



INTERNATIONAL ORIENTEERING FEDERATION



# WORLD CUP 2021



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# Round #2

**Idre Fjäll/Sweden, 12-15 August 2021**

## BULLETIN 3



WELCOME .....	2
ORIENTEERING WORLD CUP 2021.....	5
1. ORGANISATION AND CONTACT.....	6
2. EVENT PROGRAMME PRELIMINARY .....	7
3. VENUE, ACCESS AND TRANSPORT.....	8
4. EVENT CENTRE.....	8
5. ENTRIES AND FEES .....	9
6. ACCOMMODATION AND FOOD .....	11
7. EMBARGOED AREAS .....	12
8. GENERAL INFORMATION .....	14
9. MEDIA SERVICES.....	15

10. COMPETITION INFORMATION.....	16
11. EVENT INFORMATION .....	17
12. PRIZE MONEY.....	19
13. SPECTATOR RACES .....	20

## WELCOME

### **Idre Fjäll hosts the Orienteering World Cup 2021**

We are proud to announce that Idre Fjäll will host the Orienteering World Cup 2021.

For many years we have held an annual week dedicated to orienteering and we strive to develop the orienteering at Idre Fjäll. To host the Orienteering World Cup is an honour and an acknowledgement that we are on the right path.

We are glad to be able to welcome participants, audience and sponsors to Idre Fjäll to experience orienteering in true wilderness. We believe that the wilderness here can give our guests a unique experience of orienteering whether you are participating or cheering.

Idre Fjäll was founded in 1965 with the purpose of stopping the depopulation of Idre. Since then, supporting outdoor sports and helping people to explore our nature has been an important pillar stone in our foundation. We have a vast experience in hosting big events and there are no less than three annual World Cup competitions at Idre Fjäll; Ski Cross, Speed Ski and Moguls. We are therefore glad to be able to expand our hosting of World Cup events into the summer season with the Orienteering World Cup 2021.

When you stay at Idre Fjäll, everything is close by, and you can focus on enjoying the outdoors and the adventures we have to offer. We give you the complete experience, with training opportunities, comfortable accommodation, food and activities.

We want the Orienteering World Cup 2021 at Idre Fjäll to bring inspiration, community and a lot of fun and challenging orienteering in the mountains.

Welcome to the Orienteering World Cup 2021 at Idre Fjäll!

**Tommy Halvarsson,**  
Marketing & Sales Manager Idre Fjäll

## **A warm welcome to Idre Fjäll and the Orienteering World Cup!**

It is with great pleasure that we welcome you to Sweden and new competitions. The last time a World Cup was held at Idre Fjäll was back in 2002 and now it is time again. The Swedish Orienteering Federation has a long history of collaborations with Idre Fjäll and now we are taking another step in this good collaboration with an international competition of the highest level.

We will do our best to create fair and challenging competitions and since we are in grand nature we promise experiences beyond the ordinary.

On behalf of the Swedish Orienteering Federation, I warmly welcome athletes, team leaders, officials, spectators and guests to the World Cup competitions in Sweden!

**Maria Krafft Helgesson**

President of the Swedish Orienteering Federation



**Dear friends,**

It is with great pride and joy that I and Idrefjällens OK welcome you all to Orienteering World Cup Idre Fjäll 2021. To be able to invite the greatest orienteers in the world is a great honour. The northwest part of the Swedish county Dalarna will offer both testing and exciting challenges whilst surrounded by the most gorgeous nature.

Every summer Idrefjällens OK organises the so-called “Idrefjällveckan”. It always occurs on week 26 with Idre Fjäll as the obvious choice of location. Idre Fjäll offers top-class facilities including great accommodation, plenty of restaurants, and spacious conference rooms. Both during the summer and winter months, Idre Fjäll offers loads of fun activities for the whole family.

The undisturbed wilderness of this northwest part of Dalarna is what awaits the runners. Almost the whole area, which is to be used for Orienteering World Cup Idre Fjäll 2021, is a nature reserve which means that no clear-cut areas have occurred. As this is the wilderness true sense, the runners get to experience the woods together with its own inhabitants and fauna. Since the Orienteering World Cup Idre Fjäll 2021 will be held in August, you will get to experience the lovely Swedish summer with pleasant temperatures and bright skies long into the night.

Idrefjällens OK welcomes you all to Idre Fjäll in August 2021 and we promise to do our very best to provide and host an event which all of you, including runners, coaches, spectators, partners, sponsors and media representatives will enjoy. We hope this event, Orienteering World Cup Idre Fjäll 2021 will give you all fond memories to look back on.

Welcome to Idre Fjäll and Sweden!

**Per Forsberg**  
Event Director



## ORIENTEERING WORLD CUP 2021

The World Cup 2021 consists of the following 9 competitions.

#	Date	Format	Event	Location
1	13 May	Sprint Relay	World Cup round 1 with European Championship	Neuchâtel, Switzerland
2	14-15 May	Knock-Out Sprint		
3	16 May	Sprint		
4	12 August	Long Distance	World Cup round 2	Idre Fjäll, Sweden
5	14 August	Middle Distance		
6	15 August	Relay		
7	30 September	Long Distance	World Cup round 3	Cansiglio, Italy
8	2 October	Middle Distance		
9	3 October	Sprint Relay		

. In the individual World Cup, athletes are awarded World Cup points as per 2021 World Cup special rules, where winners of individual races receive 100 points and the top 40 athletes are rewarded.

The Team World Cup points are awarded according to the 2021 World Cup special rules, where relays are most important and counted together with the sum of the scores in the individual races.



## 1. ORGANISATION AND CONTACT

### 1.1 EXECUTIVE TEAM

Per Forsberg  
Matthias Niggli  
Björn Alpborg  
Mattias Karlsson  
Tomas and Malin Yngström  
Magnus Hallblom  
Göran Hedberg  
Karin Andersson  
Niclas Lidström

Event Director  
Race Director  
Technical Director  
Head of Courses  
Event Centre  
Start  
Finish  
Quarantine  
Press and Media

#### Event Advisors

Ivar Maalen  
Henrik Skoglund

IOF Senior Event Advisor, NOR  
National Event Advisor, SWE

#### Contact address

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Bulletin 4 will be released upon arrival at the Event Centre Idre Fjäll, as well in electronic format in the IOF Eventor on 10 August 2021.

## 2. PRELIMINARY EVENT PROGRAMME

### 2.1 TUESDAY 10 AUGUST 2021

Arrival of teams

Event Centre open	10.00-12.00; 16.00-20.00	Nipsalen, Idre Fjäll
Free Training	12.00-19.00	Gammelsätervallen

### 2.2 WEDNESDAY 11 AUGUST 2021

Event Centre open	08.00-10.00; 17.00-18.30	Nipsalen, Idre Fjäll
Free Training	10.00-16.00	Gammelsätervallen
Team officials meeting	17.30-18.00	<i>Digitally "Teams"</i>

### 2.3 THURSDAY 12 AUGUST 2021

World Cup Idre Fjäll – Long Distance	09.30-17.30	Arena Burusjön
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### 2.4 FRIDAY 13 AUGUST 2021

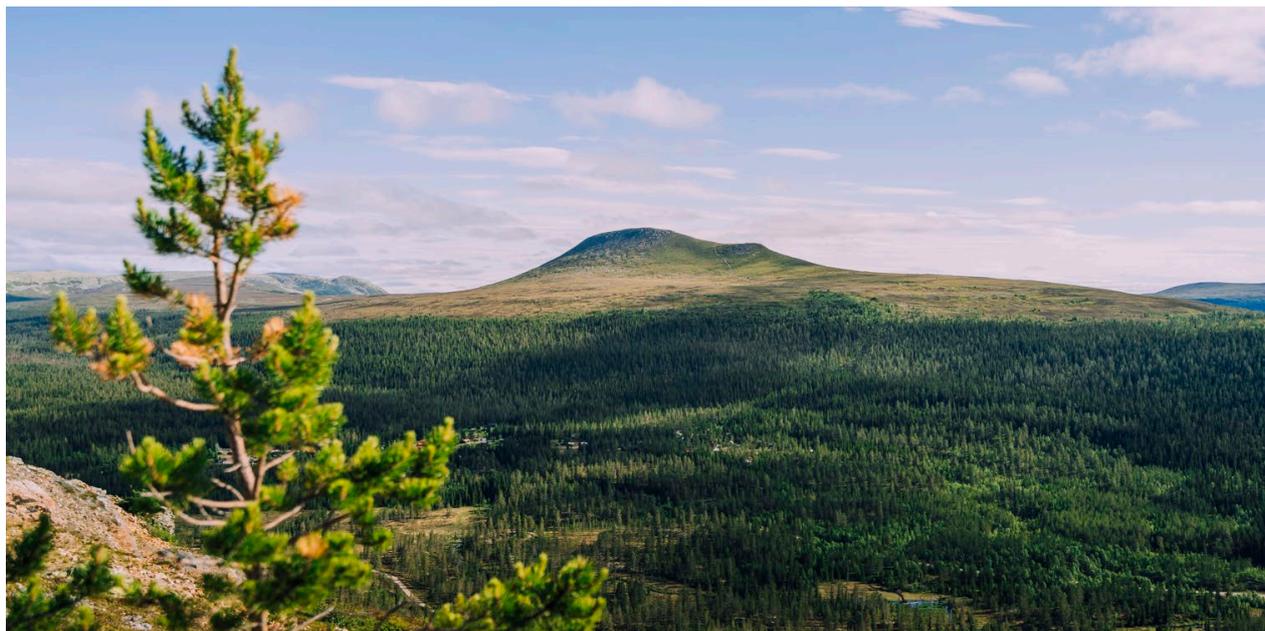
Spectator race, Middle distance	15.00-18.00	Nipfjällsstugan
Free Training	10.00-16.00	Gammelsätervallen
Event Centre open	17.00-18.30	Nipsalen, Idre Fjäll
Team Officials Meeting	17.30-18.00	<i>Digitally "Teams"</i>

### 2.5 SATURDAY 14 AUGUST 2021

Spectator Race, Long distance	09.00-12.00	Arena Gränjåsvallen
World Cup Idre Fjäll – Middle distance	13.30-19.00	Arena Gränjåsvallen

### 2.6 SUNDAY 15 AUGUST 2021

Spectator Race, Middle distance	09.00-12.00	Arena Gränjåsvallen
World Cup Idre Fjäll - Relays	13.05-17.00	Arena Gränjåsvallen



## 3. VENUES, ACCESS AND TRANSPORT

### 3.1 TRANSPORT

The event will be organised at [Idre Fjäll](#) which is a year-round resort. We offer long bright summer nights, heather underfoot and beautiful mountains to explore. In addition, we will also offer untouched forest without clear-cut areas. This is the wilderness at its best.

Idre Fjäll is [located in the north-western part of the county Dalarna](#) in Sweden, near the Norwegian border. Stockholm Arlanda Airport is about five hours by car from Idre Fjäll. You can also travel by train from Stockholm Arlanda Airport to the city of Mora.

Teams are responsible for all transports to and from the competition areas and they have to plan the means of transport in order to avoid long waiting times in the start and finish areas.

### 3.2 COMPETITION ARENAS

The Competition Arenas will be located at Burusjön (Long distance) and Gränjåsvallen (Middle and relays). See map below.

## 4. EVENT CENTRE

The Event Centre is located in the main building at Idre Fjäll - close to the accommodations, meeting rooms and restaurants.

## 5. ENTRIES AND FEES

### 5.1 ENTRIES AND ENTRY DEADLINES

All entries are only to be made in IOF Eventor. The Entry form is available on; <https://eventor.orienteering.org/Events/Show/6743>

- The deadline for Team Size Entry is 12 June 2021 (-2 months).
- The deadline for Team Names Entry is 2 August 2021 (-10 days).
- The deadline for late entries, changes of Team Size or Team Names is 11 August 2021.

#### Team Size Entry (deadline 12 June 2021);

- Team manager (chosen from list in IOF Eventor).
- Number of Team Athletes (men and women)
- Number of Team Officials.
- Number of Team Athletes in the individual races; Federation Quota will be published by the IOF. There is no maximum number of officials per team.

#### Team Names Entry

- The following information shall be filled in;
- Name of each Team Athlete by selecting from federation members in IOF Eventor.

#### Competition entries

- Names of the competitors and, if required, their starting group, shall be entered in IOF Eventor before 12 00 (noon) on the day before an individual competition.

### 5.2 ENTRY FEES

#### World Cup Complete Bundle;

SEK 1500 for competitors and SEK 750 for team officials.

#### Package includes;

- Starting fee for all three competitions (competitors only)
- Training maps and competition maps.

### 5.3 LATE ENTRIES

Changes of Team Size or Team Names Late Entries and changes will be accepted, if possible, up to Event start date, 11 August 2021 at 12.00. No late entries or changes will be accepted after that date. Late entries and changes will always have a defined extra cost (surcharge). Late entries and changes will always be treated equally and must be communicated directly to the organizer at [raceoffice@owc2021.se](mailto:raceoffice@owc2021.se). The organizer makes the changes in IOF Eventor after deadlines.

## 5.4 PAYMENT

The competition packages must be paid by 12 June 2021.  
Please note that all bank charges must be paid by the payer.

**Payee:** Idrefjällens OK, c/o Idre Fjäll, Box 202, 790 91 Idre  
**Currency:** SEK, payment only accepted in Swedish currency.  
**IBAN:** SE12 8000 0818 7700 4180 3164  
**BIC:** SWEDSESS  
**Bank:** Swedbank



## 6. ACCOMMODATION AND FOOD

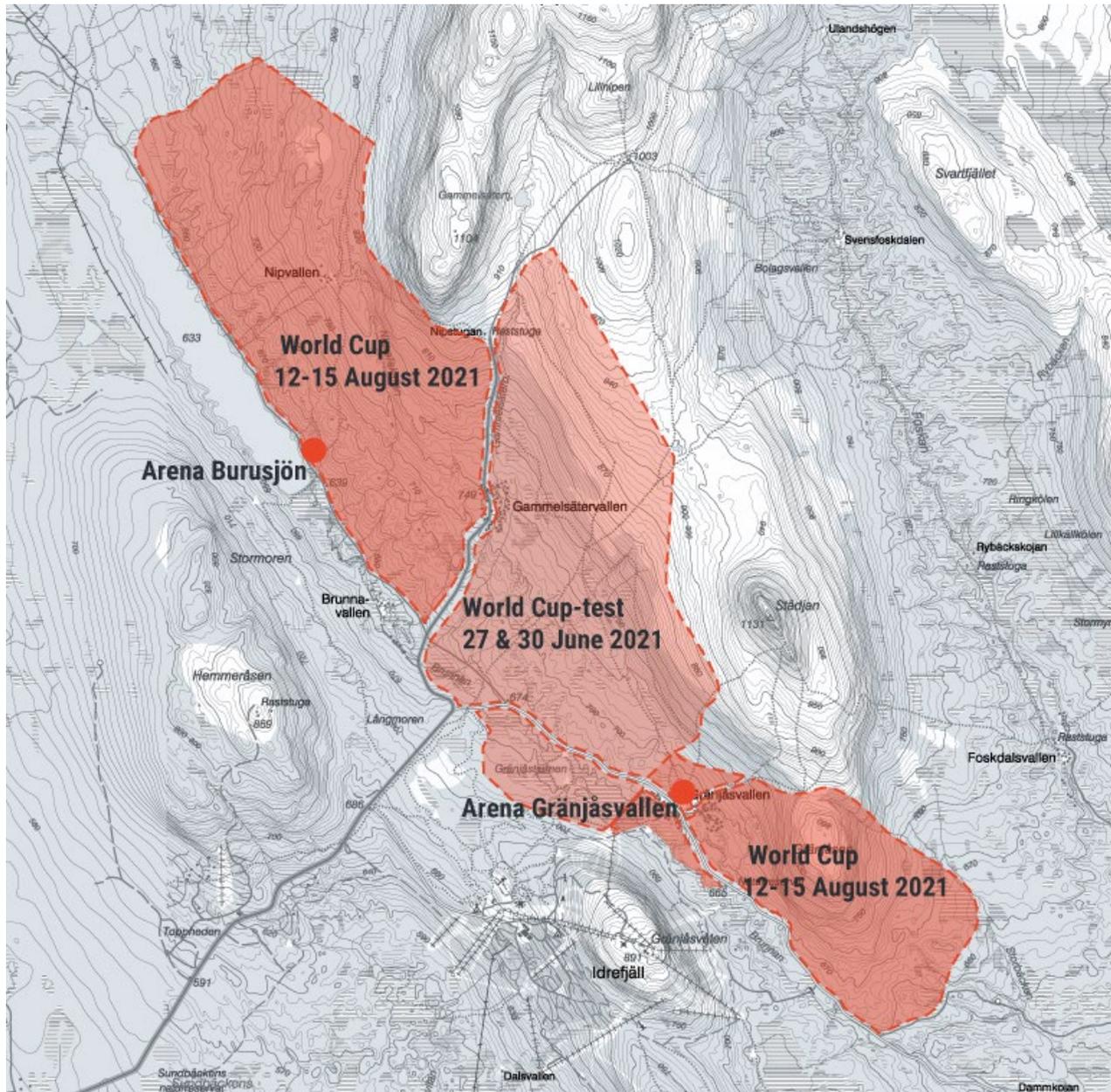
All teams and athletes will stay at Idre Fjäll during all World Cup competitions. Several accommodation options are available at different price ranges. Special packages with all-inclusive is also offered.

Information and reservations, please follow the web link bellow:

<https://www.idrefjall.se/en/vc-orienteering>

## 7. EMBARGOED AREAS

On this map, you will find the embargoed areas for Orienteering World Cup Idre Fjäll 2021. For all competitors, team officials and others who, through knowledge of the terrain or the competitions, may influence the results of the competitions, it´s prohibited to enter the embargoed areas.



**NOTE.** Summer 2021 (27 June - 1 July 2021), the organizer of the Orienteering World Cup Idre Fjäll 2021 - Idrefjällens Orienteering club, organize light competitions at Idre Fjäll. ([Idrefjällveckan 2021](https://www.idrefjallveckan.se)). On Sunday 27 June and Wednesday 30 June, World Cup test races (WRE) will be organized primarily for the Swedish runners, but the races are open for all interested teams and runners.

The test races will take place outside the embargoed areas, see the map above. More information at; [www.owc2021.se](https://www.owc2021.se)

In connection to Idrefjällveckan 2021 and the rest of the summer season 2021, we offer orienteering training for national teams. A great opportunity to be familiar with relevant terrain and maps at Idre Fjäll.

For more information, please contact [info@owc2021.se](mailto:info@owc2021.se)

## 7.1 PREVIOUS ORIENTEERING MAPS

Parts of the area at Idre Fjäll are mapped recently (2019-2020). Mappers: Kenneth Kaisajuntti, Per Forsberg and Tord Hederskog.

There is also a previous map of the area that includes the entire Idre Fjäll and its surroundings made by “Kart-Bosse”.

All previous maps are published on IOF Eventor



Map of Idre village, 1882

## 8. GENERAL INFORMATION

### 8.1 ANTI-DOPING

Doping is strictly forbidden, and the organizers of the World Cup are dedicated to supporting the Anti-Doping authorities in their work. Doping controls may be carried out any time during the competitions in accordance with the procedures described in the WADA International Standard of Testing and Investigations.

The IOF Anti-Doping rules and the World Anti-Doping Code 2021 apply as of 1st of January 2021. Athletes who are selected for doping control must bring an official identification (with photo) to the doping test area. The athlete should also bring along their therapeutic use exemption (TUE) if applicable. In general, it is advisable that athletes bring along their ID to all competitions and events.

For more information, please consult: <https://orienteering.sport/iof/anti-doping>

### 8.2 INSURANCE AND LIABILITIES

The organizers decline any liability that might occur through participation in the IOF World Cup Events and training. Each person participates at her/his own risk and is responsible for her/his own insurance coverage (illness/accident).

### 8.3 VISA PERMITS

The prerequisite for immigration into Sweden is a valid passport. For travelers from certain countries, a visa or further documents are required

More information on visas and citizens who require a Visa for entry into Sweden.

- > [Information about VISA to visit Sweden](#)
- > [List of foreign citizens who require Visa for entry into Sweden](#)

An invitational letter for VISA to facilitate the processing of visas and/or documents needed to be able to attend the competition can be found in IOF Eventor for the competition (Documents and links)

### 8.4 ATHLETE'S LICENCE

All athletes need to have an [IOF athlete's license](#) to participate at the World Cup races

### 8.5 COVID-19 MEASURES

Measures to avoid spreading of the coronavirus may be needed. If so, we will kindly ask participants and spectators to follow these measures and restrictions. Additional information is presented in a Covid-19 Bulletin.

## 9. MEDIA SERVICES

### 9.1 REGISTRATION

We welcome all media representatives as our partners to cover the thrilling events of World Cup 2021 Idre Fjäll.

For media accreditation and related requests, please contact Press officer Niclas Lidström, [niclas.lidstrom@oringen.se](mailto:niclas.lidstrom@oringen.se) or +46-70 810 06 66.

### 9.2 LIVE PRODUCTION

All three World Cup-events at Idre Fjäll will be broadcasted “Live” on Swedish Television (SVT) as well as IOF Live Center.

During the competitions, athletes may encounter camera crews in the terrain. Camera controls and intermediate time controls are not marked on the control description. Athletes may also be followed by a running camera or by camera- drones during the race. The drones will keep proper distance to the athletes.

Transmission times Swedish Television (SVT)

Thursday 12 August 2021 (long)	13.00-17.30
Saturday 14 August 2021 (middle)	15.00-19.00
Sunday 15 August 2021 (relays)	13.00-17.00



### 9.3 PHOTO AND VIDEO DISCLAIMER

Please note that photographs and footage will be taken throughout the World Cup Idre Fjäll. These will be used by the event organization for marketing and publicity purpose in our publications, on our website and in social media or in any third-party publication during and after the World Cup Idre Fjäll. Please contact the event director if you have any concerns or if you wish to be exempted from this activity.

## **10. COMPETITION INFORMATION**

### **10.1 COMPETITION RULES**

The Competition Rules for IOF Foot Orienteering Events 2021 and the World Cup 2021 Special Rules applies.

### **10.2 CLASSES AND PARTICIPATION RESTRICTIONS**

There are two classes: Women and Men. Participation restrictions, classes and qualification system will follow the Special Rules for the 2021 World Cup in Orienteering

### **10.3 PUNCHING SYSTEM**

The punching system used is EMIT and emiTag chips will be provided by the organizer.

### **10.4 CLOTHING**

According to the Swedish competition rules, the competitors must wear clothing that fully covers torso and legs.

### **10.5 CLIMATE**

The average temperature in Idre Fjäll during this period is 10-18 degrees Celsius.



## 11. EVENT INFORMATION

Most of the competition areas are inside a nature reserve. Mainly coniferous forest, no clear-cut areas and hardly any no green areas at all. Some areas are very detailed with a lot of features. The terrain is between 700-900 meters m.a.s.l.

Hilly topography with moderate to steeper slopes. Both the runnability and visibility is good to very good. Very few roads and paths in the areas.

### 11.1 LONG DISTANCE, THURSDAY 12 AUGUST 2021

Format	Long distance, individual start (3 min start interval)
Map	Idre Fjäll/Burusjön 1:15 000, 5 m, 2019-2021 (ISOM 2017)
Mappers	Kenneth Kaisajuntti and Per Forsberg
Course setter	Mattias Karlsson
Women	Winning time 80´, 12,8 km, 20 controls, climb 400 m
Men	Winning time 100´, 17,2 km, 26 controls, climb 570 m

### 11.2 MIDDLE DISTANCE, SATURDAY 14 AUGUST 2021

Format	Middle distance, individual start (2 min start interval)
Map	Idre Fjäll/Gränjåsen 1:10 000, 5 m, 2020-2021 (ISOM 2017)
Mappers	Kenneth Kaisajuntti and Per Forsberg
Course setter	Mattias Karlsson
Women	Winning time 35´, 5,4 km, 18 controls, climb 250 m
Men	Winning time 35´, 6,1 km, 18 controls, climb 290 m



## **11.3 RELAYS, SUNDAY 15 AUGUST 2021**

Format	Mass start
Map	Idre Fjäll/Gränjåsen 1:10 000, 5 m, 2020-2021 (ISOM 2017)
Mappers	Kenneth Kaisajuntti and Per Forsberg
Course setter	Mattias Karlsson
Women	Winning time, 105 min (3x35 min), 6,1-6,4 km, 18 ctrls, climb 240 m
Men	Winning time, 105 min (3x35 min), 6,9-7,3 km, 20 ctrls, climb 270 m



## 12. PRIZE MONEY

A total amount of prize money of € 12 900 will be awarded from the event organizer to the best men and women in the 3 competitions:

### World Cup Event 4 (long) and 5 (middle);

1st place:	€ 1 000
2nd place:	€ 700
3rd place:	€ 400
4th place:	€ 200
5th place:	€ 200
6th place:	€ 200

### World Cup Event 6 (Relay):

1st place:	€ 1 000
2nd place:	€ 700
3rd place:	€ 400

A total prize amount of € 19'000.- will be awarded from the IOF, the Verein Swiss Cup and Idre Fjäll to the best men and women in the World Cup overall ranking 2021:

1st place:	€ 5 000
2nd place:	€ 2 000
3rd place:	€ 1 000
4th place:	€ 600
5th place:	€ 500
6th place:	€ 400



### 13. SPECTATOR RACES

In conjunction with Orienteering World Cup Idre Fjäll 2021, three spectator races will be organized on Friday, Saturday and Sunday, 13-15 August 2021. For further details, see the programme above. Link to invitation below.

Friday 13 August; <https://eventor.orientering.se/Events/Show/32041>

Saturday 14 August; <https://eventor.orientering.se/Events/Show/32042>

Sunday 15 August; <https://eventor.orientering.se/Events/Show/32046>



Presenting Partner

**Idre Fjäll**

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