

AXIØMA EUROPEAN JUNIOR AND YOUTH MTB ORIENTEERING CHAMPIONSHIPS 2022

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CX80 MTB ORIENTEERING WORLD CUP ROUND 1

Ignalina, Lithuania 18-22 May 2022















IGNALINA DISTRICT MUNICIPALITY

BULLETIN 1

Welcome!

Lithuanian Orienteering Federation is excited to welcome the participants of the European Junior, Youth and Elite Championships on the 18-22nd May 2022 in Ignalina.

1. Organization

ORGANISERS

Lithuanian Orienteering Federation

Ignalina District Municipality

MTBO Renginiai

European MTBO Championships and MTBO World Cup are organised under the authority of the International Orienteering Federation (IOF)

ORGANISING TEAM

Event Director: Competitions director:

EVENT ADVISORS

IOF Senior Event Adviser: National controllers:

CONTACTS

Phone: Email: Website: Facebook: Roma Puišienė (LTU) Jurgis Rubaževičius (LTU)

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2. Programme

Date	
Wednesday, May 18	Team Arrivals, Model event
Thursday, May 19	Opening ceremony, SPRINT (all categories)
Friday, May 20	MIDDLE distance for EJYMTBOC, rest day for Elite
Saturday, May 21	LONG distance (all categories)
Sunday, May 22	RELAY for EJYMTBOC, MIXED RELAY for EMTBOC Closing ceremony and Departure

Programme is preliminary. Subject to changes.

3. Venue

European MTB Orienteering Championships 2022 will take place in Ignalina, a town surrounded by lakes and lovely landscape in Eastern part of Lithuania.

It's a small town with only around 5000 people living there, nevertheless, it is a key tourist destination of the Aukštaitija National Park all year round. However it is most popular during summer season, as a lot a lot of tourists come to visit Aukštaitija national park for canoeing, hiking and biking activities. In winter, due to it's favourable geographical location and recently built Winter Sports Centre, Ignalina becomes top destination for all kind of winter activities – cross-country, downhill skiing, biathlon and many more.

Ignalina is also well known due to Ignalina nuclear power plant that was build in a newly founded town (Visaginas) in 30km distance. With 4 reactors in action, it was designed as world's most powerful nuclear power station at that time. Chernobyl and Lithuania's independence resulted in closure of the station and dismantling of all 3 reactors that were built.

Ignalina is beloved by the tourists for its ability to satisfy the desires of its visitors to experience the nature and entrainment without sacrificing authenticity.



From Vilnius Airport	-	126 km, 1:45 hours drive
From Kaunas Airport	-	157 km, 2:10 hours drive
From Riga Airport	_	265 km, 3:25 hours drive



4. Event center (EC)

Winter Sports centre Lithuania

address: Sporto str. 3, Ignalina website: <u>http://lzsc.lt/</u>

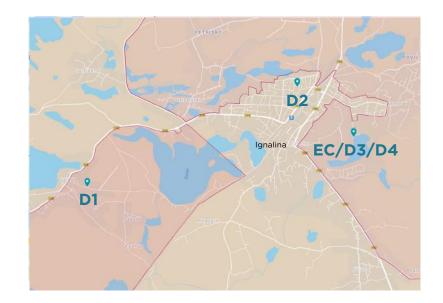


The Event Center will be site for the Event Office and Team leaders' meetings as well as main bike storage area. Long distance and Relay arenas will be located next to the Event Center

There is no accommodation capacity at the EC, however there are number of accommodation options nearby. More information in Accommodation section below.

Distances to the Event Center:

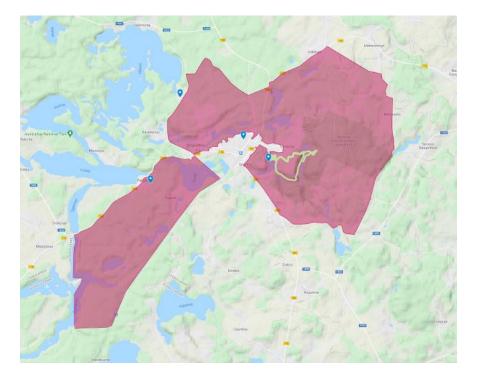
- 6,7 km from the EJYMTBOC middle-distance arena (D1),
- 1,7 km from sprint distance arena and the town centre (D2),
- 0,0 km from the long distance and relay arena (D3/D4).





5. Embargoed Areas

Below is an overview of the embargoed areas. Detailed maps of all embargoed areas can be found on the organizer's website <u>www.mtbo.lt</u>.



The areas marked on the map are embargoed for all orienteering activities, unless specifically permitted by the organiser. The embargoed areas are out of bounds for all potential participants and team members, including competitors, team leaders, coaches, doctors, escorts, and any other person with potential connection to a team (athletes or others). This means that all potential participants and team members are not allowed to visit these areas with or without a map at all, regardless of whether it is an orienteering activity or a training session, a walk with the dog or a leisurely Sunday stroll.

The full embargo is also valid for the area marked in red in the city of Ignalina (see enlarged map below). So potential participants and team members (detailed definition see above) are not allowed to enter city center prior to May 18, 2022.



Biathlon loop, marked by the green line on the map can be visited on foot, skis or rollers without an orienteering map, but any orienteering or MTBO activity is restricted and it is strictly forbidden to ride a bike there.

6. Maps and Terrain description

Ignalina (Sprint)

Terrain form:	Mostly gently sloping
Vegetation:	A mixture of park terrain, urban areas and forested areas (dominating pine wood)
Speed:	Most tracks are easy rideable
Visibility:	Mostly good
Paths and roads:	Urban areas and forested areas with a dense network of paths

Palūšė (Middle)

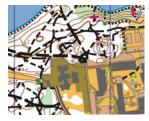
Terrain form:	Mostly flat
Vegetation:	Coniferous and deciduous forest with dominating pine wood
Speed:	Mostly good and fast with some sandy roads which are typical in dry weather conditions
Visibility:	Good, but limited in dense areas
Paths and roads:	Average density forest roads and paths

Ažušilė (Long)

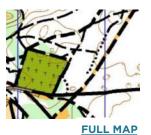
Terrain form:	Hilly with few steep slopes.
Vegetation:	Coniferous and deciduous forest.
Speed:	Mostly good and fast on forest roads, but limited on single tracks
Visibility:	From good to very limited in dense areas
Paths and roads:	Average density network of paths and forest roads and areas with few paths and roads.

Ignalina (Relay)

Terrain form:	Mostly flat with few steep slopes. Urban areas and forested areas
Vegetation:	Dominating deciduous forest
Speed:	Mostly good and fast
Visibility:	From good to very limited in dense areas
Paths and roads:	High density network of paths and roads on urban part of the map, and average density of
	forest roads and tracks



FULL MAP





FULL MAP



FULL MAP

7. Classes and Participation Restrictions

Classes

EMTBOC, Word Cup - W21, M21 EYMTBOC - W17, M17 EJMTBOC - W20, M20

European MTB Orienteering Championships World Cup

There is one class for women (W21) and one for men (M21). There are no age restrictions.

For the individual competitions each federation may enter a maximum of 6 riders in each class. The current European Champions and World Champions for each competition format shall be given a wild card in addition to the entries from her/his Federation.

For the Relay each Federation may enter 4 teams, each consisting of 3 riders. Only the best-performed team will qualify for the prize list. Incomplete relay teams may compete in the Relay but must start at least 15 minutes later than the official teams. Under no circumstances may persons other than entered competitors participate in the competition.

European Youth MTB Orienteering Championships

There is one class for women (W17) and one for men (M17) Only competitors who are born in 2005 or later are entitled to compete in these classes.

For the individual competitions each federation may enter a maximum of 6 riders in each class. The organising Federation may have two additional competitors as official EYMTBOC competitors in the individual competitions.

For the Relay each Federation may enter a maximum of 2 teams, each consisting of 3 riders in each class.

European Junior MTB Orienteering Championships

There is one class for women (W20) and one for men (M20). Only competitors who are born in 2002 or later are entitled to compete in these classes.

For the individual competitions each federation may enter a maximum of 6 riders in each class. The organising Federation may have two additional competitors as official EJMTBOC competitors in the individual competitions.

For the Relay each Federation may enter a maximum of 2 teams, each consisting of 3 riders in each class.

Competitors representing member federations of the IOF, defined by the International Olympic Committee as belonging to the European continent can compete in the EMTBOC and EJYMTBOC. Competitors representing other member federations of the IOF can participate in the EMTBOC and EJYMTBOC but they will not be eligible for European titles, medals or diplomas.

PUBLIC RACES

Open competitions might be offered. More information in Bulletin 3.

8. Accommodation

There is a limited accommodation spaces at the competition center (total 40), therefore recommended accommodation list with the special pricing in the surrounding area will be provided.

There are several small hotels in the area, and for those wishing to stay at a hotel it is recommended to book one well in advance. Other accommodation options will be provided at the local agricultural tourism farmsteads, but please be aware - not all of them provide catering services.

9. Travel information

TRANSPORT

Ignalina is in a driving distance from Vilnius, Kaunas or Riga international airports, so the most convenient way is to rent a car in one of these airports.

If you don't have rental car, transport from Vilnius airport or from Vilnius railway station to Ignalina is possible by Coach or by Train. Event center is located 5km from Ignalina's Railway station and Coach terminal.

All events are accessible by bike:

- EC -> Sprint competition arena: 1,7 km
- EC -> Middle competition arena: 6,7 km
- EC -> Long competition and relay arena: 0,0 km

VISAS

Lithuania is a full Schengen member state. The following IOF full member countries that require a visa entering Lithuania are: Belarus, China, Colombia, Kazakhstan, Moldova, Mongolia, Russia, South Africa and Turkey.

Application for the visas should be submitted at the nearest Lithuanian embassy. The organizers will assist participants in the process of obtaining visas.

Please make sure that you allow for sufficient time (at least 3 months) for invitation letters and visa processing.

Please note that visa regulations are subject to change. Please double-check your specific visa requirements.

10. Opportunities for training

Prior to the EMTBOC and EYJMTBOC

The official training camp will be organized in Vilnius, in early spring 2022, in the areas closely resembling the terrains of the EMTBOC and EYJMTBOC championships

Official training

Controls (with no SI boxes) will be placed in the training area from 12am to 4pm on Wednesday, May 18 (SI boxes will be set from 2 pm). Maps will be available at the event office. No registration is needed.

Model event

Model event will be organized on Wednesday, May 18 between 2pm and 4pm, using the controls of the training. 2pm is the start of the Model Event with free start times.

11. Other Information

LOCAL WEATHER CONDITIONS

The end of May in Lithuania is usually pleasant and warm with temperatures ranging from +17°C to +25°C. However rainy days are not unusual.

MEDIA

We welcome all media representatives to the European MTBO Championships 2022. For media accreditation and more information please contact us on <u>info@mtbo.lt</u>

USEFUL LINKS

Interactive Lithuanian O-Maps database - trails.lt

Ignalina county website – <u>ignalina.lt</u> Ignalina tourist information – <u>ignalina.info</u> Aukštatijos National Park website – <u>aparkai.lt</u> Lithuania visitor info – <u>welovelithuania.com</u>

Vilnius airport website - <u>vilnius-airport.lt</u> Kaunas airport website- <u>kaunas-airport.lt</u> Riga airport website- <u>riga-airport.com</u> Lithuania Railway tickets- <u>traukiniobilietas.lt</u> Intercity coach tickets- <u>autobusubilietai.lt</u>