

Bulletin 1 -Invitation

Summer weekend 2021 in



Kongernes Nordsjælland



"Royal North Sealand"

Organiser

FIF Hillerød Orientering

Event Name and Classification

FIF Summer weekend – Long Distance (Elite Junior test run)

Danish Classification: Level A-event ***
IOF World Ranking Event
Stage Of Løberen Junior League 2021

Date

13.06.2021

Extraordinary guidelines

The race is planned based on the fact, that in June there will still be Corona restrictions that must be complied with. It is planned that a maximum of 50 people may be gathered. If the restrictions are less restrictive, we will be able to offer more services. In that case, Bulletin 1 (invitation) is updated. If the restrictions are more restrictive, we may not be able to run the event. Information about the status of the event will be updated on the race website.

The race will be held under The Danish Orienteering Federation general regulations 2021 as well as DOF's new Technical guidelines and guidelines for conducting orienteering events, valid from 8 June 2020 [Link to Corona guidelines](#)

and

Instructions and recommendations for participants in orienteering events, version 1 valid from 15 May 2020. [Link to recommendations and Corona Guidelines for participants](#)

In addition, the race is subject to the authorities' requirements, guidelines, injunctions, and instructions regarding freedom of assembly etc. at any given time. [Link to the Danish Health and Medicines Authority's information about COVID-19](#)

Event area

Gribskov Mårum. The competition area shown at [Skovlukning sommerweekend 2021](#) is embargoed area according to DOF's regulation §2.8

Location

Follow the markings to the parking area from the cross roads below:
Ny Mårumvej / Tinghusevej (vej 205) 56.028137, 12.280321
Gribskovvej / Ny Mårumvej 55.999626, 12.260751

From the parking area you go to direct to the start area. Car keys can be handed in to the information tent in the car park area and picked up after the race. Cover clothes etc. must stay in the cars / handed in to the information tent.

Venue A venue is not established, ie. there will be no kiosk, no club tents will be set up, and there will be no bulletin board with instruction, start lists and results.

You are not allowed to go to the venue/finish area before starting. This is to limit the number of people staying there.

Map Gribskov Mårum 1:7.500; 1:10.000 and 1:15.000 New map from 2021, contour interval 2,5 m.

The map will be printed. All maps are sealed in a plastic bag. The map will be checked by a mapping advisor and is expected to meet the quality assurance standard. The map is drawn according to the ISOM 2017 standard based on material from Cowi and existing maps.

[Link to previous map - 2015](#)

Terrain Description
Race Area The terrain consists predominantly of mixed open deciduous forest with lots of pine forest. Runnability is good and there is an extensive trail system. Many new felled areas in connection with conversion to natural forest.

Courses The course lengths will be in accordance with the guidelines of The Danish Orienteering Federation, following DOF's regulation of 2021 §4.1.2.1 and §4.2.1

The following classes are offered as Elite Junior (Test Run) and Elite Senior. The Danish Orienteering Federation (DOF) will make seedings in the classes: W20, M20, W21 and M21

Class	Difficulty	Winning time	Remarks
W16	Black-Difficult	40 min.	
W20	Black-Difficult	55 min.	
W21	Black-Difficult	55 – 65 min.	W21 reduced length
M16	Black-Difficult	45 min.	
M20	Black-Difficult	70 min.	
M21	Black-Difficult	70–80 min.	M21 reduced length

The following classes are not Elite Junior or Elite Senior classes and are therefore not included in the test run.

Class	Difficulty	Course Length	Remarks
Beginner	Green-Beginner	2,5-3,5 km	
W10	Green-Beginner	2,5-3,5 km	
W12	White-Easy	3,0-4,0 km	
W12B	Green-Beginner	2,5-3,5 km	
W14	Yellow-Medium	3,5-4,5 km	
W14B	White-Easy	3,0-4,0 km	
W16B	Yellow-Medium	3,5-4,5 km	
W20B	Yellow-Medium	4,0-5,5 km	
W21AK	Black-Difficult	5,0-5,5 km	
W21B	Yellow-Medium	4,0-5,5 km	
W35	Black-Difficult	6,5-7,5 km	
W40	Black-Difficult	5,5-6,5 km	
W45	Black-Difficult	5,5-6,5 km	
W45B	Yellow-Medium	4,0-5,5 km	
W50	Black-Difficult	4,0-5,0 km	
W55	Black-Difficult	4,0-5,0 km	
W60	Black-Difficult	3,5-4,0 km	
W65	Black-Difficult	3,5-4,0 km	
W70	Blue-Difficult	2,5-3,5 km	
W75	Blue-Difficult	2,5-3,5 km	
W80	Blue-Difficult	2,0-3,0 km	
W85	Blue-Difficult	2,0-3,0 km	
W/M90	Blue-Difficult	2,0-3,0 km	
W-Easy	White-Easy	3,0-4,0 km	

Class	Difficulty	Course Length	Remarks
M10	Green-Beginner	2,5-3,5 km	
M12	White-Easy	3,0-4,0 km	
M12B	Green-Beginner	2,5-3,5 km	
M14	Yellow-Medium	4,0-5,0 km	
M14B	White-Easy	3,0-4,0 km	
M16B	Yellow-Medium	4,0-5,0 km	
M20B	Yellow-Medium	5,5-7,0 km	
M21AK	Black-Difficult	6,5-7,5 km	
M21B	Yellow-Medium	5,5-7,0 km	
M35	Black-Difficult	10,0-12,0 km	
M40	Black-Difficult	9,0-11,0 km	
M45	Black-Difficult	9,0-10,0 km	
M45AK	Black-Difficult	4,0-5,0 km	
M45B	Yellow-Medium	5,5-7,0 km	
M50	Black-Difficult	7,0-8,0 km	
M55	Black-Difficult	7,0-8,0 km	
M60	Black-Difficult	5,5-6,5 km	
M65	Black-Difficult	5,0-5,5 km	
M70	Blue-Difficult	4,0-5,0 km	
M75	Blue-Difficult	3,5-4,0 km	
M80	Blue-Difficult	2,5-3,5 km	
M85	Blue-Difficult	2,5-3,5 km	
W/M90	Blue-Difficult	2,0-3,0 km	
M-Easy	White-Easy	3,0-4,0 km	

In the event of too few entries in a given class, the organiser reserves the right to combine classes/age groups.

The final course lengths and number of controls will be published in Bulletin 2.

Prizes

Prizes in all youth classes and W21 and M21

Punching System

The competitions will use SportIdent.
Runners using own SI-card must provide the card number at time of entry.

For runners without own SI-card a rental SI-card will be provided at an additional fee of DKK 20,-

Rental SI-cards are given at the start and must be returned at the finish.
A not returned rental SI-card must be replaced by DKK 500, -

Start

Individual start, minimum 2 minutes interval. First start at 10.00,
Free start (put-and-run) for classes Beginner and M/W10

The runner is called forward 4 min. before starting

Participants on courses with difficulty levels Green-Beginner and White-Easy receive the map 2 min. before start and being offered starting help by a race official.

Distances

Parking to Start area: 1800 m
Venue area to Parking area: 600 m
Bus Parking possible with pre-registration to john.sondergard@gmail.com

Children's Course

No children's course..

Service

There are toilets in the Parking area and in the Start area.
No kiosk is offered
Childcare is not offered.
Shower and changing facilities are not provided.
It is not allowed to set up club tents
There is no notice board with instructions and start list at the venue (only at start)

There is no dissemination of results at the venue. There will be online results service

Visa We kindly direct you to <https://www.newtodenmark.dk/>

Climate Denmark has a mild climate with only few extremes. In June, day temperatures average 14,3 degrees C, average rainfall is 64 mm and sunshine averages 240 hours for the month.

Open Courses Open courses are only available if preregistered through 'O-Service'

The following courses are offered:

Class	Difficulty	Length
Åben 1 / Open 1	Black-Difficult	7,0 – 8,0 km
Åben 2 / Open 2	Black-Difficult	5,0 – 5,5 km
Åben 3 / Open 3	Blue-Difficult	Approx. 3,5 km
Åben 4 / Open 4	Yellow-Medium	Approx. 4,0 km
Åben 5 / Open 5	White-Easy	Approx. 3,5 km
Åben 6 / Open 6	Green-Beginner	Approx. 3,0 km

Open Course entries should preferably be through 'O-Service' via the nominated Club Administrator, no later than Friday 29th May 2020.

For runners with no access to 'O-service' you can register by email to Henrik Poulsen, hp@grundtvigsvej.dk

Pre-entry fee for Open Courses:

Junior -20: DKK 80, -
Senior 21-: DKK 100, -
SI-card hire: DKK 20, -

Entry fees payable simultaneously with the registration to FIF Hillerød's bank account in Spar Nord Bank:

Account Number: 9213 4560075893
IBAN: DK0992134560075893
BIC: SPNODK22

Accommodation There is an assortment of accommodation options in the area; from hotels, hostels to cabins. FIF Hillerød cannot offer accommodation, but please visit www.visitnorthsealand.com, and <http://hillerodhostel.dk/en/>

However, should you require any help, please contact john.sondergard@gmail.com

Registration Club entries should preferably be through 'O-Service' via the nominated Club Administrator, no later than Friday 4th June 2021.

For runners with no access to 'O-service' you can register by email to Henrik Poulsen, hp@grundtvigsvej.dk (+45 4076 9097)

Entry for WRE classes: D21(W21) and H21(M21), MUST use [IOF Eventor – FIF Sommerweekend, Lang](#)

Late Entries Late registration is possible through 'O-Service' until Tuesday, June 8th, 2021, incurring a late entry fee of DKK 50,- per start. Alternatively, you may enter the Open Courses on the day.

For runners with no access to 'O-Service' you can register late entries by email to Henrik Poulsen, hp@grundtvigsvej.dk (+45 4076 9097)

Entry Fees

Elite Junior (M/W16, M/W18 and M/W20):	DKK 100, -
Elite Senior (W21 and M21):	DKK 120, -
Youth classes, up to W/M14:	DKK 80, -
Senior classes >= M/W35:	DKK 100, -

SI-card hire:

DKK 20, -

Entry fees payable simultaneously with the registration to FIF Hillerød's bank account in Spar Nord Bank:

Account Number: 9213 4560075893

IBAN: DK0992134560075893

BIC: SPNODK22

Final Details and Start Lists

Available at <http://www.fiforientering.dk/wp-sommer2020/en/> by Wednesday 3rd June 2021 / 9rd June 2021.

Event Organiser

John Søndergård, FIF Hillerød Orientering
Hjortespringet 1
3400 Hillerød
+45 4188 9504 / john.sondergard@gmail.com

Course planner

Lars Konradsen, FIF Hillerød Orientering

Controllers

IOF Event Adviser, Bo Konring, Søllerød OK

Course Controller, Helge Lang Pedersen, Farum OK

Map drawer

Bo Simonsen, FIF Hillerød Orientering

Jury

Head of Jury Bo Konring Søllerød OK
Other jury members are appointed when the registrations are available.

FIF Sponsors

LØBEREN

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