



**IMATRA-FINLAND**

**ESOC | JWSOC | EYSOC | WMSOC**

**2017**

# BULLETIN 1

6-12 February 2017



1. Organisers .....	2
2. Event Controllers .....	2
3. Dates and types of competitions .....	3
4. Imatra – in the middle of Lakeland Finland.....	3
5. How to reach Imatra? .....	3
6. Classes and participation restrictions .....	4
7. Terrain and opportunities for training .....	5
8. Embargoed areas .....	6

## 1. Organisers

<b>Event Director</b>	Raimo Väisänen
<b>Secretary General</b>	Anni Toiviainen
<b>Course setter</b>	Heikki Husu
<b>Course setter</b>	Anssi Juutilainen

### Contacts:

Anni Toiviainen

+358503708243

esoc2017@gmail.com

Pilvikuja 14 B 9, 55100 Imatra, Finland

## 2. Event Controllers

<b>IOF Event Adviser</b>	Markus Puusepp (EST)
<b>National Controller</b>	Jouni Lipponen
<b>Course Controller</b>	Petri Annila



### 3. Dates and types of competitions

	ESOC	JWSOC, EYSOC	WMSOC	
Mo 6.2.2017	Model Event			
Tu 7.2.2017	<b>Sprint</b>	Model Event		Opening ceremony
Wed 8.2.2017	<b>Mixed Sprint Relay</b>	<b>Sprint</b>	Model Event	
Thu 9.2.2017	<b>Long (mass start)</b>	<b>Long (mass start)</b>	<b>Long</b>	
Fri 10.2.2017	Rest day	Rest day	Rest day	VIP Race
Sat 11.2.2017	<b>Middle</b>	<b>Middle</b>	<b>Middle 1</b>	
Sun 12.2.2017	<b>Relay</b>	<b>Relay</b>	<b>Middle 2</b>	Banquet

### 4. Imatra – in the middle of Lakeland Finland

The Borough of Imatra was founded in 1948 around three industrial settlements. In the course of the last 50 years, this amorphous group of settlements has grown into a modern industrial town dominated by Lake Saimaa, the River Vuoksi and the Finnish-Russian border. **The River Vuoksi** runs through Imatra and has resumed its rightful place as the recreational oasis for the inhabitants of the town.

During the last decade a lots of effort has been put into improving sports and tourism possibilities in the Ukkonniemi area. Nowadays you can do sports as well as to organise diverse sport events in the area. A new ice hockey arena, biathlon/Finnish baseball arena, tennis hall and football/multisport arena enable vast possibilities for training and competing.

### 5. How to reach Imatra?

You can travel by plane to Helsinki-Vantaa international airport, and rent a car there.

You can also travel by plane to Helsinki, and then by train to Imatra.

More information about train timetables:

<http://www.vr.fi/en/index.html>

If you want to rent a car from Imatra, please contact to the organiser.



## 6. Classes and participation restrictions

### ESOC (M/W 21):

Participation restrictions according to ESOC rules:

In each competition each federation may enter:

- Individual events: max 6 men and 6 women / country
- Mixed Sprint Relay: max 3 teams
- Relay: max 2 male teams and 2 female teams

The current European champion of the distance shall be given a wild card for the red group in addition to the ordinary entries from his/her federation.

Only competitors representing member federations of the IOF, defined by the International Olympic Committee as belonging to the European continent, can compete in ESOC.

Competitors representing other member federations of the IOF are able to participate in ESOC but will not be eligible for European titles, medals or diplomas.

### JWSOC:

In each individual competition, each Federation may enter up to 6 women and 6 men.

In the relay, each federation may enter up to 2 women's and 2 men's teams, each consisting of 3 team members. If a Federation is unable to make up full relay teams, it may form incomplete teams or teams with competitors from other federations.

Competitors who are representing a Federation shall have full passport-holding citizenship of the country of that Federation.

Each Federation may enter a team of up to 14 competitors — up to 7 women and up to 7 men — and an unlimited number of team officials.

### EYSOC:

For each individual competition a Federation may enter a maximum of 6 competitors in each class. A Federation may enter 2 teams in the Relay. If a Federation is represented by two teams in a relay class, only the team with the better result is considered in determining the placings. All competitors must have a valid passport of the country they are representing.

Competitors representing member Federations of the IOF, defined by the International Olympic Committee as belonging to the European continent, can compete in EYSOC.

Competitors representing other member Federations of the IOF can participate in EYSOC but will not be eligible for European titles, medals or diplomas.

### WMSOC (M/W 35, 40, 45, 50, 55, 60, 65, 70, 75, 80, 85, M90):

Open for everybody, the class depends on age. Medals are awarded in long distance and in middle distance events (two sets of medals).

*Long distance:* Single race event with random start order.



*Middle distance:* The result is based on the sum of the times of two middle distance races. The start order for the first event will be draft at random; start order for the second race will be the reverse first race start list.

## 7. Terrain and opportunities for training

The competition area offers several different elements for a challenging ski-orienteering competition. Though the height difference between lowest and highest point is only 30 m, in many parts of the terrain the slopes are steep and frequently appearing.

The most southern part of the terrain consists of a pine and spruce forest area with no natural skiing tracks. In some parts there are a lot of contour forms and steep slopes. The visibility is in many parts good.

In the middle part of competition area there is a golf course with open and semi open areas. West to the golf course there are pine forests with moderate height differences and with some wide cross country skiing tracks.

Near the arena there is a dense network of international level cross country and biathlon tracks, moderate height differences and steep slopes, some roads and holiday houses.

There will be opportunities to train ski orienteering during the winter 2017 in South Karelia, Joutseno. Orienteering club Joutsenon Kullervo will organize ski orienteering competitions 4-5 February. Model Event and cross country skiing track locate at Lammassaari (see the map of embargoed areas).



## 8. Embargoed areas

All kind of moving on the embargoed area is forbidden from 1st of April 2016 to the end of the Event. Only exception is training on the Imatra's first snow track until 31st of December 2016.

