# AGUIAR DA BEIRA × PORTUGAL

# TEAM OFFICIALS' MEETING

Tuesday | 12th July

JUNIOR WORLD <u>ORIENTEE</u>RING

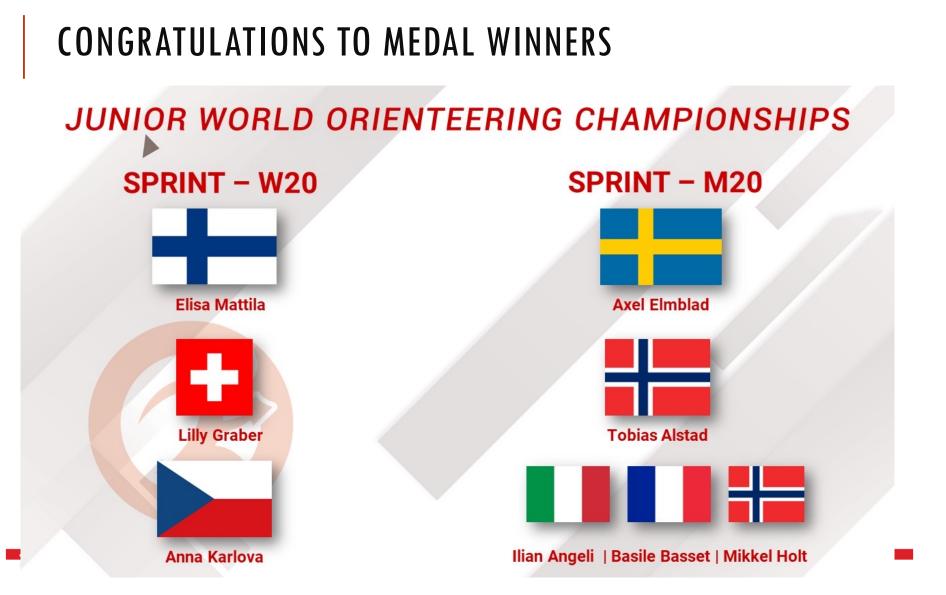
**CHAMPIONSHIPS** 

1

**Sprint Relay** 

# ROLL-CALL

Australia	Estonia	Israel	Poland	Sweden
Austria	Finland	Italy	Portugal	Switzerland
Belgium	France	Japan	Romania	Turkiye
Bulgaria	Germany	Latvia	Serbia	Ukraine
Canada	Great Britain	Lithuania	Slovakia	United States
Croatia	Hong Kong	Netherlands	Slovenia	
Czechia	China	New Zealand	South Africa	
Denmark	Hungary	Norway	Spain	
	Ireland			
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## TOM SPRINT RELAY

Technical event director & Sprint-Relay Course Setter: Bruno Nazário

Event director: Rafael Miguel

IOF Senior Event Adviser: Helge Lang Pedersen, DEN

IOF Assistant Senior Event Adviser: Kell Sønnichsen, DEN

National Controller: Carlos Monteiro

Sprint-Relay Course Setter Assistant: Daniel Silva



#### MEETING AGENDA

- 1. Race specific information: Sprint Relay
- 2. Q & A
- 3. Urban Relay Friday
- 4. JWOC forest distances
- 5. Meal Service Arenas



#### DETAILED PROGRAMME- WEDNESDAY - SPRINT RELAY

7h15 to 8h15 Quarantine check-in Arena Carapito

8h30 Sprint Relay (Medal Race) Carapito

9h40 Mass-Start late runners Medal Race

10h00 Sprint Relay (B-Race) Carapito

11h30 Prize-giving ceremony

Arena Carapito



### SPRINT RELAY / PROCEDURES FOR QUARANTINE

Detailed informations – on bulletin 4 made for Sprint Relay IMPORTANT:

1. all team members on MEDAL RACE need to check in before 8h15.

2. Athletes and team official not competing may stay in the arena. **Please do not** communicate in any form with runners/officials in the quarantine area.

3. no maps or electronic devices are allowed in the quarantine.



## SPRINT RELAY / TRANSPORT

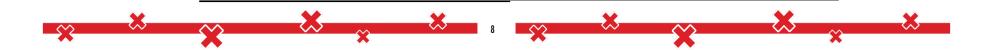
remaining people in 9 seat vans.

Teams are allowed to use their own transport.

We do not expect more than 90 athletes/TO on the organized transportation.

Teams that will use the organized transport, please pass by the Event Office RIGHT AFTER TOM and let us know how many will need transport.

TO: Arena	FROM: Sport a Carapito Bus S Wednesday 13	top (Sprint Relay)	<b>FROM: Arena Carapito bus stop</b> <b>TO: Sports Hall</b> Wednesday 13th July					
Bus nº	n° Departure Available places		Bus nº	Departure	Available places			
1	6h50	50	1	13h30	50			
2	6h50	50	2	13h30	50			
If, against our expectation, these 2 buses are not enough to transport all the Athletes and Team Officials, Organizers will transport the								



## **SPRINT RELAY / GENERAL MATTERS**

Please note that there will be photographers and cameramen in the terrain.

**Staff members in the terrain:** Places where runners might cross forbidden areas (example: "515 Uncrossable wall", "518 Uncrossable fence or railing", "520 Area that shall not be entered") will be guarded and crossing such places will lead to disqualification. Please be very careful in the corners since there will be a lot of runners in the terrain.

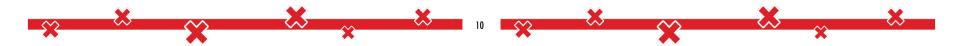
**Traffic:** The roads in the competition area are not closed, however the traffic will be very limited by Police officers. Possible moving vehicles will be mainly by local residents. Residents, the general public and others can walk freely in the area. It is athletes' own responsibility to keep an eye on traffic.

**Dogs:** we have worked with local authorities and closely with local habitants of Carapito so that all dogs will be locked inside their homes for sprint day. You may hear barking, but the dogs will be locked inside.



## **SPRINT RELAY / GENERAL MATTERS**

- 1. Line up for mass start will be alphabetical after IOC country codes, e.g. DEN, ESP.
- 2. All the first teams will be on the first rows, then the second teams will be following.
- 3. In the Mass-Start, each row will contain 6 teams.
- 4. Only the fastest team from each nation will count in the official results. Each country can only have one team in the medal ceremony. IMPORTANT NOTE: we have no personalized medals for the sprint relay. In tomorrows prize giving ceremony we will use medals from other distance. Medals delivered tomorrow are to be returned after the prize giving ceremony. IOF office will send official medals to the medal winning countries.
- 5. An unofficial result list will be published with all teams.
- 6. There will be no prize giving ceremony for the B-Relay.



## WEATHER FORECAST

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	08:00	*	29 °	5 °	26 º	22	-	⇒ <b>'</b> ⊘	0 %	0 %	30 %	1019
	09:00	*	29 °	6 °	26 º	23	-	⇒ <b>i</b> ()	0 %	0 %	30 %	1020
	10:00	*	30 °	6 °	28 º	23	-	⇒i ()	0 %	0 %	30 %	1020
	11:00	*	32 °	5 °	29 °	18	-	≓ <b>₂</b> ()	0 %	0 %	20 %	1020
	12:00	*	34 º	5 °	30 °	17	-	≓ <u>₂</u> ()	0 %	0 %	20 %	1020
<b>**</b>	*	*	*	*	*	11	**	*	*	×	*	×

## **SPRINT / MAPPING / COURSES**

**Mapping:** Rafael Miguel (Portugal) 2017. Updated to ISSprOM 2019-2 in June/July 2022. Map scale: 1:4 000 Contour interval: 2,5 meters

Warm up map: not available

Course setting: Bruno Nazário & Daniel Silva

**Course specific characteristics:** Between 20 and 25% of running distance will be on non-paved surface.

#### Courses

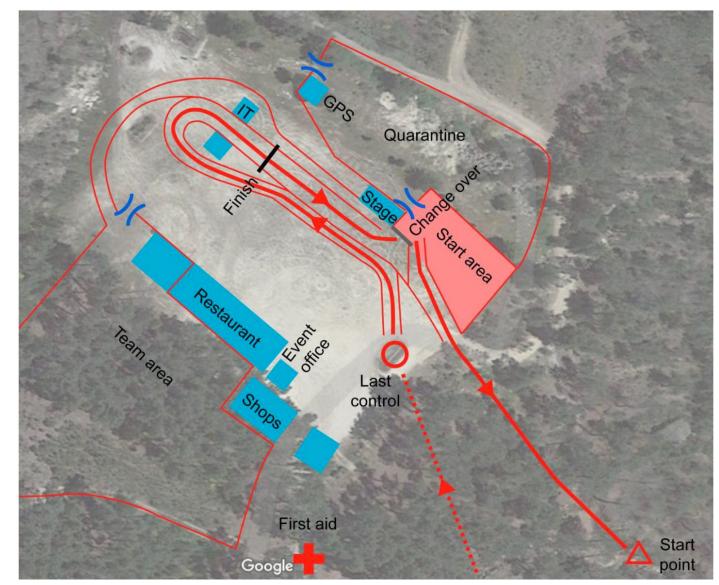
	Competition	Leg	Winning time	Length	Climb	Controls	Refreshment
Or wint Dalars	Women 1 <sup>st</sup> & 4 <sup>th</sup> leg	60 min	2,9 to 3,0 km	115 m	16	None	
Sprint Relay	Men 2 <sup>nd</sup> & 3 <sup>rd</sup> leg	60 min.	3,2 to 3,3 km	125 m	18	None	
	*	* *	22	*	*	*	*



Course specific characteristics: No arena passage will exist. Incoming runners will be visible in the arena approximately 20 to 30 seconds before changeover. Next leg runners should place themselves at the changeover area when they see their teammates entering the arena.



#### Arena Carapito scheme – Sprint Relay day

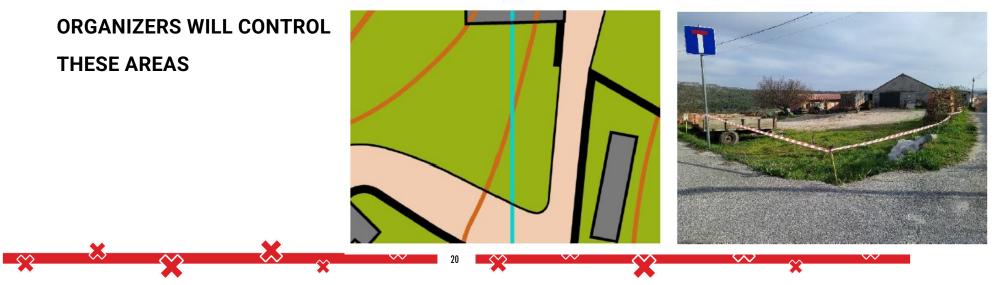


## **SPRINT / MAPPING / SPECIAL FEATURES**

"Green areas": The darkest vegetation symbol (411 Uncrossable vegetation) will not be used.

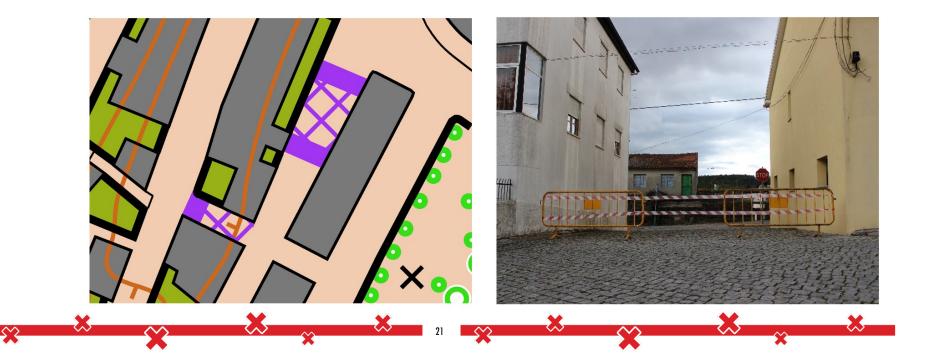
**"Olive green" areas**: As for all other training areas, the limits on "olive green" areas (520 Area that shall not be entered) are drawn the following way:

- 501.1 Step or edge of paved area: if the barrier between the two areas is very low or inexistent
- 513.1 Passable wall: if there is one mid-size wall between the two areas
- 515 Uncrossable wall: if there is one high wall between the two areas



## **SPRINT / MAPPING / SPECIAL FEATURES**

Artificial barriers in places other than roads: If existing, artificial barriers in places other than roads will be mapped "just" as a wall or a fence ("515 Uncrossable wall" or "518 Uncrossable fence or railing"). In the terrain, runners will find very similar way as the above right image.



Q: Will the control codes be beside the control number on the map (ex. 1-31) or only on the descriptions?

A: No

Q: Until when and how can we change the team due to medical reasons?

A: According to rules (9.11) 2 hours before. Email to it@jwoc2022.pt

Q: How much space is there to warm up in the quarantine area? Is it possible to extend this?

A: No, otherwise we would go into forest area.

Q: How much space is there / is it possible for athletes to continue jogging after being called into the start area at -15 mins?

A: space – you can understand by the arena scheme. Yes, they can keep jogging.

Q: Will there be shaded areas in quarantine in addition to the tent?

A: Some, not too much.



Q: Please could we request more toilets and more toilet paper for the athletes in quarantine.

A: yes, we will transmit.

Q: Please could we request more toilets and more toilet paper for the athletes in quarantine.

A: yes, we already requested this.

Q: Is it allowed for athletes to enter and leave quarantine up until the 8.15 deadline? (E.g. for 1st leg runners to warm up in a larger area)

A: Yes.

Q: Is the map single or double-sided?

A: one, as written on bulletin



Q: Will control codes be printed beside the control numbers (e.g. 1-300, 2-301) on the map? Or are control codes only available in the control descriptions?

A: on control description

Q: Will the B-relay courses be the same as the A-relay?

#### A: yes

Q: Based on the rules applied to the individual sprint - are athletes permitted to cross olive green without disqualification if there is no organisers tape there? If not, can you explain why this was permitted for the individual sprint please?

A: No, athletes are not allowed to cross olive green area.



Q: Is the jury decission from Sprint public?

- A: No, but it is a good point. We will do that.
- Q: GPS for the B-relay
- A: Yes. Same standard: TV, GPS.
- Q: Worried about the athletes have to pick up their map 15 min before start. Can it be changed?
- A: Good point, but it is not possible.
- Q: What changes are made in the map?
- A: You will find out.
- Q: Tape to the start?
- A: Two lines of tape. The corridor will be wide in the start and narrow when reaching the start point.
- Q: Will there be printed copies ot the Bulletin available?
- A: We will provide printed copies in the Event Office in the arena. 2 copies per country.
- Q: How will the B-relay line up?
- A: By team number. There is no special ordering.



#### URBAN RELAY FRIDAY

- 1. This will be an unofficial JWOC race. No medals will be awarded but we worked hard to deliver a good competition for the Juniors
- 2. Bulletin with final information will be send to all Team Officials as soon as possible
- 3. Current plan:
  - a) Relay teams per gender. Max 2 per country/gender. Mixed teams are allowed. Women can run on Men's Class
  - b) Men Mass-Start at 8h30
  - c) Women Mass-Start at 9h40
- 4. Each leg is based on sprint distance format. Courses are forked.
- 5. From now on, and until after the race on Friday, Dornelas Map is embargoed for all athletes and team officials.



#### COACH RACE AND PRIZE GIVING

- 1. After the relay on Friday, na informal coach race will happen, using the same courses.
- 2. After the coach race, their will be a symbolic prize giving ceremony and a final statement of this JWOC week.



Although you may have heard of rain showers in the area, unfortunately the weather forecasts and communication from authorities leaves no hope that a forest race can be conducted on Saturday.

We and the IOF are committed to organise the forest JWOC races here in Aguiar da Beira in the autumn of 2022. Thus the JWOC 2022 will have no closing ceremony now since we are not closing the event. We really want to deliver you what we worked so hard to prepare and we feel that the athletes are eager to be able to compete in our fantastic terrains.

We fully understand that this is no solution for many of you due to time, distance and travel cost - but we still think it is the right thing to do.



This is our proposal for an action plan to identify the new program:

In this meeting, we will present our initial thoughts. You will have time to discuss this until our TOM on Thursday, where we will get your feedback on that meeting.

With you permission on Thursday, we will communicate our plans to the athletes at the end of the event Friday.

Then we will make final checks with IOF, the Municipality and the accommodation sites to verify the plan.

After that, the final program will be communicated



Our proposal is to have the JWOC forest races on either:

Friday 4th to Sunday 6th November 2022 or

Friday 11th to Sunday 13th November 2022

The reason for these dates are that all nations have a packed competition program until then and we want to be sure:

1. to be out of the high temperature season.

2. Accommodation and travel is much cheaper then and hopefully allowing many teams to come. We will do our best to make the package as cheap as possible.

We would like your feedback on Thursday what your preferences are related to these two weekends



Our proposal for the program is:

OMiddle distance final with no qualification on Friday - probably in the afternoon

•Relay on Saturday

OLong distance on Sunday

This will be a compact program, but we do not expect teams to be able to spend more time and we can not move between the two arenas more than one time.

We would like your feedback on Thursday what your preferences are related to this program

Once again we ephasize that these plans are subject to approval by other bodies, but we want to make sure that what we work on from now on is aligned with your preferences to the greatest extent possible.



#### MEAL SERVICE ARENAS

Teams that booked the JWOC package have included on their packs the arena meals.

In total this included 5 arena meals - one for each competition day.

Sprint day – according to plan

Long day – changed to sprint relay day

Middle distance qualification day – changed to Panifex. Meal will be available from 11h30. Teams can come earlier, use the pool and then have the meal there.

https://goo.gl/maps/Ygxh2VaBLvow2FJm8

Middle distance final day – served at Relay in Dornelas

Relay day – changed to Aguiar da Beira Swimming Pool – from 9h00 to 14h00. Meal will be available from 11h30. Teams can come earlier, use the pool and then have the meal there.

https://goo.gl/maps/6VhcGjYKS5FdAJWR8

YOU SHOULD COMPLY BY THIS. THERE IS NO CHANGE TO ADD THIS MEALS ON THE HOTELS



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JUNIOR WORLD <u>ORIENTEE</u>RING

**CHAMPIONSHIPS** 

**Sprint Relay**