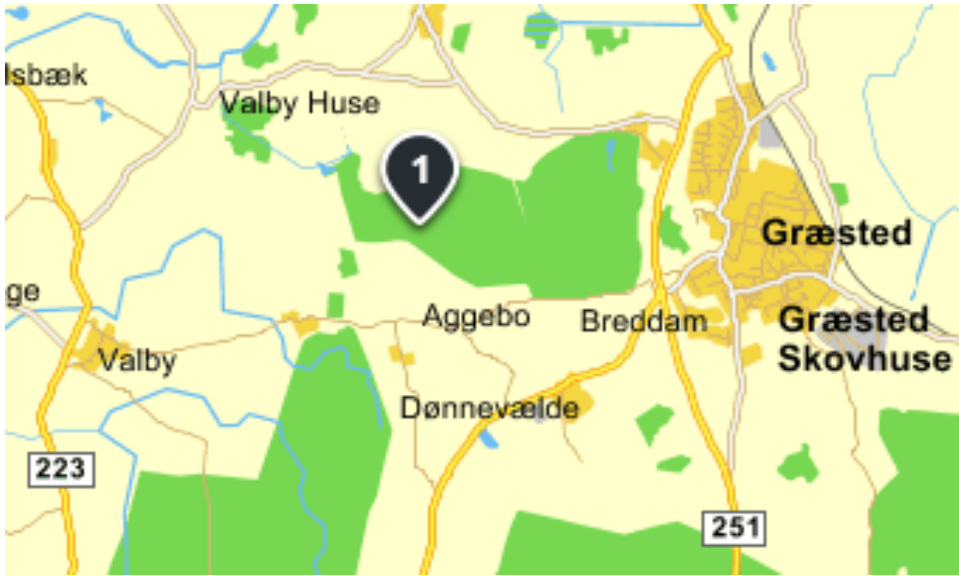




Bulletin 1 - Invitation

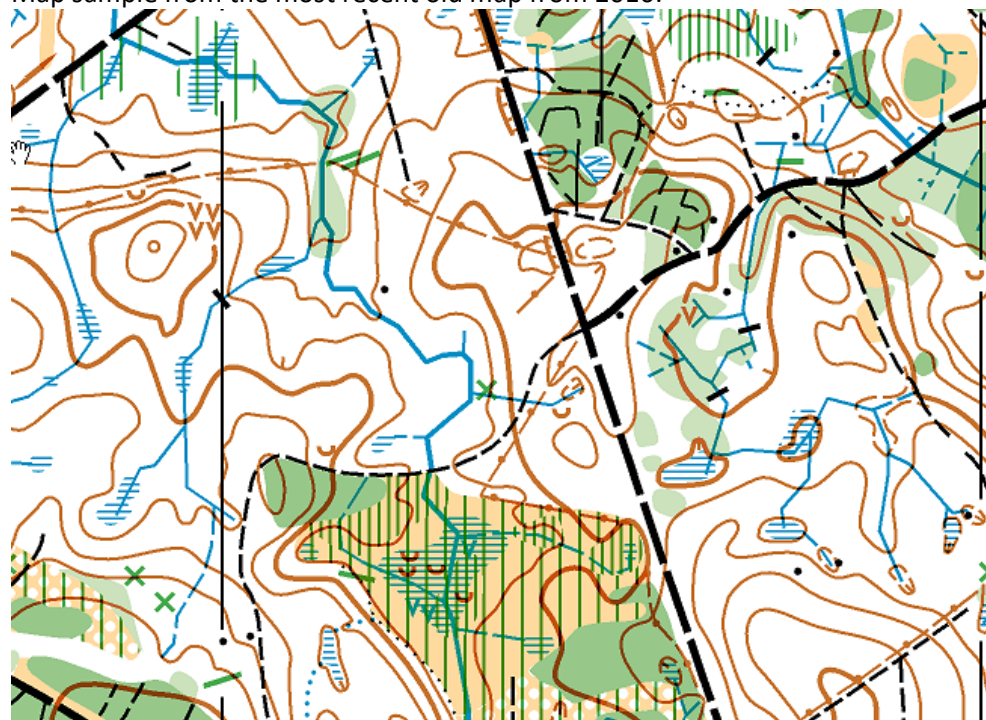
Danish Championships, Middle Distance, 2020

Saturday 29th August in Aggebo-Græsted Hegn, Denmark

Organiser	Tisvilde Hegn OK
Name and classification	Danish Championships, Middle Distance World Ranking Event. Part of the Danish Senior Ranking (TRIMTEX Cup) and the Danish Junior Ranking (Løberen League).
Date and time	Saturday 29th August 2020, Arena opens at 10 am.
Race area	Aggebo-Græsted Hegn
Right to start	Any member of an orienteering club from a member federation of the International Orienteering Federation can start. Only members of Danish clubs that are meeting the requirements listed in the section <i>Prizes</i> below are eligible to win Danish Championship medals.
Embargo	The race area is embargoed. The closed area is shown here: https://www.tisvildehegnok.dk/wp-content/uploads/2019/07/Skovlukning.pdf
Meeting point	Sign posted from road junction Aggebovej – Aggebo Skovvej, GPS-coordinates: 56,05879 og 12,24438.
Arena and Parking	<p>The arena is located in an open grass field in the south-western part of the forest, close to the address Aggebo Skovvej 7, 3230 Græsted, Denmark. Parking is in the same field.</p>  <p>If you come by bus, please contact the Event Director before the day of the event.</p>
Map	<p>Aggebo-Græsted Hegn, drawn 2020.</p> <p>Scale 1:10.000 for classes younger than and including M/W 40 and 1:7.500 for classes M/W 45 and older. Contour interval 2,5 m. The map is drawn based on map material from MapMagic as well as GPS-tracking in the terrain. A Danish map controller has been appointed and quality approval from the Danish OF is expected. The competition maps will be offset printed.</p>
Terrain-description	Typical Danish beech wood with smaller areas of coniferous forest. There is a larger area with old beech wood with very little undergrowth. This area is moderately hilly and sloping towards the North. Plenty of tracks and ditches are found in the forest. A few streams are deep and may be difficult to cross. The

north-eastern part consists of an area with self-sown beech and small areas where deciduous and coniferous forest is mixed.

Map sample from the most recent old map from 2016:



Classes and expected winning times

Class	Grade	Expected winning time	Class	Grade	Expected winning time
W10	Beginner	15	M10	Beginner	15
W12	Easy	20-25	M12	Easy	20-25
W14	Medium	20-25	M14	Medium	20-25
W16	Difficult	20-25	M16	Difficult	20-25
W18	Difficult	20-25	M18	Difficult	20-25
W20	Difficult	20-25	M20	Difficult	20-25
W21	Difficult	30-35	M21	Difficult	30-35
W35	Difficult	30-35	M35	Difficult	30-35
W40	Difficult	30-35	M40	Difficult	30-35
W45	Difficult	30-35	M45	Difficult	30-35
W50	Difficult	30-35	M50	Difficult	30-35
W55	Difficult	30-35	M55	Difficult	30-35
W60	Difficult	30-35	M60	Difficult	30-35
W65	Difficult	30-35	M65	Difficult	30-35
W70	Difficult	30	M70	Difficult	30-35
W75	Difficult	30	M75	Difficult	30
W80	Difficult	30	M80	Difficult	30
W85	Difficult	30	M85	Difficult	30
W/M90	Difficult	30	W/M90	Difficult	30

Open courses

Courses 1-6 below can be entered regardless of age. Entry can be done via the Danish entry system o-service until the closing date for normal entry. A course is guaranteed by entering this way. It is also possible to buy an open course on the day between 12 pm and 1:30 pm on a first come – first served basis.

	<table><tr><th>Course</th><th>Grade</th><th>Length of course</th></tr><tr><td>Open 1</td><td>Difficult</td><td>Ca. 5,5 km</td></tr><tr><td>Open 2</td><td>Difficult</td><td>Ca. 4,0 km</td></tr><tr><td>Open 3</td><td>Difficult</td><td>Ca. 2,5 km</td></tr><tr><td>Open 4</td><td>Medium</td><td>Ca. 3,5 km</td></tr><tr><td>Open 5</td><td>Easy</td><td>Ca. 3,5 km</td></tr><tr><td>Open 6</td><td>Beginner</td><td>Ca. 2,5 km</td></tr></table>	Course	Grade	Length of course	Open 1	Difficult	Ca. 5,5 km	Open 2	Difficult	Ca. 4,0 km	Open 3	Difficult	Ca. 2,5 km	Open 4	Medium	Ca. 3,5 km	Open 5	Easy	Ca. 3,5 km	Open 6	Beginner	Ca. 2,5 km
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Open 4	Medium	Ca. 3,5 km																				
Open 5	Easy	Ca. 3,5 km																				
Open 6	Beginner	Ca. 2,5 km																				
Start list	In classes W 18/ W 20, W 21, W 18/W 20 and W 21, seeding will be done according to Danish and international rules.																					
Punching system	SPORTident. Please indicate your SI card number when you enter if you wish to use your own SI-card. If you give no SI card number when you enter, this will be interpreted as a request to rent an SI-card from the organiser. Rented cards will be handed out at the start and must be handed in just after download. The system will not be operated in touch free mode.																					
Start	Individual start. First start 12 pm.																					
Max. time	2 hours.																					
Distances	Parking – arena: 0 – 150 m. Arena – start: Max. 600 m. Follow red/white tape.																					
Prizes	Trimtex Cup: prizes are given to the runners ranked 1st – 3rd in W/M 21. Løberen League: prizes are given to the runners ranked 1st – 3rd in the combined classes W18/W20 and M 18/M 20. Classes W/M 21: Danish championship gold medals from the Sports Confederation of Denmark are awarded to the winners. 2 nd and 3rd receive silver and bronze medals awarded by the Danish Orienteering Federation. In all other classes, gold, silver and bronze medals awarded by Danish Orienteering Federation are handed out to the three fastest runners. Medals are only awarded to those who meet the requirements given in Danish OF's Rules, section 4.1.5: Medals are only awarded to individuals who represent a Danish Club and who are on the race day either Danish Citizens or entered in the Danish Peoples Register.																					
Event office	In the Arena. Open from 10 a.m.																					
Children's course	By the arena. Open 12 pm to 2:30 pm. No participation fee. There is a small prize for all participating children.																					
Children's care	Not offered.																					
Commentary	Is provided.																					
Café	A cafe with a wide range of food is found in the Arena																					
Toilets	In the Arena and at the start.																					
First aid	By the Event Office in the Arena																					
Showers	Showers are offered from 1pm until 5 pm in the club house of Tisvilde Hegn Orienteering Club, located at Godhavnsvej 3B, 3220 Tisvildeleje, approx. 12 km from the Arena. GPS-coordinates: 56,06044 - 12,09617.																					
Accommodation	Not offered																					
Entry	WRE classes M 21 and W 21: Entry through IOF Eventor . All other entries through Danish entry system o-service . Latest ordinary entry: Friday 14th August 2020 at 23:59 pm Late entry until Tuesday 25 th August 2020 at 12 pm. Requests for early or late starts will not be accepted for fairness reasons.																					
Entry fees	Ordinary entry																					

	<p>Danish Championship classes: 135 DKK until W/M20 and 175 DKK for M/W 21 and older Open courses: 150 DKK regardless of age.</p> <p>Late entry Danish Championship classes: 235 DKK up to W/M 20 and 275 kr. for M/W 21 and older</p> <p>Entry fee on the race day: Open courses: 150 DKK regardless of age. First come - first served</p> <p>Rent of SI-card: 30 DKK (if you do not have your own card)</p> <p>A fee of 500 DKK is paid if you lose a rented SI-card,. Entry fees are paid by the entering clubs at the end of the entry period to the account of Tisvilde Hegn Orienteering Club in Handelsbanken, 6301-1641786. Please enter club name and the race date as comment when you pay.</p>
Bulletin 2 and start lists	<p>Bulletin 2 is published on the web page of the event not later than Wednesday 26th August 2020 12 pm. Start lists are published on the web page of the event not later than Thursday 27th August 2020 12 pm.</p>
Event web page	https://www.tisvildehegnok.dk/dm-mellem-2020/
Event Director	<p>Svend Mortensen, Tisvilde Hegn Orienteering Club, Vestskellet 44, DK - 3250 Gilleleje, Denmark Phone +45 2337 3052, e-mail hegnsnyt@live.dk</p>
IOF Event Adviser and head of Jury	Betty Folino, FIF Hillerød Orientering
Course Planner	Tim Falck Weber, Tisvilde Hegn Orienteering Club
Course Controller	Helge Lang Pedersen, Farum Orienteering Club
Jury	Will be appointed from the participants shortly before the race.
Mappers	The map is surveyed and drawn by Morten Neregaard and the layout is provided by Kurt Valery, Tisvilde Hegn Orienteering Club.



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