

# Bulletin 1 -Invitation

## Test Race Weekend 2021 in



# Kongernes Nordsjælland



"Royal North Sealand"

### Organiser

FIF Hillerød Orientering

### Event Name and Classification

FIF Test Race Weekend – Middle Distance

Danish Classification: Ranglisteløb and IOF World Ranking Event  
Stage 2 of Løberen Junior League 2021 and Stage 2 of Trimtex Senior Cup

### Date

28.03.2021

### Extraordinary Guidelines and limitation in number of participants

The race is planned based on the fact, that there are Corona restrictions that must be complied with. In addition, the race is planned according to the Danish Sports Confederation's guidelines for top sports competitions.

The race is reserved for participants born in the years 1987-2005. There are a maximum of 100 participants. In the event of too many entries received, the organizer will, in consultation with the Danish national team management, decide on the delimitation. In the event of an emergency where COVID-19 restrictions may prevent anyone other than runners in national team groups (U23, Elite and World Class group) from being given the right to start, other participants will be notified as soon as possible.

The race will be held under The Danish Orienteering Federation general regulations 2021 as well as DOF's new Technical guidelines and guidelines for conducting orienteering events, valid from 8. October 2020 [Link to guidelines](#)

Instructions and recommendations for participants in orienteering events, version 1 valid from 15 May 2020 [Link to recommendations and Corona Guidelines for participants](#).

In addition, the race is subject to the authorities' requirements, guidelines, injunctions, and instructions regarding freedom of assembly etc. at any given time. [Link to the Danish Health and Medicines Authority's information about COVID-19](#).

#### Requirements for Covid-19 testing before participation

You must meet the following test requirements before you can start.

1. PCR test not older than 48 hours<sup>1)</sup> with the status 'NOT DETECTED'
2. Quick test not older than 24 hours<sup>1)</sup> with status 'NOT DETECTED'

<sup>1)</sup> In relation to the first start 28.03 at 10.00

*We will continuously assess whether it is possible to reduce these test requirements*

**Event area**

Store Dyrehave southwest. The competition area shown at [Skovlukning testløbsweekend marts 2021](#) is embargoed area according to DOF's regulation §2.8

**Location**

Parking at Rågårdshus.

Follow the markings from the cross road: Gl. Frederiksborgvej-Brødeskovvej. In case of filled parking space, participants will be referred for parking at Hillerød Lilleskole at Brødeskovvej (GPS: [55.90099, 12.34454](#))

Information tent and parking at the same place.

**Map**

Store Dyrehave southwest 1:10.000 (2021, 2,5 m.)

The map will be printed. All maps are sealed in a plastic bag. The map will be checked by a mapping advisor and is expected to meet the quality assurance standard. The map is drawn according to the ISOM 2017 standard based on material from Cowi and existing maps.

[Link to previous maps of the race area](#)

**Terrain Description  
Race Area**

The terrain consists predominantly of mixed open deciduous forest and moderate hilly. Runnability is good and there is an extensive trail system.

**Courses**

The course lengths will be in accordance with the guidelines of The Danish Orienteering Federation, following DOF's regulation of 2021 §4.1.2.1

The following classes are offered as Elite Senior and Junior (Test Run). The Danish Orienteering Federation (DOF) will make seedings.

<b>Class</b>	<b>Difficulty</b>	<b>Winning time</b>	<b>Remarks</b>
W20	Black-Difficult	30 - 35 min.	W20 and W21
W21	Black-Difficult	30 - 35 min.	run the same course
M20	Black-Difficult	30 - 35 min.	M20 and M21
M21	Black-Difficult	30 - 35 min.	run the same course

W20 and M20 are with increased length

The final course lengths and number of controls will be published in Bulletin 2.

**Prizes**

Ranking prizes are awarded on appropriate occasion.

**Punching System**

The competitions will use SportIdent AIR+ (touchfree). Runners using own SI-card must provide the card number at time of entry.

The number of SI-card must be in the range 8 000 001 - 8 999 999. If you pre-register with an SI-card outside this range, we will assign you a loan SI-card and charge for this.

For runners without own SI-card a rental SI-card will be provided at an additional fee of DKK 30, -

Runners who have forgotten their piece can rent a replacement piece on the day for a fee of DKK 30.

Rental SI-cards are given at the start and must be returned at the finish. A not returned rental SI-card must be replaced by DKK 500, -.

**Start**

Individual start. First start at 10.00,

The runner is called forward 4 min. before starting

**Distances**

Parking to information tent: max. 700 m  
Information tent to Start area: max 800 m

**Children's Course**

There are toilets in the Parking area. No toilets in the Start and Finish area.

<b>Service</b>	No kiosk is offered Childcare is not offered. Shower and changing facilities are not provided. It is not allowed to set up club tents. There is no notice board with instructions and start list at the information tent (There is an emergency start list with officials in the start area) There is no dissemination of results at the venue. There will be online results service
<b>Visa</b>	We kindly direct you to <a href="https://www.newtodenmark.dk/">https://www.newtodenmark.dk/</a>
<b>Climate</b>	Denmark has a mild climate with only few extremes. In March, day temperatures average 3,5 degrees C, average rainfall is 40 mm and sunshine averages 146 hours for the month.
<b>Open Courses</b>	No open courses
<b>Accommodation</b>	There is an assortment of accommodation options in the area; from hotels, hostels to cabins. FIF Hillerød cannot offer accommodation, but please visit <a href="http://www.visitnorthsealand.com">www.visitnorthsealand.com</a> , and <a href="http://hillerodhostel.dk/en/">http://hillerodhostel.dk/en/</a>  Accommodation at Danhostel on Lejrskolevej in Hillerød is permitted if you only drive there after completing the race 27.03.
<b>Registration</b>	Registration can only be done through IOF Eventor, last registration on Friday 19 March 2021.
<b>Late Entries</b>	Late registration is possible until Sunday, March 21 <sup>th</sup> , 2021, incurring a late entry fee of DKK 50,- per start.  You can register late entries by email to Henrik Poulsen, <a href="mailto:hp@grundtvigsvej.dk">hp@grundtvigsvej.dk</a> (+45 4076 9097)
<b>Entry Fees</b>	All: DKK 140, - SI-card hire: DKK 30, -  Entry fees payable simultaneously with the registration to FIF Hillerød's bank account in Spar Nord Bank:  Account Number: 9213 4560075893 IBAN: DK0992134560075893 BIC: SPNODK22
<b>Final Details and Start Lists</b>	Available at <a href="http://www.fiforientering.dk/Joomla3/index.php/testloeb03-2021">http://www.fiforientering.dk/Joomla3/index.php/testloeb03-2021</a> by Wednesday 24 <sup>th</sup> March 2021.
<b>Event Organiser</b>	Mads Vindegaard, FIF Hillerød Orientering Ved Store Dyrehave 24, 1. th. 3400 Hillerød +45 4072 4914 / <a href="mailto:madvindegaard@hotmail.com">madvindegaard@hotmail.com</a>
<b>Course planner</b>	Helge Lang Pedersen, Farum Orienteringsklub
<b>Controllers</b>	IOF Event Adviser, Bo Konring, Søllerød OK  Course Controller, Jens Hansen, HSOK
<b>Map drawer</b>	Bo Simonsen, FIF Hillerød Orientering
<b>Jury</b>	Head of Jury Bo Konring Søllerød OK Other jury members are appointed when the registrations are available.
<b>FIF Sponsors</b>	

**LØBEREN**

