

Bulletin 1, NZOC2021



Programme for NZOC2021

Date	Event	Location	First start times
Friday, 02/04/21	Sprint, A-level event	Long Bay, North Shore, Auckland	2.00 pm
Saturday, 03/04/21	Long, A-level event, WRE	Deacon Road, South Head	10.00 am
Sunday, 04/04/21	Middle, A-level event, WRE	Lake Kereta—West, South Head	10.00 am (daylight saving change)
Monday, 05/04/21	Relay, A-level event	Lake Kereta, South Head	10.00 am



1. Welcome

Welcome to Bulletin 1 for the New Zealand Foot Orienteering Championship 2021, organised by North West Orienteering Club in Auckland, New Zealand. This event is officially sanctioned by Orienteering New Zealand and incorporates two WREs, the Long and Middle distance. We are looking forward to great orienteering for the four days of the Championship over Easter 2021. To all participants, we hope you enjoy the challenging courses, the competition against fellow orienteers, and the camaraderie throughout the weekend.

Event Information

The event website (www.nwoc.org.nz/nzoc2021/) is the main source of information for the Championships. Bulletin 1 & 2, start lists, results, and additional resources relating to the four-day event may be downloaded from the website as they become available.

There is also a Facebook page (search for [NZOC2021](#)) if you wish to participate in any pre-race banter, online social interaction with your fellow competitors and/or the event organisers and to see photos of the races.

The event will be run under the latest version of the Orienteering New Zealand (ONZ) '[Competition Rules for New Zealand Foot Orienteering Events](#)'. At the time of writing Bulletin 1, the document used is the draft December 2020 version. International Orienteering Federation (IOF) World Ranking Events (WRE) are international events and will be run according to the '[IOF Rules 2021, version 2.2 WRE](#)'.

Key personnel

Responsibility

Independent IOF Advisor		Graham Teahan
Overall Event Controller		Marquita Gelderman
Sprint	Setter	Renee Beveridge
	Controller	Geoff Mead
Long	Setter	Cameron Tier
	Controller	Gene Beveridge
Middle	Setter	Mike Beveridge
	Controller	Marquita Gelderman
Relay	Setter	Andrew Bell
	Controller	Rob Murphy
Online Entries		Owen Means
NWOC President		Lisa Mead
Event Coordinator		Annemarie Hogenbirk, NZOC2021@gmail.com, 64 (0)210585252

Contact Information

Until the start of the Easter weekend, the event organisers can best be reached via email (nzoc2021@gmail.com). Please understand that especially in the final week all email correspondence will be read, but not necessarily answered straight away. The preferred method of communication in the weeks leading up to the event is by email.

Covid Impact

Organising an event the size of NZOC2021 in times of a pandemic requires additional coordination between the organising orienteering club and ONZ. A 'Covid-19' document is available on the event website, and has been prepared conjointly detailing additional measures relevant to Covid-19. The document follows Government and

ONZ Covid guidelines on gatherings and social distancing and provides clarity on our cancellation policy, event fee refunds as well as practical guidelines during the event, depending on the Covid Alert Level at that time.

Covid: Online Entry, Decision Timeline and Refunds

- Online entries for NZOC2021 will open January 2021, via EnterO (www.entero.co.nz)
- The final date for online entries at 'standard' entry fees is Friday, 12 March 2021, 11.59pm.
- Full refunds of entry fees are available *for any reason* up to the initial closing date for entries, Friday 12 March. We hope this encourages participants to enrol early rather than on the very last day.
- The final date for online entries is Friday 19 March 2021, 11.59pm. A 50% increase in entry fees applies from 13 March to 19 March.
- Entries after 19 March will only be accepted at the organisers' discretion.
- Requests for non-Covid related entry refunds after the initial closing date for entries (for example due to participant illness, accident or hardship) will be considered on a case-by-case basis by the NZOC2021 organisers, based on a 50% refund.
- Participants are required to pre-enter and prepay significant entry fees. In addition to the entry fees, there are travel and accommodation costs. Unfortunately, NWOC cannot accept liability for any financial losses associated with travel and accommodation cancellations or changes.
- In line with Government advice, we ask that participants do not attend NZOC2021 if they are unwell or are at risk of recent contact with a person with Covid-19. In this situation, please contact the organisers before the event to be granted a full refund.

A decision to go ahead or to cancel NZOC2021 will be made on **Friday 12 March 2021**. However, if on this date it is decided to go ahead, the event could still be cancelled in the three weeks between Friday 12 March and the actual Easter Weekend, in response to changing Covid-19 Alert Levels.

- If any part of New Zealand is at Alert Level 3 or higher on Friday 12 March 2021, ONZ and NWOC will review the situation and the likelihood of changes in Alert Levels occurring in the three weeks leading up to Easter 2021. If at this time the decision is made to cancel NZOC2021 at Easter, all participants will receive a full refund of entry fees. NWOC and ONZ will evaluate the situation, and might decide to reschedule the event in its original or in an altered form later in the year, at a date to be decided.
- NZOC2021 will be held with appropriate restrictions on mass gathering sizes, social distancing etc. to meet ONZ and NZ Government requirements when any region of New Zealand is at Alert Level 2.0, but not higher. We realise some people may well not want to travel or compete at a sporting event in an Alert Level 2.0 environment. If a participant registered online at Alert Level 1 but the Alert Level changed to 2.0 before or during Easter, a 75% refund will be paid on request for all race days on which a participant decides not to compete.
- If NWOC cancels an event day, a 75% refund of event day entry fees for all participants will apply.
- We will communicate any changes to the orienteering community as soon as possible. NWOC will announce major changes simultaneously via the NZOC2021 Facebook page and website, and specifically to would-be participants who have entered online. ONZ will also make announcements via their own communication channels.

Period between Friday 12 March 2021 and Friday 2 April 2021

- If Auckland region moves above Alert Level 2.0 in this period, NZOC2021 will not go ahead at Easter. A 75% refund will be issued to all participants.
- If any region of New Zealand moves from Alert Level 2.0 to a higher Alert Level in this period but Auckland region remains at Alert Level 2.0 or below, NZOC2021 will not be held at Easter 2021. In this situation and in consultation with ONZ, NWOC might consider to run a multi-day orienteering event over Easter. If an 'alternative-to-Nationals' event is going ahead, those unable to attend due to changes in Alert Level in their region will receive a 75% refund.

During the Easter Weekend, from Friday 2 April until Monday 5 April 2021

- For participants who entered at Alert Level 1 and then, Auckland region moves to Alert Level 2.0 during Easter 2021; a 75% refund will be payable on request for any race days the participant decides to not compete.

If you have any questions about the NZOC2021 Covid policy after reading the complete document, please do not hesitate to contact the organisers via NZOC2021@gmail.com.

2. General Event Information

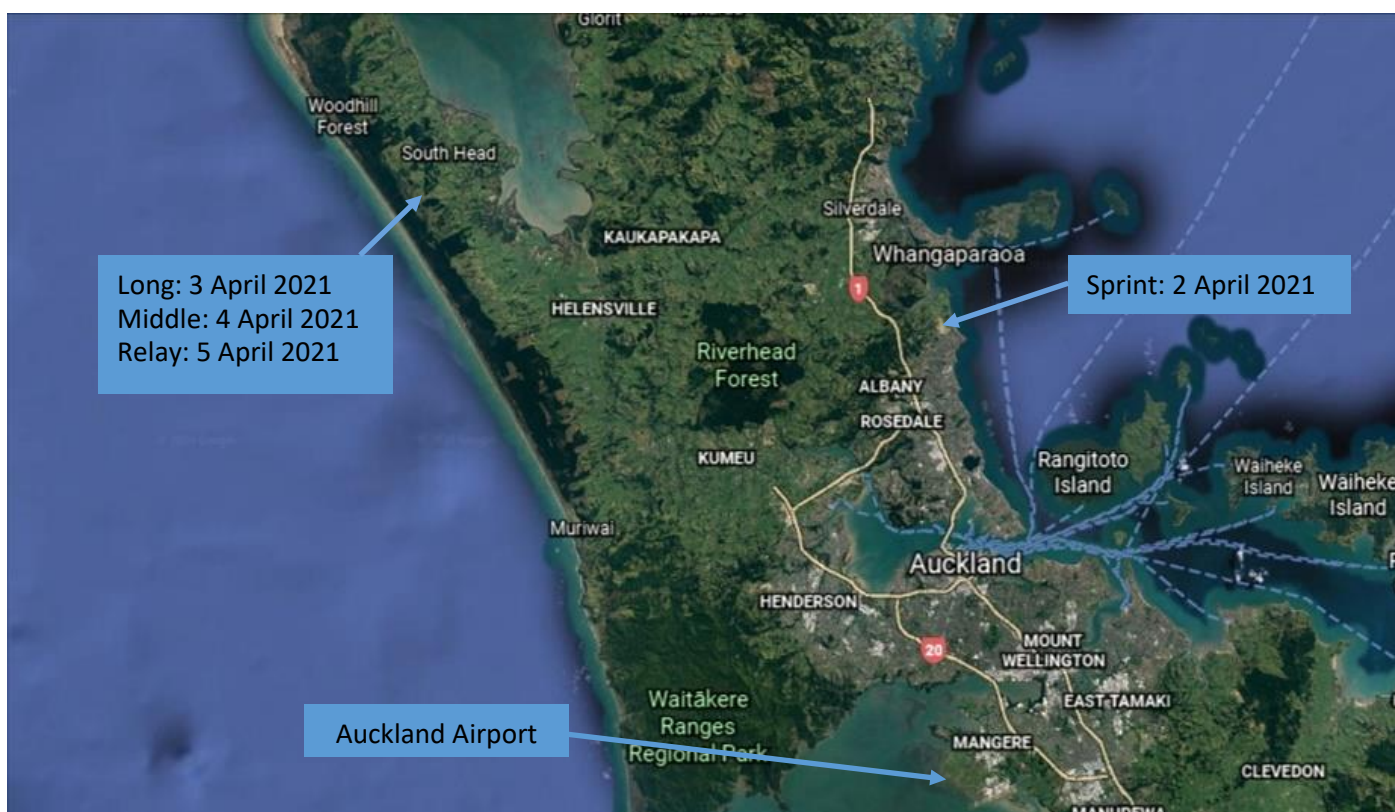
Participants

Entries to NZOC2021 must be from persons affiliated to ONZ or an IOF member organisation, or who pay a one-event participation fee. New Zealand Championship titles may be held only by individual members of ONZ-affiliated clubs who are also NZ citizens or permanent residents, as defined by the New Zealand Immigration Service. Payment of a one-event participation levy does not grant eligibility.

Visitors from overseas may need a visa to enter New Zealand and, depending on the Covid-19 Alert Level, might require a mandatory 14 day quarantine period before they are allowed to enter the country. The New Zealand Government's visa information website (www.immigration.govt.nz) provides details.

Maps

NZOC2021 promises to be a compact event, with limited travelling times with three of the four events all located in the same area. The Sprint and Relay will be run on existing, updated maps, while both the Long and the Middle will take place on new maps, not used since the late 1990s.



All the areas used for NZOC2021 are embargoed. Older, previously used, maps of the areas under embargo can be found on the event website (high quality) or in Appendix 1.

Sprint Area + embargo

The venue for the Sprint is Long Bay on Auckland's North Shore. The grounds, outlined in red on the map to the right, are embargoed until the event. We realise that in a densely populated area like Auckland, it is impossible to find an area suitable for a Sprint where nobody from the orienteering community has



worked / studied in the past or is currently working / studying. Access to the embargoed Sprint area is permitted for daily study or work. It is forbidden to train within this area with a map of any sort, to test route choices or take part in any activity that may give a navigational advantage.

When travelling to the Sprint event, please ensure you follow the directions to the event centre described in bulletin 2 to avoid entering the embargoed area.

The distance from Auckland's CBD to Long Bay is 25 kilometres, and 48 kilometres coming from Auckland Airport (25 minutes and 42 minutes travel time respectively, assuming there is no famous Auckland traffic jam).

Area for Long, Middle and Relay + embargo

The Long, Middle and Relay events are scheduled to be run in Woodhill Forest, an extensive commercial forest northwest of Auckland. The terrain is similar for all three races. The forest is mostly radiata pine planted on undulating to moderately steep sand dune terrain, with good runnability in general. There are also pockets of native bush with reduced visibility and runnability, and a coastal strip that contains more intricate dune systems and variable vegetation including some rough open areas and some areas of windblown sand. There is a network of widely spaced forestry roads and some motorbike tracks.



Woodhill Forest is a private forest and no competitor may gain entry prior to the event.

The distance from Auckland's CBD to the forest events is over 70 kilometres, and 84 kilometres from Auckland Airport (64 minutes and 75 minutes travel time respectively, again assuming there is no famous Auckland traffic jam).



Transport

The Sprint event can be reached by public transport bus from downtown Auckland, via Albany Station, combined with a short walk. Private transport is needed to reach the forest events on South Head.

We would like to remind everyone to drive carefully, particularly if you are unfamiliar with the local roads. The minor roads used to access Woodhill are narrow, windy, frequently unsealed and can have sharp, unexpected bends. In addition, rain, dust and/or darkness can change the driving conditions significantly. If you are driving in Woodhill Forest, lights are required to be on at all times. Vehicles must not deviate from the signposted routes to and from the event.



Drive to the conditions and remember that there is never any reason to be, or excuse for, speeding.

Accommodation and Camping 'on site'

With three of the four events scheduled for a compact area on South Head, NWOC is very excited to offer the option of basic camping 'on site', *O-Ringen-like* at Leighton's farm (320 Wilson Road, Helensville) on the Lake Kereta map for the duration of the event. A great option to minimise driving and maximise the time socialising and unwinding with old and newly made orienteering friends from New Zealand and (hopefully) overseas after each event. Leighton's farm is a 450-acre deer farm, where lush grass and pockets of sand cover the hills as well as



perfect flat areas for camping. Native kanuka trees provide shade, while deer and turkey roam free. Unfortunately, this means that there are to be absolutely NO DOGS or other pets allowed on site.

Camping is available from Friday night after the Sprint event (2 April) until and including Sunday night (4 April). Camping costs are \$12 per person per night.

Leighton's Farm has basic facilities: six toilets and four showers, and one big tent for shelter, but no electricity or cooking facilities. There is a lake to cool down and have a swim after a day running in the forest, and the hot pools at Parakai Springs are only 20 minutes drive away.

If you are interested in the Leighton's Farm camping option, please indicate this while registering for the event online, or add your camping wishes later.

Those looking for alternative accommodation nearby are recommended to look for options in and around Helensville, while affordable group accommodation can be found at Houghton's Bush camp near Muriwai.

Auckland itself offers a wide range of accommodation options, from camp sites, holiday homes for rental to 5-star international hotel chains and luxurious resorts.

Standard Fees

Until midnight 12 March 2021

	Sprint	Long	Middle	Relay	All four Races
Junior (MW10-MW20)	20	30	30	20	80
Senior	35	45	45	35	140
Family *)	440 (max)				

Late Fees (+50%)

Until midnight 19 March 2021

	Sprint	Long	Middle	Relay	All four Races
Junior (MW10-MW20)	30	45	45	30	120
Senior	50	65	65	50	210
Family *)	660 (max)				

Non-member ONZ Levy

Junior	5	5	5	5	20
Senior	10	10	10	10	40
SPORT Ident Hire	3	3	3	3	12
SIAC Hire	6	6	6	6	24

All event fees are in NZ dollars and include GST

*) Two adults (21 and over) and two (or more) children (20 and under), living at the same address

Event Fees

Entries

Online entries (www.entero.co.nz) are open from 20 January 2021: opening of entries will be announced via the website as well as the ONZ website. Standard fee entries close Friday 12 March 2021.

Late fee entries close Friday 19 March 2021, with a 50% late fee added to the standard entries. Late entries received *after* Friday 19 March will only be accepted at the organisers' discretion. An additional late entry fee of 60% of the standard entry fee will be payable if the entry is accepted.

Overseas entrants, and *only* overseas entrants, may pay their entry fee in cash before their start on the first day of their competition.

WRE—Eventor

Entry to the WRE events may be made via EnterO (www.entero.co.nz). IOF ID numbers will be required for both. The event organisation will manually add the names with correct IOF IDs into IOF Eventor after the entry deadline.

Please note that all runners on the M/W21 elite courses can be ranked as a result of their performance in the race. Note also that this applies irrespective of the age class of the runner. Thus, for example, a M18 may gain World Rankings points having competed successfully in the M21 World Ranking course.

Withdraw Entry

If you have entered for NZOC2021 and you have to withdraw for whatever reason, please notify the organisers as soon as possible **by email**. Refunds will most likely not be actioned until the week *after* NZOC2021. Providing your bank account details in your cancellation email will speed up the process.

Unfortunately, NWOC cannot take liability for any loss associated with travel or accommodation cancellation.

Time Zone

New Zealand will change from using New Zealand Summer Time to Standard time at 2am on Sunday 4 April 2021. Clocks will be put back one hour, resulting in an extra hour of sleep before the Long event.

Dogs

Dogs are not allowed at any of the event sites.

Event Centres

Each race will have an Event Centre which will incorporate Registration, toilets, First Aid during the forest events, the Finish, and the unofficial O-Lynx results display. There will be some tent space available for competitors, so participants are encouraged to bring their own tents, especially if the weather forecast promises rain. If we are not at Level 1, Event Centres will be configured to ensure safe distancing.

Cell phone coverage is available at the Sprint, but will be very patchy / not available at the event centres used for the Long, the Middle and the Relay.

Zero Waste Event

NZOC2021 aims to be eco-friendly, and minimise waste, following the Auckland Council Zero Waste Event guidelines. NZOC2021 runs a 'carry in, carry out' policy, so if you carry it into the venue, please carry it out again.

There will be bins provided for recyclable or compostable waste (plastic, glass, cans, paper, cardboard, organic materials).

Child care

Parents need to make their own child care arrangements. An unsupervised tent will be available as a shelter for parents minding children; children are not to be left in the tent unattended.

Whistles

It is strongly encouraged to carry a whistle for the three forest events. There are a limited number of whistles available for purchase at Registration for \$3, on a strictly first-come, first-served basis.

Results

Provisional live results will be displayed on the O-Lynx screens at the Event Centre. This will include information from the radio controls updating competitors' progress on the course. Official results will be available on the results page of the [NZOC2021 website](#) and [Winsplits](#) as soon as possible after each event finishes. WRE results will be uploaded to IOF Eventor.

Route Gadget course maps for each event will be published as soon as possible after the event.

Commentary

Race commentary will provide news and results based on live feeds from O-Lynx radio controls and recent downloads, and as such will be 'unofficial' times.

Photos and Videos NZOC2021

During the event, photos and videos will be taken and published on the NZOC2021 Facebook page. We encourage anybody who would like to share their photos and published on the Facebook page, to please contact the organisers via [email](#), ideally before the event.

Health

All participants are expected to be fit and well enough to compete, and to comply with the New Zealand Government and ONZ Covid guidelines.

Participants are required to carry their own medication if required, e.g. inhaler for asthmatics, sweets for diabetics, and epi-pen or adrenaline for those with severe allergies. It is the competitor's responsibility to notify the Event Coordinator and Controller of any potentially serious personal health challenges by completing a form for that purpose at Registration before their first race of the Easter weekend.

First Aid

An external medical service provider will be available at all forest events. However, we would also ask that you bring your own first aid kit, and tend to minor injuries such as cuts and grazes yourself. For the forest events, the minimum driving time to the hospital will be around 90 minutes.

For the Sprint, the closest emergency centre is:

Shorecare Urgent Care Northcross, 948 East Coast Road, Northcross, Auckland (09 486 7777)

The closest hospitals are:

North Shore Hospital, 124 Shakespear Road, Takapuna, Auckland (09 486 8900)

Waitakere Hospital, 55-75 Lincoln Road, Henderson, Auckland (09 839 0000)

Weather

The weather at this time of the year can vary, with temperatures between 8 and 22 degrees Celsius. New Zealand is a small landmass surrounded by ocean, and the weather is therefore quite variable and prone to rapid changes: it could be wet and cold, so be prepared. In the event of bad weather full body cover will be essential with thermals. Please also be prepared with sunscreen and extra water if it turns out to be a lovely warm Auckland autumn day.

Clothing

Full body cover is recommended during the three forest events, to protect arms and legs from pampas grass cuts. For the Sprint event running shoes are preferable, rubber studs are allowed, but metal tipped studs are not.

3. NZOC2021 Competition details

Start Lists

Start lists for all four events will be published on the event website as soon as possible, but no later than Sunday 28 March 2021. A copy of the Start List will be available at Registration during the event.

The start list for the WRE races are compiled in accordance with IOF Rule 12.19, and drawn according to IOF World Rankings downloaded on March 16, 2021. Start Lists and results are published on the NZOC2021 website. There is a reversed start order where the best-ranked athletes start at the end of the start field.

There is a special WRE start list procedure as per IOF Rules (for M/W 20 & 21 elite classes only). All WRE entrants are classified as M/W 21E: in other words, as a single class. The start lists for the WRE courses will also be published on IOF Eventor, as will be the results.

Start Time Requests

Specific start time requests can only be considered for parents of young children who may need split starts, and event officials, including volunteers.

Due to WRE requirements, start time requests may not be possible when participants are running in the WRE part of the Middle and the Long.

Punching System

The SportIdent (SI) punching system will be used in all NZOC2021 events in accordance with the ONZ Policy on Touch-free punching.

Both types of SI cards will be available for hire: regular cards at \$3 per event, SIAC cards \$6 per event. At least 150 SIAC cards will be available for hire, on a strictly 'first come, first served' basis.

When hiring an SI card, make sure you return the card at downloading after your last race of the championship. Lost or broken SI cards will incur a charge of \$50 (SI) or \$90 (SIAC) to cover the cost of a replacement.

Classes

Competitors are divided into classes according to their gender and age, and women may compete in men's classes:

- Class eligibility is determined by the participant's age on 31 December 2021.
- Competitors aged 20 or younger are eligible to run in each class up to the end of the calendar year in which they reach the given age. They are entitled to compete in older classes up to and including 21.
- Competitors aged 21 or older are eligible to run in each class from the beginning of the calendar year in which they reach the designated age. They are entitled to compete in younger classes down to and including 21.
- Classes offered for NZOC21– Men and Women:
 - ◇ A-Classes: 12, 14, 16, 18, 20, 21, 35, 40, 45, 50, 55, 60, 65, 70, 75, 80, 85
 - ◇ AS-Classes: 21, 40, 55
 - ◇ B-Classes: 12, 14, 16, 20, 21, 40
 - ◇ Elite Classes: 20, 21
 - ◇ Other: 10, Novice, Easy, Very Easy

Classes—WRE

For M/W21E, the Long Distance and Middle Distance are WRE events. In the Middle Distance, M/W20E will run the same course as M/W21E and can also gain World Ranking points.

Shadowing

Shadowing by parents is not permitted in any championship classes, including M/W10A. If parents wish to shadow

or directly assist their younger children, the children must be entered in the non-competitive M/W10N (Novice) class.

Winning times

Target winning times for all classes will be in line with ONZ guidelines, and will be available on the event website and in the second version of the bulletin.

Model event

At the time of writing this bulletin, no details are available regarding participation in a model event ahead of the Long and/or the Middle. Once this information is available, it will be published on the event website, the newsletter and the Facebook page.

Maps

Competition maps are digitally printed on synthetic waterproof paper (Teslin). The maps are produced using the current International Specification for Orienteering Maps (ISOM), or the current International Specification for Sprint Orienteering Maps (ISSprOM).

The control descriptions are in the form of symbols and in accordance with the [IOF Control Descriptions](#). Both IOF symbols and English written descriptions will be available for age classes 14 and under and for B, Easy, and Very Easy courses.

Relay Format

The National Interclub Relays will be contested between Club-based teams as shown in the table, and according to the rules below:

Relay format			
Class	Allowed classes	Difficulty	Leg Win Time
Mixed Open	Open	Red	30-35 mins
Mixed Masters	MW40+	Red	25-30 mins
Mixed Veterans	MW60+	Red	20-25 mins
Mixed Short	1. Up to MW16, All B classes	Orange	25 mins
	2. Up to MW12, MW12B classes	White	15 mins
	3. Up to MW14, MW12B-14B classes	Yellow	20 mins
Open Short (use Mixed Veterans course)	Any age/gender/club	Red	20 mins

- Relays must consist of 3 legs with 3 person teams.
- All teams to contain at least 1 female, (except Open short), who may run any one of the legs.
- The length of leg 2 on red classes is shorter than legs 1 and 3, corresponding to the expected female winning time on leg 2.
- Small clubs with less than 30 members may combine with another club to form a composite team in any class. These composite teams will be an official entry.
- The Open Short class is intended for those unable to fit into a standard club team. The course run will be the same as Mixed Veterans.
- Unofficial teams may run in any class.

The criteria used to determine eligibility for Relay legs is as follows:

- The eligible class for a competitor is their actual age class.
- A competitor who runs an E, A, or AS class in the Long will not be eligible to run a B in the Relay.
- The eligible race-class (E, A, AS, B) is the class the competitor contested for the Long (or the Middle if the Long was not contested).

When registering online to participate in the Relay, the only requirement is to choose a preferred class, depending on your age.

Orienteering clubs will be contacted before the event with an overview of their members participating in the Relay event, to assist with Relay team formation. The Relay team composition per club will need to be confirmed during the event, Saturday 3 April 2021 by 5pm latest: earlier is no problem.

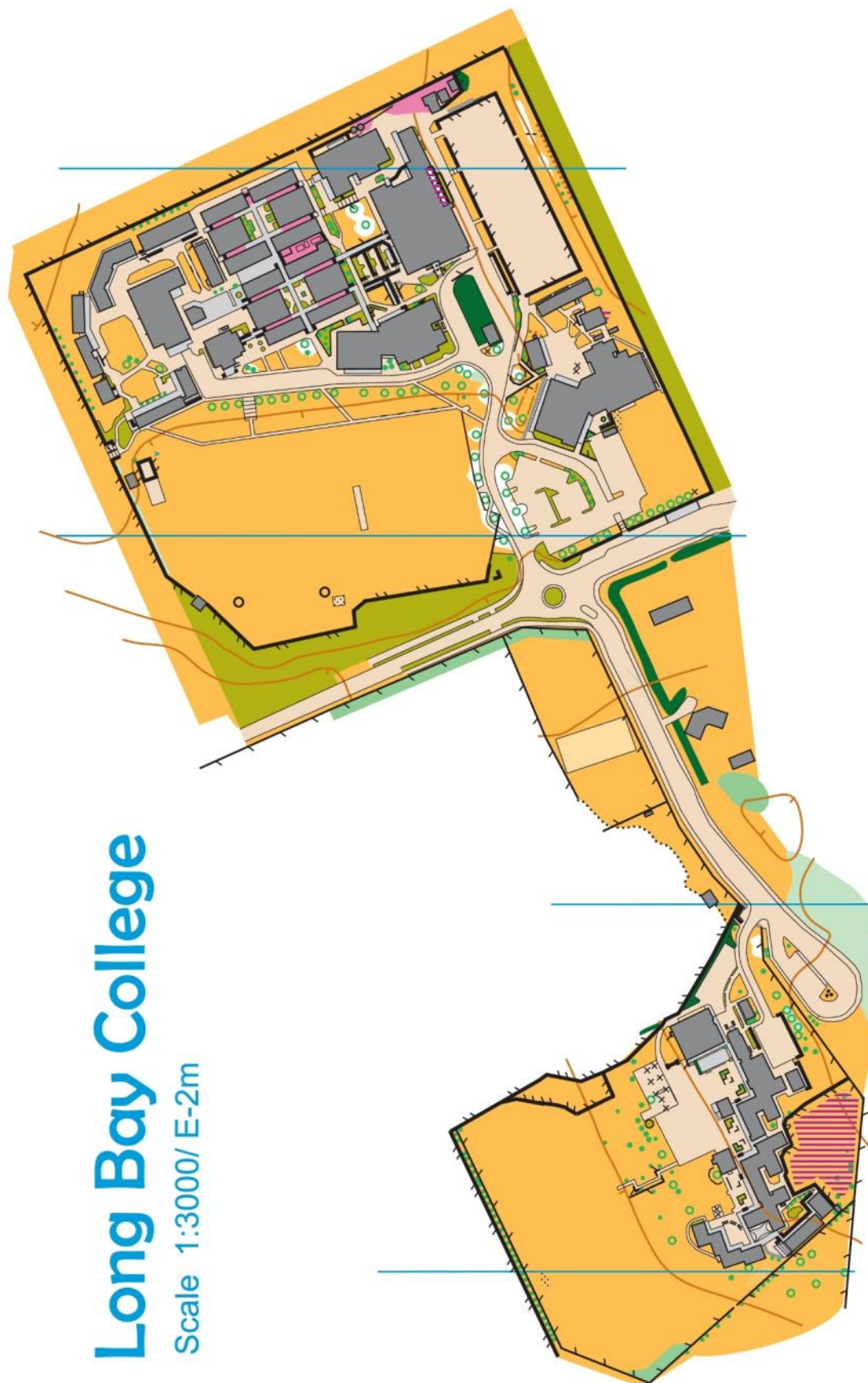
Complaints and Protests

Complaints and protests will be handled in accordance with the [ONZ rules 27, 28, 29 and 30](#). The only exception to this procedure will be in the case of WRE events for elite runners, which are handled in accordance with the [IOF rules](#).

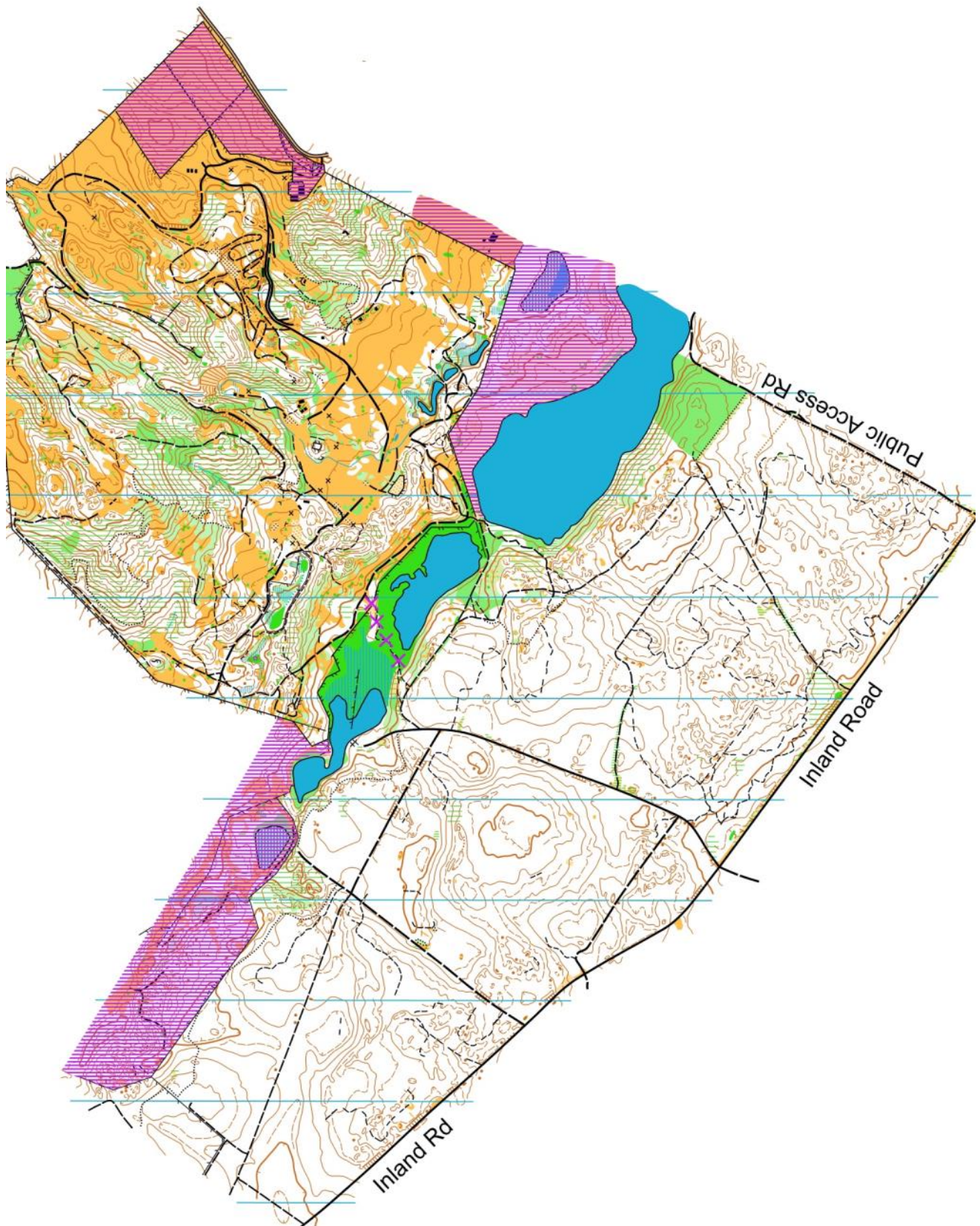
Appendix 1: Previous maps of embargoed areas

Please find enclosed older maps of the current embargoed areas for NZOC2021. These maps are available in higher quality on the event website.

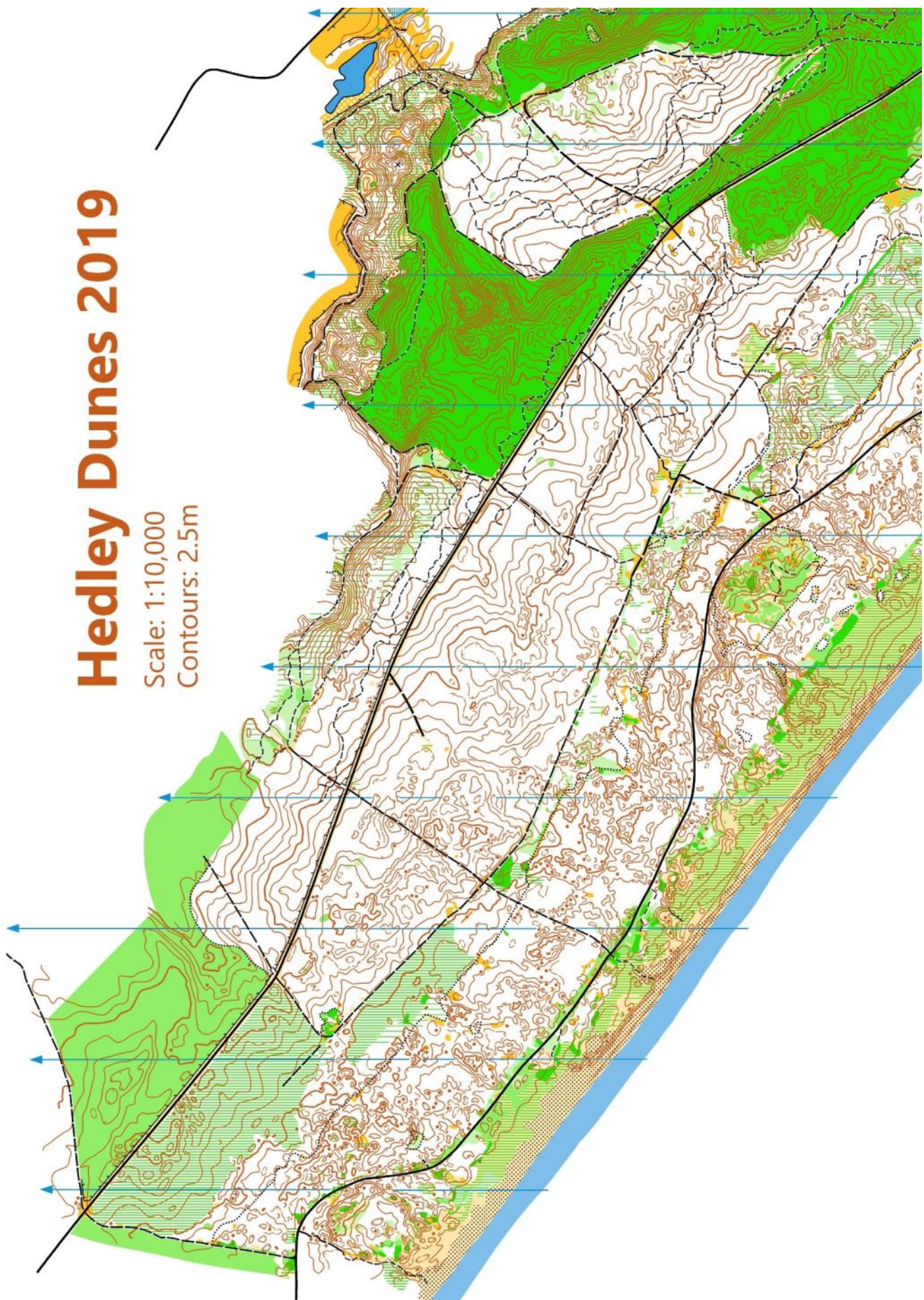
On the day of the competition, the use of any map of the competition area by competitors or team officials is prohibited until the last participant has started.



Lake Kereta Map:



Hedley Dunes—terrain similar to be expected for the Long and Middle:



Notes: