

WOC 2024

**Sprint World Orienteering
Championships Edinburgh
12 - 16 July 2024**

IOF
INTERNATIONAL ORIENTEERING FEDERATION

Bulletin 2



SHARE THE MOMENTS THAT MATTER



Kyloe Restaurant, Edinburgh

[VISITSCOTLAND.COM](https://www.visitscotland.com)

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Photo Credit - Robert Lines

WELCOME TO EDINBURGH and SCOTLAND

Dear Athletes, Teams, Officials and IOF Family.

The WOC 2024 Organising Team warmly invites you to WOC 2024.

The prospect of a World Championships on the streets of one of the world's most recognisable cities is truly exciting. We are confident that we will provide high quality and challenging orienteering in a variety of terrains with arena locations that have been chosen to maximise the exposure of the sport and provide an incredible atmosphere.

The accompanying WOC Tour spectator races are sure to deliver a similarly immersive and inspiring experience, with courses taking in iconic sights and landmarks in Scotland's capital.

We cannot wait to share the experience with you and welcome you to Edinburgh in July 2024.

Andy Mitchelmore
WOC 2024 EVENT DIRECTOR

Scotland and Great Britain have a proud heritage of staging world-class sporting events, and I'm delighted that this will continue when WOC 2024 is hosted in Edinburgh.

British Orienteering are proud to support the event and I look forward to welcoming teams, athletes and spectators from around the world to compete and experience all that the Scottish capital has to offer.

Good luck!

Steve Cram CBE
BRITISH ORIENTEERING PRESIDENT

Edinburgh and Scotland will provide the perfect stage for the Sprint Orienteering Championships in 2024 with our proven track record in delivering world-class sporting and cultural events recognised internationally.

We look forward to welcoming athletes, officials and supporters from across the globe to our capital city where its historic landmarks, winding streets and warm welcome will provide the ideal backdrop for the championships.

EventScotland is delighted to be supporting the Sprint World Orienteering Championships 2024 and we look forward to continuing to work closely with partners locally and the wider orienteering community to produce a world-class event showcasing the sport of urban sprint orienteering.

Paul Bush OBE
VISITSCOTLAND'S DIRECTOR OF EVENTS

Edinburgh is a city of great sporting traditions and has staged many world-class sporting events in recent times, as well as hosting the world's biggest arts festival every year.

The city is renowned for its unique history, heritage and cultural vibrancy, and the Old Town is one of two World Heritage Sites here. Its narrow lanes and cobbled streets will provide a spectacular backdrop to the Championships and should afford those coming to spectate some stunning vantage points.

I look forward to welcoming all participants, officials and spectators to this captivating city, and I would like to assure everyone that a traditionally warm and friendly Scottish welcome awaits.

Robert Aldridge
THE RT HON LORD PROVOST OF THE CITY OF EDINBURGH

PARTNERS and SPONSORS

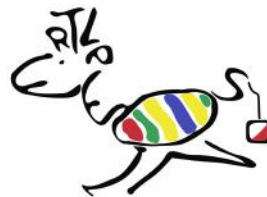
ORGANISING PARTNERS



EVENT PARTNERS



SPONSORS



ORGANISATION

Organising Committee:

Andy Mitchelmore	Event Director
Jon Cross	Assistant Event Director
Bob Dredge	Finance Director
Mark Stodgell	IT Director
Jon Hollingdale	Technical Director
Iain Smalls	Arena Manager
Rona & Jonathan Molloy	Athlete Services & WOC Office
Lorna Eades	Broadcast Director
Lindsey Knox	WOC Tour

Fiona Eades Graphics & Bulletin Design

Event Advisers and National Controllers:

Áron Less	Senior Event Adviser; IOF Project Manager (HUN) aron.less@orienteering.sport
Jari Kymäläinen	Assistant Senior Event Adviser (FIN)
Tony Thornley	National Controller (GBR)
Rob Hickling	Assistant National Controller (GBR)

Contact information:

Event information	IOF Eventor
Web	https://www.woc2024.org
General contact	info@woc2024.org
Event Director telephone	+44 (0)7703 751 916
Training (Ian Maxwell)	training@woc2024.org

EVENT PROGRAMME

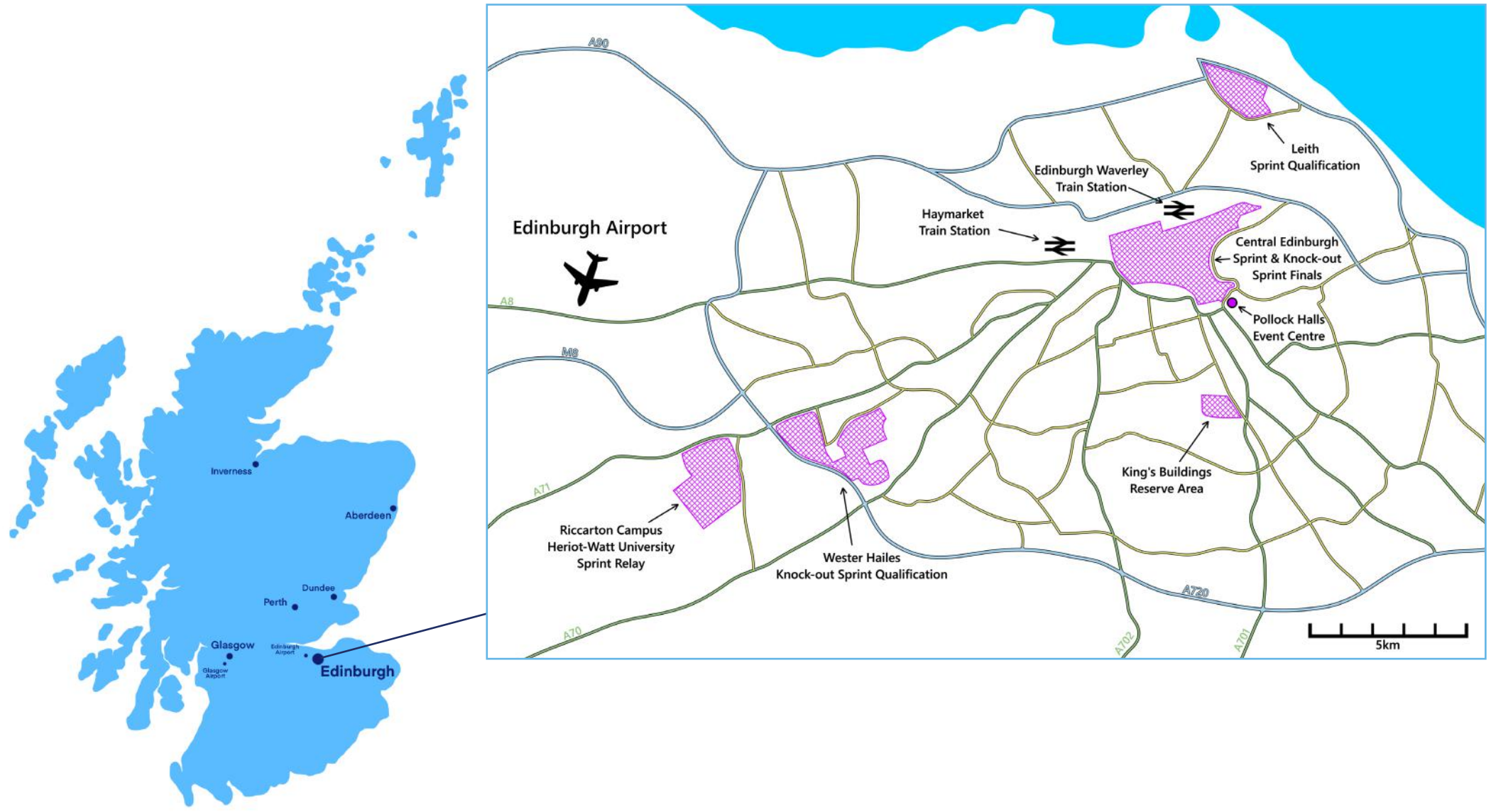
Wednesday 10 July	WOC Event Office Open (afternoon)
Thursday 11 July	WOC Event Office Open Model Event/Technical Model Event Opening Ceremony
Friday 12 July	AM – Sprint Qualification PM – Sprint Finals
Saturday 13 July	Rest Day
Sunday 14 July	PM – Sprint Relay
Monday 15 July	Rest Day
Tuesday 16 July	AM – Knock-out Sprint Qualification PM – Knock-out Sprint Finals Evening – Closing Ceremony & Banquet

EVENT CENTRE

The WOC 2024 Event Centre, the WOC Office and the main athlete accommodation are all located at:
Pollock Halls of Residence
18 Holyrood Park Road, Edinburgh, EH16 5AY, Edinburgh
GPS co-ordinates: 55.940293, -3.1717960

Pollock Halls is 2km from Waverley rail station and 15km from Edinburgh Airport. Please note that central Edinburgh is embargoed: athletes and team officials may only use permitted routes to pass through the embargoed area. More details at [IOF Eventor](#)

LOCATION



GETTING HERE

Edinburgh has great transport links to Europe and the rest of the World.

Rail: Waverley station in the city centre is served by direct trains (4.5hrs) run by [LNER](#) and [Lumo](#) from London Kings Cross, which is adjacent to the [Eurostar](#) terminal at London St Pancras.

Ferry: there is no direct ferry between Scotland and Europe, but [DFDS](#) has a daily sailing from Amsterdam to Newcastle, which is 90 minutes from Edinburgh by train.

Air: [Edinburgh Airport](#) (EDI), which is approximately 12km west of the city centre, has direct flights to many European cities. There are good [tram](#) and [express bus](#) links from the airport to the city centre.

VISAS

Citizens of some countries must obtain a visa in order to enter the UK. Potential WOC 2024 participants are advised to keep up to date with current regulations. Check if you need a visa [here](#)

INSURANCE

Each person participates in activities and competitions associated with WOC 2024 at their own risk, and each person is responsible for their own insurance coverage.

GETTING ABOUT

The Event Centre and all our venues are served by the city's excellent public transport system. This is usually the fastest and most reliable way of moving in Edinburgh, especially the city centre during the busy summer tourism season.

For route maps, journey planners and fare details, visit:
Bus: [Lothian Buses](#) and Tram: [Edinburgh Trams](#)

There will be no provision for car parking at any venue or the event centre for athletes and team officials.

There will be free compulsory transport (private coaches) for athletes and one team official per nation to and from some or all of the quarantine areas and arenas. Full details will be in Bulletin 3.

Transport arrangements for non-competing athletes and other team officials will be confirmed in Bulletin 3. We will supply all accredited athletes and team officials with a 5-day (12-16th July 2024) city-wide bus pass.

CLIMATE

Edinburgh's summer climate is mild and damp, with a daily mean of 15 degrees Celsius and 5.5 hours of sunshine.

Average precipitation is 72mm, with >1mm falling on 11 days a month. Sunrise is approximately 04.45, sunset approximately 21.45 in mid-July.

RULES, ENTRY REGULATIONS

The 2024 [Competition Rules](#) for IOF Foot Orienteering Events will be applicable to the 2024 Sprint World Orienteering Championships.

Competition classes are Women and Men with no age restrictions (Rule 5.7). All competitors represent a Federation (6.5). Requests for change of Federation representation will be checked by the IOF Office and will come into effect on 15th April or 15th November. A competitor may not change their Federation representation more frequently than once every four years (6.2). They must be a citizen of the country of that Federation (6.1)

In the Sprint and Knock-out Sprint competitions, every Federation may enter up to 3 women and 3 men and, in addition, the current World Champions for each format and the current Regional Champions for each format may be entered into the respective competitions by their Federation(s) (6.6). The full list of extra allocations will be published in Bulletin 3. In the Sprint Relay, each Federation may enter one team consisting of 4 team members of whom at least 2 must be women (6.9).

All competitors require an [IOF athlete licence](#) to participate at WOC 2024.

REFEREE SYSTEM

We anticipate that the new [IOF referee system](#) which is being trialled in 2023 will be in operation for all races.

EMBARGOED AREAS

Several areas in and around Edinburgh have been embargoed for WOC 2024. Up-to-date information on the embargo rules, the areas under embargo and permitted routes and permitted areas for studying is available at [IOF Eventor](#)

Embargoed areas and permitted routes and areas are subject to change at short notice. Potential competitors and other interested parties should always check IOF Eventor for the most up-to-date information.

All queries regarding embargoed areas should be sent to Jon Hollingdale technicaldirector@woc2024.org

A stricter embargo will come into effect for Central Edinburgh **from 1 July 2024**, with the withdrawal of most permitted routes and permitted areas for studying. Use of public transport between Waverley station and Pollock Halls will be permitted. Further details will be published in Bulletin 3.

PAST MAPS

Past maps of competition areas (where available) are accessible from the [WOC 2024 website](#)

Routegadget from previous events and information on public access mapping data are also available at the [WOC 2024 website](#)

ENTRIES

Entry will open on 1st April 2024. Entries can only be made in IOF Eventor. If you have any queries, contact entries@woc2024.org.

- » The deadline for Team Size Entry is 12 May 2024
- » The deadline for Team Names Entry is 2 July 2024
- » The deadline for Late Entries, changes of Team Size or Team Names is 11 July at 12:00 noon.

At **Team Size Entry**, the following information must be given;

- » Team Manager (chosen from a list in IOF Eventor) including email and mobile phone contact details
- » Number of Team Athletes (Men & Women) - total
- » Number of Team Officials
- » Number of Team Athletes in each individual race.
- » Teams for Sprint Relay

There is no maximum number of officials per team.

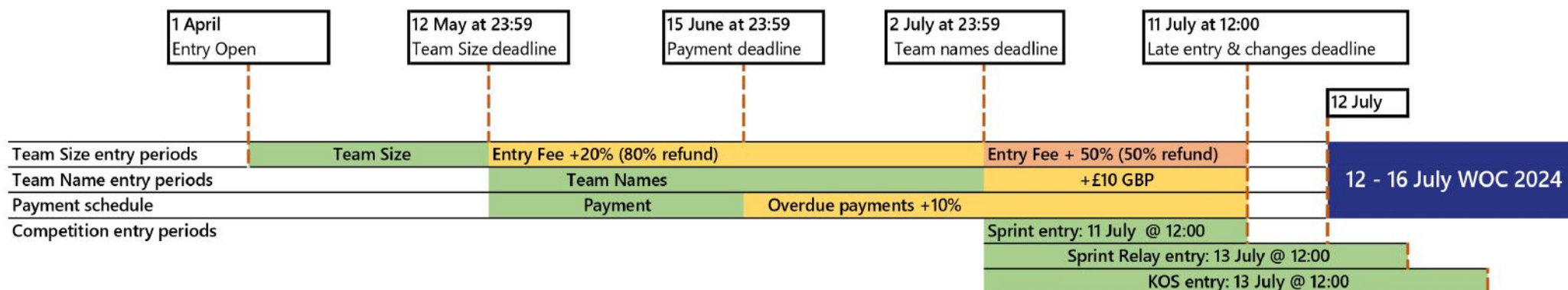
At **Team Names Entry** the following information must be given;

- » Names of each athlete by selecting from the Federation members within IOF Eventor.
- » SIAC card numbers

Late Entries, changes of Team Size or Team Names;

- » Changes will attract a surcharge
- » Changes must be communicated directly to the organiser via wocoffice@woc2024.org (the organiser will then make the changes in IOF Eventor after the deadline).
- » No changes will be accepted after 12:00 noon, 11 July

Category	Detail	Fee (£)
Athletes	Accreditation per athlete	160
	Entry: sprint	125
	Entry: knock-out sprint	125
Relay Team	Entry per team	250
Team Officials	Accreditation per official	160
Late Payment	After 15 June 2024	+10%



ACCREDITATION

ATHLETES AND TEAM OFFICIALS

Accreditation will take place at the WOC Event Office during published opening hours. Each registered team member must present their personal passport before they can be accredited. Team Managers must be present at accreditation in case there are any clarification issues about citizenship, IOF licence etc. required.

A personal WOC ID card with photo will be handed out at the accreditation. All accredited persons must wear this card at all relevant times, and it must be presented for access to all means of transport and authorised zones. The online entry form on IOF Eventor requires that all persons to be accredited provide a personal portrait photo for use on the ID card.

Participation in WOC events is only possible if all payments are fully settled by 11 July 2024 at 12.00 noon.

Accreditation fee includes: city-wide bus pass from 12-16th July 2024, model events, compulsory transport, competition maps.

For teams where the function of the team official is performed by an athlete there will be no additional charge for the team official/athlete.

VIP, MEDIA, IOF OFFICIALS, GUESTS

All registrations must be made via IOF Eventor. Please select the correct category and role. Entry will open on 1st April 2024. The deadline for registration and payment is 15th June 2024.

Category	Detail	Fee (£)
VIP	Accreditation per person. Classic VIP including catering, 5-day city bus pass	TBC
IOF Guests	IOF Honorary President/Member, IOF Partners and Sponsors	0
IOF Family	Basic catering, set of competition maps, 5-day city bus pass	TBC
Media	Accredited Media – no fee, but must register with WOC 2024 Media Manager and must collect and use provided accreditation	0

PAYMENT

Payment must be transferred to the WOC 2024 bank account and made in £GBP. Invoices/Receipts will be issued on request and receipt of payment. The payer shall cover all bank charges. All payments must be received by 15th June 2024, late payment will attract a 10% surcharge.

Bank details:

Scottish Orienteering 6-Day Event Co Ltd
 National Orienteering Centre, c/o Glenmore Lodge, Aviemore,
 Inverness-shire, PH22 1QU
 Bank of Scotland PLC, PO Box 1000, BX2 1LB
 Account number 10238866
 Sort Code 80-09-88
 IBAN GB30 BOFS 8009 8810 2388 66
 BIC BOFSGB21023

Contact in case of queries – finance@woc2024.org

ACCOMMODATION

POLLOCK HALLS

Pollock Halls of Residence are part of the University of Edinburgh and during the summer vacation there are over 2,000 rooms available. A range of room types is available, including standard single, double or twin en-suite rooms and self-catering 4/5-bedded 'flats'.

The [University of Edinburgh Hospitality and Events Collection](#) has accommodation at Pollock Halls available for booking from Thursday 11th July to Wednesday 17th July 2024.

National teams have priority for bookings until the end of December 2023. After that date rooms will be available for booking by volunteers connected to WOC 2024 so teams are advised to book as soon as possible to ensure availability. All bookings must be made by Monday 15th April, when remaining rooms will be released for booking by the general public.

Teams must make their own bookings directly.

To start the booking process contact wocoffice@woc2024.org who will provide accommodation contact details and give you a booking code to use.

Each team will be required to complete a customer creation form before a provisional booking can be made and booking contract sent out for signing. The signed booking contract must be returned within 14 days to confirm the booking or the accommodation will be released for resale. Payment is required 30 days prior to arrival.

TYPE AND COST OF AVAILABLE ACCOMMODATION

Scholar Hotel

Bed & Breakfast per room per night

- » Single Occupancy in Twin/Double Deluxe Ensuite Room - £160
- » Double Occupancy in Twin/Double Deluxe Ensuite Room - £180

Pollock Halls Catered Student Accommodation

Bed & Breakfast per room per night

- » Single Standard with shared bathroom facilities - £50
- » Holland House Single Ensuite - £65
- » Chancellors Court Twin Occupancy Ensuite - £120

Fraser Court Self Catered Accommodation per flat per night

- » 4 person flats - £128
- » 5 person flats - £160
- » Optional breakfast @ £12.25 per head per service

Only an entire flat can be booked and teams will be charged for a full flat regardless of occupancy.

CATERING

Groups that require lunch and/or dinner can discuss preferential inclusive rates based on numbers. Standard buffet lunch and dinner prices for 2024 are:

- » John McIntyre Conference Centre Buffet Lunch - £14.50
- » John McIntyre Conference Centre Buffet Dinner - £20.50
- » Packed Lunches - £9.00

We recommend that athletes and officials stay at Pollock Halls. Teams are free to arrange their own accommodation elsewhere but note that many hotels are within the embargoed areas. It is the responsibility of competitors to check this and ensure that embargoes are observed.

MEDIA SERVICES

Accredited media personnel will have access to a Media Centre at or near all finals arenas. Services for media will include:

- » Working facilities including wifi access
- » Displays showing broadcast/arena production
- » Maps/start lists
- » Coffee/tea
- » Managed access to photo/media zones
- » Managed access to mixed zone

Please note that there will be no car parking provision at arenas/venues. We are requesting that everyone uses public transport within the city. Please see notes elsewhere in this Bulletin.

All media personnel must be accredited – the process for this will open alongside regular accreditation on 1 April 2024.

ANTI-DOPING

Doping is strictly forbidden, and the organisers of WOC 2024 are dedicated to supporting the anti-doping authorities in their work. Doping controls may be carried out any time during the competition period in accordance with the procedures described in the [WADA International Standard for Testing and Investigations](#).

The [IOF Anti-Doping Rules](#) and the [World Anti-Doping Code 2021](#) apply as of 1 January 2021.

MEDICAL SERVICES

Athlete medical services will be provided at the competition arenas.

Outside of competitions, you can request medical attention or contact the Emergency Services (Police, Fire Service, Ambulance Service). In a life-threatening situation dial 999.

If it is not a life-threatening emergency, please dial 111.



Photo Credit - Univeristy of Edinburgh

COMPETITION DETAILS

All event information on the following pages is provisional: in particular all arena locations and GPS co-ordinates are approximate and subject to confirmation.

Distances to arenas from the event centre are by road.
Course lengths are indicative, estimated winning times will be in accordance with IOF rules.

PUNCHING/TIMING SYSTEM

SPORTident Air+ punching will be used for all competitions. Participants are requested to use their own SIAC cards as primary SIAC during the event, for sustainability reasons. SIAC card numbers must be given with the Team Names.

The organiser will offer SIAC cards for hire for athletes who cannot provide their own card. One back-up SIAC card will be provided by organisers for free as a reserve in case of primary SIAC card failure only.

GPS

GPS tracking devices will be used for viewing competitions on the large screens at the arena, for live transmission and as part of the TV broadcast. All competitors must be prepared for GPS tracking: the device will be carried on the back of the competitor in an elastic harness. More details will be provided in Bulletin 3.

CLOTHING

Competitors should note that spiked or metal dobbed shoes are not allowed. Otherwise, there are no clothing regulations.

TEAM TENTS AND EQUIPMENT

Team tents are not allowed in the pre-start zones, quarantines or in the team zone at the finish.

ARTIFICIAL BARRIERS

Artificial barriers may be used in some races. Our intention is that we will use the same mapping conventions as WOC 2022 (please note this is subject to IOF approval).

As per the illustration below, where metal fences are used as artificial barriers, they will be marked on the map with a 0.5 mm thick purple line backed by an Out-of-bounds area (ISSprOM 709). Where barriers are only marked in the terrain with IOF tape, the Out-of-bounds area (ISSprOM 709) will be bounded by a 0.35 mm thick purple line.



SPRINT QUALIFICATION - Friday 12 July (am) Leith

Format	Sprint Qualification
Arena	Leith Links GPS coordinates: 55.970600,-3.166000 Distance from Event Centre: 4km
Transport	Transport from event centre to quarantine and from arena to event centre for all competitors and one official per team will be provided by the organisers.
Map	Leith, 1:4,000, 2.5m contour interval, drawn by Graham Gristwood (GGMaps) in ISSprOM 2019-2
Terrain	Leith is an historic port area at the mouth of the Water of Leith in the north of Edinburgh. After decades of industrial decline and resultant depopulation in the post-war era, Leith has seen an upturn in fortunes in recent decades with significant redevelopment of housing and office space and the arrival of tourist attractions such as the Royal Yacht Britannia. Leith was named as the fourth 'coolest neighbourhood in the world' by Time Out in 2021. Leith has an asymmetric street plan and an eclectic mix of older and newer residential properties, including some significant blocks of social housing. The water front area has numerous shops and cafes whilst the Newkirkgate shopping centre is the main retail hub. The extensive parkland of Leith Links make it a popular recreation area. Leith is served by buses and tram from the centre of Edinburgh. Running surfaces will be mostly paved, with some cobbles and limited areas of grass. The area is mostly flat with only limited gradients (max elevation change 10m).
Hazards	River (Water of Leith) Tram line Pedestrians
Start Interval	1 minute
Course Setter	Ross McLennan
Courses (approx. length and estimated winning time)	Men: 4km, 13:30 minutes Women: 3.4km, 13:30 minutes

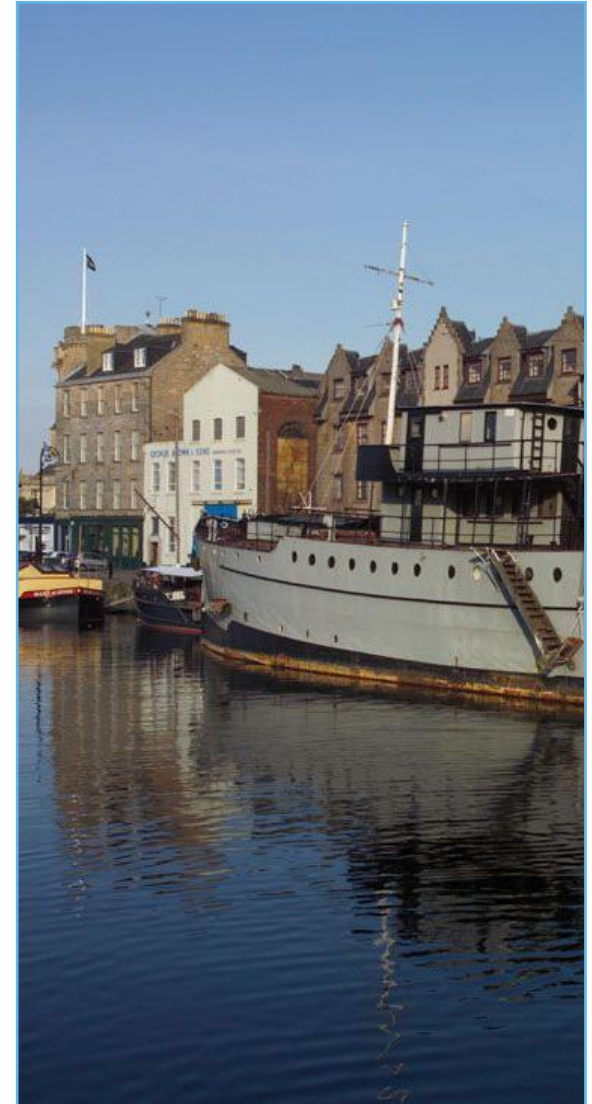
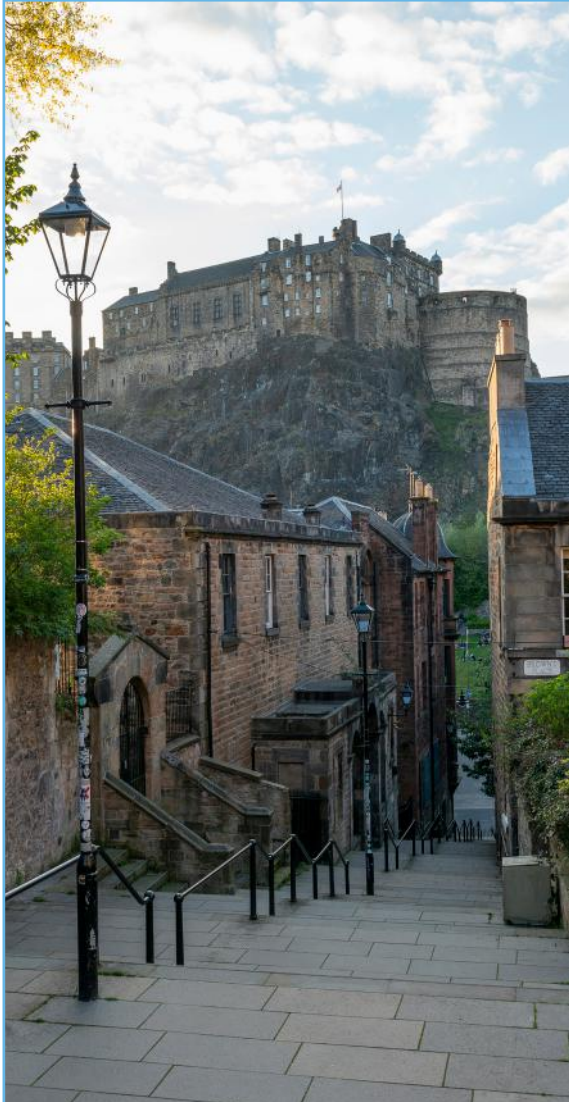


Photo Credit - Univeristy of Edinburgh

SPRINT FINALS - Friday 12 July (pm) Central Edinburgh



Format	Sprint Finals
Arena	Princes Street Gardens GPS coordinates: 55.950769 , -3.2002033 Distance from Event Centre: 3km
Transport	If required, transport from event centre to quarantine and from arena to event centre for all competitors and one official per team will be provided by the organisers.
Map	Central Edinburgh, 1:4,000, 2.5m contour interval, drawn by Graham Gristwood (GGMaps) in ISSprOM 2019-2
Terrain	Edinburgh is the capital of Scotland: the centre of the city hosts the Scottish Parliament, government offices, the highest law courts and many iconic buildings including cathedrals, churches, libraries and museums, as well as public gardens and parkland. The skyline is dominated by Edinburgh Castle and Arthur's Seat in Holyrood Park. The University of Edinburgh, founded in 1582, occupies a significant number of historical and modern buildings across the city centre. The city's historical and cultural attractions, and summer festivals have made it the UK's second-most visited tourist destination, attracting over 4 million visitors annually, supporting a wide range of restaurants and retail outlets, particularly along the Royal Mile. The city centre also includes significant residential areas both historical and modern, with narrow vennels (passageways) and complex housing schemes providing a variety of orienteering challenges. Running surfaces will be mostly paved, with some cobbles and limited areas of grass. There is significant variation in elevation across the city centre and there are some steep slopes and narrow stairways (max elevation change 60m).
Hazards	Pedestrians: some areas will be very busy
Start Interval	To be confirmed
Course Setter	Ross McLennan
Courses (approx. length and estimated winning time)	Men: 4km, 13:30 minutes Women: 3.4km, 13:30 minutes

Photo Credit - Chris Close

SPRINT RELAY - Sunday 14 July (pm) Riccarton Campus, Heriot-Watt University

Format	Sprint Relay
Arena	Riccarton Campus, Heriot-Watt University GPS coordinates: 55.910200,-3.315400 Distance from Event Centre: 11km
Transport	Transport from event centre to quarantine and from arena to event centre for all competitors and one official per team will be provided by the organisers.
Map	Riccarton campus, 1:4,000, 2.5m contour interval, drawn by Dave Peel (Peel Land Surveys) in ISSprOM 2019-2
Terrain	Heriot-Watt was initially established in 1821 to provide practical knowledge of science and technology to Edinburgh's working men. It became a university in 1966, and began the development of a new campus on the Riccarton Estate, to the south-west of the city. The campus area now includes various blocks of student accommodation, a business park, a hotel, Scotland's elite Oriam Sports Performance Centre facility and the UK's first FlexBIO flexible downstream bioprocessing centre, all set in attractive parkland. The campus is adjacent to the Hermiston Park and Ride and is served by buses from the city centre. Running surfaces will be a mix of paved surfaces, unpaved paths and natural terrain, including significant areas of grass and runnable woodland. The competition area is predominantly flat with some gentle gradients (max elevation change 25m).
Hazards	Lakes Woodland Ruined fences
Start Interval	Mass start
Course Setter	Graeme Ackland
Courses (approx. length and estimated winning time)	Men: 4.2km, 14:00 minutes Women: 3.6km, 14:00 minutes Overall winning time 56-57 minutes



Photo Credit - Lorna Eades

KNOCK-OUT SPRINT QUALIFICATION - Tuesday 16 July (am) Wester Hailes



Format	Knock-out Sprint Qualification
Arena	To be confirmed GPS coordinates: to be confirmed Distance from Event Centre: 9km
Transport	Transport from event centre to quarantine and from arena to event centre for all competitors and one official per team will be provided by the organisers.
Map	Wester Hailes, 1:4,000, 2.5m contour interval, drawn by Dave Peel (Peel Land Surveys) in ISSprOM 2019-2
Terrain	Wester Hailes is a residential area in the south-west of Edinburgh. It was largely developed in the early 1970s, which is reflected in the dominant housing styles, mainly purpose-built flats and tower blocks. Extensive redevelopment in more recent years has involved replacement of high-rise flats with newer low-rise housing. Westside plaza is the main social and shopping hub of the area; it includes a cinema and is served by buses and trains from the centre of Edinburgh. The Edinburgh and Glasgow Union Canal runs through the area. Running surfaces are a mix of paved roads, paths and communal grass areas between housing. The area is mostly flat with only limited gradients (max elevation change 15m).
Hazards	Canal
Start Interval	1 minute
Course Setter	Jon Cross
Courses (approx. length and estimated winning time)	Men: 2.8km, 9 minutes Women: 2.4km, 9 minutes

Photo Credit - Fiona Eades

KNOCK-OUT SPRINT FINALS - Tuesday 16 July (pm) Central Edinburgh

Format	Knock-out Sprint Finals (Quarter-finals, Semi-finals and Finals)
Arena	St John Street GPS coordinates: 55.950300,-3.180800 Distance from Event Centre: 1.5km
Transport	If required, transport from event centre to quarantine and from arena to event centre for all competitors and one official per team will be provided by the organisers.
Map	Central Edinburgh, 1:4,000, 2.5m contour interval, drawn by Graham Gristwood (GGMaps) in ISSprOM 2019-2
Terrain	Edinburgh is the capital of Scotland: the centre of the city hosts the Scottish Parliament, government offices, the highest law courts and many iconic buildings including cathedrals, churches, libraries and museums, as well as public gardens and parkland. The skyline is dominated by Edinburgh Castle and Arthur's Seat in Holyrood Park. The University of Edinburgh, founded in 1582, occupies a significant number of historical and modern buildings across the city centre. The city's historical and cultural attractions, and summer festivals have made it the UK's second-most visited tourist destination, attracting over 4 million visitors annually, supporting a wide range of restaurants and retail outlets, particularly along the Royal Mile. The city centre also includes significant residential areas both historical and Wmodern, with narrow vennels (passageways) and complex housing schemes providing a variety of orienteering challenges. Running surfaces will be mostly paved, with some cobbles and limited areas of grass. There is significant variation in elevation across the city centre and there are some steep slopes and narrow stairways (max elevation change 60m).
Hazards	Pedestrians: some areas will be very busy
Start Interval	Mass Start
Course Setter	Jon Cross



Photo Credit - University of Edinburgh

TRAINING OPPORTUNITIES

A wide range of training opportunities is available in the period leading up to WOC 2024, from formal training camps to provision of maps for self-organised training.

TRAINING CAMPS

Edinburgh University Orienteering Club (EUOC) will host an elite sprint training camp in and around Edinburgh from 22-25th January 2024, including opportunities for head-to-head knock-out sprint training. This will be linked to their annual [Big Weekend](#) event. For more details, or to register interest for the training camp, email rep.euoc@gmail.com

Further training camps will be organised in 2024; check the [WOC 2024 website](#) for updates or contact training@woc2024.org.

MAPS FOR SELF-ORGANISED TRAINING

The [WOC 2024 website](#) has a list of OCAD files of relevant areas across central Scotland which are available for release to national teams for self-organised training. Further areas will be made available in due course.

For costs and full terms and conditions please contact Ian Maxwell, WOC 2024 Training Coordinator at training@woc2024.org

COMPETITION OPPORTUNITIES

An extensive programme of competition opportunities is being organised in the run-up to WOC 2024, already including [Sprint Scotland 2023](#) and [Euromeeting 2023](#).

Future events include:

Edinburgh University Orienteering Club's [Big Weekend 2024](#) will take place from 26-28th January, and will be fully sprint focused. The weekend will include a 2x2 sprint relay and two individual sprint races, with one designated a World Ranking Event. Entries are open for the [individual sprint](#) and the [2x2 relay](#).

[Sprint Scotland 2024](#) is organised by [Masterplan Adventure](#) and will take place on 4/5 May 2024.

The Glasgow City Race Weekend organised by [STAG](#) will be held on 10-12 May 2024.

WOC 2024 selection races are provisionally scheduled for 29/30 June 2024 and will comprise a Sprint and Knock-out Sprint. Details will be advertised on the WOC 2024 website and in future bulletins.

In addition to the events listed above, Scotland has a long-established and well-attended [Urban League](#): participation by international squads and athletes is welcome in all competitions.

WOC TOUR 2024

As part of WOC 2024 we welcome clubs, families and individuals from around the world to WOC Tour 2024, both to support their national teams and to enjoy their own races in some outstanding locations in Scotland's capital. The Tour will offer a diverse range of orienteering races and activities which are fully integrated with the official WOC programme.

PROVISIONAL SCHEDULE

Thursday 11 July	Holyrood Park
Friday 12 July	Leith - Sprint
Saturday 13 July	Venue TBC - Indoor multi-storey campus race
Sunday 14 July	Riccarton Campus Heriot-Watt - Urban (middle)
Monday 15 July	Central Edinburgh - Urban (long)
Tuesday 16 July	Wester Hailes - Sprint

WOC Tour timings will be arranged to allow spectating the WOC races.

COMPETITION CLASSES

WOC Tour 2024 will offer courses and competition classes suitable for participants of all ages, from young juniors through to older veteran competitors. The WOC Tour events will be appropriate for all levels of experience, including novices who want to give orienteering a try.

ENTRY

Entries will open via [SIEntries](#) in January 2024. Further information will be published at the [WOC Tour webpage](#) at the same time.

TRAVEL & ACCOMMODATION

Please see 'Getting Here' on page 8 of this Bulletin for more information on transport options for reaching Edinburgh. Edinburgh is also well served by train and bus links to nearby towns, as well as the bus and tram services within the city itself. For route maps, journey planners and fare details, visit:

Train: [ScotRail](#), Bus: [Lothian Buses](#), and Tram: [Edinburgh Trams](#)

Edinburgh and nearby towns offer a wide variety of accommodation possibilities from private rentals and deluxe apartments to budget chain and 5-star hotels, which can be found through well-known accommodation booking sites. In addition, our event partner the University of Edinburgh offers accommodation in student rooms and apartments during the summer, including some at Pollock Halls which is also the WOC 2024 event centre. Some rooms are available now and we expect that they will release further rooms for public booking sometime in early 2024.

TRANSPORT

We encourage you to use the extensive public transport network in Edinburgh to access events where possible. We recognise that many WOC Tour participants will not be staying within the city itself, and we will recommend parking solutions for the races where this is appropriate. For some race venues the only sensible way to access the event will be via public transport.

Further information on bus, tram and train options for travel will be available in due course. In addition, [Park & Ride](#) options are available for competitors using accommodation outside the city. We hope to offer competitors a reduced price transport pass for the duration of the Tour.

WOC 2024

 **Sprint World Orienteering Championships** Edinburgh



We can't wait to see you in Scotland in 2024

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Registered in Scotland: No.SC112669
Registered Office: National Orienteering Centre,
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