A4.

## Climate

In May the weather in Espoo can be anything from warm and sunny (15-20 degrees Celsius) to chilly, windy and rainy (5–10 degrees Celsius).



## Accommodation and food

Restaurant and take-away café offering coffee, sandwiches, soup lunches, and beverages. Additionally, plenty of other restaurants are within walking distance from the event center. More information regarding the offering in bulletin 2.

There are many accommodation possibilities in Espoo and a couple of offers are mentioned in the competition website: <https://espoonsuunta.fi/sm-sprintti-2024/majoitus/>

More possibilities from Visit Espoo website: <https://www.visitespoo.fi/en/visitor/stay-plan/accommodation>

**Please note that it is not allowed to stay in the embargoed area.**

## Showering

There is a possibility to shower indoors in the event center. If other arrangements are done, these will be highlighted in Bulletin 2.

## Transport

No transport offered by the organizers. It is easy to access the competition area by metro. Instructions for arriving by public transport will be announced on the event site before the competition.

## Visa requirements

According to current regulations, citizens of some countries must obtain a visa to enter Finland. Please check the following website for more information: <https://um.fi/entering-finland>. Visas should be applied for at your closest Finnish embassy. Please note that conditions of entry may change. All participants are advised to keep themselves updated on the situation by consulting their local Finnish embassy.

## Training opportunities

Model training possibilities are published on the event site. Espoon Suunta will organize trainings for clubs and individuals. <https://espoonsuunta.fi/sm-sprintti-2024/harjoittelumahdollisuudet/>

## Final event instructions and start times

There will be more information on the event site <https://espoonsuunta.fi/sm-sprintti-2024/> closer to the date of the competition. Bulletin 2 will be published in late April or early May.