



European
Youth
Orienteering
Championships

1-4 July 2022
Salgótarján
Hungary
BULLETIN 3

PARTNERS



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CONTENT

1.	WELCOME	4
2.	PATRONS	6
3.	ORGANISERS AND PARTNERS	6
4.	ORGANISING COMMITTEE	6
5.	EVENT CONTROLLERS	6
6.	JURY	6
7.	EVENT PROGRAMME	7
8.	EVENT CENTRE, EVENT OFFICE	8
9.	ACCREDITATION	9
10.	MEDIA	9
11.	ACCOMMODATION AND CATERING	10
12.	TEAM OFFICIALS' MEETINGS	11
13.	INSTRUCTIONS FOR THE CEREMONIES	11
14.	LOCAL WEATHER CONDITIONS	12
15.	COMPETITION RULES	12
16.	START INTERVALS & DRAWS, ENTRIES FOR EACH COMPETITION	12
17.	MAXIMUM RUNNING TIME	13
18.	FAIRNESS	13
19.	COMPLAINTS AND PROTESTS	14
20.	MEDICAL CARE	14
21.	WASHING FACILITIES AND TOILETS	14
22.	TRANSPORT	14
23.	CLOTHING	14
24.	NUMBER BIBS	15
25.	LIVE INTERNET SERVICE	15
26.	PUNCHING AND TIME-KEEPING SYSTEM	15
27.	EMBARGOED AREAS	15
28.	MAPS, SPECIAL MAP SYMBOLS	16
29.	CONTROL DESCRIPTIONS	16
30.	QUARANTINE, GPS, START PROCEDURE	16
31.	LATE START	17
32.	ABANDONING THE COMPETITION	17
33.	FINISH PROCEDURE	17
34.	MODEL EVENTS	18
35.	PUBLIC EVENT	18
36.	ENTRIES SUMMARY	19
	SPECIFIC INSTRUCTIONS FOR EACH COMPETITION	20
37.	Long Distance – Saturday, 2 nd July 2022	20
38.	Sprint – Sunday, 3 rd July 2022	24
39.	Relay – Monday, 4 th July 2022	28

1. WELCOME



Welcome to Salgótarján, to EYOC2022!

For many of you, this is the first major international competition abroad. Our sport is unique, and the landscapes are very different in the different countries. The terrains and courses offered by Hungary offer you new challenges, successes but also disappointments.

Our sport requires experience and adaptation to different types of terrain. It takes years of dedicated work to achieve your goals. I hope that many of you will be committed to high-level sports in the future and we will meet again at the World Championships in the future.

On behalf of the International Orienteering Federation, I wish you success in the competition, but also don't forget the out-of-competition activities! Make new friends and enjoy the courses and championships!



Leho HALDNA
President of the International Orienteering Federation



Dear Friends, Young Orienteers,

On behalf of the Hungarian Orienteering Federation, I am pleased to welcome you from all over the continent and also from countries outside of Europe.

The host city of Salgótarján and its surroundings, the land of ancient castles and beautiful forests is a perfect location for a high-quality orienteering event. The city boasts deep roots of orienteering including a series of recognised multiday O-events, former national champions of different age classes and a strong team of ambitious young athletes.

The organising team of the two cooperating regional clubs are well prepared and ready for the challenge. They have shown great effort and perseverance to make this EYOC happen after three postponements. I wish success and good luck for the organisers. I also want to express my acknowledgment to the supporters for making their contribution and to all volunteers for offering their help.

Dear young orienteers, many of you start your international orienteering career here – do your best and enjoy your races throughout the Championships. I wish you an exciting experience, inspiring competition and great fun in Hungary!

Balázs KOVÁCS,
President of the Hungarian Orienteering Federation





Dear Guests, Dear Competitors, Team Officials!

On behalf of the Municipality of Salgótarján, I would like to welcome you to the 2022 European Youth Orienteering Championships, hosted by our beloved city and its wonderful surroundings.

Salgótarján celebrates the 100th anniversary of its establishment as a city in 2022, so it is a special honour for us that the International Orienteering Federation chose our city as the venue for this prestigious orienteering event in our centenary year.

For Salgótarján, sport traditionally receives special attention, including the organisation of several international events. Nógrád Grand Prix and National Championships have taken place in and around Salgótarján in recent years, and we are pleased that the competitors and team officials have always expressed satisfaction with the venue, the organisation and our city.

Because Salgótarján and its picturesque surroundings offer a whole host of attractions, our touristic, cultural and gastronomic treasures come together with the hospitality of the people living here. In addition to the excitement of EYOC 2022, nearly 500 competitors and team officials from the 34 participating countries will get to know the 100-year-old Salgótarján, which is getting more and more beautiful, developing the life of our city and the everyday life of the people living here.

I wish you all to have fun during your days here, enrich yourselves with unforgettable experiences and become attached to this beautiful city and the unique natural environment that surrounds it.

I wish a memorable and successful competition to the athletes and their coaches participating in the European Youth Orienteering Championships 2022!

Zsolt FEKETE
Mayor of the City of Salgótarján



2. PATRONS

Katalin OLÁH, Two-time Orienteering World Champion
Zsolt FEKETE, Mayor of the City of Salgótarján
Zsolt BECSÓ, Member of the Hungarian Parliament
Nándor SKUCZI, President of the Nógrád County Council

3. ORGANISERS AND PARTNERS

International Orienteering Federation
Hungarian Orienteering Federation
Salgótarjáni Dornyay SE
Balassagyarmati Balassi Bálint KSE
Nógrád County
City of Salgótarján

4. ORGANISING COMMITTEE

Event director, Ceremonies	Tibor SRAMKÓ	
Secretary General, Event Office	Róbert GOLDMANN	
Technical Director	Gábor KOVÁCS	
HOF Coordinator	Áron LESS	
Financial Director	Judit FEHÉRVÁRINÉ DÉNES, Bettina SÁNDOR	
IT Director	Balázs KOVÁCS	
Forest arenas	Zoltán KOVÁCS	
Sprint arena	Mihály STORK	
Starts	Dénes PELYHE	
Accommodation	Anna BOROS	
Mapmakers	Nándor VANCSIK, Zoltán DÉNES	
Course setters	Long	Gyula ERDÉLYI
	Sprint	Dániel FEHÉRVÁRI
	Relay	Zoltán KOVÁCS, Péter KOVÁCS
Speakers	Zoltán SZLÁVIK, Péter GÖNCZI	
Control set-up	Gyula ERDÉLYI	
Spectators' race	KiFutKi KTE - Zsolt CSETHE, Antal Zsolt PEICS	
Medical services	Gyula TAMÁSSY	

5. EVENT CONTROLLERS

IOF Senior Event Adviser	Jan FIALA (CZE)
IOF Assistant Event Adviser	Roman ZBRANEK (CZE)
National controller	Máté BERECSKI (HUN)

6. JURY

Member	Eva Jurenikova (FRA)
Member	Mikkel Kaae-Nielsen (DEN)
Member	Igor Patráš (SVK)

7. EVENT PROGRAMME

Date	Time		Location
30.06.2022 Thursday	14.00-22.00	Event Office open, arrival, accreditation	Event Centre
01.07.2022 Friday	10.00-20.00	Event Office open	Event Centre
	10.00-14.00	Arrival, accreditation	Event Centre
	10.00-16.00	Forest model event	Tóstrand
	12.00-18.00	Sprint model event	Rokkantelep
	14.00	Nominal entries to start groups for Long Distance	IOF Eventor
	15.00-16.00	Technical model event	Event Centre
	18.00-19.00	Team Officials' Meeting (Long Distance)	online + EC
	19.00-20.00	Dinner	Accommodation
02.07.2022 Saturday Long Distance 48.14723, 19.82065	6.45-9.30	Breakfast	Accommodation
	9.50	Quarantine closing time (Long Distance)	Geopark
	10.00-15.00	EYOC Long Distance (first start at 10.00)	Beszermény
	10.30-15.00	Arena Info Desk open	Kakuk Arena
	11.30-13.00	Cold lunch packets released	Kakuk Arena
	14.40	Flower Ceremony	Kakuk Arena
	15.30	Nominal entries to start groups for Sprint	IOF Eventor
	17.00-19.00	Event Office open	Event Centre
	18.00-18.30	Team Officials' Meeting (Sprint)	online + EC
	19.00	Opening Ceremony & Prize-giving Ceremony Long	Event Centre
19.45-22.00	Friendship party + dinner, disco	Event Centre	
03.07.2022 Sunday Sprint 48.10499, 19.80852	7.00-9.00	Breakfast	Accommodation
	10.00-12.00	Event Office open	Event Centre
	11.00-13.30	Lunch	Accommodation
	15.00-18.00	Arena Info Desk open	Főtér Arena
	14.50	Quarantine closing time (Sprint)	Event Centre
	15.00-17.10	EYOC Sprint (first start at 15.00)	Downtown
	17.30	Prize-giving Ceremony Sprint	Főtér Arena
	18.00	Nominal entries and running order for Relay	IOF Eventor
	18.30-20.00	Event Office open	Event Centre
	19.00-19.30	Team Officials' Meeting (Relay)	online + EC
19.00-20.30	Dinner	Accommodation	
04.07.2022 Monday Relay 48.14962, 19.84439	6.45-8.30	Breakfast	Accommodation
	9.00-14.00	Arena Info Desk open	Salgó Arena
	9.50	Quarantine closing time (Relay)	Salgó Arena
	10.00-13.00	EYOC Relay (first start at 10.00)	Eresztvény
	12.00-13.30	Cold lunch packets released	Salgó Arena
	13.00	Prize-giving Ceremony Relay & Closing Ceremony	Salgó Arena
14.00	Departure		

8. EVENT CENTRE, EVENT OFFICE

Salgótarján Sportcentrum, 3100 Salgótarján, Losonci út GPS: 48.11173, 19.80903

Head of the Event Office: Mr Róbert GOLDMANN and Ms Bettina SÁNDOR

Phone and WhatsApp: +36 70 3452694 (Ms Dóra GOLDMANN)

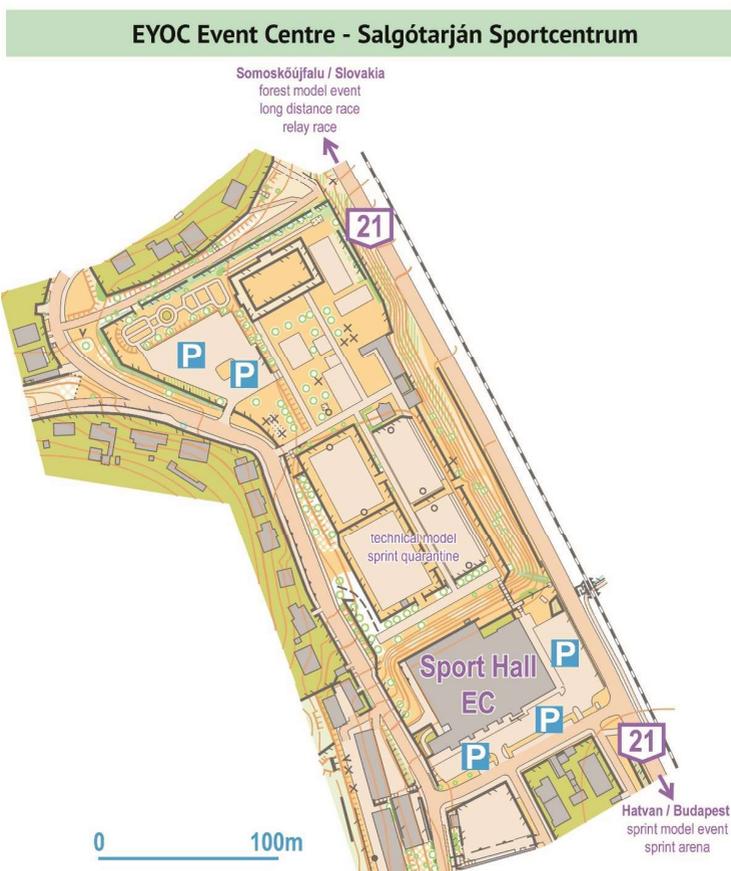
E-mail: office@eyoc2022.hu

Accreditation of the teams will be done in the Event Centre. Parking at the Event Centre is free of charge.

Event Office opening hours

Date	in the Event Centre	in the Arena (Arena Info Desk)
30.06.2022 Thursday	14.00-22.00	
01.07.2022 Friday	10.00-20.00	
02.07.2022 Saturday	17.00-19.00	10.30-15.00
03.07.2022 Sunday	10.00-12.00 18.30-20.00	15.00-18.00
04.07.2022 Monday		9.00-14.00

During the competitions, the Event Office will work in the arenas as an Arena Info Desk.



9. ACCREDITATION

Team managers must check-in for accreditation at the EYOC Event Office either between 14.00-22.00 on Thursday, 30th June or 10.00-14.00 on Friday, 1st July 2022. Accreditation for any EYOC participant is only possible if all incurred costs are settled. A personal EYOC ID card will be handed out to everyone accredited and this must be worn at all relevant times and be presented for access to all restricted areas and activities (accommodation, catering, quarantine, team zone, etc.).

10. MEDIA

Media representatives are welcome to cover the EYOC 2022 competitions. Media representatives will receive a special "Press" ID card at the Event Centre.

Public internet access is available in the competition arenas as follows:

- Long Distance and Sprint, available operators: Telekom, Vodafone, Yettel;
- Relay, available operators: Telekom.

Media representatives are encouraged to bring their own internet enabled devices, as neither computers, nor WiFi service will be offered by the organiser.



11. ACCOMMODATION AND CATERING

Contact person: Ms Júlia GOLDMANN

Phone: +36 20 2369437, WhatsApp: +46 72 2796608

Category	Name	Distance from EC	Teams
A	Medves Hotel 3100 Salgótarján, Medvesi út 9. 48.14363, 19.86954	10 km	CZE(A) EST FRA LTU NOR NED ITA
	Salgó Hotel 3100 Salgótarján, Eresztvény hrsz. 025 48.15259, 19.84835	10 km	DEN HUN SWE
	Galcsik Fogadó (Motel) 3100 Salgótarján, Karancs út 9. 48.10471, 19.80291	1 km	AUS NZL SVK
	Halász Fogadó (Motel) 3100 Salgótarján, Tóstrand 48.13300, 19.81611	3 km	AUT GBR GER
	Szentkút Zarándokház (Pilgrim Guesthouse) 3077 Mátraverebély-Szentkút 14. 48.00023, 19.76227	21km	CAN FIN LAT
	Túra Panzió (Motel) 3152 Nempti, Kossuth út 164. 48.00241, 19.92055	23 km	SUI
	Berek Fogadó (Motel) 3143 Mátránovák, Szabadság út 9. 48.03867, 19.98142	23 km	TUR
	Attila Vendégház (Guesthouse) 3100 Salgótarján, Camping út 20. 48.13259, 19.81797	3 km	IRL
B	Student Hostel „Tittel Pál” 3060 Pásztó, Rákóczi út 5. 47.92294, 19.69235	31km	BEL CRO CZE(B) ESP ISR POL POR ROU SLO UKR MDA
	Szentkút Zarándokszállás (Pilgrim Hostel) 3077 Mátraverebély-Szentkút 14. 48.00023, 19.76227	21km	BUL SRB

Check-in for accommodation from 14.00 on Thursday.

If you wish to go back to the accommodation to have a shower on Monday, please contact Ms Júlia GOLDMANN until Sunday evening!

Catering

Breakfast will be served in buffet style with a free choice of a range of meals. Cold lunch packets will be provided by the catering outlet in the Long Distance and Relay Arenas. The dinner on Saturday is at the Friendship Party for everyone. The EYOC ID card must be shown to receive the meals. For those who requested vegetarian food, this is marked on their ID card with a green dot.

Time schedule for catering

Date	Breakfast	Lunch	Dinner
29.06.2022 Wednesday			19.00-20.00**
30.06.2022 Thursday	8.00-9.00** (7.30-8.15 student hostel)	13.00-14.00**	19.00-20.00**
01.07.2022 Friday	8.00-9.00**	13.00-14.00**	19.00-20.00
02.07.2022 Saturday	6.45-9.30	11.30-13.00*	19.45-20.30 (EC)
03.07.2022 Sunday	7.00-9.00	11.00-13.30	19.00-20.30
04.07.2022 Monday	6.45-8.30	12.00-13.30*	-

*: cold lunch packets release time

**.: if already ordered

12. TEAM OFFICIALS' MEETINGS

Before each competition, a Team Officials' Meeting will be held providing all the relevant competition information. All Team Officials' Meetings (TOM) will be held in a hybrid format: it is possible to take part in person at the Event Centre and also online. The links for joining the online meetings and the preliminary presentations will be sent by e-mail to the Team Managers (specified during accreditation) 10 minutes before the start of each meeting. Questions in advance can be e-mailed to aronless@gmail.com at least 30 minutes prior to each meeting. The final presentation slides (including Q&A) will be uploaded to IOF Eventor within 30 minutes of the closure of the meeting.

Time schedule for Team Officials' Meetings

Date	Time	Focus
01.07.2022 Friday	18.00-19.00	General information, Long Distance, Opening Ceremony & Friendship Party
02.07.2022 Saturday	18.00-18.30	Sprint competition
03.07.2022 Sunday	19.00-19.30	Relay competition, departure

13. INSTRUCTIONS FOR THE CEREMONIES

Opening ceremony

The Opening Ceremony of EYOC 2022 will take place on Saturday, 2nd July between 19.00-19.45 in the Event Centre - please be there before 18.50. Teams should gather behind their country sign held by one of the organisers. A short walk and introduction of teams will launch the ceremony, followed by a short cultural program and brief speeches. This will be followed by the Prize-giving ceremony of the Long Distance competition. Athletes are expected to show up in their national team kits.

EYOC Friendship Party

The EYOC Friendship Party will be held in the Event Centre in the evening of Saturday, 2nd July, starting at 19.45, right after the Opening Ceremony. Saturday's dinner is also served here, followed by a disco. Entry is only allowed for competitors and team officials with their accreditation cards.

Prize-giving and Flower Ceremonies

The EYOC 2022 Prize-giving Ceremonies will take place according to the IOF Protocol Guide. Athletes and teams ranked 1-3 (Flower Ceremony – Long Distance only) or 1-6 (Prize-giving

Ceremonies) shall be present behind the podium 5 minutes prior to the beginning of the respective ceremony in their official national kit. No sunglasses or hats shall be worn. Final instructions to the participants will be given prior to the ceremonies on-site.

Closing Ceremony

The Closing Ceremony will be held on Monday, 4th July at the EYOC 2022 Relay Arena, after the Prize-giving Ceremony for the Relay competition. The short programme will include lowering the flags and handing over the IOF flag to the organisers of EYOC 2023 in Bulgaria.

14. LOCAL WEATHER CONDITIONS

	Night	Morning	Afternoon	Evening	Max/min temp.	Precip.	Wind
Today 27 June					31° / 18°	0.4 mm	3 m/s
Tuesday 28 June					32° / 19°		3 m/s
Wednesday 29 June					33° / 20°		4 m/s
Thursday 30 June					35° / 21°		3 m/s
Friday 1 July					36° / 23°		3 m/s
Saturday 2 July					32° / 18°	0.8 mm	5 m/s
Sunday 3 July					27° / 17°	12 mm	3 m/s
Monday 4 July					28° / 18°	0.7 mm	3 m/s

Up-to-date weather forecasts for the EYOC2022 region can be checked at yr.no: <https://www.yr.no/nb/v%C3%A6rvarsel/daglig-tabell/2-3045643/Ungarn/N%C3%B3gr%C3%A1d/Salg%C3%B3tarj%C3%A1n>

15. COMPETITION RULES

The Competition Rules for IOF Foot Orienteering Events (version valid from 1st January 2022) shall be applied to participation in the EYOC 2022. Please refer to the Competition Rules on the IOF website, with special attention to Appendix 8 (EYOC):

<https://onedrive.live.com/embed?resid=663580750D0C0BCE%2147371&authkey=!AFONmm217AsD-hE&em=2&wdHideHeaders=True&wdDownloadButton=False>

16. START INTERVALS & DRAWS, ENTRIES FOR EACH COMPETITION

Start intervals

Long Distance: 2 minutes

Sprint: 1 minute

Relay: mass start

Start draws

For the individual competitions, starting time is drawn randomly in 4 starting groups (1 – early, 4 – late). Each Federation may allocate a maximum of 1 athlete in each starting group. If a Federation fails to allocate its competitors to starting groups, the organiser shall decide the allocation. Competitors from the same Federation shall not start consecutively.

In the Relay, all teams in the same class start together.

Entries

Entries shall be made exclusively through IOF Eventor. For the Long Distance and Sprint competitions, the required start group must be selected and the SIAC number must be checked (rented SIAC number must be entered) for each competitor. For the Relay competition, the team members in correct running order (Leg 1-2-3) must be selected and SIAC numbers must be checked (rented SIAC numbers entered).

In case of facing problems, please contact the Event Office immediately. If a team has problems with internet connection, ask for assistance at the Event Office at the Event Centre or at the Arena Info Desk.

After the respective deadlines, it is not possible to make any changes for the individual races. Changes to relay line-ups may be made only for valid reasons (e.g. injury or illness) before 8:00 on 4th July 2022 by e-mail to entry@evoc2022.hu Always ask for confirmation!

Deadline for entries

Race	Date	Deadline
Long Distance	01.07.2022 Friday	14.00
Sprint	02.07.2022 Saturday	15.30
Relay	03.07.2022 Sunday	18.00

For the Relay competition, runners into mixed teams can be entered at the Event Office or the Arena Info Desk on Sunday 3rd July, but no later than 18.00 through a paper form. It is recommended, that the different National Teams enter whole teams with a specified running order. It is also possible to enter individual runners for mixed teams, in this case the Organiser will put together the mixed teams.

The start list for each competition will be available from the IOF Live website (see below at 26. LIVE INTERNET SERVICE) as soon as possible, but latest by 20.00 on the day before the competition.

17. MAXIMUM RUNNING TIME

The competition instructions state the maximum running time for each competition. If the time limit is exceeded, the athlete will be disqualified.

18. FAIRNESS

It is not allowed to use mobile phones, radios, computers or any other communication devices in the quarantine zone – not even in flight mode. Neither is it allowed to bring in previous orienteering maps of the competition area. It is allowed to use music players without any built-in connectivity. Inside the quarantine, athletes with headphones might be randomly asked to display their players for checking.

All tents inside the quarantine must stay open so that it is possible to have a look inside.

It is strictly forbidden to bring any electronic devices (except for watches) to toilets or any other private room in the quarantine zones – no matter if the device is turned on or off.

“During the competition the only navigational aids that competitors may use or carry are the map and control descriptions provided by the organiser, and a compass.” (IOF FootO Competition Rule 21.3). Using or carrying GPS watches for example is forbidden. (IOF Foot-O Competition Rule 21.5) GPS devices without a map display are permitted.

Coaching, i.e. handover of information, equipment, material, drinks etc. is only allowed in the designated coaching zones. Transferring information regarding the remainder of the courses is strictly forbidden.

Competitors and coaches are not allowed to visit the arena of the individual races before going to the start area. Team officials and non-competing runners are not allowed to enter the competition terrain before and during the competition.

A competitor or team who breaks any rule, or who benefits from the breaking of any rule, may be disqualified.

19. COMPLAINTS AND PROTESTS

Any complaint shall be made in written form and handed over at the Arena Info Desk as soon as possible. Complaints regarding the results shall be made no later than 15 minutes after the publication of the provisional result list. A written protest can be made against the Organiser's decision about a complaint. Written protests shall be delivered personally to the IOF Senior Event Adviser along with the protest fee of 50 EUR or 20.000 HUF in cash.

Complaint / protest forms will be available at the Arena Info Desk.

20. MEDICAL CARE

Medical services will be provided in the arenas. Each National Federation is responsible for the health and medical insurance of all their athletes and team officials.

Vegetation is at some parts thick and thorny which can be considered risky (not dangerous, but rather inconvenient).

No dangerous snakes or animals live in this region. Beware of ticks. They may transmit borreliosis and encephalitis. It is recommended to see a doctor after removing a tick.

The phone number for emergency calls in Hungary is 112.

21. WASHING FACILITIES AND TOILETS

Washing facilities and toilets are different for all the quarantines and the arenas – detailed information is available at the Specific instructions for each competition section. For exact locations, please consult the arena plans.

Let us keep our quarantines and arenas clean! Please use the rubbish bins for all your waste!

22. TRANSPORT

Teams are recommended to use their own transport throughout the competition, including getting to the quarantines. The few competitors who ordered transport, will get more information at the Event Centre upon arrival.

23. CLOTHING

There are no special regulations concerning the type of clothing runners choose to wear. It is forbidden to use shoes with metal spikes or metal studs in the Sprint competition as well as the Sprint Model Event and the Technical Model Event. Dobbs without metal spikes are allowed.

24. NUMBER BIBS

All competitors must wear their number bibs on the chest at all competitions. Number bibs will be available at each quarantine, sorted by countries. The number bibs must be visible in their entirety – they must not be folded or cut. The size of the start numbers is approx. 210 x 150 mm. Safety pins will be provided in the quarantine.

25. LIVE INTERNET SERVICE

Radio-control split times, GPS tracking of selected competitors and the speakers' voice will be broadcast online on the IOF Live website free of charge:

<https://orienteering.sport/event/european-youth-orienteering-championships/welcome/>

The start of live internet service for each day:

- Long Distance: 10:30;
- Sprint: 15.00;
- Relay: 10.00.

26. PUNCHING AND TIME-KEEPING SYSTEM

The SPORTident Air+ punching system will be used in all competitions. The use of SIAC cards is mandatory. We recommend that the competitors use their own SIAC cards.

The SIAC cards provided by the organisers (only on request) will be handed out to the team manager in the Event Office during accreditation. The hired SIAC cards must be returned to the organisers after the last competition, otherwise 100 EUR per lost SIAC card will be claimed. Hire cost is 10 EUR/card for the whole EYOC period.

SIACs can be tested during the Technical Model Event.

There will be a SIAC battery test unit available at the Event Centre and at the Technical Model event. If the check's result shows that the battery is weak, then ask the organisers to provide a hired SIAC card (10 EUR/card for the whole EYOC period or 5 EUR/card for any 1 competition).

In the unlikely situation of a SIAC failing to register in touch free mode, the competitor must make a manual punch by placing the SIAC chip into the SPORTident station. In the unlikely situation of an SI station failing to respond with direct punch (neither a feedback beep nor a light feedback signal), the competitor must punch manually on the map using the pin-punch on the control stand. If a competitor has pin-punched any control on the map, he/she must hand the map in at the SI-readout and record which control is pin-punched.

Timekeeping will be down to whole seconds in all competitions.

27. EMBARGOED AREAS

Embargoed area map:

<https://www.google.com/maps/d/u/0/viewer?mid=1mEeR0YuOwNMGIvaCOJkbMUXgarv9po3H&ll=48.07107408738951%2C19.595717599999976&z=11>

With reference to the Competition Rules for IOF Foot Orienteering Events, the embargoed area – **indicated with red colour** – is out of bounds for all EYOC 2022 team members (competitors, team officials, coaches, physiotherapists, etc.) and other persons who, through their knowledge of the terrain or the events, may influence the result of the competitions of EYOC 2022. The green-coloured roads are possible to use though.

The embargoed area for Sprint – **indicated with orange colour** – is permitted for access for competitors, team officials and other persons but may not be used for orienteering trainings or

route-choice testing. It is prohibited (not possible) to stay there with a map, to explore (reconnoitre) the embargoed area or to test route-choices running or walking. **A full embargo (same conditions as for the forest competitions) will be in effect on the competition day 3rd July from 7.00.**

Please be careful, some accommodation places are in the close vicinity of the embargoed areas.

Offences must be reported to the EYOC 2022 Event Office – e-mail: office@eyoc2022.hu

28. MAPS, SPECIAL MAP SYMBOLS

Maps are drawn according to the International Specification for Orienteering Maps (ISOM2017-2) and the International Specification for Sprint Orienteering Maps (ISSprOM2019-2).

The following special symbols are used at the maps:

Long Distance and Relay:  foxhole, small platform
 sewer shaft
 root stock, tree stumo
 various man-made objects

Sprint:  various man-made objects

The relevant man-made objects will be described in detail at the Team Officials' Meetings.

In the Relay competition, the control codes are not printed on the map besides the control number. The control codes are only shown in the control description table.

All maps are printed using digital printing technology by an IOF certified print shop (Žaket – Czech Republic). Printing will be demonstrated on the Model Event maps. All competition maps are waterproof, as they are sealed in plastic bags. Note, that the paper of the maps is not waterproof, so it is not recommended to take out the map from the plastic bag.

29. CONTROL DESCRIPTIONS

Control descriptions are in accordance with the IOF International Specification for Control Descriptions 2018.

Loose control descriptions will be handed out to runners at -2 minutes in the start (except for the Relay competition, where there will be no loose control descriptions). Loose control descriptions have 6 mm wide boxes. A typical loose control description is 60 mm wide and is (number of controls + 6) x 6 mm long. Control descriptions are also printed on the competition maps for each competition.

30. QUARANTINE, GPS, START PROCEDURE

The quarantine system and the start procedure is different for each competition – details are available within the Specific instructions for each competition section.

A warm-up map will be available at the quarantine for the Long Distance and the Sprint competitions. There is no warm-up map for the Relay competition.

In the quarantine zones drinking water, toilets and shelter for competitors and coaches will be available. There is no possibility to set up own team tents in the quarantine zones. Competitor bags can be sent to the arena at the “Bags to arena” point.

25 competitors in each class chosen by the organisers will get a GPS device in the individual competitions. The list of selected competitors for GPS-tracking will be published in IOF Eventor in a separate document (not in the start list).

10-15 teams in each class (except for the Mix class) will get GPS devices in the Relay competition. Additionally, teams that are among the top teams during the 2nd leg, may be asked to wear a GPS-unit for the last leg, 15 minutes prior to the last change-over.

GPS devices and vests will be distributed and equipped by competitors with the help of the organisers upon entering the pre-start. GPS vests (to be worn as underwear) will be offered in different sizes. It is possible to use own GPS vests.

GPS equipment will have to be returned after crossing the finish line.

The competitors' start time is called up at the pre-start. It is the competitors' responsibility to watch out for their start time.

SI-units for clearing and checking the SI-cards are situated at -3 minutes in the start proper of the individual competitions and at the entry to the changeover area of the Relay competition. It is the competitors' responsibility to clear and check their SI-card correctly. The touch-free function of the SI-card is activated by the "Check" SI-unit and can be verified by the slowly blinking green light at the tip of the card.

At the start of the individual races, the maps will be placed facing down on a table at the start line. At the moment of start, an official releases the competitor by taking his hand off the competitor's shoulder. The start triangle is marked in the terrain by a control flag. The route to this flag is marked with corridors or tapes. Competitors must follow this marked route to the start point. The map issue point with the taped route to the map start is marked on the maps of the individual competitions, but not on the relay map (due to a lack of space).

The relay start procedure and the description of the map board is explained in the Relay competition section.

31. LATE START

Competitors who are late for their start must check-in at the pre-start call-up. The competitor will be allowed to proceed to the start line. If – upon arrival at the start line – the competitor is less than half the start interval after his/her start time, he/she will be allowed to start immediately. If the competitor arrives more than half the start interval after his/her start time, he/she will have to wait until the half start interval after the next starter. In all cases of lateness caused by the competitor, his/her original start time will count for timing. If a competitor is late through the fault of the organiser, he/she will be timed with the real start time.

32. ABANDONING THE COMPETITION

In case of abandoning the competition, the competitor must immediately go to the finish area to report and read-out his/her SI-card.

33. FINISH PROCEDURE

Time will be measured in the moment of crossing the finish line (when the SIAC transponder crosses the finish line). No punch is needed at the finish line. In the Relay competition, event officials will decide placings for the 3rd leg runners in case of a close run-in.

Upon crossing the finish line, athletes enter a restricted-access area for SI-card read-out and removal of GPS units and vests. Coaches are allowed in this area, there are drinks available and there is access to first aid if needed.

Cool-down is possible within the arena limits – see arena plans.

34. MODEL EVENTS

Model events will provide relevant examples of cartography, terrain, control placement and control descriptions. Model event maps will be distributed upon accreditation.

Model events will be supervised and model controls (flags only) will be set only during the marked periods, however it is allowed to visit the model event areas also outside this timeframe. Be aware, that the most convenient route to the Sprint model event terrain goes through the Sprint embargoed area, which will be prohibited to cross on Sunday 3rd July after 7.00!

Model event maps are maps with all control points (no courses). There will be only flags at the controls.

The Technical Model Event will demonstrate control equipment used during the races, SI Air-punching system, refreshment control, sprint taping, start and finish procedure, GPS vests.

Forest Model Event

Location and parking: Salgótarján-Tóstrand 48.13281, 19.82637

(marked with a letter "P" letter on the forest model event map)

Control flags on the terrain: Friday, 1st July, 10.00-16.00

No infrastructure, water or toilets are provided.

Sprint Model Event

Location: Salgótarján-Rokkanttelep 48.09686, 19.80627

(marked with "finish" symbol on the Sprint model event map)

Parking capacity is limited, also possible along the streets (free of charge).

Control flags on the terrain: Friday, 1st July, 12.00-18.00

No infrastructure, water or toilets are provided.

Technical Model Event

Location and parking: Salgótarján Sportcentrum 48.11173, 19.80903 (same as the Event Centre)

Opening hours: Friday, 1st July, 15.00-16.00

35. PUBLIC EVENT

multiNavigátor Salgó Cup is organised with two middle distance competitions during the weekend.

Programme	Saturday 2 nd July 2022	15.30	E1 – middle distance race Venue: EYOC long distance arena
	Sunday 3 rd July 2022	10.00	E2 – urban middle distance race Venue: EYOC Event Centre

More information is available in the public event bulletin, which is published on 29th June 2022.



36. ENTRIES SUMMARY

as of 26th June

Federation	W16	W18	M16	M18	Team Officials	Total
Australia	2	1		2	6	11
Austria	4	4	3	4	3	18
Belgium	1	3	4	4	3	15
Bulgaria	4	4	4	4	2	18
Canada				1	2	3
Croatia	2	1	3	2	1	9
Czechia	4	4	4	4	4	20
Denmark	4	1	4	4	4	17
Estonia	4	3	4	4	2	17
Finland	4	4	4	4	2	18
France	4	4	4	4	4	20
Germany	4	4	4	4	4	20
Great Britain	3	4	3	4	3	17
Hungary	4	4	4	4	4	20
Ireland	1	2	2	1	2	8
Israel	1	1	3	3	2	10
Italy	4	2	3	4	2	15
Latvia	4	4	4	4	3	19
Lithuania	4	4	4	4	2	18
Moldova, Republic of	3		3		2	8
Netherlands				1		1
New Zealand	2	4		2	8	16
Norway		4		4	2	10
Poland	4	4	4	4	2	18
Portugal	3			3	2	8
Romania	4	4	4	4	2	18
Serbia	1	1	2	3	2	9
Slovakia	2	4	4	4	3	17
Slovenia	3	1	4	1	2	11
Spain	4	4	4	4	2	18
Sweden		4		4	2	10
Switzerland	4	4	4	4	4	20
Turkiye	4	4	4	4	3	19
Ukraine	4	4	4	4	2	18
Sum	96	96	98	111	93	494



SPECIFIC INSTRUCTIONS FOR EACH COMPETITION

37. Long Distance – Saturday, 2nd July 2022

Arena location: Somoskőújfalu, Platthy József Riding Stadium

GPS: 48.14723, 19.82065

Turning point from public road no. 21 between Salgótarján and Somoskőújfalu will be signed from both directions.

Transport to the quarantine: the teams have to go to the quarantine with their own cars or minibuses. The few competitors who ordered transport, will get information about their transportation at the Event Centre upon arrival.

Quarantine location: Nógrád-Novohrad Geopark Visitor Centre,
Salgótarján, Eresztvényi út 6.
48.15585, 19.85231

Parking is provided on site (0-300 metres).

All participants have to check in at the entrance of the quarantine. Competitors have to check using their SIAC cards, team officials have to sign a check-in form.

In case of rain or extreme heat, the inside of a building and some tents can be used for sheltering. There is no possibility to set up own team tents in the quarantine zone.

A few toilets are available in the building and also mobile toilets are available beside the building. A simple washing facility is offered inside the building.

There is a buffet (not for free, you can pay also with a credit card) in the building with refreshments, snacks, coffee, etc. Drinking water is also available in the quarantine.

Quarantine opening: 8.45

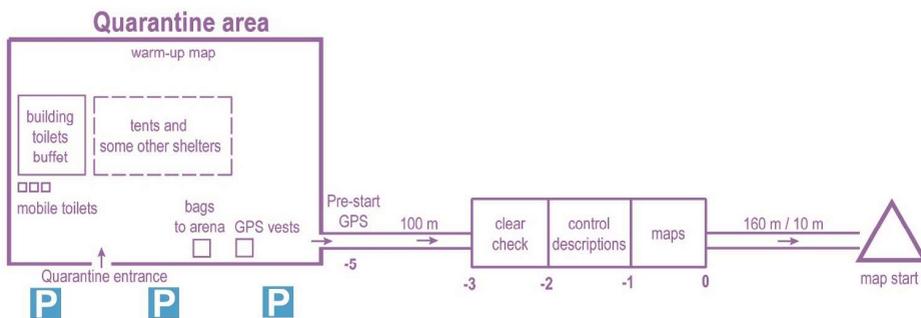
Quarantine closure: 9.50

Leaving the Quarantine after the 9.50 deadline is allowed, but re-entry is not possible until the last start.

Competitor bags to the arena: Bags can be sent to the arena leaving it with the accreditation card clearly visible, at the “Bags to arena” point.

Warm-up map can be picked up in the quarantine. The warm-up map shows the borders of the quarantine zone. Leaving the warm-up area is strictly forbidden and will lead to disqualification. A triangle of the pre-start and a few controls are displayed on the map without any course. There is only an orienteering flag at the controls.

Starting procedure: Athletes enter the pre-start 5 minutes before their real start time. The list of runners selected to wear a GPS device can also be found at the entrance to the pre-start. Organisers will help equip the GPS vests and GPS units. The distance between the pre-start and the start area is 100 m (follow the corridor). Athletes enter the start proper 3 minutes before their real start time. Time start - map start distance is 160 m/10 m climb, following a corridor. It is compulsory to follow the corridor all the way to the start flag.



First start: 10.00

Start interval: 2 min

Maximum running time: 150 minutes

Terrain: Medium to big hillsides and valleys between 250-480 m asl with a lot of point features (stones, pits, etc.). Some areas with intricate land forms: gullies, re-entrants and spurs. Beech and oak forest, with only a few open areas. Some dense areas with thickets. Runnability and visibility varies between very good and moderate. Medium density of roads and paths. Typical objects of old mining may occur.

Map: scale 1:10.000, contours 5m, made 2019-20, updated 03-04. 2022. ISOM 2017-2. Map size: 295*350 mm, digitally printed, maps are sealed in plastic bags.

Mapmakers: Nándor VANCSIK, Zoltán DÉNES

Course setter: Gyula ERDÉLYI

Courses:

class	estimated winning time	length (km)	climb (m)	controls	refreshments	
W16	40 mins	5,4	255	12	40 %	-
W18	45 mins	6,6	340	14	33 %	79 %
M16	45 mins	6,7	320	16	33 %	77 %
M18	50 mins	7,7	390	20	30 %	76 %

Out-of-bounds and forbidden areas: There are a few areas in the terrain that shall not be entered. These areas are marked with the olive green colour of private areas (with symbol 520 in ISOM 2017-2) in the map. These areas are private properties which are forbidden to enter. These have distinct borders in the terrain.

Refreshment control: Each class has one refreshment control in their course. Pure drinking water is provided.

Arena passage: The classes W18, M16 and M18 pass through the arena (this is the second "refreshments" column in the "courses" table). The length of the arena passage corridor is 370 m. There is a table with pure drinking water alongside the arena passage – see the arena layout. There is no control at the end of the arena passage (the end is obvious), from this point the competitor has to navigate towards the next control.

Coaching Zone: There is a coaching zone at the arena passage, where only team officials may enter. It is allowed to hand over personal drinks and materials (compass, shoes, etc.) to athletes.

Arena facilities: There are team tents available in the team zone – each team has one 3x3 m tent. There is no possibility to set up own team tents in the arena. Toilets are available in a separate building. A simple washing facility (washbasin) is available also in this building.

Cool-down area: Cool-down after the competition is possible inside the team zone and the spectator's area in the arena.

Cold lunch packets: Cold lunch packets are released at the arena between 11.30-13.00. More information will be given during the Team Officials' Meeting.

Participants on a special diet have to present their meal tickets.

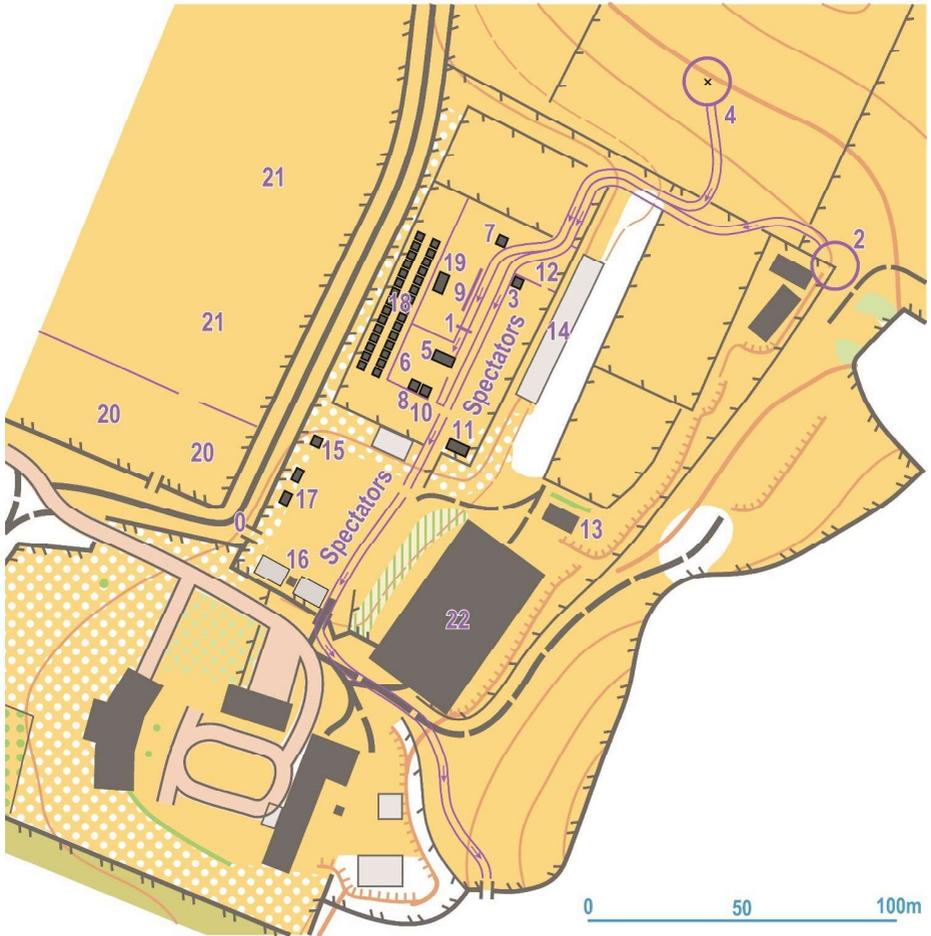
New competition maps will be handed out at the Arena Info Desk at 14.00.

Flower Ceremony: planned for 14.40, performed earlier, if possible.

Prize-giving Ceremony will be right after the Opening Ceremony at the Event Centre at approx. 19.20.



Kakuk Arena - EYOC long - 2nd July 2022



- | | | | |
|----|------------------------------------|----|---|
| 0 | entrance of the arena | 12 | coaching zone |
| 1 | finish gate | 13 | wc (in a building) |
| 2 | spectator's control | 14 | team zone (grandstand+canopy) |
| 3 | refreshment at the spectator's leg | 15 | cold lunch packets release |
| 4 | last control | 16 | buffet |
| 5 | SI read out | 17 | shops |
| 6 | media | 18 | team tents |
| 7 | speaker | 19 | organiser's tent |
| 8 | refreshment at the finish | 20 | EYOC organiser's parking |
| 9 | result board | 21 | EYOC team's parking |
| 10 | first aid | 22 | team zone (building
(in bad weather) |
| 11 | Arena Info Desk | | |

38. Sprint – Sunday, 3rd July 2022

Arena location: Salgótarján, Fő tér (Main Square)

48.10499, 19.80852

Team parking is only available at the quarantine in the Event Centre.

Transport to the quarantine: the teams have to go to the quarantine with their own cars or minibuses. The few competitors who ordered transport, will get information about their transportation at the Event Centre upon arrival.

Quarantine location: Salgótarján Sportcentrum, 3100 Salgótarján, Losonci út
48.11173, 19.80903 (in the Event Centre)

The parking is located inside the quarantine area, but staying in the cars is not allowed.

All participants have to check in at the entrance of the quarantine. Competitors have to check using their SIAC cards, team officials have to sign a check-in form.

In case of rain or extreme heat, the teams can stay inside in the Event Centre building. Toilets are inside the building. Drinking water is available in the quarantine. There is no possibility to set up own team tents in the quarantine zone.

Quarantine opening: 13.50

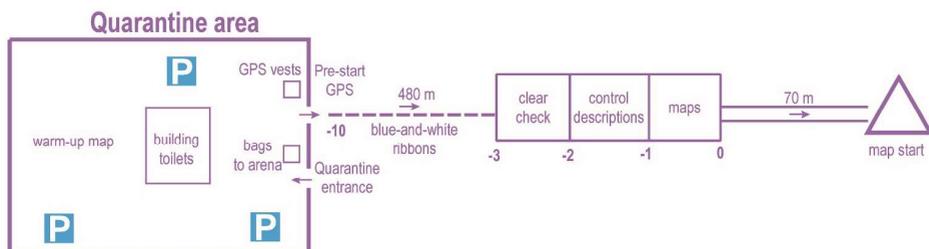
Quarantine closure: 14.50

Leaving the Quarantine after the 14.50 deadline is allowed, but re-entry is not possible until the last start. The coaches will get a map for navigating to the arena.

Competitor bags to the arena: Bags can be sent to the arena leaving it with the accreditation card clearly visible, at the “Bags to arena” point.

Warm-up map can be picked up in the quarantine. The warm-up map shows the borders of the quarantine zone. Leaving the warm-up area is strictly forbidden and will lead to disqualification. A triangle of the pre-start and a few controls are displayed on the map without any course. There is only an orienteering flag at the controls.

Starting procedure: Athletes enter the pre-start 10 minutes before their real start time. The list of runners selected to wear a GPS device can also be found at the entrance to the pre-start. Organisers will help equip the GPS vests and GPS units. Pre-start - start area distance is 480 m, marked with blue-and-white ribbons. Athletes enter the start proper 3 minutes prior to their real start time. Time start - map start distance is 70 m following a corridor. It is compulsory to follow the corridor all the way to the start flag.



First start: 15.00

Start interval: 1 min

Maximum running time: 60 minutes

Terrain: Hilly urban terrain between 250-330 m asl: mainly built-up urban areas and parks. Hillsides with varying steepness and terraces. Excellent runnability and visibility. Dense network of roads and paths. Artificial stone walls between the blocks of flats.

Traffic: Main public roads where courses cross will be closed to vehicle traffic. This does not mean evidentially that competitors will not meet vehicles during the race (e.g. car leaving a parking space), so attention is needed when crossing the streets.

Map: scale 1:4.000, contours 2,5m, made 2019-20, updated 05-06. 2022.

ISSprOM 2019-2. Map size: 297*210 mm, digitally printed, maps are sealed in plastic bags.

Mapmaker: Nándor VANCSIK

Course setter: Dániel FEHÉRVÁRI

Courses:

class	estimated winning time	length (km)	climb (m)	controls
W16	13:00	2,6*	65	16
W18	12:45	2,8*	75	16
M16	13:00	3,2*	83	16
M18	13:15	3,4*	85	19

*: IOF Competition Rule 16.3: The course lengths shall be given as the length of the straight line from the start via the controls to the finish deviating for, and only for, physically impassable obstructions (high fences, lakes, impassable cliffs etc.), prohibited areas and marked routes.

Shoes with metal spikes or studs are not allowed. Dobbs without metal spikes are allowed.



Out-of-bounds and forbidden areas: Private areas and flower beds marked as olive green (ISSprOM 520), uncrossable walls (515), uncrossable fences (518) and out-of-bounds and forbidden areas (709) are forbidden to enter or cross under the penalty of disqualification, as described in the IOF Competition Rules. Where there is a possibility that such areas or objects may be crossed by mistake, these will be marked by red-and-white tapes in the terrain. Taping will be demonstrated in the Technical Model Event. Example for the taping:



The symbol “Uncrossable vegetation” (ISSprOM 411, dark green) is not used on the map.

Arena passage: Each class will pass through the arena. The length of the arena passage corridor is 110 m. There is no control at the end of the corridor, from this point the competitor has to navigate towards the next control.

Coaching Zone: There is a coaching zone at the arena passage, where only team officials may enter. It is allowed to hand over personal drinks and materials (compass, shoes, etc.) to athletes.

Refreshment during the course: There will be no refreshment during the course, but own refreshment may be given to competitors from the coaching zone after the spectators’ control.

Arena facilities: There are team tents in the team zone. Each team has one 3x3 m tent. There is no possibility to set up own team tents. There are mobile toilets both in the team zone and in the spectator area. There are no washing facilities in the arena, but showers can be used in the Event Centre after the competition.

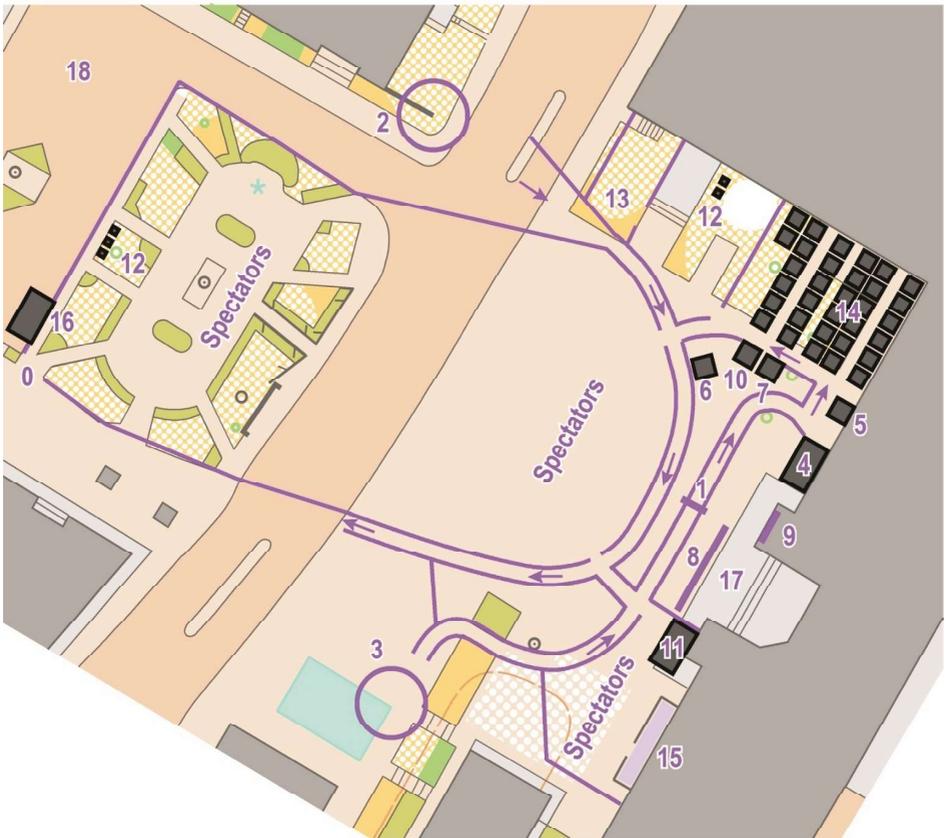
Embargoed area / after the race Quarantine: Entering the competition area (leaving the arena) is forbidden for finished competitors and team officials until the last competitor has finished.

Cool-down area: Cool-down after the race is possible inside the team zone and the spectators’ zone in the arena.

New competition maps will be handed out at the Arena Info Desk at 17.00.

Prize-giving Ceremony: 17.30 in the arena.

Főtéren Arena - EYOC sprint - 3rd July 2022



0 50m

- | | | | |
|---|--------------------------------------|----|--------------------------|
| 0 | entrance of the arena | 10 | first aid |
| 1 | finish gate | 11 | Arena Info Desk |
| 2 | spectator's control | 12 | mobile toilets |
| 3 | last control | 13 | coaching zone |
| 4 | SI read out | 14 | team tents in team zone |
| 5 | media | 15 | buffet |
| 6 | speaker | 16 | shops |
| 7 | refreshment | 17 | organiser's area |
| 8 | result board | 18 | EYOC organiser's parking |
| 9 | 15 sqm LED display (on the building) | | |

39. Relay – Monday, 4th July 2022

Transport to the arena: the teams have to go to the quarantine with their own cars or minibuses. The few competitors who ordered transport, will get information about their transportation at the Event Centre upon arrival.

Arena location: Salgótarján-Eresztvény, foot of the former alpine ski slope
48.14962, 19.84438

Parking is possible along the road leading up to the arena, following the instructions of the organisers.

Quarantine: the quarantine is located inside the arena. The quarantine opens at 9.00 and closes at 9.50 (which is 10 minutes prior to the first mass start). Check-in takes place at the entrance to the quarantine. Tents, water and mobile toilets are available inside the quarantine. Leaving the quarantine after the 9.50 deadline is allowed, but re-entry is not possible until the competition is over (valid also for team officials).

Once having finished the race, it is strictly forbidden to make any kind of contact with team members inside the quarantine.

GPS vests for selected teams will be available just outside the “call-up” point.

Bags, clothes and other personal belongings from the quarantine area should be placed in the tent marked as “Bags to finish”. Bags will be carried to the team zone for pick up.

Warm-up map: there is no warm-up map. Note that the space for warming up is limited, as it is only possible inside the quarantine zone – see the arena map below.

1st leg start: 1st leg runners must pass through the “call-up” point into the changeover area 5 minutes before the start. In this area the SI-cards are cleared and checked, and GPS units are put in place. Coaches are not allowed to enter the changeover zone but may stay in contact with their athletes. 2 minutes before the start, runners will be asked to move up to their maps.

Mass start:

M18	10.00
W18	10.05
M16	10.10
W16	10.15
Mix	10.20

Time start - map start distance is 150 m (15 m climb) following a corridor. It is compulsory to follow the corridor all the way to the start flag. Note that due to a lack of space, the map issue point and this compulsory route is not marked on the map.

Maximum running time: 240 minutes / team

Terrain: Medium hillsides and valleys between 380-500 m asl with a lot of point features (mainly mining objects). Some areas with intricate land forms. Beech and pine forest, partly with good runnability and visibility. Some open areas and some dense areas with thickets. Dense network of roads and paths.

Map: scale 1:10.000, contours 5m, made 2019-20, updated 03-04. 2022. ISOM 2017-2. Map size: 297*210 mm, digitally printed, maps are sealed in plastic bags.

Mapmakers: Nándor VANCSEK, Zoltán DÉNES

Course setters: Zoltán KOVÁCS, Péter KOVÁCS

Courses:

class / leg		estimated winning time	length (km)	climb (m)	controls
W16	1-2	75 mins	3,1	150	15
	3		3,3	190	17
W18	1-2	90 mins	3,8	230	17
	3		4,2	260	21
M16	1-2	90 mins	4,0	220	17
	3		4,3	235	20
M18	1-2	105 mins	4,9	220	21
	3		5,5	300	25
Mix	1-2	75 mins	2,9	130	13
	3		3,4	160	15

Arena passage: Each class will pass through the Arena 900-1000 m before the finish. The length of the arena passage corridor is 150 m (5 m climb). There is a table with refreshments (pure drinking water) along the arena passage – see the arena layout. There is no control at the end of the corridor, from this point the competitor has to navigate towards the next control.

Coaching Zone: There is a coaching zone at the arena passage, where only team officials may enter. It is allowed to hand over personal drinks and materials (compass, shoes, etc.) to athletes.

Changeover and maps for runners on legs 2 & 3: Approximately 5 minutes before the expected changeover, runners of the following leg shall pass through the “call-up” point and enter the changeover area. Here, the SI-cards are cleared and checked, and GPS-units are put in place. Having entered the changeover area, athletes may continue with their warm-up. Once a runner entered the changeover area, he/she cannot go back to the quarantine zone. The changeover area is rather small, with no services (toilets) available.

The maps for runners on leg 2 & 3 are placed in the changeover area, rolled and closed with a rubber band. The maps are marked with the team number and the leg number (for example team 245: 245.2 and 245.3). All runners are responsible to take the right map from the map board themselves. If a runner's map has been picked up by someone else, the map board staff will be ready to provide a reserve map as quickly as possible.

The outgoing runner will keep the rolled map in their hand until they can start. They are neither allowed to take away the rubber band before the changeover, nor are they allowed to look into the roll.

The changeover is done after crossing the finish line by a touch of hands across a separation barrier. The outgoing runner is allowed to open the map immediately after the changeover and has to follow the start corridor to the map start (marked in the terrain with a control flag).

Coaches are not allowed to enter the changeover zone but may stay in contact with their athletes from the quarantine zone.

Finish: There is no punching on the finish line, similar to the individual races. The chest position is decisive if there is a close finish. The finish line will be observed by event officials and video-recorded.

Mass start for slow running teams: The mass start for slow running teams on legs 2 & 3 will take place at approx. 12:15. The exact time will be announced through the speaker at least 15 minutes beforehand.

Arena facilities: There are team tents in the team zone. Each team has one 3x3 m tent. There is no possibility to set up own team tents. There are mobile toilets in the spectator area. Simple washing facilities (water tank car, sinks) are available in the public sector of the arena. Using any detergent is forbidden. If it is agreed beforehand, it is possible to back to the accommodation after the Relay competition to have a shower.

Cool-down: Cool-down after the race is possible inside the team zone and the spectators' zone in the arena.

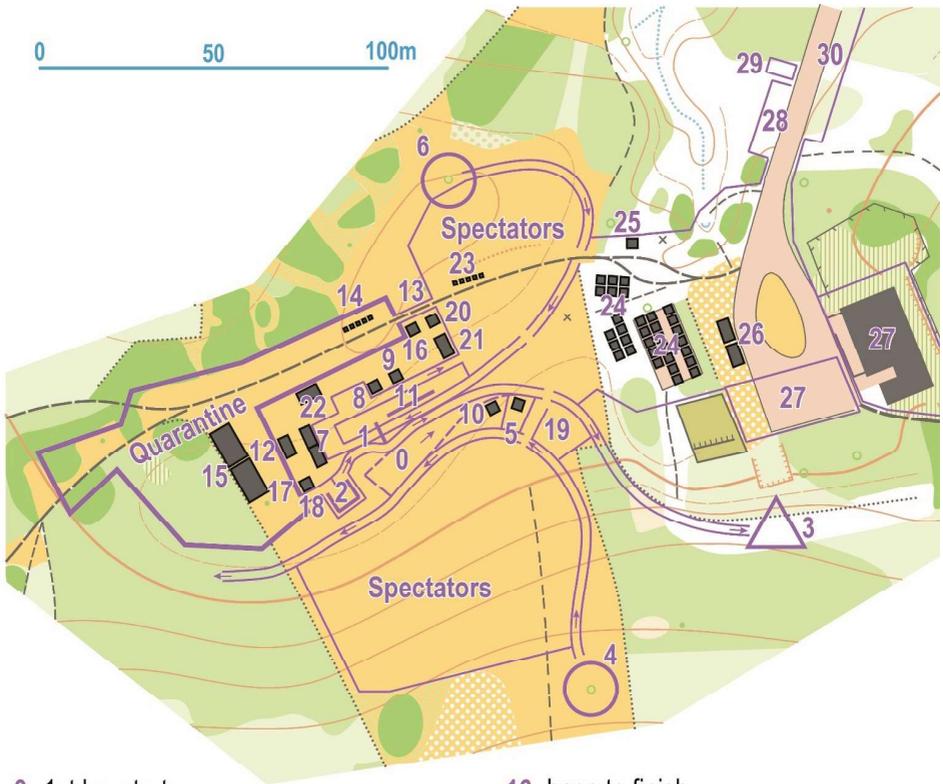
Cold lunch packets release at the arena: Cold lunch packets are released at the arena between 12.00-13.30. The same system will be used as on the Long Distance competition day.

New competition maps will be handed out at the Arena Info Desk at approx. 12:15, after the mass start for slow running teams.

Prize-giving Ceremony & Closing Ceremony: 13:00



Salgó Arena - EYOC relay - 4th July 2022



- | | |
|---|--|
| 0 1st leg start | 16 bags to finish |
| 1 changeover | 17 pre-start / call up point - GPS |
| 2 map board | 18 clear, check |
| 3 map start | 19 coaching zone |
| 4 spectator's control | 20 first aid |
| 5 refreshment at the spectator's leg | 21 Arena Info Desk |
| 6 last control | 22 organiser's tent |
| 7 SI read out | 23 mobile toilets outside the quarantine |
| 8 media | 24 team tents |
| 9 refreshment at the finish | 25 cold lunch packets release |
| 10 speaker | 26 shops |
| 11 result board | 27 construction area (do not enter) |
| 12 display tent | 28 EYOC organiser's parking |
| 13 entry to the quarantine zone | 29 water tank car for washing |
| 14 mobile toilets inside the quarantine | 30 EYOC team's parking |
| 15 team tents in quarantine | |

EYOC2022 OVERVIEW MAP

