

EUROPEAN TRAIL ORIENTEERING CHAMPIONSHIPS

25–29 MAY 2022
ESPOO, FINLAND



BULLETIN 2

September 2021



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Welcome by the Event Director

For the fourth and definitely the final time, here comes Bulletin 2 for the European Trail Orienteering Championships to be held in Espoo and Lohja, Finland! You cannot even imagine how much we look forward to welcoming you to our events in May 2022.

In March 2020 we were preparing to host ETOC two months later. The entries were open and we were working hard with final preparations. When we realised that we had to move the events, the hit was hard. Very soon, of course, it was no longer about ETOC but about much bigger things. After moving the event first to July 2020 and then to May 2021, we said that it was 2021 or not at all - we could not be moving this forever. However, with time comes patience (and you forget about how much work is involved). We have great terrain, great courses, a great concept. Why not move it one last time – and when the organisers of the original ETOC2022 were willing to move to 2024, we took this last chance, and thus welcome you to Espoo and Lohja 24–29 May 2022.

The maps that were drawn in 2018 have been updated several times since, and are therefore up-to-date and ready to be used. Also, the slight changes we have made to the competition centres have only been improvements. The one thing that we unfortunately do not have control over is the forest: it just keeps on growing. This has resulted in both changes to the courses and finally also swapping the model and relay terrains with each other. Moving the model event to the Event Centre Kisakallio actually has benefits too: it makes it easier for the teams to get to know the terrain and the map – and the move made it possible to change the schedule for the week so that we can start with PreO and finish with Relay. The relay teams can then be chosen based on actual results from ETOC PreO and TempO.

We have faced challenges on the road, and some quite memorable ones indeed. We hope that this bulletin gives everyone hope of a normal life again, and we look forward very much to welcoming you to the first Major IOF Event in Trail Orienteering since 2019.

See you in Finland in May 2022!

Anna Jacobson

Event Director

Organising Team

Event Director	Anna Jacobson
Competition Managers	Harry Sainio Anders Weckström Anders Westerlund Jan Biström
Course Planners	PreO 1: Martti Inkinen PreO 2: Åke Jacobson Relay: Åke Jacobson TempO: Roope Näsi
Map-making	Matti Toivonen
Technical Coordination	Åke Jacobson
Results Manager	Jouni Junkkaala
IT and Equipment	Rasmus Mårtenson
Logistics Manager	Daniel Backman
Accommodation	Hanna Westerlund
Eventor contact	Jonas Westerlund
Finance Officer	Henrik Wallén
Event Administration	Henrika Backman
Quality Consultant, Speaker	Clive Allen

Contact

Office: etoc2022@ok77.fi

Media contact: Anna Jacobson, anna@ok77.fi, +358453474770

Accommodation: accommodation@ok77.fi

Eventor contact: eventor@ok77.fi

Volunteering opportunities: volunteers@ok77.fi

Website: www.etoc2022.com

Facebook: <https://www.facebook.com/events/1360198091045189>

Twitter: www.twitter.com/etoc2022

Instagram: www.instagram.com/etoc2022

Bank information:

OK 77 / Aktia Bank

IBAN: FI2740552920007558

BIC: HELSFIHH

Event Advisers

Senior Event Adviser	Jana Kostova (CZE)
National Controller	Jari Turto (FIN)

Covid-19

More information about possible extraordinary measures when entering Finland or during ETOC 2022 due to the Covid-19 pandemic will be published in Bulletins 3 and 4.

Participation

Competitors representing member federations of the IOF, defined by the International Paralympic Committee as belonging to the European continent, can compete in ETOC. Competitors representing other member federations of the IOF can participate in ETOC but will not be eligible for European titles, medals or diplomas.

In the individual PreO event a federation may enter a maximum of 6 persons in each class. In the TempO event a federation may enter a maximum of 8 persons. The current European Champion may be entered in their respective classes in addition to the normal maximum. In the TrailO Relay a federation may enter 2 teams in each class, each consisting of 3 competitors. Only the better-placed team will count in the prize list.

Event Programme

Date	Programme	Location
Tuesday 24.5.2022	Arrival, Event Office opens	Kisakallio
Wednesday 25.5.2022	Model Event, Opening Ceremony	Kisakallio
Thursday 26.5.2022	PreO 1	Luukkaa
Friday 27.5.2022	PreO 2	Luukkaa
Saturday 28.5.2022	TempO	Veikkola
Sunday 29.5.2022	Relay, Closing Ceremony, Social Event, Departure	Oittaa
Monday 30.5.2022	Departure	



Classes and Competition rules

In the individual PreO competitions and in the TrailO Relay there is an O (Open) class and P (Physically Challenged) class. In the TempO competition there is a single class (O).

The Competition Rules for IOF Trail Orienteering Events 2021 and the ETOC Rules valid in 2022 shall apply to the European Trail Orienteering Championships 2022. The rules are available for download on the IOF website <https://orienteering.sport/> The maps of ETOC 2022 follow the International Standards for Sprint Orienteering (ISSprOM) 2019.

Entries

Preliminary entries should be made through IOF Eventor by 25 March 2022. Final entries must be made by 15 May 2022. The payment of the entry fees must be made by 8 April 2022. Entries will not be valid until the entry fee has been paid. All entries have to be made through [IOF Eventor](#). The entries will be open in November 2021. If you have any questions about or problems with Eventor, please do not hesitate to contact eventor@ok77.fi for help!

Accreditation fee (incl. compulsory transport)	80/110/60/10 EUR	Per athlete/ Official/Accompanying person/Escort
Entry fee – PreO	120 EUR	
Entry fee – TempO	80 EUR	
Entry fee – TrailO Relay	150 EUR	Per team

Escorts

The organisers will provide escorts in steeper hills. According to the new rules (valid from 1.2.2020), the competitors that need an escort shall bring an escort with them. With an escort accreditation (which is mandatory) only, a person cannot act as a team official, attend Team Official Meetings or make a complaint. An escort does not have free entrance to the social event on Sunday. The organiser has made an agreement with a non-profit club Metsäreitti that they will offer escorts for competition courses for 35 EUR/competition/person (incl. accreditation). Requests should be sent to metsareitti@yahoo.com by 25 March 2022. NB. The escorts are not experienced wheelchair assistants but normal sports volunteers, who do not get paid for the service (the fee covers their accreditation, food, transport etc.)

Event Centre and Accommodation

Kisakallio Sports Institute, Kaarina Karin tie 4, 08360 Lohja

The Event Centre is Kisakallio Sports Institute, located some 7 km north of the nearest town Lohja and 65 km west of Helsinki Airport and Helsinki Harbour. From Turku Harbour it is 115 km to Kisakallio.

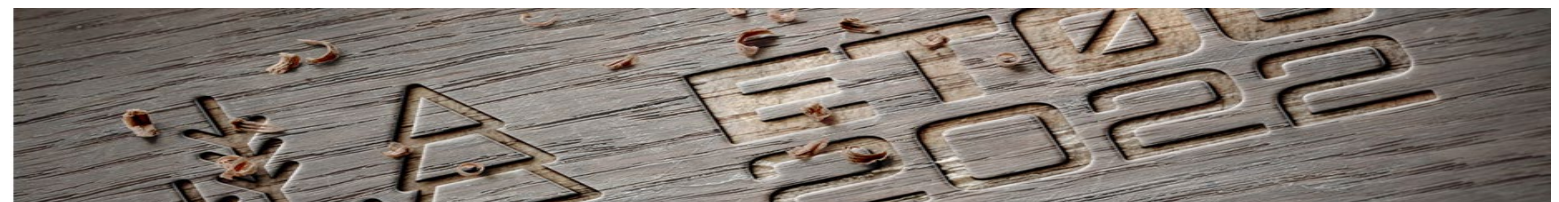
Kisakallio Sports Institute is a non-profit foundation which offers a wide variety of sports, activities and educational opportunities, and has excellent facilities for professional and amateur sports enthusiasts. The Institute was founded in 1949 to be a Gymnastics institute for women of all ages.

Today, Kisakallio Sports Institute is one of the biggest training and education centres in Finland and Europe, with 700 beds and almost 15,000 sq.m. of sport facilities. There are rooms of different standards, well suited to accommodate also athletes using wheelchairs. A restaurant and café are available and they are open daily from morning until evening.

Kisakallio is surrounded by 250 hectares of wild wood, an area called “Karnaistenkorpi” which is, nationally and internationally, environmentally unique. Karnaistenkorpi is owned by the City of Lohja and the nature trails going through the entire area are maintained by Kisakallio Sports Institute. Also the biggest lake in Southern Finland, Lake Lohja, is just in front.



Room type	Price per person per night
Institute level, twin room	45 EUR
Institute level, 3-5 persons room	36 EUR
Hotel, twin or double room	55 EUR
Hotel, single room	100 EUR



All room prices include breakfast buffet. Lunch and dinner buffet at Kisakallio can be pre-booked for the price of 12.60 EUR / meal. Please note that due to covid restrictions, the meals must be booked in advance.

Accommodation should be booked as full rooms (i.e. all beds occupied).

Accommodation and meal bookings should be made via email to accommodation@ok77.fi.

The deadline for all bookings is 20 March 2022. The deadline for payments is 20 April 2022.

Some rooms on the institute level share the bathrooms. There are accessible rooms on all levels.



Travel and transport

Teams, VIPs and media representatives are free to use their own transport to all the events. There will be reserved parking areas at all the arenas. Organised transport will be provided from the Event Centre to the competition arenas and model event for those teams, VIPs and media representatives that have requested and paid for the Transport Package. Organised transport adapted for wheelchair users will be provided on request. More details about transport and the Transport Package will be published in Bulletin 3, based on the number of requests. Preliminary request for the Transport should be made through IOF Eventor by January 31, 2022. Final request and payment of the Transport must be made by March 20, 2022. Preliminary requests can be made from November 2021 onwards.

Course information

Event	Length	Controls	Timed control	Road surface	Climb
PreO 1	1.3 km	25	2 x 3 tasks	Smooth gravel	25 m
PreO 2	1.6 km	30	2 x 3 tasks	Smooth to rough gravel	35 m
TempO Qual.	1.9 km	-	6 x 5 tasks	Mixed (asphalt/smooth gravel/forest track)	25 m
TempO Final	1.6 km	-	7 x 5 tasks	Mixed (smooth gravel/forest track)	15 m
Relay	0.9 km	3x13	2/leg x 5 tasks	Smooth gravel	30 m

All our zeros can be solved with map-reading.

When the answer is zero, there are no flags on the same areal or linear feature closer than 4 metres from the right place. In point features, there are no zeros closer than 135 degrees from the right direction.

Maps

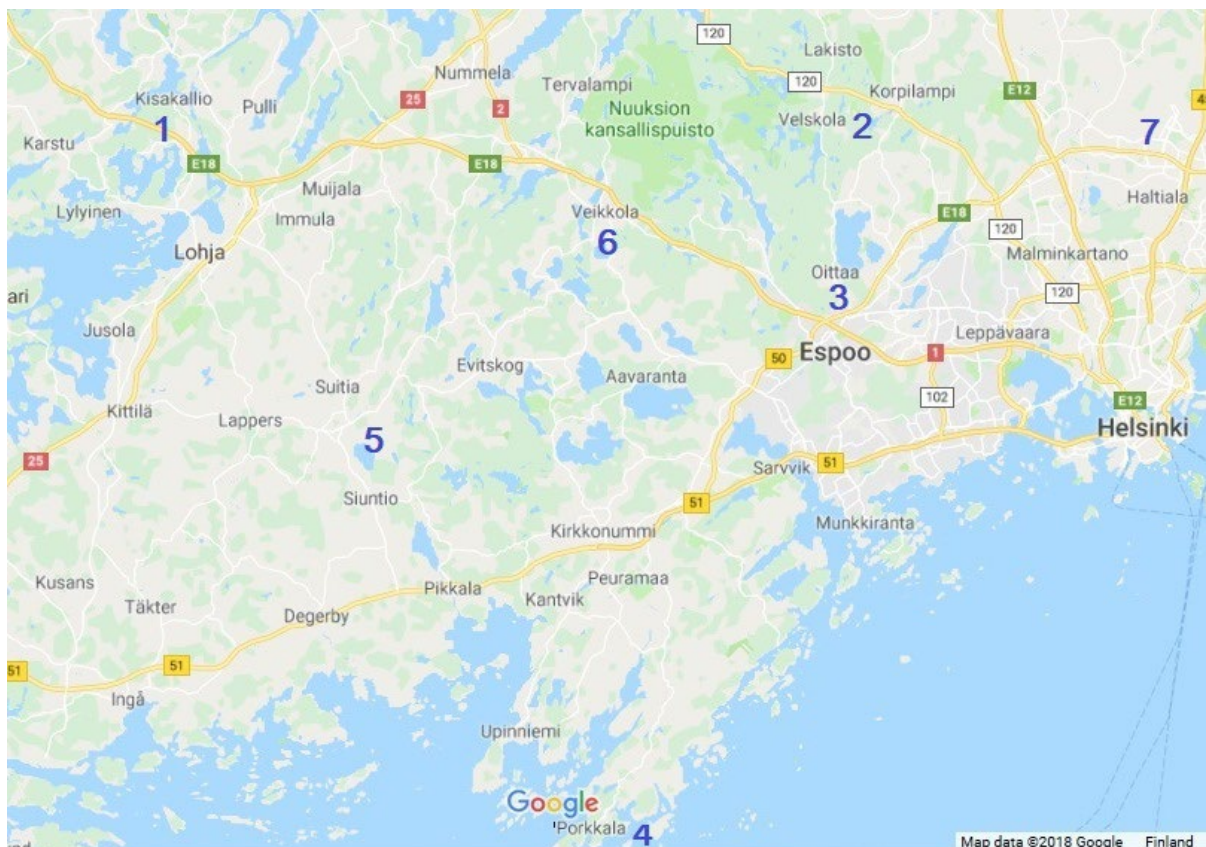
The maps have been drawn by Matti Toivonen and modified by the course planners. All maps have been drawn in ISSproM 2019.

Public races

There will be an opportunity for the public to go out on the competition courses after the ETOC competitions are over. Entries to the public competitions can be made from November 2021 onwards via email (etoc2022@ok77.fi).

Date	Event	Preliminary schedule for start of the public event	Location (number on the area map)
Thursday 26.5.2022	PreO 1, Public race	15:00-16:00	Luukkaa, 2
Friday 27.5.2022	PreO 2, Public race	15:00-15:45	Röylä, 2
Saturday 28.5.2022	TempO, Public event	Q 12:30-13:30 F 17:00-17:30	Veikkola, 6
Sunday 29.5.2022	Relay, Public event	15:30-16:30	Oittaa, 3

Area map



- 1) Kisakallio Sports Institute (Event Centre, Model)
- 2) Luukkaa (PreO 1, PreO 2)
- 3) Oittaa (Relay)
- 4) Porkkala (reserve area)
- 5) Siuntio Spa (reserve area)
- 6) Veikkola (TempO)
- 7) Helsinki-Vantaa Airport

Terrain

Model

Kisakallio (number 1 on the area map)

Pine/spruce forest with mostly good visibility. Map scale: 1:4 000. Contour interval: 2 m.

Previous map:

http://vaajakoskentera.com/kartat/show_map.php?user=ToniS&map=202&lang=nb

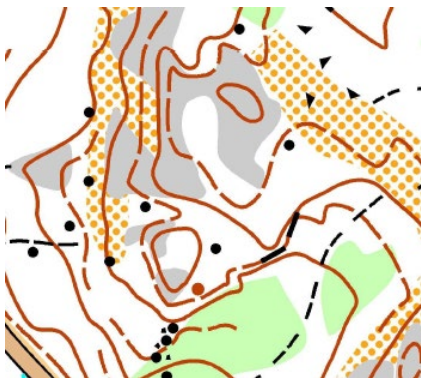
http://www.kartta-arkisto.net/show_map.php?user=SamiH&map=168

Relay

Oittaa (3)

A typical Finnish forest with a mixture of spruce and pine trees. In parts, bare rock/cliff areas.

Medium to good visibility. Map scale: 1:4 000. Contour interval: 2 m.



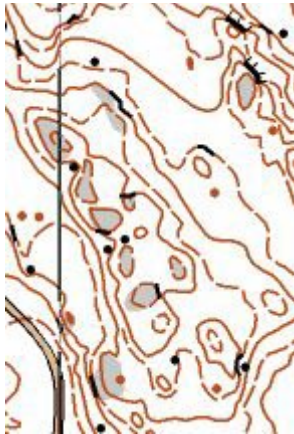
Previous map: <http://www.ok77.fi/routegadget/rg2/#11>



PreO 1

Luukkaa Recreational Area (2)

A typical Finnish forest with a mixture of spruce and pine trees. In parts, bare rock/cliff areas. Medium to good visibility. Map scale: 1:4 000. Contour interval: 2 m.



Previous map: <http://helsinginsuunnistajat.fi/harveli/cgi-bin/reitti.cgi?act=map&id=153>

PreO 2

Snettans Estate, Röylä (2)

A pine/spruce area typical of the famous Noux National Park. Mostly hilly terrain with hill slopes/tops with good visibility. Predominant features are bare rock areas and hillsides with lots of rock faces. Map scale: 1:4 000. Contour interval: 2 m.

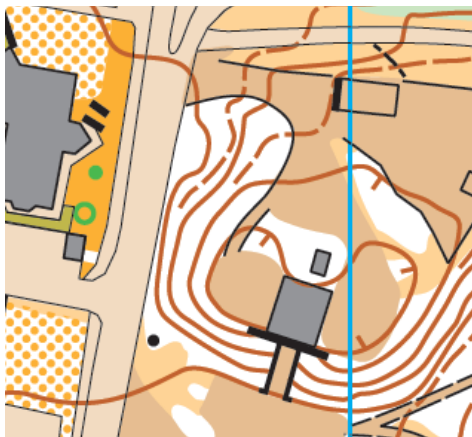


Previous map: <http://helsinginsuunnistajat.fi/harveli/cgi-bin/reitti.cgi?act=map&id=153>

Tempo Qualification

Veikkola (6)

A suburban area with a mixture of open, park-like areas and forest islands among official buildings and living quarters. Map scale: 1:4 000. Contour interval: 2 m.



Previous map: http://kartat.meronen.net/maps/show_map.php?user=juha&map=484

http://veikkola-weather.com/doma/show_map.php?user=Timo&map=220

TempO Final

Veikkola (6)

Partly park area, partly forest. Forest with good visibility, in parts steep and rich in cliffs/rock faces. Map scale: 1:4 000. Contour interval: 2 m.



Previous map: http://kartat.meronen.net/maps/show_map.php?user=juha&map=484

http://veikkola-weather.com/doma/show_map.php?user=Timo&map=220



Ceremonies

The Opening Ceremony and all medal ceremonies, with the exception of Relay, will be held at Kisakallio Sports Institute. Relay medal ceremony and the Closing ceremony will be held at the Relay event arena. Team Officials Meetings and other possible meetings or clinics will be organised at Kisakallio Sports Institute.

Climate

Spring begins to truly show itself in Helsinki in May. The average daily temperature warms to 10°C during this month. High temperatures average about 15°C while lows still drop down to 4°C.

Still a low month for rainfall, May typically sees about 40 mm of rain throughout the month, with an average of 14 possible rainy days. The skies begin to clear overall, and there is a 40 per cent chance of a mostly sunny day throughout the month.

Reserve areas

1) Porkkala, Kirkkonummi

Never used for trail orienteering.

http://www.kartta-arkisto.net/show_map.php?user=Sakke&map=637

2) Siuntio Spa, Siuntio

Last trail orienteering competition in 2004.

http://www.kartta-arkisto.net/show_map.php?user=Kipru&map=885

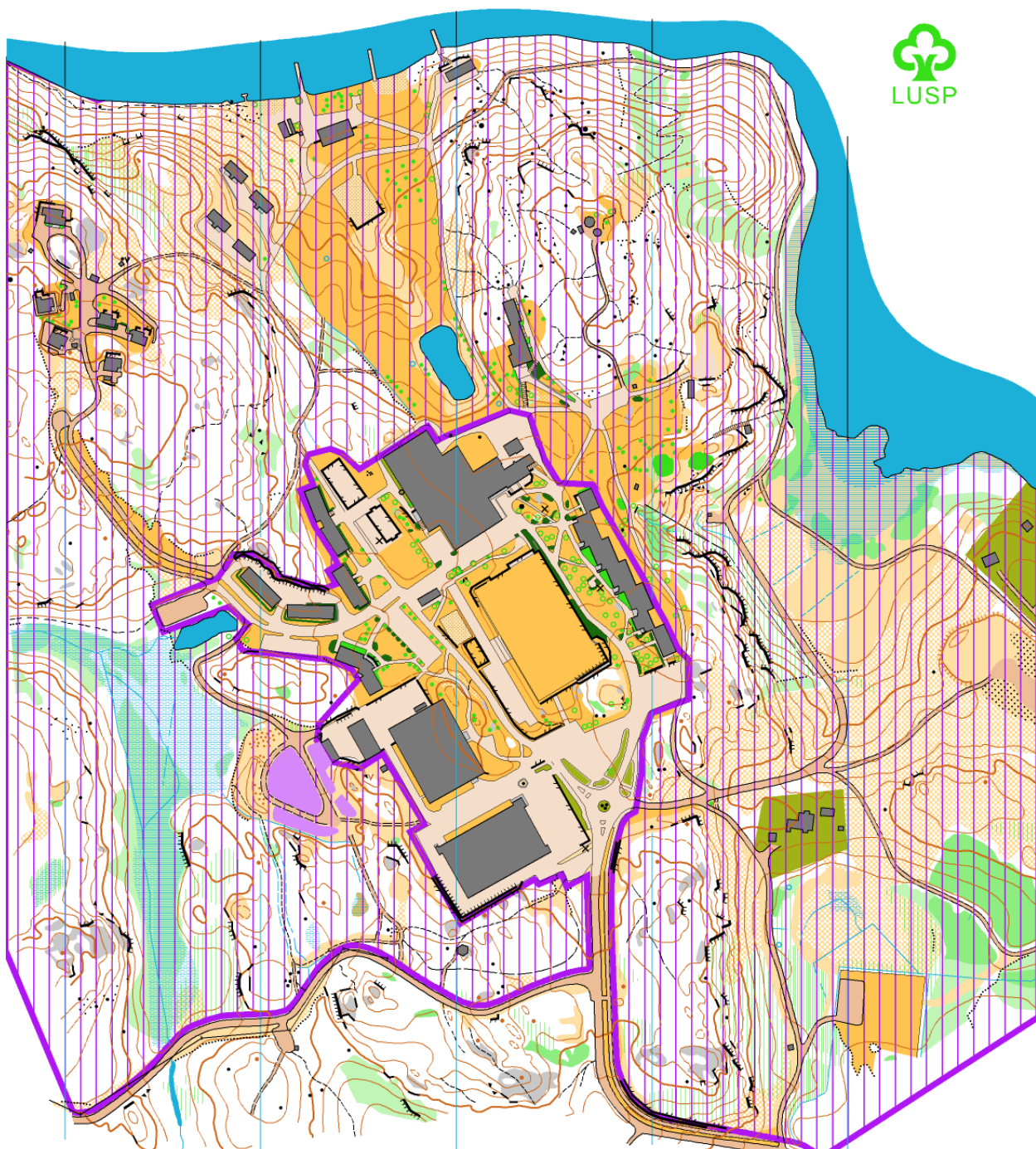
Training possibilities

Training opportunities will be available, please refer to the national event calendar for [2021](#) and [2022](#). In addition, both PreO and TempO maps with courses set by the ETOC course planners can be made available, at a cost of 5-8 euros per map, during both 2021 and 2022 on request.

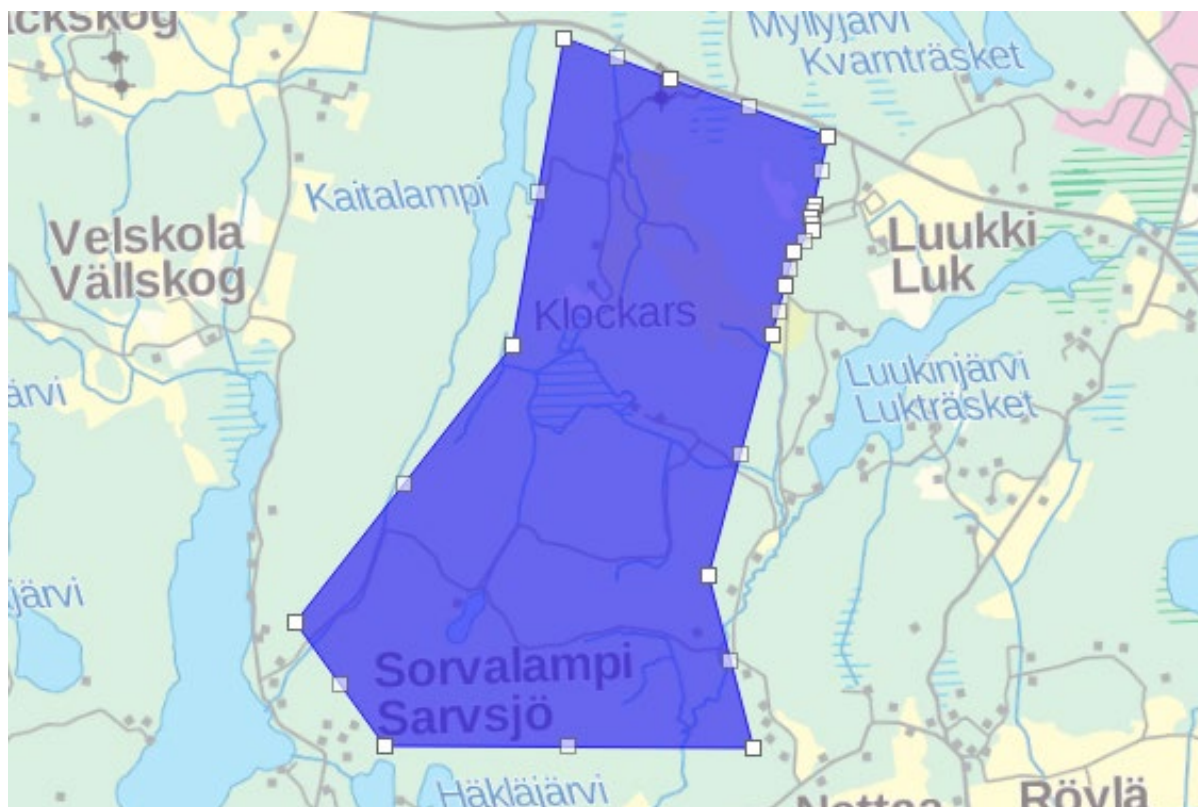
Embargoed areas

From 12 October 2018, all potential ETOC 2022 participants, coaches, and team officials, as well all those people who could supply ETOC team members with information about the terrain, are prohibited to enter the embargoed areas. It is furthermore forbidden to fly drones above the embargoed areas. Kisakallio embargoed area has been valid since 9 March 2018. The detailed embargoed areas can be seen in [the map register of the Finnish Orienteering Federation](#) ("Harjoituskiellot"=Embargoed areas)

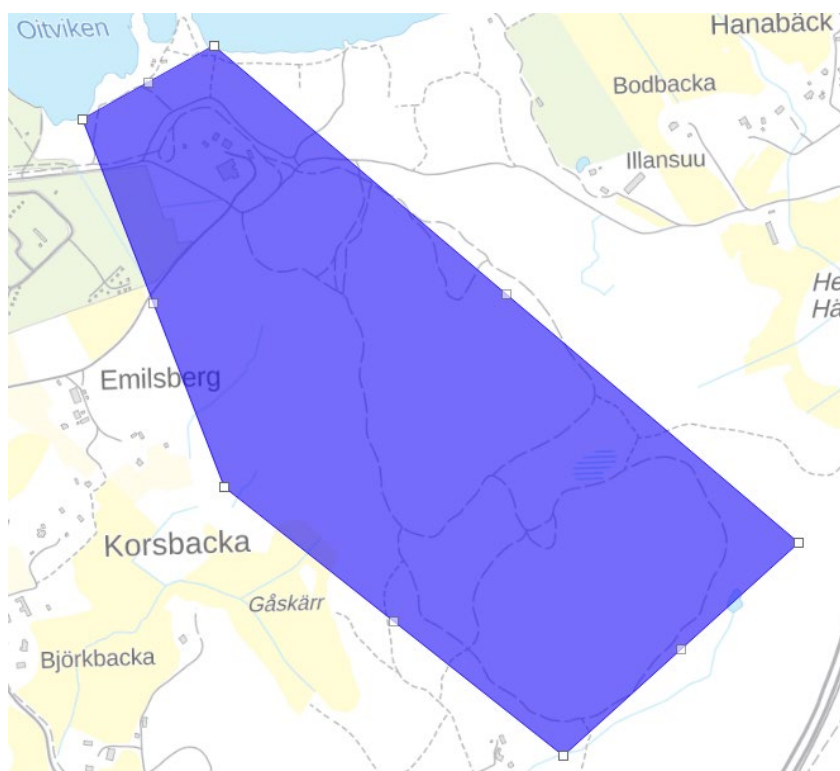
1) Kisakallio Sports Institute, Lohja. Event Centre



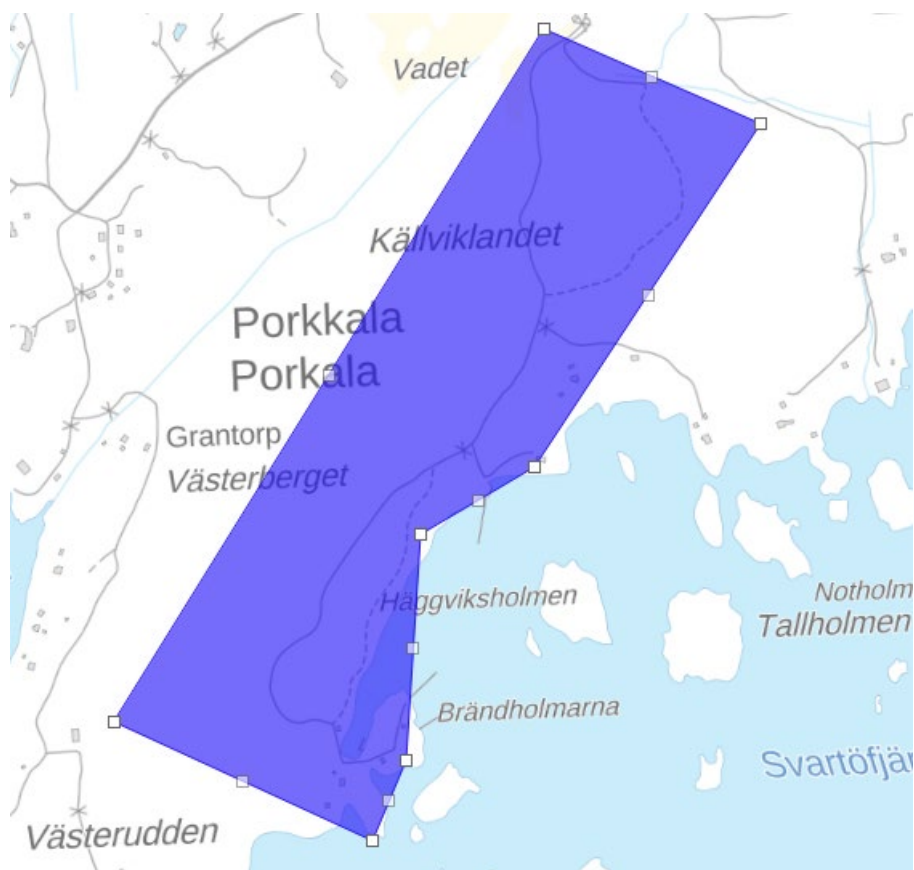
2) Luukki/Röylä, Espoo



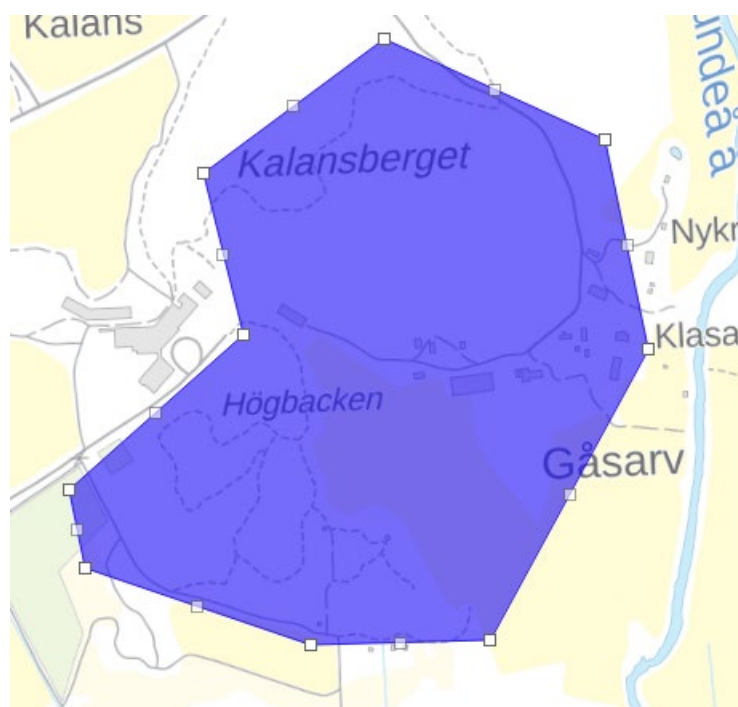
3) Oittaa, Espoo



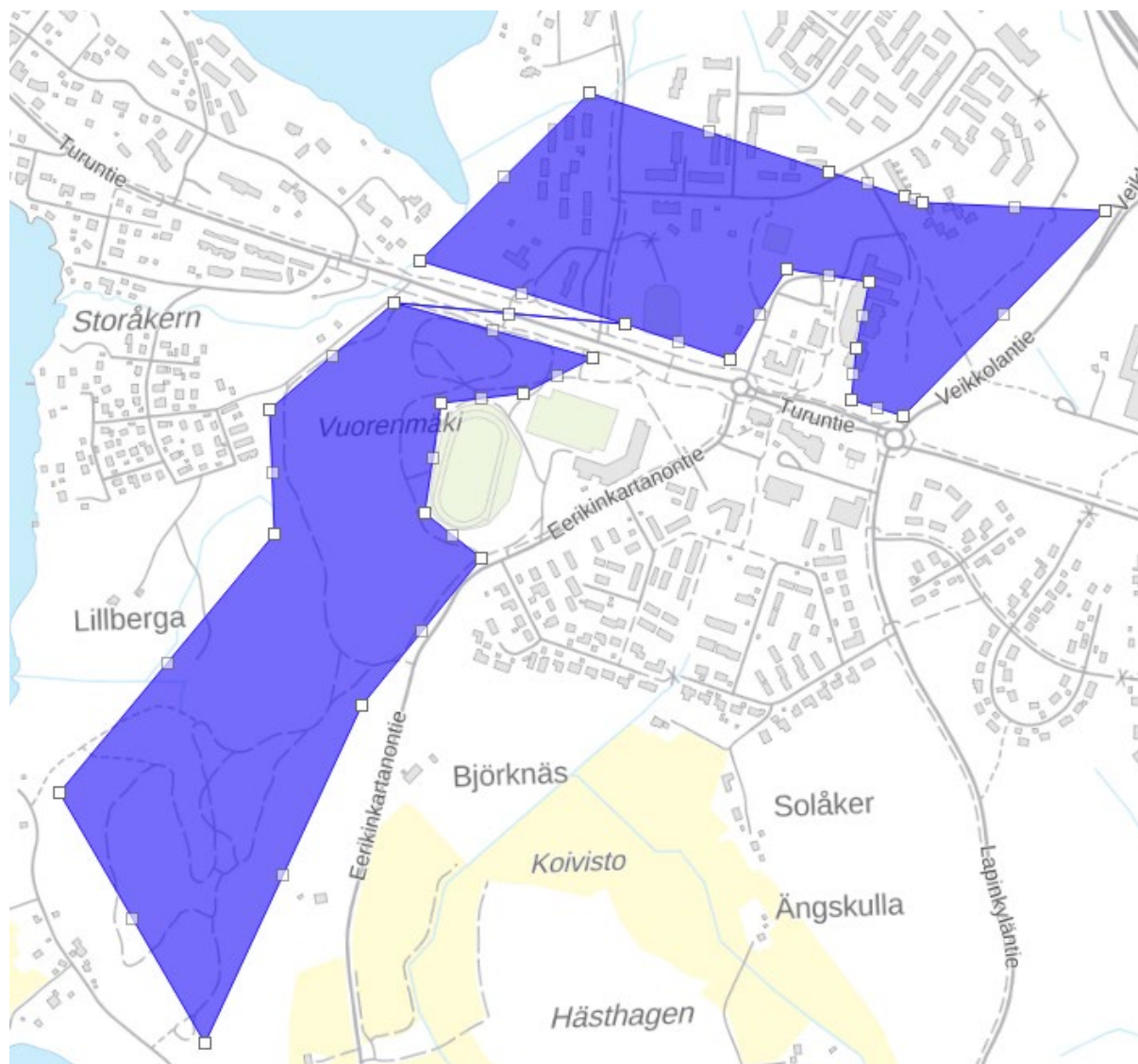
4) Porkkala, Kirkkonummi



5) Siuntio Spa, Siuntio



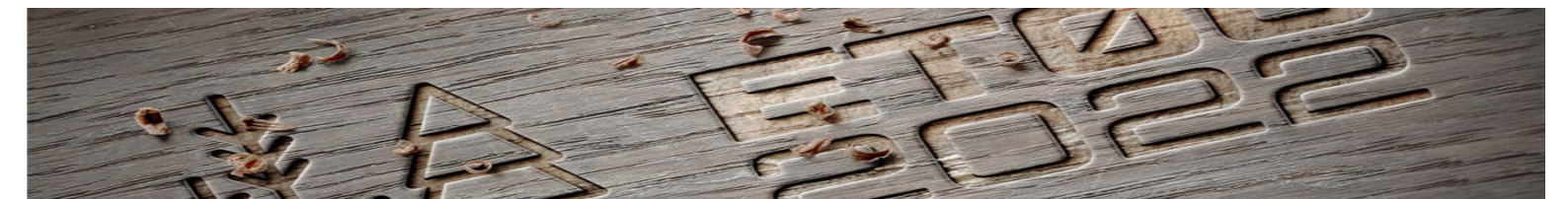
6) Veikkola, Kirkkonummi



Visas

The Schengen states have jointly agreed which countries' citizens are required to present a visa. Each Schengen state decides which passports and travel documents it accepts from different countries' citizens.

Check if you need a visa to visit Finland and what travel documents are accepted in Finland:
<https://um.fi/visa-requirement-and-travel-documents-accepted-by-finland>



Even if you do not need a visa to visit Finland, you need a valid passport or some other travel document accepted by Finland. It must be valid for at least ninety days after your intended date of departure from the Schengen area.

In addition, the passport or other travel document must have been issued no later than ten years ago.

Volunteering opportunities

We are looking for volunteers to help in organising ETOC 2022. We offer the volunteers food during the days, an ETOC 2022 vest (for volunteers staying the entire week) and free participation in the public races. Furthermore, there is a limited amount of free accommodation available at OK 77's cottage in Espoo. Please contact volunteers@ok77.fi.

Organisers



Suomen Suunnistusliitto



OK 77