



**IOF WORLD
MTB ORIENTEERING
CHAMPIONSHIPS
&
JUNIOR WORLD
MTB ORIENTEERING
CHAMPIONSHIPS**

Kuortane
June 10 - 18, 2021

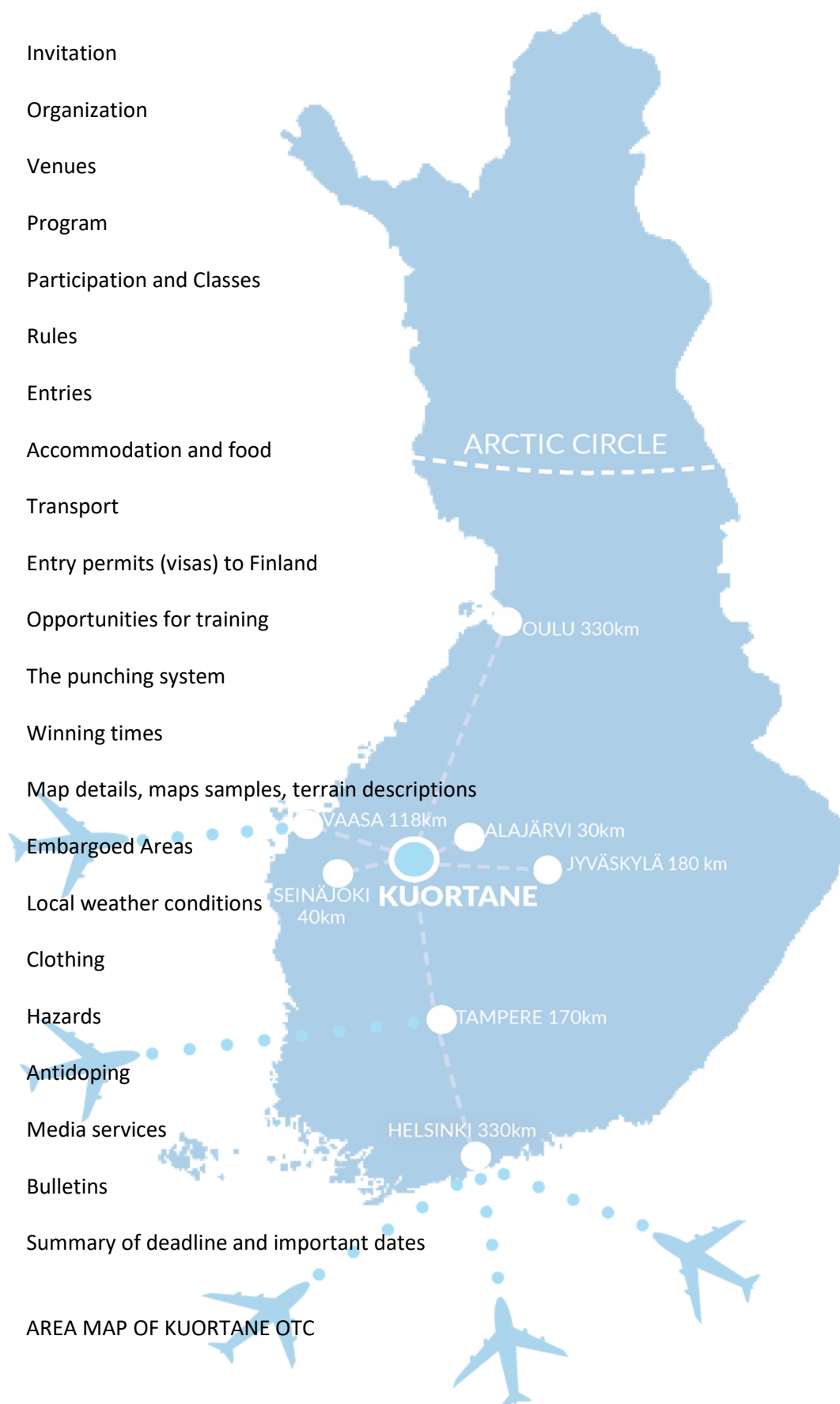
**BULLETIN
2**

MAY 2020



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INVITATION Dear friends of mountain bike orienteering,

On behalf of the Organizing Committee I am honored to invite all the IOF federations to take part in the World Mountain Bike Orienteering Championships 2021 in Alajärvi, Alavus, Kuortane and Seinäjoki in the beautiful region of South Ostrobothnia.

The close connection between physical activity and nature makes mountain bike orienteering particularly attractive for both competitors and spectators. During the championships, I hope that you will enjoy the unpolluted and fresh air and discover our country that is called the land of thousands of lakes and forests, as you may have heard. Despite you will be competing against each other as individuals and as national teams in the championships, I wish that you will spend time together, cheer each other and make friends with competitors all over the world.

We are looking forward to this remarkable sports event and we have done our best to make the 19th World Mountain Bike Orienteering Championships as great success. I hope you will have great time in Finland and I wish good luck to all competitors.

Tapio Korjus
President of the Organizing Committee
Director of Kuortane Olympic Training Center
Olympic champion in Javelin 1988



1. ORGANIZATION

Kuortane Olympic Training Center

Opistotie 1
63100 Kuortane
Finland
Tel. +358-516 6111
E-mail: wmtboc2021@kuortane.com
Websites: www.wmtboc2021.com, www.kuortane.com

Event Director

Ms Maarit Laitinen
E-mail: maarit.laitinen@kuortane.com
Tel. +358-6-516 6268

Competition Director

Mr Timo Laurila
E-mail: timo.laurila@outlook.com
Tel. +358-500 567 688

IOF Event Advisor

Mr Maxim Kapitonov (RUS)
E-mail: maximkapitonov@gmail.com
Tel. + 7-962-9583042 or +358-543 3508

National Advisor

Mr Tuomo Marttinen
E-mail: tuomo.ruuhimaki@gmail.com
Tel. +358-500-833 164

Media Liaison

Tanja Hietikko
E-mail: tanja.hietikko@kuortane.com
Tel. +358-6-516 6237

2. VENUES Event Center/Athletes' Village

The Championships' Event Center/Athletes' Village is located at Kuortane Sport Institute/Olympic Training Center, the same venue, where the 21st World University Orienteering Championship was successfully arranged in 2018. The Center offers high standard accommodation and catering services as well as meeting and sports facilities for all participants.



The Athletes' Village will be open from Thursday 10th till Friday 18th of June 2021.

For more information on Kuortane Sports Institute and its services and facilities, please visit: www.kuortane.com. Our Reception will also help you, if you need further information on available services.

Contact information:

Kuortane Olympic Training Center/Kuortane Sports Institute

Opistotie 1 (P.O. Box 49)

63100 Kuortane

tel. +358-6-516 6111

e-mail: reception@kuortane.com

www.kuortane.com

Competition Venues

Alajärvi is a town and municipality located in the South Ostrobothnia region. The town has a population of 9,752 and it covers an area of 1,056.74 km².

Alavus (Swedish: Alavo) municipality is located in the province of Western Finland and is part of the Southern Ostrobothnia region. The town has a population of 11,545 (31 January 2019) and covers an area of 1,151.46 km² (444.58 sq mi) of which 52.31 km² (20.20 sq mi) is water.

Kuortane is a small, lively municipality in Southern Ostrobothnia with an area of 485 km² and a population of about 3.500. Kuortane is set in a peaceful countryside environment on an idyllic lakeside. Kuortane is proven to be one of the safest surroundings in Finland (survey in 2015). The village is best known for the Olympic Training Center and the Sports High School.

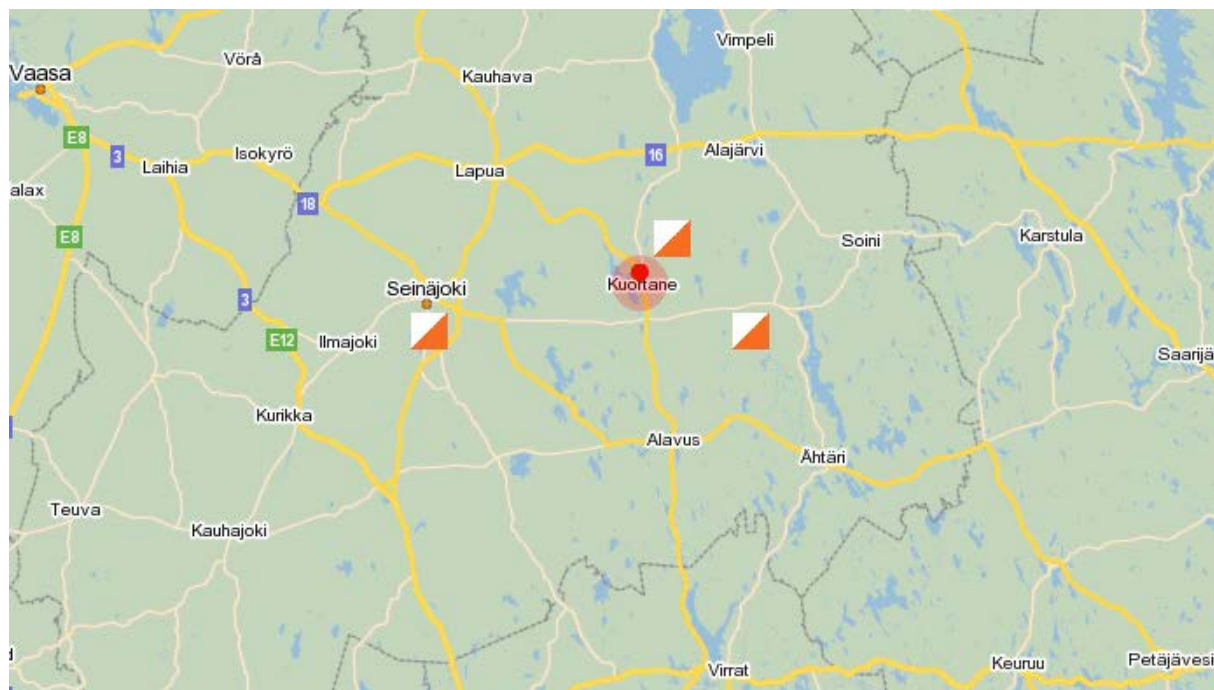
Seinäjoki is the centre of South Ostrobothnia and one of the fastest growing urban areas in Finland. Seinäjoki's population is 63.000 and it covers an area of 1.469,19 km². Formed by nine municipalities, the urban area of Seinäjoki has a population of 150,000.

Seinäjoki offers high-quality education from comprehensive school to university level as well as good employment opportunities and, as Finland's sixth largest market area, very competitive and attractive commercial services.

Seinäjoki is well known for its unique administrative and cultural centre, The Aalto Centre, designed by the architect and academic Alvar Aalto, as well as for its summer events e.g. Provinssirock, Solar Sound, Tangomarkkinat, and Vauhtiajot.



General map of the region



All the competitions will take place within about 30 minutes' drive by car from the Event Centre.

3. PROGRAM

DATE	EVENT
Thursday 10 th June	Arrivals/Model Events
Friday 11 th June	Arrivals/Model Events/Opening Ceremony
Saturday 12 th June	Mass start in Kuortane
Sunday 13 th June	Sprint in Seinäjoki
Monday 14 th June	Middle distance in Alajärvi
Tuesday 15 th June	Day off
Wednesday 16 th June	Long distance in Kuortane
Thursday 17 th June	Relay in Seinäjoki/Closing Ceremony/Banquette
Friday 18 th June	Departures

The program is subject to minor change.

4. PARTICIPATION & CLASSES

Competitors participate at their own risk. Third party insurance and personal injury insurance is mandatory and shall be the responsibility of their federation or themselves, according to national regulations.

World MTBO Championships (Women, Men)

- There is one class for women and one for men. There are no age restrictions.
- All competitors represent a Federation.
- In the mass start, middle distance and the sprint every Federation may enter up to 6 women and 6 men and, in addition, the current World Champions for the distance may be entered by their Federation(s) provided they are members of the federation's team.
- In the relay, each federation may enter 2 women's teams and 2 men's teams, each consisting of 3 team members. Incomplete teams and teams with cyclists from more than one federation are not allowed. Under no circumstances may persons other than entered competitors participate in the competition.
- For the long distance, the number of competitors who may enter is limited. The qualification rules are published as Special Rules decided by IOF Council and published at the latest by 31st January 2021.
- A competitor must have a valid IOF Athlete License.
- Each Federation may enter an unlimited number of team officials.

Junior MTBO Championships (W20, M20)

- There is one class for women and one for men. Only competitors who are IOF MTBO entitled to compete in the classes W20 or M20 may participate.
- All competitors represent a Federation. In each competition every federation may enter up to 6 women and 6 men.
- In the relay, each Federation may enter 2 women's teams and 2 men's teams, each consisting of 3 team members. Incomplete teams and teams with cyclists from more than one Federation are not allowed. Under no circumstances may persons other than entered competitors participate in the competition.
- Each Federation may enter an unlimited number of team officials.

- 5. RULES** All events will be organized in accordance with the valid Competition Rules of IOF MTB Orienteering Events, please visit: <https://orienteering.sport/mtbo/competition-rules/>.

Riding of the tracks is allowed.

There will most likely be a few controls that are not situated on paths and roads. More precise information will be published in Bulletin 3.

6. ENTRIES All entries via IOF Eventor

World MTBO Championships: <https://eventor.orienteering.org/Events/Show/6113>

Junior MTBO Championships: <https://eventor.orienteering.org/Events/Show/6114>

Competitors may be entered only by their Federations. Entries open **on 1st of September 2020**.

Deadlines

Team size prior to 28th of March 2021 at the latest (previously April 10th)

- Federation
- total no. of each gender
- number of competitors in each discipline
- number of relay teams
- number of team officials
- name of team manager (e-mail address and phone no.)
- number of EMItag rentals

Team names by 1st of June 2021 at the latest

- each competitor's name, gender, year of birth, the competitions in which they will compete and EMItag number
- names of team officials

ENTRY FEES	WMTBOC	JWMTBOC	Officials
Accreditation (per person)	102,00 €*	82,00 €*	65,00 €
Mass	65,00 €	45,00 €	
Sprint	65,00 €	45,00 €	
Middle	65,00 €	45,00 €	
Long	65,00 €	45,00 €	
Relay (per team)	190,00 €	125,00 €	
Closing Banquet	35,00 €	35,00 €	35,00 €

* Includes Model Events

Full payment of all entries including accreditation fees must be made **by 29th of April 2021 at the latest**. An additional fee for late payment is 10 %.

Payment details

Payee: Kuortane Sports Institute (Kuortaneen Urheiluopistosäätiö)

Address: Opistotie 1, 63100 Kuortane, Finland

VAT-no.: 0180124-8

IBAN: FI9511923000000901, SWIFT: NDEAFIHH

Bank: Nordea Bank Oyj, Satamaradankatu 5, 00020 NORDEA, Finland

All charges and bank fees are to be paid by the payer

You will receive an invoice from the organizer after you have provided us with your team size information by 10th of April 2021. When making the payment, please remember to mention the reference no. of the invoice on your payment document.

Late entries and withdrawals

Late entries/withdrawals will be accepted as follows:

After 10th of April 2021

- entries will be accepted with surcharge of 20 %
- withdrawals will receive a refund of 80 %

After 1st of June 2021

- entries will be accepted with surcharge of 50 %
- withdrawals will receive a refund of 50 %

A charge for a possible name change, after 1st of June is 10 euros per name.

After 6th of June 2021 no entries will be accepted.

7. ACCOMMODATION AND FOOD

Kuortane OTC offers different levels of accommodation for single individuals as well as groups and teams. All our rooms and apartments are situated in the immediate vicinity/within a walking distance of all our training facilities and restaurants on a scenery lake side at Lake Kuortane.

4 stars Sports Hotel

All the apartments are comfortably furnished, and they have a sauna, bathroom, fully equipped kitchen or kitchen corner, air conditioning, washing machine, drying cupboard, television, DVD player and Broadband Internet Access. Some of the apartments also have a glazed balcony.

There are four different sizes of the apartments:

1. Studio for max. four persons; two beds, sofa bed (34 m²)
2. 1-bedroom unit for max. four persons; two beds, two sofa beds (46,5 m²)
3. 2-bedroom unit for max. six persons; four beds, two sofa beds (58,5 m²)
4. 3-bedroom unit for max. eight persons; four beds, one double bed, two sofa beds (76 m²)



Resorts and dormitory apartments and rooms

Other accommodation alternatives are apartments, single, double and dormitory rooms. These rooms have own bathroom or they are shared with another room. Some of the rooms also have their own kitchen and sauna.



We also offer more modest level accommodation for e.g. youth groups with shared bathrooms and showers.



Please make your accommodation reservation as soon as possible, but **no later than 10th of January 2021**. A [reservation form](#) you will find on the event website. The booking is valid only after having received a booking confirmation.

Full payment of all accommodation reservations must be made **by 10th of April 2021**. You will receive an invoice from the organizer for payment.

For more information on accommodation and reservations, please contact Ms Tanja Hietikko, e-mail: tanja.hietikko@kuortane.com.

Bike storage

Lockable/guarded bike storage will be arranged in the Athletes' Village.

Catering

During the Championship week the Buffet Restaurant Eppula offers daily tasty, healthy and especially for athletes designed breakfast, lunch and dinner for all participants, officials and guests. In addition to this the cafes, bars and the á la carte restaurant of the Sports Institute are at your disposal. Lunch boxes can also be bought at the Athletes' Village by pre order.

On competition arenas there will be also kiosks, cafes or restaurants, where you can buy snacks, food and drinks.

Prices in euros (€)

COST PER ROOM/NIGHT	HOTEL	RESORT LEVEL 1-2	HOSTEL*
Single room (1 person)	112	78 – 88	60
Double room (2 persons)	164	116 – 136	80
Double room with 1 extra bed (3 persons)	208	145 – 165	110
Double room with 2 extra beds (4 persons)	252	174 – 194	140
4-bed apartment (4 persons)	328	232 - 272	-
4-bed apartment with 1 extra bed (5 persons)	372	-	-
4-bed apartment with 2 extra beds (6 persons)	416	-	-
6-bed apartment (4 beds + 1 double bed, 6 persons)	492	-	-
6-bed apartment with 1 extra bed (7 persons)	536	-	-
6-bed apartment with 2 extra beds (8 persons)	580	-	-
4-bed dormitory (4 single rooms,* 4 persons)	-	312	-
6-bed dormitory (2 single and 2 double rooms,* 6 persons)	-	388	-
Camper at parking lot**	30 €/day	-	-
Lunch and dinner package/day	24	24	24
Single lunch of dinner	13	13	13

All the room prices include towels, linen, breakfast, free use of OTC's basic training facilities (gym, indoor athletics arena) meeting rooms and indoor swimming pool and recovery center in the evenings under confirmed opening hours.

* shared bathrooms and showers

** includes electricity and access to shower

8. TRANSPORT

How can I get to Kuortane by public transport?

Our nearest international airport is in VAASA and most flight are operated via HELSINKI Airport.

ARRIVING BY PLANE AT VAASA AIRPORT (110 km/1,5 hours from Kuortane)

There are daily flights to Vaasa from Helsinki and Stockholm.

Website of the Vaasa airport: <https://www.finavia.fi/en/airports/vaasa>

ARRIVING BY TRAIN AT SEINÄJOKI TRAIN STATION FROM HELSINKI AIRPORT (40 km/30 min. from Kuortane) There are daily many direct train connections between Helsinki and Seinäjoki.

Starting from Helsinki airport, you must change train in TIKKURILA (only 8 minutes from the airport). Travel time between the airport and Seinäjoki is approximately 2,5 - 3 hours.

More information about the train tickets and timetables, please visit:

<https://www.vr.fi/cs/vr/en/frontpage> and <https://www.vr.fi/cs/vr/en/group-tickets>

We can organize a pickup from Vaasa airport or Seinäjoki train station to Kuortane by request and against separate fee or assist you with organizing the travel.

Transfers/transport from TAMPERE Airport (appr. 170 km/2 hours by bus) can also be organized by request and against separate fee. From Tampere there is also a train connection to Seinäjoki but the distance between Tampere Airport and train station is about 17 km/20 minutes.

Daily transport to and from competition sites also on request and against separate fee.

In case you need any assistance with your transport arrangements, please contact the Event Secretariat by e-mail: wmtboc2021@kuortane.com or inform us about your transport requests by the Team Size Entry at the latest (10th of April 2021).

Updates on possible car rental services will be published at the Event's website later.



9. ENTRY PERMITS (VISAS) TO FINLAND

VISA REQUIREMENTS AND TRAVEL DOCUMENTS ACCEPTED BY FINLAND

The Schengen states have agreed which countries' citizens are required to present a visa. Each Schengen state decides which passports and travel documents it accepts from different countries' citizens.

Even if you did not need a visa to visit Finland, you need a valid passport or some other travel document accepted by Finland. It must be valid for at least ninety days after your intended date of departure from the Schengen area. In addition, the passport or other travel document must have been issued no later than ten years ago.

In case you do not need a visa, you can stay in Finland or in the territory of other Schengen state for ninety days in any 180-day period.

For more information on visa requirements and travel documents accepted by Finland please visit: <https://um.fi/visa-requirement-and-travel-documents-accepted-by-finland>

Visas must be applied for at your nearest Finnish Embassy. For a list of Finland's missions abroad, please visit: <http://formin.finland.fi/public/default.aspx?nodeid=17195&contentlan=2&culture=en-US>.

10. OPPORTUNITIES FOR TRAINING

9 – 13 September 2020	World Masters MTB Orienteering Championships and European Junior MTB Orienteering Championships 2020	Asikkala
10 – 13 September 2020	European MTB Orienteering 2020	Asikkala

Information on other possible opportunities for training will be added as soon as possible as the COVID19 situation allows it.

The local orienteering clubs (Kuortaneen Kunto, Rasti-Jussit and Rastiketut) will also sell training maps for individual training. For further information on maps, please contact Mr Ville Siven, e-mail: ville.siven@kuortane.com.

11. THE PUNCHING SYSTEM

EMIT Electronic Punching and Timing system will be used in all competitions (subject to the approval of the IOF). Competitors can get acquainted with the punching system during model event.

All competitors must use EMItags. Rental of EMItags will be possible for a price of 5 €/race. A deposit of 90 € per device will be charged.

12. WINNING TIMES

Discipline	Winning times WMTBOC	Winning times JWMTBOC
Mass	75 – 85 min.	60 – 68 min.
Sprint	20 – 25 min.	16 – 20 min.
Middle	50 – 55 min.	40 – 44 min.
Long	105 – 115 min.	84 – 92 min.
Relays	40 – 45 min. average per leg 120 – 135 total winning time	30 – 35 average per leg 90 – 105 total winning time

13. MAP DETAILS/MAP SAMPLES AND TERRAIN DESCRIPTIONS

SPRINT

Seinäjoki, Hyllykallio - Tanelinlampi
 Map scale: 1:5000 or 1:10000 (to be decided later)
 Contour: 2,5

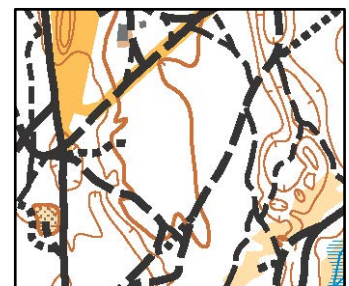
Terrain description:
 Partly urban and park forest terrain with dense network of roads, tracks and technical paths. Rather flat, but small hills here and there.



MIDDLE

Alajärvi, Valkealampi
 Map scale: 1:10 000
 Contour: 5 m

Terrain description:
 The terrain for the middle distance competition is typical Finnish pine forest with fast tracks and paths, partly old sandpit area. There are short and steep climbs.
 The Valkealampi terrain has mostly good visibility.
 Max height difference is 40 m.



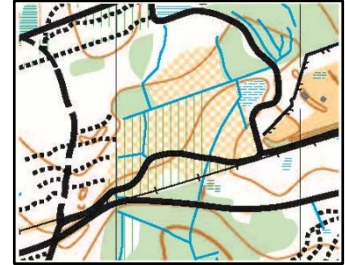
MASS START

Kuortane

Map scale: 1:10000

Contour: 2,5 m.

Terrain description: Forest area with some agricultural fields. Located 85 - 125 m asl. Maximum elevation of 30 m. In the western part of the area track density is quite dense but in the eastern part it is fewer. All kinds of roads and paths, which rideability varies from very slow to very fast. Normal forest ground with some little bogs. In young forests visibility is lower, but in older ones good.

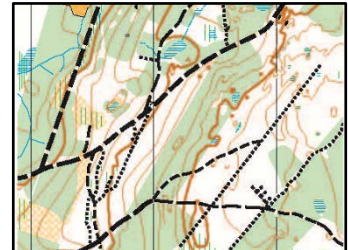
**LONG**

Kuortane

Map scale: 1:15000

Contour: 2,5 m

Terrain description: Completely forest area. The area has been normally lumbered and there are lots of vegetation boundaries. Located 90-130 m asl. Maximum elevation of 40 m. Fewer density of paths and roads. All kinds of roads and paths, which rideability varies from very slow to very fast. Normal forest ground with some cliffy areas and some bogs. At the northern part, there is a gravel area. In young forests visibility is lower but in older ones good. The area was last time mapped for orienteering in 1980s.

**RELAY**

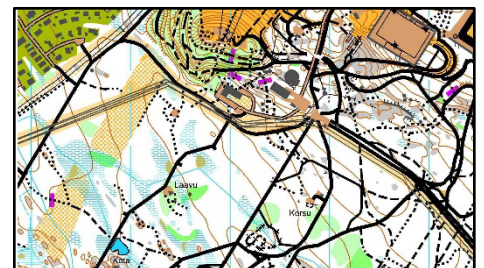
Seinäjoki, Jouppilanvuori

Map scale: 1:7500 or 1:10000 (to be decided later)

Contour: 2,5

Terrain description:

A technical terrain with a mid dense network of paths and tracks. Rather flat, but small hills here and there and a slope area with about 50 meters difference in altitude.



Some samples of old maps of the competition areas can be found on the Event's website at:

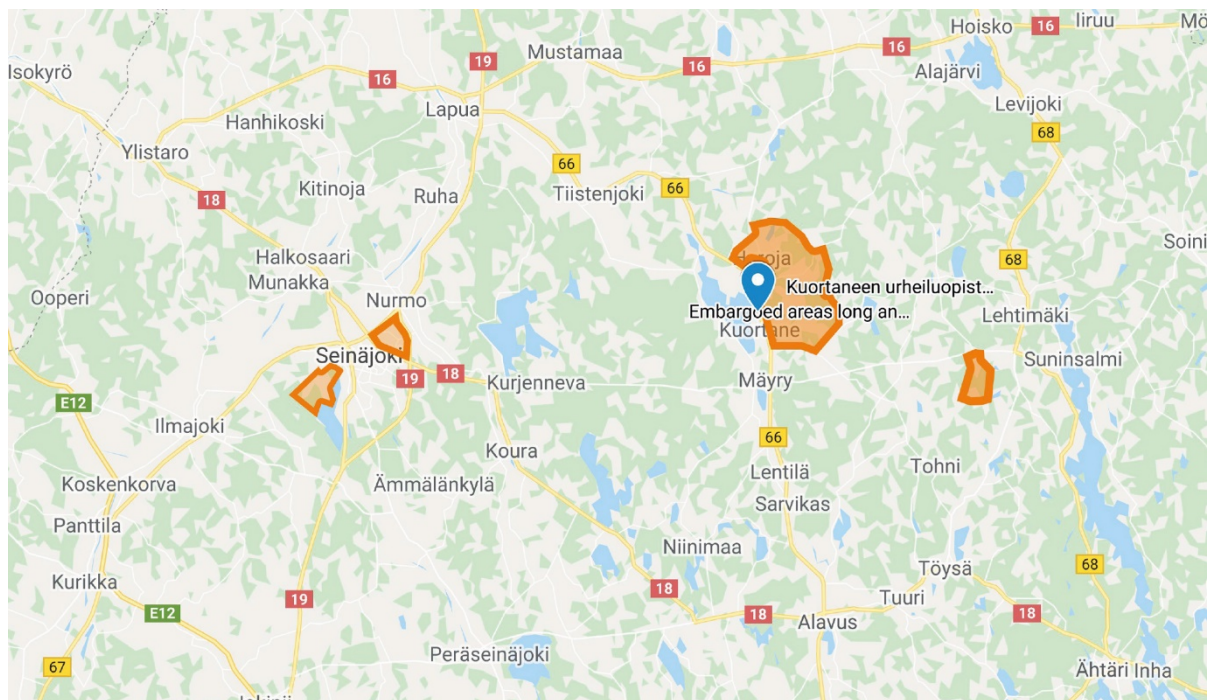
<https://www.wmtboc2021.com/travel-730098.html>

14. EMBARGOED AREAS

The embargo remains in place until the end of the WMTBOC and JWMTBOC in June 2021. The areas marked on the map are embargoed for all orienteering activities, unless specifically permitted by the organizers. The embargoed areas are out of bounds for all potential participants and team members, including competitors, team coaches, manager or anyone associated the team/individual.

Obviously, any orienteering or MTBO activity is forbidden and it is strictly forbidden to ride a bike. Any permission for access into embargoed areas must be requested from the organizers, if needed and before access. This includes also if there are any MTB events taking place in the embargoed areas and potential competitors wish to participate. The embargo includes the use of drones in or about the terrain.

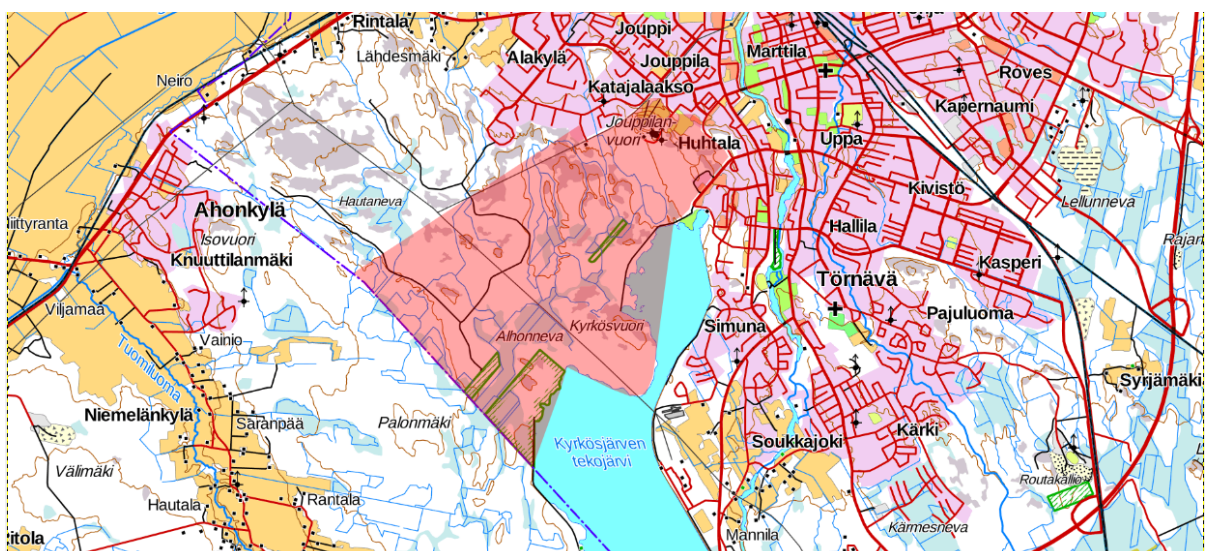
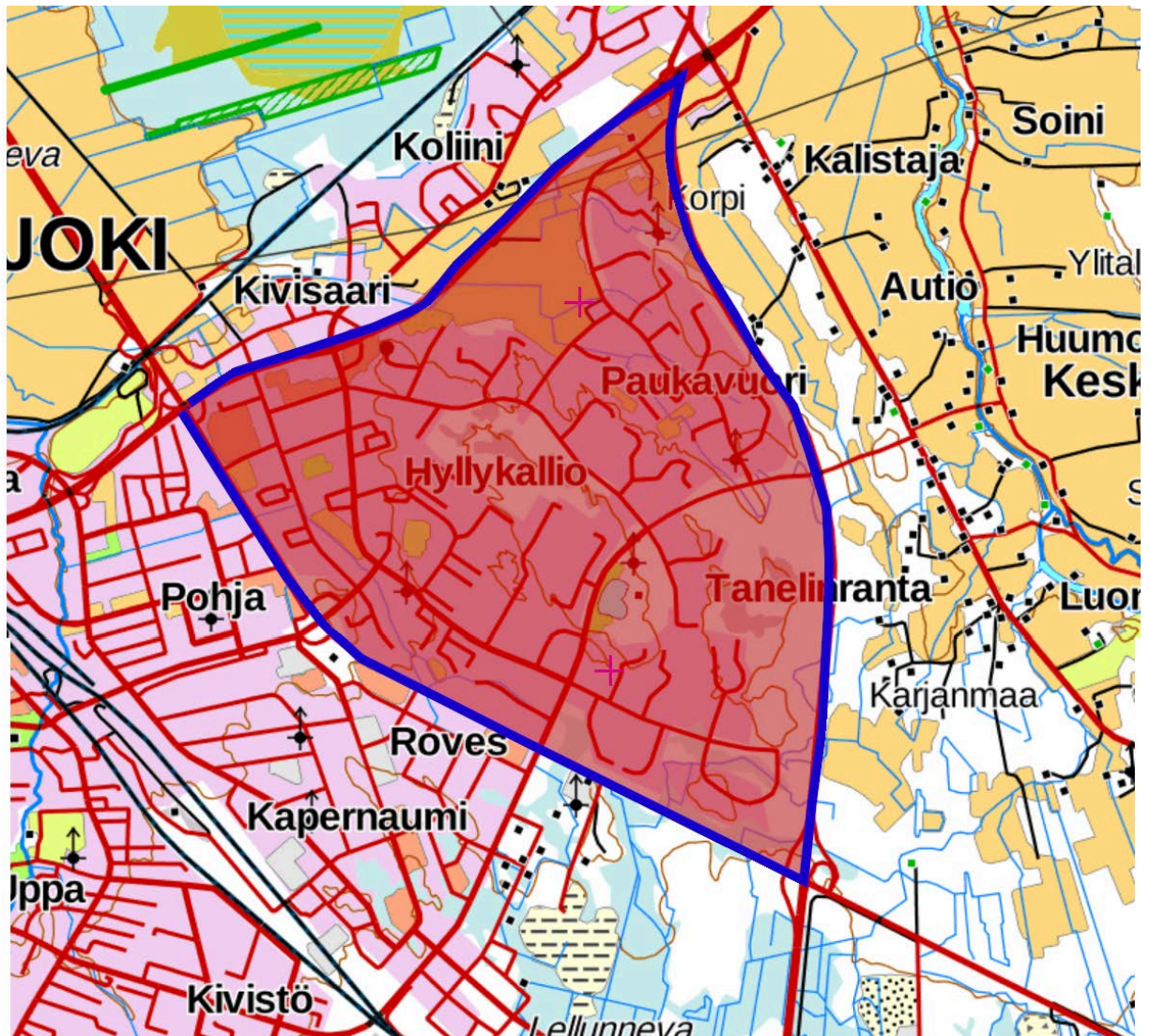
The roads marked in blue colour are open to travel through/along.



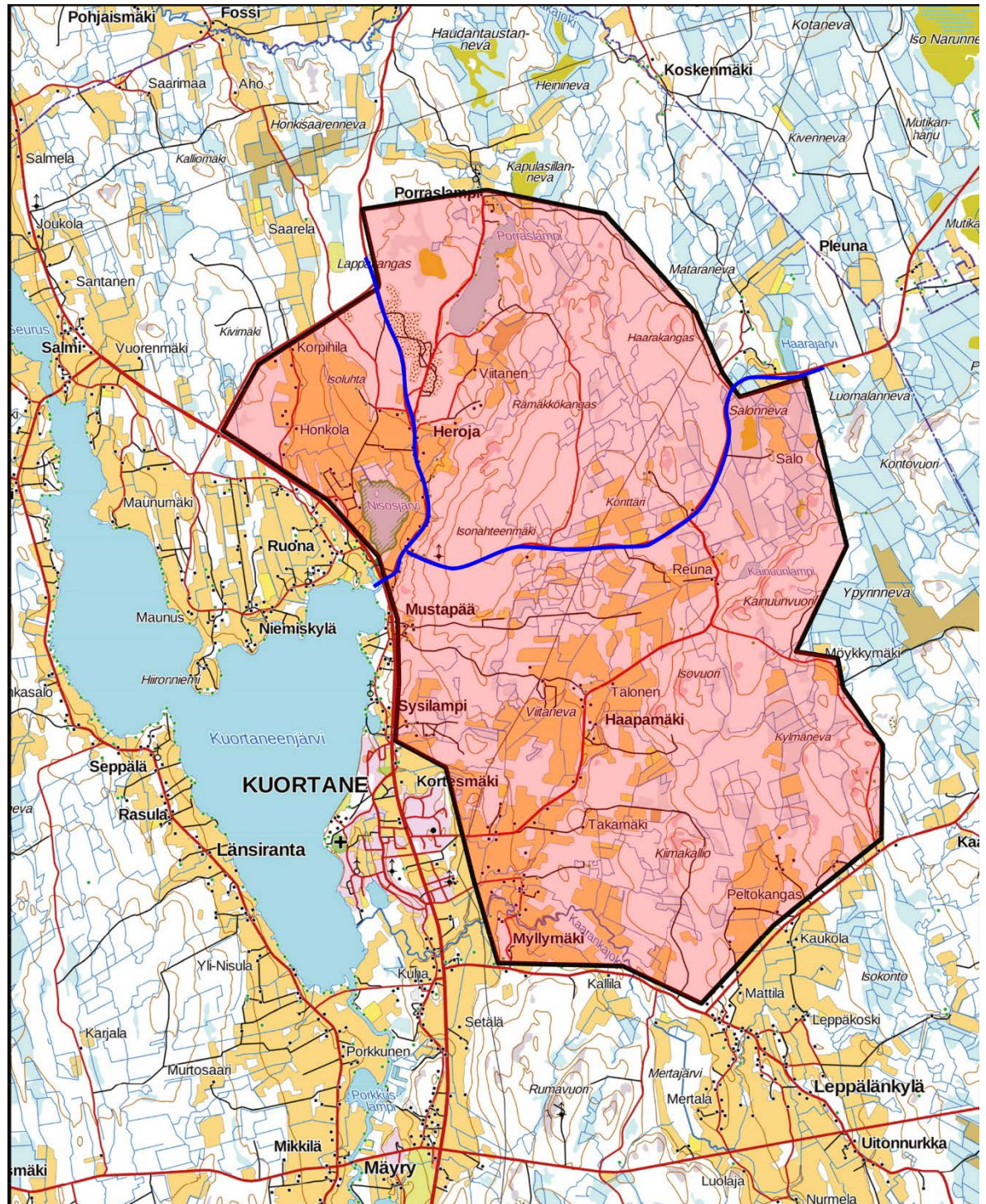
An interactive map of the Embargoed Areas can be found at the Event's website at:

<https://www.google.com/maps/d/u/0/edit?mid=1C857JYZ7-PfDOn7rP2II6uQVI7MtbpfB&ll=62.815914182762256%2C23.31039320000003&z=10>

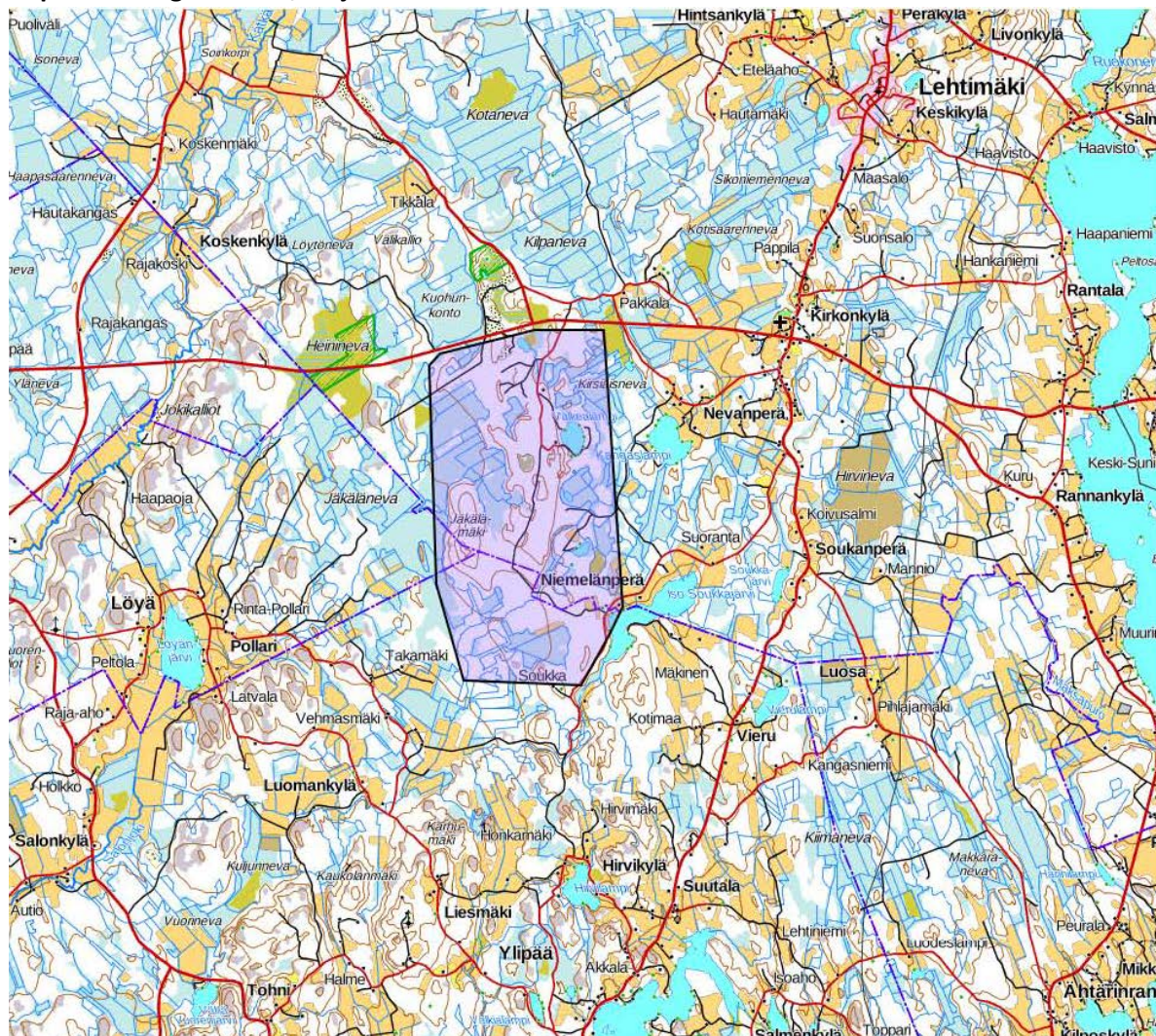
Maps of Embargoed Areas/Seinäjäki



Map of Embargoed Area/Kuortane



Map of Embargoed Area/Alajärvi



15. LOCAL WEATHER CONDITIONS

June	Average	Maximum	Minimum
Temperature	13,7 C	19,3 C	7,4 C
Precipitation	54,6 mm	yearly average 515	
Sunshine	266 hrs	yearly average 1700 hrs	

16. CLOTHING

During all the official events the competitors shall wear the team clothing of their Federation.

The participants are not allowed to use MTBO shoes in the indoor facilities and rooms in the Athletes' Village.

APPENDIX 1: AREA MAP OF KUORTANE SPORT INSTITUTE/OLYMPIC TRAINING CENTER



Finland
Kuortane
OLYMPIC TRAINING CENTER

