



INTERNATIONAL ORIENTEERING FEDERATION



WORLD CUP 2022

Round #1 SWE

Borås/Sweden, 25th-29th May 2022

BULLETIN 3

Version 1 (2022-02-25)



BORÅS STAD

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WELCOME

Dear athletes, ladies and gentlemen.

We are proud to welcome You to an intensive weekend in Borås with races in the center of Borås. Borås has a long tradition of orienteering, three times host for O-Ringen, 1968, 1986 and 2015 and every year we manage “O-event”, which is one of the biggest sprint competitions in Sweden.

Thomas Almgren, Event Director

PRE WORDS BY LOCAL REGION

Borås

Borås, the city by Viskan river, is a thriving and vibrant place full of color, nature, art, and design – and in July 2019, the home to Europe’s finest in athletics. As Sweden’s 13th city with over 111,000 inhabitants, Borås perfectly balances between being a big city and a small town. Big enough to encompass a wide range of entertainments, culture and services but small enough to have everything at close range.

A city of sports

Borås has long been a city of sports. The city is blessed with one of the best basketball teams in Sweden, Borås Basket, as well as the football team IF Elfsborg, who always gather a great crowd at Borås Arena. The arena is proudly embellished with a mural of the city’s famous football player Anders Svensson. One of athletics’ greatest, the Olympic champion Carolina Klüft, was also born in Borås and has competed at Ryavallen several times.

Some cities can be a bit humdrum. But then there are cities like Borås that continue to evolve, despite a history of crises and challenges – and that always have an eye on the future. Borås is a city with grand visions, a city that dares to make a statement. It combines creativity, innovative design, street art, e-commerce and globally leading research in textiles. It also offers magnificent nature, outstanding athletic facilities and a

rich selection of shops and restaurants. And of course, one of Sweden’s best zoos, right in the heart of town.

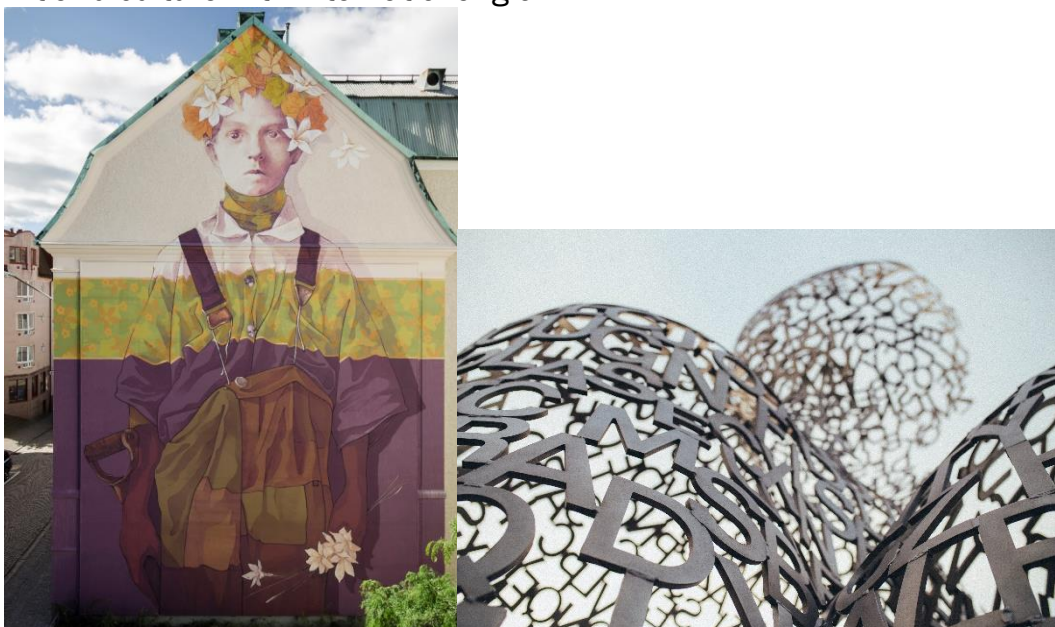
Borås has an entrepreneurial spirit of innovative thinking, a travelling peddler’s sense of continuous forward motion, and residents who are proud of their city. Vivacious Borås is a charming city with a grand and modern mien, with much to discover and explore. Welcome to Borås!

A city with a legacy of textiles



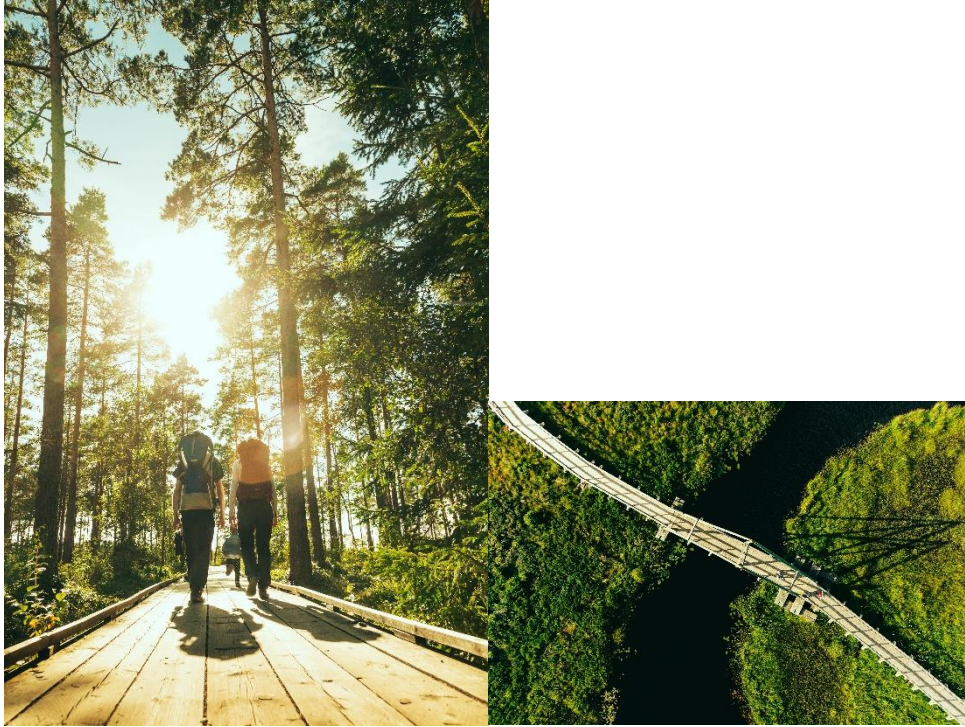
From travelling peddlers to mail order sales to e-commerce. Borås has roots in textiles and commerce, a reputation that has been firmly rooted for decades, if not centuries. Today, the well-known travelling peddlers have evolved into entrepreneurs and Borås is home to research on modern textiles, as well as design, fashion and innovation.

Art and culture with international glow



In Borås, you can experience world-class art without any barriers to entry. The city’s development as a gallery filled with art, sculptures and street art has been internationally recognized, and Borås is currently a world leader in street art. So it’s no surprise that residents are proud of their creative and innovative city, where art is uniquely accessible and a natural part of everyone’s daily life.

Nature calling



Few cities are surrounded by as much beautiful and varied natural scenery as Borås. Borås is home to Rya Åsar, the most centrally located nature reserve in Sweden, and the city is full of hills that offer dazzling views. The Sjuhärad Trail also passes through town; this 140 km long hiking trail runs through beautiful Sjuhäradsbygden.



Shopping deluxe & a taste of Borås



Downtown Borås has plenty of unique and charming stores, back-to-back with familiar chains. You will find a wonderful mixture of fashion, interior decor, beauty, flowers, watches, food and delicacies – and more. Visit borascity.se for more inspiration and information!



Borås' culinary offering has evolved a great deal in recent years. New restaurants and cafés have opened up one after the next, while old favourites remain that have offered residents and visitors wonderful dining experiences for decades. Which one will be your favourite?



Welcome to Borås!

WORLD CUP 2022

The World Cup 2022 consists of the following 9 competitions.

Comp.	Date	Format	Event	Location
1	26 May	Sprint	World Cup round 1	Borås, Sweden
2	28 May	Knock-Out Sprint		
3	29 May	Sprint Relay		
4	3-7 August	Long Distance	World Cup round 2 with European Championships	Rakvere, Estonia
5	3-7 August	Middle Distance		
6	3-7 August	Relay		
7	1-3 October	Relay	World Cup round 3	Davos Klosters, Switzerland
8	1-3 October	Middle Distance		
9	1-3 October	Long Distance		

1. ORGANISATION AND CONTACT

1.1 ORGANISING COMMITTEE

Thomas Almgren
Fredrik Odelberg
Stefan Aroneng
Stefan Eksberg
Morgan Larsson
Magnus Lindberg

Event Director
Race Director
Head of Courses
VIP
Finances
Event Director public races

1.2 EVENT ADVISORS

Ivar Maalen
Kjell Blomseth
Bo Månsson

IOF Senior Event Advisor, Norway
IOF Assistant Event Advisor, Norway
National Event Advisor, Sweden

1.3 CONTACT ADDRESS

Thomas Almgren +46 704-96 76 33
Fredrik Odelberg, +46 705-24 12 35

thomas.almgren@owc2022boras.se
fredrik.odelberg@owc2022boras.se

1.4 BULLETIN 4

Final details will be released in Bulletin 4 upon arrival at the Event Centre and on the homepage on 22 may 2022.

1.5 COVID-19

Upon publishing of Bulletin 3 we still are in a pandemic situation. It is vital that YOU are monitoring the situation, especially in Sweden and you are aware of status can change rapidly. We will update our website if changes happen. For latest news in Sweden please check www.folkhalsomyndigheten.se.

2. EVENT PROGRAMME

2.1 TUESDAY 24TH MAY 2022

Arrival of the teams
Event Centre open 16:00-19:00

2.2 WEDNESDAY 25TH MAY 2022

Arrival of the teams
Model Event, Tullen
Event Centre open 9:00-11:00 & 15:00-20:00
Technical Model Event at Event Centre 15:00-20:00
Team Officials' Meeting 17:30-18:30

2.3 THURSDAY 26TH MAY 2022

Arena [Sjöbo Torg](#)
Individual sprint 10:00-15:00
First start 10:00
Last start (approximately) 14:00
Price giving ceremony 18:00
Event Centre open 8:00-9:00 & 17:00-19:00
Technical Model Event at Event Centre 8:00-9:00 & 17:00-19:00

2.4 FRIDAY 27TH MAY 2022

Event Centre opens 15:00-19:00
Technical Model Event at Event Centre 15:00-19:00
Team Officials' Meeting 17:30-18:30

2.5 SATURDAY 28TH MAY 2022

Arena qualification [Byttorps IP](#)
Arena Finals [PA Halls Terass](#)
Knockout sprint qualification 08:00-10:00
Knockout sprint finals 14:00-18:00
Price giving ceremony 19:00
Event Centre open 16:00-20:00
Technical Model Event at Event Centre 16:00-20:00

2.6 SUNDAY 29TH MAY 2022

Arena [PA Halls Terass](#)
Sprint relay 13:00-14:30
Price giving ceremony 15:30

3. VENUES, ACCESS AND TRANSPORT

The event will be organized in the city of Borås - a famous sport location. O-Ringen was held in Borås in 2015.

Borås is located in the west part of Sweden close to Göteborg that has an international airport. The distance from the airport is only 40 km or 25 minutes. Public bustransport is available. It is also possible to travel to Borås by train from the 3 biggest cities in Sweden (Stockholm, Göteborg & Malmö).

All races are in short distance from Borås Centre. No transport to the races will be organized. Public transportation is possible, see www.vasttrafik.se.

4. EVENT CENTRE – Simonsland



The Event centre will be located at Simonsland conference center, in the city center of Borås.

Both restaurant and coffee shop are available in the Event Centre.

Technical Event will be at Event Centre during opening hours.

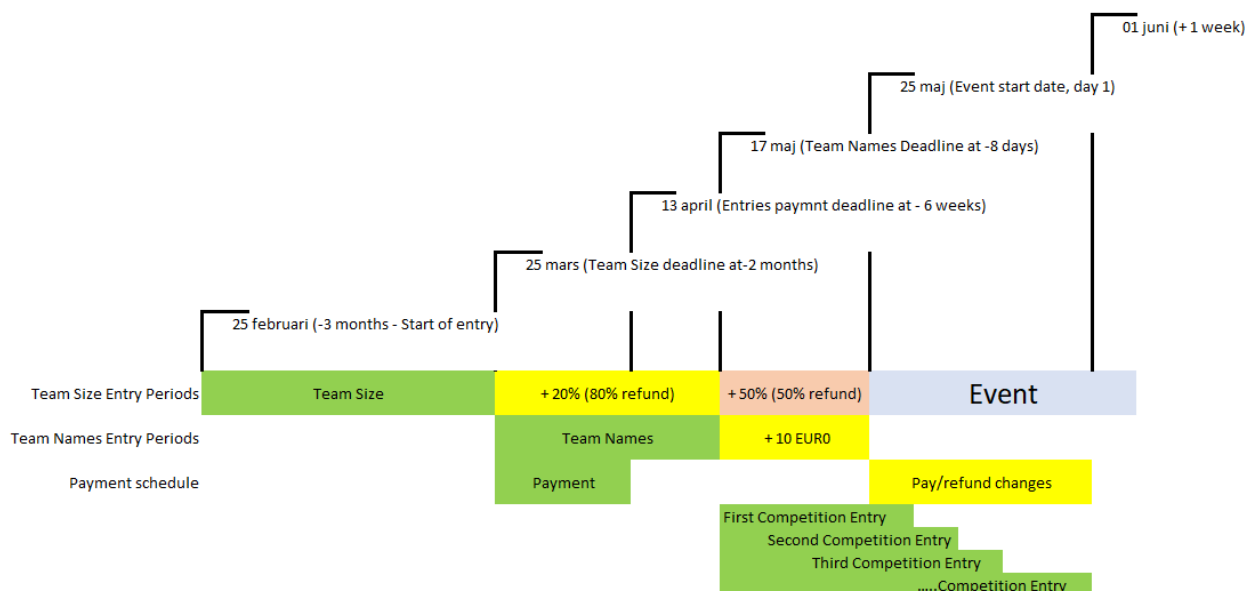
During races the Event Centre will be open at the Arenas.

Event Centre Address:
Viskastrandsgatan 1B
506 30 Borås

5. ENTRY

5.1 ENTRIES AND ENTRY DEADLINES

All entries are to be made in [IOF Eventor](#). The Entry form has been available from 1 February 2022.



- The deadline for Team Size Entry is 25th March 2022 (- 2 months).
- The deadline for Team Names Entry is 17th May 2022 (- 8 days).
- The deadline for late entries, changes of Team Size or Team Names is 25th May 2022.

Team Size Entry (deadline 25th March 2022).

- Team manager (chosen from list in IOF Eventor).
- Number of Team Athletes (men and women)
- Number of Team Officials.
- Number of Team Athletes in the individual races; Federation Quota will be published by the IOF. There is no maximum number of officials per team.

Deadline for payment of entries is 13th April 2022

Team Names Entry (deadline 17th May 2022).

- Name of each Team Athlete by selecting from federation members in IOF Eventor.

Competition entries

- Names of the competitors and, if required, their starting group, shall be entered in IOF Eventor before 12:00 (noon) on the day before an individual competition.

5.2 ENTRY FEES

World cup complete bundle

Competitor 2170 SEK

Team official 700 SEK

Package includes:

- Starting fee for all three competitions
- Maps for model event and competitions

Late entry fees will be applied as given in IOF rules.

5.3 PAYMENT

Fees must be paid according to the illustration above 5.1 Entry fees and deadlines

Bank	Swedbank
Payee	Borås GIF
IBAN	SE61 8000 0803 2500 4292 0595
BIC	SWEDSESS

6. ACCOMMODATION AND FOOD

[Scandic Plaza](#) hotel is recommended for competitors.

Allegatan 3
50332 Borås
+46 33 785 82 00
borasplaza@scandichotels.com

[Borås Camping](#) is one of Sweden's largest city campsites, with 52 cabins, a youth hostel and more than 380 pitches.



There will also be possible to rent clubhouses (see www.owc2022boras.se for more info).

There are lot of restaurants in the city and also food stores in walking distance from the suggested accommodations. A restaurant and a coffee shop are located in the Event Centre. Most restaurants and food stores have good alternative for special diets, vegetarian, allergies etc.

For more information, please contact Cecilia Karlsson
Cecilia.karlsson@owc2022boras.se

7. EMBARGOED AREAS

Observe the [embargoed areas](#) published at IOF Eventor (map in chapter 4 is not the exact embargoed areas).

7.1 PREVIOUS ORIENTEERING MAPS

All previous maps are published on [IOF Eventor](#).

8. TRAINING

Area “Tullen” is available and recommended for training, as well as a map for Model event.

Scale	1:4000
Contour interval	2 m
Terrain	Urban terrain with small and big buildings. Some grass covered areas and smaller parts of forest parks.
Map maker	Maths Carlsson from 2022.
Year published	2022

Maps in paper are available at Event Centre.

There will be no kind of punching system.

Other maps made by other mappers can be available, both sprint maps and others, however not in correct standard. If You are interested in these please contact us in advance. stefaneksberg@outlook.com. More info about training possibilities will be updated at our website www.owc2022boras.se.

9. RULES AND GENERAL INFORMATIONS

9.1 COMPETITION RULES

The complete rules for the World Cup 2022 consist of;

- Orienteering competition rules 2022.
- World Cup special rules, 2022.

Latest versions of the rules are found on [IOF webpage](#).

Runners are awarded World Cup points as per World Cup special rules, 2022.

9.2 CLASSES AND PARTICIPATION RESTRICTIONS

There are two classes, Women and Men.

Participation restrictions, classes and qualification system will follow the World Cup special rules, 2022.

9.3 ANTI-DOPING

Doping is strictly forbidden, and the organisers of the World Cup are dedicated to supporting the Anti-Doping authorities in their work. Doping controls may be carried out any time during the competitions in accordance with the procedures described in the WADA International Standard of Testing and Investigations. The latest IOF Anti-Doping rules and the World Anti-Doping Code applies. Athletes who are selected for doping control must bring an official identification (with photo) to the doping test area. The athlete should also present the personal therapeutic use exemption (TUE) if applicable. In general, it is advisable that athletes take their ID to all competitions and events. For more information, please consult: <https://orienteering.sport/iof/anti-doping/>.

9.4 INSURANCE

The organisers decline any liability that might occur through participation in the IOF World Cup Events and trainings. Each person participates at their own risk and is responsible for their own insurance coverage (illness and accident).

9.5 CLIMATE

The average temperature in Borås during this period is 14-18 degrees Celsius. The average rain is in Borås during this period is 0-3 mm. In May it normally rains 13 days in Borås.

9.6 VISA PERMITS

The prerequisite for immigration into Sweden is a valid passport. For travelers from certain countries, a visa or further documents are required

More information on visas and citizens who require a Visa for entry into Sweden.

- [Information about VISA to visit Sweden](#)
- [List of foreign citizens who require Visa for entry into Sweden](#)

An invitational letter for VISA to facilitate the processing of visas and/or documents needed to be able to attend the competition can be found in IOF Eventor for the competition (Documents and links).

9.7 ATHLETE'S LICENCE

All athletes must have a valid IOF [Athlete's License](#) to participate in the World Cup races.

10. MEDIA SERVICES

Accommodation will be at [Quality Hotel Grand](#).

Hallbergplatsen 2
503 30 Boras
Phone:

+46 337 99 00 00
+46 337 99 00 08
q.grand.boras@choice.se



Media services is at The Event Centre Simonsland Textile Fashion Center,
Viskastrandsgatan 1B, 506 30 Borås

Accreditation is done in IOF Eventor or by mail to stefan.eksberg@outlook.com

11. COMPETITION INFORMATIONS

11.1 PUNCHING SYSTEM

The punching system used is SportIdent Air+. SI-chips will be provided by the organiser.

11.2 CLOTHING

No restrictions in clothing.

12. EVENT INFORMATION

12.1 INDIVIDUAL SPRINT

Map and terrain

Scale	1:4000
Contour interval	2 m
Terrain	Urban terrain with small and big buildings. Some grass covered areas and smaller parts of forest parks. 65% asphalt and 35% grass.
Forms	Flat to medium hilly.
Traffic	Local traffic, roads are not closed for traffic.
Map maker	Maths Carlsson

Courses

	Women	Men
Winning time	14:15	14:25 min
Course length	3600 m	4100 m
Total climb	60 m	80 m
Number of controls	25	25

Course setters Carl-Henry Andersson
 Filip Grahn
 Fredrik Sundström

12.2 KNOCK-OUT-SPRINT

Map and terrain

Scale 1:4000
 Contour interval 2 m
 Terrain Urban terrain with small and big buildings. Some grass covered areas and smaller parts of forest parks. Qualification: 50% asphalt and 50% grass. ¼ final: 34% forest, 52% asphalt, 14% grass. ½ final and final: 90% asphalt, 10% grass.
 Forms Qualification: Flat to medium hilly. Elimination rounds mostly flat
 Traffic Local traffic in most streets is not closed for traffic.
 Map maker Maths Carlsson

Courses

<u>Total climb</u>	<u>Women</u>	<u>Men</u>
Qualification	40	38
Quarter final	64	68
Semi final	20	22
Final	38	38

<u>Winning time</u>	<u>Women</u>	<u>Men</u>
Qualification	11:00	11:00
Quarter final	7:00	7:00
Semi final	7:00	7:00
Final	7:30	7:00

<u>Course length</u>	<u>Women</u>	<u>Men</u>
Qualification	2175 m	2520 m
Quarter final	1860 m	2045 m
Semi final	2045 m	2130 m
Final	2090 m	2090 m

<u>Number of controls</u>	<u>Women</u>	<u>Men</u>
Qualification	17	20
Quarter final	13	15
Semi final	13	13
Final	13	13

Course setters Victor Helgesson
 Emil Karlsson
 Elsa Lindeblom

12.3 SPRINT RELAY

Map and terrain

Scale	1:4000
Contour interval	2 m
Terrain	Urban terrain with small and big buildings. Some grass covered areas and smaller parts of forest parks. 90% asphalt, 10% grass.
Forms	Mostly flat.
Traffic	Local traffic and pedestrian streets are not closed for traffic.
Map maker	Maths Carlsson

Courses

Total climb	Leg 1 & 4: 65 m Leg 2 & 3: 70 m
Winning time	Leg 1 & 4: 13:30 min Leg 2 & 3: 13:30 min
Course length	Leg 1 & 4: 3560 m Leg 2 & 3: 3900 m
Number of controls	Leg 1 & 4: 17 Leg 2 & 3: 18
Course setters	Filip Grahn David Hallberg Hugo Håkansson

13. PRIZE MONEY

Prize money in the World Cup 2022 is distributed according to the following schedule. All prizes are set in Euro.

Place	Individual race	Relay race	Total Individual World Cup
1	1000	1000	5000
2	700	700	2000
3	400	400	1000
4	200		600
5	200		500
6	200		400

14. PUBLIC RACES

14.1 PUBLIC RACE 1, THURSDAY 26TH MAY - SPRINT

First start approximately 15.00.
Arena SJÖBO, same as individual sprint.

For more info, see Swedish Eventor or our website. Invitation will be available during March.

14.2 PUBLIC RACE 2, FRIDAY 27TH MAY - MIDDLE DISTANCE

First start approximately 10.00.
Arena Kristiansfält, middle distance (forest).

For more info, see Swedish Eventor or our website. Invitation will be available during March.

14.3 PUBLIC RACE 3, SATURDAY 28TH MAY - MIDDLE DISTANCE

First start approximately 10.00.
Arena Byttorp, same as knock out sprint Qualification.
Middle distance (forest)

For more info, see Swedish Eventor or our website. Invitation will be available during March.



INTERNATIONAL ORIENTEERING FEDERATION