



DM SPRINT &
SPRINTSTAFET 2021
5. - 6. JUNI - DTU LYNGBY

Bulletin 2

DM Sprint 5. juni 2021

at Technical University Denmark (DTU)

<http://dmsprint2021.sollerodok.dk/>

First edition – 2021.05.29

Søllerød Orienteering Club invites you to DM Sprint 2021 on the Campus of DTU in Lyngby. DM Sprint is the Danish national championships in sprint orienteering, an IOF World Ranking Event (WRE) for the Senior Elite Classes and 3. part of Løberen League 2021 for Junior Elite Classes.

There are open courses in all levels of difficulty. These are only available with preregistration. It will not be possible to buy an open course on the day.

IMPORTANT

The event is organized in such a way that official Corona restrictions which apply at the time of the event are respected.

The Individual Sprint Championship will respect the restriction that the total number of participants to be allowed assembled at an outdoor event at the same place and time is 100 persons and that there are never more than 500 persons in activity at once (regardless of location).

The event respects DOF's Regulations 2021 as well as:

- [DOF's Tekniske retningslinjer og guidelines for afvikling af orienteringsstævner gældende fra 25. maj 2021,](#)
- [DOF's Corona retningslinjer, anvisninger og anbefalinger til deltagere i orienteringsstævner,](#) and
- [Kulturministeriets retningslinjer for udendørs arrangementer](#)

If these guidelines are changed before the day of the event certain changes may be made. Information about changes will be found on the homepage and a new version of the Instruction.

The participants may stay informed about the corona guidelines respected by the event at the homepage <http://dmsprint2021.sollerodok.dk/>

Participants in DM Sprint age 15 or older must show a Corona-Pas which shows:

- 1) Vaccine for Covid-19 (at least 1st shot 2 weeks before start), or
- 2) Proof of a negative PCR Corona-test no older than 72 hours before their start-time, or
- 3) Proof of positive Covid-19 infection max. 6 months before the event.

Proper Conduct We expect that all participants respect the following codex:

1. If you have Covid 19 symptoms stay home!

If symptoms develop while participating in the event, contact an official.

2. This is a "come – participate – go home" event.

Come close to your start-time. Leave the area as soon as you've finished your race.

3. Respect 2 m. distance to others, avoid handshakes, kissing, hugging.

Keep distance to officials and others both before and after participation.

4. Cough and sneeze in your arm and use hand-disinfection.

5. Avoid larger groups before and after the event.

Avoid close contact to others than those you normally are with.

Avoid assembling at the parking area. Use the open areas surrounding the race area.

Host Club Søllerød Orienteringsklub

Program Saturday June 5: DM Sprint

12:00 Event Center and Parking open
13:00 First start D/H 20 and D/H 21
14:30 First start additional classes
15:00 - 16:00 Start Open Courses

Competition Area DTU Campus in Lyngby. The competition area is shown on the event's homepage and link below. Access closed for participants and their coaches according to DOF Regulations 2021. Exceptions are travel by public roads through the area, though without use of a map of the area.

Notice: Travel in the area is not allowed on the day of the competition.

<https://drive.google.com/open?id=1JvXPC0wz1hNXynxQSaRdPO3PlnxsRIA2&usp=sharing>

Parking and Meeting Point At DTU Lyngby Campus, Anker Engelundsvej 301, Building 101A, 2800 Kgs. Lyngby. Entrance to Parking and Meeting Point only allowed from Anker Engelundsvej via Lundtoftegårdsvej. GPS 55.785471, 12.523067.

Any clubs arriving by bus are asked to give preliminary notice to the event's e-mail (see below).

Directions given by parking officials must be followed in all circumstances. Notice that the parking areas are public and traffic regulations must be followed. Cars must be parked in the marked spaces.

All participants must go to the event office to Corona check and then proceed on to start or the Quarantine-area. Do not pass the event center.

Event Office and Corona Check The event office is at the parking area. Participants must visit the office for check of Corona-pas or negative test before going to start/quarantine area.

Rental SI-cards are handed out at the event office.

Event Center

The event center is on a grass area in the southern part of DTU Campus. Participants must not visit the event center before start.

Finish and SI-card registration at the event center. Leave the area soon after finish.

Clothes from the quarantine area will be transported to the event center.

Club tents are not allowed at the event center.

No kiosk, results or speaking due to restrictions.

Results will be shown at: <https://liveresultat.orientering.se/>.

First Aid

At the event center, where there also will be a defibrillator.

Toilets, showers etc.

Toilets are found at parking, quarantine area, start1, start 3 and at the event center.

Note: no toilets at start 2; use the toilets at parking.

For bathing use Lyngby Svømmehal in Lyngby Idrætsby, Lundtoftevej 53a, 2800 Lyngby, open 08:00 – 16:30, 1600 m. from parking.

Shop

Løberministeriet will be at the parking area.

Distances

	Distance	Route marking	Note
Parking to quarantine area and Start 1	500 m	Follow yellow/black strips	Participants in classes D/H 18, D/H 20 and D/H 21 must go directly from the meeting point to the quarantine zone and are not allowed to be in the event area prior to start.
Parking to Start 2	900 m	Follow red/yellow strips	D/H 14, D/H 16, D/H 35 up to D/H 50, H 55, Open O1 and O2 must go directly to Start 2
Parking to Start 3	800 m	Follow blue/white strips	D/H 12, D 55, D/H 60 and older, Open O3 must go directly to Start 3
Parking to event area	1.200 m	Follow purple strips	Participants must not go to the event area before start

**DM Sprint
Courses and
Classes**

D = Womens' classes; H = Mens' classes

Class	Difficulty	Distance	Controls	Map scale	Start
D 12	White – easy	2,6 km	22	1:4.000	3
D 14	Yellow – medium	2,8 km	19	1:4.000	2
D 16	Black – difficult	3,1 km	20	1:4.000	2
D 18, D 20	Black – difficult	3,3 km	19	1:4.000	1
D 21	Black – difficult	3,5 km	21	1:4.000	1
D 35	Black – difficult	2,8 km	16	1:4.000	2
D 40	Black – difficult	2,8 km	16	1:4.000	2
D 45	Black – difficult	2,6 km	16	1:4.000	2
D 50	Black – difficult	2,6 km	16	1:4.000	2
D 55	Black – difficult	2,4 km	14	1:3.000	3
D 60	Black – difficult	2,4 km	14	1:3.000	3
D 65	Black – difficult	2,0 km	14	1:3.000	3
D 70	Blue – Difficult	2,0 km	14	1:3.000	3
D 75	Blue – Difficult	1,7 km	12	1:3.000	3
D 80	Blue – Difficult	1,7 km	12	1:3.000	3
D 85	Blue – Difficult	1,7 km	12	1:3.000	3
H 12	White – easy	2,6 km	22	1:4.000	3
H 14	Yellow – medium	2,8 km	19	1:4.000	2
H 16	Black – difficult	3,3 km	21	1:4.000	2
H 18, H 20	Black – difficult	3,9 km	22	1:4.000	1
H 21	Black – difficult	4,1 km	23	1:4.000	1
H 35	Black – difficult	3,1 km	20	1:4.000	2
H 40	Black – difficult	3,1 km	20	1:4.000	2
H 45	Black – difficult	3,0 km	19	1:4.000	2
H 50	Black – difficult	3,0 km	19	1:4.000	2
H 55	Black – difficult	2,8 km	16	1:4.000	2
H 60	Black – difficult	2,7 km	15	1:3.000	3
H 65	Black – difficult	2,7 km	15	1:3.000	3
H 70	Blue – Difficult	2,4 km	14	1:3.000	3
H 75	Blue – Difficult	2,0 km	14	1:3.000	3
H 80	Blue – Difficult	2,0 km	14	1:3.000	3
H 85	Blue – Difficult	1,7 km	12	1:3.000	3
D/H 90	Blue – Difficult	1,7 km	12	1:3.000	3

There will be seeding in D20, H20, D21 and H21 according to DOF- regulations 2021 and World Ranking list pr. 15. May 2021.

Open Courses

Open Courses are offered both days in the same competition area as the championship courses. Participation in an Open Course is not allowed prior to participation in a championship course.

Entry by O-service required.

Class	Difficulty	Distance	Controls	Map scale	Start
O1	Black – difficult	3,3 km	21	1:4.000	2
O2	Yellow – medium	2,8 km	19	1:4.000	2
O3	White – easy	1,7 km	22	1:4.000	3

Punching System

The competition will use SportIdent. Controls have SI devices which support both traditional and touch-free cards. Control numbers are located horizontally at the top of the SI device.

It is the participant's responsibility to make sure there is a sound or blink at contact from either the SI unit or the touch free-card. If this is not the case the participant must staple the map manually. See the event's homepage for guidelines in the use of touch-free cards.

Rental SI-cards will be handed out at the Event Office and must be returned at the finish. Missing return of a rental card costs DKK 650.

Map

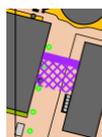
DTU 1:4.000 and 1:3.000, Contour interval 2,5 m. Drawn 2020-2021 according to ISSprOM 2019 by Mikkel Kaae-Nielsen and Rune Østergaard. Maps are approved by a map consultant and with a DOF quality mark.

The maps for DM Sprint are off-set printed on water- and tear- proof paper. The maps for Open courses are laser print.

Classes D55, H/D 60 and older have maps scale 1:3.000. Additional classes have maps scale 1:4.000.



Participants can meet artificial barriers, which must not be crossed. They are marked with red/white tape and shown on the map with purple print as forbidden areas:



Forbidden areas are marked by red/white tape and must not be crossed.

Special signatures:

◦ **Legeredskab**

(playground equipment)

Control Definitions

IOF symbols printed on the map. Loose definitions require proper holder.

**Terrain
Description**

Open Campus area, divided into squares with buildings of varying size as well as a residential area with separate buildings connected by paths. Many hedges, bushes and vegetation beds.

Moderate contours. Surface of grass, cobblestone and asphalt. Small areas of open forest. Several roads cross through the area. At the time of competition minimal traffic is expected. Parts of the area are under construction. These will be shown on the map.

**Start and
Quarantine
Area**

D/H 18, D/H 20 og D/H 21

First Start 13:00.

Following Corona-check at parking area participants go directly to the quarantine area, near Start 1. Participants must be in the quarantine area at the latest 12:45 and are not allowed to leave the area before start. Participants not in the area prior to first start lose the right to start.

There will be toilets in the quarantine area, and it is allowed to leave clothes, etc. which will be transported to finish.

Additional classes

First start 14:30.

Go directly to Start 2 or 3 (see chart with classes/start). Warm up on your way to start. No transport of accessories.

Start procedure for all classes other than open classes

All participants must disinfect their hands and SI cards in the start area. All instructions from start officials must be followed.

Clear and check SI-card.

Start-interval minimum 1 minute.

No bibs.

Start procedure begins 4 minutes before start time. When the clock in the waiting area shows your start time enter the first box.

Box 1 - 4 minutes before start:

- Official controls name and SI-card
- **Note:** Rental SI-cards are handed out at the event office at the parking area
- Participants at Start 2 will cross a road between box 1 and 2. The boxes are narrow, and the participants must pay attention to the road traffic.

Box 2 - 3 minutes before start:

- Loose definitions offered. Requires proper holder.
- Map without course hangs in the box.

Box 3 - 2 minutes before start:

- D/H 12 receive map and are offered start help.
- Map without course hangs in the box.

Box 4 - 1 minute before start:

- Start help D/H 12.
- Other classes: maps placed on start line marked with the correct class.

Late starters: Contact officials for help.

Start procedure Open Classes:

Free start 15:00 - 16:00.

Open courses have own box, where maps are delivered.

On the start line there is a SI device marked START. This is used to start your time.

Finish**Use the SI-device at the finish line. This is not Touch-free!**

Continue through the finish area to read-off, print and return of rental SI card. All participants must report at finish with their SI card.

Max. time 50 minutes in all classes.

Maps are not collected at the finish, but it is not allowed to show the map to someone who has not yet started.

At finish you are offered a bottle of water. Use the available trash bags for empty bottles.

Participants

Every member of a club under DOF (Danish Orienteering Federation) or IOF on the day of the competition is granted access to the competition classes.

Only runners who are members of a Danish club under the Danish Orienteering Federation and are 1) Danish citizens or 2) have a Danish cpr-number on the day of competition can receive prizes in this Danish Championship.

Prizes

No. 1 in D21 and H21 receive Danmarks Idræts-Forbunds Championship Medal. No. 2 and 3 in D21 and H21 receive DOF's Championship Medal in silver and bronze.

No. 1, 2 and 3 in the remaining championship classes receive DOF's Championship Medal in gold, silver and bronze.

There will be no prize giving ceremony, but prizes can be collected at the event office at DM Sprint Relay on Sunday June 6. Same event center as DM Sprint.

Childrens' Course

There will be no childrens' course.

Childcare

Childcare is not offered.

Café

There will be no café at the event center.

Jury

The head of the jury is Betty Folino, FIF Hillerød Orientering – who can be reached at the event center.

There are in addition 3 members of the jury, who will be selected later by the head of the jury.

Complaints are sent by sms or e-mail to the event director (see below) or in written form to the event office. The event director will respond by sms or e-mail.

Complaints must be turned in as early as possible and at the latest 60 minutes after max. time for the last participant.

Protests against the decision of the event director or protests on event errors are sent by sms or e-mail to the jury or turned in to the event office in written form.

Protests must be turned in at the latest 30 minutes after the event director's decision is made public.

For details see DOFs Reglement 2021, paragraphs 7.8 til 7.11 and DOF's Tekniske Retningslinjer og Guidelines for afvikling af orienteringsstævner valid from May 25, 2021.

Organisation

Event Directors	Niels Bentzon and Julius Molsen – Søllerød OK dmsprint2021@sollerodok.dk , +45 2016 2220
Course Planner	Mikkel Kaae-Nielsen - Søllerød OK
Map	Mikkel Kaae-Nielsen and Rune Østergaard – Søllerød OK
Map Consultant	Troels Christiansen - Søllerød OK
IOF Event Advisor and Head of the Jury	Betty Folino – FIF Hillerød Orientering

Course Controller Michael Sørensen – OK Øst Birkerød

**Event
information**

Homepage: <http://dmsprint2021.sollerodok.dk/>

E-mail: dmsprint2021@sollerodok.dk

Looking forward to seeing you at DTU Campus

