



NIZHNIY NOVGOROD RUSSIA 18 – 21 AUGUST 2021

European MTB Orienteering Championships  
MTB Orienteering World Cup Round  
European Junior MTB Orienteering Championships  
European Youth MTB Orienteering Championships



Bulletin 1

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## Bulletin 1

### Organizers

**Russian Orienteering Federation**



Event Director: *Marina Povysheva*

Assistant Event Directors: *Pavel Shestakov, Ivan Povyshev*

National controller: *Maxim Kapitonov*

IOF Senior Event Adviser: *Sandor Talas*

### Information and Contact

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## Venue

Nizhny Novgorod is the capital of the Volga region and the fifth largest metropolis in Russia.

The history of Nizhny dates back to 1221. In the year of the competition Nizhny Novgorod celebrates 800 years.

The magnificent old Russian city is located at the confluence of the Oka and Volga rivers in the Central part of the East European plain, 400 kilometers East of Moscow.

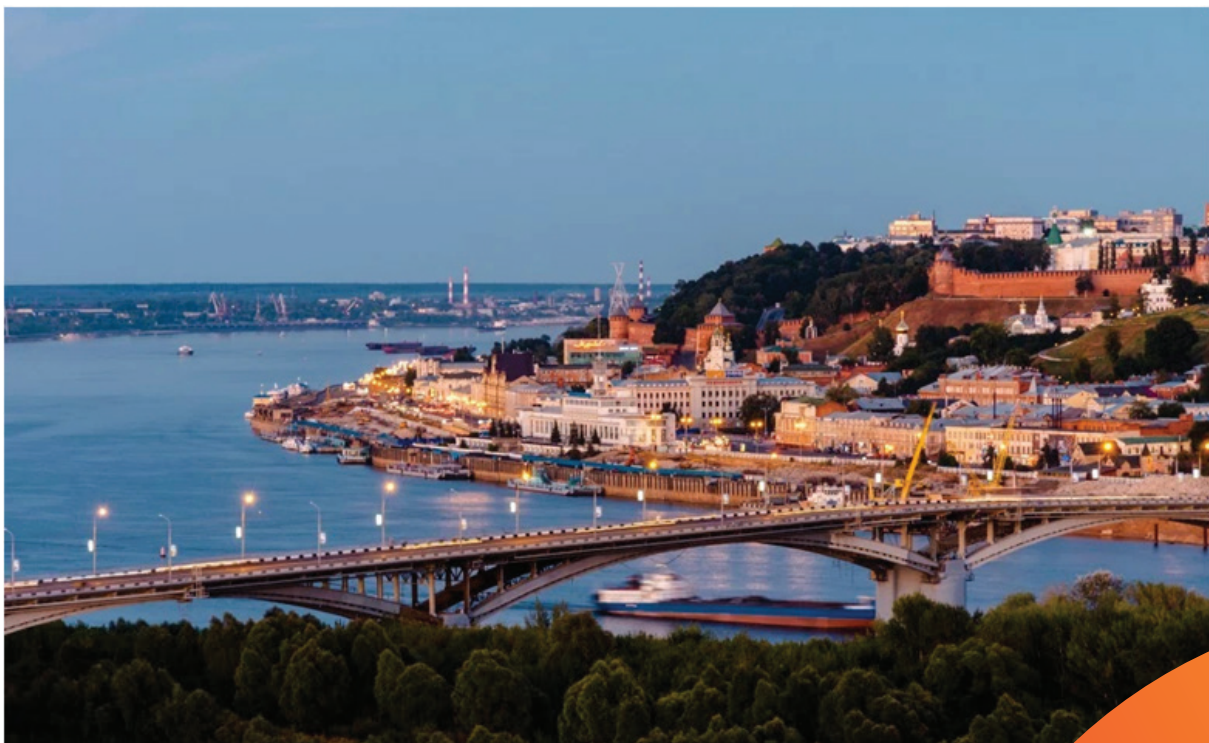
Nizhniy, as the townspeople call it, in our days has retained the spirit of antiquity. Volga pearl impresses with an abundance

of historical, cultural and architectural monuments, it is rightfully included in the hundreds of cities included in the UNESCO world heritage List.

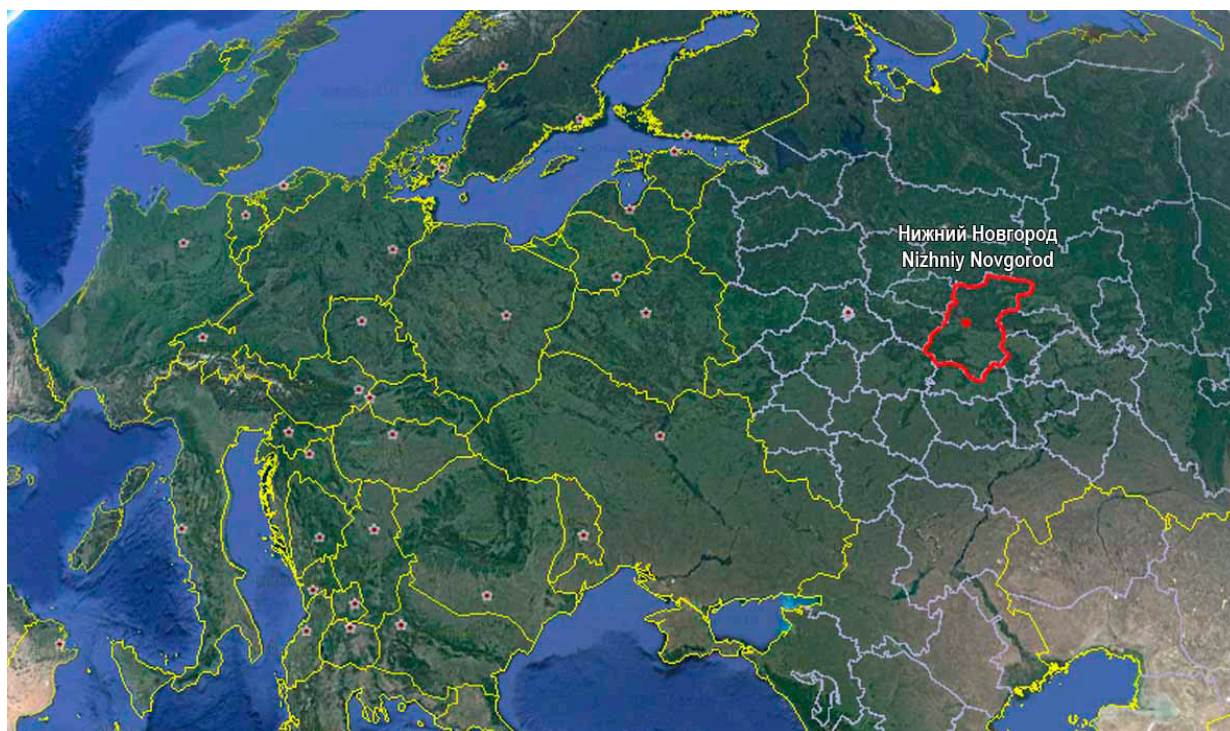
With a variety of landscape areas, Nizhny Novgorod is ideal for world-class orienteering competitions.

The last major event organized in Nizhny Novgorod is the international forum «Russia-sports power» (October 2019).

In 2018, Nizhny Novgorod hosted FIFA world Cup games.







## Competition program

Day	EMTBOC	EJMTBOC	EYMTBOC
17 August, Tuesday	Arrival, model	Arrival, model	Arrival, model
18 August, Wednesday	Arrival, model	Middle	Middle
19 August, Thursday	Mixed Relay	Relay	Relay
20 August, Friday	Mass Start	Long	Long
21 August, Saturday	Sprint	Sprint	Sprint
22 August, Sunday	Departure	Departure	Departure

# Classes and Participation Restrictions

On the European Championship athletes compete in Women's group (W21) and Men's group (M21) without age restrictions.

In the individual competitions, a Federation may enter a maximum of 6 riders in each class. In each competition format, the current World Champion and European Champion will be given a wild card in addition to the entries from his/her Federation.

In the relay, a Federation may enter 4 teams of 3 riders. Only the better-placed team will be on the results in the prize list.

In the World Cup athletes compete in the Women's group (W21) and the Men's group (M21) without age restrictions.

The number of competitors which may be entered by Federation in the individual event and the number of Relay teams will be published later by the IOF in Special Rules for World Cup 2021.

European Junior Championship athletes who are not more than 20 years old on 31 December 2021 compete in Women's 20 group (W20) and Men's 20 group (M20).

For the individual competition, a Federation may enter a maximum of 6 competitors in each class. The organizing Federation may have two additional competitors as official EJMTBOC competitors in the individual competitions. These competitors will start in the lowest-ranked start group. A Federation may enter 2 teams in the Relay. If a Federation is represented by two teams in a relay class, only the team with the best result is considered in determining the placings.

European Youth Championship on the European Junior Championship athletes who are not more than 17 years old on 31 December 2021 compete in Women's 17 group (W17) and Men's 17 group (M17).

For the individual competition, a Federation may enter a maximum of 6 competitors in each class. The organizing Federation may have two additional competitors as official EJMTBOC competitors in the individual competitions. These competitors will start in the lowest-ranked start group. A Federation may enter 2 teams in the Relay. If a Federation is represented by two teams in a relay class, only the team with the best result is considered in determining the placings.

After the completion of official competitions on August 18, 19, 20, the start of Open groups will be organized for M/W-14/21/40 athletes.

## Embargoed areas

The area marked in red on the Google map is prohibited for all kinds of orienteering unless specifically permitted by the organizer.

The embargoed areas are out of bounds for all potential participants and team members, including competitors, team leaders, coaches, doctors, escorts, and any other person with a potential connection to a team (athletes or others).

This means that no orienteering activity or training sessions may take place in these areas and that they must not be visited with or without a map.

The **blue marked area** in the city of Nizhniy Novgorod (*see link to google maps*) is restricted for any orienteering or MTBO activity. You can visit the area on foot or by car, but it is strictly prohibited to ride a bike.

The **green zone** in Nizhny Novgorod (*see link to google maps*) is open for orienteering and MTBO classes. This area will not be used for competitions and will be open before and during the competition. The map will be published and issued to participants upon arrival. Follow the information on the competition website.

The **orange zone** in Dzerzhinsk (*see link to google maps*) is open for orienteering and MTBO classes after the Russian Championship. The map will be published and can be used for training.

Information is updated on the [competition website](#).

Detailed information about the embargoed zones can be found at the link:  
[EMBARGOED AREAS ON GOOGLE MAPS](#)

## Training Opportunities

Information about training opportunities will be published on the website and subsequent bulletins as soon as there is more clarity on the epidemiological situation and dates when foreign sport teams can enter the Russian Federation.

## Previous Maps

Maps of previous competitions are at the links:

[emtroc2021.ru/img/old\\_maps/model.jpg](https://emtroc2021.ru/img/old_maps/model.jpg)

(Strigino 1:7500)

[https://emtroc2021.ru/img/old\\_maps/middle.jpg](https://emtroc2021.ru/img/old_maps/middle.jpg)

(Ankudinovka 1:10000)

[https://emtroc2021.ru/img/old\\_maps/relay.jpg](https://emtroc2021.ru/img/old_maps/relay.jpg)

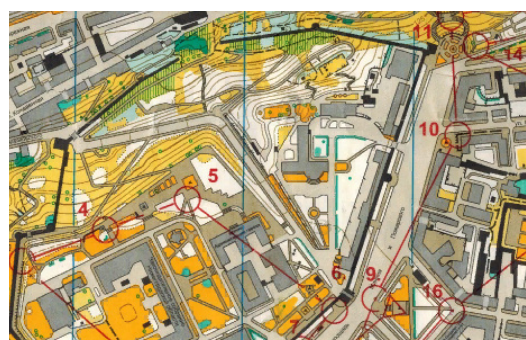
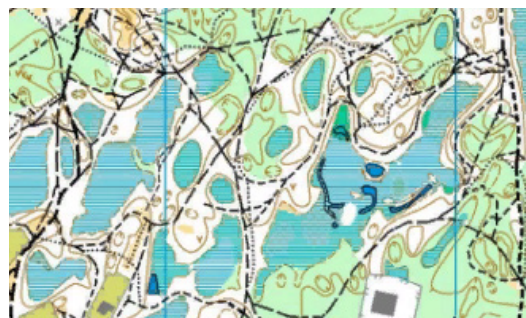
(Shelkovskiy hutor 1:10000)

[https://emtroc2021.ru/img/old\\_maps/mass\\_start.jpg](https://emtroc2021.ru/img/old_maps/mass_start.jpg)

(Dubravnyi 1:10000)

[https://emtroc2021.ru/img/old\\_maps/sprint.jpeg](https://emtroc2021.ru/img/old_maps/sprint.jpeg)

(Minina square 1:5000)



## Transport

Nizhny Novgorod is a large transport hub.

There is an international airport - <http://goj.aero>, with international flights from Antalya, Dubai, Minsk and flights from Barcelona in the summer.

The train station is – <http://nizhnijnovgorod.dzvr.ru>

Nizhny Novgorod is located 400 km from Moscow – 4 hours by train, 1 hour by plane.



# Contacts

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