



# ORIENTEERING WORLD CUP 2016 POLAND

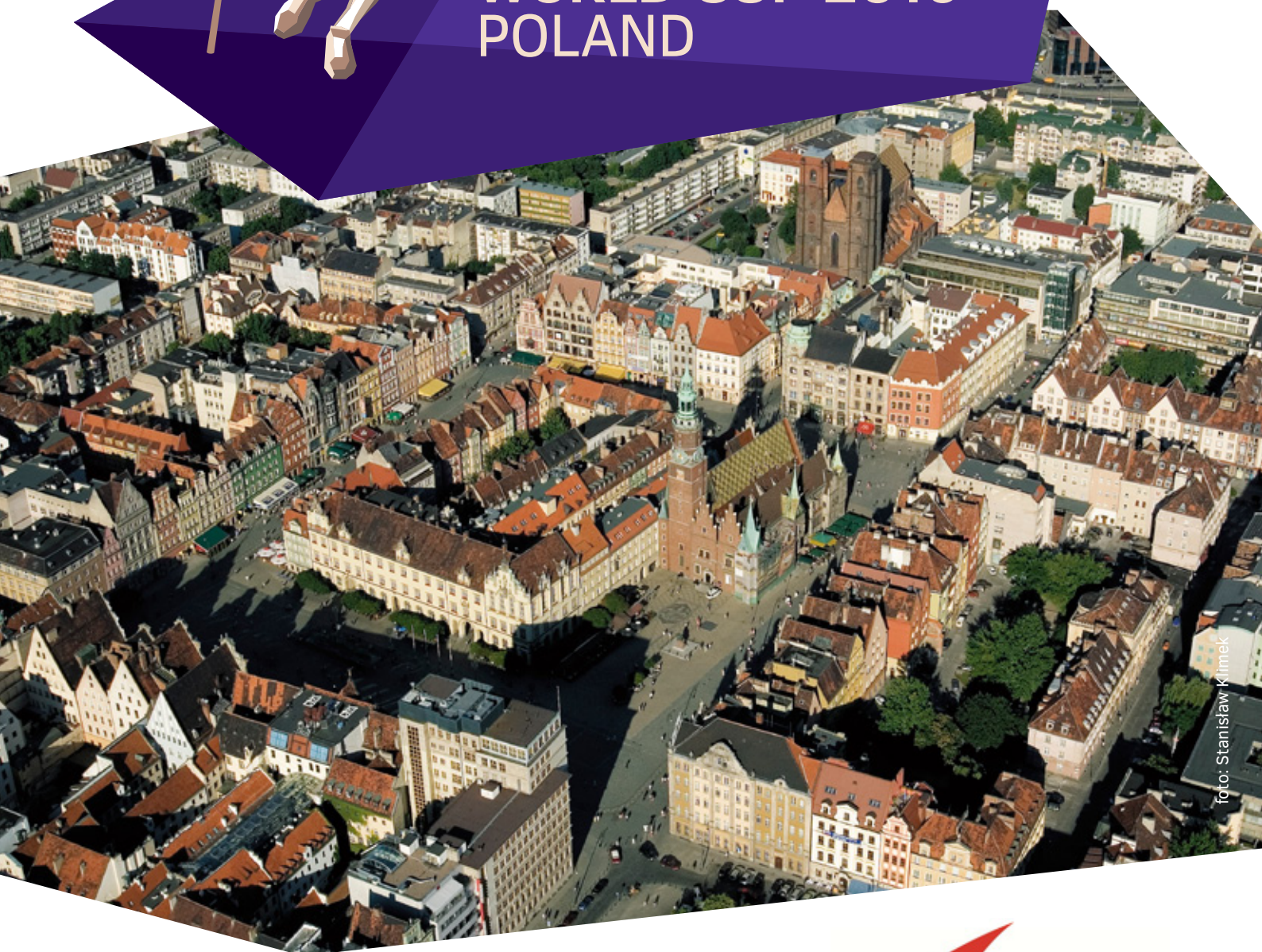


foto: Stanisław Klimek



WELCOME



**THE WORLD GAMES**  
WROCŁAW 2017



We are very happy to welcome you in Wrocław.

World Cup 2016 is a great opportunity for us to test our organisational skills before The World Games 2017 in sport of orienteering and we want to take advantage of it. Wrocław Organizing Committee - The World Games 2017 is co-organizer of World Cup 2016 in orienteering.

The World Games 2017 is a great celebration of sport... An international event... A promotion of the city and country in the world ... But above all, it is an exceptional idea to promote exercise and a healthy lifestyle. It is a unique opportunity to create the conditions for developing physical activity – both for younger and older people. The wonderful finale of this project will involve the participation of approximately 3,500 athletes in Wrocław arena in 2017.

The World Games 2017 in Wrocław is an event that means more than 30 sport disciplines such as various water, aerial or team sports. It means a few thousand athletes who will visit Wrocław to compete in new and renovated sport facilities. It means thousands of fans who will follow in their steps.

It all began on May 21, 2012, when there was initial agreement signed between the City and the International World Games Association in the Canadian city of Quebec. Thanks to that agreement, in 2017 Wrocław will host one of the biggest sporting events in the world – The 10th World Games 2017.

Our goal is to organize best World Games ever, it concerns also orienteering, that's why we are looking forward to see you in Wrocław.

**PIOTR  
PRZYGOŃSKI**

President Wrocław Organizing Committee  
- The World Games 2017





## ORIENTEERING WORLD CUP 2016 POLAND

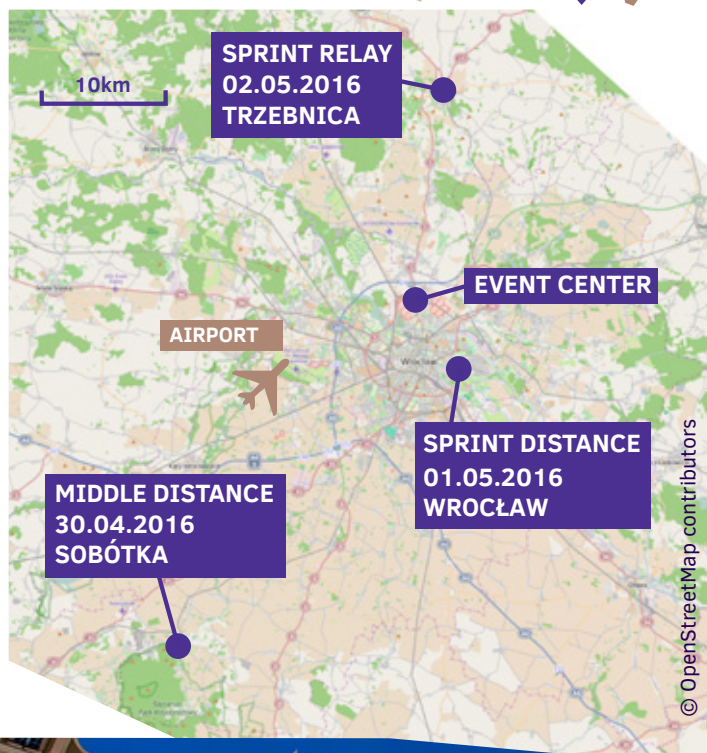


foto: Stanisław Klimek

### VENUE

ORIENTEERING  
WORLD CUP 2016  
POLAND  
30.04-02.05.2016

SOBÓTKA  
WROCLAW  
TRZEBNICA



World Cup 2016 will be organized in Lower Silesian Voivodeship. It is located in south-west part of Poland and is bordered with Germany and Czech Republic. Lower Silesia is known for its rich history, beautiful landscape and many mysterious Castles.

The capital of Lower Silesia is Wrocław, it is the fourth largest city in Poland in terms of population (640,000). Wrocław is located in the middle of Europe and is a fully European city. Without a doubt, it can be called a multicultural and open city. It is a place of more than a thousand years of history, which now can proudly be an organizer of many important international events. One of them is The World Games 2017.

Throughout more than a thousand years of history Wrocław has been at the crossroads of different cultures, switching from Polish hands to the reign of Czechs and Germans. After World War II it was here that Europe's largest population exchange took place, and the local community was rebuilt almost from scratch.

The result of this is that today Wrocław is a place of tolerance, open to new ideas and challenges, famous for its hospitality. The extraordinary history of the city is constantly enriched by prestigious scientific, cultural and sport events. **Wrocław will have the title of European Capital of Culture in 2016.**

It is also known as a city of bridges – there are 117 of them in Wrocław – for which it gained the nickname of “the second Venice”, which is visited by more than 3 million tourists annually.

There are many things to see, so see you in Wrocław.



foto: Krzysztof Szymoniak





foto: Agata Majasow

## ORGANISATION

Event Director: Wojciech Dwojak  
 Assistant Event Director: Kalikst Sobczyński  
 Technical Director: Jacek Morawski  
 TWG 2017: Maciej Łaba  
 Office: Agnieszka Stachurska  
 Maps and Courses: Kostiantyn Majasow  
 Volunteering: Alicja Wojtala  
 Marketing: Adrian Kopczyński  
 Finance: Remigiusz Widziewicz  
 Media: Agata Majasow  
 Logistic/infrastructure: Dawid Stefański  
 O-Games: Marcin Ciszek

IOF Senior Event Advisor: Daniel Leibundgut (SUI)  
 Assistant IOF SEA: Adam Zitka (CZE)  
 National Advisor: Jerzy Antonowicz

## EVENT CENTER

Event Center is located in **Haston City Hotel** in north part of Wrocław.  
 Irysowa 1-3  
 51-117 Wrocław, Poland

Tel. +48 (71) 322 55 00, 320 97 01 / 02  
 Fax. +48 (71) 352 77 77  
[www.haston.pl](http://www.haston.pl)

GPS N51.157151 E17.027657

Hotel is located near to junction of City Ring Road with Żmigrodzka street,  
 2 km south from exit Wrocław Północ of Highway Ring Road.



foto: press materials Hotel Haston



## PROGRAM

DATE	TIME	EVENT	PLACE
<b>30.04.2016</b> / Saturday	<b>Morning</b>	<b>WORLD CUP – MIDDLE DISTANCE</b>	<b>Sobótka</b>
	Afternoon	O-Games – Long distance	Sobótka
<b>01.05.2016</b> / Sunday	<b>Morning</b>	<b>WORLD CUP – SPRINT Q</b>	<b>Wrocław</b>
	Noon	O-Games – Sprint	Wrocław
	<b>Afternoon</b>	<b>WORLD CUP – SPRINT F</b>	<b>Wrocław</b>
	<b>Evening</b>	<b>WORLD CUP – BANQUET</b>	<b>EC - Hotel Haston</b>
<b>02.05.2016</b> / Monday	Morning	O-Games – Middle distance	Oborniki Śląskie
	<b>Afternoon</b>	<b>WORLD CUP – SPRINT RELAY</b>	<b>Trzebnica</b>

## O-GAMES - PUBLIC COMPETITION

Parallel to World Cup events will be organized public competition **O-Games**.

It will consist of 3 races 30.04-02.05.2016: long distance, sprint distance and middle distance. It will use the same Competition Area as World Cup.

More info [www.o-games.pl](http://www.o-games.pl)

**BIEG NA  
ORIENTACJĘ  
O-GAMES**



foto: Wojciech Dwojak

## EMBARGOED AREAS, RACES

**EMBARGOED AREAS** With regard to the IOF Competition Rules (article 26.5), the embargoed areas applies to all potential National Team members (runners, team leaders, coaches, doctors, physiotherapist, etc.) and to all others with strong connections with National Teams.

### MIDDLE DISTANCE - SOBÓTKA 30.04.2016

**EMBARGOED AREA** - It is not allowed to go to the embargoed area of Middle Distance, this includes running or walking through terrain or on paths, roads, etc.

**LOCATION OF EMBARGOED AREA** GPS N50.899528 E16.743999

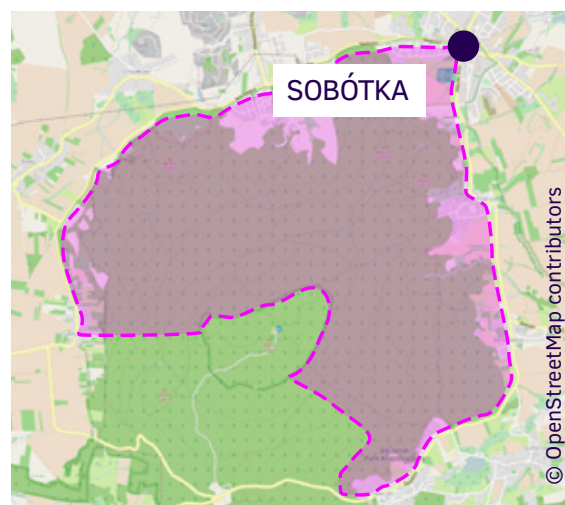
**FORMAT**

Winning time 35min for men and women

**MAP** Scale 1:10 000, contours: 5m  
**MAP MAKERS** Wojciech Dwojak, Jacek Morawski, Kostiantyn Majasow

**COURSE SETTER** Kostiantyn Majasow

**TERRAIN DESCRIPTION** The terrain is located approx. 190-450m above sea level on slope of Słęża mountain. It consists of two main parts: steep slope with a partly stony ground and erosive forms of relief with complex contour details, ravines and deep valleys. Mixed forest with deciduous and coniferous trees. Runability and visibility from very good to poor. A dense network of roads and paths (please check an old map on [www.worldcup2016.pl](http://www.worldcup2016.pl)).







## ORIENTEERING WORLD CUP 2016 POLAND



foto: Krzysztof Szymonak

### SPRINT DISTANCE (Q+F) - WROCŁAW 01.05.2016

#### EMBARGOED AREA

- It is allowed to stay as a resident or student, for business purposes or as a tourist, i.e. for sight-seeing, visiting a restaurant, shopping, participating in an indoor sport event,
- It is prohibited to stay there with a map, to run, to jog, to orienteer through the embargoed area or to test route choices running or walking,
- No organised orienteering of any kind may take place in the embargoed areas until after World Cup.

#### LOCATION OF EMBARGOED AREA FORMAT

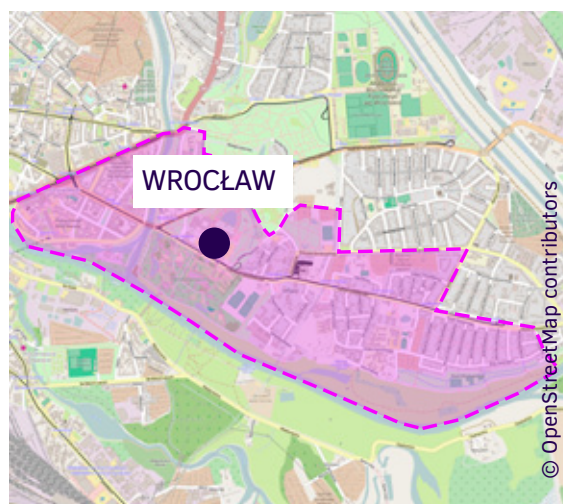
GPS N51.109896 E17.076660

#### MAP MAP MAKERS

Winning time 13-15min for men and women  
Scale 1:4 000, contours: 2m  
Wojciech Dwojak, Kostiantyn Majasow  
Szymon Sosenko

#### COURSE SETTER TERRAIN DESCRIPTION

Jacek Morawski  
Sprint distance will be organized in partly urban area with very good runability on paved surface and irregular buildings. Another part is semi-opened area with undergrowth. Terrain for both sprint races is flat (please check an old map on [www.worldcup2016.pl](http://www.worldcup2016.pl)).



© OpenStreetMap contributors



## SPRINT RELAY - TRZEBNICA 02.05.2016

### EMBARGOED AREA

- It is allowed to stay as a resident or student, for business purposes or as a tourist, i.e. for sight-seeing, visiting a restaurant, shopping, participating in an indoor sport event,
- It is prohibited to stay there with a map, to run, to jog, to orienteer through the embargoed area or to test route choices running or walking,
- No organised orienteering of any kind may take place in the embargoed areas until after World Cup.

### LOCATION OF EMBARGOED AREA FORMAT

GPS N51.306669 E17.058118

### MAP

Women-Men-Men-Women - winning time 14-15min per Leg (56-60min for team)

### MAP MAKER

Scale 1:4 000, contours: 2m

### COURSE SETTER

Wojciech Dwojak  
Kostiantyn Majasow

### TERRAIN DESCRIPTION

The sprint relay will be held in the Trzebnica city center. Most of the competition terrain is paved urban area and open area with very good runability paths (please check an old map on [www.worldcup2016.pl](http://www.worldcup2016.pl)).







## TRAININGS

Training maps for World Cup Events will be available from 12.10.2015.

### Middle distance:

- Przełęcz Tąpadła, 1:10 000, e-5m
- Radunia, 1:10 000, e-5m
- Ślęża, 1:10 000, e-5m (available from 10.04.2016)

### Sprint distance & Sprint Relay:

- Gądów Mały, 1:4 000, e-2m
- Kozanów, 1:4 000, e-2m
- Gądów Mały zachód, 1:4 000, e-2m (available from 18.10.2015)
- Bartoszowice, 1:4 000, e-2m (available from 15.03.2016)

Maps will be also available during the Event at the Event Centres or upon request for all registered runners and officials.

World Cup competitors are encouraged to take part in **World Cup test races**.

### WORLD CUP TEST RACES

DATE	TIME	EVENT *	VENUE
09.04.2016 / Saturday	Morning	Sprint	Wrocław
09.04.2016 / Saturday	Afternoon	Sprint Relay	Wołów
10.04.2016 / Sunday	Morning	Middle	Ślęża

It will also be possible to take part in **Pre-TWG 2017 trainings** directly before World Cup Events. The trainings will be held in The World Games 2017 relevant areas. Please find a detailed program of the trainings below.

### PRE-TWG2017 TRAININGS

DATE	TIME	EVENT *	VENUE
27.04.2016 / Wednesday	Afternoon	Sprint training	Wrocław
28.04.2016 / Thursday	Morning	Middle training	Oborniki Śl.
	Afternoon	Sprint training	Wrocław
29.04.2016 / Friday	Morning	World Cup Model Event Middle	Sobótka
	Afternoon	World Cup Model Event Sprint	Wrocław

For more information on trainings please contact: [training@worldcup2016.pl](mailto:training@worldcup2016.pl) or visit World Cup website [www.worldcup2016.pl](http://www.worldcup2016.pl).

\* arrangement of events may change



## ENTRY

### PRELIMINARY ENTRY

#### Preliminary entry deadline - 31.01.2016

Preliminary entries include the following information:

- number of competitors (men and women),
- number of team officials (men and women),
- number of teams or single runners for Sprint Relay,
- number of beds and duration of stay,
- number of banquet tickets,
- transport request
- team manager: Name, address, phone, fax, e-mail,

### FINAL ENTRY

#### Final entry deadline - 11.04.2016

The final entry has to be done no later than 11.04.2016 by filling in the forms in the online entry system Eventor with the following information:

- All competitors and team officials: family name, first name, nation, sex, year of birth, IOF ranking ID, SI-Card no.
- IOF officials: family name, first name, address, IOF function.

Please note that Final Entries can only be accepted if a Preliminary Entry has previously been submitted.

Please use the online entry system IOF Eventor (entries will be available from 23.10.2015)

### ENTRY FEES

Entry fee Middle Distance	50 EUR per person
Entry fee Sprint (Qual. + Final)	60 EUR per person
Entry fee Sprint Relay	160 EUR per team
Accreditation fee competitors	50 EUR per person
Accreditation fee officials	50 EUR per person
Banquet ticket	10 EUR per person

### PAYMENT

Payment deadline: 01.04.2016

**Bank:** Alior Bank SA

**IBAN:** PL87 2490 1057 0000 9902 3682 1723

**SWIFT Code:** ALBPPLPW

**to the credit of:** DZOS, Borowska 1-3, 50-529 Wrocław, Poland





## ORIENTEERING WORLD CUP 2016 POLAND



foto: Agata Majasow

**ACCOMMODATION** Official accommodation will be located in Wrocław. Organizer provides three different levels of accommodation which vary with quality and prices. If you prefer different kind of accommodation, you can find it at your own. Wrocław offers wide range of hotels, hostels, etc.

<b>Hotel Haston ****</b>  Event Center <a href="http://www.haston.pl">www.haston.pl</a>	Single room - <b>55 EUR</b> /person/night Double room - <b>35 EUR</b> /person/night  Including breakfast
<b>Hotel Jasek ***</b>  3km from Event Center <a href="http://www.hoteljasek.com.pl">www.hoteljasek.com.pl</a>	Double room - <b>25 EUR</b> /person/night Triple room - <b>22 EUR</b> /person/night  Including breakfast
<b>Sleeping on the floor at School</b>  3,5km from Event Center	<b>3 EUR</b> /person/night  Organizer does not provide any sleeping equipment.

At the restaurant of the official hotels, meals/dinners will be offered for about 10 EUR (no prebooking required).

## COMPETITION RULES

The Competition Rules for IOF Foot Orienteering Events 2016, valid from 1 January 2016 apply. Participation restrictions, classes and qualification system will follow the Special Rules for the 2016 World Cup in Orienteering and the Special Rules for the 2016 Sprint Relay World Cup in Orienteering.

## PUNCHING SYSTEM

SPORTident punching system will be used.

## CLOTHING

According to the Polish Foot Orienteering Rules (Art. 8) Full body should be covered beside head, neck and hands. In sprint and sprint relay there are no restrictions.

## ANTI DOPING

Doping is strictly forbidden, and the organisers of Orienteering World Cup Poland 2016 are dedicated to supporting the anti-doping authorities in their work.

Doping controls may be carried out any time during the competition period. As some sites for the doping controls may be a few minutes' drive away, we suggest that athletes are prepared at all events to take along some dry clothes to change into after their race.



foto: Agata Majasow

## WEATHER/ CLIMATE

Average temperatures in Wrocław at the beginning of May can be everything between 7° and 20° C in daytime. There is a 55% chance that temperature will be between 11 and 18° C.

Beginning of May is time of year when vegetation is already developed.

## VISA PERMITS

According to the current regulations, citizens of some countries must obtain a visa in order to enter Poland.

Please check the following website for more information:

[http://www.msz.gov.pl/en/travel\\_to\\_poland/entering\\_poland/entering\\_poland](http://www.msz.gov.pl/en/travel_to_poland/entering_poland/entering_poland)

If you need an invitation, please contact the organizer by e-mail:  
info@worldcup2016.pl

## MEDIA SERVICE

For media accreditation please contact Agata Majasow: media@worldcup2016.pl

## TRAVEL AND TRANSPORT

Wrocław is located in hearth of Europe and is easy to reach.

By Air:

Wrocław's International Airport is located 15 km from Event Center

By Car:

Wrocław is situated on site of West-East highway A4.

Teams are responsible for their own transport to and from the events.

On request, the organizers can provide transport: from/to Airport, from/to trainings on PRE-TWG2017 trainings and Model Events (27-29.04.2016), from/to official accommodation to Competition Centre (30.04 and 02.05 2016).

State your accommodation and transport requests in the Preliminary entries.

## CONTACT

Dolnośląski Związek Orientacji Sportowej

Borowska 1-3

50-529 Wrocław

info@worldcup2016.pl

www.worldcup2016.pl

Event Director:

Wojciech Dwojak

Tel: +48 695 730 797

