

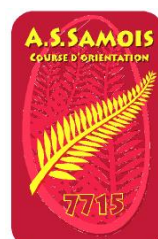
Bulletin 1 - February 2021

3 Days Mountain Bike orienteering In Samois-South77

**FONTAINEBLEAU FOREST
MOUNTAIN BIKE ORIENTEERING
MAY 21, 22, 23, 24, 2021**

**ORGANIZATION MAINTAINED ACCORDING TO EVOLUTIONS
GOVERNMENTAL HEALTH INSTRUCTIONS**

2 National Events MTBO
2 Regional Events *national ranking*
with
2 World Ranking Events MTBO (WRE)
2 Young Guns World Series (YGWS)
2 World Master Series (WMS)



INVITATION

Welcome to the south of Seine-et-Marne in the municipalities of Fontainebleau, Montigny sur Loing, Moret Loing-et-Orvanne, and Samois sur Seine.

The Samois Sports Association orienteering is happy to welcome you on the grounds of the 1st world championship MTBO in 2002. Good races to all

1. ORGANIZERS

Orienteering Sport Association Samoisienne - www.samois.coursedorientation.fr

Point of contact : andrehermet@aol.com

The WRE are organised under the authority of International Orienteering Federation:

IOF : www.orienteering.sport

And of French Orienteering Federation

FFCO - www.ffcorientation.fr

Event Director: Frédéric PINSARD
Point of contact : andrehermet@aol.com
Map makers: André Hermet – Christine Verdeil
Course setter s : André Hermet – Joël Poirette
IT, Timekeeping: Thomas Desciaux

2. EVENT CONTROLLING

IOF Event Advisor: Bernard Mortellier
National Controller: Michel Duboc - Pascal Dott (trainee)
National Advisor : Bernard Mortellier
Jury (wre) : decided in may 21, 2021

3. EVENT CENTER

CITIES and DATES	FLECHAGE & PARKING GPS	EVENT CENTER G P S	Horaires d'ouverture
Samois-sur-Seine May 21, 2021	Next bulletin	Next bulletin	10:00 am to 9:00 pm
Montigny-sur-Loing May 22, 2021	Next bulletin	Next bulletin	10:00 am to 6:00 pm
Fontainebleau May 23, 2021	Next bulletin	Next bulletin	8:00 am to 11: am
Fontainebleau May 23, 2021	Next bulletin	Next bulletin	12:15 am to 6:00 pm
Fontainebleau May 24, 2021	Next bulletin	Next bulletin	8:00 am to 2:00 pm

Distances from main airports and stations:

- **ORLY** : International Airport – 50 km (1h15mn)
- **Paris Charles De Gaulle** : International Airport – 90 km (1h30)
- **Beauvais** : International Airport – 170 km (2h20)
- **Station** : "Paris Gare de Lyon" to Fontainebleau station : 45 minutes

Possibilities to stop in many stations on this railway: Melun - Bois le roi – Fontainebleau - Moret-sur-Loing – Montigny-sur-Loing

4. GENERAL LOCATION



5. PRELIMINARY PROGRAM

Dates	WRE - YGWS Master	Others catégories races	Opening hours and location Event Center
May 21 – Friday		Training	Samois sur Seine
<i>To be indicated later</i>		2:00pm – 6:00pm	10:00am – 09:00pm
May 22 – Saturday	WRE – YGWS - Master Middle Distance	National race all classes Middle Distance	Montigny sur Loing
<i>To be indicated later</i>	1:00pm – 6:00pm	1:00pm – 6:00pm	11:00am-6:00pm
May 23 – Sunday	YGWS - Master Sprint competition	Regional race all classes Sprint competition	In the arena
<i>To be indicated later</i>	9:00am – 12:00am	9:00am – 12:00am	8:00am – 12:00am
May 23 – Sunday	Regional Middle compétition	Regional race all classes Middle distance	In the arena
<i>To be indicated later</i>	2:00pm – 6:00pm	2:00pm – 6:00pm	12:00pm – 6:00pm
May 24 – Monday	WRE Mass Start competition	National* race all classes Mass Start or Long Dist (*)	In the arena
<i>To be indicated later</i>	9:30am – 2:00pm	9:30am – 2:00pm	8:00am – 2:00pm
(*) Mass-Start or MD depending of categories - To look below in bulletin : 10. Classes and races			

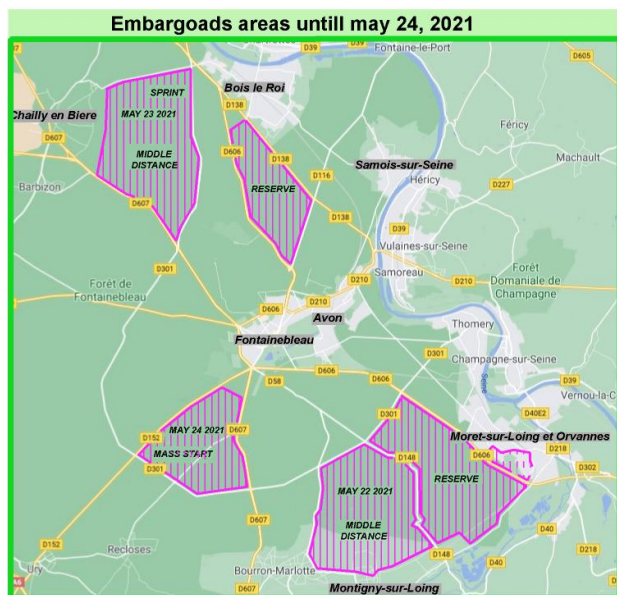
6. EMBARGOED AREAS

Embargoed Areas from January 1st 2021 till May 24, 2021

<http://www.ffcorientation.fr/courses/zones-interdites>

Below is an overview of the embargoed areas.

The areas marked “Middle may 22”, “Mass Start may 24” and “Sprint may 23” on the map are embargoed for all orienteering activities, unless specifically permitted by the organiser. The embargoed areas are out of bounds for all potential participants and team members, including competitors, team leaders, coaches, doctors, escorts, and any other person with a potential connection to a team (athletes or others). This means that all potential participants and team members are not allowed to visit these areas with or without a map at all, regardless of whether it is an orienteering activity or a training session.



7. ENTRIES \$ PARTICIPATION and CLASSES

Competitors participate at their own risk. Third party insurance and personal injury insurance is mandatory and shall be the responsibility of their federation or themselves, according to national rules.

All foreign participants must have medical certificate dated less than 1 year before May 20, 2021 if they want to have ranking.

THE ENTRIES WILL BE OPEN around MARCH 15, 2021

www.eventor.orienteering.org and www.samois.coursedorientation.fr

Payment by bank transfer ONLY after May 12, 2021
Payment possible at the reception on the day of your arrival

World Ranking Event: (M21 - W21)

- There is one class for women (WE and W21) and one for men (ME and M21).

All competitors competing WRE must have a valid IOF Athlete License if they want to have WRE score on races.

- All entries for the WRE must be done via IOF Eventor:

<https://eventor.orienteering.org/Events?startDate=2021-05-01&endDate=2021-05-31&organisations=1&disciplines=MountainBike&mode=List>

1st registration deadline May 10, 2021

Youth Guns World Series (YGWS) : M20 - W20 and M17 - W17

- Can participate in MW 20 only competitors born between January 1, 2001 and December 31, 2003
- Can participate in MW 17 only competitors born between January 1, 2004 and December 31, 2006
- All entries for YGMS (MD 22 may and Sprint 23 may) and for other races too must be done via :

For Foreign : www.samois.coursedorientation.fr

For French FFCO : <http://www.ffcorientation.fr/courses/agenda>

1st registration deadline May 10, 2021

Master Series :

Can participate in MW40 – MW45 – MW50 – MW55 – MW60 – MW65 – MW70 – MW75 – MW80

- All entries for Master Series races (MD 22 may and Sprint 23 may) and for other races too must be done via :

For Foreign : www.samois.coursedorientation.fr

For French FFCO : <http://www.ffcorientation.fr/courses/agenda>

1st registration deadline May 10, 2021

2 National Events and 2 French Ranking Events :

- The French Rules 2021 will be appicated for all classes and for all events (may 22th , 23th and 24th 2021)

MW10 – MW12 – MW14 – MW17 – MW20 – MW21 – MW40 – MW50 – MW60 – MW70

1st registration deadline May 10, 2021

Mountain Bike Electric Assistance

One circuit without timing will be reserved for MTB with Electric Assistance will exist on all races except sprint.

1st registration deadline May 7, 2021

- All entries for the Foreign Classes exept MW21 WRE must be done via : www.samois.coursedorientation.fr

Or, please send an email to andrehermet@aol.com

- club & country;
- competitor's family name and first name, class, gender , n° SI CARD, and year of birth.
- information on whether the athlete borrows an SI Active Card or uses his own SIAC (also enter the SIAC number);
- address, email and telephonenumber.

Entries (and payment) deadline: 10 may 2021

8. TRAINING

Training available : may 21 afternoon 02:00pm - 06:00pm : www.samois.coursedorientation.fr

- The maps will be available at reception for participants who have reserved them at the same time as their registration before May 15, (8 € / person)
- some maps will also be available at reception, within the limit of the maps available, € 8 / person

If you want to do training before May 21,

- Contact: andrehermet@aol.com or 0033 6 87 32 22 99
- With informations : club & country; email and phone numbers, number of people, class, sex, age and training date
- 5 € / per card and per person without control poste in forest

9. REGISTRATION FEES - Basic RATE

Registration deadline

Payment by bank transfer ONLY after May 12, 2021

- Untill May 10, 2021 : base rate
- Between may 11 to 21, 2021 : base rate increased by 10€ per race

WRE

Registration fee per race	MW 21	Comptitions
without compétition licence FFCO	20.00€	WRE Middle
	20.00€	WRE Mass Start
with compétition licence FFCO	13.40€	WRE Middle
	13.40€	WRE Mass Start

FOR ALL NATIONAL EVENTS

Registration fee per race	19 years and more	15/18 years	14 years and less	Comptitions
without compétition licence FFCO	20.00€	16.00€	12.00€	Middle
	18.00€	14.00€	9.00€	Sprint
	18.00€	14.00€	9.00€	Middle
	20.00€	16.00€	12.00€	Mass Start / Middle
with compétition licence FFCO	13.40€	10.20€	6.90€	Middle
	12.00€	10.00€	6.00€	Sprint
	12.00€	10.00€	6.00€	Middle
	13.40€	10.20€	6.90€	Mass Start / Long Dist.

TRAINING

Registration fee per race	All classes May 29, with control post	All classes Other days Without control post
without compétition licence FFCO	8.00€	5.00€
with compétition licence FFCO	8.00€	5.00€

Possibility to rent SI card SIAC : 2 € / day (deposit of 50 €) reservation on registration form

ACCOUNT DETAILS for payments

TO AVOID REFUNDS IN THE EVENT OF CANCELLATION RELATING TO COVID 19

PAYMENT BY BANK TRANSFER ONLY FROM MAY 12

Possibility to pay in cash at the reception when you arrive.

All payments are to be done to the Association Sportive Samoisienne Course d'Orientation, as follows (all charges are paid by sender):

Bank name: Credit Agricole Brie Picardie (Agency: Avon)

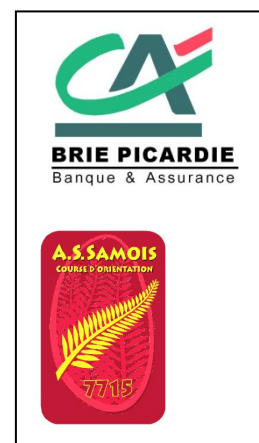
BIC/SWIFT: AGRIFRPP887

IBAN: FR76 1870 6000 0017 9839 8300 094

Bank Address: Crédit Agricole Brie Picardie - Agence d'Avon
58 avenue Franklin Roosevelt - 77210 AVON - FRANCE

Account owner: Association Sportive Samoisienne de course d'orientation

Owner address: Association Sportive Samoisienne Section Course d'Orientation
Hôtel de ville – 77920 Samois sur Seine - France



10. CLASSES and COURSES

Classes	period of birth	Races
MW 10	Since le 01 01 2011	W M 10 et -
MW 12	Between 01 01 2009 and 12 31 2010	W M 12
MW 14	Between 01 01 2007 and 12 31 2008	W M 14
MW 16 et MW 18 1ère année	Between 01 01 2004 and MW 12 31 2006	W M 17
MW 20 et MW 18 2ème année	Between 01 01 2001 and et 12 31 2003	W M 20
MW 21 et MW 35	Between 01 01 1982 and et 12 31 2000	W M 21
MW 40 et MW 45	Between 01 01 1972 and 12 31 1981	W M 40
MW 50 et MW 55	Between 01 01 1964 and 12 31 1973	W M 50
MW 60 et MW 65	Between 01 01 1952 and 12 31 1963	W M 60
MW 70 et MW 75	Between 01 01 1942 and 12 31 1951	W M 70
MW 80 et MW 85	Before le 12 31 1941	W M 80 et +

Competitors born before 2013 must be accompanied by an adult (non-participating adult)

MIDDLE DISTANCE 1 / 15000 - NATIONAL EVENT all Classes and W R E MW21 and Y G W S MW17 MW20 and MASTER

Catégories	Courses	race time	Technical informations
M21 & M21wre	A	55-60'	Next Bulletin
M20	A	55-60'	Next Bulletin
W21 & W21wre	B	50-55'	Next Bulletin
M40	B	50-55'	Next Bulletin
M17 - M50 - W20	C	45-50'	Next Bulletin
W17 - W40 - W50 - M60	D	35-40'	Next Bulletin
M14 - W14	E	30-35'	Next Bulletin
W60 - M70 - W70	F	30-35'	Next Bulletin
M12 - W12	G	25'-30'	Next Bulletin
M10 - W10	H	20'-25'	Next Bulletin
VIOLET	V	35' - 40'	Next Bulletin
ORANGE	O	30' - 35'	Next Bulletin
BLEU	K	25' - 30'	Next Bulletin
MTB Electrical Assistant	MTB EA	60'	Next Bulletin

SPRINT 1/75000 - REGIONAL EVENT with national Ranking all classes Y G W S MW17 MW20 and MASTER 40 and +

Catégories	Courses	race time	Technical informations
M21-M20	A	20'-25'	Next Bulletin
W20-W21-M17-M40-M50	B	20'-25'	Next Bulletin
W17-W40-W50-M14-M60	C	20'-25'	Next Bulletin
W14- W60	E	20'-25'	Next Bulletin
M70 - W70	F	20'-25'	Next Bulletin
M12 - W12	G	15'-20'	Next Bulletin
M10 - W10	H	10'-15'	Next Bulletin

No circuit planned for VAE

MIDDLE DISTANCE 1 / 15000 - REGIONAL EVENT with national Ranking all classes

Catégories	Courses	Race time	Technical informations
M21 & M21wre	A	55-60'	<i>Next Bulletin</i>
M20	A	55-60'	<i>Next Bulletin</i>
W21 & W21wre	B	50-55'	<i>Next Bulletin</i>
M40	B	50-55'	<i>Next Bulletin</i>
M17 - M50 - W20	C	45-50'	<i>Next Bulletin</i>
W17 - W40 - W50 - M60	D	35-40'	<i>Next Bulletin</i>
M14 – W14	E	30-35'	<i>Next Bulletin</i>
W60 – M70 – W70	F	30-35'	<i>Next Bulletin</i>
M12 - W12	G	25'-30'	<i>Next Bulletin</i>
M10 W10	H	20'-25'	<i>Next Bulletin</i>
VIOLET	V	35' - 40'	<i>Next Bulletin</i>
ORANGE	O	30' - 35'	<i>Next Bulletin</i>
BLEU	K	25' - 30'	<i>Next Bulletin</i>
VTT à Assistance Electrique	VAE	60'	<i>Next Bulletin</i>

MASS START1/15000 - NATIONALE and W R E MW 21

Catégories	Courses	Race time	Technical informations
H21 & H21wre	A	75'-85'	<i>Next Bulletin</i>
H20	A	75'-85'	<i>Next Bulletin</i>
D21 & D21wre	B	75'-85'	<i>Next Bulletin</i>
H40	B	75'-85'	<i>Next Bulletin</i>
H17 - H50 - D20	C	60'-65'	<i>Next Bulletin</i>
D17 - D40 - D50 - H60	D	45'-50'	<i>Next Bulletin</i>
LONG DISTANCE 1/15000 - NATIONALE			
H14 – D14	E	30'-35'	<i>Next Bulletin</i>
D60 – H70 – D70	F	30'-35'	<i>Next Bulletin</i>
H12 - D12	G	25'-30'	<i>Next Bulletin</i>
H10 – D10	H	20'-25'	<i>Next Bulletin</i>
VIOLET	V	35' - 40'	<i>Next Bulletin</i>
ORANGE	O	30' - 35'	<i>Next Bulletin</i>
BLEU	K	30' - 35'	<i>Next Bulletin</i>
VTT à Assistance Electrique	VAE	60'	<i>Next Bulletin</i>

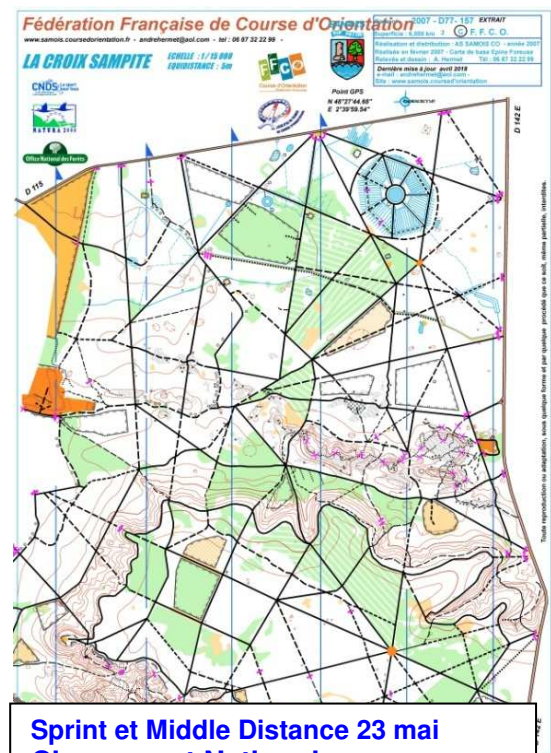
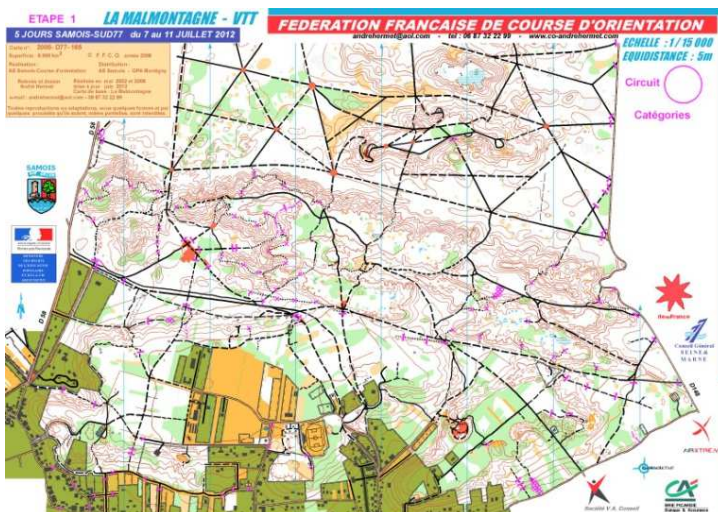
Courses Technical Informations

Date / shedule	May 29th 2020	May 30th 2020	May 31th 2020	May 31th 2020	1er jn 2020
Location	Samois sur seine	Montigny sur Loing	Moret sur Loing	Fontainebleau	Fontainebleau
Formats	Accueil & Entrainement	Moyenne Dist.	Sprint	Moyenne Dist.	Mass Start et Moyenne Dist
Distances	<i>next Bulletin</i>	<i>next Bulletin</i>	<i>next Bulletin</i>	<i>next Bulletin</i>	<i>next Bulletin</i>
Postes	<i>next Bulletin</i>	<i>next Bulletin</i>	<i>next Bulletin</i>	<i>next Bulletin</i>	<i>next Bulletin</i>
Dénivelée	<i>next Bulletin</i>	<i>next Bulletin</i>	<i>next Bulletin</i>	<i>next Bulletin</i>	<i>next Bulletin</i>
Fléchage routier	<i>next Bulletin</i>	<i>next Bulletin</i>	<i>next Bulletin</i>	<i>next Bulletin</i>	<i>next Bulletin</i>
Parking - GPS	<i>next Bulletin</i>	<i>next Bulletin</i>	<i>next Bulletin</i>	<i>next Bulletin</i>	<i>next Bulletin</i>
Accueil - GPS	<i>next Bulletin</i>	<i>next Bulletin</i>	<i>next Bulletin</i>	<i>next Bulletin</i>	<i>next Bulletin</i>



11. OLD MAPS

Middle Distance Montigny 22 mai



Mass Start 24 mai



12. TECHNICAL INFORMATIONS

Competition	Scale	Contour interval	Maps dimension
Middle Distance	1 / 15.000 ou 1/10000	5 m	A4: 21 / 29.7
Sprint	1 / 7500	2.5 m	A4: 21 / 29.7
Middle Distance	1 / 15.000 ou 1 / 10.000	5 m	A4: 21/29.7 or 29/42
Mass Start and/or Long Distance	1 / 15.000	5 m	A4: 21/29.7 1 ou 2 cartes

Middle distance

May 22, 2021

Typical forest Fontainebleau. alternating rocky and sandy areas, open areas and forest. Fairly dense path network, good cyclability and low relief.

Sprint

Without relief and a significant density of paths.

Middle distance

May 23, 2021

Typical Fontainebleau forest. Alternating rocky and sandy areas in open or forested areas. Dense network of paths and good cyclability with little hilly terrain

Massstart or/and Long distance

May 24, 2021

Typical Fontainebleau forest. Alternating rocky and sandy areas in a forest environment. Dense network of paths and good cyclability. Not very hilly relief.

13. COMPETITIONS RULES

All events excepted WRE events will be organized in accordance with the French Competition Rules :

http://www.ffcorientation.fr/media/cms_page_media/72/reglement_des_competitions_2020_vuE0m0b.pdf

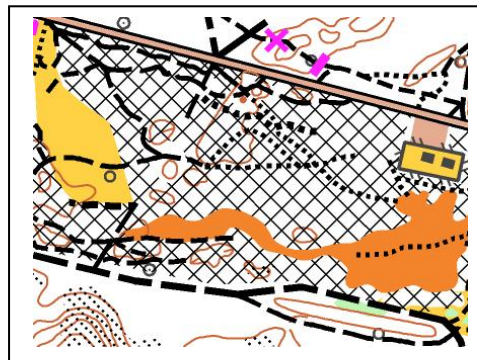
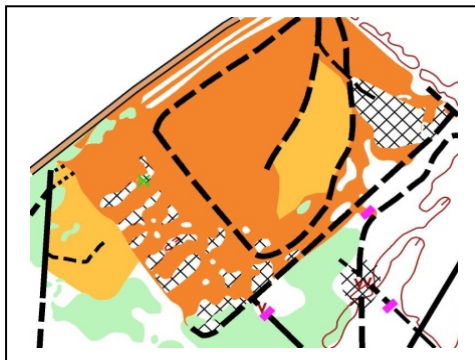
The 2 WRE will be organized in accordance with the IOF Competition Rules for MTB Orienteering Events as published by the IOF, the Special Rules for the WRE MTB Orienteering and the IOF Anti-Doping Rules valid at the time of the Event. IOF MTB Orienteering Competition rules are available

on: <https://orienteering.sport/mtbo/competition-rules/>

Summary of the most important rules :

Riding off the track, trail or path is STRICTLY PROHIBITED. It is only allowed riding :

in open areas (specification orange) or in forest (specification Black grid)



Competitors riding off road in restricted areas are responsible for any damage claimed by the landowners and will be disqualified.

- In France one drives on the RIGHT side of road.
- Therefore riders must ride on the RIGHT side on all roads and tracks.
- Overtaking slower riders should be done by the LEFT.
- You are not a priority. Respect other users : pedestrians, walkers .

14. TIME KEEPING SYSTEM

- The sportIdent system will be used on the 4 races. The range AIR+ will be specified in the next bulletin
- The use of SIAC chips and regular chips are permitted on all races.
- - 35 SI Card will be available for hire for € 10 for the 4 races. The reservation must be made at the same time as the registration.

15. ANTI DOPING

- Doping is strictly forbidden, and the organizers of World Ranking Event and National are dedicated to supporting the anti-doping authorities in their work.
- Doping controls may be carried out any time during the competition period..
- Doping tests are always carried out in accordance with the procedures described in the WADA International Standard of testing. The IOF Anti-Doping Code and rules apply as of 1st January 2015.
- The participants who are selected for the doping tests must bring an official identification (with photo) to the doping test area. The participants should also bring along their therapeutic use exemption (TUE) if applicable.

Please consult : <https://orienteering.sport/iof/anti-doping/>

16. MEDICAL and EMERGENCY

- "COVID 19" health measures will be applied according to government recommendations;
- The FFCO Medical rules will be applied for the 4 races
- A doctor on the finish area with rescue operations by the if necessary

17. SAFETY and FAIR PLAY

- You don't have priority during or outside the race.
- You must always respect the highway code in cities and on the roads. Traffic will not be neutralized.
- Organizers or officials will be present for the main road crossings.
- In the forest there are walkers with dogs and horses. Be respectful of others and stay fair play.
- You must follow the compulsory passages

18. ACCOMMODATIONS

TourismOffice /

<https://www.fontainebleau-tourisme.com/fr/accueil/>

<https://www.france-voyage.com/villes-villages/moret-loing-et-orvanne-31049/office-tourisme-moret-seine-loing-36859.htm>

<https://www.gites-de-france.com/fr/search?destination=La%20Chapelle-la-Reine&towns=65756>

Hôtels et Gîtes :

[https://www.tripadvisor.fr/Hotels-g187145-Fontainebleau Seine et Marne Ile de France-Hotels.html](https://www.tripadvisor.fr/Hotels-g187145-Fontainebleau-Seine-et-Marne-Ile-de-France-Hotels.html)

<https://www.booking.com/gites/city/fr/fontainebleau.fr.html>

Campings :

<https://www.campingfrance.com/recherchez-votre-camping/ile-de-france/seine-et-marne/fontainebleau>

<http://france.camping.free.fr/camping.php?ville=veneux-les-sablons,1301>

Gîtes / Groupe

<https://www.grands-gites.com/gite-groupe-seine-et-marne.htm>

lechaletduverger@orange.fr

19. TRANSPORT

No transport will be organized for participants

- Airport car rental agencies : Orly, Charles de Gaulle, Beauvais
<https://www.parisaeroport.fr/passagers/acces/location-voiture>
- car rental agencies: in Fontainebleau, Melun, Nemours...
<https://www.loca-voiture.fr/louer-a-Fontainebleau,fr.htm>

20. COMMODITIES and OTHER

Washing stations :

- **Avon** : 62 avenue du pont de Valvins – 77210 Avon
0164396464 - <https://www.elephantbleu.fr/2757-avon.html>

Bike shops and equipment:

- **A la petite reine** : 14 rue de la Paroisse - 77300 Fontainebleau –
01 60 74 57 57 - <http://www.alapetitereine.com/>
- **Culture Vélo** : 575 avenue André Ampère ZAC Champlys - 77190 Dammarie-les-Lys
Tél. 01 64 37 62 22 - <https://www.culturevelo.com/-Dammarie>

21. METEO

In May the weather is most often sunny. During the day 17 ° / 20 ° and 14 ° / 16 ° at night.
Sunrise 6:00 a.m. - sunset 10:00 p.m.

22. VISAS

It is everyone's responsibility to inquire at their embassy to find out the documents and procedures to be followed to return legally to French territory and / or the Schengen area.



