

Special Rules for the European Junior and Youth Orienteering Championships 2020 in Salgótarján, Hungary

Changes to Appendix 8: EUROPEAN YOUTH ORIENTEERING CHAMPIONSHIPS of the IOF Competition Rules valid as of 1 February 2020 are marked in red.

The European Junior and Youth Orienteering Championship (in short EJYOC) is the official event to award the titles of European Junior Champion and European Youth Champion in Orienteering. It incorporates the European Junior Orienteering Championships (EJOC) and the European Youth Orienteering Championships (EYOC). The event is organised under the authority of the IOF and the appointed Federation.

The event shall follow the IOF Competition Rules for the Junior World Orienteering Championship (JWOC) unless otherwise stated in these Rules.

1. Principles for EJYOC

The championship shall be organised in accordance with the following principles:

- The best junior orienteers of each European Federation shall be offered competitions of the highest technical quality.
- The event shall have a social, rather than a competitive atmosphere, letting young people exchange experience and find new friends.
- The costs of participation shall be kept low.

2. Event programme

The programme shall include a sprint distance final, a Long distance final and a relay for national teams with 3 legs as well as an opening ceremony, a closing ceremony and adequate model events. The programme shall be kept within 3 days

3. Participation and Classes

Competitors representing member Federations of the IOF, defined by the International Olympic Committee as belonging to the European continent, can compete in EJYOC.

Competitors representing other member Federations of the IOF can participate in EJYOC but will not be eligible for European titles, medals or diplomas.

In the individual competitions a Federation may enter a maximum of 4 competitors in each class.

The EJOC is divided into two classes for the following age categories:

- **W -20:** for female athletes who are no more than 20 years old on 31 December of the year of the competition.
- **M -20:** for athletes who are no more than 20 years old on 31 December of the year of the competition.

The EYOC is divided into four classes for the following age categories:

- **W -16:** for female athletes who are no more than 16 years old on 31 December of the year of the competition.
- **W -18:** for female athletes who are no more than 18 years old on 31 December of the year of the competition.
- **M -16:** for athletes who are no more than 16 years old on 31 December of the year of the competition.
- **M -18:** for athletes who are no more than 18 years old on 31 December of the year of the competition.

All entered runners may run in both individual competitions. Women may compete in men's classes and runners may compete in any older age group (including an EYOC athlete running in an EYOC relay team).

If a Federation is unable to make up full relay teams (even with women running in men's classes), it may form incomplete teams or teams with runners from other Federations. Under no circumstances may persons other than entered competitors participate in the competition. Incomplete teams and teams with runners from more than one Federation are not placed on the official result list.

All teams shall start together (mass start).

4. Starting order, start interval, winning times

The start interval in the Long distance competition is 2 minutes and in the Sprint distance is 1 minute.

Starting time is drawn randomly in 4 starting groups. Competitors from the same Federation shall not start consecutively.

Winning times:

Class	Sprint	Long	Relay
W -16	10-12 min	35-40 min	75 min
W -18	10-12 min	40-45 min	90 min
W -20	12-15 min	50-55 min	90 min
M -16	10-12 min	40-45 min	90 min
M -18	10-12 min	45-50 min	105 min
M -20	12-15 min	60-65 min	105 min

5. Maps

The map scale for Long distance may be 1:10000.

6. Prizes

Medals for all the competitions (3 medals in each class / competition, 3 sets of medals in each class in the Relay) and diplomas for places 1-6 shall be provided by the IOF.

The Federations having the highest team scores shall be awarded with team prizes.

Representatives of the organising Federation and the IOF shall perform the prize-giving ceremonies.

7. Team Scores

The scores are calculated separately for EJOC and EYOC as sum of points of three (3) competitions in all classes according to the following rules:

Individual Competitions:

In Sprint: 2 best result (in points) in each class.

In Long: 2 best result (in points) in each class.

All competitors having a position below 55th place get 1 point.

Competitors who are not placed get no points.

Points Table:

Place	Points	Place	Points	Place	Points	Place	Points
1	70	16	40	31	25	46	10
2	63	17	39	32	24	47	9
3	58	18	38	33	23	48	8
4	55	19	37	34	22	49	7
5	53	20	36	35	21	50	6
6	51	21	35	36	20	51	5
7	49	22	34	37	19	52	4
8	48	23	33	38	18	53	3
9	47	24	32	39	17	54	2
10	46	25	31	40	16	55	1
11	45	26	30	41	15	56	1
12	44	27	29	42	14	etc.	1
13	43	28	28	43	13		
14	42	29	27	44	12		
15	41	30	26	45	11		

Relay Competition

Team points in each class.

All relay teams with position below 20th place get 5 points.

Teams with no placing get no points.

Points Table:

Place	Points	Place	Points	Place	Points
1	130	9	60	17	20
2	110	10	55	18	15
3	95	11	50	19	10
4	85	12	45	20	5
5	80	13	40	21	5
6	75	14	35	etc.	5
7	70	15	30		
8	65	16	25		

8. Jury

IOF appoints the jury. The organiser shall propose the 3 voting members who shall be from 3 different Federations.