

# JWOC2020 OFFICIAL CAMP 3 KOCAELI



# OFFICIAL TRAINING CAMP 3

The Third official JWOC2020 training camp will take place in the period 13 – 17 April 2020. The training camp 3 will kick off with several high-quality training opportunities during 5 days in the Kocaeli Region. Maps was drawn with JWOC 2020 mapping team and the courses are to be planned by our JWOC2020 course-planner team.

## EVENT CENTER

Event Center is Gebze Technical University (GTU) same as JWOC 2020 event center. GTU has around 5.000 student during education period in Gebze. Distance from the Event Centre to the city centre Gebze is 4-5 km.

**COORDINATE : 40°48'33.8"N 29°21'55.6"E**



## PROGRAM

Date	Time	Event	Place
12 APRIL SUNDAY		ARRIVAL	
	18:00	TECHNICAL MEETING	EVENT CENTER
13 APRIL MONDAY	10:00-12:00	INTERVAL	CUMAKÖY-2
	15:00 – 16:00	SPRINT	DARICA*
14 APRIL TUESDAY	10:00-12:00	MIDDLE	KARTEPE*
	15:00 – 16:00	SPRINT	BAHÇECİK*

15 APRIL WEDNESDAY	11:00 – 14:00	LONG	CUMAKÖY-1*
16 APRIL THURSDAY	10:00 – 12:00	MIDDLE	DURHASAN*
	15:00 – 16:00	SPRINT	GEBZE WEST
17 APRIL FRIDAY	10:00 – 12:30	RELAY	CUMAKÖY-2*
18 APRIL SATURDAY		DEPARTURE	

\*SportIdent system will be used at the trainings.

## TERRAINS

### STAGE-1

**PLACE: CUMAKÖY 2 – GEBZE**

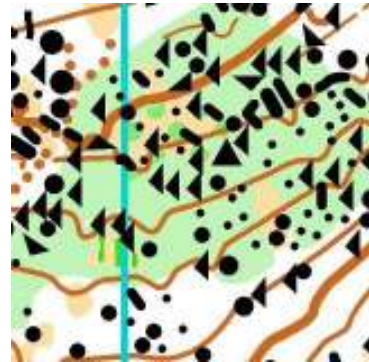
**TRAINING: INTERVAL**

**TIME: 10:00 – 12:00**

**COORDINATE: 40°55'52.7"N 29°31'25.6"E**

**Scale:1/10000      Contours:5m**

The terrain is mostly broad-leaved woods, there are lots thick vegetation and there are also open areas for grazing. The area is stony and abundance of details and some undergrowth vegetation areas Rocky fields are the major features in some parts. Runnability from good to excellent, excellent visibility. Rather varied area, relatively fast, first time used in August in 2019.

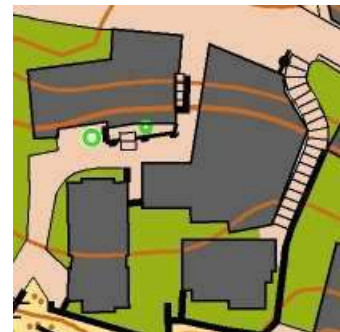


### STAGE 2

**PLACE: DARICA**

**TRAINING: SPRINT DISTANCE**

**TIME: 15:00-16:00**



**COORDINATE: 40°45'20.8"N 29°22'53.3"E**

**Scale:1/4000      Contours:2.5m**

In the center of the village of Darıca most of the terrain is paved, there are narrow streets near Marmara sea. Excellent runnability and visibility. Human density is high. The part near sea is hilly other parts are mostly flat. Scattered urban areas able to good route choice challenges. The terrain is first time used in August in 2019.

### **STAGE 3**

**PLACA:KARTEPE**

**TRAINING: MIDDLE**

**TIME: 10:00 – 12:00**

**COORDINATE: 40°43'58.6"N 30°09'47.0"E**



**Scale:1/10000      Contours:5m**

The terrain is mostly broad-leaved woods and rather varied area. Rather varied green tone. Dark green mostly difficult even walk. There are also open areas for grazing. The area has some undergrowth vegetation areas. Runnability and visibility vary from good to poor but relatively fast. Simple contour features and many details makes terrain tricky. The terrain is first time used in August in 2019.

### **STAGE 4**

**PLACE: BAHÇECİK – İZMİT**

**TRAINING: SPRINT**

**TIME: 15:00-16:00**



**COORDINATE: 40°40'02.8"N 29°54'40.9"E**

**Scale:1/4000      Contours:2.5m**

In the center of the village of Bahçecik most of the terrain is paved, there are narrow streets. Excellent runnability and visibility. Human density is high. Scattered urban areas able to good route choice challenges. The terrain is first time used in August in 2019

### **STAGE 5**

**PLACE: CUMAKÖY 1 – GEBZE**

**TRAINING: LONG**

**TIME: 11:00**

**COORDINATE: 40°54'32.2"N 29°29'37.1"E**

**Scale:1/10000      Contours:5m**

The terrain is mostly broad-leaved woods and rather varied area. Rather varied green tone. Dark green mostly difficult even walk. There are also open areas for grazing. The area has some undergrowth vegetation areas. Runnability and visibility vary from good to poor but relatively fast. Simple contour features and many details makes terrain tricky. The terrain is first time used in August in 2019.



### **STAGE-6**

**PLACE: DURHASAN – GEBZE**

**TRAINING: MIDDLE DISTANCE**

**TIME: 10:00 – 12:00**

**COORDINATE: 40°48'57.5"N 30°02'57.2"E**

**Scale:1/10000      Contours:5m**



The terrain is mostly broad-leaved woods and rather varied area. Rather varied green tone. Dark green mostly difficult even walk also there are some thorny trees. There are relatively big river. Rich path network. Few slopes. Runnability and visibility is often very low. Simple contour features and many details makes terrain tricky. The terrain is first time used in August in 2019.

## **STAGE 7**

**PLACE: GEBZE WEST PART**

**TRAINING: SPRINT DISTANCE**

**TIME: 15:00-16:00**

**COORDINATE: 40°47'46.1"N 29°24'52.2"E**

**Scale:1/4000      Contours:2.5m**



In the west of the Gebze centrum most of the terrain is paved, there are narrow streets with a lots of stairs. Terrain is located at slope and very step. Excellent runnability and visibility. Human density is high. Scattered urban areas able to good route choice challenges.

The terrain is first time used in August in 2019.

## **STAGE-8**

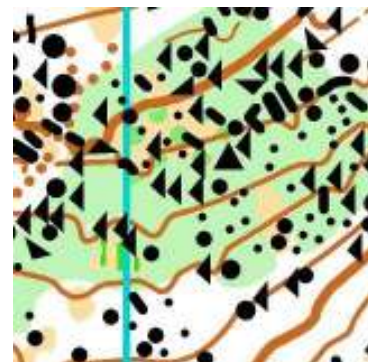
**PLACE: CUMAKÖY 2 – GEBZE**

**TRAINING: RELAY**

**TIME: 10:00 – 12:00**

**COORDINATE: 40°55'52.7"N 29°31'25.6"E**

**Scale:1/10000      Contours:5m**



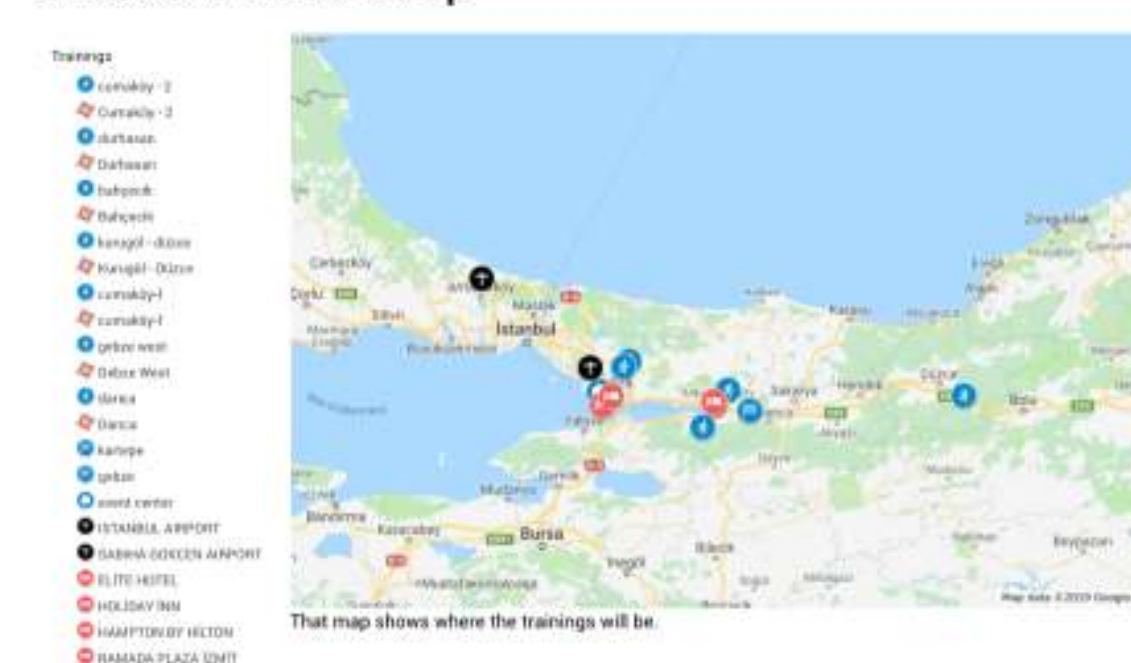
The terrain is mostly broad-leaved woods, there are lots thick vegetation and there are also

open areas for grazing. The area is stony and abundance of details and some undergrowth vegetation areas Rocky fields are the major features in some parts. Runnability from good to excellent, excellent visibility. Rather varied area, relatively fast, first time used in August in 2019.

## **DYNAMIC MAP**

[https://drive.google.com/open?id=1O96AI0GrVTELI89DIEdoIA\\_KHeifgceG&usp=sharing](https://drive.google.com/open?id=1O96AI0GrVTELI89DIEdoIA_KHeifgceG&usp=sharing)

### **JWOC 2020 Official Camp**



## **PUNCHING SYSTEM**

Sport Ident punching system will be used in all stages.

## **CLOTHING**

There are no special regulations applying to runners concerning the type of clothing they choose to wear. But the organisers recommend use of long trousers for the trainings.

It is forbidden to use shoes with spikes in the Sprint competition and in Sprint training areas.

## ACCOMMODATION

The Organizing Committee offers several options for accommodation. Teams can choose hotels vary from 5 to 2 stars.

ACCOMMODATION			
<b>ELITE HOTEL *****</b>			
TYPE	ROOM TYPE	FULL PANSION (A) (Except Lunch)	B & BREAKFAST (B)
A1-A/B	SINGLE	57 €	52 €
A2-A/B	DOUBLE	44 €	39 €
A3-A/B	TRIPLE	36 €	31 €
<b>RAMADA PLAZA *****</b>			
TYPE	ROOM TYPE	FULL PANSION (A)	B & BREAKFAST (B)
B1-A/B	SINGLE	55 €	50 €
B2-A/B	DOUBLE	40 €	35 €
B3-A/B	TRIPLE	35 €	30 €
<b>HOLIDAY INN ****</b>			
TYPE	ROOM TYPE	FULL PANSION (A)	B & BREAKFAST (B)
C1-A/B	SINGLE	57 €	52 €
C2-A/B	DOUBLE	44 €	39 €
C3-A/B	TRIPLE	36 €	31 €
<b>LAMEC HOTEL BUSINESS*****</b>			
TYPE	ROOM TYPE	FULL PANSION (A)	B & BREAKFAST (B)
D1-A/B	SINGLE	40 €	35 €
D2-A/B	DOUBLE	30 €	25 €
<b>HAMPTON BY HILTON ***</b>			
TYPE	ROOM TYPE	FULL PANSION (A)	B & BREAKFAST (B)
E1-A/B	SINGLE	40 €	35 €
E2-A/B	DOUBLE	30 €	25 €
<b>SEKAPARK HOTEL **</b>			
TYPE	ROOM TYPE	FULL PANSION (A)	B & BREAKFAST (B)
F1-A/B	SINGLE	35 €	30 €
F2-A/B	DOUBLE	30 €	25 €
F3-A/B	TRIPLE	25 €	20 €
<b>KARTEPE PARK HOTEL</b>			
TYPE	ROOM TYPE	FULL PANSION (A)	B & BREAKFAST (B)
G1-A/B	SINGLE	35 €	30 €
G2-A/B	DOUBLE	30 €	25 €



**ACCOMMODATION DETAILS**

**ELITE HOTEL \*\*\*\*\***



**RAMADA PLAZA \*\*\*\*\***



**HOLIDAY INN \*\*\*\***



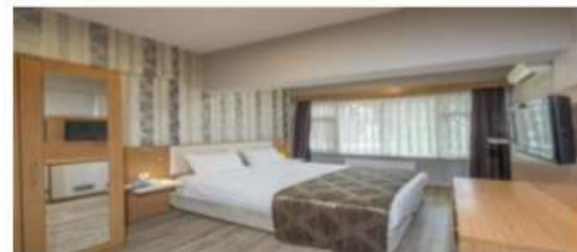
LAMEC HOTEL BUSINESS\*\*\*\*



HAMPTON BY HILTON \*\*\*



SEKAPARK HOTEL \*\*



## KARTEPE PARK HOTEL



## MAPS

OC will provide printed maps for all courses on cost shown below.

Each Map 10 €
Full Package (8 maps) 60 €

## FEES AND REGISTRATION

On registration, please specify the number of athletes taking part in all training sessions (training package) or in each of the training sessions separately.

Registration for the training sessions must be sent to [info@jwoc2020.org](mailto:info@jwoc2020.org)

You may reach to registration form via [http://www.jwoc2020.org/wp-content/uploads/reg\\_form\\_training\\_camp\\_3-1.xlsx](http://www.jwoc2020.org/wp-content/uploads/reg_form_training_camp_3-1.xlsx)

Deadline for application is on Wednesday 01 April 2020. Deadline for payment is on Monday 06 April 2020. Organizing Committee (OC) will send an invoice in 3 days. Late application will be evaluated according to availability/current conditions and all prices will be rised up 50 %. OC appreciate your early registration.

## TRANSPORT

Gebze is easy to reach by car and rail being located 65 km south west of Istanbul connected by direct highway and railway. The nearest international airport is Sabiha Gokcen.

Transport from/to the international airports will be provided on demand for extra fee shown below.

TRANSPORT/TRANSFERS	
Istanbul Airport to/from Izmit (124 km) One Way (1 per person)	30 €
Sabiha Gokcen Airport to Izmit (66 km) One Way (1 per person)	15 €

## PAYMENT DETAILS

### Recipient:

Owner's name: Turkey Orienteering Federation

Owner's address: Güvenciler Mah. Güneş Sok. No:1/2 Çankaya/ANKARA

Bank name: Türk Ekonomi Bankası (TEB)

IBAN number: TR89 0003 2000 0000 0067 4849 05

## CLIMATE AND WEATHER

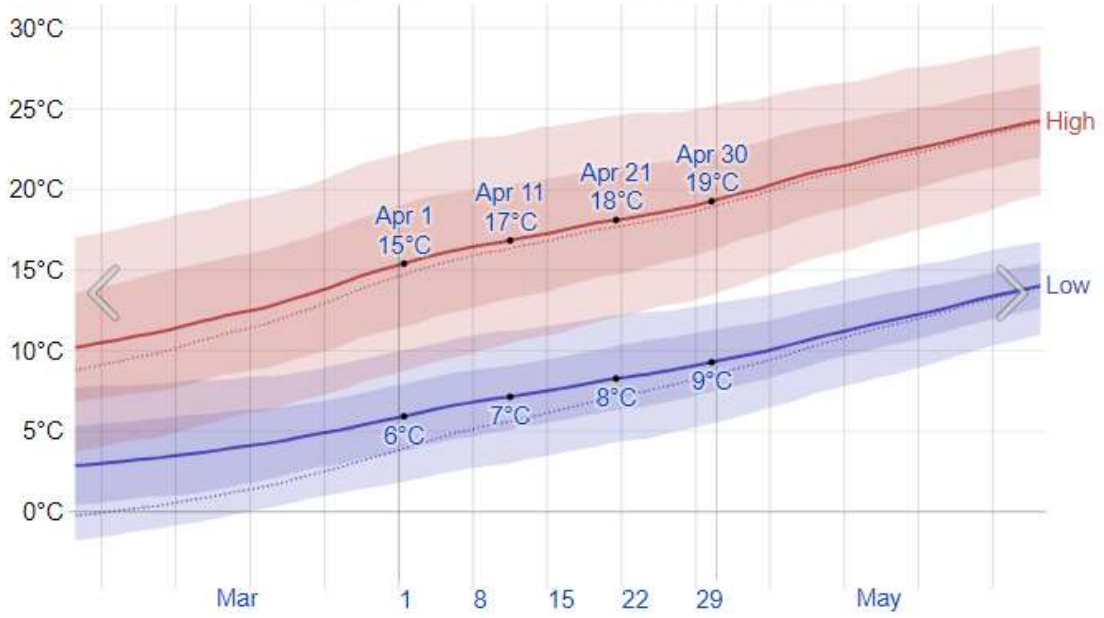
Gebze's climate is classified as warm and temperate.

Daily high temperatures *increase* by 4°C, from 15°C to 19°C, rarely falling below 9°C or exceeding 25°C.

Daily low temperatures *increase* by 3°C, from 6°C to 9°C, rarely falling below 2°C or exceeding 13°C.

For reference, on *July 30*, the *hottest day* of the year, temperatures in Gebze typically range from 19°C to 29°C, while on *January 22*, the *coldest day* of the year, they range from 2°C to 8°C.

Average High and Low Temperature in April



**E mail:** [info@jwoc2020.org](mailto:info@jwoc2020.org)

**Web Site:** <http://www.jwoc2020.org>

**Whatsapp:** [+905434989968](https://wa.me/905434989968)



**- SEE YOU IN GEBZE / KOCAELI-**