

Team officials' meeting  
10.03.2020  
ESOC/WCup middle



Khanty-  
Mansiysk



..... European Ski Orienteering  
Championships & World Cup Final  
..... 08.03 – 16.03.2020

## WARM-UP & QUARANTINE

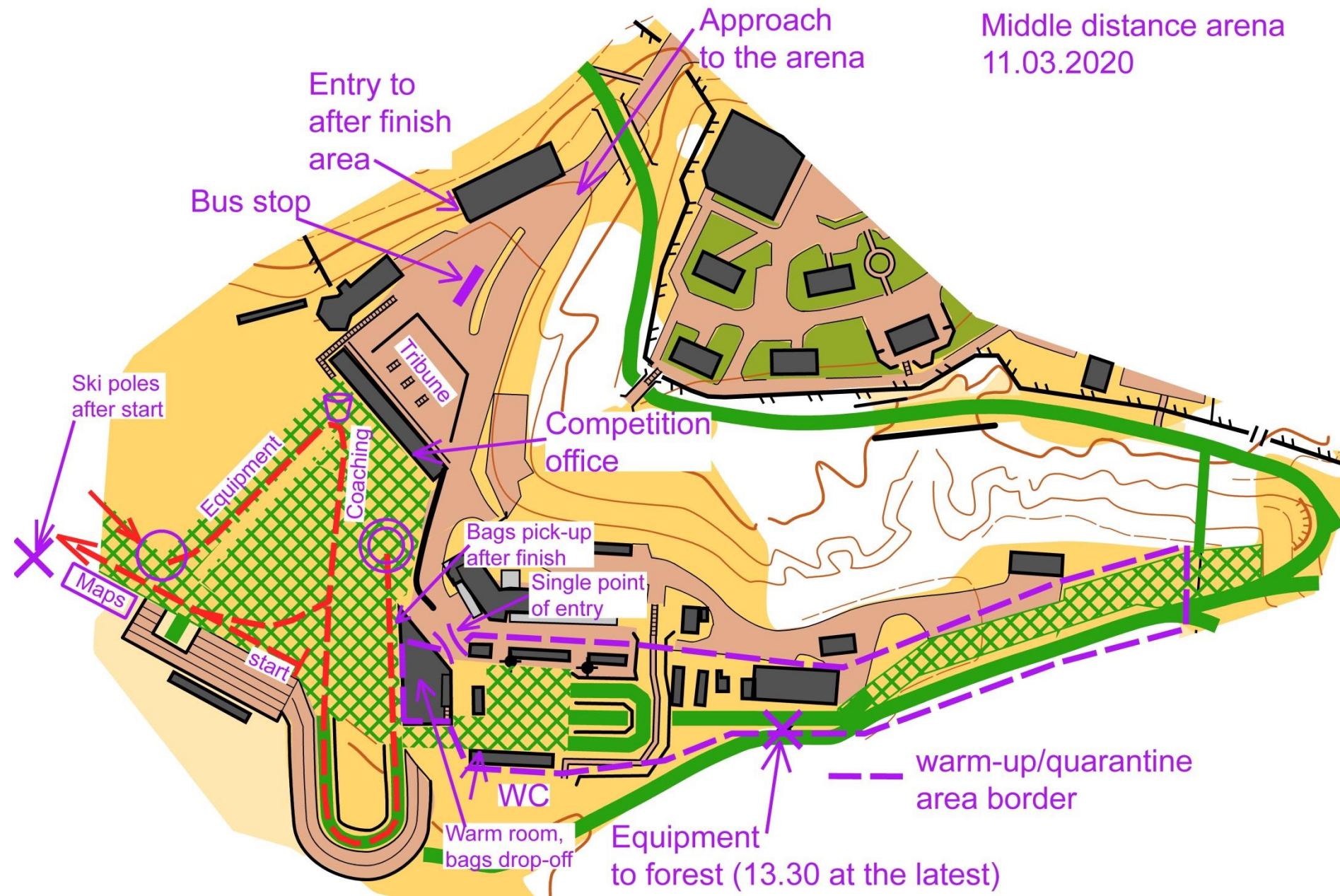
- Warm-up/quarantine area same as during the sprint competition
- Quarantine entry deadline on 11 March is 14.00.
- There is single point of entry to the warm-up/quarantine area. Entry & exit are allowed through this point only!
- No telecommunication devices are allowed inside the warm-up / quarantine area from the moment of quarantine deadline!
- There is a warm hall available in quarantine area and toilets
- Women - leave your bag before start at a bag drop-off point in the building and pick it up yourself after the finish by using another entry door (see arena scheme below). Men can leave their bags in the hall or wax cabins, they have free access to these facilities after finish
- Quarantine ends from the moment of men's mass start

## **WARM-UP & QUARANTINE**

- 10 minutes after women's mass start coaches will be guided to the arena as one group. They can stay in coaching area until there are approximately 5 minutes left to first finish. Then coaches are guided back to the quarantine area.
- During the women's competition traffic of coaches between quarantine area and coaching area on the arena occurs only under supervision of the organisers.
- After men's mass start coaches are free to move between coaching area and warm-up area.

# MIDDLE ARENA SCHEME

Middle distance arena  
11.03.2020



## **TRACKS**

- Proportions of different tracks in the middle distance race area:
  - Very wide track > 3.0 m 19 %
  - Wide track 1.5-3.0 m 18 %
  - Track 1,0-1,5 63 %

## **PROCEDURES BEFORE ENTRY TO SKI STADIUM FOR MASS START**

- GPS will be handed out 25 minutes before the mass start. Pick up your GPS early enough from the gps distribution.
- Make sure that you have got your GPS device and SIACs checked, cleared and tested before moving to the arena.
- All athletes must be ready 6 minutes before the first start and the athletes move from the pre-start to the arena as one group together.

## EQUIPMENT DEPOSITS

- There will be one equipment deposit (ED) in the terrain for change of broken equipment. ED is marked on the map with a sign „equipment deposit“



- Equipment for transport to ED must be handed over to organisers in ski-test area next to waxing rooms at 13:30 at the latest.
- Equipment must be in closed ski bags and ski bags clearly marked with country abbreviation.
- Next to the coaching area there is another equipment deposit for broken equipment only on the arena. It is located on biathlon shooting lane and numbered from 1. There is pre-prepared box for each nation. Equipment for both classes should be placed in these boxes 15 minutes prior to start of women's race, that mean 13.45 at the latest. In these boxes equipment don't need to be in ski bag.
- Allocation of the boxes on the arena: 1-AUT, 2-BUL, 3-CZE, 4-EGY, 5-EST, 6-FIN, 7-JPN, 8-KAZ, 9-LTU, 10-NOR, 11-ROM, 12-RUS, 13-SLO, 14-SWE, 15-SUI

## **Start**

- Maps will be handed over to the competitors 1 min before start. Maps should be kept behind competitor's back
- A command „Map“ will be given 15 seconds before start and then competitors can put maps on their map holder
- Start signal by gun shot

## **Map drop and map wall**

- Maps are located on map wall on left hand side of the track. Biggest number first and smallest number last.
- Women's map wall first, men's next
- First loop maps should be dropped only in specified area before arriving to map wall.



# Start procedure

Middle Distance, March 11

START area

Warm-up  
area

gps  
distribution

gps  
check  
clear  
check

- 6 min

marked  
route

50 m

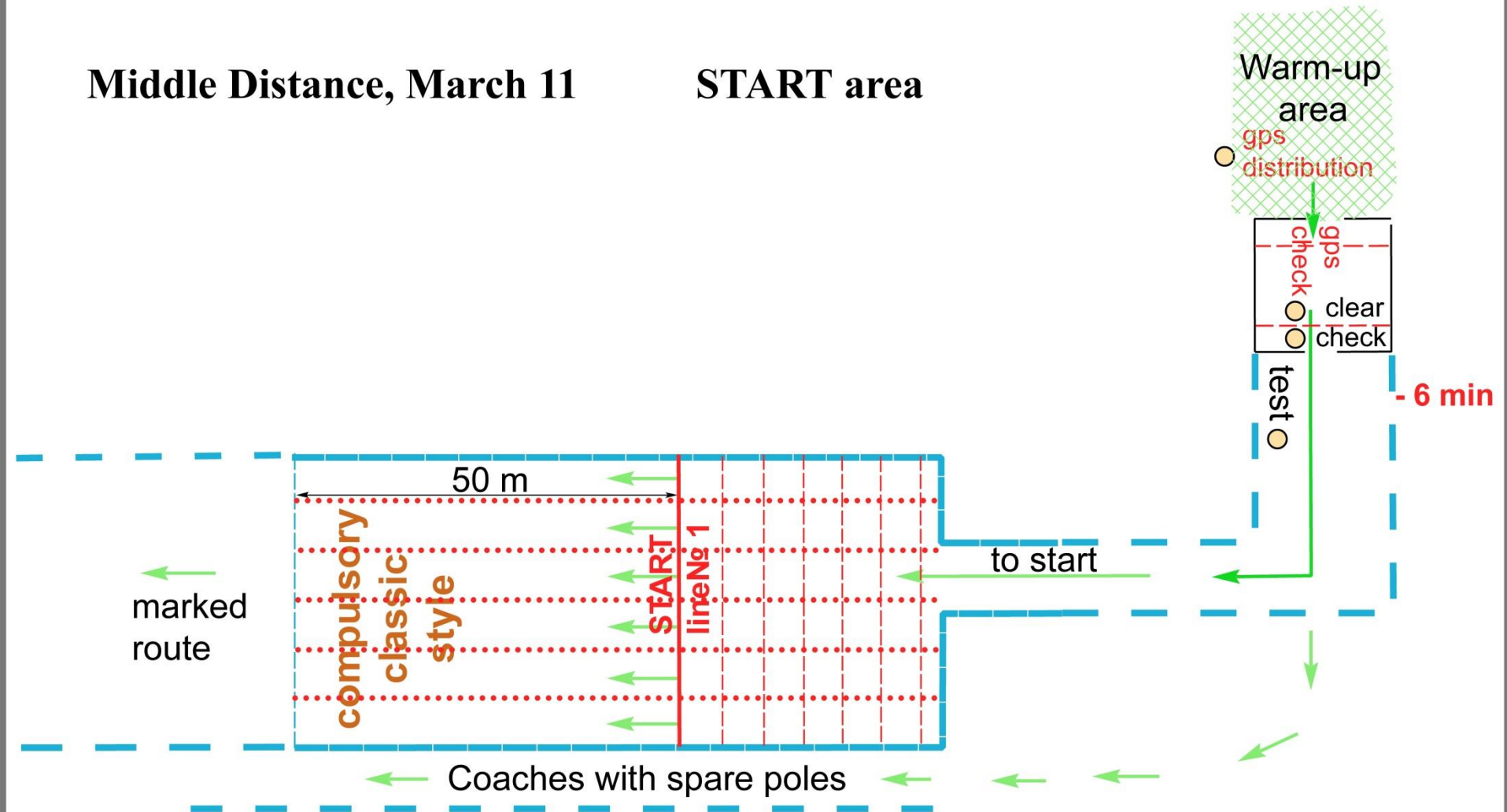
compulsory  
classic  
style

START  
line No 1

to start

Coaches with spare poles

test



Weather forecast for Khanty-Mansiysk on 11 March 2020 (gismeteo.ru)

2<sup>00</sup>



5<sup>00</sup>



8<sup>00</sup>



11<sup>00</sup>



14<sup>00</sup>



17<sup>00</sup>



20<sup>00</sup>



23<sup>00</sup>



## TEMPERATURE

0

0

0

0

0

+1

+1

-1

Скорость ветра, м/с **WIND**

7-13

7-12

7-12

6-12

5-12

4-9

5-8

4-8

Осадки, мм **PRECIPITATION**

0,1

0

0,1

1,4

1,5

0,1

0

0

Good luck!



