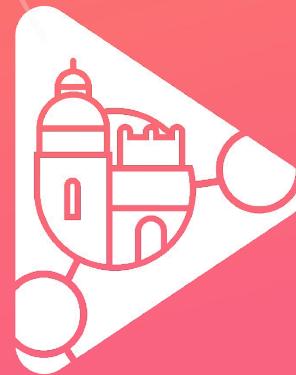




Bulletin 2

European Youth Orienteering Championships

VILNIUS 2021
LITHUANIA





ORIENTEERING.LT
LIETUVOS ORIENTAVIMOSI SPORTO FEDERACIJA



WELCOME

Dear participants, athletes, and coaches of the European Youth Orienteering Championship Vilnius 2021.

In 2006, JWOC took place in Lithuania and this competition changed my life. Orienteering has become my way of life. Seeing the importance of high-level competitions in the home arena for a young person, I dream of organising an EYOC here in Lithuania.

In one month my dream will come true!

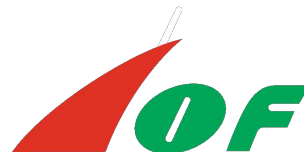
I am glad to congratulate all of you on being part of the orienteering family and I would like to wish you always had a dream!

Good luck in your practice and see you in Vilnius in August!

Event director of EYOC 2021
Vilius Aleliūnas

European Youth
Orienteering Championships
VILNIUS 2021





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ORGANISERS:

International Orienteering Federation
Lithuanian Orienteering Federation

ORGANISING COMMITTEE:

Event director – Vilius Aleliūnas, vilius@eyoc2021.lt
Technical director – Gintautas Valauskas, gintautas@eyoc2021.lt
Event Secretary – Vesta Aleliūnienė, office@eyoc2021.lt

EVENT CONTROLLERS:

IOF Event Adviser – Bo Hem Simonsen (DEN)
National Controller – Vitalijus Paulauskas

CONTACTS:

Lithuanian Orienteering Federation - Žemaitės g. 6, Vilnius, LT-03117
Phone: +37062024554
Website: www.eyoc2021.lt
Eventor: <https://eventor.orienteering.org/Events/Show/6430>
Email: info@eyoc2021.lt

MEDIA:

Justė Umbrasaitė, media@eyoc2021.lt

EVENT DATES

Thursday, 19 August – Sunday, 22 August, 2021

European Youth
Orienteering Championships
VILNIUS 2021



EVENT VENUE

Vilnius, Lithuania



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DESCRIPTION OF CLIMATE

The climate in Lithuania can be described as a humid continental climate found in most Central and Eastern European countries, with mildly warm summers and mild winters. Usual summer daytime temperatures reach 20-25°C, with occasional heatwaves exceeding 30°C. Weather during the summer days can be changeable, with spells of warm and sunny weather being replaced by pouring rain and heavy thunderstorms that occur in the afternoon. The average temperature for August is 16,2 °C and it's the rainiest month of the year with 76 mms of precipitation.

EVENT CENTRE

Urbihop Hotel, Ažuolyno g. 7, Vilnius, LT-07196.

[54.706776, 25.234911](tel:54706776)

info@eyoc2021.lt

+37062024554



Accreditation of the teams will be organised in the Event Centre

European Youth
Orienteering Championships
VILNIUS 2021



GENERAL MAP AND DISTANCES

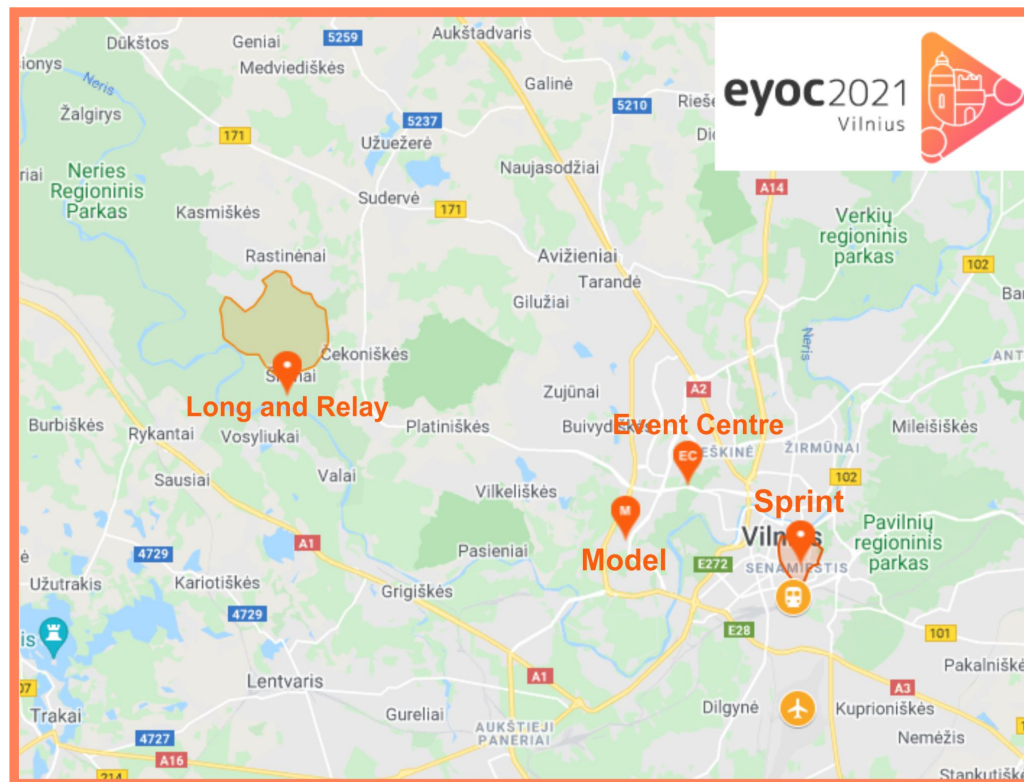
Vilnius International Airport
11 km to Event Centre

Kaunas International Airport
95 km to Event Centre

Riga International Airport
300 km to Event Centre

Vilnius Central Couch Station
7.5 km to Event Centre

Vilnius Central Railway Station
7.5 km to Event Centre



See detailed map on [EYOC 2021 event map](#)



PROGRAMME

DATE		
August 18, 2021	10:00 - 18:00	Event centre open
	10:00 - 20:00	PCR testing
August 19, 2021	7:00 - 19:00	PCR testing
	10:00 - 16:00	Team arrivals, accreditation
	14:00	Nominal entries to start groups for Long Distance
	10:00 - 18:00	Sprint training
	14:00 - 16:00	Technical model
	14:00 - 18:00	Long, relay model
	19:00 - 19:30	Team Officials' Meeting (online)
	18:00 - 20:00	Dinner at the accommodation
August 20, 2021	6:30 - 9:00	Breakfast at the accommodation
	10:00 - 14:00	Long Distance competition (first start at 10:00)
	15:00	Nominal entries and running order for Relay
	15:00	Opening Ceremony & Prize-giving Ceremony Long
	19:00 - 19:30	Team Officials' Meeting (online)
	17:00 - 20:00	Social activities outside event centre
	18:00 - 20:00	Dinner at the accommodation
August 21, 2021	7:00 - 9:00	Breakfast at the accommodation
	12:00 - 15:00	Relay competition (first start at 12:00)
	15:00	Prize-giving Ceremony Relay
	15:00	Nominal entries to start groups for Sprint Distance
	17:00 - 20:00	Social activities outside event centre
	19:00 - 19:30	Team Officials' Meeting (online)
	18:00 - 20:00	Dinner at the accommodation
August 22, 2021	6:00 - 8:00	Breakfast at the accommodation
	9:00 - 12:00	Sprint Distance competition (first start at 9:00)
	12:00	Prize-giving ceremony Sprint Distance and closing ceremony
	13:00	Departure

CLASSES AND RESTRICTIONS

W16 - for female athletes who are no more than 16 years old on 31 December of the year of the competition (born in 2005 or later).

W18 - for female athletes who are no more than 18 years old on 31 December of the year of the competition (born in 2003 or later).

M16 - for athletes who are no more than 16 years old on 31 December of the year of the competition (born in 2005 or later).

M18 - for athletes who are no more than 18 years old on 31 December of the year of the competition (born in 2003 or later).

Each country may enter a maximum number of 4 competitors in each class and one relay team per class. All participants must be full passport holding citizens of the country they are representing.

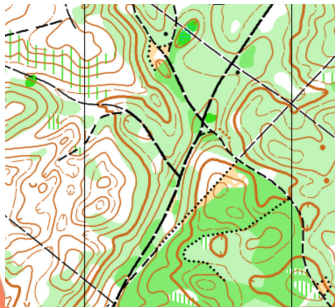
Maximum number of officials per team is not limited.

COMPETITION RULES

The Competition Rules for IOF Foot Orienteering Events (version valid from 1st January 2021) shall be applied to participation in the European Youth Orienteering Championships 2021, with special attention to Appendix 8.

Competitors representing member Federations of the IOF, defined by the International Olympic Committee as belonging to the European continent, can compete in EYOC. Competitors representing other member Federations of the IOF can participate in EYOC but will not be eligible for European titles, medals or diplomas. The Competition Rules for IOF Foot Orienteering Events (version valid from 1st January 2021) shall be applied to participation in the European Youth Orienteering Championships 2021, with special attention to Appendix 8.

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TERRAIN

LONG and RELAY

The terrain is moderately to very hilly (height difference between the lowest and the highest points amounts to 110 m). Southern part of the terrain consists of steep slopes facing the river Neris with numerous re-entrants and erosion gulleys, northern part is a moraine type terrain abundant with depressions, small hills and medium-sized slopes. There are a few small boulders scattered across the area.

Marshes are scarce and are mostly found along the streams in the river slope, some of them are overgrown with nettles. The area along the streamlet in the western part is affected by beavers, with small dams, ponds and burrowed trees.

The forest has a reduced runnability with portions of dense bushy areas overgrown with hazel and nettles. Moderate network of roads, tracks and rides. Some rides and paths are overgrown with grass and less noticeable.

SPRINT

The Old Town of Vilnius – one of the few remaining medieval towns in Northern/Eastern Europe - is characterized by asymmetrical street layout with residential and commercial buildings with numerous backyards and narrow passages.

The running surface is mostly paved with tarmac, tiles or cobblestones. There are many passages through or in between the buildings. Small parks and gardens with lawns and scattered trees appear throughout the urbanized areas. The Old Town is situated on a gradually steepening slope which amounts to an altitude difference of 35 meters. The north-eastern part of the competition area is dominated by a public park that is flat, containing numerous footpaths, lawns and scattered trees.

IMPORTANT: the terrain for the Relay competition was changed, and it will be run on the same terrain as the Long Distance competition. After a winter with heavy snow, the original forest was deemed unsuitable for the EYOC Relay competition. The Long Distance and Relay competitions will share the same arena and terrain.

MAPS

LONG and RELAY - scale 1:10 000, e=5m, mapmakers – Egidijus Kukenys, Audrius Smilgius

SPRINT - scale 1:4 000, e=2,5m, mapmaker – Gediminas Trimakas, Edvardas Baleišis

COURSE DATA

	Class	Estimated winning time	Length (km)	Climb (m)	Controls	Refreshments
LONG	W16	35-40 min	4,8 km	175	13	2
	M16	40-45min	6,1 km	215	15	2
	W18	40-45min	5,6 km	200	14	2
	M18	45-50 min	7,3 km	240	17	2
RELAY	W16	25 min / 75 min	3,1 - 3,4 km	125	11	1
	M16	30 min / 90 min	4,2 - 4,4 km	175	14	1
	W18	30 min / 90 min	3,8 - 4,0 km	160	14	1
	M18	35 min / 105 min	4,9 - 5,3 km	220	18	1
SPRINT	W16	10-12 min	2.78 km*	10	14	
	M16	10-12 min	3.09 km*	20	16	
	W18	10-12 min	3.06 km*	15	16	
	M18	10-12 min	3.38 km*	20	18	

*: IOF Competition Rule 16.3: The course lengths shall be given as the length of the straight line from the start via the controls to the finish deviating for, and only for, physically impassable obstructions (high fences, lakes, impassable cliffs etc.), prohibited areas and marked routes.

EMBARGOED AREAS



Embargoed areas for Long Distance and Relay competitions (indicated with **red colour**): competitors, team officials, and other persons, who may influence the results of the competition through their knowledge of the terrain, are not allowed to enter these embargoed areas.

Embargoed area for Sprint Distance (indicated with **orange colour**) are permitted for access for competitors, team officials and other persons but may not be used for orienteering trainings or route choice testing. It is prohibited to stay here with a map, to navigate or to test route choices while running or walking in the embargoed area. No orienteering trainings of any kind may take place in the embargoed area until after EYOC 2021. Tightened regulations (full embargo) will be in effect on the competition day, described in detail in Bulletin 3.

Training maps are indicated with **green colour**.

CLOTHING

There are no special regulations applying to athletes concerning the type of clothing they choose to wear.

It is forbidden to use shoes with spikes in the Sprint competition.



PUNCHING SYSTEM

SportIdent Air+ punching system will be used in all races. The organiser will provide AIR+ SI cards on request – please indicate upon registering. Rental fee of 10 €/card applies for the duration of the whole EYOC.

ENTRIES

- Payment deadline - until 1 August 2021. After the preliminary entry deadline, all entered Federations will receive an invoice.
- Team names deadline – until 9 August 2021.

All entries should be submitted in IOF Eventor: <https://eventor.orienteering.org/Events/Show/6430>

ENTRY FEES

Friendship through sport! Single type of accommodation, single fee for each competitor.

Entry package is 170 €/participant

Accommodation details: 1-4 bed hotel rooms with own bathroom.

Extra night with full board for a day (ordered until 21st of July by official form in IOF eventor) – 45 €/participant/night



Entry fee includes:

- Start fee for all three EYOC competitions
- Full board from dinner on 19 August to breakfast on 22 August
- Model events
- Local transport
- Accommodation between 19 - 22 August (3 nights)

Entry fee does not include:

- Cost of extra nights and extra meals
- Hiring of SIAC (SI Air+) cards
- Transport to/from airport

Note: If a team wants to stay in an accommodation not provided by the organiser (and outside the embargoed areas), they must pay 80 € participation fee.

ACCOMMODATION

It is not needed to book accommodation additional. Organisers will split all the teams to separate hotels after preliminary entries deadline.

Accommodation will be provided in three 3* hotels that are all within 2-3 km distance:

Urbihop hotel – <http://www.urbihop.lt>

Green hotel – <http://www.greenhotels.lt/lt/pilaite/>

Karolina hotel – <http://www.karolina.lt/>

More details will be published after the Extra services deadline (25th of July)

FOOD

Food service during official programme will be provided at the accommodation places. We can provide vegetarian food during EYOC on request. For special request you need to fill official form in IOF Eventor.

CHANGES TO ENTRIES

1 July to 10 August: surcharge of 20% on new entries, withdrawals receive an 80% refund.

11 August to 15 August: surcharge of 50% on new entries, withdrawals receive a 50% refund.

Name changes in this period cost 10 €.

TRANSPORTATION

Organisers provide full transportation during official program of EYOC for accredited athletes and officials (free of charge). Teams are obliged to use organiser's transport for Sprint and Long competitions. However, use own transportation for the Relay and Model events is allowed. Organisers do not provide transportation outside the framework of the official programme, but teams can contact the organisers for additional requests.

Transport to/from airport will cost 5 eur/person one side.

VISA

Please check the following link with a list of countries whose citizens require a visa to enter Lithuania/Schengen

Zone: <https://www.renkuosilietuva.lt/en/visas/>

HEALTH INSURANCE

The Event Organiser will not bear any responsibility related to the cost of medical services for the participants. Each Federation is responsible for the health insurance of all their delegates.

ANTI-DOPING

Doping is strictly forbidden. IOF Anti-doping rules apply, see – <https://orienteering.sport/iof/anti-doping/>



COVID-19 MEASURES

We will have to handle the pandemic situation during our event in the best possible way. The information contained here is what we know until 10th of July. Changes may become necessary and we will of course inform through the official channels about updates.

All main information regarding Covid-19 will be published in Covid bulletins and can be found in event website <https://eyoc2021.lt/covid-19/>

GENERAL CONDITIONS RELATED TO COVID-19

Our aim is to reduce the number of people and contacts to minimize the risk of infection among participants and organisers. Therefore, we want to create and maintain a safe so-called competition isolation “Bubble”, with teams, organisers, officials and media representatives who will all have been tested negative for Covid-19. This means that once in the bubble, external contacts, as well as contacts between groups within the bubble, shall be limited or eliminated where possible.

OBLIGATIONS PRIOR TO THE EVENT

All participants and organisers are urged to limit unnecessary contacts (including events, training camps, contacts, studies or work) from 10 days before the start of the competition at the event (i.e. self-isolation from 9th of August 2021). The event program includes an online team officials’ meeting on Thursday, 5 August 2021 at 17:00 CET. We would like to have all team leaders at this meeting. Please follow rules from Lithuania Health authorities for entering Lithuania. We will send a confirmation to all entered teams in advance of their travel.

TEST PROCEDURE FOR GETTING ACCREDITATION

To get accredited for the competitions, all competitors and support staff must perform a COVID-19 test using the PCR method irrespective of any other test. It's compulsory to respect self-isolation until the test result arrives. These tests will be organised by the organiser, the cost of the tests has to be paid by the teams themselves. These tests will take place on Wednesday afternoon and Thursday (all day), 18 and 19 August 2021. That means that all registered competitors and support staff have to arrive in Vilnius no later than Thursday afternoon. Late accreditation after Thursday noon will not be possible. Until one receives the test result, self-isolation is required (at the accommodation). It will not be possible to visit training areas. Upon receipt of a negative test result, the participants will receive accreditation and may start with competition related activities (trainings etc.). Test results should be available within a maximum of 12h after the test was taken.

TEST PROCEDURE BEFORE TRAVELING HOME

Organisers will offer possibility to make PCR test before travelling home. It is possible to make a PCR test on 21 or 22 August in the Event Centre.

PCR test with certificate will cost 70 eur.

Covid doctor:

Vesta Aleliūnienė, +37062024554, vestaambrazaite@gmail.com

MEDIA

We welcome all types of Media representatives in EYOC 2021.

Official registration should be submitted via IOF Eventor. No fee for media representatives.

We will offer:

- Place in event office with table, chair, internet and water
- Place in competition area with table, chair, internet and water
- Special place for photos/video
- Interview zone
- Startlist / Result list

Spread the news around the world together!

Contacts for Media:

Justė Umbrasaitė, media@orienteering.lt

TRAININGS

Official training camp – July 29th / August 4th

Official training camp includes:

- Vilnius 2021 (more info <https://www.perkunas.lt/>)
- Lithuania Youth national team selection races (together with Vilnius 2021)
- All trainings with SportIdent system
- 75 percent of maps the same map makers like in EYOC 2021

Other trainings possibilities:

Training maps with controls outside will be provided by organisers:

- Žalieji ežerai
- Giruliai
- Turniškės
- Rykantai

Sprint maps can be provided upon request. More info about training possibilities can be found in www.eyoc2021.lt under 'Trainings'.

- Laser print map 2 EUR / piece
- Plain map file 100 eur / map (PDF)



TAKAS 2021 VILNIUS

EYOC PUBLIC EVENT

PROGRAMME

2021 August 20 - middle distance

2021 August 21 - prolonged middle distance

2021 August 22 - city race

ENTRIES

<https://dbsportas.lt/en/varz>

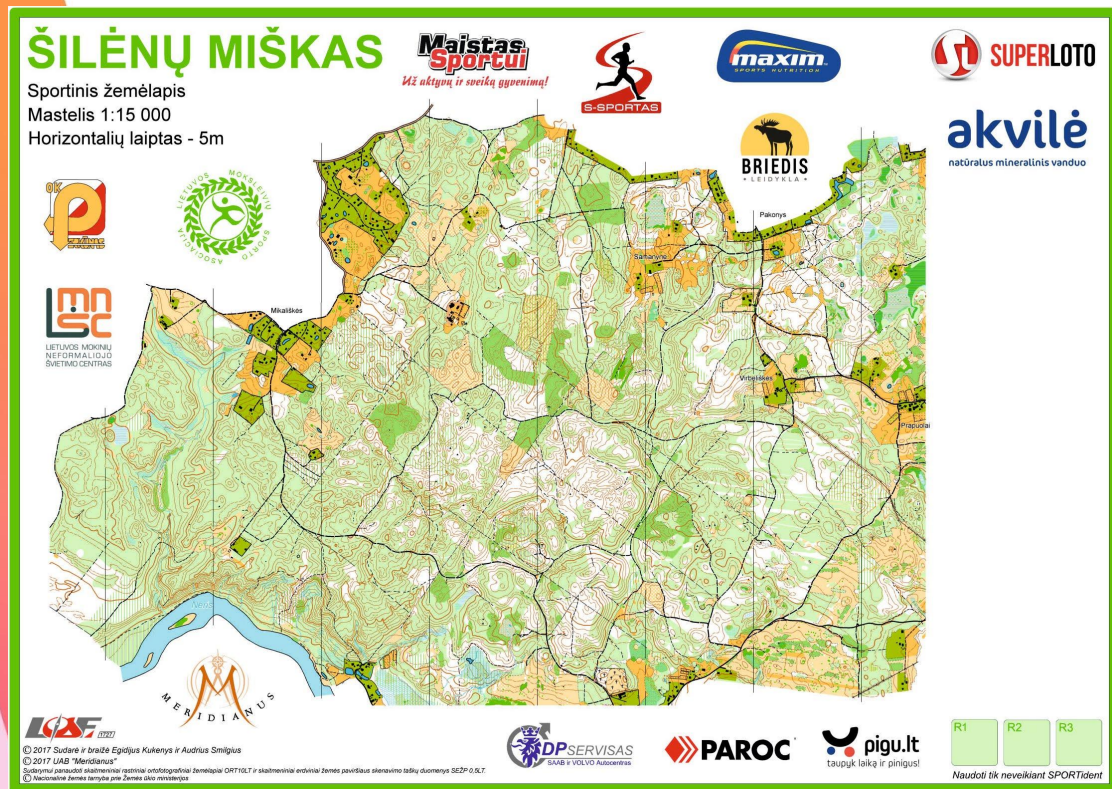
Entries will be open from 1st February, 2021.

INFORMATION

www.oktakas.lt

info@oktakas.lt

LONG and RELAY



PREVIOUS MAPS

SPRINT



European Youth
Orienteering Championships
VILNIUS 2021



SPONSORS



ŠKODA



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