



OK Alehof and Kungälv OK invite you to

Spectator races on Saturday 23rd and Sunday 24th April 2016, in conjunction with the Swedish League Long and Middle distance events

Classes	W/M10 - W/M85. Introduction, U1 and U2. Open classes: Saturday: ÖM1, ÖM2, ÖM3, ÖM4, ÖM5, ÖM6, ÖM7, ÖM8 and ÖM9. Sunday: ÖM1, ÖM3, ÖM5, ÖM7 and ÖM8. The Long distance spectator race is part of the Youth Series, but results of the Youth Series will not be published during the actual race at the Arena.
Course lengths	Course lengths and levels of difficulty according to SOFT's competition rules and regulations.
Punching system	SportIdent (SI) card punching will be used. State your SI-card number when you register your entry. SI cards are available for hire at SEK 30 a day. Change of SI card number on the competition day will be charged SEK 25. Clubs will be charged SEK 400 for lost SI cards.
Location	Hältorp, Alafors Signposted from junction 87 (Alafors) on the E45 motorway, 25 km north of Gothenburg and from Alingsåsvägen (local road) in Alafors. Distance from junction 87 to Hältorp: approx. 2.9 km.
Parking	Please see the separate document about Parking.
Entries	Entries via Eventor . The closing date is Sunday 17th April at 23:59. http://eventor.orientering.se . Entries by e-mail in exceptional cases to tavling@kungalvsok.se . It is possible to enter for Open, Introduction, U1 and U2 courses on the event days at the Arena.
Late entries	The closing date for late entries is Tuesday 19th April at 23.59.
Start	Saturday: First regular start is at 11.00. Sunday: First regular start is at 10.00. Late entries start first, before scheduled start times in each class. Runners in the Introduction, U1, U2 and Open classes can start between 10.30 and 13.00 on Saturday, and between 9.45 and 12.15 on Sunday. String course on Saturday at 10.00-13.30 and Sunday at 9.00-12.00. Toilets (not Sunday) and drinking water are available at the start location. Warm-up clothing can be left at the start. Distance Arena to Start on Saturday: approx. 800 metres. Distance Arena to Start on Sunday: approx. 600 metres.



Entry fee

Adult	SEK 160*.
Child	SEK 60*.
Open classes	SEK 130.

*Higher entry fee due to Swedish League joint event.

Late entries: 50% surcharge on the entry fee. Clubs will be invoiced after the event.

Map

Map name: Brandsbobergen. Contour intervals: 5 metres. Drawn in 2014-2015 by Rasmus Larsson. Offset printed.

Saturday: Scale 1:15,000 for M/W16-21.
Scale 1:7,500 for M/W60 and older.
Scale 1:10,000 for all other classes.

Sunday: Scale 1:7,500 for M/W60 and older.
Scale 1:10,000 for all other classes.

Embargo

The area shown on the map (link in Eventor) is embargoed, which means it may not be used for training or competitions until after these events.

**Terrain description
Long distance**

Moderately undulating woodland with some areas of cultural landscape. Runnability varies from mostly good to poor. The forest consists mainly of pine and spruce, with some deciduous forest too. There are a few small marshes and an old network of paths and stone walls. Longer courses also enter an area of very undulating terrain with patches of dense forest.

**Terrain description
Middle distance**

Moderately to strongly undulating woodland with some areas of cultural landscape. Runnability varies from good to poor. The forest consists mainly of pine and spruce, with some deciduous forest too. There is an old network of paths and stone walls within the area.

Facilities

Heated outdoor showers, refreshments, child care, first-aid and string course. Equipment trader **Team Sportia**.

Accommodation

Please refer to "**Accommodation**" in Eventor.

Information

sl2016@kungalvsok.se

Event directors	Karin Kullman	+46 (0)761-07 58 01	sl2016@kungalvsok.se
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Press officer	See Event Directors		
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*YELLOW highlighted text = new information

A WARM WELCOME!