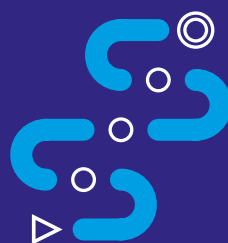




# BULLETIN 1

version v03 21 December 2022



SYDNEY  
SPRINT  
WEEKEND

11-12 March 2023







# INTRODUCTION

Sydney Sprint Weekend (SSW) is a series of four exciting sprint orienteering races. Courses are offered to suit everyone who enjoys sprint orienteering, from age 12 and under to 70+, and from novice to elite.

All races are on campus style terrain.

The first race, the Individual Sprint, is a World Ranking Event (WRE) for Elites and an Australian selection trial for JWOC. All events make up Round 2 of Orienteering Australia's National Orienteering League (NOL).

For those interstateers who don't have to return to work on the Monday (unlike those of us in NSW), there will be a low-key event in the morning with stunning views over Sydney's iconic harbour.

We invite everyone to join us for a fantastic weekend of sprint orienteering.

## CONTACT DETAILS

Website: <https://onsw.asn.au/events/ssw2023>

Facebook:  [Sydney Sprint Weekend 2023](#)

Entries: [sydneysprints2023@gmail.com](mailto:sydneysprints2023@gmail.com)

Enquiries: Mark Shingler  
0412 404336





# COMPETITION

## SSW OVERALL COMPETITION

Overall placings in each class will be based on a competitor's best three results from the four races using Eventor's series logic.

To add some excitement to the non-elite classes, the top six from each class will take part in a head-to-head in Sunday afternoon's event, you will need to have finished all three of the previous events to be eligible for this.

Prizes will be awarded to overall winners of each head-to-head race as well as overall class winners.



## NOL COMPETITION

The NOL competition comprises all four races of the Sydney Sprint Weekend. NOL teams are reminded that all runners are required to run in team uniform and wear competition number bibs (provided by the organisers).

NOL competitors should also ensure that they enter as members of their NOL team. If you enter as a club member you will not be included in the NOL team point score.

Each of the individual events will score NOL points toward both the individual and team competitions. The Mixed Sprint Relay will count for team points



## WORLD RANKING EVENT

On behalf of the International Orienteering Federation, Orienteering NSW invites elite orienteers from around the world to a sprint distance World Ranking Event (WRE) in Sydney, Australia. The WRE will be Race 1 of the weekend's competition at University of Sydney, Camperdown & Darlington campuses on Saturday 11<sup>th</sup> March 2023.



### WRE Entries

All entries and payments for this event should be made via Orienteering Australia's online entry system Eventor. Go to the events listed for Saturday 11<sup>th</sup> March 2023 and enter by selecting "[Sydney Sprint Weekend Race 1: Elite Individual Sprint \(NOL, WRE\) + Public Sprint](#)". Alternatively, the WRE can be entered as part of the whole weekend by selecting "[Sydney Sprint Weekend – All four races](#)".

To enter, you need to be registered with Australian Eventor, and have a login and password. If you are entering for other people, they will also need to be registered. Eventor records your details, making event entry quick and easy.

Australian Eventor has now been updated to collect IOF person IDs, competitors who wish to receive World Ranking points are asked to ensure that they have updated their Australian Eventor profile with their IOF person ID prior to entering (My Pages > My Profile > Competitor details).

Competitors who do not provide an IOF ID number will only be entered into the NOL and



consequently will not receive any World Ranking Points.

### WRE entry fee

The standard entry fee for the WRE is A\$24 (AUD), late entry fees may apply.

This is the entry fee for entering only the WRE (Race 1 of SSW). If entering all the Sydney Sprint Weekend races additional fees will apply.

### Entry deadline

Entry deadline: Sunday 26<sup>th</sup> February 2023, 11.59pm, Australian Eastern Daylight Time

Late entries close Thursday 2<sup>nd</sup> March 2023, 11.59pm, Australian Eastern Daylight Time

### World ranking points for M/W20E competitors

All M/W20E competitors who wish to receive World ranking points should still enter M/W20E for this event with their IOF person ID provided as above. With M/W20E running the same courses as M/W21E, the organisers will compile WRE Men and Women results lists that include all eligible M/W20E competitors.

## AUSTRALIAN TEAM SELECTION TRIALS


Race 1, the Individual Sprint, on Saturday 11th March will be a 'category A' selection trial for the Junior World Orienteering Championships. Confirmation is pending if any of the other races will be 'category B' selection trials for JWOC.





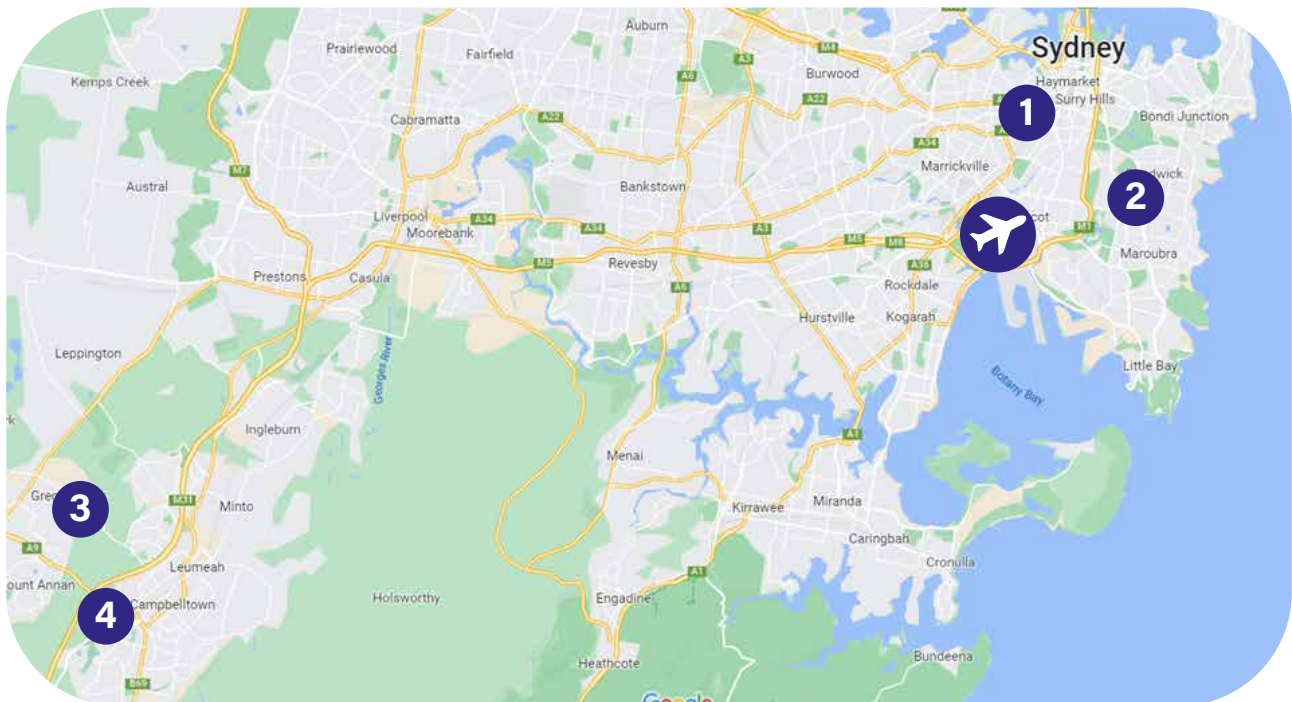


# PROGRAM AND RACE DETAILS

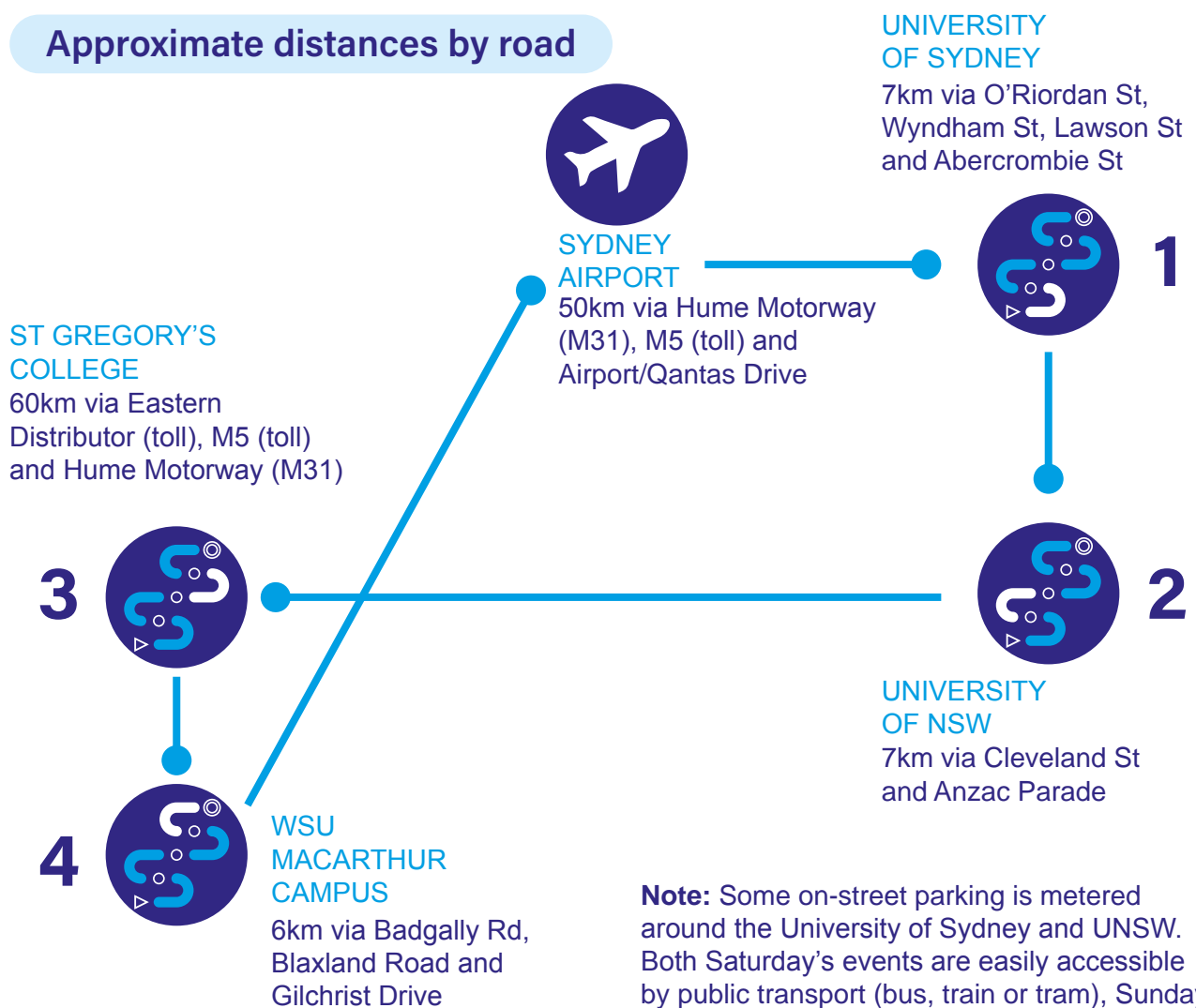
				
	Saturday 11 <sup>th</sup> March		Sunday 12 <sup>th</sup> March	
	AM	PM	AM	PM
Location	University of Sydney	University of NSW	St Gregory's College, Campbelltown	WSU Macarthur Campus
Competitions	WRE NOL SSW	NOL SSW	NOL SSW	NOL SSW
Format	Individual for all classes	Sprint relay for NOL  Individual for other classes	Elite Knockout Qual & QF  Individual for other classes	Elite Knockout SF & F  Individual for other classes
Planner	Ross Barr	Shane Doyle	Jock Davis	James McQuillan
Event advisor	Paul Prudhoe			
Controller	Paul Prudhoe	Nick Dent	Robert Spry	Rodney Parkin
Organiser	Amanda Mackie	Airdrie Long	Ruth Sheddon	Selwyn Sweeney
Indicative start times	10:00am All	3:30pm Mixed Sprint Relay (MSR) 4:50pm Public	8:30am KO 9:00am public	2:25pm KO 3:00pm other
				



# LOCATION



## Approximate distances by road





## COURSE / CLASS DETAILS

Course distances and other relevant details for each race will be shown in Bulletin 2.

### Individual Sprint

COURSE	CLASSES
1	M21E, M20E
2	W21E, W20E, M40, M Open, Senior boys
3	W40, W Open, Senior girls, M50, Junior boys
4	W50, Junior girls, M60
5	W60, W70+, M70+
6	W12, M12, M/W Novice Open

- Target winning times for all classes are 12 – 15 minutes.
- Senior boys/girls = 20 years or under as at 31<sup>st</sup> Dec 2023.
- Junior boys/girls = 15 years or under as at 31<sup>st</sup> Dec 2023.
- M Open, W Open, and Novice Open are open to all ages.
- Novice Open is a men/women combined class.
- Course 6 is easy navigation – most legs between controls will be short or follow line features such as paths or building edges. Route choices will be simple and control sites will be obvious.
- Competitors in M/W Novice Open may be shadowed or compete as a group. All other classes are only for individuals, competing without assistance. Anyone shadowing must have competed first, or be considered as non-competitive.
- Classes that receive few entries may be combined with other classes

### Elite Mixed Sprint Relay (MSR)

- The target winning time (the total time for the winning team) is 55-60 minutes.
- The target time for each leg is 12-15 minutes.

### Elite Knock-Out Sprint

- The target winning time for the qualifier is 10 minutes. The target winning time for the quarter final, semi-final and final is 6-8 minutes.





## MAPS

Maps will be updated to ISSprOM 2019-2 and will be printed on waterproof paper.

Map scale will be 1:4,000 for races 1 & 2 and 1:3,000 for races 3 & 4, including all rounds of the Knock-Out Sprint.

All races will be on updates of existing maps and are on complex university or college/school campuses – a mixture of man-made and park environment including buildings, pathways, passages, gardens, man-made features, sports grounds, lakes, car parks, individual trees etc.

Copies of the previous maps will be displayed on Eventor and the Sydney Sprint Weekend website from January 2023.

## TIMING

SPORTident AIR+ (SIAC) contactless punching will be enabled for all four races. SI units will be in “beacon mode” for contactless punching but will also record non-SIAC enabled sticks that are “punched” in the normal way.

Competitors will be able to use their own SIAC or conventional SPORTident stick.

SIAC sticks can be hired at a flat rate of \$8 for the weekend, regardless of the number of races entered. A charge of \$120 will apply if a hired SIAC stick is not returned at the end of the carnival.

## CLOTHING AND EQUIPMENT

**Competition footwear:** No shoes with metal spikes are allowed.

**Competition clothing:** There are no special restrictions on clothing. As per the NOL guidelines, NOL athletes will be expected to wear their team uniform.

**Competition number bib:** All elite competitors will be required to wear a chest number “bib”. A separate bib will be issued for the MSR.

## ACCOMMODATION

Sydney has a large variety of accommodation options at a range of prices, refer to the common booking sites for more details.







## EMBARGOES

The Sydney Sprint Weekend venues are embargoed, as follows, for all intending competitors.

### University of Sydney (Camperdown & Darlington Campuses)

Reconnoitring or training, including training with one of the existing orienteering maps of the campus is not permitted. Other activities, including other sports events, within the campus are not included in this embargo.

### UNSW (Kensington Campus)

Reconnoitring or training, including training with one of the existing orienteering maps of the campus is not permitted. Other activities, including other sports events, within the campus are not included in this embargo.

### St. Gregory's College, Campbelltown

The school venue is private property with controlled access, access is only allowed for official school activities.

No reconnoitring or orienteering training on the campus is permitted.

### Western Sydney University (Macarthur Campus)

Reconnoitring or training, including training with one of the existing orienteering maps of the campus is not permitted. Other activities, including other sports events, within the campus are not included in this embargo.





# ENTRY

## HOW TO ENTER

All entries and payments for this event are to be made via Orienteering Australia's online entry system, Eventor.

### To enter the whole weekend (all 4 races)

- Go to the Eventor Event calendar for Saturday 11<sup>th</sup> March 2023.
- Tick in box beside "Sydney Sprint Weekend - All four races"
- If required, tick in box beside "Sydney Sprint Weekend - SIAC hire"
- Then, at the top, click green "Enter selected events" button and proceed with entry.
- Enter additional family members on the same entry if required before going to payment.

### To enter some, but not all races

- Go to the Eventor Event calendar for Saturday 11<sup>th</sup> and Sunday 12<sup>th</sup> March 2023.
- Tick in the box/es beside "Sydney Sprint Weekend - Race 1, 2, etc" as required, and continue as above.

### Family entry

Family entry is capped at two adults and one junior i.e., subsequent juniors are not charged. To be eligible for a family entry, all family members must be entered at the same time, and all reside at the same address. The family cap is applied automatically as part of the payment process.

### Eventor Contact Details

All attendees should ensure their contact details in Eventor are up to date. Please make sure a name and mobile number has also been included in the Emergency Contact field.

### Split start time requests

Email the SSW organisers at [sydneysprints2023@gmail.com](mailto:sydneysprints2023@gmail.com) providing the names of competitors requiring split start times for child minding.





## WRE entries

All M/W Elite competitors who wish to receive World Ranking points for the WRE (Race 1) should ensure that they have updated their Australian Eventor profile with their IOF person ID. For the WRE, M/W20E competitors should enter M/W20E as for other races as M/W20E classes run the same courses as M/W21E. SSW organisers will compile combined WRE results lists

## NOL team entries

NOL competitors should enter as members of their state NOL team. If you enter as a club member you will not be included in the NOL team point score.

## NOL Mixed Sprint Relay teams

NOL Relay teams will be arranged later by state team managers. All competitors entered in elite classes for Race 2 will be included in the MSR by default, including those who enter as a club member (rather than state team). Anyone entered in an elite class who wishes to run in the non-elite public sprint instead of the relay should notify the organisers by email before 3rd March.

## Knock-Out Sprint

Everyone who enters both SSW 3 and SSW 4 in elite classes is automatically included in the Knock-Out Sprint competition. 21E and 20E athletes compete together with separate competitions for men and women which will follow the standard IOF format as closely as possible. Elites who are knocked out in either the morning qualifier or quarter finals can run the afternoon public event.

## Refunds

You can cancel your entry in Eventor yourself, any time up until the closing date. However, to request a refund, you will need to email the SSW organisers at [sydneysprints2023@gmail.com](mailto:sydneysprints2023@gmail.com). Cancellations notified before entries close on Sunday 26<sup>th</sup> February, will receive a 70% refund in line with ONSW's refund policy. The retained amount covers bank fees and ONSW administration costs associated with issuing refunds. No refunds will be made after standard entries close on Sunday 26<sup>th</sup> February, other than on written request for exceptional circumstances.

## ENTRY FEES AND DEADLINES

	ADULT	JUNIOR	SUB-JUNIOR
All four races	\$80	\$52.50	\$40
Per race	\$24	\$16	\$12

SIAC hire: \$8 (flat rate for all four races)

Normal entry deadline: Sunday 26<sup>th</sup> February 2023, 11:59 pm AEDT

Late entry deadline: Thursday 2<sup>nd</sup> March 2023, 11:59 pm AEDT

Late entry fee: \$6 per race or \$20 for all 4 races.





## MONDAY'S EVENT - Sydney Sprint Weekend Epilogue

Although not part of the Sydney Sprint Weekend, it is highly recommended to spend an extra day in Sydney for a run around Middle Head with its fantastic views over Sydney Harbour and historic ruined fortifications.

Details can be found on Eventor at <https://eventor.orienteering.asn.au/Events/Show/18007>



**Photo credits:** Kelvin Meng, Tony Hill, David Pearce Productions, Garry and Sandra Stewart, William Hollowell, John Harding and Richard Pattison. Apologies if anyone has been missed.

### Version updates:

- |                       |   |
|-----------------------|---|
| v01, 9 November 2022  | published   |
| v02, 22 November 2022 | page 5, Events 3 and 4 organisers names swapped<br>pages 5, 6, 9 - changed 'UWS' to 'WSU' |
| v03, 21 December 2022 | page 5, Events 1, 2, and 3 - indicative start times amended                               |

**Graphic Design:** STU ART CONCEPTS

[www.stuartconcepts.com](http://www.stuartconcepts.com)

