

### Dear orienteering friends!

Welcome to the Netherlands and especially to the Veluwe. On behalf of the organizing team it is a great pleasure to wish you a warm welcome to the 2 Days of North-West Veluwe 2015. Just before the end of the season we offer you some of the finest orienteering terrains in the middle of the Netherlands. You can expect the ultimate mix of fast orienteering and challenging contour detailed terrain.

The map "Zandenbos" give us the opportunity to use moderately hilly terrain which consists of deciduous forest and small heather areas with a developed network of paths and forest roads. We offer you an attractive middle distance race in challenging typically North-West Veluwe terrain, in which we try to use the characteristic terrain features as good as possible. We hope you will enjoy this event as a participant as much as we do by organizing it for you.

Peter Foppen Event Director 2 Days of North-West Veluwe 2015

# Organisation

#### **Organising Committee**

Peter Foppen - Event Director Wouter Foppen - Course setter Dorine de Vries-Sala - Secretary, Results Niels-Peter Foppen - Media & IT services Hans Kuijken - Start official

#### **Event Advisor**

Ton de Vaan IOF Event Advisor, NED







#### Venue



The Competition Centre is located at: Van Petersom Ramringweg, Nunspeet GPS: 52.363215, 5.823514

### **Programme**

Friday, October 23, 2015 Day 0 - Night sprint

#### Saturday, October 24, 2015

Day 1 - 2 Days of North-West Veluwe 2015 10:00-16:30

WRE 2 Days of North-West Veluwe 2015 12:00-15:15

- First Start women 12:00
- First Start men 12:00

#### Sunday, October 25, 2015

Day 2 - 2 Days of North-West Veluwe 2015 10:30-15:00 Price giving ceremony 14:30

### Competition

**Format** Middle distance, individual start,

winning times 35' men and women.

Map Orienteering map (ISOM 2000),

summer 2015, scale 1:10'000,

2.5 m contours.

Terrain:

Terrain form Moderately hilly.

Vegetation Coniferous and deciduous forest.

Some small areas of heathland.

Runability Most parts fairly good. Visibility Good to moderate.

Roads Some forest roads and hiking trails.

**Prestart** Model map in prestart area.

**Start** Approximately 1km from Competition

Center.

**Finish** At the Competition Center.

# Courses (preliminary)

Men 7 km, winning time 35'
Women 6 km, winning time 35'

### **Embargoed Areas**



The competition area "Zandenbos" is embargoed area. For competitors, and others who, through knowledge of the terrain or the competitions, may influence the results of the competitions, it is prohibited to enter the embargoed areas.

The embargo is valid until the day prior to the competition. Special rules by the organizer will be valid at the day of competition.

# **Competition Rules**

The Competition Rules for IOF Foot Orienteering Events 2015, valid from 1 January 2015 apply.

# **Punching System**

The punching system used is SPORTident. Athletes may use their own SI-Cards. A SI badge can be rented for a rate of EUR 2.

# **Entry**

Deadline Sunday October 10, 2015 (19:00 CET)
Entry fee Until 28-08-2015 - EUR 17.50

ry fee Until 28-08-2015 - EUR 17.50 After 28-08-2015 - EUR 20.00

#### **Payment**

Entry fees have to be paid before Sunday October 10, 2015 (19:00 CET). Please note that it is the applicants' duty to add possible bank charges to the payments.

IBAN: NL77TRIO0390919225

BIC: TRIONL2U

To the credit of MINOR 't Harde

### Pricegiving ceremony

The 2 days of North-West Veluwe 2015 consist of 2 races. An overall ranking is made over both races.

A pricegiving ceremony for the overall ranking and the WRE will take place Sunday, October 27 after the race.

# Clothing

There are no regulations on shoes and clothing, but it is recommended to cover arms and legs to avoid tick bites.

# **Anti Doping**

Doping is forbidden. IOF Anti-Doping Rules 2015 apply, valid as of January 1, 2015.

#### Accommodation

There is a wide range of B&B, holiday parcs, group accommodation and hotels available in and around Harderwijk. You find a list with accommodations on our website: www.2daagsenwveluwe.nl.

Do not hesitate to contact the Event Secretariat if you need help.

#### Weather

Average temperatures The Netherlands in October; day average 13° C, night 7° C.

#### Visa Permits

The prerequisite for immigration into The Netherlands is a valid passport. For immigrants from certain countries visa or further documents are required. Please check with your embassy if you need visa permits.

#### Insurance

The organisers decline any liability that might occur through participation in the 2 Days of North-West Veluwe 2015 WRE. Each athlete is responsible for his/her own insurance coverage (illness and accident).

#### Information

Mobile +31 6 224 62 902 entry@olvminor.nl www.2daagsenwveluwe.nl

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