

1 4 2 FEBRERO 2020

INSCRIPCIONES EN SICO FEDO

http://pinoso2020.fedocv.org

Distancia Media / Distancia Larga / Pruebas world ranking event Organizan:









Colaboran:

















BULLETIN 2



With this name is called this international event organized by the Orienteering Federation of the Valencian Community (hereinafter **FEDOCV**), **the Club Colivenc and the City Council of Pinoso**, under the protection of the International Orienteering Federation (IOF) and the Spanish Orienteering Federation (FEDO), The event will be held in Pinoso from 31 January to 2 February.

The geographical location of the map and the easy access from the arena to the town of Pinoso will make the two competitions a beautiful attraction.

We foresee more than 1,200 competitors from all parts of the national and international geography, between ages 12 and 70.

As a high-level organization, we have created a brochure where you will find all locations, indications and access routes to the competitions, as well as all accommodations and restaurants in the area.

Since the competition lasts several days, we encourage you to use all the commercial infrastructures in the area.

Orienteering currently has millions of participants worldwide. Multitude of nations are members of the I.O.F. Orienteering has been recognised as an ideal sport for everyone, a sport for young and less young, for women, for men, and for the whole family.



GENERAL INFORMATION

CONTACT INFORMATION

✓ Web site : http://pinoso2020.fedocv.org

✓ Facebook : https://www.facebook.com/fedocv/

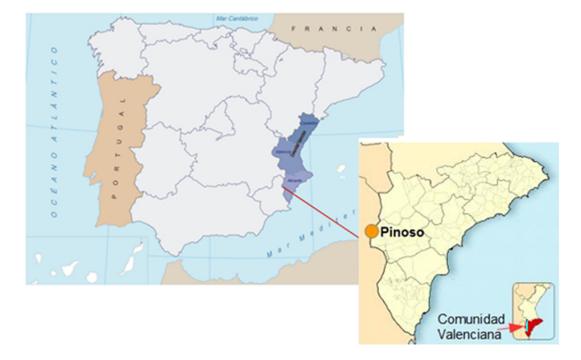
✓ Twitter : https://twitter.com/fedocv
✓ Telephone: +34 635 54 93 78 FEDOCV

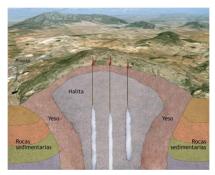
✓ E-mail : info@fedocv.org

LOCATION

Teh town **Pinoso** is located in the region of Medio Vinalopó, 574 metres above sea level, and 56 km away from Alicante. Its economy is based on rainfed crops such as vine, almond and olive. It is also based on the shoe industry and the exploitation of the cream-ivory marble quarries of Monte Coto, declared a Natural Site for its high ecological, landscape and socio-cultural value; as well as the extraction of gem salt from the **Cabezo de la Sal** deposit.

The middle, long and Trail-O races will be held in "Cabezo de la Sal".





Cabezo de la Sal is one of the best examples in Spain and even Europe of classic Triassic diapiro constituted by gem salt, anhydrite, plaster and clays with an almost circular relief about four kilometers in diameter. The gem salt deposit (sodium chloride) is one of the most important in the country, whose brines are transported by the salmorueduct to the Torrevieja salt flats.

Diapires are intrusive structures formed by masses of salts and clays. These materials of low density and high plasticity are at great depth. The high pressure causes them to rise through the upper layers, passing through them and / or deforming them. The result is a mass of clays and salts, in the shape of a cylinder, mushroom or inverted drop, which may end up surfacing, as is the case.



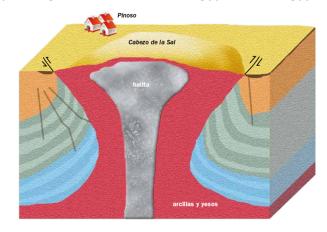
The Cerro de la Sal is a magnificent example of saline diapiro, which emerges from the surface and develops in the form of a mushroom. In general, saline diapires are subjected to intense dissolution processes, since the salts are very soluble. Consequently, when they surface and dissolve, they usually end up generating negative reliefs, that is why it is very rare to find saline materials that emerge with positive relief, as the ones we find in Pinoso.

Geological description

The Pinoso diapiro is a rocky massif made from a core of halite, shales (layers of detritic materials of finer grains than sands), marl (shales with carbonate and / or plaster) and a plaster cover, often with crystals of large size corresponding to the alteration of gypsum and gypsum

shales. It constitutes a positive relief, as a consequence of the rise of saline materials, a phenomenon that is called diapirism.

Thus, the materials we see today in Cerro de la Sal are the result of the transformation of the salt materials that were formed during the Triassic into small salt flats in the coastal plains. Only in the Cueva del Gigante and in some dolinas, notable folding structures can be observed in shaded rocks of shales and plaster.



THE EVENT

Programme:

- Friday, 31 January, Training (Model Event), in the area of El Cabezo, Pinoso.
- Saturday morning, 1 February, Long Distance, in the area of El Cabezo, Pinoso.
- ✓ Saturday afternoon, 1 February, from 2pm to 5pm, Trail-O, in the area of El Cabezo, Pinoso.
- Saturday evening, 1 February, at 7pm, awards ceremony of the 2019 FEDO League, at the Emilio Martínez Sáez Auditorium Theater.
- Sunday morning, 2 February, Long Distance, in the area of El Cabezo, Pinoso.



Awards ceremony of the "IX PREMI D'ORIENTACIÓ DE LA COMUNITAT VALENCIANA VILA DEL PINÓS" and World Ranking Event at 1:30pm in the arena. The final classification will be the sum of long and middle race times.

RULES

The organization is subject to the FEDO regulations of the current season, in addition to the general rules of the International Orienteering Federation.

- ✓ LINK: NORMATIVA LIGA ESPAÑOLA
- ✓ LINK: <u>REGLAMENTO DE ORIENTACIÓN A PIE</u>
- ▲ LINK: ESPECIFICACIÓN INTERNACIONAL DESCRIPCIÓN DE CONTROLES

TIMING SYSTEM

For all competitions of the Spanish Orientation League, the SPORTident Air + system will be used. SI-6-8,9,10,11 or P-Card can also be used. The organization will provide SIAC cards rental.

There will be radio controls to inform the participants in the arena about passage of the runners through the last controls.



ORGANIZING COMMITTEE



GENERAL COORDINATORS

SANTIAGO DEL MORAL DURÁ RICARDO IÑIGUEZ CRESPO

TECHNICAL DIRECTOR

ANTONIO GIL POVEDA

SECRETARY
INMA ESPADAS

COURSE PLANNERS

ANTONIO GIL POVEDA (LONG)
JESÚS GIL POVEDA (MIDDLE)

TIMING COORDINATORS

VERÓNIKA ZEVALLOS ABEL OTERO RAMÍREZ JOSÉ RAMAL GEA START

NURIA CAUS PERTEGÁS BEATRIZ DELGADO CECILIA

LOGISTICS

JESÚS GIL POVEDA

PROGRAMME

Friday 31 January 2020

10:00 AM Model Event opening (Monte Cabezo)

4:00 PM Opening of the Information and Reception Center (Casa del Mármol y el Vino), on Avenida de la Constitución, next to the hard floor and parking area for motor homes.

8:00 PM Hard floor opening

11:00 PM Closure of the information and reception center.

Saturday 1 February 2020

8:30 AM Opening of the Information and Reception Center in the arena.

10:00 AM Start of the first competitors of the Long Distance.

1:30 PM World Ranking Event awards ceremony for elite classes.

2:00 PM Start Trail-O

7:30 PM Awards ceremony of the 2019 FEDO League, at the Emilio Martínez Sáez Auditorium Theater.

Sunday 2 February 2020

8:30 AM Opening of the Information and Reception Center in the arena.

9:30 AM Start of the first competitors of the Middle Distance.

1:30 PM Awards ceremony of the "IX PREMI D'ORIENTACIÓ DE LA COMUNITAT VALENCIANA VILA DEL PINÓS" and event closure.

2:00 PM Finish closure.

The awards ceremony will be held on Sunday and will have the following order:

- Open classes.
- Elite classes, WRE.
- Official classes in ascending order (starting with U10 and ending with M / F 70).

ENTRIES

ENTRIES DEADLINE:

Participants with FEDO/FPO license	Open: 01/01/2020
Spanish participants without license	Close: 23/01/2020
Foreign participants without license	Open: 21/10/2020 Close: 23/01/2020

ENTRIES WEBSITE

SPANISH PARTICIPANTS WITH FEDO/FPO LICENSE and Spanish participants without license will entry through the website SICO: https://sico.fedo.org/

Foreign participants without license will entry through the website ORIENTEERINGONLINE: http://www.orienteeringonline.net/CompetitionBasicInfo.aspx?CompetitionID=4601

<u>IMPORTANT</u>: Participants who compite on the World Ranking Event (WRE) must also be registered through the IOF Eventor website

ENTRY FEES

ENTRY FEES FOR PARTICIPATS WITH LICENSE (FEDO-FPO)							
Day	Race	M/F Élite	M/F 21-70	M/F 12-20	U - 10	O-Yellow	O- Red/Orange/Black
01/02/2020	Long	€ 10	€ 10	€ 7	€ 7	€7	€ 10
02/02/2020	Middle	€ 10	€ 10	€ 7	€ 7	€7	€ 10
ENTRY FEES FOR FOREIGN PARTICIPATS WITHOUT LICENSE							
Day	Race	M/F Élite	M/F 21-70	M/F 12-20	U - 10	O-Yellow	O- Red/Orange/Black
01/02/2020	Long	€ 14	€ 14	€ 11	€ 10	€ 10	€ 13
02/02/2020	Middle	€ 14	€ 14	€ 11	€ 10	€ 10	€ 13
ENTRY FEES FOR SPANISH PARTICIPATS WITHOUT LICENSE							
Day	Race	M/F Élite	M/F 21-70	M/F 12-20	U - 10	O-Yellow	O- Red/Orange/Black
01/02/2020	Long	€ 18	€ 18	€ 15	€ 10	€ 10	€ 13
02/02/2020	Middle	€ 18	€ 18	€ 15	€ 10	€ 10	€ 13
ENTRY FEES FOR O-TRAIL PARTICIPATS (All classes)							
Day	Race	With li	icense		nout nse		Foreigners
01/02/2020	TRAIL-O	€	6	€	14		€ 9

PAYMENT METHOD

By bank transfer into the FEDOCV bank account:

IBAN: ES96 2038 9620 1160 0044 2935

Send the bank receipt and request an invoice by the email secretaria@fedocv.org

TECHNICAL INFORMATION

MAP

✓ ISOM2017 standards

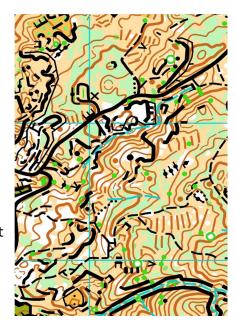
✓ Scale 1: 10 000 Equidistance 5 m✓ Scale 1: 15 000 Equidistance 5 m

CARTOGRAPHY

Map makers Ruy Antunes and Joao Batista

The maps are located in the area of Pinoso.

The choice of that location is due to the excellent characteristics of the terrain for orienteering.

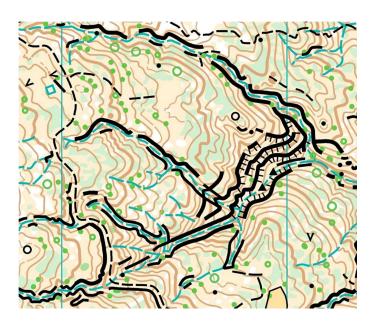


TERRAIN

The entire Monte Cabezo is like a circle whose base is 650 m above sea level and the upper part of the TV antennas has an altitude of 892 m.

We must take into account, due to its characteristics, that we must take great care not to create deformation in the ground.

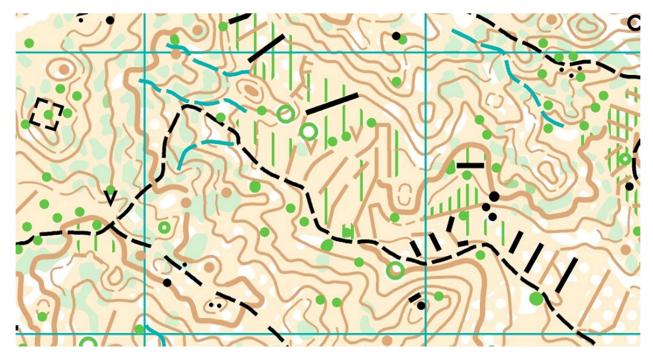
I is forbidden to pass through the cliffs that are drawn with the symbol 201 "Impassable cliff", even if they can be passed, **WE WON'T PASS THEM, IT WILL BE FORBIDDEN BY THE ORGANIZATION**, due to the deterioration that we can do by dropping by them. In addition, it can be dangerous for the participants.



Almost all cliffs can be avoided by paths that cross them.



The map has large areas of micro relief, where accurate reading will be very important. Vegetation does not reduce running speed.



Orienteering maps will be printed on four scales, with the following characteristics:

- $\hfill\Box$ Four orienteering maps, at 1: 5000, 1: 7500, 1: 10,000 and 1: 15,000 scales.
- ☐ ISOM 2017 rules. Terrain: El Cabezo, Pinoso.

CLASSES

OFFICIAL CLASSES - SPANISH LEAGUE
U-10 Born in 2010 and later (mixed class)
M / F-12 Born in 2008 and later
M / F-14 Born in 2006 and later
M / F-16/18 Born in 2002 and later
M / F-16E Born in 2004 and later
M / F-18E Born in 2002 and later
M / F-20E Born in 2000 and later
M / F-E Elite, absolute classes No age limit
M/F-21A No age limit Senior
M/F-21B No age limit
M / F-35A Born in 1985 and later
M / F-35B Born in 1985 and later
M / F-40 Born in 1980 and later
M / F-45 Born in 1975 and later
M / F-50 Born in 1970 and later
M / F-55 Born in 1965 and later
M / F-60 Born in 1960 and later
M / F-65 Born in 1955 and later
M / F-70 Born in 1950 and later

No official classes

- OPEN YELLOW (very low difficulty / short distance)
- OPEN ORANGE (low difficulty / short distance)
- OPEN RED (middle difficulty / middle distance)
- OPEN BLACK (middle difficulty / long distance)
- STRING COURSE: (under 8 years) Course for the youngest of 300-500m, with 6-8 controls and located in the immediate surroundings of the arena.

FACILITIES

Start and finish areas, they are located near the arena. They can change of location each day. In addition, these areas will provide water.

Parking area: You can walk from the parking area to the arena.

Accommodation:

The **HARD FLOOR is located at the "Pabellón Tierno Galván"**, located on the Paseo de la Constitución. It has toilets, showers and drinking water. It is located right next to the Reception that will be open on Friday evening: **Casa del Mármol y el Vino**.

We offer information about all accommodations near the area of competition, camping, hotels, hostels, etc.

ALOJAMIENTO RURAL Country House Retreat Address: c/ Iglesia, 10-11, Pedanía Ubeda Telephone: +34 965 477 335 Telephone 2: +34 966 312 481 Distance: 7km from Pinoso No. of places: 11 Website: http://casaruralubeda.com	HOSTAL LA CAÑADA Address: c/ Badén Rico Lucas, nº 14 Telephone: +34 965 477 131 No. of places: 12 Distance: 300 metres from the center of Pinoso ALGUEÑA CASA RURAL LAS HERAS Address: Plaza de las Heras, nº 12 Telephone: +34 966 192 991 No. of places: 18 Distance: 8km from Pinoso
ELDA HOSTAL CARRIZO Address: Pedrito Rico, 65 Telephone: 965 381 007 - 618 775 077 No. of places: 41 Distance: 23km from Pinoso Website: http://www.hostalcarrizo.com/	AC Hotel Elda Address: Avenida de Chapí, Plaza de la Ficia, 38 Telephone: +34 966 981 221 No. of places: 180 Distance: 22km from Pinoso Website: https://achotels.marriott.com/es/hotels/achotel-elda
SANTA ANA HOTEL Address: c/ Iglesia,4 Telephone: +34 965 391 391 No. of places: 90 Distance: 22km from Pinoso Web: http://www.elhoteldesantaana.com/	YECLA HOTEL LA PAZ Address: Avda. de la Paz, 180 Telephone: +34 968 751 350 No. of places: 50 Distance: 24km from Pinoso
PETRER HOTEL PUERTA DEL AGUA Address: Telephone: +34 965 978 073 Telephone 2: 618 544 141 No. of places: 18 Distance: 28km from Pinoso Email: reservas@lapuertadelagua.com Website: http://www.lapuertadelagua.com	JUMILLA HOTEL MONREAL Address: c/ Doctor Fleming, nº 16 Telephone: 968 781 816 Telephone 2: 660 905 865 No. of places: 100 Distance: 26km from Pinoso Email: hotel@hotelmonreal.net Website: www.hotelmonreal.net
HOTEL PIO XII Address: c/ Ortega y Gasset, nº 12 Telephone: 968 780 132 No. of places: 55 Distance: 25km from Pinoso	BALNEARIO LEANA Address: c/ Balneario, s/n Telephone: 968 685 011 Telephone 2: 968 687 070 No. of places: 70 Distance: 26km from Pinoso Web: www.leana.es
LA FUENTE COMPLEJO HOSTELERO Address: Camino De La Bocamina, s/n Telephone: 968 68 50 17	<u>VILLENA</u> HOTEL RESTAURANTE SALVADORA Address: Av. Constitución, 102

No. of places: 50	Telephone: 965 800 950
Distance: 26km from Pinoso	No. of places: 70
	Distance: 29km from Pinoso
	Web: hotelsalvadora.com
LA CASA DE LOS AROMAS	<u>NOVELDA</u>
Address: c/ Arco, 1	HOSTAL RESIDENCIA PASAJE
Telephone: 666 475 612	Address: c/ Emilio Castelar, 43
Telephone 2: 965 343 566	Telephone: 965 601 250
No. of places: 14	No. of places: 24
Distance: 29km from Pinoso	Distance: 24km from Pinoso
Web: http://www.hotelcasadelosaromas.com/	
HOTEL AVENIDA	
Dirección: Calle San Pascual, 3,	
Teléfono: 968 75 12 15	

RESTAURANTS:

RESTAURANTS.	
Restaurante ALFONSO	EL RACÓ DE PERE I PEPA
Address: Plaza de españa, 4	Address: Ctra.Jumilla, 26
Telephone: 965 477 820	Telephone: 965 477 175
EL TIMÓN	ENCEBRAS
Address: Ctra. Jumilla, 19	Address: Encebras, 9
Telephone: 966 970 103	Telephone: 677 839 648
Telephone 2: 965 478 666	reiephone. 077 055 040
THE TOWER	PACO GANDÍA
Address: Paseo Constitucion, 55	Address: San Francisco, 10
Telephone: 966 970 169	Telephone: 965 478 023
Telephone 2: 627 939 333 / 34	
BAR-RESTAURANTE EL POLI	ESTEM ACÍ
Address: carretera de Murcia, s\n	Address: Paseo de la Constitución, 42
Telephone: 965 64 80 90-609 229 170	Telephone: 965 477 957
BARS AND OTHERS:	
ASADOR LA POMPI	BAR ARTURO
Address: Ctra. Yecla, 47	Dirección: c/ Juan Carlos 1º, 5
Telephone: 965 477 528	Telephone: 626 838 128
·	Telephone 2: 650 152 267
BAR LES COVES	CHINO WOK CAFÉ
Address: c/ Sol, 3	Address: Crema marfil, 1
Telephone: 628 280 937	Telephone: 966 966 066
Telephone 2: 966 187 779	Telephone. 300 300 000
BAR ISABEL	PACHECO
Address: Pedanía Casas Ibáñez, nº 1	Address: Paseo Constitucion, 20
Telephone: 965 477 976	Telephone: 609 847 173
Telephone 2: 626 537 213	Telephone 2: 618 162 148
CAÑA Y TAPA	CAL'LLARG
Address: c/ Virgen Fátima, 2 bajo	Address: Isabel la Católica, 2
Telephone: 633 275 517	Telephone: 619 562 892
EL REFUGIO	FOGONES EL BOCAO
Address: Cánovas del Castillo, 18	Address: Ctra. de Encebras, 6-A
Telephone: 966 187 752	Telephone: 656 698 681
	Telephone 2: 666 561 853
CASA EDUARDO	FOGONES EL BOCAO
Address: Pedanía Culebrón, 17	Address: Ctra. de Encebras, 6-A
Telephone: 965 478 350	Telephone: 656 698 681
Telephone 2: 693 068 581	Telephone 2: 666 561 853
EL REFUGIO	CASA LA MUSICA
Address: Cánovas del Castillo, 18	Address: Novelda, 1
Telephone: 966 187 752	Telephone: 965 477 456
	Telephone 2: 678 231 320
RINCÓN ANDALUZ	PAK DONER KEBAB
MINCON ANDALOL	LAK DONEK KEDAD

PARTNERS











