



KNOCK-OUT SPRINT, 15 MAY 2021  
SCHEDULE

MEN		WOMEN	
12:15	Quarantine Collège de la Promenade opens	12:15	Quarantine Collège de la Promenade opens
12:45	Quarantine Collège de la Promenade closes	12:45	Quarantine Collège de la Promenade closes
13:20	Quarter Final 1		
13:25	Quarter Final 2		
13:30	Quarter Final 3		
13:35	Quarter Final 4		
13:40	Quarter Final 5		
13:45	Quarter Final 6		
		13:50	Quarter Final 1
		13:55	Quarter Final 2
		14:00	Quarter Final 3
		14:05	Quarter Final 4
		14:10	Quarter Final 5
		14:15	Quarter Final 6
after QF	back to quarantine (no running on warm-up map before 14:15)	after QF	back to quarantine (no running on warm-up map before 14:15)
14:15	warm-up allowed on the map	14:15	warm-up allowed on the map
15:09:00	Semi-final 1 (from QF 1 and 2)		
15:20:30	Semi-final 2 (from QF 3 and 4)		
15:32:00	Semi-final 3 (from QF 5 and 6)		
		15:44:00	Semi-final 1 (from QF 1 and 2)
		15:56.30	Semi-final 2 (from QF 3 and 4)
		16:09:00	Semi-final 3 (from QF 5 and 6)
after SF	back to quarantine (no running on warm-up map before 16:00)	after SF	back to quarantine (no running on warm-up map before 16:00)
until 16:00	warm-up allowed on the map	until 16:00	warm-up allowed on the map
16:25:00	Final		
16:36:30	Flower Ceremony		
		16:42:30	Final
		16:55:00	Flower Ceremony
17:05	Prize giving	17:05	Prize giving

ONLY THOSE WHO RISK GOING TOO FAR, CAN POSSIBLY FIND OUT HOW FAR ONE CAN GO

T.S. Elliot